



# How To Rig A Berkley Gulp Pogy Soft Plastic To Catch More Fish [VIDEO]

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It's Berkley Gulp pogy time!


But first, can I share my love/hate story of Gulp products with you real quick?

Can you imagine paying more money for an artificial lure that you ever have before just because it promised to catch you more fish?

Could you imagine paying loads of money for an artificial lure when your primary means of catching your ideal fish is live bait?

Well, that was the conundrum I was in just a few years ago when I heard about **Berkley Gulp Baits**.

Quite honestly, when Berkley Gulp soft p  ere first introduced years ago, I didn't even consider using them because I thought that they were an over-priced fad that wouldn't last long once their claim of catch more fish than live bait was proven wrong. 

At that time, I thought that the only way  consistently catch quality snook, redfish, and trout was to have a livewell full of energetic baitfish. And probably like many weekend warrior anglers, I'd spend a full hour in the morning sometimes just to catch bait.

However, as time went on, I began getting better at catching quality snook, redfish, and trout on artificial lures. And as you probably know, the Gulp "fad" continued much longer than I had thought...

Eventually, I was talked into giving them a shot and I finally began realizing how powerful these baits can be if used properly.

And now today I am one of Berkley Gulps biggest fans.

I started out just using Gulp Shrimp, but I then began using Gulp Jerk Shads and Gulp Pogy tails... the latter of which I'll tell you exactly how I maximize their effectiveness in this article.

Have you read the **UPDATED "Inshore Fishing Manifesto?"**

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## Gulp Pogy Overview



New Penny



Smelt



Pearl White



Silver Mud

Here are a few different colors of the Berkley Gulp pogy

Gulp Pogy tails are the bait that I've recently been embracing for specific fishing situations.

The reason I like them is because they have a great scent of all Gulp baits, but they also have some added action because the small paddle tail at the end of the bait gives out some wicked good vibrations.

So far, I've found these baits to work incredibly well when fishing for snook along the beach, and when fishing grass flats and shallow channels in the 2 to 6 ft depth. [Tweet](#)

## Pros Of The Berkley Gulp Pogy

- Easy to rig
- Added action compared to Gulp Shrimp due to paddle tail
- Good size for a large variety of inshore species

## Cons Of The Berkley Gulp Pogy

- They can easily be ruined by puffer fish and pinfish (once the tail is bitten off, it's not very effective)
- Prone to get damaged after catching a strong fish (thin top part will tear from the pressure)
- Like all Gulp soft plastics, they require added care ([click here \(https://www.saltstrong.com/articles/maintenance-tips-for-berkley-gulp-baits/\)](https://www.saltstrong.com/articles/maintenance-tips-for-berkley-gulp-baits/) for Berkley Gulp care tips)

## How To Work A Gulp Pogy



When fishing for snook, redfish, and trout, I've found that a jigging retrieval method consisting of a series of two short/quick jerks and then letting it sink back to the bottom before doing it again gets the most consistent results.

If done right, wait for strike right after it hits the bottom.

Note: If there is a lot of bottom structure in the area that I'm fishing, I then speed up the retrieve and hold the rod tip up so that the lure stays just above the snags.

Also, I'll adjust the jig head size depending on the depths... 1/8 oz is my favorite for fish 2 to 4 ft of water, and I'll go up to a 1/4 oz when fishing 4 ft of water, and will go up higher as the depths increase.

# How to Rig A Gulp Pogy [VIDEO]

Watch this short video to see the most effective way to rig a Gulp Pogy on a jig head for maximum fish catching.

And don't hesitate to let me know if you have any questions or other tips on how you like to rig your soft plastics like this pogy.

[Tweet](#)

Enjoy the video.



## Conclusion

Berkley Gulp Pogy soft plastic tails are an extremely effective bait for catching snook, redfish, trout, flounder, and almost any other fish that feeds on small baitfish.

However, please know that Gulp pogy baits are **NOT** some magical lure that immediately catches fish once put on a jig head.

The true results are based on these three factors that **ALL** must be in place for consistent fish catching with Gulp pogies:

1. Properly rigging the Gulp pogy
2. Properly presenting the Gulp pogy
3. Finding active feeding grounds for your target fish

Again... all 3 of these factors have to be accounted for in order to catch fish with a Gulp pogy.

