	Α	В	D	E	F	G	Н	I	J	K	L	M	N	0	Р	Q
1	P.	TÍTULO INGLÉS	Recibido	✓	Traductora	Fecha	✓	Revisión	✓	Fecha	Maqueta 1	Fecha	Maqueta 2	Fecha	Corrección	Fecha
2	1	Half title	11-abr	✓	EGE			EGE			EGE		EGE			
3	2	Title	11-abr	<b>*</b>	EGE			EGE			EGE		EGE			
4	3	Title	11-abr	<b>√</b>	EGE EGE			EGE EGE			EGE EGE		EGE EGE			
5	4	Imprint	26-abr	•												
6	5	Contents	26-abr	✓	MAMM			MAMM			EGE		EGE			
7	6	Contents	26-abr	✓	MAMM			MAMM			EGE		EGE			
8	7	Contents	26-abr	✓	MAMM			MAMM			EGE		EGE			
9	8	Intro	26-abr	<b>✓</b>	EST	27-abr		MAMM		13-may	EGE		EGE			
10	9	Intro	26-abr	✓	EST	27-abr		MAMM		13-may	EGE		EGE			
11	10	Chef's profiles	26-abr	✓	EST	27-abr		MAMM		13-may	EGE		EGE			
12	11	Chef's profiles	26-abr	✓	EST	27-abr		MAMM		13-may	EGE		EGE			
13	12	Chef's profiles	11-abr	<b>✓</b>	EST	27-abr		MAMM		13-may	EGE		EGE			
14	13	Chef's profiles	11-abr	✓	EST	27-abr		MAMM		13-may	EGE		EGE			
15	14	Chef's profiles	11-abr	<b>✓</b>	EST	27-abr		MAMM		13-may	EGE		EGE			
16	15	Chef's profiles	11-abr	✓	EST	27-abr		MAMM		13-may	EGE		EGE			
17	16	Chef's profiles	11-abr	<b>✓</b>	EST	27-abr		MAMM		13-may	EGE		EGE			
18	17	Chef's profiles	11-abr	✓	EST	27-abr		MAMM		13-may	EGE		EGE			
19	18	Useful info	26-abr	<b>✓</b>	EST	27-abr		MAMM		13-may	EGE		EGE			
20	19	Useful info	26-abr	✓	EST	27-abr		MAMM		13-may	EGE		EGE			
21	20	Useful info	26-abr	✓	EST	27-abr		MAMM		13-may	EGE		EGE			
22	21	Useful info	26-abr	✓	EST	27-abr		MAMM		13-may	EGE		EGE			
23 24	23	SAUCES & DRESSINGS Paul Gayler	1-mar 1-mar	<b>√</b>	EGE EGE	31-mar 31-mar	1	MAMM: MAMM:	<b>√</b>	8-abr 8-abr	NPB NPB		NPB NPB			
25	24	Intro	11-abr	<b>✓</b>	MAMM	27-abr	<b>√</b>	MAMM	✓	13-may	NPB		NPB		ESF	
26	25	Intro	11-abr	<b>1</b>	MAMM	27-abr	<b>V</b>	MAMM	<b>√</b>	13-may	NPB		NPB		ESF	
_27		Basic sauce-making techniques  TIP flavourings	1-mar 1-mar	<b>✓</b>	MAMM MAMM	31-mar 31-mar	<b>✓</b>	MAMM MAMM	<b>√</b>	8-abr 8-abr	NPB NPB		NPB NPB		ESF ESF	
28	27	Ways to thicken a sauce	1-IIIdI	•	IVIAIVIIVI	31-IIIdl	<b>V</b>	IVI <i>F</i> AIVIIVI	<b>v</b>	0-801	INFD		INFD		EST	
	28	EMULSIFIED SAUCES Mayonnaise	1-mar	<b>✓</b>	MAMM	31-mar	✓	MAMM	✓	8-abr	NPB		NPB		ESF	
30	29	TIP blender mayonnaise Classic mayonnaise-based sauces Rescuing curdled mayonnaise	1-mar	✓	MAMM	31-mar	✓	MAMM	✓	8-abr	NPB		NPB		ESF	
- 50	30	Hollandaise sauce  TIP in a blender	1-mar	✓	MAMM	31-mar	✓	MAMM	✓	8-abr	NPB		NPB		ESF	
31	31	Hollandaise-based sauces Béarnaise sauce Béarnaise-based sauces	1-mar	<b>✓</b>	MAMM	31-mar	<b>✓</b>	MAMM	✓	8-abr	NPB		NPB		ESF	
52		Dodination based sauces						<u> </u>			<u> </u>		<u> </u>			

	Α	В	D	E	F	G	Н		J	K	L	M	N	0	Р	Q
	32	Beurre blanc	1-mar	✓	MAMM	31-mar	✓	MAMM	✓	8-abr	NPB		NPB		ESF	
33		Variations	4			04				0 1	NDD		NDD		F0F	
	33	OTHER BUTTER SAUCES Café de Paris butter	1-mar	<b>✓</b>	MAMM	31-mar	<b>/</b>	MAMM	✓	8-abr	NPB		NPB		ESF	
34		Beurre noisette; B. noire; B. fondu														
01	34	WHITE SAUCES	1-mar	✓	AGS	31-mar	✓	MAMM	✓	8-abr	NPB		NPB		ESF	
		Béchamel sauce														
35	35	TIP all-in-one The right consistency	1-mar	/	AGS	31-mar	/	MAMM	<b>✓</b>	8-abr	NPB		NPB		ESF	
	35	Variations	I-IIIaI	•	AGS	3 I-IIIai	<b>,</b>	IVIAIVIIVI	•	0-abi	INFD		INFD		LSF	
36		Keeping sauces warm in bain-marie														
0.7	36	Velouté sauce: a modern interpretation	1-mar	✓	AGS	31-mar	✓	MAMM	✓	8-abr	NPB		NPB		ESF	
37	37	TIP increasing the flavour Velouté-based sauces	1-mar	1	AGS	31-mar	/	MAMM	<b>√</b>	8-abr	NPB		NPB		ESF	
36		BROWN SAUCES	1-mar	1	AGS	31-mar	1	MAMM	<b>→</b>	8-abr	NPB		NPB		ESF	
	00	Light veal jus														
39		TIP browning bones	4		400	24		N 4 A N 4 N 4		0	NDD		NDD		F0F	
40	39	Light chicken jus	1-mar	<b>√</b>	AGS AGS	31-mar 31-mar	<b>/</b>	MAMM MAMM	<b>√</b>	8-abr	NPB NPB		NPB NPB		ESF ESF	
41	40	Vegetarian jus Jus-based brown sauces	1-mar 1-mar		AGS	31-mar 31-mar		MAMM	<b>✓</b>	8-abr 8-abr	NPB NPB		NPB		ESF	
	41	TIP balancing brown sauce	1-IIIdl	•	AGS	3 I-IIIdl	<b>Y</b>	IVIAIVIIVI	•	o-abi	INFD		INED		LOC	
42		Poivrade														
40	42	Mounting with butter	1-mar	✓	AGS	31-mar	✓	MAMM	✓	8-abr	NPB		NPB		ESF	
43	43	PAN SAUCES Signature dish	1-mar	1	AGS	31-mar	/	MAMM	✓	8-abr	NPB		NPB		ESF	
44	43	Venison with cherries, cinnamon and walnuts	Tilla	•	7100	o i mai	•	100 0000	•	o abi	14. 5		141 5		201	
	44	VEGETABLE AND HERB SAUCES	1-mar	✓	AIZ	31-mar	✓	MAMM	✓	8-abr	NPB		NPB		ESF	
45		Tomato sauce Variations														
	45	Watercress sauce	1-mar	<b>✓</b>	AIZ	31-mar	<b>✓</b>	MAMM	✓	8-abr	NPB		NPB		ESF	
		Red pepper sauce														
46	40	Morel sauce Pesto alla genovese	1-mar		AIZ	31-mar	1	MAMM	<b>✓</b>	8-abr	NPB		NPB		ESF	
	46	Horseradish sauce	I-IIIdI	<b>✓</b>	AIZ	3 I-IIIai	<b>'</b>	IVIAIVIIVI	•	0-abi	INFD		INFD		LOF	
47		TIP chimichurri														
48	47	Mint sauce Raw tomato sauce	1-mar	✓	AIZ	31-mar	✓	MAMM	✓	8-abr	NPB		NPB		ESF	
40	48	NUT SAUCES	1-mar	1	AIZ	31-mar	1	MAMM	✓	8-abr	NPB		NPB		ESF	
49		Salsa di noci; Almond tarator; Romesco sauce														
50	49	Signature dish Chararillad maskers with grange remases	1-mar	✓	AIZ	31-mar	✓	MAMM	✓	8-abr	NPB		NPB		ESF	
50	50	Chargrilled mackerel with orange romesco SAVOURY FRUIT SAUCES	1-mar	<b>✓</b>	AIZ	31-mar	1	MAMM	✓	8-abr	NPB		NPB		ESF	
51		Autumn fruit chutney														
	51	Old-fashioned apple sauce	1-mar	✓	AIZ	31-mar	✓	MAMM	✓	8-abr	NPB		NPB		ESF	
52		Gooseberry and mint sauce Cumberland sauce														
	52	HOT & SPICY SAUCES	1-mar	✓	AIZ	31-mar	✓	MAMM	✓	8-abr	NPB		NPB		ESF	
53	F.	Spicy tomato & horseradish ketchup	1 mar		<b>A17</b>	21 mar	,	N / A N / N /		0 ohr	NPB		NDD		FOF	
54	53	Berbere; Smoky yellow pepper salsa  DIPPING SAUCES	1-mar	1	AIZ AIZ	31-mar 31-mar	<b>√</b>	MAMM MAMM	<b>✓</b>	8-abr 8-abr	NPB NPB		NPB NPB		ESF ESF	
55	54	Raita; Tomato tapenade	1-mar	<b>✓</b>	AIL	3 I-IIIdl	✓	IVIAIVIIVI	•	o-abi	INFD		INED		LOC	
	55	VINAIGRETTES	1-mar	✓	AIZ	31-mar	✓	MAMM	✓	8-abr	NPB		NPB		ESF	
F0		Classic vinaigrette; Crushed tomato vinaigrette;														
_56	56	Vinaigrette variations WARM & CREAMY DRESSINGS	1-mar	1	MAMM	31-mar	1	MAMM	<b>✓</b>	8-abr	NPB		NPB		ESF	
	30	Sauce vierge					, i		•	5 5.51	5					
		TIP a pan dressing														
57	57	Roquefort dressing Signature dish	1-mar	/	MAMM	31-mar	/	MAMM	<b>✓</b>	8-abr	NPB		NPB		ESF	
58	31	Bresaola with soft goat's cheese dressing	1-IIIdl	•	IVIZAIVIIVI	o i-iliai	<b>Y</b>	IAI\_ZIAIAI	•	0-abi	ט וויו		INI D		LOI	
59	58	FOAMS	30-mar	✓	EGE	14-abr	✓	MAMM	✓	20-abr	NPB		NPB			
60	59	Ferran Adria	30-mar	<	EGE	14-abr	1	MAMM	<b>.</b>	20-abr	NPB		NPB			

	Α	В	D	E	F	l G	Н	l I	J	l K	L	l M	N	ΙΟ	Р	Q
61	60	Intro	11-abr	✓	AGS	5-may	<b>√</b>	MAMM	✓	13-may	NPB		NPB			
62	61	Intro	11-abr	1	AGS	5-may	1	MAMM	✓	13-may	NPB		NPB			
02		MAKING FOAMS	30-mar	1	MAMM	8-abr	1	MAMM	<b>✓</b>	20-abr	NPB		NPB			
	02	Using the siphon	oo mar	,	100 0000	o doi	<b>,</b>	1417 (141141	•	20 001	14. 5		111.5			
63		TIP siphons														
	63	Types of foam	30-mar	✓	MAMM	8-abr	✓	MAMM	✓	20-abr	NPB		NPB			
		MOUSSES														
64		Mango, yoghurt and raspberry foam  Meringue tart	30-mar	1	AGS	14-abr	1	MAMM	✓	20-abr	NPB		NPB			
65	64	Pistachio foam	30-mai	<b>'</b>	AGS	14-a01	<b>Y</b>	IVIAIVIIVI	•	20-401	INFD		INFD			
66	65	Frozen chocolate mousse	30-mar	✓	AGS	14-abr	1	MAMM	✓	20-abr	NPB		NPB			
- 00		LIQUID FOAMS	30-mar	✓	AGS	14-abr	<b>√</b>	MAMM	✓	20-abr	NPB		NPB			
		Mayonnaise foam with asparagus														
67		Ginz fizz cocktail														
	67	Signature dish	30-mar	✓	AGS	14-abr	✓	MAMM	✓	20-abr	NPB		NPB			
68		Cappuccino almond foam with truffle juice WHIPPED CREAMS	30-mar	1	AGS	14-abr		MAMM	✓	20-abr	NPB		NPB			
69	68	Catalan cream foam	30-IIIai	•	AGS	14-abi	<b>✓</b>	IVIAIVIIVI	•	20-abi	INPD		INPD			
	69	Potato foam: 21st century tortilla	30-mar	1	AGS	14-abr	<b>✓</b>	MAMM	✓	20-abr	NPB		NPB			
70		Coconut foam with lemon jelly														
71	70	STOCKS & SOUPS	22-mar	<b>Y</b>	EGE	6-abr	1	MAMM		14-abr	NPB		NPB			
72	71	Shaung Hill	22-mar	✓	EGE	6-abr	✓	MAMM		14-abr	NPB		NPB			
73	72	Intro	11-abr	✓	EST	3-may	<b>√</b>	MAMM		13-may	NPB		NPB			
74	73	Intro	11-abr	✓	EST	3-may	<b>✓</b>	MAMM		13-may	NPB		NPB			
, -		CHICKEN, VEAL & FISH STOCKS	22-mar	✓	MAMM	6-abr	<b>√</b>	MAMM		14-abr	NPB		NPB			
75		Chicken stock														
	75	TIP cooling stock fast	22-mar	✓	MAMM	6-abr	✓	MAMM		14-abr	NPB		NPB			
76	70	White stock	22 mar	1	EST	Cabr		MAMM		11 000	NPB		NPB			
77	76	Veal stock TIP vegetable stock	22-mar	<b>,</b>	E31	6-abr	<b>✓</b>	IVIAIVIIVI		14-abr	INPD		INPD			
	77	Fish stock	22-mar	✓	EST	6-abr	<b>✓</b>	MAMM		14-abr	NPB		NPB			
78		TIP japanese fish stock														
	78	CLEAR SOUPS	22-mar	✓	EST	6-abr	✓	MAMM		14-abr	NPB		NPB			
79	70	Chicken consommé	22-mar		EST	6-abr		MAMM		11 000	NPB		NPB			
	79	TIP For clarity SOUPS WITH SOLID INGREDIENTS	22-IIIdi	<b>,</b>	E31	0-abi	<b>Y</b>	IVIAIVIIVI		14-abr	INPD		INPD			
		Prawn and sea bass soup														
80		TIP thicker soup														
	80	Thai chicken soup	22-mar	✓	EST	6-abr	✓	MAMM		14-abr	NPB		NPB			
0,1		TIP coconut milk														
81	81	Minestrone Cock a leekie	22-mar	1	EST	6-abr	1	MAMM		14-abr	NPB		NPB			
82	82	THICKENED SOUPS	22-mar	· ·	EST	6-abr	<b>/</b>	MAMM		14-abr	NPB		NPB			
83	02	Avgolemone (beid bi lamoun)	ZZ IIIdi			O doi	,	. VI/ SIVIIVI		, , abi	1,1, 5		""			
	83	North Sea fish soup	22-mar	✓	EST	6-abr	✓	MAMM		14-abr	NPB		NPB			
84		TIP making croutons						B 4 4 5 5 5 5		4.1	NE S		1155			
	84	Puréed soups	22-mar	✓	EST	6-abr	✓	MAMM		14-abr	NPB		NPB			
85		Saffron soup TIP sippets														
	85	Signature dish	22-mar	1	EST	6-abr	1	MAMM		14-abr	NPB		NPB			
86		Chickpea and langoustine soup														
	86	Scallop and artichoke soup	22-mar	✓	EST	6-abr	✓	MAMM		14-abr	NPB		NPB			
87	6=	Asparagus and morel mushroom soup	00		FOT	0 -1		N / A N / P /		44 -1	NDD		NDD			
88	87	COLD SOUPS Cherry soup; Gazpacho	22-mar	<b>✓</b>	EST	6-abr	<b>✓</b>	MAMM		14-abr	NPB		NPB			
	22	FLAVOURINGS	5-abr	  - - - - - - - - - - - - - - - - - -	EGE : : :	20-abr	-141414141	:::MAMM:::		27-abr	SSB	14141414141	NPB			1414141414
89		Peter Gardan:	5-abr	<b>7</b>	EGE	20-abr		MAMM		27-abr	SSB		NPB			
90	90	Intro	11-abr		AIZ	5-may	F1+1414141	MAMM	<u> </u>	13-may	SSB	1-1-1-1-1-1-1	NPB			1+1+1+1+1+1+1
91		Intro	11-abr		AIZ	5-may		MAMM		13-may	SSB		NPB			
92	91	HERBS	5-abr	<b>*</b>	AIZ	20-abr		MAMM		27-abr	SSB		NPB			
93	92	Stripping; Chopping; Pounding	ว-สมเ	•	AIZ	20-801		IVIAIVIIVI		21-abi	SSD		INFD			
55		Jourphing, Onopping, Founding			I			I					I		I	

