

07/30/2024

Lauren Brunner

Reason for Appointment

1. Pt transfer
2. Med refills

History of Present Illness

Depression Screening:

• PHQ-9

Little interest or pleasure in doing things *Not at all*

Feeling down, depressed, or hopeless *Not at all*

Trouble falling or staying asleep, or sleeping too much *Not at all*

Feeling tired or having little energy *Not at all*

Poor appetite or overeating *Not at all*

Feeling bad about yourself or that you are a failure, or have let yourself or your family down *Not at all*

Trouble concentrating on things, such as reading the newspaper or watching television *Not at all*

Moving or speaking so slowly that other people could have noticed; or the opposite, being so fidgety or restless that you have been moving around a lot more than usual *Not at all*

Thoughts that you would be better off dead or of hurting yourself in some way *Not at all*

Total Score 0

History:

59-year-old female with history of hypothyroidism, insomnia, anxiety presenting for medication review and refills. Patient takes 25 mg of trazodone for sleep nightly, hopes to wean off this. Feels her mood overall is stable on current medication regimen.

Of note, patient had a hospitalization in April 2024 for bilateral frontoparietal craniotomies for chronic subdural hematomas. This was found on MRI of brain following a head trauma 2 months prior. Patient had been having extreme headaches and dizziness. During this time patient was also placed on Keppra for seizure prophylaxis as well as amlodipine for high blood pressure, she is off both of these now. Patient has residual hand weakness and continues to work with occupational therapy. She is back to regular exercise however still cannot hold weights or hold a tennis racquet due to her weakness.

Dr. Alexander Neurological Associates.

Current Medications

Taking

- Flonase 50 MCG/ACT Suspension 2 sprays in each nostril Nasally Once a day
- Mucinex 600 MG Tablet Extended Release 12 Hour 1 tablet as needed Orally every 12 hrs
- Hair Skin Nails - Capsule as directed Orally
- traZODone HCl 50 MG Tablet 1 tablet at bedtime as needed Orally Once a day , Notes to Pharmacist: 1/2 tab
- DULoxetine HCl 60 MG Capsule Delayed Release Particles take one capsule by mouth one time daily Orally Once a day , Notes to Pharmacist: LAST FILL KEEP UPCOMING APPT
- Synthroid 112 MCG Tablet 1 tablet Orally Once a day , Notes to Pharmacist: BRAND ONLY!
- valACYclovir HCl 500 MG Tablet TAKE ONE TABLET BY MOUTH ONE TIME DAILY Oral

Progress Note: Lauren Brunner 07/30/2024

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Hemoglobin	12.5 (Ref Range: 11.5-16.0 g/dL)	12.4 (Ref Range: 11.5-16.0 g/dL)	12.7 (Ref Range: 11.5-16.0 g/dL)	11.9 (Ref Range: 11.5-16.0 g/dL)	13.0 (Ref Range: 11.5-16.0 g/dL)
Hematocrit	38.4 (Ref Range: 35.0-47.0 %)	36.5 (Ref Range: 35.0-47.0 %)	38.5 (Ref Range: 35.0-47.0 %)	35.5 (Ref Range: 35.0-47.0 %)	38.9 (Ref Range: 35.0-47.0 %)
Platelet Count	233 (Ref Range: 130-400 K/uL)	233 (Ref Range: 130-400 K/uL)	229 (Ref Range: 130-400 K/uL)	219 (Ref Range: 130-400 K/uL)	240 (Ref Range: 130-400 K/uL)
RDW-CV%	12.8 (Ref Range: 11.5-14.5 %)	12.7 (Ref Range: 11.5-14.5 %)	12.7 (Ref Range: 11.5-14.5 %)	12.5 (Ref Range: 11.5-14.5 %)	13.8 (Ref Range: 11.5-14.5 %)
MCV	91.6 (Ref Range: 80.0-99.0 fL)	91.7 (Ref Range: 80.0-99.0 fL)	93.0 (Ref Range: 80.0-99.0 fL)	94.4 (Ref Range: 80.0-99.0 fL)	93.1 (Ref Range: 80.0-99.0 fL)
MCH	29.8 (Ref Range: 26.0-34.0 pg)	31.2 (Ref Range: 26.0-34.0 pg)	30.7 (Ref Range: 26.0-34.0 pg)	31.6 (Ref Range: 26.0-34.0 pg)	31.1 (Ref Range: 26.0-34.0 pg)
MCHC	32.6 (Ref Range: 31.0-35.0 g/dL)	34.0 (Ref Range: 31.0-35.0 g/dL)	33.0 (Ref Range: 31.0-35.0 g/dL)	33.5 (Ref Range: 31.0-35.0 g/dL)	33.4 (Ref Range: 31.0-35.0 g/dL)
Lymphocyte s%	30.2 (Ref Range: 17.4-51.7 %)	31.5 (Ref Range: 17.4-51.7 %)	37.5 (Ref Range: 17.4-51.7 %)	38.4 (Ref Range: 17.4-51.7 %)	29.0 (Ref Range: 17.4-51.7 %)
Mono%	6.8 (Ref Range: 4.5-12.5 %)	8.3 (Ref Range: 4.5-12.5 %)	6.6 (Ref Range: 4.5-12.5 %)	7.0 (Ref Range: 4.5-12.5 %)	5.3 (Ref Range: 4.5-12.5 %)
EOS%	2.6 (Ref Range: 0.5-5.8 %)	3.3 (Ref Range: 0.5-5.8 %)	3.1 (Ref Range: 0.5-5.8 %)	2.5 (Ref Range: 0.5-5.8 %)	2.0 (Ref Range: 0.5-5.8 %)

