

07/30/2024

Lauren Brunner

Reason for Appointment

1. Pt transfer
2. Med refills

History of Present Illness

Depression Screening:

- PHQ-9

Little interest or pleasure in doing things *Not at all*

Feeling down, depressed, or hopeless *Not at all*

Trouble falling or staying asleep, or sleeping too much *Not at all*

Feeling tired or having little energy *Not at all*

Poor appetite or overeating *Not at all*

Feeling bad about yourself or that you are **a** failure, or have let yourself or your family down *Not at all*

Trouble concentrating on things, such as reading the newspaper or watching television *Not at all*

Moving or speaking so slowly that other people could have noticed; or the opposite, being so fidgety or restless that you have been moving around **a** lot more than usual *Not at all*

Thoughts that you would be better off dead or of hurting yourself in some way *Not at all*

Total Score 0

History:

59-year-old female with history of hypothyroidism, insomnia, anxiety presenting for medication review and refills. Patient takes 25 mg of trazodone for sleep nightly, hopes to wean off this. Feels her mood overall is stable on current medication regimen.

Of note, patient had **a** hospitalization in April 2024 for bilateral frontoparietal craniotomies for chronic subdural hematomas. This was found on MRI of brain following **a** head trauma 2 months prior. Patient had been having extreme headaches and dizziness. During this time patient was also placed on Keppra for seizure prophylaxis as well as amlodipine for high blood pressure, she is off both of these now. Patient has residual hand weakness and continues to work with occupational therapy. She is back to regular exercise however still cannot hold weights or hold **a** tennis racquet due to her weakness.

Dr. Alexander Neurological Associates.

Current Medications

Taking

- Flonase 50 MCG/ACT Suspension 2 sprays in each nostril Nasally Once **a** day
- Mucinex 600 MG Tablet Extended Release 12 Hour 1 tablet as needed Orally every 12 hrs
- Hair Skin Nails - Capsule as directed Orally
- traZODone HCl 50 MG Tablet 1 tablet at bedtime as needed Orally Once **a** day , Notes to Pharmacist: 1/2 tab
- DULoxetine HCl 60 MG Capsule Delayed Release Particles take one capsule by mouth one time daily Orally Once **a** day , Notes to Pharmacist: LAST FILL KEEP UPCOMING APPT
- Synthroid 112 MCG Tablet 1 tablet Orally Once **a** day , Notes to Pharmacist: BRAND ONLY!
- valACYclovir HCl 500 MG Tablet TAKE ONE TABLET BY MOUTH ONE TIME DAILY Oral

Progress Note: Lauren Brunner 07/30/2024

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Hemoglobin	12.5 (Ref Range: 11.5-16.0 g/dL)	12.4 (Ref Range: 11.5-16.0 g/dL)	12.7 (Ref Range: 11.5-16.0 g/dL)	11.9 (Ref Range: 11.5-16.0 g/dL)	13.0 (Ref Range: 11.5-16.0 g/dL)
Hematocrit	38.4 (Ref Range: 35.0-47.0 %)	36.5 (Ref Range: 35.0-47.0 %)	38.5 (Ref Range: 35.0-47.0 %)	35.5 (Ref Range: 35.0-47.0 %)	38.9 (Ref Range: 35.0-47.0 %)
Platelet Count	233 (Ref Range: 130-400 K/uL)	233 (Ref Range: 130-400 K/uL)	229 (Ref Range: 130-400 K/uL)	219 (Ref Range: 130-400 K/uL)	240 (Ref Range: 130-400 K/uL)
RDW-CV%	12.8 (Ref Range: 11.5-14.5 %)	12.7 (Ref Range: 11.5-14.5 %)	12.7 (Ref Range: 11.5-14.5 %)	12.5 (Ref Range: 11.5-14.5 %)	13.8 (Ref Range: 11.5-14.5 %)
MCV	91.6 (Ref Range: 80.0-99.0 fL)	91.7 (Ref Range: 80.0-99.0 fL)	93.0 (Ref Range: 80.0-99.0 fL)	94.4 (Ref Range: 80.0-99.0 fL)	93.1 (Ref Range: 80.0-99.0 fL)
MCH	29.8 (Ref Range: 26.0-34.0 pg)	31.2 (Ref Range: 26.0-34.0 pg)	30.7 (Ref Range: 26.0-34.0 pg)	31.6 (Ref Range: 26.0-34.0 pg)	31.1 (Ref Range: 26.0-34.0 pg)
MCHC	32.6 (Ref Range: 31.0-35.0 g/dL)	34.0 (Ref Range: 31.0-35.0 g/dL)	33.0 (Ref Range: 31.0-35.0 g/dL)	33.5 (Ref Range: 31.0-35.0 g/dL)	33.4 (Ref Range: 31.0-35.0 g/dL)
Lymphocyte s%	30.2 (Ref Range: 17.4-51.7 %)	31.5 (Ref Range: 17.4-51.7 %)	37.5 (Ref Range: 17.4-51.7 %)	38.4 (Ref Range: 17.4-51.7 %)	29.0 (Ref Range: 17.4-51.7 %)
Mono%	6.8 (Ref Range: 4.5-12.5 %)	8.3 (Ref Range: 4.5-12.5 %)	6.6 (Ref Range: 4.5-12.5 %)	7.0 (Ref Range: 4.5-12.5 %)	5.3 (Ref Range: 4.5-12.5 %)
EOS%	2.6 (Ref Range: 0.5-5.8 %)	3.3 (Ref Range: 0.5-5.8 %)	3.1 (Ref Range: 0.5-5.8 %)	2.5 (Ref Range: 0.5-5.8 %)	2.0 (Ref Range: 0.5-5.8 %)

