

07/30/2024

Lauren Brunner

Reason for Appointment

1. Pt transfer
2. Med refills

History of Present Illness

Depression Screening:

- **PHQ-9**

Little interest or pleasure in doing things **Not at all**

Feeling down, depressed, or hopeless **Not at all**

Trouble falling or staying asleep, or sleeping too much **Not at all**

Feeling tired or having little energy **Not at all**

Poor appetite or overeating **Not at all**

Feeling bad about yourself or that you are a failure, or have let yourself or your family down **Not at all**

Trouble concentrating on things, such as reading the newspaper or watching television **Not at all**

Moving or speaking so slowly that other people could have noticed; or the opposite, being so fidgety or restless that you have been moving around a lot more than usual **Not at all**

Thoughts that you would be better off dead or of hurting yourself in some way **Not at all**

Total Score **0**

History:

59-year-old female with history of hypothyroidism, insomnia, anxiety presenting for medication review and refills. Patient takes 25 mg of trazodone for sleep nightly, hopes to wean off this. Feels her mood overall is stable on current medication regimen.

Of note, patient had a hospitalization in April 2024 for bilateral frontoparietal craniotomies for chronic subdural hematomas. This was found on MRI of brain following a head trauma 2 months prior. Patient had been having extreme headaches and dizziness. During this time patient was also placed on Keppra for seizure prophylaxis as well as amlodipine for high blood pressure, she is off both of these now. Patient has residual hand weakness and continues to work with occupational therapy. She is back to regular exercise however still cannot hold weights or hold a tennis racquet due to her weakness.

Dr. Alexander Neurological Associates.

Current Medications

Taking

- Flonase 50 MCG/ACT Suspension 2 sprays in each nostril Nasally Once a day
- Mucinex 600 MG Tablet Extended Release 12 Hour 1 tablet as needed Orally every 12 hrs
- Hair Skin Nails - Capsule as directed Orally
- traZODone HCl 50 MG Tablet 1 tablet at bedtime as needed Orally Once a day, Notes to Pharmacist: 1/2 tab
- DULoxetine HCl 60 MG Capsule Delayed Release Particles take one capsule by mouth one time daily Orally Once a day, Notes to Pharmacist: LAST FILL KEEP UPCOMING APPT
- Synthroid 112 MCG Tablet 1 tablet Orally Once a day, Notes to Pharmacist: BRAND ONLY!
- valACYclovir HCl 500 MG Tablet TAKE ONE TABLET BY MOUTH ONE TIME DAILY Oral

