

07/30/2024

Lauren Brunner

### Reason for Appointment

1. Pt transfer
2. **Med** refills

### History of Present Illness

#### Depression Screening:

- PHQ-9

Little interest **or** pleasure in doing things *Not at all*

Feeling down, depressed, **or** hopeless *Not at all*

Trouble falling **or** staying asleep, **or** sleeping too much *Not at all*

Feeling tired **or** having little energy *Not at all*

Poor appetite **or** overeating *Not at all*

Feeling bad about yourself **or** that you are **a** failure, **or** have let yourself **or** your family down *Not at all*

Trouble concentrating on things, such as reading the newspaper **or** watching television *Not at all*

Moving **or** speaking so slowly that other people could have noticed; **or** the opposite, being so fidgety **or** restless that you have been moving around **a** lot more than usual *Not at all*

Thoughts that you would be better off dead **or** of hurting yourself in some way *Not at all*

Total Score **0**

#### History:

59-year-old female with history of hypothyroidism, insomnia, anxiety presenting for medication review and refills. Patient takes 25 mg of trazodone for sleep nightly, hopes to wean off this. Feels her mood overall is stable on current medication regimen.

Of note, patient had **a** hospitalization in April 2024 for bilateral frontoparietal craniotomies for chronic subdural hematomas. This was found on MRI of brain following **a** head trauma 2 months prior. Patient had been having extreme headaches and dizziness. During this time patient was also placed on Keppra for seizure prophylaxis as well as amlodipine for high blood pressure, she is off both of these now. Patient has residual hand weakness and continues to work with occupational therapy. She is back to regular exercise however still cannot hold weights **or** hold **a** tennis racquet due to her weakness.

Dr. Alexander Neurological Associates.

### Current Medications

#### Taking

- Flonase 50 MCG/ACT Suspension 2 sprays in each nostril Nasally Once **a** day
- Mucinex 600 MG Tablet Extended Release 12 Hour 1 tablet as needed Orally every 12 hrs
- Hair Skin Nails - Capsule as directed Orally
- traZODone HCl 50 MG Tablet 1 tablet at bedtime as needed Orally Once **a** day , Notes to Pharmacist: 1/2 tab
- DULoxetine HCl 60 MG Capsule Delayed Release Particles take one capsule by mouth one time daily Orally Once **a** day , Notes to Pharmacist: LAST FILL KEEP UPCOMING APPT
- Synthroid 112 MCG Tablet 1 tablet Orally Once **a** day , Notes to Pharmacist: BRAND ONLY!
- valACYclovir HCl 500 MG Tablet TAKE ONE TABLET BY MOUTH ONE TIME DAILY Oral

Progress Note: Lauren Brunner 07/30/2024

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Hemoglobin	12.5 (Ref Range: 11.5-16.0 g/dL)	12.4 (Ref Range: 11.5-16.0 g/dL)	12.7 (Ref Range: 11.5-16.0 g/dL)	11.9 (Ref Range: 11.5-16.0 g/dL)	13.0 (Ref Range: 11.5-16.0 g/dL)
Hematocrit	38.4 (Ref Range: 35.0-47.0 %)	36.5 (Ref Range: 35.0-47.0 %)	38.5 (Ref Range: 35.0-47.0 %)	35.5 (Ref Range: 35.0-47.0 %)	38.9 (Ref Range: 35.0-47.0 %)
Platelet Count	233 (Ref Range: 130-400 K/uL)	233 (Ref Range: 130-400 K/uL)	229 (Ref Range: 130-400 K/uL)	219 (Ref Range: 130-400 K/uL)	240 (Ref Range: 130-400 K/uL)
RDW-CV%	12.8 (Ref Range: 11.5-14.5 %)	12.7 (Ref Range: 11.5-14.5 %)	12.7 (Ref Range: 11.5-14.5 %)	12.5 (Ref Range: 11.5-14.5 %)	13.8 (Ref Range: 11.5-14.5 %)
MCV	91.6 (Ref Range: 80.0-99.0 fL)	91.7 (Ref Range: 80.0-99.0 fL)	93.0 (Ref Range: 80.0-99.0 fL)	94.4 (Ref Range: 80.0-99.0 fL)	93.1 (Ref Range: 80.0-99.0 fL)
MCH	29.8 (Ref Range: 26.0-34.0 pg)	31.2 (Ref Range: 26.0-34.0 pg)	30.7 (Ref Range: 26.0-34.0 pg)	31.6 (Ref Range: 26.0-34.0 pg)	31.1 (Ref Range: 26.0-34.0 pg)
MCHC	32.6 (Ref Range: 31.0-35.0 g/dL)	34.0 (Ref Range: 31.0-35.0 g/dL)	33.0 (Ref Range: 31.0-35.0 g/dL)	33.5 (Ref Range: 31.0-35.0 g/dL)	33.4 (Ref Range: 31.0-35.0 g/dL)
Lymphocyte s%	30.2 (Ref Range: 17.4-51.7 %)	31.5 (Ref Range: 17.4-51.7 %)	37.5 (Ref Range: 17.4-51.7 %)	38.4 (Ref Range: 17.4-51.7 %)	29.0 (Ref Range: 17.4-51.7 %)
Mono%	6.8 (Ref Range: 4.5-12.5 %)	8.3 (Ref Range: 4.5-12.5 %)	6.6 (Ref Range: 4.5-12.5 %)	7.0 (Ref Range: 4.5-12.5 %)	5.3 (Ref Range: 4.5-12.5 %)
EOS%	2.6 (Ref Range: 0.5-5.8 %)	3.3 (Ref Range: 0.5-5.8 %)	3.1 (Ref Range: 0.5-5.8 %)	2.5 (Ref Range: 0.5-5.8 %)	2.0 (Ref Range: 0.5-5.8 %)

