

Affinity Diagram and Notes

What they do now:

- Documents travels through photos, mainly with people and landscapes - T4
- Document something interesting/stands out that i want to remember - T3
- Takes picture of every meal so i can look back and know what/where i ate - T1
- I don't have a sense of how much i would normally spend - S3
- Uses reminders app to track current habits - H5
- Tracks habits by writing things down on post-it notes - H5

Motivations

- To not feel "like trash" when living a bad habit - H1
- The summer has helped him be motivated because working on a habit helps him find balance against summer laziness - H1
- Enjoy documenting (taking photos) because its part of the fun/experience - T3
- It's something to look back at - T2
- Pleasure from watching the videos after outweigh the hassle of documenting - T2
- Wants to know how to budget because doesn't know how to - S1
- Before and after pictures of himself motivate him - H1
- Not worried about saving up but concerned about overspending - S2
- Concerned for keeping track of spending after college when she has real income - S1
- She likes getting new journals to feel the freshness of starting on a blank page - H4

Current Problems:

- Doesn't do anything with these photos afterward - T4
- Can't live in the moment:
 - It's easy to get wrapped up in photos - T4
 - Can't live/enjoy the moment if always taking photos/videos - T1
 - Mind is always thinking about taking photos/when to take → take away from the moment - T2
- Taking the right amount of videos/photos - T2
- Don't always know when to capture a moment - T2
- Tried journaling but they turned into notes and was usually too tired at the end of the day to write - T3
- Tracked with excel sheet but don't know how to make it useful/it gets confusing - S3
- Tried vlogging but was just too much work - T3
- Oftentimes come back and wish that i took more photos/videos - T1

Consistency

- The more successful habit was the one that was tracked once every day - H4
- All habits she works on are daily (do once a day) - H4
- Wants to keep track of consistency and what version of pose in yoga she can do - H5

- Uses water drinking tracker app, but doesn't do a good job maintaining it because of work -H3
- Would last at most for a month, hard to keep up with - S3
- Hasn't done as well with his habits during the school year because he's busy - H1

Entering Information

- All private were private to her - H4
- Probably nothing uncomfortable entering in this app since the app is just for herself - H5
- Doesn't want to enter financial data in apps that are not specifically linked to bank - S1

Implementation:

- Would love to have a tracking app for certain habits, such as sleep schedule and working out - H3
- Likes apps on phone - S2
- Notifications:
 - She likes turning on notifications and getting alerts on both computer/phone - S1
 - Something that reminds me to take a picture/video because sometimes i forget to - T1
- Likes apps that are clean and easy to navigate and show data in different ways/time periods
- Like something that allows you to set categories - S3
- Any features that help with organization: adding to favorites, rankings - T2
- Little work:
 - Wants to do very minimal work ie. check boxes - H3
 - Wish it was less work - T3
- Visualizations:
 - Would like to see visualizations like graphs, ie. bar charts or line charts, that visualize her habits - H3
 - Something that shows trends - trends are something that you wouldn't think you needed until you see it - S3
 - Likes to see data framed in context - S1
 - Wants more analytics to help with budgeting - S2
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- Would be cool to do written journals because you're not writing in the moment. - T4

Likes Habits

- All of the habits are done by herself - H5
- Enjoys her habits because they brighten her day - H3
- Enjoys his habits because they're relaxing - H2
- More positive habits listed than negative - H5

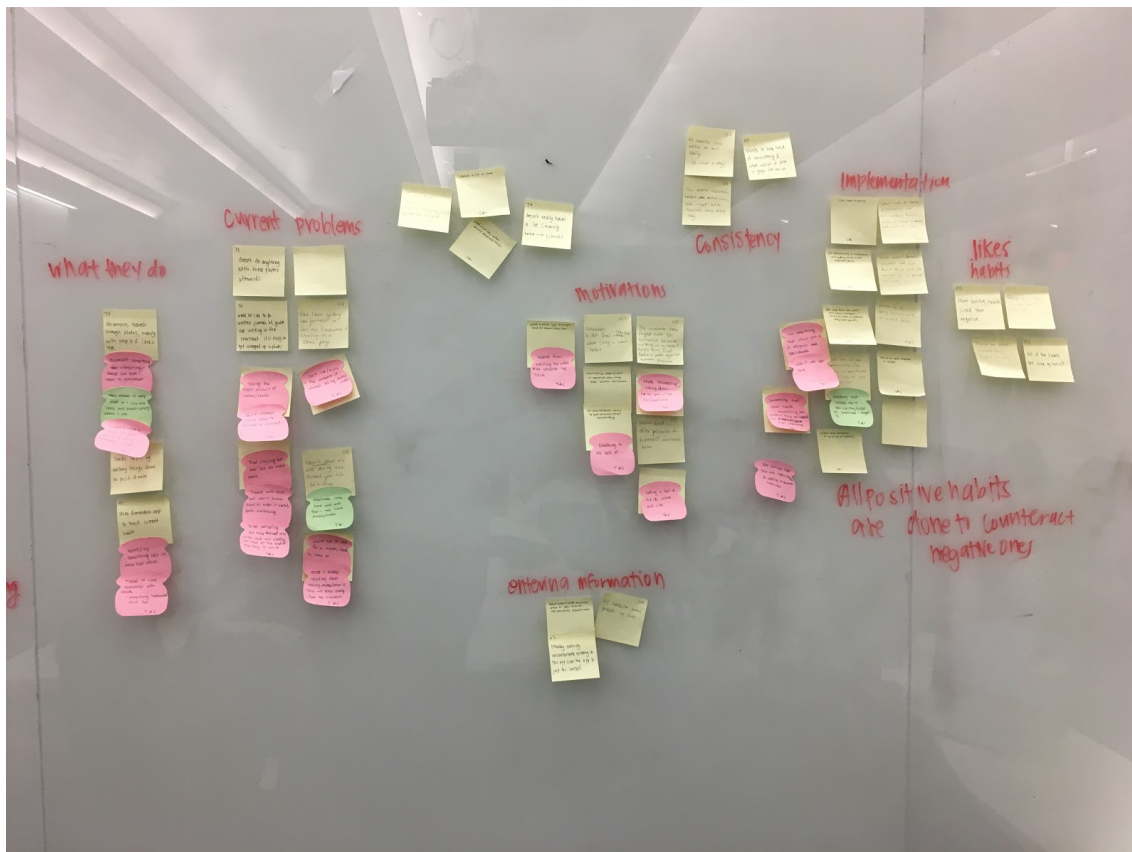
Miscellaneous

- Doesn't really travel a lot (mainly from home to school) - T4
- Wait a few days before buying extraneous things - S2
- Spending a lot on food - S2
- Thinks that tracking his habits (collecting rocks) would be stupid - H2

- Travel to have experiences with people - something memorable and fun - T2
- learn/try something new in more local places - T3
- Getting a feel of the city, culture, and vibe - T2

Key Points:

- Want limited work to input information
- Visuals, trends
- Navigation, notifications
- Like choice of writing and photos
- Personalized
- Positive vibe
- Hard to maintain consistency
- Feelings of accomplishment/finishing



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what they

14 documents have through photos, with people & the

Documents can be interesting, but not sure if what is memorable

Have photos of me that so I can be sure and know where I am

15 Tracks habits writing things on post-it notes

16 Uses Remind to track habits

17 better / something more like

18 tried to make a habit