## MetLife Earns Recognition as Top Adoption-Friendly Workplace Tuesday, October 15, 2019 12:30:00 PM (GMT)

For the twelfth year in a row, the Dave Thomas Foundation has recognized MetLife as one of America's Best Adoption-Friendly Workplaces

MetLife, Inc. (NYSE: MET) today announced that, for the twelfth year in a row, it has earned a spot on the Dave Thomas Foundation for Adoption's annual list of America's Best Adoption-Friendly Workplaces. MetLife has been recognized for its employee adoption benefits, parental leave policies, and flexible work culture.

The Dave Thomas Foundation for Adoption has released its 100 Best Adoption-Friendly Workplaces list every year since 2007. It compiles data from an annual survey of U.S. employers and bases its rankings on an analysis of each company's adoption-related benefits, including the maximum financial reimbursement and the amount of paid leave given to employees who adopt.

"Adoption is wonderful, but it can be expensive," said Susan Famulare, a MetLife senior business planning and strategy consultant. "Thanks to MetLife's Adoption Assistance program, I was able to fulfill a longtime dream and become the proud mother of a beautiful, adopted baby girl named Lily."

MetLife reimburses adoptive parents for eligible adoption-related expenses, and also provides them with the same benefits enjoyed by all working families at MetLife, including:

- Flexible work arrangements, such as compressed work weeks, part-time work, job-sharing, flextime, virtual work, and telecommuting.
- Back-up child care for up to 15 days per child per year when regular care is unavailable, along with up to 10 percent in child care discounts.
- Counseling, concierge services, research and referrals, employee discounts, seminars, and self-assessments.

"We are proud to be recognized as one of the best adoption-friendly workplaces for the twelfth year in a row," said Cindy Pace, MetLife's global chief diversity and inclusion officer. "MetLife is committed to providing inclusive family-friendly programs and supporting policies that enhance the experience of working parents."

## About MetLife

MetLife, Inc. (NYSE: MET), through its subsidiaries and affiliates ("MetLife"), is one of the world's leading financial services companies, providing insurance, annuities, employee benefits and asset management to help its individual and institutional customers navigate their changing world. Founded in 1868, MetLife has operations in more than 40 markets globally and holds leading positions in the United States, Japan, Latin America, Asia, Europe and the Middle East. For more information, visit <a href="https://www.metlife.com">www.metlife.com</a>.

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