

07/30/2024

Lauren Brunner

### Reason for Appointment

1. Pt transfer
2. Med refills

### History of Present Illness

#### Depression Screening:

- PHQ-9

Little interest or pleasure in doing things **Not at all**

Feeling down, depressed, or hopeless **Not at all**

Trouble falling or staying asleep, or sleeping too much **Not at all**

Feeling tired or having little energy **Not at all**

Poor appetite or overeating **Not at all**

Feeling bad about yourself or that you are a failure, or have let yourself or your family down **Not at all**

Trouble concentrating on things, such as reading the newspaper or watching television **Not at all**

Moving or speaking so slowly that other people could have noticed; or the opposite, being so fidgety or restless that you have been moving around a lot more than usual **Not at all**

Thoughts that you would be better off dead or of hurting yourself in some way **Not at all**

Total Score **0**

#### History:

59-year-old female with history of hypothyroidism, insomnia, anxiety presenting for medication review and refills. Patient takes 25 mg of trazodone for sleep nightly, hopes to wean off this. Feels her mood overall is stable on current medication regimen.

Of note, patient had a hospitalization in April 2024 for bilateral frontoparietal craniotomies for chronic subdural hematomas. This was found on MRI of brain following a head trauma 2 months prior. Patient had been having extreme headaches and dizziness. During this time patient was also placed on Keppra for seizure prophylaxis as well as amlodipine for high blood pressure, she is off both of these now. Patient has residual hand weakness and continues to work with occupational therapy. She is back to regular exercise however still cannot hold weights or hold a tennis racquet due to her weakness.

Dr. Alexander Neurological Associates.

### Current Medications

#### Taking

- Flonase 50 MCG/ACT Suspension 2 sprays in each nostril Nasally Once a day
- Mucinex 600 MG Tablet Extended Release 12 Hour 1 tablet as needed Orally every 12 hrs
- Hair Skin Nails - Capsule as directed Orally
- traZODone HCl 50 MG Tablet 1 tablet at bedtime as needed Orally Once a day, Notes to Pharmacist: 1/2 tab
- DULoxetine HCl 60 MG Capsule Delayed Release Particles take one capsule by mouth one time daily Orally Once a day, Notes to Pharmacist: LAST FILL KEEP UPCOMING APPT
- Synthroid 112 MCG Tablet 1 tablet Orally Once a day, Notes to Pharmacist: BRAND ONLY!
- valACYclovir HCl 500 MG Tablet TAKE ONE TABLET BY MOUTH ONE TIME DAILY Oral

