



MINERAL RATIOS

CLIENT NAME: _____

RATIO	Normal Ratio	Test #1 Date	Test #2 Date	Test #3 Date:	Test #4 Date	INDICATOR OF:
Ca/Mg = Calcium to Magnesium	6.67 / 1					Blood Sugar Pancreas
Ca/K = Calcium to Potassium	4.00 / 1					Thyroid Glands
Ca/P = Calcium to Phosphorus	2.50 / 1					Protein Usage
Na/Mg = Sodium to Magnesium	4.17 / 1					Adrenal Glands
Na/K = Sodium to Potassium	2.50 / 1					Vitality, Energy level, Adrenal, Immunity, Anabolic / Catabolic
Zn / Cu = Zinc to Copper	8.00 / 1					Male & Female Hormones / Cardiovascular

Ratios may appear to worsen when patient is on a vitamin / mineral program. Elimination of calcium deposits, for example, may cause a temporary elevation of tissue calcium in the hair. Thus ratios with calcium may appear worse. Long-term evaluation over several mineral tests is very important.

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Date Initial Recommendations Prior to Phases I-IV		
Supplements / Herbal Mixtures	Detox / Exercise / Diet / Stress Management	Next Appointment



Client Name _____

Phases	Supplements	Detox	Exercise	Diet	Stress
Phase I Date: _____					
Phase II Date: _____					
Phase III Date: _____					
Phase IV Date: _____					