94		B				G	H				l N	1 0	Q
		Salsa verde	5-abr	✓	AIZ	20-abr		MAMM	27-abr	SSB	NPB		
		Thai basil & coriander marinated squid Drying herbs; Freezing herbs	5-abr	<b>✓</b>	AIZ	20-abr		MAMM	27-abr	SSB	NPB		
	-	HERB MIXTURES											
95		Bouquet garni; Gremolata Green herb oil	5-abr	<b>✓</b>	AIZ	20-abr		MAMM	27-abr	SSB	NPB		
		SPICES	5-abr	<b>→</b>	AIZ	20-abr		MAMM	27-abr	SSB	NPB		
97		Lemon-grass & tomato roast sardines		·		20 001			27 001				
9		Bruising lemon grass Grating ginger and galangal	5-abr	✓	AIZ	20-abr		MAMM	27-abr	SSB	NPB		
		Dry-roasting spices in a pan; in oven; frying spices											
98		in oil											
	-	SPICE BLENDS Grinding by hand; Coffee grinder; Garam masala;	5-abr	<b>✓</b>	AIZ	20-abr		MAMM	27-abr	SSB	NPB		
99		Pistachio dukka											
100		SPICE RUBS	5-abr	✓	AIZ	20-abr		MAMM	27-abr	SSB	NPB		
	100	Salmon with cajun spices SPICE MARINADES	5-abr	✓	AIZ	20-abr		MAMM	27-abr	SSB	NPB		
101		Yogurt, cumin & mint marinade											
1	101	Maple syrup & chilli marinade  CHILLIES	5-abr	<b>✓</b>	AIZ	20-abr		MAMM	27-abr	SSB	NPB		
102		Seeding; dry-roasting; grinding											
103 <b>1</b>		Soaking dried chillies;	5-abr	<b>✓</b>	AIZ	20-abr		MAMM	27-abr	SSB	NPB		
		Red curry paste; Chilli oil Signature dish	5-abr	✓	AIZ	20-abr		MAMM	27-abr	SSB	NPB		
104		Tomato chilli jam			A 1 7				07.1		NIDD		
1		SALTY FLAVOURINGS Filleting anchovies; Pitting olives	5-abr	<b>✓</b>	AIZ	20-abr		MAMM	27-abr	SSB	NPB		
105		Tapenade; Anchovy butter											
		Caper, orange & coriander dressing	5-abr	✓	AIZ	20-abr		MAMM	27-abr	SSB	NPB		
106		Black bean, lime, chilli & fish sauce											
107 <b>1</b>		CITRUS & SOUR FLAVOURINGS Salted, spiced, preserved lemons	5-abr	✓	AIZ	20-abr		MAMM	27-abr	SSB	NPB		
		Lime leaf dressing; Melting moments;	5-abr	✓	AIZ	20-abr		MAMM	27-abr	SSB	NPB		
108		Tamarind ripple ice cream	F ohr		AIZ	20 chr		MAMM	27 obr	SSB	NPB		
1		SWEET FLAVOURINGS Saffron poached peaches; Basil cream;	5-abr	•	AIZ	20-abr		IVIAIVIIVI	27-abr	55B	INPB		
109		TIP Cartouche											
1		Maple syrup, miso, soy milk and apple rice porridge	5-abr	✓	AIZ	20-abr		MAMM	27-abr	SSB	NPB		
110		Palm sugar, vanilla & coconut cream sauce											
	110	CHOCOLATE	5-abr	✓	AIZ	20-abr		MAMM	27-abr	SSB	NPB		
		Black bean & chocolate purée  VANILLA											
		Extracting seeds											
111		TIP Vanilla extract Signature dish	5-abr	1	AIZ	20-abr		MAMM	27-abr	SSB	NPB		
112		Vanilla & duck broth with rice noodles	J-abi	·	ΛIZ	20-401		IVIZIVIIVI	21-401	00D	NIB		
		LATIN-AMERICAN COOKING	:::30-mar	✓	EGE	12-abr	✓ .	: MAMM:	18-abr	SSB	EĞE		
		Norman van Aken	30-mar	<b>V</b>	EGE	12-abr	<b>V</b>	MAMM	18-abr	SSB	EGE		
		Intro	11-abr	<b>✓</b>	EST EST	3-may		MAMM	13-may	SSB SSB	EGE EGE		
		Intro Conch salad with "salsa of life"	11-abr 30-mar	<b>∀</b>	EST	3-may 12-abr	<b>√</b>	MAMM MAMM	13-may 18-abr	SSB	EGE		
		Preparing conch	30-mar	<b>*</b>	EST	12-abr	\ \rangle	MAMM	18-abr	SSB	EGE		
118		Salting cucumber					, in the second						
	•	Making hallacas	30-mar	<b>✓</b>	EST	12-abr	<b>1</b>	MAMM	18-abr	SSB SSB	EGE		
	•	Hallacas  Mojo marinated chicken with congri and plantains	30-mar 30-mar	<b>✓</b>	EST EST	12-abr 12-abr	<b>✓</b>	MAMM MAMM	18-abr 18-abr	SSB	EGE EGE		
		Preparing the mojo	30-mar	1	EST	12-abr	<b>Y</b>	MAMM	18-abr	SSB	EGE		
122		Making caramelized plantains	oo mar			.2 001	•						
123 1	122	EGGS, CHEESE & DAIRY	30-mar	<b>Y</b>	EGE	8-abr	✓	:::MAMM	20-abr	NPB	NPB		

	Α	В	D	E	F	G	Н	l	J	K	L	М	N	0	Р	Q
124	123	Michael Romano	30-mar	· · · · · ·	EGE	8-abr	<b>✓</b>	::MAMM:::		20-abr	NPB		NPB			
125		Intro	11-abr	✓	AGS	5-may	<b>√</b>	MAMM		13-may	NPB	· . · . · . · . · . · . ·	NPB		<u> </u>	
126	125	Intro	11-abr	<b>✓</b>	AGS	5-may		MAMM		13-may	NPB		NPB			
120		BASIC EGG PREPARATION	30-mar	<b>√</b>	MAMM	8-abr	1	MAMM		20-abr	NPB		NPB			
		Separating eggs; Beating egg yolks;	00 mai			<b>5</b> ab.	*			20 00.			5			
		Beating whole eggs														
127		TIP removing any stray yolk														
128		Chilled Moscato-pineapple Zabaglione	30-mar	<b>√</b>	MAMM	8-abr	<b>✓</b>	MAMM		20-abr	NPB		NPB			
	128	Beating egg whites	30-mar	✓	AGS	14-abr	<b>✓</b>	MAMM		20-abr	NPB		NPB			
129		TIP Overbeaten egg whites Beating egg whites with electric mixer														
129	129	Folding egg whites	30-mar	<b>✓</b>	AGS	14-abr	/	MAMM		20-abr	NPB		NPB			
130		Bittersweet chocolate mousse			,,,,,,											
	130	BASIC EGG COOKING	30-mar	✓	AGS	14-abr	✓	MAMM		20-abr	NPB		NPB			
131		Boiling eggs; Blue smoke deviled eggs														
	131	Coddling eggs	30-mar	✓	AGS	14-abr	✓	MAMM		20-abr	NPB		NPB			
122		TIP Poaching in advance														
132	122	Poaching eggs Scrambling eggs	30-mar	<b>✓</b>	AGS	14-abr	1	MAMM		20-abr	NPB		NPB			
133		Scrambling eggs: the French method	30-mar	1	AGS	14-abr	1	MAMM		20-abr	NPB		NPB			
134	133	TIPS for success when scrambling eggs	oo mar	,	7.00	14 abi	<b>V</b>	IVI/~XIVIIVI		20 001	141.0		141.0			
135	134	Making a classic folded omelette	30-mar	✓	AGS	14-abr	✓	MAMM		20-abr	SSB		EGE			
120		Adding a filling to a classic folded omelette	30-mar	✓	AGS	14-abr	✓	MAMM		20-abr	SSB		EGE			
136		Other omelets; Flat; Soufflé; Egg white														
137	136	Sweet onion frittata with balsamic vinegar	30-mar	✓	AGS	14-abr	✓	MAMM		20-abr	SSB		EGE			
	137	Frying eggs	30-mar	✓	AGS	14-abr	✓	MAMM		20-abr	SSB		EGE			
		TIP fried eggs and bacon														
138	400	French frying eggs	30-mar	<b>/</b>	AGS	14-abr	1	MAMM		20-abr	SSB		EGE			
139	138	Cheese Soufflé  TIP flavouring soufflés	30-IIIal	•	AGS	14-abi	<b>V</b>	IVIAIVIIVI		20-801	335		EGE			
100	139	Baking eggs sur le plat	30-mar	✓	AGS	14-abr	<b>✓</b>	MAMM		20-abr	SSB		EGE			
140		TIP Sur le plat extras														
	140	Uove al forno	30-mar	✓	AGS	14-abr	✓	MAMM		20-abr	SSB		EGE			
141	4 4 4	Baking eggs en cocotte Signature dish	30-mar		AGS	14-abr		MAMM		20-abr	SSB		EGE			
142	141	Eggplant, zucchini and parmigiano tortino	30-IIIaI	•	AGS	14-a01	<b>Y</b>	IVIAIVIIVI		20-801	336		EGE			
	142	COOKING WITH CHEESE	30-mar	✓	AGS	14-abr	<b>√</b>	MAMM		20-abr	SSB		EGE			
		Creating a cheese board; Red oakleaf and bibb														
143		salad with gruyere & garlic croutons	00		400	44.1				00.1	000		505			
	143	Signature dish Gratinéed chèvre and flageolet salad with frisée	30-mar	<b>✓</b>	AGS	14-abr	<b>✓</b>	MAMM		20-abr	SSB		EGE			
144		and mâche														
	144	Potato-celeriac gratin	30-mar	✓	AGS	14-abr	✓	MAMM		20-abr	SSB		EGE			
145		Ricotta & spinach Malfatti (1)														
146		Ricotta & spinach Malfatti (2)	30-mar	✓	AGS	14-abr	✓	MAMM		20-abr	SSB		EGE			
447	146	Making Frico	30-mar	✓	AGS	14-abr	✓	MAMM		20-abr	SSB		EGE			
147	147	Frico cups with figs & prosciutto Sicilian lamb stew with pecorino and	30-mar	<b>✓</b>	AGS	14-abr	1	MAMM		20-abr	SSB		EGE			
148	14/	caciocavallo	JU-IIIai	•	AGO	14-401	<b>V</b>	INITAINIINI		20-401	335		LGE			
	148	COOKING WITH CREAM	30-mar	✓	AGS	14-abr	✓	MAMM		20-abr	SSB		EGE			
	-	Whipping cream														
149	4 40	TIP overbeating cream	20 mer	<b>/</b>	400	14 065	,	N/AN/N/		20 ahr	000		FOF			
	149	Signature dish Pumpkin-chocolate chip cheesecake with country	30-mar	•	AGS	14-abr	<b>✓</b>	MAMM		20-abr	SSB		EGE			
150		cream														
151	150	FISH & SHELLFISH	::::11-abr:::::	✓	EGE	2-may:		:::MAMM:::		9-may	SSB		NPB			
152		Charlis Trotter	11-abr	✓	EGE	2-may		MAMM		9-may	SSB		NPB			
102		INTRO	11-abr	✓	AGS	5-may		MAMM		13-may	SSB		NPB		-,-,-,-,-,-,-,-,-	
153		classification; choosing				-										
	153	storing; farmed fish; smoked fish	11-abr	✓	AGS	5-may		MAMM		13-may	SSB		NPB			
154		Science - why is fish so tender?														

	ΙA	В	D	E	F	l G	H	1	l J l K	1 1	I M	N	0	Р	Q
		PREPARING ROUND FISH	11-abr		AGS			MAMM	0 may	SSB	141	NPB	Ü	•	<u> </u>
	154	Gutting through the stomach	TT-abi	•	AGS	2-may		IVIAIVIIVI	9-may	336		INFD			
155		TIP buying fish													
155	455	Gutting through the gills	11-abr	<b>✓</b>	AGS	2-may		MAMM	9-may	SSB		NPB			
	155	Scaling and trimming	TT-abi	Y	AGS	Z-IIIay		IVIAIVIIVI	9-1110	336		INFD			
156		TIP scaling with a knife													
156	450		11-abr	<b>√</b>	AGS	2 may		MAMM	0 may	SSB		NPB			
157	156	Boning through the stomach Boning from the back	H-abi	•	AGS	2-may		IVIAIVIIVI	9-may	335		INPD			
	4		11-abr	<b>✓</b>	AGS	2 may		MAMM	0 may	SSB		NPB			
158		Filleting		,		2-may			9-may						
159		Skinning a fillet; Cutting steaks	11-abr	✓	AGS	2-may		MAMM	9-may	SSB		NPB			
	159	Filleting a monkfish tail	11-abr	✓	AGS	2-may		MAMM	9-may	SSB		NPB			
160		Skinning and gutting an eel													
	160	Raw seafood; Sashimi	11-abr	✓	AGS	2-may		MAMM	9-may	SSB		NPB			
161		TIP seasoned vinegar for rice				·									
	161	Signature dish	11-abr	✓	AGS	2-may		MAMM	9-may	SSB		NPB			
162		Ahi tuna poke with soy-yuzu-coriander sauce													
102	400	PREPARING FLAT FISH	11-abr	<b>√</b>	AGS	2 may		MAMM	0 may	SSB		NPB			
	162		TT-abi	<b>Y</b>	AGS	2-may		IVIAIVIIVI	9-may	336		INFD			
		Gutting and trimming Gutting by taking off the head													
163		TIP scaling flat fish													
	460		11-abr	<b>✓</b>	AGS	2-may		MAMM	9-may	SSB		NPB			
164		Skinning; Boning				,									
165		Cutting 2 fillets	11-abr	✓	AGS	2-may		MAMM	9-may			NPB			
166	165	Cutting 4 fillets	11-abr	✓	AGS	2-may		MAMM	9-may	SSB		NPB			
1.00		Skinning and filleting a Dover sole	11-abr	✓	AGS	2-may		MAMM	9-may	SSB		NPB			
	100	Filleting a skate wing			7.00	,				002					
167		TIP grip the skin													
1 4 1	167	PREPARING SHELLFISH	11-abr	✓	AGS	2-may		MAMM	9-may	SSB		NPB			
		Cleaning and debearding mussels				,						–			
168		TIP mollusc safety													
169	168	Opening oysters; Opening clams	11-abr	✓	AGS	2-may		MAMM	9-may	SSB		NPB			
109	-	Opening scallops	11-abr	<b>✓</b>	AGS	2-may		MAMM	9-may			NPB			
170	169	TIP preparing abalone & whelks	TT-abi	<b>Y</b>	AGG	Z-iiiay		INITAINIINI	9-1114	335		NID			
170	170	Cleaning squid	11-abr	<b>√</b>	AGS	2-may		MAMM	9-may	SSB		NPB			
171	170	TIP preparing cuttlefish	TT-abi	•	AGG	Z-iiiay		INITAINIINI	9-1114	335		NID			
	474	Cleaining and sectioning octopus	11-abr	1	AGS	2-may		MAMM	9-may	SSB		NPB			
172				· ·		•									
470	172	Caviar; Cleaning sea urchin	11-abr	✓	AGS	2-may		MAMM	9-may	SSB		NPB			
173		TIP other types of fish roe	44 1		4.00					000		NDD			
	173	Signature dish	11-abr	✓	AGS	2-may		MAMM	9-may	SSB		NPB			
474		Sea urchin and osetra caviar with vodka													
174	4=4	crème fraîche and daikon	11 oh:		400	2 mg::		N / A N / N /	0.55	CCD		NIDD			
175		Cleaning live Lobster	11-abr	<b>√</b>	AGS	2-may		MAMM	9-may			NPB			
176		Taking the meat from a cooked lobster	11-abr	✓	AGS	2-may		MAMM	9-may	SSB		NPB			
	176	Picking cooked crayfish	11-abr	✓	AGS	2-may		MAMM	9-may	SSB		NPB			
177		TIP langoustines; Preparing shrimps													
	177	Signature dish	11-abr	✓	AGS	2-may		MAMM	9-may	SSB		NPB			
		Langoustines with green curry sauce													
178		and spring onions													
179	178	Cleaning live blue crab	11-abr	✓	AGS	2-may		MAMM	9-may	SSB		NPB			
		Cleaning soft-shell crab	11-abr	✓	AGS	2-may		MAMM	9-may	SSB		NPB			
180	'''	TIP cooking crab				,									
	180	Removing the meat from	11-abr	✓	AGS	2-may		MAMM	9-may	SSB		NPB			
181	.55	a cooked crab				,									
182	181		11-abr	✓	AGS	2-may		MAMM	9-may	SSB		NPB			
102		COOKING SEAFOOD	11-abr	<b>✓</b>	AGS	2-may		MAMM	9-may			NPB			
	102	Curing;	i i-aui		AGS	Z-IIIay		IVIAIVIIVI	9-ma	SSD		INFD			
183		TIP ways to cure													
		Gravlax recipe	11-abr	<b>√</b>	AGS	2-may		MAMM	9-may	SSB		NPB			
184		-		, i		•									
	184	Signature dish	11-abr	✓	AGS	2-may		MAMM	9-may	SSB		NPB			
	[	Open-face tomato tart with gravlax													
185	<u> </u>	and caper vinaigrette													

