customer	
customerId	int
personNr	text
firstName	text
lastName	text
streetAdress	text
city	text
postalCode	text
email	text
phoneNumber	text
registrationdate	datetime
occupation	text
illnessList	text
operationList	text
medicinUsed	text
attention	text
diagnosis	text
nextVisit	text

notes	
notesId	int
personNr	text
loginName	text
information	text
dateOfCreation	date

program	
programId	int
personNr	text
information	text
dateOfCreation	date

exercise	
exerciseId	in
programId	int
exerciseName	text
type	text
description	text
bodyPart	text





