

# **Physical Education 4**

## **Midterm Examination**

**The overhand serve where the ball is hit with no spin so that its path becomes unpredictable, akin to a knuckleball in baseball.**

**Float**

**The overhand serve where the ball is tossed high enough that the player may jump before hitting it similarly to a standing float serve.**

**Jump float**

**Rally scoring is where each rally ends with a team being awarded a point.**

**True**

**It is incorrect touching the top tape of the net or antennae.**

**False**

**The tactical skill in which a ball is directed to a point where a player can spike it into the opponent's court.**

**Set**

**The beach volleyball was added as an exhibition sport immediately became the hottest ticket at the games.**

**1969**

**The flexible rods that are 1.8 meters long made of fiberglass, fastened at the outer edge of each side band.**

**Antenna**

**A serve that results directly in a point, usually when the ball hits the floor untouched on the receiving team's side of the court.**

**Ace**

**It is correct, a back row player blocks or spikes from a position which is clearly not behind the 3 m line.**

**True**

**It's a used to receive a teammate's pass in order that the play may continue by passing the ball overhead to an attacker.**

**Setting**

**The women's version of the game was added in the Montreal games.**

**1976**

**A successful attempt by any one front row player to intercept the ball near the net that results in the termination of the rally.**

### **Block Solo**

**The overhand serve where the ball is first tossed high in the air, then the player makes a timed approach and jumps to make contact with the ball, hitting it with much pace and topspin.**

### **Overhead Serve**

**To change court positions after a ball is served to facilitate strongest player positions.**

### **Switch**

**The type fundamental skill in volleyball, the player stand facing the net with feet shoulder width apart, arms nearly extended above the head.**

### **Block**

**A 40 meters long and 20 meters wide. It must have a dividing line in the middle and goal at each ends.**

### **Field**

**A play set which includes two quick sets. Two hitters usually approaching the setter in the middle of the court.**

**Triple quick**

**It is incorrect, after contact of the serve, players may switch positions on the court, but front row players remain the front row and back row players remain in the back.**

**False**

**The first name of volleyball.**

**Mintonette**

**A combination in which one player attacks immediately behind another.**

**Tandem**

**A soft and capable of being easily dribbled and passed.**

**Ball**

**It is allowed at any moment, without limit and without time stoppage.**

**Substitutes**

**An extremely low vertical set used to beat the opponent's blocks.**

**Quick Set**

**The fundamental action of passing is to rebound the ball off of the forearms from a slightly squatted and balanced position.**

**Forearm Pass**

**The attempt of a player to terminate a play by hitting the ball to the floor on the opponent's side.**

**Attack Attempt**

**A type of serve known as a windmill, hook, or smash serve.**

**Round house serve**

**It's a sport founded at the end of the 19th century in the northern parts of Europe, specifically in Germany and in Scandinavia.**

**Handball**

**The game will be played to 15 pts.**

**False**

**It is in the ball touching a boundary line of volleyball court.**

**True**

**The first ever International Handball game for men was played.**

**1925**

**The players rotate in a counter clockwise manner through positions**

**6-1.**

**False**

**The player who defends the goal with just about every part of the body.**

**Goalkeeper**

**A ball that is passed across the net.**

**Overpass**

**A crucial role to protect the hand while catching a fast flying handball.**

**Gloves**

**It is correct, stepping on or over the line on a serve.**

**True**

**The volleyball was developed at the YMCA as sport.**

**1895**

**The set and hit was first developed in the Philippines and changed the way the game was played.**

**1916**

**It is made of leather or synthetic leather, weighs between 9 and 10 ounces and has a circumference of 25.6 to 26.4 inches.**

**Ball**

**The fundamental action of attacking incorporates a quick approach followed by a strong, full arm swing, and follow-thru.**

**Attack**

**A creative handball player who directs play in both defense and attack. Also known as the 'playmaker and sets up the tactics and the players in shooting positions.**

**Center**

**There is a maximum of three hits per side.**

**True**

**The overhand serve where the player tosses the ball high and hits it with a wrist span.**

**Topspin**

**The two white bands attached vertically to the net and placed above each sideline.**

**Side bands**

**A violation called when a team is lined up out of rotation when the ball is served.**

**Overlap**

**The server must serve from behind the end line.**

**True**

**The action is done with arm swing that sends the ball over the net into the opponent's court.**

**Serve**

**The indoor volleyball was added as sport in Olympics.**

**1964**



**The Volleyball was first played indoor.**

**1920's**

**The first ever International Handball game for women was played.**

**1930**

**The person who invented the volleyball game.**

**William G. Morgan**