And the #3 item above doesn't have anything to do with the pogy... it applies to any lure or live bait that you could possibly use, and it's the most significant factor that determines who can consistently catch quality fish (more about that towards the bottom).

Any questions or thoughts on rigging this soft plastic?

Let me know in the comments.

Tweet

Fish On.

Related Video: [How To Rig Berkley Gulp Shrimp For More Strikes \[VIDEO\]](https://www.saltstrong.com/articles/berkley-gulp-saltwater-shrimp-independent-review/) (<https://www.saltstrong.com/articles/berkley-gulp-saltwater-shrimp-independent-review/>)

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**P.S. – Click here (<http://www.kqzyfj.com/click-7838083-10419257-1393530444000?url=http%3A%2F%2Fwww.basspro.com%2FBerkley-Saltwater-Gulp%21-Pogy%2Fproduct%2F89398%2F&cjsku=89398>)** to order the 3-inch Gulp Pogy soft plastics (my favorites are the “white”

and “sardine” color options).

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Pablo Diaz  
(<https://www.saltstrong.com/family/pablo-diaz/>)



Nice Video

Member

REPLY

1 month 24 days ago



Ronald Lutz  
(<https://www.saltstrong.com/family/ronald-lutz/>)



Member

Hi Luke, Reading comments about the Gulp and procure. I was like you didn't begin using Gulp till a couple years ago. I read about your success with the Owner hooks and watermelon redflake Gulp jerk baits, tried it and have been using them since. Also in Maryland where my summer home is (winter in Palmetto, FL) on the Eastern shore of MD and Virginia. Gulp shrimp rigged on spro bucktails and drifted for flounder has had great success and many have changed from drifting mud minnows because the Gulp works so well.

Tweet

REPLY

1 month 25 days ago



Luke Simonds



(<https://www.saltstrong.com/family/luke-simonds-2/>)

How cool to see that they are working up in Maryland and Virginia too! Thanks for sharing your results with us.

Author

REPLY

1 month 23 days ago



Philip Piersol



(<https://www.saltstrong.com/family/philip-piersol/>)

Do you use a loop Knott for the big head? New subscriber.

Member

REPLY

1 month 27 days ago



Steve Free



(<https://www.saltstrong.com/family/steve-free/>)

Hey Luke thanks for the comment but seriously you really need to try procure fish scent its the most awesome scent I have found its a gel and it stays on the bait a long time which in turn saves money it comes in 2 size squirt bottles the pro size and the smaller size I bought the pro size in mullet and the inshore saltwater scent about 5 years ago and have yet to use it all up and I use it all the time Gulp scent costs about half the price about 10 bucks a bottle compared to procure which is about 20 dollars a bottle but to me it lasts way longer but again it's whatever your comfortable and confident with anyways worked the whole week and weekend and will be off this Mon and Tues those are my normal days off gonna try it on Tues the tide is better and the wind will be to last week was a no fish day with 30 mph out of the northeast so even with your wind fishing advice I doubt it would be very productive but that's fishing and between you and me its better then work or football any damn day of the week take care and godbless

Member

REPLY

1 month 28 days ago



Luke Simonds



(<https://www.saltstrong.com/family/luke-simonds-2/>)

Which one of the procure scents do you like best? I'll be sure to pick one up next time I see it in a store.



simonds-2/)

Author

REPLY

1 month 26 days ago



Steve Free

G+



(<https://www.saltstrong.com/family/steve-free/>)

Tweet

I tried the gulp pogy several years ago and i personally didnt like

the action at all in fact i couldnt even get the tail to move at all they all seem to stiff i usually use the slayer paddle tail and i found that procure fish scent is much better then gulp it stays on the bait better its like a gell where the gulp scent is just s spray but like i always say its a matter of prefrnce what works for some not so good for others but as far as live bait i never use it im a master of the topwater plug and safety pin spinner bait i use artificials all the time but again its what you have the most confidence in 😊

REPLY

2 months 2 days ago



Luke Simonds



(<https://www.saltstrong.com/family/luke-simonds-2/>)

Yes, it's all about confidence. I agree that the tails on the

(<https://www.saltstrong.com/family/luke-simonds-2/>)

Author

Gulp pogy is stiffer than many others which decreases the action that it would otherwise get.