	Α	В	D	Е	l F	l G	Н	l I	J	Ιĸ	L	М	N	0	Р	Q
	185	BAKING	11-abr	✓	AGS	2-may		MAMM	_	9-may	SSB		NPB	-		
	103	TIP baking tips	11 00		7,00	,				o may	002		1 2			
186		Baking flounder fillets														
187	186	Baked whole sea bass	11-abr	✓	AGS	2-may		MAMM		9-may	SSB		NPB			
107		SERVING WHOLE COOKED FISH	11-abr	✓	AGS	2-may		MAMM		9-may	SSB		NPB			
188		Serving whole roundfish; Serving whole flat fish				•										
189	188	Baked salmon en papillote	11-abr	✓	AGS	2-may		MAMM		9-may	SSB		NPB			
	189	MICROWAVING	11-abr	✓	AGS	2-may		MAMM		9-may	SSB		NPB			
190		Microwaved salmon steaks														
	190	POACHING	11-abr	✓	AGS	2-may		MAMM		9-may	SSB		NPB			
		Poached skate wings														
191		TIP poaching tips	44		4.00	0				0	000		NDD			
192		TIP serving the skate cold	11-abr	<b>√</b>	AGS	2-may		MAMM		9-may	SSB		NPB			
	192	Signature dish	11-abr	✓	AGS	2-may		MAMM		9-may	SSB		NPB			
193		Olive oil poached salmon with leek confit soup														
193	102	MAKING SEAFOOD QUENELLES	11-abr	<b>✓</b>	AGS	2-may		MAMM		9-may	SSB		NPB			
194	133	Scallop quenelles	TI-UDI	,	7,00	Zillay		IA1/_ZIAIIAI		Unitay			141 5			
131	194	STEAMING	11-abr	✓	AGS	2-may		MAMM		9-may	SSB		NPB			
		Steamed clams								,						
195		TIP steaming tips														
	195	BRASING	11-abr	✓	AGS	2-may		MAMM		9-may	SSB		NPB			
400		Braised monkfish														
196	400	TIP braising tips	11 obs	<b>✓</b>	AGS	2 may		MAMM		0	SSB		NPB			
	196	GRILLING Grilled red mullet fillets	11-abr	•	AGS	2-may		IVIAIVIIVI		9-may	99B		INPB			
197		TIP grilling tips														
107		BARBECUING & CHAR-GRILLING	11-abr	✓	AGS	2-may		MAMM		9-may	SSB		NPB			
	137	Char-grilled scallops	11 00		7,00	,				o may	002		1 2			
198		TIP barbecuing tips														
	198	PAN-FRYING	11-abr	✓	AGS	2-may		MAMM		9-may	SSB		NPB			
		Pan-frying red mullet														
199		TIP sautéing seafood	44		4.00	0				0	000		NDD			
	199	DEEP-FRYING Deep-fried tiger prawns	11-abr	<b>~</b>	AGS	2-may		MAMM		9-may	SSB		NPB			
200		TIP frying temperatures														
201	200	JAPANESE COOKING	30-mar		EGE::::	14-abr		MAMM		6-may	SSB		:::: EGE ::::			
		Hisayuki Takeuchi	30-mar	<b>√</b>	EGE	14-abr	<b>4</b>	MAMM		6-may	SSB		ĖĠĖ			
202		Intro	18-abr	·:·:·································	EST	25-abr	<b>√</b>	MAMM		13-may	SSB	14141414141	EGE		14141414141414141	11111111111
203				· /			\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \			,	SSB					
204		Intro	18-abr	*	EST	25-abr	V	MAMM		13-may			EGE			
205	204	Red miso soup with clams and sansho Salmon carpaccio with yuzu	30-mar	<b>✓</b>	EST	14-abr	<b>✓</b>	MAMM		6-may	SSB		EGE			
200	205	Prawn tempura with beer	30-mar	<b>✓</b>	EST	14-abr	1	MAMM		6-may	SSB		EGE			
206	200	Making the batter	O mai			14 abi	•	IVI/ VIVIIVI		Thay						
207	206	Classic sushi: nigiri	11-abr	✓	EST	14-abr	<b>√</b>	MAMM		6-may	SSB		EGE			
		Preparing sushi rice	11-abr	✓	EST	14-abr	1	MAMM		6-may	SSB		EGE			
		Hand-shaping sushi														
208		TIP to come														
	208	Duck breast with star anise sauce	30-mar	✓	EST	14-abr	✓	MAMM		6-may	SSB		EGE			
200		and roast figs														
209		TIP star anise sauce Left bank sushi with yellow papaya	30-mar	1	EST	14-abr	/	MAMM		6-may	SSB		EGE			
210	209	Making the sushi	JU-IIIdI		EST	14-401	V	INITAINIINI		0-illay	330		EGE			
211	210	POULTRY & GAME BIRDS : : : : : : : : : : : : : : : : : : :	22-mar	· · · · · <b>· · ·</b> · · · · ·	::::: <b>::EGE</b> :::::	::::6-abr	::: <b>:</b>	MAMM	  :::::: <b>:</b>  ✓::::::::	14-abr	NPB		NPB			1;1;1;1;1:1
		Shaun Hift	22-mar	<b>4</b>	EGE	6-abr	<b>V</b>	MAMM	V	14-abr	NPB		NPB			
212			11-abr	· · · · · · · · · · · · · · · · · · ·	MAMM	27-abr	-::: <b>Y</b> :::::	MAMM	(::::::Y::::::::::::::::::::::::::::::	13-may	NPB		NPB			
213	212			· /			· .						NPB NPB			
214		Intro	11-abr	· .	MAMM	27-abr	<b>V</b>	MAMM	✓	13-may	NPB					
245	214	PREPARING A WHOLE BIRD	22-mar	✓	MAMM	6-abr	<b>✓</b>	MAMM	✓	14-abr	NPB		NPB			
215	245	Parts of a bird; Removing the wishbone ROASTING	22-mar	<b>✓</b>	MAMM	6-abr	/	MAMM	✓	14-abr	NPB		NPB			
216	<b>∠</b> 15	CHART Roasting whole birds	22-111dl	•	IVIAIVIIVI	0-abi	•	IVI/AIVIIVI	•	1 <del>4</del> -au	INFD		INLD			
210	<u> </u>	TOTION TOUGHTING WHOLE BILLS			<u> </u>			<u> </u>	<u> </u>				<u> </u>			

	Α	В	D	l E	F	G	Ιн	l I	.J	l k l	I	l M	N	0	Р	Q
		Roasting chicken	22-mar	<u>−</u>	MAMM	6-abr	<b>√</b>	MAMM	<u>√</u>	14-abr	NPB		NPB		<u> </u>	
217	210	TIP chef's tips	22 11101			o ab.	· •	100 0000		11 001	5		2			
	217	Stuffing; Cooking stuffing separately; Sausage meat	22-mar	✓	MAMM	6-abr	✓	MAMM	✓	14-abr	NPB		NPB			
		stuffing														
		Stuffing under the skin; Watercress and apricot														
218		stuffing								4.4	NDD		NDD			
210	218	Carving chicken and other small birds  TIP presentation	22-mar	✓	MAMM	6-abr	✓	MAMM	✓	14-abr	NPB		NPB			
219	240	TIP presentation TIP carving forks: another method	22-mar	1	MAMM	6-abr	/	MAMM	✓	14-abr	NPB		NPB			
220	219	Making gravy	ZZ-mai	· ·	IVIZAIVIIVI	0-abi	<b>'</b>	IVIZ XIVIIVI	·	14-dbi	NI D		141 5			
	220	Roasting goose	22-mar	✓	AGS	6-abr	<b>√</b>	MAMM	✓	14-abr	NPB		NPB			
221		TIP giblet stock for gravy														
222	221	Carving goose and aylesbury duck	22-mar	✓	AGS	6-abr	✓	MAMM	✓	14-abr	NPB		NPB			
	222	Roasting turkey	22-mar	✓	AGS	6-abr	✓	MAMM	✓	14-abr	NPB		NPB			
		TIP serving ideas														
223		Carving: turkey legs and breast	00		4.00	0 1				44.1	NDD		NDD			
224	223	Signature dish	22-mar	<b>✓</b>	AGS	6-abr	<b>✓</b>	MAMM	✓	14-abr	NPB		NPB			
224	224	Roast quail with salad leaves & walnut dressing Squab pigeon with spices	22-mar	<b>✓</b>	AGS	6-abr	/	MAMM	<b>✓</b>	14-abr	NPB		NPB			
225	<b>44</b>	TIP chef's variations	ZZ IIIdi	,	7.00	J abi		TAIA-ZIAIIAI	,	1 T UDI	INI D		141.0			
226	225	Roast woodcock	22-mar	✓	AGS	6-abr	<b>✓</b>	MAMM	✓	14-abr	NPB		NPB			
220		Roasting mallard	22-mar	✓	AGS	6-abr	<b>√</b>	MAMM	✓	14-abr	NPB		NPB			
227		TIP celeriac mash									_		. –			
228	227	Carving wild duck	22-mar	✓	AGS	6-abr	✓	MAMM	✓	14-abr	NPB		NPB			
	228	POACHING	22-mar	✓	AGS	6-abr	✓	MAMM	✓	14-abr	NPB		NPB			
229		Chicken pot au feu with parsley hollandaise														
230	229	TIP chef's tips	22-mar	✓	AGS	6-abr	✓	MAMM	✓	14-abr	NPB		NPB			
	230	JOINTING	22-mar	✓	AGS	6-abr	✓	MAMM	✓	14-abr	NPB		NPB			
231		Cutting a bird into four pieces														
	231	Cutting a bird into eight pieces	22-mar	✓	AGS	6-abr	✓	MAMM	✓	14-abr	NPB		NPB			
		Dividing a crown														
232		Cutting chicken wings Detaching the breast section from the bone														
232	232	BONING	22-mar	<b>✓</b>	AGS	6-abr	1	MAMM	<b>✓</b>	14-abr	NPB		NPB			
	232	Boning a thigh; Boning a drumstick;	ZZ mai		7.00	o abi	*	1017 (101101		14 dbi	IVI D		141 5			
		Boning a leg														
233		TIP some advice														
	233	Signature dish	22-mar	✓	AGS	6-abr	✓	MAMM	✓	14-abr	NPB		NPB			
234	004	Poached pheasant breast with morel mushrooms	22 mar		A.C.C.	Cabr		N	<b>✓</b>	11 obs	NDD		NDD			
235	234	FRYING Southern-fried chicken	22-mar	<b>✓</b>	AGS	6-abr	<b>✓</b>	MAMM	•	14-abr	NPB		NPB			
236	235	Fried chicken escalopes	22-mar	<b>✓</b>	AGS	6-abr	1	MAMM	✓	14-abr	NPB		NPB			
		Aylesbury duck, steamed and crisp-fried	22-mar	<b>√</b>	AGS	6-abr	1	MAMM	<b>√</b>	14-abr	NPB		NPB			
237		TIP preparing ahead	22-mar	1	AGS	6-abr		MAMM	· /	14-abr	NPB		NPB			
238			22-mar	<b>*</b>	AGS	6-abr	<b>V</b>	MAMM	<b>→</b>	14-abr	NPB		NPB			
239	<b>∠</b> 38	<b>DEEP-FRYING</b> Deep-fried chicken	22-IIIdl	•	AGS	0-abi	•	IVIFAIVIIVI	•	1 <del>4</del> -aui	INLD		INED			
240	239	Stuffing a breast fillet	22-mar	✓	AGS	6-abr	<b>✓</b>	MAMM	✓	14-abr	NPB		NPB			
270		BRAISING & POT-ROASTING	22-mar	✓	AGS	6-abr	1	MAMM	✓	14-abr	NPB		NPB			
241	<u> </u>	Chicken braised in red wine				0.00					2		5			
242	241		22-mar	✓	AGS	6-abr	✓	MAMM	✓	14-abr	NPB		NPB			
		Partridge braised with wild mushrooms	22-mar	✓	AGS	6-abr	✓	MAMM	✓	14-abr	NPB		NPB			
243		TIP braising benefits														
244	243		22-mar	✓	AGS	6-abr	✓	MAMM	✓	14-abr	NPB		NPB			
	244	Signature dish	22-mar	✓	AGS	6-abr	✓	MAMM	✓	14-abr	NPB		NPB			
245		Chicken bourride	00		4.00	0 1		N 4 A A 4 C C		44	NDE		NDE			
246	245	GRILLING	22-mar	<b>✓</b>	AGS	6-abr	<b>✓</b>	MAMM	✓	14-abr	NPB		NPB			
246	246	Spatchcocking a bird for grilling Grilled pheasant breast with braised chestnut	22-mar	<b>✓</b>	AGS	6-abr	/	MAMM	<b>✓</b>	14-abr	NPB		NPB			
247	<b>4</b> 40	TIP chef's tips	ZZ-IIIdi	,	700	0-abi	<b>V</b>	INITAINIINI		1-T-au	INI D		INID			
248	247	CHART Grilling temperatures and times	22-mar	✓	AGS	6-abr	1	MAMM	✓	14-abr	NPB		NPB			
2-70		PRESERVING POULTRY	22-mar	✓	AGS	6-abr	<b>✓</b>	MAMM	✓	14-abr	NPB		NPB			
249		Confit de Canard				2 0.01										
					•				•							