Progress Note: Lauren Brunner 07/30/2024

Hemoglobin	12.5 (Ref Range: 11.5-16.0 g/dL)	12.4 (Ref Range: 11.5-16.0 g/dL)	12.7 (Ref Range: 11.5-16.0 g/dL)	11.9 (Ref Range: 11.5-16.0 g/dL)	13.0 (Ref Range: 11.5-16.0 g/dL)
Hematocrit	38.4 (Ref Range: 35.0-47.0 %)	36.5 (Ref Range: 35.0-47.0 %)	38.5 (Ref Range: 35.0-47.0 %)	35.5 (Ref Range: 35.0-47.0 %)	38.9 (Ref Range: 35.0-47.0 %)
Platelet Count	233 (Ref Range: 130-400 K/uL)	233 (Ref Range: 130-400 K/uL)	229 (Ref Range: 130-400 K/uL)	219 (Ref Range: 130-400 K/uL)	240 (Ref Range: 130-400 K/uL)
RDW-CV%	12.8 (Ref Range: 11.5-14.5 %)	12.7 (Ref Range: 11.5-14.5 %)	12.7 (Ref Range: 11.5-14.5 %)	12.5 (Ref Range: 11.5-14.5 %)	13.8 (Ref Range: 11.5-14.5 %)
MCV	91.6 (Ref Range: 80.0-99.0 fL)	91.7 (Ref Range: 80.0-99.0 fL)	93.0 (Ref Range: 80.0-99.0 fL)	94.4 (Ref Range: 80.0-99.0 fL)	93.1 (Ref Range: 80.0-99.0 fL)
MCH	29.8 (Ref Range: 26.0-34.0 pg)	31.2 (Ref Range: 26.0-34.0 pg)	30.7 (Ref Range: 26.0-34.0 pg)	31.6 (Ref Range: 26.0-34.0 pg)	31.1 (Ref Range: 26.0-34.0 pg)
MCHC	32.6 (Ref Range: 31.0-35.0 g/dL)	34.0 (Ref Range: 31.0-35.0 g/dL)	33.0 (Ref Range: 31.0-35.0 g/dL)	33.5 (Ref Range: 31.0-35.0 g/dL)	33.4 (Ref Range: 31.0-35.0 g/dL)
Lymphocyte s%	30.2 (Ref Range: 17.4-51.7 %)	31.5 (Ref Range: 17.4-51.7 %)	37.5 (Ref Range: 17.4-51.7 %)	38.4 (Ref Range: 17.4-51.7 %)	29.0 (Ref Range: 17.4-51.7 %)
Mono%	6.8 (Ref Range: 4.5-12.5 %)	8.3 (Ref Range: 4.5-12.5 %)	6.6 (Ref Range: 4.5-12.5 %)	7.0 (Ref Range: 4.5-12.5 %)	5.3 (Ref Range: 4.5-12.5 %)
EOS%	2.6 (Ref Range: 0.5-5.8 %)	3.3 (Ref Range: 0.5-5.8 %)	3.1 (Ref Range: 0.5-5.8 %)	2.5 (Ref Range: 0.5-5.8 %)	2.0 (Ref Range: 0.5-5.8 %)

	1740
Chemistry	
Sodium (136 - 145 mmol/L)	138
Potassium (3.5 - 5.1 mmol/L)	4.5
Chloride (98 - 107 mmol/L)	102
Carbon Dioxide (21 - 32 mmol/L)	27
Anion Gap (5 - 15)	9
BUN (7 - 18 mg/dL)	11
Creatinine (0.55 - 1.02 mg/dL)	0.64
Estim Creat Clear Calc (mL/min)	95.5
Est GFR (CKD-EPI) (> 59 mL/min)	101.741
Glucose (74 - 106 mg/dL)	93
Calcium (8.5 - 10.1 mg/dL)	9.2
Hematology	
WBC (3.70 - 11.50 10 <sup>3</sup> /uL)	7.44
RBC (3.70 - 5.17 10 <sup>6</sup> /uL)	4.26
Hgb (11.0 - 15.1 g/dL)	12.8
Hct (30.4 - 44.6 %)	38.4
MCV (75.6 - 97.8 fL)	90.1
MCH (24.3 - 33.2 pg)	30.0
MCHC (31.9 - 35.1 g/dL)	33.3
RDW Coeff of Var (12.1 - 16.8 %)	12.5
Plt Count (156 - 380 10 <sup>3</sup> /uL)	315
MPV (7.0 - 10.7 fL)	10.0
Immature Gran % (Auto) (0.0 - 0.6 %)	0.3
Neut % (Auto) (%)	61.7
Lymph % (Auto) (%)	29.6
Mono % (Auto) (%)	5.4
Eos % (Auto) (%)	2.2
Baso % (Auto) (%)	0.8
Nucleat RBC Rel Count (NONE SEEN /100 WBC)	0.0
Neut # (Auto) (1.70 - 8.00 10 <sup>3</sup> /uL)	4.60
Lymph # (Auto) (1.10 - 3.80 10 <sup>3</sup> /uL)	2.20
Mono # (Auto) (0.30 - 0.90 10 <sup>3</sup> /uL)	0.40
Eos # (Auto) (0.00 - 0.50 10 <sup>3</sup> /uL)	0.16
Baso # (Auto) (0.00 - 0.10 10 <sup>3</sup> /uL)	0.06
Immature Gran # (Auto) (10 <sup>3</sup> /uL)	0.02
Absolute Nucleated RBC (10 <sup>3</sup> /uL)	0.00