	1740
<b>Chemistry</b>	
Sodium (136 - 145 mmol/L)	138
Potassium (3.5 - 5.1 mmol/L)	4.5
Chloride (98 - 107 mmol/L)	102
Carbon Dioxide (21 - 32 mmol/L)	27
Anion Gap (5 - 15)	9
BUN (7 - 18 mg/dL)	11
Creatinine (0.55 - 1.02 mg/dL)	0.64
Estim Creat Clear Calc (mL/min)	95.5
Est GFR (CKD-EPI) (> 59 mL/min)	101.741
Glucose (74 - 106 mg/dL)	93
Calcium (8.5 - 10.1 mg/dL)	9.2
<b>Hematology</b>	
WBC (3.70 - 11.50 10 <sup>3</sup> /uL)	7.44
RBC (3.70 - 5.17 10 <sup>6</sup> /uL)	4.26
Hgb (11.0 - 15.1 g/dL)	12.8
Hct (30.4 - 44.6 %)	38.4
MCV (75.6 - 97.8 fL)	90.1
MCH (24.3 - 33.2 pg)	30.0
MCHC (31.9 - 35.1 g/dL)	33.3
RDW Coeff of Var (12.1 - 16.8 %)	12.5
Plt Count (156 - 380 10 <sup>3</sup> /uL)	315
MPV (7.0 - 10.7 fL)	10.0
Immature Gran % (Auto) (0.0 - 0.6 %)	0.3
Neut % (Auto) (%)	61.7
Lymph % (Auto) (%)	29.6
Mono % (Auto) (%)	5.4
Eos % (Auto) (%)	2.2
Baso % (Auto) (%)	0.8
Nucleat RBC Rel Count (NONE SEEN /100 WBC)	0.0
Neut # (Auto) (1.70 - 8.00 10 <sup>3</sup> /uL)	4.60
Lymph # (Auto) (1.10 - 3.80 10 <sup>3</sup> /uL)	2.20
Mono # (Auto) (0.30 - 0.90 10 <sup>3</sup> /uL)	0.40
Eos # (Auto) (0.00 - 0.50 10 <sup>3</sup> /uL)	0.16
Baso # (Auto) (0.00 - 0.10 10 <sup>3</sup> /uL)	0.06
Immature Gran # (Auto) (10 <sup>3</sup> /uL)	0.02
Absolute Nucleated RBC (10 <sup>3</sup> /uL)	0.00

Order Date: 04/03/24 —Service—  
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By  
LAB CBC W/O DIFF 20240404-0245 04/04/24 0400 R E CMP GILRI1  
Other Provider : Sig Lvl Provider :

## Order's Audit Trail of Events

- 1 04/03/24 1553 AP.GILRI Order ENTER in POM  
2 04/03/24 1553 AP.GILRI Ordering Doctor: Gilliam,Richard R NP  
3 04/03/24 1553 AP.GILRI Order Source: EPOM  
4 04/03/24 1553 AP.GILRI Signed by Gilliam,Richard R NP  
5 04/03/24 1623 3BAZ0038 order acknowledged  
6 04/04/24 0001 interface cc'd doctors edited in LAB  
7 04/04/24 0001 interface order's status changed from TRANS to LOGGED by LAB  
8 04/04/24 0611 interface order's status changed from LOGGED to IN PRO by LAB  
9 04/04/24 0616 interface order's status changed from IN PRO to COMP by LAB

