## 2020

## 1 Principal moments of inertia of a triangular slab

(a) Since the mas has uniform density, we can write the mass area density as  $M = 1/2ab\rho$ . Let  $x_{CM}$  denote the x-component of the center of mass. Using the definition of CM, we find

$$x_{CM} = \frac{1}{M} \int_0^a dx \int_0^{b(1-x/a)} dy \rho x = \frac{\rho b}{M} \int_0^a dx \left(1 - \frac{x}{a}\right) = \frac{a^2 b \rho}{M} \int_0^1 du (1-u) u = \frac{\rho a^2 b}{6M} = \frac{a}{3}.$$

We used the substitution u = 1 - x/a which implies a dx = -adu. Because of the symmetry in the problem (the slab is a triangle), the calculation of  $y_{CM}$  is the same, only exchanging  $a \leftrightarrow b$ , so the result is  $y_{CM} = b/3$ .

(b) The slab is two dimensional, and laying in the xy-plane. If we look at the definition of the off-diagonal entries in moment of inertia tensor,

$$I_{ij} = -\int_{V} dV x_i x_j,$$

 $I_{zx} = I_{xz} = I_{zy} = I_{yz} = 0$ , as z = 0. This also implies that  $I_{xx} + I_{yy} = I_{zz}$ , so all we need to calculate is  $I_{xx}$ ,  $I_{yy}$  and  $I_{xy}$ .

$$\begin{split} I_{xy} &= -\rho \int_0^a \mathrm{d}x \int_0^{v(1-x/a)} \mathrm{d}y y x = -\frac{\rho b^2}{2} \int_0^a \mathrm{d}x x \left(1 - \frac{x}{a}\right)^2 = -\frac{\rho b^2}{2} \int_0^a \mathrm{d}x \left(x - \frac{2}{a} x^2 + \frac{1}{a^2} x^3\right) \\ &= -\frac{\rho b^2 a^2}{2} \left(\frac{1}{2} - \frac{2}{3} + \frac{1}{4}\right) = \frac{Mab}{12} \\ I_{xy} &= -\rho \int_0^a \mathrm{d}x \int_0^{v(1-x/a)} \mathrm{d}y y^2 = \frac{\rho b^3}{3} \left(1 - \frac{x}{a}\right)^3 = \frac{\rho a b^3}{3} \int_0^1 \mathrm{d}u u^3 = \frac{Mb^2}{6}. \end{split}$$

Lastly,  $I_{yy}$  can a gain be found just by the exchange  $a \leftrightarrow b$ . In matrix form,

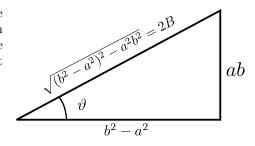
$$I = \frac{M}{6} \begin{pmatrix} b^2 & -\frac{1}{2}ab & 0\\ -\frac{1}{2}ab & a^2 & 0\\ 0 & 0 & a^2 + b^2 \end{pmatrix}$$

(c) We can remove the common factor M/6, so insert our values into the new variables, we get

$$A = \frac{1}{2}(a^2 + b^2), \quad B = \frac{1}{2}\sqrt{(b^2 - a^2) + a^2b^2}, \quad \vartheta = \tan^{-1}\left(\frac{ab}{b^2 - a^2}\right).$$

The last equation describes a triangle with side lengths  $b^2 - a^2$ , ab and  $\sqrt{(b^2 - a^2) + a^2b^2} = 2B$ , and an angle  $\vartheta$  opposite the side of length ab. This gives us the relations  $ab = 2B\sin(\vartheta)$  and  $b^2 - a^2 = 2B\cos(\vartheta)$ . It follows that

$$a^{2} = \frac{1}{2}(b^{2} + a^{2}) - \frac{1}{2}(b^{2} - a^{2}) = A - B\cos(\theta)$$
$$b^{2} = \frac{1}{2}(b^{2} + a^{2}) + \frac{1}{2}(b^{2} - a^{2}) = A + B\cos(\theta)$$



Putting all this together, we get

$$I = \frac{M}{18} \begin{pmatrix} A + B\cos(\vartheta) & B\sin(\vartheta) & 0\\ B\sin(\vartheta) & A - B\cos(\vartheta) & 0\\ 0 & 0 & 2A \end{pmatrix}$$