	Α	В	D	E	l F	G	Н	l	J	l K	L	М	N	0	Р	Q
250	249	TIP chef's tips	22-mar	✓	AGS	6-abr	<b>√</b>	MAMM	✓	14-abr	NPB		NPB			
200		MARINATING poultry	11-abr	<b>√</b>	AGS	5-may	<b>✓</b>	MAMM	✓	13-may	NPB		NPB			
		Marinades				,										
251		TIP dry marinating	44 1		400	_				40	NDD		NDD			
252	251	Signature dish Coriander-marinated chicken kebab	11-abr	<b>✓</b>	AGS	5-may	<b>✓</b>	MAMM	✓	13-may	NPB		NPB			
252	252	OFFAL	22-mar	<b>✓</b>	AGS	6-abr	1	MAMM	✓	14-abr	NPB		NPB			
253		Chicken liver tart					,									
	253	Signature dish	22-mar	✓	AGS	6-abr	✓	MAMM	✓	14-abr	NPB		NPB			
254	254	Chicken livers iwth pasta, lemon and garlic Terrine of foie gras	22-mar	<b>✓</b>	AGS	6-abr		MAMM	<b>✓</b>	14-abr	NPB		NPB			
255		TIP terrine tips	22-mar		AGS	6-abr		MAMM	<b>*</b> ✓	14-abr	NPB		NPB			
256		: INDIAN COOKING:	22-mai	· · · · · · · · · · · · · · · · · · ·			1+1+1-2+1+	MAMM		27-abr		-1-1-1-1-1-1	NI B		*1*1*1*1*1*1*1*1	+1+1+1+1+1+1+
257		41. * . * . * . * . * . * . * . * . * . *	7-abr	7	EGE EGE	22-abr	<b>Y</b>	: MAMM: :		27-abr	SSB SSB		NPB			
258		Atul Kochhar Intro	11-abr	[	EST	22÷abr 3-may	<b>√</b>	MAMM		13-may	SSB	19191919191	NPB			19191919191
259		Intro	11-abr		EST	3-may		MAMM		13-may	SSB		NPB			
260	259	Tandoori murg; Onion Bhajis; Raita	7-abr	· ·	EST	22-abr	<b>V</b>	MAMM		27-abr	SSB		NPB			
261	260 261	Marinating; Garlic ginger paste;	7-abr	1	EST	22-abr	1	MAMM		27-abr	SSB		NPB			
	<b>∠</b> 01	Making onion bhajis	r-aui		LOI	22-401	<b>V</b>	INICAINIINI		21-aui	000		ואו ט			
262		TIP cooking bhajis														
222	262	Kadhai jhinga	7-abr	✓	EST	22-abr	✓	MAMM		27-abr	SSB		NPB			
263	262	Paneer & baby corn with ginger Tadka dal; Deep-frying paneer;	7-abr	1	EST	22-abr	/	MAMM		27-abr	SSB		NPB			
264	203	Making the tawa masala	7-abi	<b>,</b>	EST	22-a01	<b>Y</b>	INIMINI		21-aui	335		INFD			
	264	Making Bhuna gosht; Making coconut curry	7-abr	✓	EST	22-abr	<b>√</b>	MAMM		27-abr	SSB		NPB			
		sauce; Bhuna gosht														
265	205	TIP Reheating Meen molee	7-abr	1	EST	22-abr		MAMM		27-abr	SSB		NPB			
266	265	Variations	7-abi	<b>,</b>	ESI	22-a01	<b>Y</b>	IVIAIVIIVI		21-401	335		INFD			
	266		7-abr	✓	::::EGE::::	29-abr		MAMM		6-may	SSB		NPB			
267		MEAT	7-abr 7-abr	<b>Y Y</b>	EGE EGE	29-abr 29-abr		MAMM: MAMM:		6-may 6-may	\$\$B \$\$B		NPB NPB			
267 268	267				1. *** *** * * * * * * * * * * * * * * *			[[-[-[-[-[-[-[-[-					-1-1-1-1-1-1-1-1-1-1-1			
267 268 269	267 268	MEAT: Marcus:Wareing: Intro	7-abr		EGE	29-abr		MAMM		6-may	SSB		NPB			
267 268 269 270	267 268 269	MEAT: Marcus:Wareing: Intro	7-abr 11-abr		EGE EST	29-abr 3-may		MAMM:: MAMM		6-may 13-may	SSB SSB		NPB NPB			
267 268 269 270 271	267 268 269 270	MEA† :Marcus Wareing Intro Intro	7-aþr 11-abr 11-abr		EGE EST EST	29-abr 3-may 3-may		MAMM MAMM MAMM		6-may 13-may 13-may	SSB SSB SSB		NPB NPB NPB			
267 268 269 270	268 269 270 271	MEAT  Marcus Wareing  Intro  Intro  BASIC PRINCIPLES  CLASSIC CUTS  ROASTING	7-abr 11-abr 11-abr 26-abr		EGE EST EST EST	29-abr 3-may 3-may 29-abr		MAMM MAMM MAMM MAMM		6-may 13-may 13-may 6-may	SSB SSB SSB SSB		NPB NPB NPB NPB			
267 268 269 270 271 272	268 269 270 271	MEAT: Marcus:Wareing: Intro Intro BASIC PRINCIPLES CLASSIC CUTS ROASTING Roast rib of beef	7-aþr 11-abr 11-abr 26-abr 26-abr	* * * * * * * * * * * * * * * * * * *	EGE EST EST EST EST	29-abr 3-may 3-may 29-abr 29-abr		MAMM MAMM MAMM MAMM MAMM		6-may 13-may 13-may 6-may 6-may	\$\$B \$\$B \$\$B \$\$B \$\$B		NPB NPB NPB NPB NPB			
267 268 269 270 271 272	267 268 269 270 271 272	MEAT: Marcus Wareing: Intro Intro BASIC PRINCIPLES CLASSIC CUTS ROASTING Roast rib of beef TIP Resting meat	7-abr 11-abr 11-abr 26-abr 26-abr 18-abr	* * * * * * * * * * * * * * * * * * *	EGE EST EST EST EST	3-may 3-may 29-abr 29-abr 9-may		MAMM MAMM MAMM MAMM MAMM		6-may 13-may 13-may 6-may 17-may	SSB SSB SSB SSB SSB		NPB NPB NPB NPB NPB NPB			
267 268 269 270 271 272 273 274	267 268 269 270 271 272	MEAT  Marcus Wareing  Intro  Intro  BASIC PRINCIPLES  CLASSIC CUTS  ROASTING  Roast rib of beef  TIP Resting meat  TIP Yorkshire puddings	7-abr 11-abr 11-abr 26-abr 26-abr 18-abr	* * * * * * * * * * * * * * * * * * *	EGE EST EST EST EST EST	29-abr 3-may 3-may 29-abr 29-abr 9-may		MAMM MAMM MAMM MAMM MAMM MAMM		13-may 13-may 6-may 6-may 17-may	\$\$B \$\$B \$\$B \$\$B \$\$B \$\$B		NPB NPB NPB NPB NPB NPB			
267 268 269 270 271 272 273 274 275	267 268 269 270 271 272 273 274	MEAT: Marcus Wareing: Intro Intro BASIC PRINCIPLES CLASSIC CUTS ROASTING Roast rib of beef TIP Resting meat	7-abr 11-abr 11-abr 26-abr 26-abr 18-abr 18-abr 18-abr	* * * * * * * * * * * * * * * * * * *	EGE EST EST EST EST EST EST	29-abr 3-may 3-may 29-abr 29-abr 9-may 9-may		MAMM MAMM MAMM MAMM MAMM MAMM		6-may 13-may 13-may 6-may 17-may 17-may	\$\$B \$\$B \$\$B \$\$B \$\$B \$\$B		NPB NPB NPB NPB NPB NPB NPB			
267 268 269 270 271 272 273 274 275 276	267 268 269 270 271 272 273 274 275	MEAT  Marcus Wareing  Intro  Intro  BASIC PRINCIPLES  CLASSIC CUTS  ROASTING  Roast rib of beef  TIP Resting meat  TIP Yorkshire puddings  Roast leg of lamb with rosemary & garlic	7-abr 11-abr 11-abr 26-abr 26-abr 18-abr 18-abr 18-abr 18-abr	* * * * * * * * * * * * * * * * * * *	EGE EST EST EST EST EST EST EST EST	29-abr 3-may 3-may 29-abr 29-abr 9-may 9-may 9-may 9-may		MAMM MAMM MAMM MAMM MAMM MAMM MAMM MAM		13-may 13-may 6-may 6-may 17-may 17-may 17-may	\$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B		NPB NPB NPB NPB NPB NPB NPB NPB NPB			
267 268 269 270 271 272 273 274 275 276 277	267 268 269 270 271 272 273 274 275 276	MEAT  Marcus Wareing  Intro  Intro  BASIC PRINCIPLES  CLASSIC CUTS  ROASTING  Roast rib of beef  TIP Resting meat  TIP Yorkshire puddings	7-abr 11-abr 11-abr 26-abr 26-abr 18-abr 18-abr 18-abr 18-abr 18-abr 18-abr	* * * * * * * * * * * * * * * * * * *	EGE EST EST EST EST EST EST EST EST EST ES	29-abr 3-may 3-may 29-abr 29-abr 9-may 9-may 9-may 9-may 9-may		MAMM MAMM MAMM MAMM MAMM MAMM MAMM MAM		13-may 13-may 6-may 6-may 17-may 17-may 17-may 17-may	\$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B		NPB			
267 268 269 270 271 272 273 274 275 276	267 268 269 270 271 272 273 274 275 276 277	MEAT  Marcus Wareing  Intro  Intro  BASIC PRINCIPLES  CLASSIC CUTS  ROASTING  Roast rib of beef  TIP Resting meat  TIP Yorkshire puddings  Roast leg of lamb with rosemary & garlic  Slow-roast shoulder of pork (1)	7-abr 11-abr 11-abr 26-abr 26-abr 18-abr 18-abr 18-abr 18-abr 18-abr	* * * * * * * * * * * * * * * * * * *	EGE EST EST EST EST EST EST EST EST	29-abr 3-may 3-may 29-abr 29-abr 9-may 9-may 9-may 9-may 9-may 9-may		MAMM MAMM MAMM MAMM MAMM MAMM MAMM MAM		13-may 13-may 6-may 6-may 17-may 17-may 17-may 17-may 17-may	\$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B		NPB			
267 268 269 270 271 272 273 274 275 276 277 278	267 268 269 270 271 272 273 274 275 276 277	MEAT  Marcus Wareing  Intro  Intro  BASIC PRINCIPLES  CLASSIC CUTS  ROASTING  Roast rib of beef  TIP Resting meat  TIP Yorkshire puddings  Roast leg of lamb with rosemary & garlic  Slow-roast shoulder of pork (1)  CHART Roasting times and temperatures Using a meat thermometer	7-abr 11-abr 11-abr 26-abr 26-abr 18-abr 18-abr 18-abr 18-abr 18-abr 18-abr	* * * * * * * * * * * * * * * * * * *	EGE EST EST EST EST EST EST EST EST EST ES	29-abr 3-may 3-may 29-abr 29-abr 9-may 9-may 9-may 9-may 9-may		MAMM MAMM MAMM MAMM MAMM MAMM MAMM MAM		13-may 13-may 6-may 6-may 17-may 17-may 17-may 17-may	\$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B		NPB			
267 268 269 270 271 272 273 274 275 276 277 278	267 268 269 270 271 272 273 274 275 276 277 278	MEAT  Marcus Wareing  Intro  BASIC PRINCIPLES  CLASSIC CUTS  ROASTING  Roast rib of beef  TIP Resting meat  TIP Yorkshire puddings  Roast leg of lamb with rosemary & garlic  Slow-roast shoulder of pork (1)  CHART Roasting times and temperatures Using a meat thermometer Boning a saddle of lamb	7-abr 11-abr 11-abr 26-abr 26-abr 18-abr	* * * * * * * * * * * * * * * * * * *	EGE EST EST EST EST EST EST EST EST EST ES	3-may 3-may 29-abr 29-abr 9-may 9-may 9-may 9-may 9-may 9-may 9-may		MAMM MAMM MAMM MAMM MAMM MAMM MAMM MAM		13-may 13-may 6-may 6-may 17-may 17-may 17-may 17-may 17-may 17-may	\$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B		NPB			
267 268 269 270 271 272 273 274 275 276 277 278	267 268 269 270 271 272 273 274 275 276 277 278	MEAT  Marcus Wareing  Intro  BASIC PRINCIPLES  CLASSIC CUTS  ROASTING  Roast rib of beef  TIP Resting meat  TIP Yorkshire puddings  Roast leg of lamb with rosemary & garlic  Slow-roast shoulder of pork (1)  CHART Roasting times and temperatures Using a meat thermometer Boning a saddle of lamb  Stuffing and rolling a saddle	7-abr 11-abr 11-abr 26-abr 26-abr 18-abr	* * * * * * * * * * * * * * * * * * *	EGE EST EST EST EST EST EST EST EST EST ES	29-abr 3-may 3-may 29-abr 29-abr 9-may 9-may 9-may 9-may 9-may 9-may 9-may		MAMM MAMM MAMM MAMM MAMM MAMM MAMM MAM		13-may 13-may 6-may 6-may 17-may 17-may 17-may 17-may 17-may 17-may	\$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B		NPB			
267 268 269 270 271 272 273 274 275 276 277 278	267 268 269 270 271 272 273 274 275 276 277 278	MEAT: Marcus: Wareing: Intro Intro BASIC PRINCIPLES CLASSIC CUTS ROASTING Roast rib of beef TIP Resting meat TIP Yorkshire puddings Roast leg of lamb with rosemary & garlic  Slow-roast shoulder of pork (1)  CHART Roasting times and temperatures Using a meat thermometer Boning a saddle of lamb Stuffing and rolling a saddle TIP Spinach & garlic stuffing	7-abr 11-abr 11-abr 26-abr 26-abr 18-abr	* * * * * * * * * * * * * * * * * * *	EGE EST EST EST EST EST EST EST EST EST ES	3-may 3-may 29-abr 29-abr 9-may 9-may 9-may 9-may 9-may 9-may 9-may		MAMM MAMM MAMM MAMM MAMM MAMM MAMM MAM		13-may 13-may 6-may 6-may 17-may 17-may 17-may 17-may 17-may 17-may	\$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B		NPB			
267 268 269 270 271 272 273 274 275 276 277 278 280 281	267 268 269 270 271 272 273 274 275 276 277 278	MEAT  Marcus Wareing  Intro  BASIC PRINCIPLES  CLASSIC CUTS  ROASTING  Roast rib of beef  TIP Resting meat  TIP Yorkshire puddings  Roast leg of lamb with rosemary & garlic  Slow-roast shoulder of pork (1)  CHART Roasting times and temperatures Using a meat thermometer Boning a saddle of lamb  Stuffing and rolling a saddle  TIP Spinach & garlic stuffing Roast stuffed saddle of lamb	7-abr 11-abr 11-abr 26-abr 26-abr 18-abr	* * * * * * * * * * * * * * * * * * *	EGE EST EST EST EST EST EST EST EST EST ES	29-abr 3-may 3-may 29-abr 29-abr 9-may 9-may 9-may 9-may 9-may 9-may 9-may		MAMM MAMM MAMM MAMM MAMM MAMM MAMM MAM		13-may 13-may 6-may 6-may 17-may 17-may 17-may 17-may 17-may 17-may 17-may	\$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B		NPB			
267 268 269 270 271 272 273 274 275 276 277 278	267 268 269 270 271 272 273 274 275 276 277 278 279 280 281	MEAT  Marcus Wareing  Intro  BASIC PRINCIPLES  CLASSIC CUTS  ROASTING  Roast rib of beef  TIP Resting meat  TIP Yorkshire puddings  Roast leg of lamb with rosemary & garlic  Slow-roast shoulder of pork (1)  CHART Roasting times and temperatures Using a meat thermometer Boning a saddle of lamb Stuffing and rolling a saddle  TIP Spinach & garlic stuffing Roast stuffed saddle of lamb Wrapping a joint in caul	7-abr 11-abr 11-abr 26-abr 26-abr 18-abr	* * * * * * * * * * * * * * * * * * *	EGE EST EST EST EST EST EST EST EST EST ES	29-abr 3-may 3-may 29-abr 29-abr 9-may 9-may 9-may 9-may 9-may 9-may 9-may 9-may		MAMM MAMM MAMM MAMM MAMM MAMM MAMM MAM		13-may 13-may 6-may 6-may 17-may 17-may 17-may 17-may 17-may 17-may 17-may 17-may	\$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B		NPB			
267 268 269 270 271 272 273 274 275 276 277 278 280 281 282	267 268 269 270 271 272 273 274 275 276 277 278 279 280 281	MEAT  Marcus Wareing  Intro  BASIC PRINCIPLES  CLASSIC CUTS  ROASTING  Roast rib of beef  TIP Resting meat  TIP Yorkshire puddings  Roast leg of lamb with rosemary & garlic  Slow-roast shoulder of pork (1)  CHART Roasting times and temperatures Using a meat thermometer Boning a saddle of lamb Stuffing and rolling a saddle  TIP Spinach & garlic stuffing Roast stuffed saddle of lamb Wrapping a joint in caul  BAKING Shepherd's pie	7-abr 11-abr 11-abr 26-abr 26-abr 18-abr	* * * * * * * * * * * * * * * * * * *	EGE EST EST EST EST EST EST EST EST EST ES	29-abr 3-may 3-may 29-abr 29-abr 9-may 9-may 9-may 9-may 9-may 9-may 9-may		MAMM MAMM MAMM MAMM MAMM MAMM MAMM MAM		13-may 13-may 6-may 6-may 17-may 17-may 17-may 17-may 17-may 17-may 17-may	\$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B \$\$B		NPB			
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267 268 269 270 271 272 273 274 275 276 277 278 280 281 282	267 268 269 270 271 272 273 274 275 276 277 278 280 281 282	Intro Intro Intro Intro BASIC PRINCIPLES CLASSIC CUTS ROASTING Roast rib of beef TIP Resting meat TIP Yorkshire puddings Roast leg of lamb with rosemary & garlic  Slow-roast shoulder of pork (1)  CHART Roasting times and temperatures Using a meat thermometer Boning a saddle of lamb Stuffing and rolling a saddle TIP Spinach & garlic stuffing Roast stuffed saddle of lamb Wrapping a joint in caul  BAKING Shepherd's pie TIP Piping Piccalilli	7-abr 11-abr 11-abr 26-abr 26-abr 18-abr	* * * * * * * * * * * * * * * * * * *	EGE EST EST EST EST EST EST EST EST EST ES	3-may 3-may 29-abr 29-abr 29-abr 9-may		MAMM MAMM MAMM MAMM MAMM MAMM MAMM MAM		13-may 13-may 13-may 6-may 17-may 17-may 17-may 17-may 17-may 17-may 17-may 17-may 17-may	SSB		NPB			
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267 268 269 270 271 272 273 274 275 276 277 278 280 281 282	267 268 269 270 271 272 273 274 275 276 277 278 280 281 282 283 284	Intro Intro Intro Intro BASIC PRINCIPLES CLASSIC CUTS ROASTING Roast rib of beef TIP Resting meat TIP Yorkshire puddings Roast leg of lamb with rosemary & garlic  Slow-roast shoulder of pork (1)  CHART Roasting times and temperatures Using a meat thermometer Boning a saddle of lamb Stuffing and rolling a saddle TIP Spinach & garlic stuffing Roast stuffed saddle of lamb Wrapping a joint in caul BAKING Shepherd's pie TIP Piping Piccalilli Tunnel boning a leg of lamb TIP Chef's tips	7-abr 11-abr 11-abr 26-abr 26-abr 18-abr	* * * * * * * * * * * * * * * * * * *	EGE EST EST EST EST EST EST EST EST EST ES	3-may 3-may 29-abr 29-abr 29-abr 9-may		MAMM MAMM MAMM MAMM MAMM MAMM MAMM MAM		13-may 13-may 13-may 6-may 17-may 17-may 17-may 17-may 17-may 17-may 17-may 17-may 17-may 17-may	SSB		NPB			
267 268 269 270 271 272 273 274 275 276 277 278 280 281 282	267 268 269 270 271 272 273 274 275 276 277 278 280 281 282 283 284	Intro Intro Intro Intro BASIC PRINCIPLES CLASSIC CUTS ROASTING Roast rib of beef TIP Resting meat TIP Yorkshire puddings Roast leg of lamb with rosemary & garlic  Slow-roast shoulder of pork (1)  CHART Roasting times and temperatures Using a meat thermometer Boning a saddle of lamb Stuffing and rolling a saddle TIP Spinach & garlic stuffing Roast stuffed saddle of lamb Wrapping a joint in caul  BAKING Shepherd's pie TIP Piping Piccalilli Tunnel boning a leg of lamb	7-abr 11-abr 11-abr 26-abr 26-abr 18-abr	* * * * * * * * * * * * * * * * * * *	EGE EST EST EST EST EST EST EST EST EST ES	3-may 3-may 29-abr 29-abr 29-abr 9-may		MAMM MAMM MAMM MAMM MAMM MAMM MAMM MAM		13-may 13-may 13-may 6-may 17-may 17-may 17-may 17-may 17-may 17-may 17-may 17-may 17-may	SSB		NPB			

	Α	В	D	Е	F	G	Н	I	J	K	L	М	N	0	Р	Q
287		TIP Lamb gravy TIP Skewer test	18-abr	✓	EST	9-may		MAMM		17-may	NPB		NPB			
288	287	Tunnel-boned lamb in a salt crust	18-abr	✓	EST	9-may		MAMM		17-may	NPB		NPB			
289	288	Beef wellingtons  TIP Chive pancakes	18-abr	<b>✓</b>	EST	9-may		MAMM		17-may	NPB		NPB			
290		TIP Puff pastry	18-abr	✓	EST	9-may		MAMM		17-may	NPB		NPB			
291	290	Signature dish Tourte de viande	18-abr	✓	EST	9-may		MAMM		17-may	NPB		NPB			
291		Pork chops with caramelized onions  TIP Chef's tips	18-abr	✓	EST	9-may		MAMM		17-may	NPB		NPB			
293	292	BRAISING AND STEWING Irish stew	18-abr	✓	EST	9-may		MAMM		17-may	NPB		NPB			
294	293		18-abr	✓	EST	9-may		MAMM		17-may	NPB		NPB			
295	294	Rabbit with garlic and thyme	18-abr	✓	MAMM	9-may		MAMM		17-may	NPB		NPB			
296		How to make a cartouche Hare in red wine	18-abr	✓	EST	9-may		MAMM		17-may	NPB		NPB			
		Signature dish	18-abr	✓	AIZ	9-may		MAMM		17-may	NPB		NPB			
297 298		Hare royale Venison ragout TIP Wild boar	18-abr	✓	AIZ	9-may		MAMM		17-may	NPB		NPB			
299	298	Braised lamb shanks	18-abr	✓	AIZ	9-may		MAMM		17-may	SSB		NPB			
300		Daube of pork with apricots	18-abr	✓	AIZ	9-may		MAMM		17-may	SSB		NPB			
	300	Braised oxtail	18-abr	✓	AIZ	9-may		MAMM		17-may	SSB		NPB			
301 302	301	TIP Chef's tips Mirepoix	18-abr	✓	AIZ	9-may		MAMM		17-may	SSB		NPB			
	302	Preparing a belly of pork for braising	18-abr	✓	AIZ	9-may		MAMM		17-may	SSB		NPB			
303	303	Braised belly of pork recipe Signature dish	18-abr	✓	AIZ	9-may		MAMM		17-may	SSB		NPB			
304	304	Pork belly medallions Braised shoulder of lamb (1)	18-abr	<b>√</b>	AIZ	9-may		MAMM		17-may	SSB		NPB			
305		TIP Chef's tips	18-abr	1	AIZ	9-may		MAMM		17-may	SSB		NPB			
306		BOILIND AND STEAMING	18-abr	<b>√</b>	AIZ	9-may		MAMM		17-may	SSB		NPB			
307	307	Boiling a ham hock Signature dish	18-abr	✓	AIZ	9-may		MAMM		17-may	SSB		NPB			
308		Caramelized boiled bacon														
309		Lining a terrine with a cling film	18-abr	<b>V</b>	AIZ	9-may		MAMM		17-may	SSB		NPB			
310		Ham and parsley terrine recipe	18-abr	<b>∀</b>	AIZ AIZ	9-may		MAMM MAMM		17-may	SSB SSB		NPB NPB			
311		Steak and kidney pudding  TIP Suet pastry	18-abr	•	AIZ	9-may		IVIAIVIIVI		17-may						
312	-	TIP Guinness gravy	18-abr	✓	AIZ	9-may		MAMM		17-may	SSB		NPB			
		FRYING Preparing kidneys for frying Preparing liver for frying	18-abr	✓	AIZ	9-may		MAMM		17-may	SSB		NPB			
313		TIP Guidelines for successful frying Veal kidney in a creamy three mustard sauce	18-abr	<b>✓</b>	AIZ	0 may		MAMM		17-may	SSB		NPB			
314		TIP Chef's tips				9-may				-						
315		Beef stroganoff TIP Cutting fillet steak	18-abr	✓	AIZ	9-may		MAMM		17-may	SSB		NPB			
316		Meat for stroganoff	18-abr	✓	AIZ	9-may		MAMM		17-may	SSB		NPB			
047		GRILLING Char-grilling steaks	18-abr	<b>√</b>	AIZ	9-may		MAMM		17-may	SSB		NPB			
317	317	TIP Guidelines for good grilling Entrecote steaks bordelaise TIP Preparing marrow	18-abr	✓	AIZ	9-may		MAMM		17-may	SSB		NPB			
319		How to butterfly a leg of lamb	18-abr	✓	EST	9-may		MAMM		17-may	SSB		NPB			
320	319	CHART Grilling times TIP BBQ tips	18-abr	✓	EST	9-may		MAMM		17-may	SSB		NPB			
321		Veal & fois gras burgers	18-abr	✓	EST	9-may		MAMM		17-may	SSB		NPB			
322		Signature dish Poached and grilled veal fillet	18-abr	✓	EST	9-may		MAMM		17-may	SSB		NPB			
522		production and grillou vedi fillet											<u> </u>			

