

## **Daring Adventures**

**SECTION:** Programs

**TOPIC:** Camping

**REVIEWED:** New

**LAST REVISION:** 05-26-2016

**APPROVAL:**

**DATE:**

### **1.0 PURPOSE:**

- 1.1** To provide guidelines for conducting the camping program in a safe and effective manner.

### **2.0 PROTOCOL:**

- 2.1** Trip leader must carry a multiple day first aid kit, a copy of all participant and volunteer applications, and a cell phone with them on the trip.
- 2.2** Trip leader and staff must be cognizant of the disability/medical condition of the participants.
- 2.3** Handle accidents/incidents according to Incident/Accident Reporting Protocol
- 2.4** In the event of severe weather, refer to and follow the Inclement/Severe Weather Protocol.
- 2.5** Contact the Program Director upon your return to Phoenix.
- 2.6** Trip leader will remain with participants after the conclusion of the program until everyone has been picked up.

### **3.0 PROCEDURE:**

#### **Pre-trip:**

- 3.1** Prepare the Activity Equipment Checklist
- 3.2** Group size should be determined by any area regulations but should not exceed 25 people.
- 3.3** Hold an orientation meeting before leaving to cover trip logistics, equipment, food, etc.
- 3.4** Monitor the weather for the trip location before, and during the trip.
- 3.5** Select a camping location suitable for wheelchair users (accessible restroom) and the size of the group. Make necessary reservations well in advance or at earliest opportunity.
- 3.6** Plan activities suitable for your group.
- 3.7** Pack and bring along: "Extra Clothing Bag" (with cold weather clothing), "Extra Gear Bag" and "Adaptive Gear Bag".
- 3.8** Plan menu for meals, before trip, be aware of food allergies and dietary restrictions.

- 3.9** Have participants and volunteers complete a Clothing /Gear Check-out Form for any items they need to borrow (Attachment B).

**Trip:**

- 3.10** Teach and follow the Leave No Trace Principles.
- 3.11** Take time to share your knowledge of the area, nature, etc and encourage your volunteers to do the same.
- 3.12** Engage participants in preparing meals, clean up and washing dishes.
- 3.13** When traveling, wheelchairs should remain with the vehicle transporting the wheelchair user.

**Post-Trip:**

- 3.14** All gear/equipment borrowed by the participants shall be returned upon the completion of the event.
- 3.15** Conduct post-event evaluations to be completed by each participant.
- 3.16** Clean, maintain and properly store all gear/equipment.
- 3.17** Contact Program Director upon return.