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Order Date: 04/03/24                          —Service—  
Category Procedure Name                         Order Number Date Time Pri Qty Ord Source Status    Ordered By  
LAB            CBC W/O DIFF                    20240404-0245 04/04/24 0400 R            E            CMP            GILRI1  
Other Provider :                                Sig Lvl Provider :

Order's Audit Trail of Events

- 1 04/03/24 1553 AP.GILRI Order ENTER in POM
- 2 04/03/24 1553 AP.GILRI Ordering Doctor: Gilliam,Richard R NP
- 3 04/03/24 1553 AP.GILRI Order Source: EPOM
- 4 04/03/24 1553 AP.GILRI Signed by Gilliam,Richard R NP
- 5 04/03/24 1623 3BAZ0038 order acknowledged
- 6 04/04/24 0001 interface cc'd doctors edited in LAB
- 7 04/04/24 0001 interface order's status changed from TRANS to LOGGED by LAB
- 8 04/04/24 0611 interface order's status changed from LOGGED to IN PRO by LAB
- 9 04/04/24 0616 interface order's status changed from IN PRO to COMP by LAB

Electronically signed by Gilliam,Richard R NP on 04/03/24 at 1553

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Order Date: 04/03/24                          —Service—  
Category Procedure Name                         Order Number Date Time Pri Qty Ord Source Status    Ordered By  
LAB            BASIC METABOLIC PROF W/REFLEX    20240404-0246 04/04/24 0400 R            E            CMP            GILRI1  
Other Provider :                                Sig Lvl Provider :

Order's Audit Trail of Events

- 1 04/03/24 1553 AP.GILRI Order ENTER in POM
- 2 04/03/24 1553 AP.GILRI Ordering Doctor: Gilliam,Richard R NP
- 3 04/03/24 1553 AP.GILRI Order Source: EPOM
- 4 04/03/24 1553 AP.GILRI Signed by Gilliam,Richard R NP
- 5 04/03/24 1623 3BAZ0038 order acknowledged
- 6 04/04/24 0001 interface cc'd doctors edited in LAB
- 7 04/04/24 0001 interface order's status changed from TRANS to LOGGED by LAB
- 8 04/04/24 0611 interface order's status changed from LOGGED to IN PRO by LAB
- 9 04/04/24 0634 interface order's status changed from IN PRO to COMP by LAB

Electronically signed by Gilliam,Richard R NP on 04/03/24 at 1553

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Order Date: 04/03/24                          —Service—  
Category Procedure Name                         Order Number Date Time Pri Qty Ord Source Status    Ordered By  
MED.COCHR MULTIDOSE MEDICATIONS            20240404-0656 04/04/24 0600 R            1 Z            CMP            OSBER  
Other Provider :                                Sig Lvl Provider :

Order Date: 04/04/24

—Service—

Category	Procedure Name	Order Number	Date	Time	Pri	Qty	Ord	Source	Status	Ordered By
NUR.PHYS	Discharge Criteria	20240404-0494	04/04/24	0925	E			IPR		WILDA4
Other Provider :	Sig Lvl Provider :									

Press (ENTER) for Order Details below

Comment:

D/C PT FROM PACU WHEN CRITERIA MET

Order's Audit Trail of Events

- 1 04/04/24 0925 DR.WILDA4 Order ENTER in POM
- 2 04/04/24 0925 DR.WILDA4 Order from set: PACU Adult
- 3 04/04/24 0925 DR.WILDA4 Ordering Doctor: Williams,David G.A. MD
- 4 04/04/24 0925 DR.WILDA4 Order Source: EPOM
- 5 04/04/24 0925 DR.WILDA4 Signed by Williams,David G.A. MD
- 6 04/04/24 0925 interface order's status changed from TRANS to ACTIVE by NUR
- 7 04/04/24 1313 3NNI9254 order acknowledged
- 8 04/06/24 1652 DR.KOHJA1 Order marked to be continued upon patient transfer.
- 9 04/06/24 1652 DR.KOHJA1 Signed by Kohout,Jaromir MD
- 10 04/06/24 2055 PWSNS10 Order RECEIVE in NUR
- 11 04/06/24 2055 PWSNS10 Ordering Doctor: Kohout,Jaromir MD
- 12 04/06/24 2055 PWSNS10 Order Source: EPOM
- 13 04/06/24 2055 PWSNS10 Order continued upon patient transfer.
- 14 04/06/24 2058 PWSNS10 order acknowledged