Progress Note: Lauren Brunner 07/30/2024

Hemoglobin	12.5 (Ref Range: 11.5-16.0 g/dL)	12.4 (Ref Range: 11.5-16.0 g/dL)	12.7 (Ref Range: 11.5-16.0 g/dL)	11.9 (Ref Range: 11.5-16.0 g/dL)	13.0 (Ref Range: 11.5-16.0 g/dL)
Hematocrit	38.4 (Ref Range: 35.0-47.0 %)	36.5 (Ref Range: 35.0-47.0 %)	38.5 (Ref Range: 35.0-47.0 %)	35.5 (Ref Range: 35.0-47.0 %)	38.9 (Ref Range: 35.0-47.0 %)
Platelet Count	233 (Ref Range: 130-400 K/uL)	233 (Ref Range: 130-400 K/uL)	229 (Ref Range: 130-400 K/uL)	219 (Ref Range: 130-400 K/uL)	240 (Ref Range: 130-400 K/uL)
RDW-CV%	12.8 (Ref Range: 11.5-14.5 %)	12.7 (Ref Range: 11.5-14.5 %)	12.7 (Ref Range: 11.5-14.5 %)	12.5 (Ref Range: 11.5-14.5 %)	13.8 (Ref Range: 11.5-14.5 %)
MCV	91.6 (Ref Range: 80.0-99.0 fL)	91.7 (Ref Range: 80.0-99.0 fL)	93.0 (Ref Range: 80.0-99.0 fL)	94.4 (Ref Range: 80.0-99.0 fL)	93.1 (Ref Range: 80.0-99.0 fL)
MCH	29.8 (Ref Range: 26.0-34.0 pg)	31.2 (Ref Range: 26.0-34.0 pg)	30.7 (Ref Range: 26.0-34.0 pg)	31.6 (Ref Range: 26.0-34.0 pg)	31.1 (Ref Range: 26.0-34.0 pg)
MCHC	32.6 (Ref Range: 31.0-35.0 g/dL)	34.0 (Ref Range: 31.0-35.0 g/dL)	33.0 (Ref Range: 31.0-35.0 g/dL)	33.5 (Ref Range: 31.0-35.0 g/dL)	33.4 (Ref Range: 31.0-35.0 g/dL)
Lymphocyte %	30.2 (Ref Range: 17.4-51.7 %)	31.5 (Ref Range: 17.4-51.7 %)	37.5 (Ref Range: 17.4-51.7 %)	38.4 (Ref Range: 17.4-51.7 %)	29.0 (Ref Range: 17.4-51.7 %)
Mono%	6.8 (Ref Range: 4.5-12.5 %)	8.3 (Ref Range: 4.5-12.5 %)	6.6 (Ref Range: 4.5-12.5 %)	7.0 (Ref Range: 4.5-12.5 %)	5.3 (Ref Range: 4.5-12.5 %)
EOS%	2.6 (Ref Range: 0.5-5.8 %)	3.3 (Ref Range: 0.5-5.8 %)	3.1 (Ref Range: 0.5-5.8 %)	2.5 (Ref Range: 0.5-5.8 %)	2.0 (Ref Range: 0.5-5.8 %)

	1740
Chemistry	
Sodium (136 - 145 mmol/L)	138
Potassium (3.5 - 5.1 mmol/L)	4.5
Chloride (98 - 107 mmol/L)	102
Carbon Dioxide (21 - 32 mmol/L)	27
Anion Gap (5 - 15)	9
BUN (7 - 18 mg/dL)	11
Creatinine (0.55 - 1.02 mg/dL)	0.64
Estim Creat Clear Calc (mL/min)	95.5
Est GFR (CKD-EPI) (> 59 mL/min)	101.741
Glucose (74 - 106 mg/dL)	93
Calcium (8.5 - 10.1 mg/dL)	9.2
Hematology	
WBC (3.70 - 11.50 10 ³ /uL)	7.44
RBC (3.70 - 5.17 10 ⁶ /uL)	4.26
Hgb (11.0 - 15.1 g/dL)	12.8
Hct (30.4 - 44.6 %)	38.4
MCV (75.6 - 97.8 fL)	90.1
MCH (24.3 - 33.2 pg)	30.0
MCHC (31.9 - 35.1 g/dL)	33.3
RDW Coeff of Var (12.1 - 16.8 %)	12.5
Plt Count (156 - 380 10 ³ /uL)	315
MPV (7.0 - 10.7 fL)	10.0
Immature Gran % (Auto) (0.0 - 0.6 %)	0.3
Neut % (Auto) (%)	61.7
Lymph % (Auto) (%)	29.6
Mono % (Auto) (%)	5.4
Eos % (Auto) (%)	2.2
Baso % (Auto) (%)	0.8
Nucleat RBC Rel Count (NONE SEEN /100 WBC)	0.0
Neut # (Auto) (1.70 - 8.00 10 ³ /uL)	4.60
Lymph # (Auto) (1.10 - 3.80 10 ³ /uL)	2.20
Mono # (Auto) (0.30 - 0.90 10 ³ /uL)	0.40
Eos # (Auto) (0.00 - 0.50 10 ³ /uL)	0.16
Baso # (Auto) (0.00 - 0.10 10 ³ /uL)	0.06
Immature Gran # (Auto) (10 ³ /uL)	0.02
Absolute Nucleated RBC (10 ³ /uL)	0.00