	1740
Chemistry	
Sodium (136 - 145 mmol/L)	138
Potassium (3.5 - 5.1 mmol/L)	4.5
Chloride (98 - 107 mmol/L)	102
Carbon Dioxide (21 - 32 mmol/L)	27
Anion Gap (5 - 15)	9
BUN (7 - 18 mg/dL)	11
Creatinine (0.55 - 1.02 mg/dL)	0.64
Estim Creat Clear Calc (mL/min)	95.5
Est GFR (CKD-EPI) (> 59 mL/min)	101.741
Glucose (74 - 106 mg/dL)	93
Calcium (8.5 - 10.1 mg/dL)	9.2
Hematology	
WBC (3.70 - 11.50 10 ³ /uL)	7.44
RBC (3.70 - 5.17 10 ⁶ /uL)	4.26
Hgb (11.0 - 15.1 g/dL)	12.8
Hct (30.4 - 44.6 %)	38.4
MCV (75.6 - 97.8 fL)	90.1
MCH (24.3 - 33.2 pg)	30.0
MCHC (31.9 - 35.1 g/dL)	33.3
RDW Coeff of Var (12.1 - 16.8 %)	12.5
Plt Count (156 - 380 10 ³ /uL)	315
MPV (7.0 - 10.7 fL)	10.0
Immature Gran % (Auto) (0.0 - 0.6 %)	0.3
Neut % (Auto) (%)	61.7
Lymph % (Auto) (%)	29.6
Mono % (Auto) (%)	5.4
Eos % (Auto) (%)	2.2
Baso % (Auto) (%)	0.8
Nucleat RBC Rel Count (NONE SEEN /100 WBC)	0.0
Neut # (Auto) (1.70 - 8.00 10 ³ /uL)	4.60
Lymph # (Auto) (1.10 - 3.80 10 ³ /uL)	2.20
Mono # (Auto) (0.30 - 0.90 10 ³ /uL)	0.40
Eos # (Auto) (0.00 - 0.50 10 ³ /uL)	0.16
Baso # (Auto) (0.00 - 0.10 10 ³ /uL)	0.06
Immature Gran # (Auto) (10 ³ /uL)	0.02
Absolute Nucleated RBC (10 ³ /uL)	0.00

Order Date: 04/03/24 —Service—
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By
LAB CBC W/O DIFF 20240404-0245 04/04/24 0400 R E CMP GILRI1
Other Provider : Sig Lvl Provider :