Electronically signed by Kohout,Jaromir MD on 04/06/24 at 1652

Electronically signed by Williams,David G.A. MD on 04/04/24 at 0925

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Order Date: 04/04/24

—Service—

Category	Procedure Name	Order Number	Date	Time	Pri	Qty	Ord	Source	Status	Ordered By
NUR.PHYS	Notify MD	20240404-0495	04/04/24	0925	E			IPR		WILDA4
Other Provider :	Sig Lvl Provider :									

Press (ENTER) for Order Details below

Comment:

Notify provider of HH results if ordered

Order's Audit Trail of Events

- 1 04/04/24 0925 DR.WILDA4 Order ENTER in POM
- 2 04/04/24 0925 DR.WILDA4 Order from set: PACU Adult
- 3 04/04/24 0925 DR.WILDA4 Ordering Doctor: Williams,David G.A. MD
- 4 04/04/24 0925 DR.WILDA4 Order Source: EPOM
- 5 04/04/24 0925 DR.WILDA4 Signed by Williams,David G.A. MD
- 6 04/04/24 0925 interface order's status changed from TRANS to ACTIVE by NUR
- 7 04/04/24 1313 3NNI9254 order acknowledged
- 8 04/06/24 1652 DR.KOHJA1 Order marked to be continued upon patient transfer.
- 9 04/06/24 1652 DR.KOHJA1 Signed by Kohout,Jaromir MD
- 10 04/06/24 2055 PWSNS10 Order RECEIVE in NUR
- 11 04/06/24 2055 PWSNS10 Ordering Doctor: Kohout,Jaromir MD
- 12 04/06/24 2055 PWSNS10 Order Source: EPOM
- 13 04/06/24 2055 PWSNS10 Order continued upon patient transfer.

Diagnosis/Problem/Outcome/Care Item Description							Diagnosis/Problem/Outcome/Care Item Description								
Activity Type	Occurred Date	Occurred Time	Recorded by	Documented Date	Documented Time	Frequency Comment	From Change	Activity Type	Occurred Date	Occurred Time	Recorded by	Documented Date	Documented Time	Frequency Comment	From Change
Activity Date: 04/03/24 Time: 2000							Activity Date: 04/03/24 Time: 2015								
220430	Teach/Educate + Document	04/03/24 2000	CW	04/03/24 2327	CW	A	CP	220411	Clinical Monitor Interface + Document	04/03/24 2015	CW	04/04/24 0311	CW	A	MO
Primary Learner: Patient	PATIENT/FAMILY TEACHING														
Primary learners preferred spoken language: ENG ENGLISH															
Primary learners preferred written language: ENG ENGLISH															
Physiological topics: Blood pressure															
Functional topics: Activity care															
Psychological topics: Neurological system care															
Coping support															
Health behavior topics: Medication actions															
Person(s) educated: Patient															
Readiness to learn: Cooperative															
Method of education: Verbal discussion															
Responsiveness to learning: Verbalized understanding															
Physical regulation topics: Blood pressure															
Activity topics: Activity care															
Cognitive/Neuro topics: Neurologic system care															
Coping topics: Coping support															
Medication topics: Medication actions															
220700 Plan of Care + Document	04/03/24 2000	CW	04/03/24 2327	CW	A		CP	220411 Clinical Monitor Interface + Document	04/03/24 2030	CW	04/04/24 0311	CW	A	MO	
NEUROLOGICAL ALTERATION															
Neurological alteration problem expected to: Improve/Resolve															
Target date: 04/30/24															
Neurological alteration problem is: Stabilizing/Maintaining															
INFECTION ALTERATION															
Infection alteration problem expected to: Improve/Resolve															
Target date: 04/30/24															
Infection alteration problem is: Stabilizing/Maintaining															
ACTIVITY ALTERATION															
Activity alteration problem expected to: Improve/Resolve															
Target date: 04/06/24															
Activity alteration problem is: Stabilizing/Maintaining															
ANXIETY ALTERATION															
Anxiety alteration problem expected to: Improve/Resolve															
Target date: 04/30/24															
Anxiety alteration problem is: Stabilizing/Maintaining															
INJURY RISK PROBLEM															
Injury risk problem expected to: Stabilize/Maintain															
Target date: 04/30/24															
Injury risk problem is: Stabilizing/Maintaining															
MAIN SCREEN SELECTIONS															
Physiological problem/alteration in: Infection															
Neurological															
Functional problem/alteration in: Activity															
Psychological problem/alteration in: Anxiety															
Health behavior problem/risk: Injury risk															
From							From							From	
Change							Change							Change	
A							A							A	
MO							MO							PS	