Order Date: 04/03/24 —Service—
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By
LAB CBC W/O DIFF 20240404-0245 04/04/24 0400 R E CMP GILRI1
Other Provider : Sig Lvl Provider :

Order's Audit Trail of Events

- 1 04/03/24 1553 AP.GILRI Order ENTER **in** POM
- 2 04/03/24 1553 AP.GILRI Ordering Doctor: Gilliam,Richard R NP
- 3 04/03/24 1553 AP.GILRI Order Source: EPOM
- 4 04/03/24 1553 AP.GILRI Signed by Gilliam,Richard R NP
- 5 04/03/24 1623 3BAZ0038 order acknowledged
- 6 04/04/24 0001 interface cc'd doctors edited **in** LAB
- 7 04/04/24 0001 interface order's status changed from TRANS **to** LOGGED by LAB
- 8 04/04/24 0611 interface order's status changed from LOGGED **to** IN PRO by LAB
- 9 04/04/24 0616 interface order's status changed from IN PRO **to** COMP by LAB

Electronically signed by Gilliam,Richard R NP on 04/03/24 at 1553

Order Date: 04/03/24 —Service—
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By
LAB BASIC METABOLIC PROF W/REFLEX 20240404-0246 04/04/24 0400 R E CMP GILRI1
Other Provider : Sig Lvl Provider :

Order's Audit Trail of Events

- 1 04/03/24 1553 AP.GILRI Order ENTER **in** POM
- 2 04/03/24 1553 AP.GILRI Ordering Doctor: Gilliam,Richard R NP
- 3 04/03/24 1553 AP.GILRI Order Source: EPOM
- 4 04/03/24 1553 AP.GILRI Signed by Gilliam,Richard R NP
- 5 04/03/24 1623 3BAZ0038 order acknowledged
- 6 04/04/24 0001 interface cc'd doctors edited **in** LAB
- 7 04/04/24 0001 interface order's status changed from TRANS **to** LOGGED by LAB
- 8 04/04/24 0611 interface order's status changed from LOGGED **to** IN PRO by LAB
- 9 04/04/24 0634 interface order's status changed from IN PRO **to** COMP by LAB

Electronically signed by Gilliam,Richard R NP on 04/03/24 at 1553

Order Date: 04/03/24 —Service—
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By
MED.COCHR MULTIDOSE MEDICATIONS 20240404-0656 04/04/24 0600 R 1 Z CMP OSBER
Other Provider : Sig Lvl Provider :

Order Date: 04/04/24
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By
NUR.PHYS Discharge Criteria 20240404-0494 04/04/24 0925 E IPR WILDA4
Other Provider : Sig Lvl Provider :
Press (ENTER) for Order Details below

Comment: D/C PT FROM PACU WHEN CRITERIA MET

Order's Audit Trail of Events

1 04/04/24 0925 DR.WILDA4 Order ENTER in POM
2 04/04/24 0925 DR.WILDA4 Order from set: PACU Adult
3 04/04/24 0925 DR.WILDA4 Ordering Doctor: Williams,David G.A. MD
4 04/04/24 0925 DR.WILDA4 Order Source: EPOM
5 04/04/24 0925 DR.WILDA4 Signed by Williams,David G.A. MD
6 04/04/24 0925 interface order's status changed from TRANS to ACTIVE by NUR
7 04/04/24 1313 3NNI9254 order acknowledged
8 04/06/24 1652 DR.KOHJA1 Order marked to be continued upon patient transfer.
9 04/06/24 1652 DR.KOHJA1 Signed by Kohout,Jaromir MD
10 04/06/24 2055 PWSNS10 Order RECEIVE in NUR
11 04/06/24 2055 PWSNS10 Ordering Doctor: Kohout,Jaromir MD
12 04/06/24 2055 PWSNS10 Order Source: EPOM
13 04/06/24 2055 PWSNS10 Order continued upon patient transfer.
14 04/06/24 2058 PWSNS10 order acknowledged