Order's Audit Trail of Events

- 1 04/03/24 1553 AP.GILRI Order ENTER in POM
2 04/03/24 1553 AP.GILRI Ordering Doctor: Gilliam,Richard R NP
3 04/03/24 1553 AP.GILRI Order Source: EPOM
4 04/03/24 1553 AP.GILRI Signed by Gilliam,Richard R NP
5 04/03/24 1623 3BAZ0038 order acknowledged
6 04/04/24 0001 interface cc'd doctors edited in LAB
7 04/04/24 0001 interface order's status changed from TRANS to LOGGED by LAB
8 04/04/24 0611 interface order's status changed from LOGGED to IN PRO by LAB
9 04/04/24 0616 interface order's status changed from IN PRO to COMP by LAB

Electronically signed by Gilliam Richard R NP on 04/03/24 at 1553

Order Date: 04/03/24 —Service—
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By
LAB BASIC METABOLIC PROF W/REFLEX 20240404-0246 04/04/24 0400 R E CMP GILRII
Other Provider : Sig Lvl Provider :

Order's Audit Trail of Events

- | | | | |
|---|----------|----------------|---|
| 1 | 04/03/24 | 1553 AP.GILRI | Order ENTER in POM |
| 2 | 04/03/24 | 1553 AP.GILRI | Ordering Doctor: Gilliam,Richard R NP |
| 3 | 04/03/24 | 1553 AP.GILRI | Order Source: EPOM |
| 4 | 04/03/24 | 1553 AP.GILRI | Signed by Gilliam,Richard R NP |
| 5 | 04/03/24 | 1623 3BAZ0038 | order acknowledged |
| 6 | 04/04/24 | 0001 interface | cc'd doctors edited in LAB |
| 7 | 04/04/24 | 0001 interface | order's status changed from TRANS to LOGGED by LAB |
| 8 | 04/04/24 | 0611 interface | order's status changed from LOGGED to IN PRO by LAB |
| 9 | 04/04/24 | 0634 interface | order's status changed from IN PRO to COMP by LAB |

Electronically signed by Gillian Richard R NP on 04/03/24 at 1553

Order Date: 04/03/24 —Service—
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By
MED.COCHR MULTIDOSE MEDICATIONS 20240404-0656 04/04/24 0600 R 1 Z CMP OSBER
Other Provider : Sig Lvl Provider :

Order Date: 04/04/24 —Service—
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By
NUR.PHYS Discharge Criteria 20240404-0494 04/04/24 0925 E IPR WILDA4
Other Provider : Sig Lvl Provider :
Press (ENTER) for Order Details below

Comment : D/C PT FROM PACU WHEN CRITERIA MET

Order's Audit Trail of Events

- | | | | | |
|----|----------|------|-----------|--|
| 1 | 04/04/24 | 0925 | DR.WILDA4 | Order ENTER in POM |
| 2 | 04/04/24 | 0925 | DR.WILDA4 | Order from set: PACU Adult |
| 3 | 04/04/24 | 0925 | DR.WILDA4 | Ordering Doctor: Williams,David G.A. MD |
| 4 | 04/04/24 | 0925 | DR.WILDA4 | Order Source: EPOM |
| 5 | 04/04/24 | 0925 | DR.WILDA4 | Signed by Williams,David G.A. MD |
| 6 | 04/04/24 | 0925 | interface | order's status changed from TRANS to ACTIVE by NUR |
| 7 | 04/04/24 | 1313 | 3NNI9254 | order acknowledged |
| 8 | 04/06/24 | 1652 | DR.KOHJA1 | Order marked to be continued upon patient transfer |
| 9 | 04/06/24 | 1652 | DR.KOHJA1 | Signed by Kohout,Jaromir MD |
| 10 | 04/06/24 | 2055 | PWSNS10 | Order RECEIVE in NUR |
| 11 | 04/06/24 | 2055 | PWSNS10 | Ordering Doctor: Kohout,Jaromir MD |
| 12 | 04/06/24 | 2055 | PWSNS10 | Order Source: EPOM |
| 13 | 04/06/24 | 2055 | PWSNS10 | Order continued upon patient transfer. |
| 14 | 04/06/24 | 2058 | PWSNS10 | order acknowledged |

