

Chiang Mai-Thailand Small Group Adventure with METTA LIVING

find your sanctuary

Guided by Carolyn Schmitz

WINTER 2013:
Elephants, Buddhas and Bodywork



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Come experience the adventure of Northern Thailand with a small group of like minded people. Over 300 Buddhist temples, buzzing night markets, and Mountainous jungles are just a few of the reasons I have chosen this sanctuary to share with you. This 10 day excursion will change the way you view our world!

WHAT'S INCLUDED

Trip guided by Carolyn who will provide you with local experiences and day trips, while allowing some time for your own exploration and relaxation.

- International flight from Boston to Chiang Mai including airport transfers
- 9 nights accommodations with breakfast in a boutique hotel hand-selected for quality, location and local flavor
- Travel with a group of fun, like-minded people
- A full itinerary featuring:
 - Visits to Watts and Temples
 - Shop the Night markets
 - Learn to cook Thai at an organic farm
 - Take an overnight excursion to an elephant rescue camp
 - Experience Thai massage by The School of the Blind.
 - Travel locally by rickshaw, bicycle and/or scooter

PRICE

Total Cost-\$3500 (includes airfare from Boston)
February 20-March 1, 2013 (flexible by few days)
Contact-Carolyn at (401)-662-6379
Email-carolyn@mettaliving.co