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Simon Sez: Some Simple Rules for Couples (Paperback)

By Simon Wittes Ph.D

AUTHORHOUSE, United States, 2007. Paperback. Condition: New. Language: English. Brand new Book. In Simon Sez: Some Simple Rules for Couples, Dr. Simon Wittes draws on over 30 years of experience as a psychotherapist specializing in work with couples and families to illustrate and explain some of the dynamics inherent in every intimate relationship, and provide some actionable rules for how to enhance those relationships. Written in everyday language but rooted in research, the book presents a series of scenarios between a couple (Jim and Sally) that will ring true to every reader who's ever bickered with their mate over how to load the dishwasher, wondered when and how the romance vanished from their relationship, or marveled to find themselves growing and changing well into their later years. Through these snapshots, Dr. Wittes explains the underlying principles governing such process issues as how conflict is created and managed, how love and sexual desire are expressed and addressed, and how couples evolve developmentally over the life of a relationship. The process issues that Dr. Wittes addresses pervade every intimate relationship (be it between a man and a woman, two men, or two women) and every relationship configuration (be it marriage, living together,...

Reviews

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