Hear?

#### Think and Feel?

Reflecting on freedom

Worries about independence

See?

Values ability to live on his own terms

Conversations about aging

Media reports about the live of elderly people

Encouragement from frienda about health

Sounds of nature

Seeing people around him

Notices, that friends get older and need care

Hobby and healthcare content in magazines

The view when he is outside fishing

## Say and Do?

"Having full control of my life is the best feeling ever!"

Spends time persuing hobbies

Values social interactions

Loss of control in life

Social isolation

Feeling trapped

**Gains** 

Independance

Social connections

Persuing hobbies

## Hear?

#### Think and Feel?

Worried about aging, health, and safety

Values family and social justice

See?

Concerned about his granddaughter's future

Influencers promoting new Technologies

News about social issues

Friends and family discussing current Events

**Aging Population** 

Political unrest

Technological advancements

### Say and Do?

Shares political views

Stays active on social media

Spends time with Family

"Im old but not finished yet!"

Fear of falling and becoming dependent

**Pains** 

Anxiety about the future

Frustration with the current political Climate

**Gains** 

A just and equitable society

A secure future for his granddaughter

A long and healthy life

## Hear?

#### Think and Feel?

Love and harmony in her circle

A world that speeds up while she feels slower and slower

See?

Ever newer technologies that seem far too complicated

Friends and acquaintances are also afraid

The family is worried about another accident

Technology is not made for the elderly

My wonderful family and lots of potential for a loving world

Frustrated senior citizens in the neighborhood

# Say and Do?

"My family is the most important thing in this world to me."

Fear of unrecognized accidents **Pains** 

Concern about being a burden

Age making things difficult

Current solutions not being efficient enough

Watching Grandchildren

grow up

Gains

User-friendly solutions

Getting through everyday life without burdening others

Living independently for as long as possible