Electronically signed by Gilliam Richard R NP on 04/03/24 at 1553

Order Date: 04/03/24 —Service—  
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By  
LAB BASIC METABOLIC PROF W/REFLEX 20240404-0246 04/04/24 0400 R E CMP GILRII  
Other Provider : Sig Lvl Provider :

#### Order's Audit Trail of Events

- 1 04/03/24 1553 AP.GILRI Order ENTER in POM  
2 04/03/24 1553 AP.GILRI Ordering Doctor: Gilliam,Richard R NP  
3 04/03/24 1553 AP.GILRI Order Source: EPOM  
4 04/03/24 1553 AP.GILRI Signed by Gilliam,Richard R NP  
5 04/03/24 1623 3BAZ0038 order acknowledged  
6 04/04/24 0001 interface cc'd doctors edited in LAB  
7 04/04/24 0001 interface order's status changed from TRANS to LOGGED by LAB  
8 04/04/24 0611 interface order's status changed from LOGGED to IN PRO by LAB  
9 04/04/24 0634 interface order's status changed from IN PRO to COMP by LAB

Electronically signed by Gillian Richard R NP on 04/03/24 at 1553

Order Date: 04/03/24 —Service—  
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By  
MED.COCHR MULTIDOSE MEDICATIONS 20240404-0656 04/04/24 0600 R 1 Z CMP OSBER  
Other Provider : Sig lyl Provider :

Order Date: 04/04/24

—Service—

Category	Procedure Name	Order Number	Date	Time	Pri	Qty	Ord	Source	Status	Ordered By
NUR.PHYS	Discharge Criteria	20240404-0494	04/04/24	0925	E			IPR		WILDA4
Other Provider : Sig Lvl Provider :										
Press (ENTER) for Order Details below										

Comment:

D/C PT FROM PACU WHEN CRITERIA MET

Order's Audit Trail of Events

- 1 04/04/24 0925 DR.WILDA4 Order ENTER in POM
- 2 04/04/24 0925 DR.WILDA4 Order from set: PACU Adult
- 3 04/04/24 0925 DR.WILDA4 Ordering Doctor: Williams,David G.A. MD
- 4 04/04/24 0925 DR.WILDA4 Order Source: EPOM
- 5 04/04/24 0925 DR.WILDA4 Signed by Williams,David G.A. MD
- 6 04/04/24 0925 interface order's status changed from TRANS to ACTIVE by NUR
- 7 04/04/24 1313 3NNI9254 order acknowledged
- 8 04/06/24 1652 DR.KOHJA1 Order marked to be continued upon patient transfer.
- 9 04/06/24 1652 DR.KOHJA1 Signed by Kohout,Jaromir MD
- 10 04/06/24 2055 PWSNS10 Order RECEIVE in NUR
- 11 04/06/24 2055 PWSNS10 Ordering Doctor: Kohout,Jaromir MD
- 12 04/06/24 2055 PWSNS10 Order Source: EPOM
- 13 04/06/24 2055 PWSNS10 Order continued upon patient transfer.
- 14 04/06/24 2058 PWSNS10 order acknowledged

Electronically signed by Kohout,Jaromir MD on 04/06/24 at 1652

Electronically signed by Williams,David G.A. MD on 04/04/24 at 0925

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Order Date: 04/04/24

—Service—

Category	Procedure Name	Order Number	Date	Time	Pri	Qty	Ord	Source	Status	Ordered By
NUR.PHYS	Notify MD	20240404-0495	04/04/24	0925	E			IPR		WILDA4
Other Provider : Sig Lvl Provider :										
Press (ENTER) for Order Details below										

Comment:

Notify provider of HH results if ordered

Order's Audit Trail of Events

- 1 04/04/24 0925 DR.WILDA4 Order ENTER in POM
- 2 04/04/24 0925 DR.WILDA4 Order from set: PACU Adult
- 3 04/04/24 0925 DR.WILDA4 Ordering Doctor: Williams,David G.A. MD
- 4 04/04/24 0925 DR.WILDA4 Order Source: EPOM
- 5 04/04/24 0925 DR.WILDA4 Signed by Williams,David G.A. MD
- 6 04/04/24 0925 interface order's status changed from TRANS to ACTIVE by NUR
- 7 04/04/24 1313 3NNI9254 order acknowledged
- 8 04/06/24 1652 DR.KOHJA1 Order marked to be continued upon patient transfer.
- 9 04/06/24 1652 DR.KOHJA1 Signed by Kohout,Jaromir MD
- 10 04/06/24 2055 PWSNS10 Order RECEIVE in NUR
- 11 04/06/24 2055 PWSNS10 Ordering Doctor: Kohout,Jaromir MD
- 12 04/06/24 2055 PWSNS10 Order Source: EPOM
- 13 04/06/24 2055 PWSNS10 Order continued upon patient transfer.