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	322	SPIT ROASTING	18-abr	✓	EST	9-may		MAMM		17-may	SSB		NPB			
323	323	Brining pork for spit roasting Spit-roasted brine-cured pork	18-abr	<b>✓</b>	EST	9-may		MAMM		17-may	SSB		NPB			
324		TIP Chef's tips		,	LOT	,				17 may						
325		CHINESE COOKING	14-mar	✓	EGE	31-mar	<b>V</b>	MAMM	<b>,</b>	8-abr	SSB		NPB		ESF	
326		Ken Hom	14-mar	<b>*</b>	EGE	31-mar	<b>V</b>	MAMM	<b>.</b>	8-abr	NPB		NPB		ESF	
327	<b></b>	Intro	11-abr	<b>V</b>	MAMM	27-abr	<b>1</b>	MAMM	<b>✓</b>	13-may	NPB NPB		NPB		ESF	
328	327	Intro Slicing; Shredding; Stir-frying; Steaming	11-abr 14-mar	<b>*</b>	MAMM MAMM	27-abr 31-mar	<b>√</b>	MAMM MAMM	<b>→</b>	13-may 8-abr	NPB NPB		NPB NPB		ESF ESF	
329		Steamed fishwith spring onions and ginger	14-mar	<b>V</b>	MAMM	31-mar	<b>V</b>	MAMM	<b>*</b> ✓	8-abr	NPB		NPB		ESF	
330		Stir-fried broccoli	14-mai	•			•		•							
331		Red-braised chiu chow duck	14-mar	<b>√</b>	AGS	31-mar	✓	MAMM	✓	8-abr	NPB		NPB		ESF	
332	331	Sichuan green beans; Chopping; Deep-frying; Red-braising	14-mar	<b>✓</b>	AGS	31-mar	<b>✓</b>	MAMM	✓	8-abr	NPB		NPB		ESF	
	332	Steeping	14-mar	✓	AGS	31-mar	✓	MAMM	✓	8-abr	NPB		NPB		ESF	
333	333	Cantonese-style sauce Steeped chicken	14-mar	<b>✓</b>	AGS	31-mar	1	MAMM	✓	8-abr	NPB		NPB		ESF	
335		VEGETABLES	:::: 18-abr :::::	· · · · ·	EGE	19-may		MAMM:		23-may	SSB		NPB			
336	335	Charlie Trotter	18-abr	✓	EGE	19-may		MAMM		23-may	\$\$B		NPB			
337		Intro	18-abr	✓	AGS	19-may		MAMM		23-may	SSB		NPB			
338	337	Intro	18-abr	<b>√</b>	AGS	19-may		MAMM		23-may	SSB		NPB			
339	338	LEAFY VEGETABLES Trimming, washing & drying salad leaves	18-abr	<b>✓</b>	AGS	19-may		MAMM		23-may	SSB		NPB			
333	339	Dressing a salad	18-abr	✓	AGS	19-may		MAMM		23-may	SSB		NPB			
0.10		Trimming & slicing hearty greens														
340	340	TIP Preparing spinach  CABBAGE FAMILY	18-abr	<b>1</b>	AGS	19-may		MAMM		23-may	SSB		NPB			
	340	Coring & shredding cabbage	10 001	·	7100	i io may		1717 (17117)		20 may	002		111 5			
341		TIP Sppedy shredding	40 - 1		400	40				00	000		NIDD			
	341	Our favourite coleslaw Trimming broccoli & cutting florets	18-abr	•	AGS	19-may		MAMM		23-may	SSB		NPB			
342		Trimming cauliflower / cutting florets														
	342	ONION FAMILY Peeling & dicing onions	18-abr	<b>✓</b>	AGS	19-may		MAMM		23-may	SSB		NPB			
343		TIP Slicing onions														
	343	Peeling & chopping garlinc	18-abr	✓	AGS	19-may		MAMM		23-may	SSB		NPB			
344	211	Washing leeks & cutting into julienne SQUAH FAMILY	18-abr	<b>✓</b>	AGS	19-may		MAMM		23-may	SSB		NPB			
	344	Halving, seeding & peeling winter squashes Grating	10-451		AGG	10-may		IVIZAIVIIVI		20-111ay	ООВ		I III B			
345		summer squash	40		400	40				00	005		NDD			
	345	Cutting batonets ROOT & TUBER FAMILY	18-abr	<b>~</b>	AGS	19-may		MAMM		23-may	SSB		NPB			
346		Turning														
347	346	Slicing thinly Peeling & cutting into batonnets	18-abr	<b>✓</b>	AGS	19-may		MAMM		23-may	SSB		NPB			
341	347	Signature dish	18-abr	✓	AGS	19-may		MAMM		23-may	SSB		NPB			
	J	Raw beetroot ravioli with herb cashew cheese								,						
348	310	and mustard vinaigrette STALKS & SHOOTS FAMILY	18-abr	<b>/</b>	AGS	19-may		MAMM		23-may	SSB		NPB			
349		Trimming globe artichokes to serve whole	10 001	·		10 may				20 may						
	349	Preparing artichoke bottoms	18-abr	✓	AGS	19-may		MAMM		23-may	SSB		NPB			
350		Preparing asparagus  TIP Stringing celery														
320	350	PODS & SEEDS	18-abr	✓	AGS	19-may		MAMM		23-may	SSB		NPB			
351		Removing strings Cutting off sweetcorn kernels														
331	351	MUSHROOMS	18-abr	✓	AGS	19-may		MAMM		23-may	SSB		NPB			
		Rehydrating dried mushrooms														
352		TIP Cleaning fresh mushrooms TIP Preparing wild mushrooms & truffles														
302		/ ropaining with material control at traffico						<u> </u>								

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		FRUIT VEGETABLES	18-abr	_	AGS	19-may		MAMM	23	3-may	SSB	141	NPB	Ü	•	<u> </u>
		Halving & stoning avocado	10-au	•	AGS	19-illay		IVIAIVIIVI	23	D-IIIay	336		INFD			
353		TIP Preventing brwoning														
000		Peeling & dicing avocado	18-abr	✓	AGS	19-may		MAMM	23	3-may	SSB		NPB			
354	333	Easy guacamole	10 001	·	7.00	To may		IVI7 (IVIIVI		inay	COD		NID			
007		Roasting, peeling & slicing peppers	18-abr	<b>✓</b>	AGS	19-may		MAMM	23	3-may	SSB		NPB			
355	JJ4	TIP Grill-roasting	10 001		7.00	l io may				, may	002		5			
356	355	Skinning, seeding & chopping tomatoes	18-abr	✓	AGS	19-may		MAMM	23	3-may	SSB		NPB			
330	356		18-abr	<b>✓</b>	AIZ	19-may		MAMM		3-may	SSB		NPB			
357	336	Dehydrating tomatoes	10-451	, v	AIZ	13-may		IVIZIVIIVI		)-iiiay	ООВ		INI D			
007		Signature dish	18-abr	✓	AIZ	19-may		MAMM	23	3-may	SSB		NPB			
	331	Chilled clear cucumber soup with watermelon,	10 001		7.112	10 may		IVID CIVILVI		inay	CCD		111 5			
250		apple and jicarna														
358		BOILING	18-abr	_/	AIZ	19-may		MAMM	22	3-may	SSB		NPB			
	330	Boiling green vegetables	10-au	•	AIZ	19-illay		IVIAIVIIVI	23	D-IIIay	336		INFD			
359		TIP Degrees of cooking														
000	350	STEAMING	18-abr	✓	AIZ	19-may		MAMM	23	3-may	SSB		NPB			
	333	Steaming broccoli			, <u> </u>	10					332					
360		Boiling & steaming vegetables														
360		COOKING EN PAPILLOTE	18-abr	<b>✓</b>	AIZ	19-may		MAMM	22	3-may	SSB		NPB			
		Baby carrots & turnips en papillote	10-401		AIL.	19-illay		INITAINIINI	23	Tilay	335		INI D			
361		TIP Cooking en papillote														
001		MICROWAVING	18-abr	✓	AIZ	19-may		MAMM	23	3-may	SSB		NPB			
		Microwaved baby artichokes	10 001		7	l io may				, may	002		5			
362		TIP Microwave tips														
	362	SOUS VIDE	18-abr	✓	AIZ	19-may		MAMM	23	3-may	SSB		NPB			
		Sous vide poached turnips														
363		TIP Sealable plastic bags														
		Signature dish	18-abr	✓	AIZ	19-may		MAMM	23	3-may	SSB		NPB			
		Sous vide poached salsify, yellow beetroot and														
364		carrots				10										
005		BAKING AND ROASTING	18-abr	✓	AIZ	19-may		MAMM	23	3-may	SSB		NPB			
365		Baked beetroot	40 -b-	,	A 1.7	10		N 4 A N 4 N 4			COD		NDD			
	365	Roast butternut squah	18-abr	•	AIZ	19-may		MAMM	23	3-may	SSB		NPB			
366		CHART roasting garlic	40 - 5		A 1.7	40		D 4 0 D 4 D 4	00		000		NDD			
	366	Potato Gratin PURÉEING	18-abr	<b>V</b>	AIZ	19-may		MAMM	23	3-may	SSB		NPB			
		Using a food mill														
367		Using a sieve														
307		STUFFING	18-abr	1	AIZ	19-may		MAMM	23	3-may	SSB		NPB			
	JU1	Peppers with wild rice stuffing	TO GIOT		/ 1/4	To may				. may	COD		111 0			
368		TIP A handy tool														
	368	SAUTEING	18-abr	✓	AIZ	19-may		MAMM	23	3-may	SSB		NPB			
		Sautéing firm vegetables														
369		Sautéing leafy green vegetables														
		Glazed sautéed carrots	18-abr	✓	AIZ	19-may		MAMM	23	3-may	SSB		NPB			
		CHART Timings for sautéing vegetables														
370	0=0	TIP Fats for sautéing & frying	40 ahii		A 1-7	10		N A N A N A		) 100 511	000		NDD			
		BRAISING & STEWING	18-abr	✓	AIZ	19-may		MAMM	23	3-may	SSB		NPB			
		Braised red cabbage  CHART Timings for braising & stewing vegetables														
371		TIP Mirepoix														
		Signature dish	18-abr	✓	AIZ	19-may		MAMM	23	3-may	SSB		NPB			
		Curry & kaffir lime-braised vegetables with basmati			, sie	Tomay					235		5			
372		rice														
	372	PAN-FRYING	18-abr	✓	AIZ	19-may		MAMM	23	3-may	SSB		NPB			
	~ - <b>-</b>	Pan-fried cauliflower				,										
373		CHART Timings for pan-frying vegetables														
		DEEP-FRYING	18-abr	✓	AIZ	19-may		MAMM	23	3-may	SSB		NPB			
		Sweet potato crisps														
		CHART Timings for deep-frying vegetables														
374		TIP Testing oil temperature														

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	374	GRILLING & BARBECUING	18-abr	<b>✓</b>	AIZ	19-may		MAMM		23-may	SSB		NPB			
		Barbecuing; Grilling; Char-grilling	10 001		7.1.2	. o may				20	002		1 2			
		TIP Tips for success														
375		Char-grilled courgettes														
	375	PICKLING	18-abr	✓	AIZ	19-may		MAMM		23-may	SSB		NPB			
376		Quick-pickled cucumbers				•				,						
	376	MAKING A VEGETABLE TERRINE	18-abr	✓	AIZ	19-may		MAMM		23-may	SSB		NPB			
377		Terrine of baby carrots														
		Signature dish	18-abr	✓	AIZ	19-may		MAMM		23-may	SSB		NPB			
070		Asparagus & goat's cheese terrine with														
378		mâche and dill		*.*.*.						1.00(1.11.11	665					<del> </del>
379		PASTA & DUMPLINGS	30-mar	<b>*</b>	EGE	14-abr	✓	MAMM		21-abr	SSB		NPB			
380	379	Michael Romano	:::: 30-mar	<b>~</b>	ĖĠĖ	14-abr	✓	: :MAMM: :		21-abr	SSB		NPB			
381	380	Intro	11-abr	✓	AIZ	5-may	✓	MAMM		13-may	SSB		NPB			
382	381	Intro	11-abr	✓	AIZ	5-may	✓	MAMM		13-may	SSB		NPB			
002		MAKING FRESH PASTA	30-mar	✓	MAMM	8-abr	<b>/</b>	MAMM		21-abr	SSB		NPB			
383		Making pasta dough by hand				5 5.6.	'									
	383	Using a machine	30-mar	✓	MAMM	8-abr	<b>✓</b>	MAMM		21-abr	SSB		NPB			
384		TIP flavouring/coloring the dough														
385	384	Stretching pasta dough by hand	30-mar	✓	AIZ	14-abr	✓	MAMM		21-abr	SSB		NPB			
	385	Cutting pasta dough by hand;	30-mar	✓	AIZ	14-abr	✓	MAMM		21-abr	SSB		NPB			
386		Square shapes; Noodles														
		Stretching and cutting pasta dough with	30-mar	✓	AIZ	14-abr	✓	MAMM		21-abr	SSB		NPB			
387		a machine														
	387	Cooking fresh or dried pasta	30-mar	✓	AIZ	14-abr	✓	MAMM		21-abr	SSB		NPB			
388		TIP how do you know when pasta is done?	00		A 1.7	4.4		D 4 0 D 4 D 4		04 - 1	000		NDD			
200		SERVING FRESH PASTA	30-mar	✓	AIZ	14-abr	✓	MAMM		21-abr	SSB		NPB			
389		Fazzoletti with zucchini-marjoram sauce Fettucine with sweet corn & gorgonzola cream	30-mar	1	AIZ	14-abr	/	MAMM		21-abr	SSB		NPB			
390		STUFFING PASTA		•	AIZ		· ·				SSB		NPB			
391		Shaping tortelloni; Making raviolini	30-mar	•	AIZ	14-abr	<b>✓</b>	MAMM		21-abr	55B		INPB			
		Tortelloni with crabmeat & artichoke	30-mar	1	AIZ	14-abr		MAMM		21-abr	SSB		NPB			
392				-			•				SSB		NPB			
		Signature dish Ricotta raviolini with mushrooms,	30-mar	•	AIZ	14-abr	<b>Y</b>	MAMM		21-abr	55B		INPB			
393		lettuce & mint														
000		BAKING PASTA	30-mar	✓	AIZ	14-abr	/	MAMM		21-abr	SSB		NPB			
394		Anelletti al forno			7		'									
		MAKING DUMPLINGS	30-mar	✓	AIZ	14-abr	✓	MAMM		21-abr	SSB		NPB			
395		Making spaetzle; Red chard spaetzle														
		Matzo balls	30-mar	✓	AIZ	14-abr	✓	MAMM		21-abr	SSB		NPB			
396		Susan Friedland's matzo ball soup	22					B 4 4 5 45 5		64	225					
397		Potato gnocchi	30-mar	<b>√</b>	AIZ	14-abr	✓	MAMM		21-abr	SSB		NPB			
		Signature dish	30-mar	✓	AIZ	14-abr	✓	MAMM		21-abr	SSB		NPB			
		Porcini gnocchi with prosciutto														
398	000	and parmigiano cream	1.1.1.20 mach 1.1.1.		· . · . · . <b>-</b>	40.55		N A A A A A	 	10.55	. , . , . , м (дар. , . , . , . ,		 			
399		ASIAN NOODLES & DUWPLINGS	30-mar		EGE !	12-abr	<b>Y</b>	MAMM		10-apr	NPB		NPB			
400		Christine Manfield	30-mar	· · · · <b>· ·</b> · · · ·	EGE	12-abr	√	: MAMM: :		18-abr:	NPB		NPB			
401	400	Intro	11-abr	✓	EST	5-may	✓	MAMM		13-may	NPB		NPB			
402	401	CHART Making fresh egg noodles?	11-abr	✓	EST	5-may	✓	MAMM		13-may	NPB		NPB			
	402	Boiling noodles	30-mar	✓	EST	12-abr	✓	MAMM		18-abr	NPB		NPB			
403		Udon noodle soup														
		Signature dish	30-mar	✓	EST	12-abr	✓	MAMM		18-abr	NPB		NPB			
		Black pepper chicken tea, noodles														
404		and watercress	20	-	FOT	40 -1	,	N A A B A B A		40 -1	NDD		NDD			
		Cold noodles: Sesame chicken and	30-mar	✓	EST	12-abr	✓	MAMM		18-abr	NPB		NPB			
405		noodle salad Stir-frying: Honey & sesame beef with rice sticks														
405		Stir-frying: Honey & sesame beer with rice sticks Stir-frying: Somen noodles with clams & mussels	30-mar	<b>✓</b>	EST	12-abr	/	MAMM		18-abr	NPB		NPB			
406		Deep-frying: noodle-wrapped tiger prawns	30-IIIai	•	EST	12-401	<b>V</b>	IVIAIVIIVI		10-401	INFD		INCD			
700	406	Making wontons for soup	30-mar	✓	EST	12-abr	1	MAMM		18-abr	NPB		NPB			
407	700	Chicken & chive wonton soup	Jo mai			12 001		1417 (141141		15 051	'*'		''' 5			
		1			I			<u> </u>	1		1		<u> </u>			