Chemistry	1740
Sodium (136 - 145 mmol/L)	138
Potassium (3.5 - 5.1 mmol/L)	4.5
Chloride (98 - 107 mmol/L)	102
Carbon Dioxide (21 - 32 mmol/L)	27
Anion Gap (5 - 15)	9
BUN (7 - 18 mg/dL)	11
Creatinine (0.55 - 1.02 mg/dL)	0.64
Estim Creat Clear Calc (mL/min)	95.5
Est GFR (CKD-EPI) (> 59 mL/min)	101.741
Glucose (74 - 106 mg/dL)	93
Calcium (8.5 - 10.1 mg/dL)	9.2
Hematology	
WBC (3.70 - 11.50 10 ³ /uL)	7.44
RBC (3.70 - 5.17 10 ⁶ /uL)	4.26
Hgb (11.0 - 15.1 g/dL)	12.8
Hct (30.4 - 44.6 %)	38.4
MCV (75.6 - 97.8 fL)	90.1
MCH (24.3 - 33.2 pg)	30.0
MCHC (31.9 - 35.1 g/dL)	33.3
RDW Coeff of Var (12.1 - 16.8 %)	12.5
Plt Count (156 - 380 10 ³ /uL)	315
MPV (7.0 - 10.7 fL)	10.0
Immature Gran % (Auto) (0.0 - 0.6 %)	0.3
Neut % (Auto) (%)	61.7
Lymph % (Auto) (%)	29.6
Mono % (Auto) (%)	5.4
Eos % (Auto) (%)	2.2
Baso % (Auto) (%)	0.8
Nucleat RBC Rel Count (NONE SEEN /100 WBC)	0.0
Neut # (Auto) (1.70 - 8.00 10 ³ /uL)	4.60
Lymph # (Auto) (1.10 - 3.80 10 ³ /uL)	2.20
Mono # (Auto) (0.30 - 0.90 10 ³ /uL)	0.40
Eos # (Auto) (0.00 - 0.50 10 ³ /uL)	0.16
Baso # (Auto) (0.00 - 0.10 10 ³ /uL)	0.06
Immature Gran # (Auto) (10 ³ /uL)	0.02
Absolute Nucleated RBC (10 ³ /uL)	0.00

Order Date: 04/03/24

—Service—

Category	Procedure Name	Order Number	Date	Time	Pri	Qty	Ord	Source	Status	Ordered By
LAB	CBC W/O DIFF	20240404-0245	04/04/24	0400	R		E		CMP	GILRI1
Other Provider :		Sig Lvl Provider :								