Electronically signed by Kohout, Jaromir MD on 04/06/24 at 1652

Electronically signed by Williams David G A MD on 04/04/24 at 0925

Comment : Notify provider of HH results if ordered

Order's Audit Trail of Events

- | | | | | |
|----|----------|------|-----------|---|
| 1 | 04/04/24 | 0925 | DR.WILDA4 | Order ENTER in POM |
| 2 | 04/04/24 | 0925 | DR.WILDA4 | Order from set: PACU Adult |
| 3 | 04/04/24 | 0925 | DR.WILDA4 | Ordering Doctor: Williams,David G.A. MD |
| 4 | 04/04/24 | 0925 | DR.WILDA4 | Order Source: EPOM |
| 5 | 04/04/24 | 0925 | DR.WILDA4 | Signed by Williams,David G.A. MD |
| 6 | 04/04/24 | 0925 | interface | order's status changed from TRANS to ACTIVE by NUR |
| 7 | 04/04/24 | 1313 | 3NNI9254 | order acknowledged |
| 8 | 04/06/24 | 1652 | DR.KOHJAI | Order marked to be continued upon patient transfer. |
| 9 | 04/06/24 | 1652 | DR.KOHJAI | Signed by Kohout,Jaromir MD |
| 10 | 04/06/24 | 2055 | PWSNS10 | Order RECEIVE in NUR |
| 11 | 04/06/24 | 2055 | PWSNS10 | Ordering Doctor: Kohout,Jaromir MD |
| 12 | 04/06/24 | 2055 | PWSNS10 | Order Source: EPOM |
| 13 | 04/06/24 | 2055 | PWSNS10 | Order continued upon patient transfer. |

Diagnosis/Problem/Outcome/Care Item Description							Diagnosis/Problem/Outcome/Care Item Description										
Activity Type	Occurred Date	Occurred Time by	Recorded Date	Recorded Time by	Sts	Frequency Comment	Documented Units	From Change	Activity Type	Occurred Date	Occurred Time by	Recorded Date	Recorded Time by	Sts	Frequency Comment	Documented Units	From Change
Activity Date: 04/03/24 Time: 2000							Activity Date: 04/03/24 Time: 2015										
220430	Teach/Educate +	A			CP				220411	Clinical Monitor Interface +	A			M0			
- Document	04/03/24 2000	CW	04/03/24 2327	CW					- Document	04/03/24 2015	CW	04/04/24 0311	CW				
- - PATIENT/FAMILY TEACHING - -							Pulse: 93										
Primary Learner: Patient							Respiratory rate: 39										
Primary learners preferred spoken language: ENG ENGLISH							Blood pressure: 126/61										
Primary learners preferred written language: ENG ENGLISH							SPO2 %: 100										
Physiological topics: Blood pressure							See next page										
Functional topics: Activity care							See next page										
Psychological topics: Neurological system care							Mean arterial pressure: 86										
Coping support							See next page										
Health behavior topics: Medication actions							Activity Date: 04/03/24 Time: 2030										
220700	Plan of Care +	A			CP		220411	Clinical Monitor Interface +	A				M0				
- Document	04/03/24 2000	CW	04/03/24 2327	CW			- Document	04/03/24 2030	CW	04/04/24 0311	CW						
- - NEUROLOGICAL ALTERATION - -							Pulse: 84										
Neurological alteration problem expected to: Improve/Resolve							Respiratory rate: 21										
Target date: 04/30/24							Blood pressure: 128/63										
Neurological alteration problem is: Stabilizing/Maintaining							SPO2 %: 100										
- - INFECTION ALTERATION - -							See next page										
Infection alteration problem expected to: Improve/Resolve							Activity Date: 04/03/24 Time: 2045										
Target date: 04/30/24							220411	Clinical Monitor Interface +	A				M0				
Infection alteration problem is: Stabilizing/Maintaining							- Document	04/03/24 2045	CW	04/04/24 0311	CW						
- - ACTIVITY ALTERATION - -							Pulse: 83										
Activity alteration problem expected to: Improve/Resolve							Respiratory rate: 34										
Target date: 04/06/24							Blood pressure: 125/63										
Activity alteration problem is: Stabilizing/Maintaining							SPO2 %: 100										
- - ANXIETY ALTERATION - -							See next page										
Anxiety alteration problem expected to: Improve/Resolve							Activity Date: 04/03/24 Time: 2100										
Target date: 04/30/24							220281	Frequent Neuro Checks +	A				PS				
Anxiety alteration problem is: Stabilizing/Maintaining							- Document	04/03/24 2100	CW	04/03/24 2156	CW						
- - INJURY RISK PROBLEM - -							- - FREQUENT NEURO CHECKS - -										
Injury risk problem expected to: Stabilize/Maintain							Level of consciousness: Awake/Alert										
Target date: 04/30/24							- - GLASGOW COMA SCALE - -										
Injury risk problem is: Stabilizing/Maintaining							Document Glasgow coma scale: Yes										
- - MAIN SCREEN SELECTIONS - -							Eye opening: 4										
Physiological problem/alteration in: Infection							Verbal response: 5										
Neurological							Motor response: 6										
Functional problem/alteration in: Activity																	
Psychological problem/alteration in: Anxiety																	
Health behavior problem/risk: Injury risk																	