	Α	В	D	Е	F	G	Н	I	J	K	L	М	N	0	Р	Q
	407	Deep-frying tofu skin dumplings	30-mar	✓	EST	12-abr	<b>√</b>	MAMM		18-abr	NPB		NPB			
408		Mushroom & tofu skin pastries														
		Wheat starch wrappers for dumplings	30-mar	✓	EST	12-abr	✓	MAMM		18-abr	NPB		NPB			
409		Prawn & water chestnut dumplings														
		Potato dumpling wrappers	30-mar	✓	EST	12-abr	✓	MAMM		18-abr	NPB		NPB			
410		Prawn & pork potato dumplings				6'4'						*.*.*.*.*.				
411		THATCOOKING	1.6-mar		ÉGE	31-mar	✓ :	MAMM	<b>.</b>	8-abr	NPB		NPB			
412	411	David Thompson	16-mar	✓	EGE	31-mar	✓	MAMM	<b></b>	8-abr	NPB		NPB			
413	412	Intro	18-abr	✓	MAMM	25-abr	✓	MAMM	✓	13-may	NPB		NPB			
414	413	Intro	18-abr	✓	MAMM	25-abr	✓	MAMM	✓	13-may	NPB		NPB			
	414	Spicy relish of prawns & pea aubergines	16-mar		MAMM	31-mar	✓	MAMM		8-abr	NPB		NPB			
415		with sweet pork														
	415	Prawn tomalley; Pounding the spicy relish	16-mar		MAMM	31-mar	✓	MAMM		8-abr	NPB		NPB			
416		Deep-frying shallots	16 mar		FOT	24 mar		NA O NANA		O obs	NDD		NDD			
		Stir-fried Siamese watercress with yellow beans, garlic & chillis	16-mar	✓	EST	31-mar	✓	MAMM	✓	8-abr	NPB		NPB			
417		Snake gourd, egg & crab soup														
	417	Thai chicken soup	16-mar	✓	EST	31-mar	<b>✓</b>	MAMM	✓	8-abr	NPB		NPB			
		Preparing snake gourd or cucumber														
418		Cooking rice by the absorption method														
		Green curry paste	16-mar	✓	EST	31-mar	✓	MAMM	✓	8-abr	NPB		NPB			
419		Preparing coconut	10 mm		FOT	24		N / A N / B /	✓	O obr	NDD		NDD			
420	419	Coconut cream; Cracked cream; Green curry of beef with corn and Thai basil	16-mar	✓	EST	31-mar	✓	MAMM	<b>,</b>	8-abr	NPB		NPB			
	420	GRAINS & PULSES	22-mar	1:1:1:4/:1:1	EGE	6-abr		MAMM		14-abr	NPB		NPB			
421		[. * . * . * . * . * . * . * . * . * . *	22-mar		EGE	6-abr	<b>1</b>	MAMM:		14 abr	NPB		NPB			
422		Paul Gayler Intro	20-abr	4;4;4 <u>4</u> 4;4;4	AIZ	5-may	·::::*::::::::::::::::::::::::::::::::	MAMM		13-may	NPB	<u> </u>	NPB	111111111111	1111111111111111	
423					AIZ	•	<b>Y</b>	MAMM			NPB		NPB			
424		Intro	20-abr	•		5-may	<b>V</b>			13-may						
	424	RICE Washing/rinsing; Soaking; Toasting; Steaming;	22-mar	✓	MAMM	6-abr	✓	MAMM		14-abr	NPB		NPB			
		Using leftover cooked rice														
		The absorption method														
425		TIPS for perfect rice														
	425	Boiling rice	22-mar	✓	MAMM	6-abr	✓	MAMM		14-abr	NPB		NPB			
		TIP other ways to cook rice														
426		CHART preparation & cooking times	22-mar	✓	AIZ	6-abr	<b>✓</b>	MAMM		14-abr	NPB		NPB			
427		Basic Pilaff TIP Pilaff additions	ZZ-IIIdI	•	AIZ	0-abi	•	IVIAIVIIVI		14-abi	INFD		INFD			
428		Paella	22-mar	✓	AIZ	6-abr	<b>✓</b>	MAMM		14-abr	NPB		NPB			
120		Basic risotto	22-mar	✓	AIZ	6-abr	<b>✓</b>	MAMM		14-abr	NPB		NPB			
429		TIP how to excel														
		Signature dish	22-mar	✓	AIZ	6-abr	✓	MAMM		14-abr	NPB		NPB			
430		Suppli al telefono	00		A 1.7	0 -1-		N / A N / A A		44 -1	NDD		NDD			
431		Egg fried rice TIP nasi goreng	22-mar	✓	AIZ	6-abr	✓	MAMM		14-abr	NPB		NPB			
431		Congee	22-mar	<b>√</b>	AIZ	6-abr	1	MAMM		14-abr	NPB		NPB			
432		TIP chicken dumplings	LL mai		/ 112	J GDI	•	IVI/ VIVIIVI		1 7 001			111.5			
- 32		Rice paper wrappers	22-mar	✓	AIZ	6-abr	✓	MAMM		14-abr	NPB		NPB			
433		Steamed seafood wraps														
	433	CORN (MAIZE)	22-mar	✓	AIZ	6-abr	✓	MAMM		14-abr	NPB		NPB			
434		Buttermilk cornbread	22 mc=	<b>√</b>	A 1.7	e ch-		N / A N / N /		14 05	NPB		NIDD			
435		Making soft Polenta  TIP soft polenta ideas	22-mar	•	AIZ	6-abr	<b>✓</b>	MAMM		14-abr	NAR		NPB			
430		Grilling Polenta	22-mar	<b>✓</b>	AIZ	6-abr	1	MAMM		14-abr	NPB		NPB			
		TIP grilled polenta ideas			7	3 451		,,			5		"" 5			
436		CHART Forms and uses of other grains														
	436	WHEAT	22-mar	<b>✓</b>	AIZ	6-abr	✓	MAMM		14-abr	NPB		NPB			
407		Bulgur tabbouleh														
437		TIP Bulgur pilaff	22 mor	<b>√</b>	AIZ	6 chr		MAMM		14 obr	NPB		NPB			
438		Signature dish Summer fruit tabbouleh	22-mar	•	AIZ	6-abr	<b>✓</b>	IVIAIVIIVI		14-abr	INFD		INFO			
430								<u> </u>					<u> </u>		<u> </u>	

	Α	В	D	Е	F	G	Н		J	K	L	M	N	l 0	Р	Q
	438	Couscous	22-mar	✓	AIZ	6-abr	✓	MAMM		14-abr	NPB		NPB			
439		TIP adding herbs & spices														
	439	Signature dish	22-mar	✓	AIZ	6-abr	✓	MAMM		14-abr	NPB		NPB			
440	440	Roast baby chicken with couscous stuffing Semolina: Gnocchi alla romana	22-mar		AIZ	6-abr		MAMM		14-abr	NPB		NPB			
441				· ·			<b>V</b>									
442	441	TIP baking or grilling TIP finishing fried gnocchi	22-mar	•	AIZ	6-abr	<b>~</b>	MAMM		14-abr	NPB		NPB			
442	442	BASIC PREPARATION OF PULSES	22-mar	<b>✓</b>	AIZ	6-abr	1	MAMM		14-abr	NPB		NPB			
	772	Sorting & rinsing; Soaking; Quick-soaking;			7—	<b>5</b> 3.2.										
		Adding flavour														
443		TIP using canned pulses														
	443	Cooking on the stove top	22-mar	✓	AIZ	6-abr	✓	MAMM		14-abr	NPB		NPB			
444		Other cooking options  CHART Soaking & cooking times for pulses														
777	444	Puréeing: hummus	22-mar	✓	AIZ	6-abr	<b>✓</b>	MAMM		14-abr	NPB		NPB			
445		TIP bigilla														
446	445	Pasta e fagioli	22-mar	✓	AIZ	6-abr	✓	MAMM		14-abr	NPB		NPB			
447	446	Mashing: Refried beans	22-mar	✓	AIZ	6-abr	✓	MAMM		14-abr	NPB		NPB			
448	447	Stewing: Dal	22-mar	✓	AIZ	6-abr	✓	MAMM		14-abr	NPB		NPB			
449		Slow cooking on the stovetop: Cocido español	22-mar	✓	AIZ	6-abr	✓	MAMM		14-abr	NPB		NPB			
450		Slow cooking in oven: Boston baked beans	22-mar	✓	AIZ	6-abr	<b>✓</b>	MAMM		14-abr	NPB		NPB			
700		Deep-frying: Falafel	22-mar	✓	AIZ	6-abr	<b>✓</b>	MAMM		14-abr	NPB		NPB			
451	.55	TIP black-eyed bean fritters								J						
	451	Shallow-frying: Dosas	22-mar	✓	AIZ	6-abr	✓	MAMM		14-abr	NPB		NPB			
452		Sprouting	00		A 1.7	0 1		N 4 A N 4 N 4		44.1	NDD		NDD			
453	452	Salads: Warm lentil salad with scallops Soya beans: Tofu; Tempeh	22-mar	✓	AIZ	6-abr	✓	MAMM		14-abr	NPB		NPB			
400	153	Signature dish	22-mar	1	AIZ	6-abr	1	MAMM		14-abr	NPB		NPB			
454	433	Hot Asian salad with tofu dressing	ZZ mai	ŕ	7112	o abi	<b>'</b>	1017 (10110)		11 001	14. 5		111.5			
455	454	BREADS & BATTERS	::::30-mar	√	EGE	:: 14-abr		MAMM		21-abr	SSB		NPB			
456		Dan Lepard	30-mar	✓	EGE	14-abr		MAMM		21-abr	\$SB		NPB			
457		Intro	11-abr	✓	AIZ	5-may		MAMM		13-may	SSB		NPB		<u> </u>	
458		Intro	11-abr	✓	AIZ	5-may		MAMM		13-may	SSB		NPB			
750		MAKING YEAST-RISEN BREAD	30-mar	✓	MAMM	8-abr		MAMM		21-abr	SSB		NPB			
459	400	Simple white or wholemeal bread				5 5.0.										
	459	Mixing the dough	30-mar	✓	MAMM	8-abr		MAMM		21-abr	SSB		NPB			
460	100	TIP measuring liquids	00		A 1.7	4.4 - 1		N 4 A N 4 N 4		04 -1	000		NDD			
461	460	Kneading the dough; Shaping the dough  TIP which oil?	30-mar	✓	AIZ	14-abr		MAMM		21-abr	SSB		NPB			
462	461	Shaping a round loaf; Shaping a baton	30-mar	<b>✓</b>	AIZ	14-abr		MAMM		21-abr	SSB		NPB			
702		Shaping rolls & breadsticks; Shaping rolls;	30-mar	<b>✓</b>	AIZ	14-abr		MAMM		21-abr	SSB		NPB			
	702	Shaping Breadsticks	50 11131		7			,			202		"" 5			
		The final rise;														
463	4	For a ball loaf; for a tin loaf; for a baton	0.2			4.4		N 4 A B 4		04 :	005					
	463	Getting the loaf ready for baking; Slashing the dough; Creating a humid environment;	30-mar	✓	AIZ	14-abr		MAMM		21-abr	SSB		NPB			
464		Checking if bread is done														
707	464	BAKING WITH A NATURAL LEAVEN	30-mar	✓	AIZ	14-abr		MAMM		21-abr	SSB		NPB			
465		A natural leaven; Storing leaven														
466		Simple leaven bread	30-mar	✓	AIZ	14-abr		MAMM		21-abr	SSB		NPB			
	466	Folding during initial rise	30-mar	✓	AIZ	14-abr		MAMM		21-abr	SSB		NPB			
467	40-	TIP helping dough rise	20	,	A 1 -7	44		N A N A N A		04	CCD		NDD			
468	467	Signature dish English leaven bread with potatoes and ale	30-mar	<b>✓</b>	AIZ	14-abr		MAMM		21-abr	SSB		NPB			
400	468	MAKING RYE BREAD	30-mar	<b>✓</b>	AIZ	14-abr		MAMM		21-abr	SSB		NPB			
469		Simple rye loaf	o mai													
470	469	Wholegrain rye bread	30-mar	✓	AIZ	14-abr		MAMM		21-abr	SSB		NPB			
		PIZZAS	30-mar	✓	AIZ	14-abr		MAMM		21-abr	SSB		NPB			
	-	Pizza dough														
474		TIP rolling the dough														
471		Pizza di acciugata alla torrese														

	Α	В	D	E	F	G	Н	I	J	K	L	М	N	0	P	Q
472	471	Hot cheese and radiccio pie	30-mar	✓	AIZ	14-abr		MAMM		21-abr	SSB		NPB			
		MAKING LOW-RISEN BREADS	30-mar	✓	AIZ	14-abr		MAMM		21-abr	SSB		NPB			
473		Simple white soft dough Pide														
474	473	Focaccia TIP to come	30-mar	✓	AIZ	14-abr		MAMM		21-abr	SSB		NPB			
777	474	Signature dish	30-mar	✓	AIZ	14-abr		MAMM		21-abr	SSB		NPB			
475		Flat bread with pumpkin, green olives and shallots														
	475	Lavash	30-mar	✓	AIZ	14-abr		MAMM		21-abr	SSB		NPB			
476 477	476	Pita bread Naan bread	30-mar	<b>✓</b>	AIZ	14-abr		MAMM		21-abr	SSB		NPB			
477		MAKING CRISP, FLAT WHEAT-FREE B	30-mar	✓	AIZ	14-abr		MAMM		21-abr	SSB		NPB		'	
470		READS														
478	478	Crisp rye bread Oatcakes	30-mar	<b>✓</b>	AIZ	14-abr		MAMM		21-abr	SSB		NPB			
479	470	MAKING QUICK BREADS Corn bread	<b>555</b> .		, <u> </u>	3.3.					002		2			
480	479	Cinnamon and date tea bread	30-mar	✓	AIZ	14-abr		MAMM		21-abr	SSB		NPB		'	
		MAKING BATTERS	30-mar	✓	AIZ	14-abr		MAMM		21-abr	SSB		NPB			
481		Pancakes	20 mar	<b>/</b>	AIZ	14 obs		MAMM		21 abs	SSB		NPB			
482		TIP to come Thick pancakes	30-mar	<u> </u>	AIZ	14-abr				21-abr						
483	482	Blini Yorkshire pudding	30-mar	<b>✓</b>	AIZ	14-abr		MAMM		21-abr	SSB		NPB			
484	483	Clafoutis	30-mar	✓	AIZ	14-abr		MAMM		21-abr	SSB		NPB		'	
485		Crumpets	30-mar	✓	AIZ	14-abr		MAMM		21-abr	SSB		NPB			
486		Cream waffles	30-mar	✓	AIZ	14-abr		MAMM		21-abr	SSB		NPB		'	
487	486	MEXICAN COOKING:	:30-mar	✓	EGE	12-abr	✓	MAMM		18-abr	SSB		EGE			
488	487	Rick Bayless	30-mar	✓	EGE	1 <b>2</b> -abr	✓	MAMM		18-abr	SSB		ÉĞÉ			
489	488	Intro	18-abr	<b>✓</b>	EST	25-abr	✓	MAMM		13-may	SSB		ÉGÉ			
490		Intro	18-abr	✓	EST	25-abr	✓	MAMM		13-may	SSB		EGE			
491		Squash blossom-filled corn masa boats	30-mar	✓	EST	12-abr	✓	MAMM		18-abr	SSB		EGE		'	
492		Making sopes	30-mar	<b>√</b>	EST	12-abr	<b>√</b>	MAMM		18-abr	SSB		EGE			
	492	Preparing squash blossoms Dry-roasting & peeling chilies	30-mar	<b>~</b>	EST	12-abr	<b>✓</b>	MAMM		18-abr	SSB		EGE			
493		Preparing tomatillos													'	
494		Tortilla soup with chili, cheese and avocado	30-mar	✓	EST	12-abr	✓	MAMM		18-abr	SSB		EGE			
495	494	Rehydrating dried chilies Braised pork in red chili sauce	30-mar	<b>~</b>	EST	12-abr	<b>~</b>	MAMM		18-abr	SSB		EGE			
	495	Lime ice cream with cajeta	30-mar	✓	EST	12-abr	✓	MAMM		18-abr	SSB		EGE			
496	100	Simmering cajeta PASTRY: & BISCUITS::::::::::::::::::::::::::::::::::::	::::::11÷abr::::::	[+]+[ <b>√</b> ]+[+]	EGE	29-abr		MAMM	<u>.</u> : 4 : 4 : 4 : 4 : 4 : 4 : 4 : 4	6-may	SSB	+ 1 + 1 + 1 + 1 + 1 + 1 + 1 + 1 + 1 + 1	NPB	14141414141414	: - : - : - : - : - : - : -	+1+1+1+1+1+1
497 498		Pierre Hermé	11-abr	✓	EGE	29-abr	<b>V</b>	MAMM		6-may	SSB		NPB			
499		Intro: ingredients	11-abr	✓	AIZ	5-may	✓	MAMM		13-may	SSB		NPB			
500		Intro: fats & oils in pastry	11-abr	✓	AIZ	5-may	✓	MAMM		13-may	SSB		NPB			
	500	PASTRY Pâte brisée (Shortcrust pastry)	11-abr	<b>✓</b>	AIZ	29-abr	✓	MAMM		6-may	SSB		NPB			
501		To make by hand														
502	501	To make in the food processor  TIP Chilling time	11-abr	✓	AIZ	29-abr	✓	MAMM		6-may	SSB		NPB			
503	502	Rolling out and lining a tart tin	11-abr	✓	AIZ	29-abr	✓	MAMM		6-may	SSB		NPB			
504		TIP cracking	11-abr	✓	AIZ	29-abr	✓	MAMM		6-may	SSB		NPB			
505		Pear tart bourdaloue	11-abr	✓	AIZ	29-abr	✓	MAMM		6-may	SSB		NPB			
506	505	Signature dish Crimchy tart with pistachios and cherries	11-abr	✓	AIZ	29-abr	✓	MAMM		6-may	SSB		NPB			
000	506	Baking pâte brisé blind; Pâte sucrée	11-abr	✓	AIZ	29-abr	✓	MAMM		6-may	SSB		NPB			
[ [		To make by hand														
507		TIP chef's tips													<u> </u>	