Order's Audit Trail of Events

1	04/03/24	1553	AP.GILRI	Order ENTER in POM
2	04/03/24	1553	AP.GILRI	Ordering Doctor: Gilliam,Richard R NP
3	04/03/24	1553	AP.GILRI	Order Source: EPOM
4	04/03/24	1553	AP.GILRI	Signed by Gilliam,Richard R NP
5	04/03/24	1623	3BAZ0038	order acknowledged
6	04/04/24	0001	interface	cc'd doctors edited in LAB
7	04/04/24	0001	interface	order's status changed from TRANS to LOGGED by LAB
8	04/04/24	0611	interface	order's status changed from LOGGED to IN PRO by LAB
9	04/04/24	0616	interface	order's status changed from IN PRO to COMP by LAB

Electronically signed by Gilliam,Richard R NP on 04/03/24 at 1553

Order Date: 04/03/24

—Service—

Category	Procedure Name	Order Number	Date	Time	Pri	Qty	Ord	Source	Status	Ordered By
LAB	BASIC METABOLIC PROF W/REFLEX	20240404-0246	04/04/24	0400	R		E		CMP	GILRI1
Other Provider :		Sig Lvl Provider :								

Order's Audit Trail of Events

1	04/03/24	1553	AP.GILRI	Order ENTER in POM
2	04/03/24	1553	AP.GILRI	Ordering Doctor: Gilliam,Richard R NP
3	04/03/24	1553	AP.GILRI	Order Source: EPOM
4	04/03/24	1553	AP.GILRI	Signed by Gilliam,Richard R NP
5	04/03/24	1623	3BAZ0038	order acknowledged
6	04/04/24	0001	interface	cc'd doctors edited in LAB
7	04/04/24	0001	interface	order's status changed from TRANS to LOGGED by LAB
8	04/04/24	0611	interface	order's status changed from LOGGED to IN PRO by LAB
9	04/04/24	0634	interface	order's status changed from IN PRO to COMP by LAB

Electronically signed by Gilliam,Richard R NP on 04/03/24 at 1553

Order Date: 04/03/24

—Service—

Category	Procedure Name	Order Number	Date	Time	Pri	Qty	Ord	Source	Status	Ordered By
MED.COCHR	MULTIDOSE MEDICATIONS	20240404-0656	04/04/24	0600	R	1	Z		CMP	OSBER
Other Provider :		Sig Lvl Provider :								

Order Date: 04/04/24 —Service—
 Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By
 NUR.PHYS Discharge Criteria 20240404-0494 04/04/24 0925 WILDA4
 Other Provider : Sig Lvl Provider :
 Press (ENTER) for Order Details below

Comment: D/C PT FROM PACU WHEN CRITERIA MET

Order's Audit Trail of Events

1	04/04/24	0925	DR.WILDA4	Order ENTER in POM
2	04/04/24	0925	DR.WILDA4	Order from set: PACU Adult
3	04/04/24	0925	DR.WILDA4	Ordering Doctor: Williams.David G.A. MD
4	04/04/24	0925	DR.WILDA4	Order Source: EPOM
5	04/04/24	0925	DR.WILDA4	Signed by Williams.David G.A. MD
6	04/04/24	0925	interface	order's status changed from TRANS to ACTIVE by NUR
7	04/04/24	1313	3NNI9254	order acknowledged
8	04/06/24	1652	DR.KOHJA1	Order marked to be continued upon patient transfer.
9	04/06/24	1652	DR.KOHJA1	Signed by Kohout.Jaromir MD
10	04/06/24	2055	PWSNS10	Order RECEIVE in NUR
11	04/06/24	2055	PWSNS10	Ordering Doctor: Kohout.Jaromir MD
12	04/06/24	2055	PWSNS10	Order Source: EPOM
13	04/06/24	2055	PWSNS10	Order continued upon patient transfer.
14	04/06/24	2058	PWSNS10	order acknowledged

Electronically signed by Kohout.Jaromir MD on 04/06/24 at 1652

Electronically signed by Williams.David G.A. MD on 04/04/24 at 0925

Order Date: 04/04/24 —Service—
 Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By
 NUR.PHYS Notify MD 20240404-0495 04/04/24 0925 WILDA4
 Other Provider : Sig Lvl Provider :
 Press (ENTER) for Order Details below