Electronically signed by Kohout,Jaromir MD on 04/06/24 at 1652

Electronically signed by Williams,David G.A. MD on 04/04/24 at 0925

Order Date: 04/04/24
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By
NUR.PHYS Notify MD 20240404-0495 04/04/24 0925 E IPR WILDA4
Other Provider : Sig Lvl Provider :
Press (ENTER) for Order Details below

Comment: Notify provider of HH results if ordered

Order's Audit Trail of Events

1 04/04/24 0925 DR.WILDA4 Order ENTER in POM
2 04/04/24 0925 DR.WILDA4 Order from set: PACU Adult
3 04/04/24 0925 DR.WILDA4 Ordering Doctor: Williams,David G.A. MD
4 04/04/24 0925 DR.WILDA4 Order Source: EPOM
5 04/04/24 0925 DR.WILDA4 Signed by Williams,David G.A. MD
6 04/04/24 0925 interface order's status changed from TRANS to ACTIVE by NUR
7 04/04/24 1313 3NNI9254 order acknowledged
8 04/06/24 1652 DR.KOHJA1 Order marked to be continued upon patient transfer.
9 04/06/24 1652 DR.KOHJA1 Signed by Kohout,Jaromir MD
10 04/06/24 2055 PWSNS10 Order RECEIVE in NUR
11 04/06/24 2055 PWSNS10 Ordering Doctor: Kohout,Jaromir MD
12 04/06/24 2055 PWSNS10 Order Source: EPOM
13 04/06/24 2055 PWSNS10 Order continued upon patient transfer.

Diagnosis/Problem/Outcome/Care Item Description					Diagnosis/Problem/Outcome/Care Item Description				
Activity Type	Occurred Date	Time by	Recorded Date	Time by	From Sts	Frequency	Documented Units	From Sts	Frequency
Activity Date: 04/03/24 Time: 2000					Activity Date: 04/03/24 Time: 2015				
220430 Teach/Educate + • Document 04/03/24 2000 CW 04/03/24 2327 CW • PATIENT/FAMILY TEACHING •	A		CP		220411 Clinical Monitor Interface + • Document 04/03/24 2015 CW 04/04/24 0311 CW Pulse: 93 Respiratory rate: 39 Blood pressure: 126/61 SPO2 %: 100 See next page See next page Mean arterial pressure: 86 See next page	A	MO		
Primary Learner: Patient Primary learners preferred spoken language: ENG ENGLISH Primary learners preferred written language: ENG ENGLISH Physiological topics: Blood pressure Functional topics: Activity care Psychological topics: Neurological system care Coping support Health behavior topics: Medication actions Person(s) educated: Patient Readiness to learn: Cooperative Method of education: Verbal discussion Responsiveness to learning: Verbalized understanding Physical regulation topics: Blood pressure Activity topics: Activity care Cognitive/Neuro topics: Neurologic system care Coping topics: Coping support Medication topics: Medication actions					Activity Date: 04/03/24 Time: 2030				
220700 Plan of Care + • Document 04/03/24 2000 CW 04/03/24 2327 CW • NEUROLOGICAL ALTERATION •	A		CP		220411 Clinical Monitor Interface + • Document 04/03/24 2030 CW 04/04/24 0311 CW Pulse: 84 Respiratory rate: 21 Blood pressure: 128/63 SPO2 %: 100 See next page See next page Mean arterial pressure: 89 See next page	A	MO		
Neurological alteration problem expected to: Improve/Resolve Target date: 04/30/24 Neurological alteration problem is: Stabilizing/Maintaining • INFECTION ALTERATION • Infection alteration problem expected to: Improve/Resolve Target date: 04/30/24 Infection alteration problem is: Stabilizing/Maintaining • ACTIVITY ALTERATION • Activity alteration problem expected to: Improve/Resolve Target date: 04/06/24 Activity alteration problem is: Stabilizing/Maintaining • ANXIETY ALTERATION • Anxiety alteration problem expected to: Improve/Resolve Target date: 04/30/24 Anxiety alteration problem is: Stabilizing/Maintaining • INJURY RISK PROBLEM • Injury risk problem expected to: Stabilize/Maintain Target date: 04/30/24 Injury risk problem is: Stabilizing/Maintaining • MAIN SCREEN SELECTIONS • Physiological problem/alteration in: Infection Neurological Functional problem/alteration in: Activity Psychological problem/alteration in: Anxiety Health behavior problem/risk: Injury risk					Activity Date: 04/03/24 Time: 2045				
					220411 Clinical Monitor Interface + • Document 04/03/24 2045 CW 04/04/24 0311 CW Pulse: 83 Respiratory rate: 34 Blood pressure: 125/63 SPO2 %: 100 See next page See next page Mean arterial pressure: 87 See next page	A	MO		
Activity Date: 04/03/24 Time: 2100					220281 Frequent Neuro Checks + • Document 04/03/24 2100 CW 04/03/24 2156 CW • FREQUENT NEURO CHECKS • Level of consciousness: Awake/Alert • GLASGOW COMA SCALE • Document Glasgow coma scale: Yes Eye opening: 4 Verbal response: 5 Motor response: 6				