	Α	В	D	E	F	G	Н	I	J	K	L	М	N	0	Р	Q
508	507	To make in the electric mixer	11-abr	✓	AIZ	29-abr	✓	MAMM		6-may	SSB		NPB			
	508	Tarte au citron (lemon tart)	11-abr	✓	AIZ	29-abr	✓	MAMM		6-may	SSB		NPB			
509		TIP lemon cream	44 obs	1	A 1.7	20 ahr				6	SSB		NPB			
510	509	Cinnaman nâta aghléa (ayyaat ainnaman naatry)	11-abr	<b>*</b>	AIZ AIZ	29-abr 29-abr	<b>√</b>	MAMM MAMM		6-may	SSB		NPB NPB			
	510	Cinnamon pâte sablée (sweet cinnamon pastry) To make by hand	11-abr	•	AIZ	29-801	<b>✓</b>	IVIAIVIIVI		6-may	99B		INPB			
		To make in a food processor														
511		TIP Storing pastry						l								
512		Rolling out pastry and baking as a disc	11-abr	<b>√</b>	AIZ	29-abr	<b>√</b>	MAMM		6-may	SSB		NPB			
513	• . –	Mozart	11-abr	<b>*</b>	AIZ	29-abr	<b>1</b>	MAMM		6-may	SSB		NPB			
514	513	Leavester due Ster Constituté et /Illianister en All modifi	11-abr	<b>√</b>	AIZ	29-abr	<b>✓</b>	MAMM		6-may	SSB		NPB			
515		Inverted pâte feuilletée ("inside-out" puff pastry)	11-abr	<b>✓</b>	AIZ	29-abr	<b>✓</b>	MAMM		6-may	SSB		NPB			
516	515	pasti y j	11-abr	✓	AIZ	29-abr	1	MAMM		6-may	SSB		NPB			
0.0		To roll out and bake pâte feuilletée	11-abr	✓	AIZ	29-abr	<b>✓</b>	MAMM		6-may	SSB		NPB			
		TIP chef's tips														
517	E47	Inverted caramelized pâte feuilletée Signature dish	11-abr	1	AIZ	29-abr	/	MAMM		6-may	SSB		NPB			
518		Arlettes	i i-aui		\\\_\	29-001	<b>V</b>	I IAI\\\IAIIAI		0-may	JJD		INFD			
	518	Croissants	11-abr	✓	AIZ	29-abr	✓	MAMM		6-may	SSB		NPB			
519		TIP freezing	11 ohn		A 1.7	20 cha		N A N A N A		6 222	CCD		NIDD			
520		TIP variations	11-abr	<b>√</b>	AIZ AIZ	29-abr	<b>√</b>	MAMM MAMM		6-may	SSB SSB		NPB NPB			
521		Brioche dough TIP chef's tips	11-abr	•	AIZ	29-abr	<b>✓</b>	IVIAIVIIVI		6-may	55B		INPB			
522		Raisin brioches	11-abr	✓	AIZ	29-abr	✓	MAMM		6-may	SSB		NPB			
523		Kugelhopf	11-abr	✓	AIZ	29-abr	✓	MAMM		6-may	SSB		NPB			
524	523		11-abr	✓	AIZ	29-abr	✓	MAMM		6-may	SSB		NPB			
525		Brioche Nanterre	11-abr	✓	AIZ	29-abr	✓	MAMM		6-may	SSB		NPB			
	525	Sugared brioches	11-abr	✓	AIZ	29-abr	✓	MAMM		6-may	SSB		NPB			
526		Pâte a Brioche feuilletée	44		A 1.7	00 aba		N 4 A B 4 B 4		0	COD		NDD			
527	526	Pain aux raisins TIP Freezing	11-abr	<b>✓</b>	AIZ	29-abr	<b>✓</b>	MAMM		6-may	SSB		NPB			
027	527	Choux pastry	11-abr	✓	AIZ	29-abr	✓	MAMM		6-may	SSB		NPB			
528		TIP chef's tips														
529		Mint ice & hot chocolate profiteroles  TIP chef's tips	11-abr	<b>✓</b>	AIZ	29-abr	<b>✓</b>	MAMM		6-may	SSB		NPB			
530		To make the chocolate sauce	11-abr	✓	AIZ	29-abr	<b>✓</b>	MAMM		6-may	SSB		NPB			
000		BISCUITS	11-abr	✓	AIZ	29-abr	<b>✓</b>	MAMM		6-may	SSB		NPB			
		Sablés diamant vanille														
531		TIP chef's tips	11-abr	1	AIZ	29-abr	1	MAMM		6-may	SSB		NPB			
532	531	Sablés Viennois	11-abr	<b>*</b>	AIZ	29-abr	<b>✓</b>	MAMM		6-may	SSB		NPB NPB			
533	JJZ	TIP chef's tips	11-UDI	,	ML	20 001	<b>Y</b>	IA11-ZIAIIAI		Omay	305		141 D			
	533	Signature dish	11-abr	✓	AIZ	29-abr	✓	MAMM		6-may	SSB		NPB			
534		Chocolate sablés Viennois	11-abr	<b>/</b>	AIZ	20 ohr		MAMM		6 may	SSB		NPB			
535		Tuiles aux amandes effilées Orange tuiles with chopped almonds;	11-abr 11-abr	<b>*</b>	AIZ AIZ	29-abr 29-abr	1	MAMM		6-may 6-may	SSB		NPB			
	<b>333</b>	TIP shaped tuiles	i i-abi	•	AIL	23-aul	<b>V</b>	IVIAIVIIVI		0-may	SSD		INED			
		Chocolate chip cookies;														
536	· • • • · • · •	Cappuccino cookies	. 1. 1. 1. 914 1.2. 2. 1. 1. 1. 1. 1			. ' . ' 0'4 ' ' . ' . ' . '		' ' '	. · . · . · . · . · . · · · ·				· · · · · · · · · · · · · · · · · · ·		*,*,*,*,*,*,*	
537		MIDDLE -EASTERN COOKING	14-mar	<b>*</b>	EGE	31-mar	<b>*</b>	MAMM		8-abr	NPB		NPB			
538		Greg Malouf	11 obr	<b>√</b>	EGE	31-mar	· · · · · · ·	MAMM	<u>Y</u>	8-abr	NPB		NPB			
539		Intro	11-abr 11-abr	<b>*</b>	AIZ AIZ	5-may	<b>✓</b>	MAMM	<b>✓</b>	13-may	NPB NPB		NPB NPB			
540		Intro Salmon kibbeh nayeh	11-abr 14-mar	<b>*</b>	MAMM	5-may 31-mar	<b>V</b>	MAMM MAMM	<b>→</b>	13-may 8-abr	NPB		NPB NPB			
541	• • •	Labne; Making Labne; Labne balls	14-mar	<b>*</b>	MAMM	31-mar	\ \frac{\frac{1}{2}}{2}	MAMM	<b>,</b>	8-abr	NPB NPB		NPB NPB			
	54 I	TIP Labne variations	1 <del>4</del> -mai	•	INIAININI	O I-IIIai	<b>Y</b>	IAILZIAIAI		0-abi	ט וויו		INI D			
542																
543	542	Pigeon bisteeya	14-mar	✓	AIZ	31-mar	✓	MAMM	✓	8-abr	NPB		NPB			

	Α	В	D	Е	F	G	Н	I	J	K	L	М	N	0	Р	Q
544		Carrot salad Making a filo pie; Making egg custard	14-mar	✓	AIZ	31-mar	✓	MAMM	✓	8-abr	NPB		NPB			
	544	Koussa Mahshi	14-mar	✓	AIZ	31-mar	✓	MAMM	✓	8-abr	NPB		NPB			
545		Stuffing koussa Muhallabeya	14-mar	1	AIZ	31-mar	/	MAMM	✓	8-abr	NPB		NPB			
		Using mastic	14 mai	•	MZ	O T-IIIdi		IVIZ (IVIIVI	·	0-abi	INI D		I III B			
546		Turkish coffee			riii eadiii i			N. A.		0.5	000					
547		DESSERTS	20-abr	, i	EGE	: :17-may		MAMM		25-may	SSB		NPB			
548		Pierre Hermé Intro	20-abr 11-abr	[1]1] <b>Y</b> [1]1] ✓	EST	17-may:		MAMM: :		25-may 25-may	SSB SSB		NPB NPB			
549		Intro	11-abr	· /	EST	17-may		MAMM		25-may	SSB		NPB			
550		MAKING SUGAR SYRUPS	18-abr	<b>✓</b>	EST	17-may		MAMM		25-may	SSB		NPB			
551		CHART Boiling sugar temperatures	40 aba		FOT						000		NIDD			
		Caramel syrup Caramel sauce	18-abr	<b>✓</b>	EST	17-may		MAMM		25-may	SSB		NPB			
552		TIP Chef's tips														
553	552	Exotic fruit salad  TIP Fruit	18-abr	✓	EST	17-may		MAMM		25-may	SSB		NPB			
	553	Dipped fruit & nuts	18-abr	✓	EST	17-may		MAMM		25-may	SSB		NPB			
554		TIP Choose the best	18-abr	<b>✓</b>	EST	17 may		MAMM		25 may	SSB		NPB			
555		Apple chips (or crisps)  TIP Mandoline	10-สมเ	•	ESI	17-may		IVIÆIVIIVI		25-may						
556		Strawberry chips (or crisps)	18-abr	✓	EST	17-may		MAMM		25-may	SSB		NPB			
	556	Crème Chantilly  TIP Chef's tips	18-abr	✓	EST	17-may		MAMM		25-may	SSB		NPB			
557		Chantilly ideas														
		Chocolate Chantilly cfream	18-abr	✓	EST	17-may		MAMM		25-may	SSB		NPB			
558		Chantilly tuile baskets  TIP Tips for success														
559	558	Hot apple sabayon	18-abr	✓	EST	17-may		MAMM		25-may	SSB		NPB			
560	559		18-abr	✓	EST	17-may		MAMM		25-may	SSB		NPB			
561	560	Creme patissiere TIP Variations	18-abr	✓	EST	17-may		MAMM		25-may	SSB		NPB			
301	561	Almond cream	18-abr	✓	EST	17-may		MAMM		25-may	SSB		NPB			
562		TIP Butter	40 aba	<b>✓</b>	FOT	47		N 4 A B 4 B 4		25	COD		NDD			
563	562	Creme anglaise (English egg custard)  TIP Ice cream base	18-abr	•	EST	17-may		MAMM		25-may	SSB		NPB			
564		TIP Chef's tips	18-abr	✓	EST	17-may		MAMM		25-may	SSB		NPB			
565		Caramel ice cream	18-abr	✓	EST	17-may		MAMM		25-may	SSB		NPB			
566		TIP Ice cream tips	18-abr	<b>√</b>	EST	17-may		MAMM		25-may	SSB		NPB			
	566	Rose ice cream  TIP Extra special desserts	18-abr	<b>✓</b>	EST	17-may		MAMM		25-may	SSB		NPB			
		Mint ice cream														
567		TIP Chef's tips Raspberry sorbet	18-abr	<b>✓</b>	EST	17-may		MAMM		25-may	SSB		NPB			
568		Bitter chocolate sorbet		·		-										
569	568	Signature dish Lychee & rose sorbet	18-abr	<b>✓</b>	EST	17-may		MAMM		25-may	SSB		NPB			
		Italian meringue	18-abr	✓	EST	17-may		MAMM		25-may	SSB		NPB			
570		Meringue with citron tart	10 ohr	<b>✓</b>	EOT	17 may		NANANA		25 may	CCD		NPB			
571		Making French meringue TIP Chef's tips	18-abr	¥	EST	17-may		MAMM		25-may	SSB		I INPB			
572	571	Piping shapes with meringue  TIP Meringue tips	18-abr	✓	EST	17-may		MAMM		25-may	SSB		NPB			
573	572	Pâte à biscuit à la cuillère Red berry Charlotte	18-abr	✓	EST	17-may		MAMM		25-may	SSB		NPB			
574	573		18-abr	✓	EST	17-may		MAMM		25-may	SSB		NPB			
	574	Dark chocolate truffles with lime & honey	18-abr	✓	EST	17-may		MAMM		25-may	SSB		NPB			
575 576	575	TIPChef's tips	18-abr	<b>√</b>	EST	17-may		MAMM		25-may	SSB		NPB			
3/6	313		.0 0.01			Ι		I,			305		15			

	Α	В	D	E	F	G	Н	I	J	K	L	М	N	0	P	Q
	576	Signature dish	18-abr	✓	EST	17-may		MAMM		25-may	SSB		NPB			
577		Milk chocolate truffles with passion fruit														
578		Dark chocolate mousse  TIP Chef's tips	18-abr	<b>✓</b>	EST	17-may		MAMM		25-may	SSB		NPB			
579	578	CAKES	11-abr	✓	EGE	25-abr	<b>*</b>	MAMM		2-may	SSB		NPB			
580	579	Stephan Franz	11-abr	<b>~</b>	EGE	25-abr	✓	MAMM		2-may	SSB		NPB			
581	580	Intro	11-abr	✓	AGS	5-may	✓	MAMM		13-may	SSB		NPB			
582	581	Intro	11-abr	✓	AGS	5-may	✓	MAMM		13-may	SSB		NPB			
	582	SPONGE CAKES	11-abr	✓	AGS	25-abr	✓	MAMM		2-may	SSB		NPB			
500		Genoese sponge														
583	E02	Variation Cutting & filling	11-abr	<b>✓</b>	AGS	25-abr	/	MAMM		2-may	SSB		NPB			
584	303	TIP Quick & easy fillings	TT GDT		7100	20 001	<b>,</b>	1717 (17117)		Zillay	OOD		141 5			
585	584	Sponge roulade	11-abr	✓	AGS	25-abr	✓	MAMM		2-may	SSB		NPB			
586	585	TIP grating lemon zest	11-abr	✓	AGS	25-abr	✓	MAMM		2-may	SSB		NPB			
	586	Pound cake	11-abr	✓	AGS	25-abr	✓	MAMM		2-may	SSB		NPB			
587		Variations	44		400	05.1					005		NDD			
588	587	Apricot streusel crumble cake	11-abr	<b>√</b>	AGS	25-abr	<b>V</b>	MAMM		2-may	SSB		NPB			
589	588	Rich fruit loaf  TIP lining the tin	11-abr	<b>✓</b>	AGS	25-abr	<b>✓</b>	MAMM		2-may	SSB		NPB			
308	589	Marble cake	11-abr	✓	AGS	25-abr	1	MAMM		2-may	SSB		NPB			
590		Variation								,						
591	590	Hazellnut cake with cherries	11-abr	✓	AGS	25-abr	✓	MAMM		2-may	SSB		NPB			
592		TIP fondant glaze	11-abr	✓	AGS	25-abr	✓	MAMM		2-may	SSB		NPB			
593	592	Chocolate cake with almonds	11-abr	✓	AGS	25-abr	✓	MAMM		2-may	SSB		NPB			
594	593		11-abr	✓	AGS	25-abr	✓	MAMM		2-may	SSB		NPB			
595	594	Frankfurter kranz	11-abr	✓	AGS	25-abr	✓	MAMM		2-may	SSB		NPB			
596	595		11-abr	✓	AGS	25-abr	✓	MAMM		2-may	SSB		NPB			
	596	SOMETHING SPECIAL	11-abr	✓	AGS	25-abr	✓	MAMM		2-may	SSB		NPB			
597	<b>507</b>	Strudel with fresh grapes	11-abr	<b>✓</b>	AGS	25-abr	/	MAMM		2-may	SSB		NPB			
598	597	Sachertorte	11-abr	· ·	AGS	25-abr	<b>V</b>	MAMM		2-may	SSB		NPB			
599		TIP baking tip	11-abr	<b>*</b>	AGS	25-abr		MAMM		2-may	SSB		NPB			
600		CHEESECAKES	11-abr		AGS	25-abr	<b>V</b>	MAMM		2-may	SSB		NPB			
601	000	Apple cheesecake	i i-abi	·	AGG	20-001	<b>'</b>	IVI/AIVIIVI		Z-iliay	OOD		141 6			
602	601		11-abr	✓	AGS	25-abr	✓	MAMM		2-may	SSB		NPB			
	602	New York cheesecake	11-abr	✓	AGS	25-abr	✓	MAMM		2-may	SSB		NPB			
603		TIP lining the tin	44		400	05.1					000		NDD			
604	603	Signature dish Stephan's cheesecake	11-abr	✓	AGS	25-abr	<b>✓</b>	MAMM		2-may	SSB		NPB			
007	604	YEAST CAKES	11-abr	✓	AGS	25-abr	<b>✓</b>	MAMM		2-may	SSB		NPB			
605		Buttercake														
606	605		11-abr	<b>√</b>	AGS	25-abr	✓	MAMM		2-may	SSB		NPB			
607	606	Signature dish	11-abr	✓	AGS	25-abr	✓	MAMM		2-may	SSB		NPB			
007	607	Dresden stollen SMALL CAKES	11-abr	<b>✓</b>	AGS	25-abr	1	MAMM		2-may	SSB		NPB			
608	JJ 1	Scones with raisins				20 001				_ may						
609		Flapjacks	11-abr	✓	AIZ	25-abr	✓	MAMM		2-may	SSB		NPB			
	609	Soured cream doughnuts	11-abr	✓	AIZ	25-abr	✓	MAMM		2-may	SSB		NPB			
610	640	Variation	11-abr	<b>✓</b>	AIZ	25-abr		MAMM		2 may	SSB		NPB			
611		Brownies Apricot muffins		<b>*</b>						2-may	SSB		NPB NPB			
612	11ס	Apricot muffins  TIP perfect muffins	11-abr	•	AIZ	25-abr	<b>✓</b>	MAMM		2-may	335		INPB			
	612	FRUIT & NUTS	30-mar	<b>*</b>	EGE::::	14-abr	1	MAMM		20-abr	SSB		NPB			111111111
614		Shaun Hill	30-mar	✓	EGE	14-abr	<b>4</b>	MAMM		20-abr	SSB		NPB			
615	614		11-abr	<u>✓</u>	AGS	29-abr	<b>√</b>	MAMM	<u>. · . · . · . · . · . · . · . · . · . ·</u>	13-may	SSB		NPB			
616	615		11-abr	✓	AGS	29-abr	1	MAMM		13-may	SSB		NPB			
010	J.0				<u> </u>			<u> </u>								