Diagnosis/Problem/Outcome/Care Item Description							Diagnosis/Problem/Outcome/Care Item Description										
Activity Type	Occurred Date	Occurred Time by	Recorded Date	Recorded Time by	Sts	Frequency	Documented Units	From Change	Activity Type	Occurred Date	Occurred Time by	Recorded Date	Recorded Time by	Sts	Frequency	Documented Units	From Change
Activity Date: 04/03/24 Time: 2100 (continued)							Activity Date: 04/03/24 Time: 2122 (continued)										
220281 Frequent Neuro Checks + (continued) Glasgow coma score: 15 Mild Copyright Adults: Sir Graham Teasdale Pediatrics: Copyright owned by Matthew Kirschen, MD PhD Received permissions on 4/22/20							220411 Clinical Monitor Interface + (continued) Blood pressure: 132/66 SpO2 %: 99 See next page See next page Mean arterial pressure: 94 See next page										
LUE motor strength: Strong RUE motor strength: Strong LLE motor strength: Strong RLE motor strength: Strong LUE movement: Obey RUE movement: Obey LLE movement: Obey RLE movement: Obey Left pupil reaction to light: Brisk Right pupil reaction to light: Brisk Left pupil size: 3mm Right pupil size: 3mm Eye movement: Full range DOUBLE VISION Facial symmetry: Intact Vocalization: Appropriate 220411 Clinical Monitor Interface + A - Document 04/03/24 2100 CW 04/04/24 0311 CW Pulse: 80 Respiratory rate: 26 Blood pressure: 130/66 SpO2 %: 100 See next page See next page Mean arterial pressure: 91 See next page							Activity Date: 04/03/24 Time: 2130										
220411 Clinical Monitor Interface + A - Document 04/03/24 2130 CW 04/04/24 0311 CW Pulse: 77 Respiratory rate: 19 Blood pressure: 127/65 SpO2 %: 97 See next page See next page Mean arterial pressure: 90 See next page							Activity Date: 04/03/24 Time: 2145										
220411 Clinical Monitor Interface + A - Document 04/03/24 2145 CW 04/04/24 0311 CW Pulse: 72 Respiratory rate: 23 Blood pressure: 126/66 SpO2 %: 97 See next page See next page Mean arterial pressure: 91 See next page							Activity Date: 04/03/24 Time: 2200										
220411 Clinical Monitor Interface + A - Document 04/03/24 2200 CW 04/04/24 0311 CW Pulse: 74 Respiratory rate: 19 Blood pressure: 126/69 SpO2 %: 98 See next page See next page Mean arterial pressure: 93 See next page							220411 Clinical Monitor Interface + A - Document 04/03/24 2107 CW 04/04/24 0311 CW Pulse: 82 Respiratory rate: 32 See next page See next page See next page										
Activity Date: 04/03/24 Time: 2107							Activity Date: 04/03/24 Time: 2122										
220411 Clinical Monitor Interface + A - Document 04/03/24 2122 CW 04/04/24 0311 CW Pulse: 75 Respiratory rate: 21																	