Diagnosis/Problem/Outcome/Care Item Description						Diagnosis/Problem/Outcome/Care Item Description					
Activity Type	Occurred Date	Occurred Time by	Recorded Date	Recorded Time by	Documented Comment	From Sts	Frequency	Documented Units	From Sts	Frequency	Documented Units
						Change			Change		
Activity Date: 04/03/24 Time: 2100 (continued)						Activity Date: 04/03/24 Time: 2122 (continued)					
220281 Frequent Neuro Checks + (continued) Glasgow coma score: 15 Mild Copyright © Adults: Sir Graham Teasdale Pediatrics: Copyright owned by Matthew Kirschen, MD PhD Received permissions on 4/22/20						220411 Clinical Monitor Interface + (continued) Blood pressure: 132/66 SpO2 %: 99 See next page See next page Mean arterial pressure: 94 See next page					
LUE motor strength: Strong RUE motor strength: Strong LLE motor strength: Strong RLE motor strength: Strong LUE movement: Obeys RUE movement: Obeys LLE movement: Obeys RLE movement: Obeys Left pupil reaction to light: Brisk Right pupil reaction to light: Brisk Left pupil size: 3mm Right pupil size: 3mm Eye movement: Full range DOUBLE VISION Facial symmetry: Intact Vocalization: Appropriate						Activity Date: 04/03/24 Time: 2130					
220411 Clinical Monitor Interface + Document 04/03/24 2100 CW 04/04/24 0311 CW A MO						220411 Clinical Monitor Interface + Document 04/03/24 2130 CW 04/04/24 0311 CW A MO					
Pulse: 80 Respiratory rate: 26 Blood pressure: 130/66 SpO2 %: 100 See next page See next page Mean arterial pressure: 91 See next page						Activity Date: 04/03/24 Time: 2145					
220411 Clinical Monitor Interface + Document 04/03/24 2145 CW 04/04/24 0311 CW A MO						220411 Clinical Monitor Interface + Document 04/03/24 2145 CW 04/04/24 0311 CW A MO					
Pulse: 72 Respiratory rate: 23 Blood pressure: 126/66 SpO2 %: 97 See next page See next page Mean arterial pressure: 91 See next page						Activity Date: 04/03/24 Time: 2200					
220411 Clinical Monitor Interface + Document 04/03/24 2200 CW 04/04/24 0311 CW A MO						220411 Clinical Monitor Interface + Document 04/03/24 2200 CW 04/04/24 0311 CW A MO					
Pulse: 74 Respiratory rate: 19 Blood pressure: 126/69 SpO2 %: 98 See next page See next page Mean arterial pressure: 93 See next page											
Activity Date: 04/03/24 Time: 2122											
220411 Clinical Monitor Interface + Document 04/03/24 2122 CW 04/04/24 0311 CW A MO											
Pulse: 75 Respiratory rate: 21											