To find the principal moments of inertia, we must find solve the characteristic equation for the principal moments of inertia  $\omega$ 

$$\det(I - \omega) = 0 \implies \begin{vmatrix} A + B\cos(\vartheta) - \omega & B\sin(\vartheta) & 0 \\ B\sin(\vartheta) & A - B\cos(\vartheta) - \omega & 0 \\ 0 & 0 & 2A - \omega \end{vmatrix}$$
$$= (2A - \omega) [(A + B\cos(\vartheta) - \omega)(A - B\cos(\vartheta) - \omega) - B\sin(\vartheta)]$$
$$= (2A - \omega)[A^2 - B^2 + \omega^2 - 2\omega A]$$
$$= (2A - \omega)[(A - \omega)^2 - B^2] = 0,$$

which has the solutions  $\omega_1 = 2A$ ,  $\omega_2 = A + B$  and  $\omega_3 = A - B$ . By inspection, the first eigenvector is  $\mathbf{v} = (0, 0, 1)$ . We can then only look at the relevant part of the matrix to find the others. Inserting  $\omega = A + B$ ,

$$0 = (I - \omega \mathbb{1})\mathbf{v} = B \begin{pmatrix} \cos(\vartheta) - 1 & \sin(\vartheta) \\ \sin(\vartheta) & -\cos(\vartheta) - 1 \end{pmatrix} \begin{pmatrix} v_1 \\ v_2 \end{pmatrix}$$

Setting  $v_2 = 1$ , we get  $v_1 = \sin(\vartheta)/(1 - \cos(\vartheta))$ . The normalized eigenvector then becomes

$$\mathbf{v} = \frac{1}{\sqrt{1 + \frac{\sin^2(\vartheta)}{(1 - \cos(\vartheta))^2}}} \left(\frac{\sin(\vartheta)}{1 - \cos(\vartheta)}, 1, 0\right) = \frac{1 - \cos(\vartheta)}{\sqrt{1 - 2\cos(\vartheta) + \cos^2(\vartheta) + \sin^2(\vartheta)}} \left(\frac{\sin(\vartheta)}{1 - \cos(\vartheta)}, 1, 0\right)$$
$$= \frac{1 - \cos(\vartheta)}{\sqrt{1 - \cos(\vartheta)}} \left(\frac{\sin(\vartheta)}{1 - \cos(\vartheta)}, 1, 0\right) = \frac{1}{\sqrt{2}\sin(\vartheta/2)} \left(\sin(\vartheta), 2\sin^2(\vartheta/2), 0\right)$$

Using  $2\sin(\vartheta/2)\cos(\vartheta/2) = \sin(\vartheta)$ , this gives (HVOR KOMMER  $\sqrt{2}$  FRA????!?!?!)

$$\mathbf{v} = \left(\sqrt{2}\cos(\vartheta/2), -\sqrt{2}\sin(\vartheta/2), 0\right)$$

The last eigenvector is then found in a similar manner by setting  $\omega = A - B$ , yielding

$$\mathbf{v} = (-\sin(\vartheta/2), \cos(\vartheta/2), 0)$$

## 2 Precession of a frisbee

(a) The Euler equation for the motion of a spinning free body (no torque) is

$$\left(\frac{\mathrm{d}\mathbf{L}}{\mathrm{d}t}\right)_b + \boldsymbol{\omega} \times \mathbf{L} = 0$$

Writing this out in component form gives

$$\begin{split} I_1 \dot{\omega}_{x'} + \omega_{y'} \omega_{z'} (I_3 - I_2) &= 0, \\ I_2 \dot{\omega}_{y'} + \omega_{z'} \omega_{x'} (I_1 - I_3) &= 0, \\ I_3 \dot{\omega}_{z'} + \omega_{x'} \omega_{y'} (I_2 - I_1) &= 0. \end{split}$$

As shown in the compendium (5.G), the components of the angular velocity in the body frame is

$$\omega_{x'} = \dot{\phi}\sin(\theta)\sin(\psi) + \dot{\theta}\cos(\psi)$$
  
$$\omega_{y'} = \dot{\phi}\sin(\theta)\cos(\psi) - \dot{\theta}\sin(\psi)$$
  
$$\omega_{z'} = \dot{\phi}\cos(\theta) + \dot{\psi}.$$

(b) From the component form of the equations of motion, we see that

$$I_1 = I_2 \implies I_3 \dot{\omega}_{z'} = 0 \implies \omega_{z'} = \text{const.}$$

From the figure in the exercise, we can see that  $L_{z'} = L\cos(\theta)$ . The body axes are the principal axes of the frisbee, so  $L_{z'} = I_3\omega_{z'} = \text{const.} \implies \theta = \text{const.}$ , i.e.  $\dot{\theta} = 0$ . Using the Euler equation, we then get

$$\dot{\omega}_{x'} = -\Omega \omega_{y'}, \quad \dot{\omega}_{y'} = \Omega \omega_{y}, \quad \Omega = \frac{I_3 - I_1}{I_1} \omega_{z'}.$$