Diagnosis/Problem/Outcome/Care Item Description						Diagnosis/Problem/Outcome/Care Item Description												
Activity Type	Occurred Date	Occurred Time by	Recorded Date	Recorded Time by	From Comment	Sts	Frequency Documented Units	From Change	Activity Type	Occurred Date	Occurred Time by	Recorded Date	Recorded Time by	From Comment	Sts	Frequency Documented Units	From Change	
Activity Date: 04/03/24 Time: 2000						Activity Date: 04/03/24 Time: 2015												
220430	Teach/Educate +	A	CP	220411	Clinical Monitor Interface +	A	MO											
- Document	04/03/24 2000	CW	04/03/24 2327	CW	- Document	04/03/24 2015	CW	04/04/24 0311	CW	Pulse: 93	Respiratory rate: 39	Blood pressure: 126/61	SPO2 %: 100	See next page	See next page	Mean arterial pressure: 86	See next page	
Primary Learner: Patient						Activity Date: 04/03/24 Time: 2030												
Primary learners preferred spoken language: ENG ENGLISH						220411	Clinical Monitor Interface +	A	MO									
Primary learners preferred written language: ENG ENGLISH						- Document	04/03/24 2030	CW	04/04/24 0311	CW	Pulse: 84	Respiratory rate: 21	Blood pressure: 128/63	SPO2 %: 100	See next page	See next page	Mean arterial pressure: 89	See next page
Physiological topics: Blood pressure						Activity Date: 04/03/24 Time: 2045												
Functional topics: Activity care						220411	Clinical Monitor Interface +	A	MO									
Psychological topics: Neurological system care						- Document	04/03/24 2045	CW	04/04/24 0311	CW	Pulse: 83	Respiratory rate: 34	Blood pressure: 125/63	SPO2 %: 100	See next page	See next page	Mean arterial pressure: 87	See next page
Coping support						Activity Date: 04/03/24 Time: 2100												
Health behavior topics: Medication actions						220281	Frequent Neuro Checks +	A	PS									
Person(s) educated: Patient						- Document	04/03/24 2100	CW	04/03/24 2156	CW	- - FREQUENT NEURO CHECKS - -	Level of consciousness: Awake/Alert	- - GLASGOW COMA SCALE - -	Document Glasgow coma scale: Yes	Eye opening: 4	Verbal response: 5	Motor response: 6	
Readiness to learn: Cooperative																		
Method of education: Verbal discussion																		
Responsiveness to learning: Verbalized understanding																		
Physical regulation topics: Blood pressure																		
Activity topics: Activity care																		
Cognitive/Neuro topics: Neurologic system care																		
Coping topics: Coping support																		
Medication topics: Medication actions																		
220700	Plan of Care +	A	CP	220281	Frequent Neuro Checks +	A	PS											
- Document	04/03/24 2000	CW	04/03/24 2327	CW	- Document	04/03/24 2045	CW	04/04/24 0311	CW	- - FREQUENT NEURO CHECKS - -	Level of consciousness: Awake/Alert	- - GLASGOW COMA SCALE - -	Document Glasgow coma scale: Yes	Eye opening: 4	Verbal response: 5	Motor response: 6		
- - NEUROLOGICAL ALTERATION - -																		
Neurological alteration problem expected to: Improve/Resolve																		
Target date: 04/30/24																		
Neurological alteration problem is: Stabilizing/Maintaining																		
- - INFECTION ALTERATION - -																		
Infection alteration problem expected to: Improve/Resolve																		
Target date: 04/30/24																		
Infection alteration problem is: Stabilizing/Maintaining																		
- - ACTIVITY ALTERATION - -																		
Activity alteration problem expected to: Improve/Resolve																		
Target date: 04/06/24																		
Activity alteration problem is: Stabilizing/Maintaining																		
- - ANXIETY ALTERATION - -																		
Anxiety alteration problem expected to: Improve/Resolve																		
Target date: 04/30/24																		
Anxiety alteration problem is: Stabilizing/Maintaining																		
- - INJURY RISK PROBLEM - -																		
Injury risk problem expected to: Stabilize/Maintain																		
Target date: 04/30/24																		
Injury risk problem is: Stabilizing/Maintaining																		
- - MAIN SCREEN SELECTIONS - -																		
Physiological problem/alteration in: Infection																		
Neurological																		
Functional problem/alteration in: Activity																		
Psychological problem/alteration in: Anxiety																		
Health behavior problem/risk: Injury risk																		

