

<https://ocrworldchampionships.com/how-to-qualify/>

*"Athletes may also compete in our Journeyman & Journeyman divisions at select events. There are no finishing results requirement to compete in these divisions. Instead, athletes are required to complete any three obstacle course races prior to race day."*

*"Results must be from an event that occurred within one year prior to race day."*

## Here are my qualifying races.

I got a knee injury earlier this year but luckily I was able to complete three races and qualify!

<https://www.facebook.com/events/462886634188306/>

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AUG  
18

Only Fools Ride Horses 2019 | Obstacle Fun Run

Public · Hosted by Pukka Races

✓ Going

Sunday, 18 August 2019 from 08:00-15:00  
about 1 month ago

 Stratford Hills Livery Yard and Cross Country  
Hills Farm, Ipswich Road, Stratford St Mary, CO7 6PA Colchester,...

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Related Events

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Suffolk Whole Hog

Sun, 13 Oct at The Whole Hog

686 guests

Interested · Going



Nuclear Rush Weekend 2020

Sat May 16, 2020 at Nuclear R...

2,831 guests

Interested · Going



Inflatable 5k Obstacle Run - ...

Saturday at We Are Barleylands

9,559 guests

Interested · Going



The Ipswich 5k, 10k and kid...

Sat, 23 Nov at Chantry Park Ip...

761 guests

Interested · Going



Colchester Stampede Half M...

Sunday at Colchester Zoo, Mal...

1,553 guests

Interested · Going



Splat Quack GO - 11 / 12th J...

Sat Jul 11, 2020 at Poplar Park


Shared to Obstacle Race Mag...

Interested · Going

<https://www.eventbrite.co.uk/e/the-farm-mud-run-basildon-8-september-2019-session-4-300pm-to-500pm-runners-with-dogs-tickets-63564934430#>

eventbrite  [Browse Events](#) [Create Event](#) [Help](#) [Sign In](#)

This event has ended.



SEP 08


**The Farm Mud Run - Basildon -8 September 2019- Session 4 - 3.00pm to 5:00pm...**

by Foxes Farm Produce [Follow](#)

£1.67 - £22.15

[Sales Ended](#) [Details](#)


<https://raceforlife.cancerresearchuk.org/find-an-event/clapham-common-pretty-muddy-5k-2019-09-28-0000>



Our partner **TESCO**

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**LONDON - CLAPHAM PRETTY MUDDY 5K**  
**SATURDAY 28 SEP 2019**  
£19.99 ADULTS | £10.00 CHILDREN | £19.99 YOUNG ADULTS