Comment: Notify provider of HH results if ordered

Order's Audit Trail of Events

1	04/04/24	0925	DR.WILDA4	Order ENTER in POM
2	04/04/24	0925	DR.WILDA4	Order from set: PACU Adult
3	04/04/24	0925	DR.WILDA4	Ordering Doctor: Williams.David G.A. MD
4	04/04/24	0925	DR.WILDA4	Order Source: EPOM
5	04/04/24	0925	DR.WILDA4	Signed by Williams.David G.A. MD
6	04/04/24	0925	interface	order's status changed from TRANS to ACTIVE by NUR
7	04/04/24	1313	3NNI9254	order acknowledged
8	04/06/24	1652	DR.KOHJA1	Order marked to be continued upon patient transfer.
9	04/06/24	1652	DR.KOHJA1	Signed by Kohout.Jaromir MD
10	04/06/24	2055	PWSNS10	Order RECEIVE in NUR
11	04/06/24	2055	PWSNS10	Ordering Doctor: Kohout.Jaromir MD
12	04/06/24	2055	PWSNS10	Order Source: EPOM
13	04/06/24	2055	PWSNS10	Order continued upon patient transfer.

Diagnosis/Problem/Outcome/Care Item Description										Diagnosis/Problem/Outcome/Care Item Description									
Activity	Occurred	Recorded	Sts	Frequency	From	Activity	Occurred	Recorded	Sts	Frequency	From	Activity	Occurred	Recorded	Sts	Frequency	From		
Type	Date	Time by	Date	Time by	Comment	Type	Date	Time by	Date	Time by	Comment	Type	Date	Time by	Date	Time by	Comment		
Activity Date: 04/03/24 Time: 2000										Activity Date: 04/03/24 Time: 2015									
220430	Teach/Educate +				A	CP	220411	Clinical Monitor Interface +			A	MO							
- Document	04/03/24	2000 CW	04/03/24	2327 CW			- Document	04/03/24	2015 CW	04/04/24	0311 CW								
- PATIENT/FAMILY TEACHING - -										Pulse: 93									
Primary learner: Patient										Respiratory rate: 39									
Primary learners preferred spoken language: ENG ENGLISH										Blood pressure: 126/61									
Primary learners preferred written language: ENG ENGLISH										SP02 %: 100									
Physiological topics: Blood pressure										See next page									
Functional topics: Activity care										See next page									
Psychological topics: Neurological system care										Mean arterial pressure: 86									
Coping support										See next page									
Health behavior topics: Medication actions																			
Person(s) educated: Patient										Activity Date: 04/03/24 Time: 2030									
Readiness to learn: Cooperative																			
Method of education: Verbal discussion										220411 Clinical Monitor Interface + A MO									
Responsiveness to learning: Verbalized understanding										- Document 04/03/24 2030 CW 04/04/24 0311 CW									
Physical regulation topics: Blood pressure										Pulse: 84									
Activity topics: Activity care										Respiratory rate: 21									
Cognitive/Neuro topics: Neurologic system care										Blood pressure: 128/63									
Coping topics: Coping support										SP02 %: 100									
Medication topics: Medication actions										See next page									
220700	Plan of Care +				A	CP	See next page												
- Document	04/03/24	2000 CW	04/03/24	2327 CW			Mean arterial pressure: 89												
- NEUROLOGICAL ALTERATION - -										See next page									
Neurological alteration problem expected to: Improve/Resolve										Activity Date: 04/03/24 Time: 2045									
Target date: 04/30/24																			
Neurological alteration problem is: Stabilizing/Maintaining										220411 Clinical Monitor Interface + A MO									
- INFECTION ALTERATION - -										- Document 04/03/24 2045 CW 04/04/24 0311 CW									
Infection alteration problem expected to: Improve/Resolve										Pulse: 83									
Target date: 04/30/24										Respiratory rate: 34									
Infection alteration problem is: Stabilizing/Maintaining										Blood pressure: 125/63									
- ACTIVITY ALTERATION - -										SP02 %: 100									
Activity alteration problem expected to: Improve/Resolve										See next page									
Target date: 04/06/24										See next page									
Activity alteration problem is: Stabilizing/Maintaining										Mean arterial pressure: 87									
- ANXIETY ALTERATION - -										See next page									
Anxiety alteration problem expected to: Improve/Resolve										Activity Date: 04/03/24 Time: 2100									
Target date: 04/30/24																			
Anxiety alteration problem is: Stabilizing/Maintaining										220281 Frequent Neuro Checks + A PS									
- INJURY RISK PROBLEM - -										- Document 04/03/24 2100 CW 04/03/24 2156 CW									
Injury risk problem expected to: Stabilize/Maintain										- FREQUENT NEURO CHECKS - -									
Target date: 04/30/24										Level of consciousness: Awake/Alert									
Injury risk problem is: Stabilizing/Maintaining										- GLASGOW COMA SCALE - -									
- MAIN SCREEN SELECTIONS - -										Document Glasgow coma scale: Yes									
Physiological problem/alteration in: Infection										Eye opening: 4									
Neurological										Verbal response: 5									
Functional problem/alteration in: Activity										Motor response: 6									
Psychological problem/alteration in: Anxiety																			
Health behavior problem/risk: Injury risk																			