	Α	В	D	E	F	G	Н	l	J K	L	M	N	0	Р	Q
	616	PREPARING FRESH FRUIT	30-mar	✓	MAMM	8-abr	✓	MAMM	20-abr	SSB		NPB			
		Segmenting an orange													
617		Cutting pineapple rings & chunks	20 mar	1	MAMM	9 obr		MAMM	20 obr	SSB		NPB			
		Preparing a mango; Peeling peaches or nectarines; Removing pomegranate seeds;	30-mar	<b>,</b>	IVIAIVIIVI	8-abr	<b>✓</b>	IVIAIVIIVI	20-abr	336		INPD			
618		Topping & tailing gooseberries													
	618	PURÉEING	30-mar	✓	AGS	29-abr	✓	MAMM	20-abr	SSB		NPB			
619		Gooseberry fool	20 mar	1	AGS	20 obr		MAMM	20-abr	SSB		NPB			
		Banana mousse Using gelatin; Leaf gelating; Powdered gelatin	30-mar	<b>,</b> ,	AGS	29-abr	<b>✓</b>	IVIAIVIIVI	20-801	336		INPD			
620			30-mar	<b>/</b>	AGS	29-abr	/	MAMM	20-abr	SSB		NPB			
621		JELLY Rosé wine jelly with berries	30-IIIai	<b>,</b>	AGS	29-a01	<b>'</b>	INIMINI	20-401	336		INFD			
		POACHING FRUIT	30-mar	✓	AGS	29-abr	✓	MAMM	20-abr	SSB		NPB			
		Summer pudding													
622		TIP points to watch Rote grutze	30-mar	<b>/</b>	AGS	29-abr	/	MAMM	20-abr	SSB		NPB			
623		Fruit compote	30-IIIai	•	AGG	29-401	<b>'</b>	INITION	20-451	335		NID			
	623	Signature dish	30-mar	✓	AGS	29-abr	✓	MAMM	20-abr	SSB		NPB			
624	00:	Poached pear with cinnamon ice cream	20		400	00 -1		N/AN/A	00.1	000		NDD			
625		BAKING FRUIT Baked apples	30-mar	<b>-</b>	AGS	29-abr	<b>✓</b>	MAMM	20-abr	SSB		NPB			
023		Baked peaches with amaretti	30-mar	1	AGS	29-abr	<b>✓</b>	MAMM	20-abr	SSB		NPB			
		FRYING FRUIT													
626		Fruit fritters	00		400	00 - 1-		N 4 A B 4 B 4	00 -1	000		NIDD			
		STEAMED & BOILED PUDDINGS Plum dumplings	30-mar	<b>-</b>	AGS	29-abr	<b>✓</b>	MAMM	20-abr	SSB		NPB			
627		Sticky toffee pudding													
	627	Signature dish	30-mar	✓	AGS	29-abr	✓	MAMM	20-abr	SSB		NPB			
628		Steamed orange pudding	20 mar		400	20 ahr		N A A A A A A A	20 ahr	CCD		NDD			
	628	NUTS FOR SWEET USE Preparing almonds: Blanched; Flaked; Nibbed;	30-mar	<b>-</b>	AGS	29-abr	<b>✓</b>	MAMM	20-abr	SSB		NPB			
629		Ground; Almond milk													
630	629	Praline	30-mar	✓	AGS	29-abr	✓	MAMM	20-abr	SSB		NPB			
631	630	Baked almond pudding	30-mar	✓	AGS	29-abr	✓	MAMM	20-abr	SSB		NPB			
200	631	Nougat montelimar	30-mar	✓	AGS	29-abr	✓	MAMM	20-abr	SSB		NPB			
632	622	TIP shelling pistachios Nuts for savoury use	30-mar	<b>/</b>	AGS	29-abr	/	MAMM	20-abr	SSB		NPB			
	032	Shelling walnuts and pecans	30-IIIai	, i	700	25-401	<b>,</b>	INITAINIINI	20-451	335		NIB			
		Parsley & spring onion tart with walnut pastry													
633		Toasting hazelnuts													
004	633	Peeling chestnuts	30-mar	✓	AGS	29-abr	✓	MAMM	20-abr	SSB		NPB			
634		Chestnut stuffing GLOSSARY	27-abr	<b>1</b>	MAMM	2-may		MAMM	18-may	NPB		EGE			
635		GLOSSARY	27-abr	/	MAMM	2-may		MAMM	18-may	NPB		EGE			
636 637		GLOSSARY	27-abr	· ·	MAMM	2-may		MAMM	18-may	NPB		EGE			
638		GLOSSARY	27-abr	<b>✓</b>	MAMM	2-may		MAMM	18-may	NPB		EGE			
639		INDEX	4-may		AGS	10-may		MAMM	23-may	SSB		EGE			
		INDEX	4-may		AGS	10-may		MAMM	23-may	SSB		EGE			
640 641		INDEX	4-may		AGS	10-may		MAMM	23-may	SSB		EGE			
642	• - •	INDEX	4-may		AGS	10-may		MAMM	23-may	SSB		EGE			
643	<u> </u>	INDEX	4-may		AGS	10-may		MAMM	23-may	SSB		EGE			
644		INDEX	4-may		AIZ	10-may		MAMM	23-may	SSB		EGE			
645		INDEX	4-may		AIZ	10-may		MAMM	23-may	SSB		EGE			
646	•	INDEX	4-may		AIZ	10-may		MAMM	23-may	SSB		EGE			
647		INDEX	4-may		AIZ	10-may		MAMM	23-may	SSB		EGE			
648	• . •	INDEX	4-may		AIZ	10-may		MAMM	23-may	SSB		EGE			
649	•	ACKNOWLEDGMENTS	4-may		EGE	10-may		MAMM	23-may	NPB		EGE			
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68         EGE         1           69         EGE         1           70         EGE         1           71         EGE         1           72         EGE         1           73         EGE         1           74         EGE         1           75         EGE         1           76         EGE         1           77         EGE         1           78         EGE         1           80         EGE         1           80         EGE         1           80         EGE         1           80         EGE         1           81         EGE         1           82         EGE         1           83         EGE         1           84         EGE         1           85         EGE         1           86         EGE         1           87         EGE         1           88         EGE         1           89         EGE         1           90         ÉGÉ         1           90         ÉGÉ         1		EGE				1
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69         EGE         1           70         FGE         1           71         EGE         1           72         EGE         1           73         EGE         1           74         EGE         1           75         EGE         1           76         EGE         1           77         EGE         1           78         EGE         1           80         EGE         1           80         EGE         1           80         EGE         1           81         EGE         1           83         EGE         1           84         EGE         1           85         EGE         1           86         EGE         1           87         EGE         1           88         EGE         1           90         EGE         1           90         EGE         1           92         EGE         1           1         EGE         1	68					•
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71         EGE         1           72         EGE         1           73         EGE         1           74         EGE         1           75         EGE         1           76         EGE         1           77         EGE         1           78         EGE         1           79         EGE         1           80         EGE         1           80         EGE         1           81         82         EGE         1           83         EGE         1           84         EGE         1           85         EGE         1           86         EGE         1           87         EGE         1           88         EGE         1           89         EGE         1           90         EGE         1           91         EGE         1           92         EGE         1           92         EGE         1           91         EGE         1           92         EGE         1	70	EGE				1
72         EGE         1           73         EGE         1           74         EGE         1           75         EGE         1           76         EGE         1           77         EGE         1           78         EGE         1           79         EGE         1           80         EGE         1           81         82         EGE         1           83         EGE         1           84         EGE         1           85         EGE         1           86         EGE         1           87         EGE         1           88         EGE         1           89         EGE         1           90         EGE         1           91         EGE         1           92         EGE         1           1         EGE         1           1         EGE         1		· · · · · · · · · · · · · · · · · · ·				1
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74         EGE         1           75         EGE         1           76         EGE         1           77         EGE         1           78         EGE         1           79         EGE         1           80         EGE         1           81         EGE         1           82         EGE         1           83         EGE         1           84         EGE         1           85         EGE         1           86         EGE         1           87         EGE         1           88         EGE         1           90         EGE         1           90         EGE         1           92         EGE         1           1         EGE         1           1         EGE         1			<u> </u>			
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76       EGE       1         77       EGE       1         78       EGE       1         79       EGE       1         80       EGE       1         81       82       EGE       1         83       EGE       1         84       EGE       1         85       EGE       1         86       EGE       1         87       EGE       1         88       EGE       1         89       EGE       1         90       EGE       1         91       EGE       1         92       EGE       1         1       EGE       1	7.5	EGE				1
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84       EGE       1         85       1         86       1         86       1         86       1         87       1         88       1         89       EGE       1         90       EGE       1         91       EGE       1         92       EGE       1         1       EGE       1         1       EGE       1         1       EGE       1	00	EGE				1
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623         EGE         1           624         EGE         1           625         EGE         1           626         1         1           626         EGE         1           627         EGE         1           628         EGE         1           629         EGE         1           630         EGE         1           631         EGE         1           632         EGE         1           633         EGE         1           634         EGE         1           635         EGE         1           636         EGE         1           637         EGE         1           638         EGE         1           639         EGE         1           640         EGE         1           641         EGE         1           642         EGE         1           643         EGE         1           644         EGE         1           645         EGE         1           646         EGE         1           647         EGE<		EGE				1
623         EGE         1           624         EGE         1           625         EGE         1           626         1         1           626         EGE         1           627         EGE         1           628         EGE         1           629         EGE         1           630         EGE         1           631         EGE         1           632         EGE         1           633         EGE         1           634         EGE         1           635         EGE         1           636         EGE         1           637         EGE         1           638         EGE         1           639         EGE         1           640         EGE         1           641         EGE         1           642         EGE         1           643         EGE         1           644         EGE         1           645         EGE         1           646         EGE         1           647         EGE<	622					
623         EGE         1           624         EGE         1           625         EGE         1           626         EGE         1           627         EGE         1           628         EGE         1           629         EGE         1           630         EGE         1           631         EGE         1           632         EGE         1           633         EGE         1           634         EGE         1           635         EGE         1           636         EGE         1           637         EGE         1           638         EGE         1           640         EGE         1           641         EGE         1           642         EGE         1           643         EGE         1           644         EGE         1           645         EGE         1           646         EGE         1           647         EGE         1           648         EGE         1	022	EGE				
624         EGE         1           625         EGE         1           626         EGE         1           627         EGE         1           628         EGE         1           629         EGE         1           630         EGE         1           631         EGE         1           632         EGE         1           633         EGE         1           634         EGE         1           635         EGE         1           636         EGE         1           637         EGE         1           638         EGE         1           639         EGE         1           640         EGE         1           641         EGE         1           642         EGE         1           643         EGE         1           644         EGE         1           645         EGE         1           646         EGE         1           647         EGE         1           648         EGE         1	623					•
625         EGE         1           626         EGE         1           627         EGE         1           628         EGE         1           629         EGE         1           630         EGE         1           631         EGE         1           632         EGE         1           633         EGE         1           634         EGE         1           635         EGE         1           636         EGE         1           637         EGE         1           638         EGE         1           639         EGE         1           640         EGE         1           641         EGE         1           642         EGE         1           643         EGE         1           644         EGE         1           645         EGE         1           646         EGE         1           647         EGE         1           648         EGE         1		EGE				1
625         EGE         1           626         EGE         1           627         EGE         1           628         EGE         1           629          1           630         EGE         1           631         EGE         1           632         EGE         1           633         EGE         1           634         EGE         1           635         EGE         1           636         EGE         1           637         EGE         1           638         EGE         1           640         EGE         1           641         EGE         1           642         EGE         1           643         EGE         1           644         EGE         1           645         EGE         1           646         EGE         1           647         EGE         1           648         EGE         1	624					
626       EGE       1         627       EGE       1         628       EGE       1         629       1       1         630       EGE       1         631       EGE       1         632       EGE       1         633       EGE       1         634       EGE       1         635       EGE       1         636       EGE       1         637       EGE       1         638       EGE       1         640       EGE       1         641       EGE       1         642       EGE       1         643       EGE       1         644       EGE       1         643       EGE       1         644       EGE       1         645       EGE       1         646       EGE       1         647       EGE       1         648       EGE       1         647       EGE       1         648       EGE       1	625	EGE				1
626       EGE       1         627       EGE       1         628       1         629       1         630       EGE       1         631       EGE       1         632       EGE       1         633       EGE       1         634       EGE       1         635       EGE       1         636       EGE       1         637       EGE       1         638       EGE       1         639       EGE       1         640       EGE       1         641       EGE       1         642       EGE       1         643       EGE       1         644       EGE       1         645       EGE       1         646       EGE       1         647       EGE       1         648       EGE       1         648       EGE       1         648       EGE       1         648       EGE       1	023	FGF				
627       EGE       1         628       EGE       1         629       1       1         630       EGE       1         631       EGE       1         632       EGE       1         633       EGE       1         634       EGE       1         635       EGE       1         636       EGE       1         637       EGE       1         638       EGE       1         639       EGE       1         640       EGE       1         641       EGE       1         642       EGE       1         643       EGE       1         644       EGE       1         645       EGE       1         646       EGE       1         647       EGE       1         648       EGE       1		LOL				
627         EGE         1           628         EGE         1           629         EGE         1           630         EGE         1           631         EGE         1           632         EGE         1           633         EGE         1           634         EGE         1           635         EGE         1           636         EGE         1           637         EGE         1           638         EGE         1           639         EGE         1           640         EGE         1           641         EGE         1           642         EGE         1           643         EGE         1           644         EGE         1           645         EGE         1           646         EGE         1           647         EGE         1           648         EGE         1           647         EGE         1           648         EGE         1	626					
628         EGE         1           629         630         EGE         1           631         EGE         1           632         EGE         1           632         EGE         1           633         EGE         1           634         EGE         1           635         EGE         1           636         EGE         1           637         EGE         1           638         EGE         1           639         EGE         1           640         EGE         1           641         EGE         1           642         EGE         1           643         EGE         1           644         EGE         1           645         EGE         1           646         EGE         1           647         EGE         1           648         EGE         1		EGE				1
628         EGE         1           629         630         EGE         1           631         EGE         1           632         EGE         1           632         EGE         1           633         EGE         1           634         EGE         1           635         EGE         1           636         EGE         1           637         EGE         1           638         EGE         1           639         EGE         1           640         EGE         1           641         EGE         1           642         EGE         1           643         EGE         1           644         EGE         1           645         EGE         1           646         EGE         1           647         EGE         1           648         EGE         1	007					
628       EGE       1         629       630       EGE       1         631       EGE       1         632       EGE       1         633       EGE       1         634       EGE       1         635       EGE       1         636       EGE       1         637       EGE       1         638       EGE       1         639       EGE       1         640       EGE       1         641       EGE       1         642       EGE       1         643       EGE       1         644       EGE       1         645       EGE       1         646       EGE       1         647       EGE       1         648       EGE       1	627	EGE				
629       630       EGE       1         631       EGE       1         632       EGE       1         633       EGE       1         634       EGE       1         635       EGE       1         636       EGE       1         637       EGE       1         638       EGE       1         639       EGE       1         640       EGE       1         642       EGE       1         643       EGE       1         644       EGE       1         645       EGE       1         646       EGE       1         647       EGE       1         648       EGE       1	628	LOL				'
629         EGE         1           631         EGE         1           632         EGE         1           633         EGE         1           634         EGE         1           635         EGE         1           636         EGE         1           637         EGE         1           638         EGE         1           639         EGE         1           640         EGE         1           641         EGE         1           642         EGE         1           643         EGE         1           644         EGE         1           645         EGE         1           646         EGE         1           647         EGE         1           648         EGE         1	-	EGE				
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633       EGE       1         634       1         635       EGE       1         636       EGE       1         637       EGE       1         638       EGE       1         639       EGE       1         640       EGE       1         641       EGE       1         642       EGE       1         643       EGE       1         644       EGE       1         645       EGE       1         646       EGE       1         647       EGE       1         648       EGE       1         648       EGE       1	622	EGE				1
633       EGE       1         634       1         635       EGE       1         636       EGE       1         637       EGE       1         638       EGE       1         639       EGE       1         640       EGE       1         641       EGE       1         642       EGE       1         643       EGE       1         644       EGE       1         645       EGE       1         646       EGE       1         647       EGE       1         648       EGE       1         648       EGE       1	032	FGF				
634       EGE       1         635       EGE       1         636       EGE       1         637       EGE       1         638       EGE       1         639       EGE       1         640       EGE       1         641       EGE       1         642       EGE       1         643       EGE       1         644       EGE       1         645       EGE       1         646       EGE       1         647       EGE       1         648       EGE       1         1       1       1         648       EGE       1         648       EGE       1         648       EGE       1						
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636         EGE         1           637         EGE         1           638         EGE         1           639         EGE         1           640         EGE         1           641         EGE         1           642         EGE         1           643         EGE         1           644         EGE         1           645         EGE         1           646         EGE         1           647         EGE         1           648         EGE         1						
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22	SAUCES & DRESSINGS	<b>✓</b>	✓	✓	✓	✓	✓
57	FOAMO	✓	✓	✓	✓	✓	✓
58 69	FOAMS						
70	STOCKS & SOUPS	<b>√</b>	<b>✓</b>	<b>√</b>	<b>√</b>		
87 88	FLAVOURINGS	<b>√</b>	<b>✓</b>	✓	<b>→</b>		
111							
112 121	LATIN-AMERICAN COOKING	<b>✓</b>					
122	EGGS, CHEESE & DAIRY	✓					
149 150	FISH & SHELLFISH	<b>√</b>					
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200 209	JAPANESE COOKING	<b>✓</b>					
210	POULTRY & GAME BIRDS	<b>√</b>	✓	✓	✓		
255 256	INDIAN COOKING	<b>√</b>	✓	✓	✓		
265		<b>✓</b>					
266 323	MEAT						
324	CHINESE COOKING	<b>✓</b>	✓	✓	✓	✓	<b>√</b>
333 334	VEGETABLES	<b>✓</b>	✓	✓	✓	✓	✓
377							
378 397	PASTA & DUMPLINGS	<b>✓</b>					
398	ASIAN NOODLES & DUMPLINGS	<b>✓</b>					
409 410	THAI COOKING	<b>✓</b>	./	<b>✓</b>	<b>√</b>		
419		<b>∀</b> ✓	<b>✓</b>	<b>→</b>	<b>*</b>		
420 453	GRAINS & PULSES	<b>✓</b>	√ √	<b>√</b>	<b>√</b>		
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485 486	MEXICAN COOKING	<b> </b>					
495		<b>∀</b> ✓					
496 535	PASTRY & BISCUITS	<b>√</b>					
535 536	MIDDLE -EASTERN COOKING	✓ ✓	✓	✓	✓	✓	✓
545 546		✓	✓	✓	✓	✓	✓
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