But it seems like you may be confusing the Gulp scent with something else because its scent comes in liquid form and it gets dispersed throughout the material because it's a water-based material instead of an oil-based material like most others (aka. Gulp scent works great on Gulp baits, but not so great on non-Gulp baits because it gets repelled by their oil-based material).

Gulp baits aren't perfect (can be very pricey and get torn up by junk fish), but their water-based scent is the best I've seen for inshore saltwater fishing... I have yet to find any other soft plastic scent that can catch tons of pinfish when cut up into tiny chunks as shown in this post:

<https://www.saltstrong.com/articles/how-to-catch-pinfish/>

(<https://www.saltstrong.com/articles/how-to-catch-pinfish/>)

REPLY

1 month 28 days ago



Austin Henru



(<https://www.saltstrong.com/family/austin-henru/>)

Can you also use this to catch flounder? And whats the best rod

(<https://www.saltstrong.com/family/austin-henru/>)

Member

to use for jigging length and width because I don't want to hook a big snook with the wrong gear all my rods is for live bait but I want to join the jig gang this year so what you recommend? I was looking at a berkly lightning shock rod is that a good rod or not? Thanks.

REPLY

1 year 6 months ago





Jim H

Does the hook have a barb? I couldn't see it with the black background. Thanks



REPLY



G+

1 year 8 months ago



Luke Simonds

Tweet



(<https://www.saltstrong.com/family/luke-simonds-2/>)

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Author

REPLY

1 year 8 months ago



Edward McCool

(<https://www.saltstrong.com/family/edward-mccool/>)

(<https://www.saltstrong.com/family/edward-mccool/>)

Member

I have been trying these on the beach and the biggest problem I encounter is getting into grass/seaweed. Is there a trick or better bait/lure to use? I have heard the fish like to hold out in the grass.

REPLY

2 years 4 months ago



Luke Simonds

(<https://www.saltstrong.com/family/luke-simonds-2/>)



(<https://www.saltstrong.com/family/luke-simonds-2/>)

Author

Hey Edward, great to hear from you. Yes, the floating grass/seaweed makes for some tough fishing with jigs since their weighted jig head and exposed hook point often get hung up on the debris. When there's a lot of debris, I like to use a weedless jerkbait rigged with the hook point in the soft plastic body so it bounces off the debris... here's my favorite one: <http://v2.saltstrong.com/articles/gulp-jerk-shad-review/> (<http://v2.saltstrong.com/articles/gulp-jerk-shad-review/>).

REPLY

2 years 4 months ago



Collie Moyer

(<https://www.saltstrong.com/family/collie-moyer/>)

(<https://www.saltstrong.com/family/collie-moyer/>)

Member

can you show how to bait a plastic on a jig head with a screw?

REPLY

2 years 4 months ago





Luke Simonds

(<https://www.saltsimonds-2/>)

(<https://www.saltstrong.com/family/luke-simonds-2/>)

Author

Hey Collie, I'm sad to admit that I have never used a jig head with a screw on it, so send me a brand who makes them and I'll give it a shot and make a review. I'm assuming that the rigging process will be very similar to the one shown in this other rigging video where I used a weighted hook that has a screw on feature: <http://v2.saltstrong.com/articles/how-to-rig-a-doa-cal-jerk-bait> (<http://v2.saltstrong.com/articles/how-to-rig-a-doa-cal-jerk-bait>).

REPLY

2 years 4 months ago



Anonymous

Luke, love your videos/tips. Any thoughts on using the Owner twist lock hooks for the Gulp pogeys and swimming mullet? I've always used jig heads but seems logical that they would swim better with the weight on the bottom vs the head. Thanks!

Rick Bridges

REPLY

10 months 13 days ago

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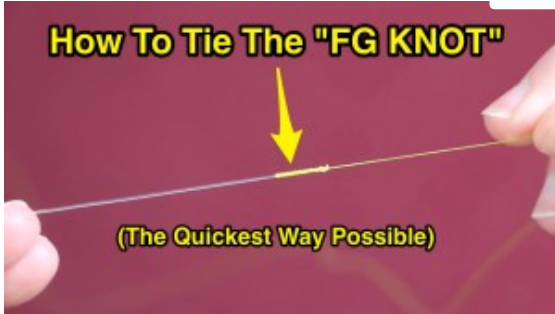
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