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# Happiness Ratings of Countries Before, During, and After the Pandemic

Interested in finding out which continent experienced the most happiness during the pandemic years?

#7b644a

#D4BCA3

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#4a645d    #92A49F

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#B0B6B4

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## Distribution of Countries in Our Dataset

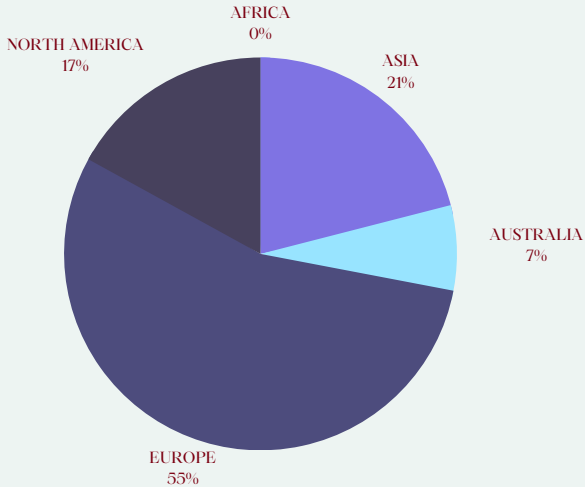| Continents | Number of Countries |
|---|---|
| Asia | 20 |
| Europe | 18 |
| Africa | 6 |
| North America | 4 |
| Australia | 2 |

Our study is based on a sample, so not every country has an associated rating. The table on the left illustrates the distribution of countries by continent. On this webpage, you'll discover which continent in our dataset has the highest happiness levels, identify the year when all countries were at their happiest, and anticipate some intriguing revelations on the following pages.

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## HIGH PERCENTAGES



NORTH AMERICA 17%
AFRICA 0%
ASIA 21%
AUSTRALIA 7%
EUROPE 55%

The chart shows the continents with the highest happiness ratings from 2018 to 2022. A quick look shows that Europe has the majority, accounting for 55% of the high ratings. This leads us to the conclusion that Europe had the highest proportion of people experiencing happiness between 2018 and 2022.
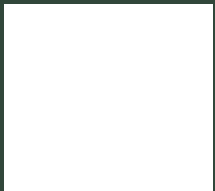
#746aa2
#3B397B

ALICE

## LOW PERCENTAGES



NORTH AMERICA 5.1%
EUROPE 10.1%
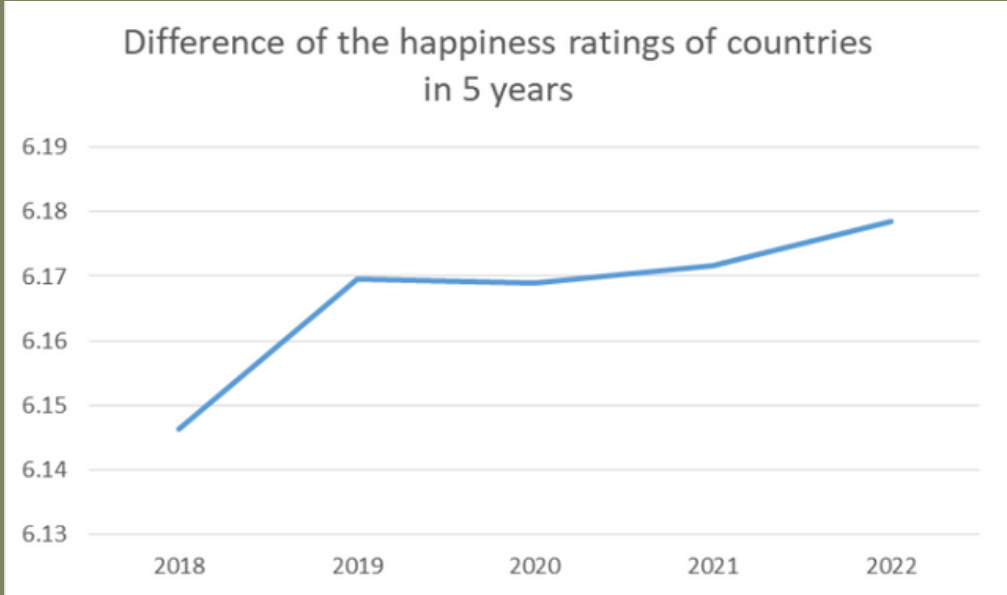AUSTRALIA 0%
AFRICA 19.2%
ASIA 65.7%
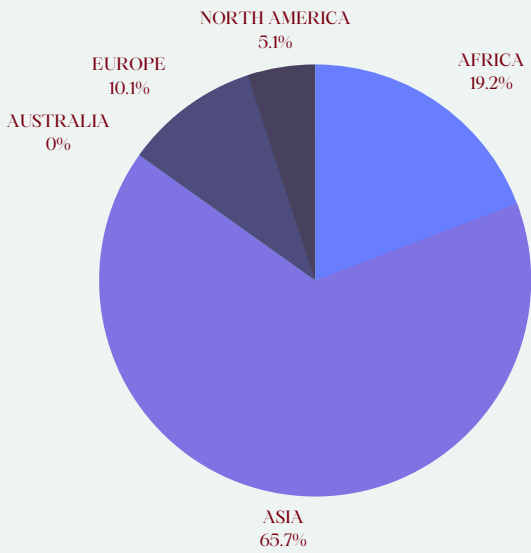
The chart provides a breakdown of continents with the highest number of low happiness ratings between 2018 and 2022. Evidemtly, Asia takes the lead with 65.7%, indicating that a significant portion of individuals experiencing sadness or lower levels of happiness during this period can be found in Asia.
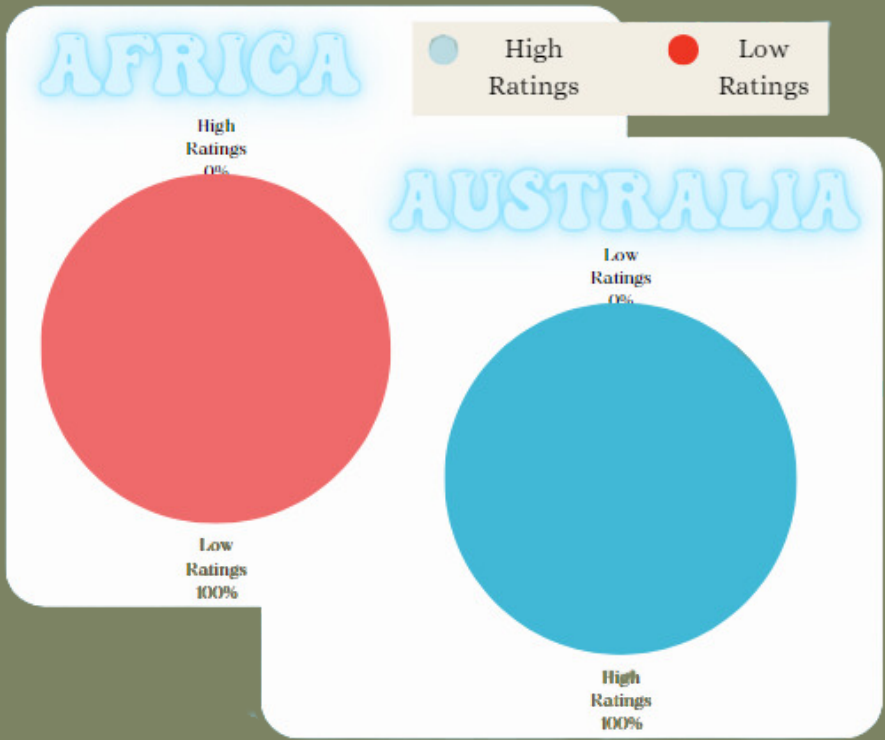
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Difference of the happiness ratings of countries in 5 years