Diagnosis/Problem/Outcome/Care Item Description						Diagnosis/Problem/Outcome/Care Item Description					
Activity Type	Occurred Date	Recorded Time by	Sts Date	Frequency	From Documented Units	Activity Type	Occurred Date	Recorded Time by	Sts Date	Frequency	From Documented Units
Activity Date: 04/03/24	Time: 2100	(continued)				Activity Date: 04/03/24	Time: 2122	(continued)			
220281	Frequent Neuro Checks + (continued)					220411	Clinical Monitor Interface + (continued)				
Glasgow coma score: 15 Mild						Blood pressure: 132/66					
- - Copyright - - Adults: Sir Graham Teasdale						SPO2 %: 99					
Pediatrics: Copyright owned by Matthew Kirschen, MD PhD						See next page					
Received permissions on 4/22/20						See next page					
LUE motor strength: Strong						Mean arterial pressure: 94					
RUE motor strength: Strong						See next page					
LLE motor strength: Strong						Activity Date: 04/03/24	Time: 2130				
RLE motor strength: Strong						220411	Clinical Monitor Interface +			A	MO
LUE movement: Obey						- Document	04/03/24 2130 CW	04/04/24 0311 CW			
RUE movement: Obey						Pulse: 77					
LLE movement: Obey						Respiratory rate: 19					
RLE movement: Obey						Blood pressure: 127/65					
Left pupil reaction to light: Brisk						SPO2 %: 97					
Right pupil reaction to light: Brisk						See next page					
Left pupil size: 3mm						See next page					
Right pupil size: 3mm						Mean arterial pressure: 90					
Eye movement: Full range						See next page					
DOUBLE VISION						Activity Date: 04/03/24	Time: 2145				
Facial symmetry: Intact						220411	Clinical Monitor Interface +			A	MO
Vocalization: Appropriate						- Document	04/03/24 2145 CW	04/04/24 0311 CW			
220411	Clinical Monitor Interface +					Pulse: 72					
- Document	04/03/24 2100 CW	04/04/24 0311 CW	A			Respiratory rate: 23					
Pulse: 80						Blood pressure: 126/66					
Respiratory rate: 26						SPO2 %: 97					
Blood pressure: 130/66						See next page					
SPO2 %: 100						See next page					
See next page						Mean arterial pressure: 91					
See next page						See next page					
Mean arterial pressure: 91						Activity Date: 04/03/24	Time: 2200				
See next page						220411	Clinical Monitor Interface +			A	MO
Activity Date: 04/03/24	Time: 2107					- Document	04/03/24 2200 CW	04/04/24 0311 CW			
220411	Clinical Monitor Interface +					Pulse: 74					
- Document	04/03/24 2107 CW	04/04/24 0311 CW	A			Respiratory rate: 19					
Pulse: 82						Blood pressure: 126/69					
Respiratory rate: 32						SPO2 %: 98					
See next page						See next page					
See next page						See next page					
See next page						Mean arterial pressure: 93					
Activity Date: 04/03/24	Time: 2122					See next page					
220411	Clinical Monitor Interface +					Activity Date: 04/03/24	Time: 2130				
- Document	04/03/24 2122 CW	04/04/24 0311 CW	A			220411	Clinical Monitor Interface +			A	MO
Pulse: 75						- Document	04/03/24 2130 CW	04/04/24 0311 CW			
Respiratory rate: 21						Pulse: 74					