This is the equation of two sinusoidal functions,  $90^{\circ}$  out of phase. (An example of a solution is  $\omega_{x'} = \cos(\Omega), \omega_{y'} = \sin(\Omega t)$ ). This implies<sup>1</sup>

$$\omega_{x'}^2 + \omega_{y'}^2 = \left(\dot{\phi}\sin(\theta)\sin(\psi)\right)^2 + \left(\dot{\phi}\sin(\theta)\cos(\psi)\right)^2 = \dot{\phi}^2\sin(\theta) = \text{const.},$$

i.e. that  $\phi = \text{const..}$ 

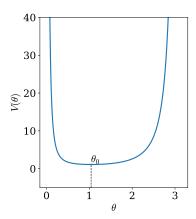
## 3 Precession of a heavy spinning top

 $<sup>1 \</sup>text{A more general proof for this is that } \frac{\mathrm{d}}{\mathrm{d}t} \left( \omega_{x'}^2 + \omega_{y'}^2 \right) = 2\omega_{x'} \dot{\omega}_{x'} + 2\omega_{y'} \dot{\omega}_{y'} = -2\Omega \dot{\omega}_{y'} \dot{\omega}_{x'} + 2\Omega \dot{\omega}_{y'} \dot{\omega}_{x'} = 0$ 

The effective potential of the spinning top is

$$V(\theta) = \frac{\left(p_{\phi} - p_{\psi}\cos(\theta)\right)^{2}}{2I_{1}\sin(\theta)^{2}}.$$

The shape is shown in the plot. This case is similar to that of orbiting planets. In that case, the centrifugal force creates an effective potential as a function of r, with a minimum. If the planet has an energy corresponding to that minimum, it is in a circular orbit, with constant radius. In this case, the effective potential is a function of the angle. Thus, the stable configuration with constant  $\theta = \theta_0$  corresponds to the minimum of the potential. This is found by differentiating  $V(\theta)$  and setting it equal to zero:



$$\left. \frac{\partial V}{\partial \theta} \right|_{\theta = \theta_0} = \frac{-\cos(\theta_0)(p_\phi - p_\psi \cos(\theta_0)^2 + p_p s i \sin^2(\theta_0)(p_\phi - p_\psi \cos(\theta_0)))}{I_1 \sin^3(\theta_0)} - Mgh \sin(\theta_0) = 0.$$

Defining  $\beta = p_{\phi} - p_{\psi} \cos(\theta_0)$ , we can simplify this to

$$0 = \cos(\theta_0)\beta^2 - p_{\psi}\sin^2(\theta_0)\beta + MghI_1\sin^4(\theta_0) = 0,$$

so we can solve for  $\beta$ :

$$\beta_{\pm} = \frac{p_{\psi} \sin^2(\theta_0)}{2 \cos(\theta_0)} \left( 1 \pm \sqrt{1 - \frac{4MgHI_1 \cos(\theta_0)}{p_{\psi}^2}} \right).$$

We can see that  $\beta$  must be a real quantity from its definition. Thus, if  $\theta_0 < \pi/2$ , so  $\cos(\theta_0) > 0$ , we get the restriction

$$p_{\psi}^2 \ge 4MghI_1\cos(\theta_0)$$

on physical configurations of the system. Inserting  $p_{\psi} = I_3 \omega_3$ , we get

$$\omega_3 \geq \frac{2}{I_2} \sqrt{MghI_1\cos(\theta_0)}.$$

This is a lower bound for the angular momentum needed by the spinning to be able to precess at an constant angle  $\theta$ .

The rate of precession is then given by

$$\dot{\phi}_{0(\pm)} = \frac{\beta_{\pm}}{I_1 \sin^2(\theta_0)}.$$

This means we have to different configurations with stable precession, given by the two roots  $\beta_{\pm}$ .  $\dot{\phi}_{0(+)}$  gives fast precession, while  $\dot{\phi}_{0(+)}$  gives slow precession. if  $\omega_3 \gg \frac{2}{I_3} \sqrt{MghI_1\cos(\theta_0)}$ , then  $p_{\psi}^2 \gg 4MghI_1\cos(\theta_0)$ . We can us  $\sqrt{1+x} = 1 - \frac{1}{2}x + \mathcal{O}(x^2)$  then expand the root in equation for

 $\beta$  as

$$\begin{split} \sqrt{1 - \frac{4MghI_1\cos(\theta_0)}{p_{\psi}^2}} &\approx 1 + \frac{2MghI_1\cos(\theta_0)}{p_{\psi}^2}, \quad p_{\psi} = I_3\omega_3 \\ \\ \Longrightarrow \beta_{\pm} &\approx \frac{I_3\omega_3\sin^2(\theta_0)}{2\cos(\theta_0)} \left( \frac{(I_3\omega_3)^2(1\pm 1) + 2MghI_1\cos(\theta_0)}{(I_3\omega_3)^2} \right) \\ \\ \Longrightarrow \dot{\phi}_{0(\pm)} &\approx \frac{(I_3\omega_3)^2(1\pm 1) + 2MghI_1\cos(\theta_0)}{2I_1I_3\omega_3\cos(\theta_0)} = \frac{I_3\omega_3}{2I_1\cos(\theta_0)} (1\pm 1) + \frac{Mgh}{I_3\omega_3}. \end{split}$$

The two stable configurations thus precess with the angular velocities

$$\dot{\phi}_{0(+)} = \frac{I_3 \omega_3}{I_1 \cos(\theta_0)}, \quad \dot{\phi}_{0(-)} = \frac{Mgh}{I_3 \omega_3}$$