Diagnosis/Problem/Outcome/Care Item Description										Diagnosis/Problem/Outcome/Care Item Description									
Activity Type	Occurred Date	Recorded Time	by	Sts	Frequency Documented	Units	From	Change		Activity Type	Occurred Date	Recorded Time	by	Sts	Frequency Documented	Units	From	Change	
Activity Date: 04/03/24 Time: 2100 (continued)										Activity Date: 04/03/24 Time: 2122 (continued)									
220281 Frequent Neuro Checks + (continued) Glasgow coma score: 15 Mild - - Copyright - - Adults: Sir Graham Teasdale Pediatrics: Copyright owned by Matthew Kirschen, MD PhD Received permissions on 4/22/20 LUE motor strength: Strong RUE motor strength: Strong LLE motor strength: Strong RLE motor strength: Strong LUE movement: Obeys RUE movement: Obeys LLE movement: Obeys RLE movement: Obeys Left pupil reaction to light: Brisk Right pupil reaction to light: Brisk Left pupil size: 3mm Right pupil size: 3mm Eye movement: Full range DOUBLE VISION Facial symmetry: Intact Vocalization: Appropriate 220411 Clinical Monitor Interface + A MO - Document 04/03/24 2100 CW 04/04/24 0311 CW Pulse: 80 Respiratory rate: 26 Blood pressure: 130/66 SPO2 %: 100 See next page See next page Mean arterial pressure: 91 See next page										220411 Clinical Monitor Interface + (continued) Blood pressure: 132/66 SPO2 %: 99 See next page See next page Mean arterial pressure: 94 See next page Activity Date: 04/03/24 Time: 2130 220411 Clinical Monitor Interface + A MO - Document 04/03/24 2130 CW 04/04/24 0311 CW Pulse: 77 Respiratory rate: 19 Blood pressure: 127/65 SPO2 %: 97 See next page See next page Mean arterial pressure: 90 See next page Activity Date: 04/03/24 Time: 2145 220411 Clinical Monitor Interface + A MO - Document 04/03/24 2145 CW 04/04/24 0311 CW Pulse: 72 Respiratory rate: 23 Blood pressure: 126/66 SPO2 %: 97 See next page See next page Mean arterial pressure: 91 See next page Activity Date: 04/03/24 Time: 2200 220411 Clinical Monitor Interface + A MO - Document 04/03/24 2200 CW 04/04/24 0311 CW Pulse: 74 Respiratory rate: 19 Blood pressure: 126/69 SPO2 %: 98 See next page See next page Mean arterial pressure: 93 See next page									
Activity Date: 04/03/24 Time: 2107										Activity Date: 04/03/24 Time: 2122									
220411 Clinical Monitor Interface + A MO - Document 04/03/24 2107 CW 04/04/24 0311 CW Pulse: 82 Respiratory rate: 32 See next page See next page See next page										220411 Clinical Monitor Interface + A MO - Document 04/03/24 2200 CW 04/04/24 0311 CW Pulse: 75 Respiratory rate: 21									