AFRICA

High Ratings    Low Ratings

High Ratings 0%

Low Ratings 100%

AUSTRALIA

Low Ratings 0%

High Ratings 100%

In summary: The line graph indicates that, within the 2018-2022 timeframe, 2022 emerges as the year when most people worldwide experienced the highest levels of happiness.
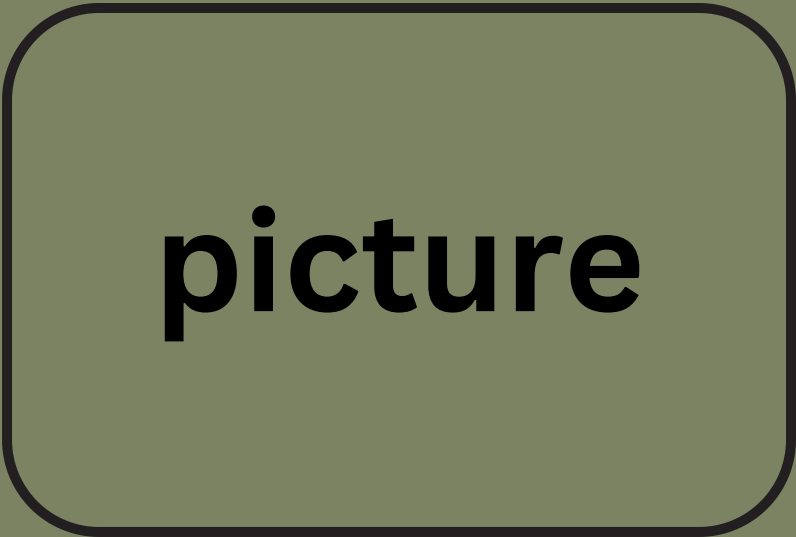
By referring to these charts, we can make the inference that every country in Australia displays high happiness ratings, while, in the context of our sample data, the included African countries consistently exhibit low happiness ratings.
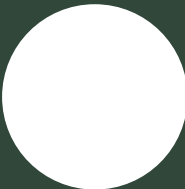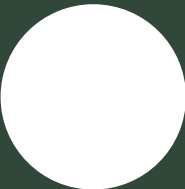
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## ABOUT THE RESEARCHER:

picture

**Full Name:  sdouhid**
**Nickname: asiufiausf**
**Birthdate: asiugfauisfh**
**Age: auatgfaiuf**

**Interests: asgfiaksgfaus**

# References and Software Used:

Ortiz-Ospina, E. (2013, May 14). Happiness and Life Satisfaction. Our World in Data. https://ourworldindata.org/happiness-and-life-satisfaction?fbclid=IwAR03C3HTqCzdFt9LIvcEh0Rz0Bav710oOgkI2QY-5kXWrhH0YxbrhDg9h18

Excel 2013

Jamovi 2014