

07/30/2024

Lauren Brunner

Reason for Appointment

1. Pt transfer
2. Med refills

History of Present Illness

Depression Screening:

- PHQ-9

Little interest or pleasure in doing things *Not at all*

Feeling down, depressed, or hopeless *Not at all*

Trouble falling or staying asleep, or sleeping too much *Not at all*

Feeling tired or having little energy *Not at all*

Poor appetite or overeating *Not at all*

Feeling bad about yourself or that you are a failure, or have let yourself or your family down *Not at all*

Trouble concentrating on things, such as reading the newspaper or watching television *Not at all*

Moving or speaking so slowly that other people could have noticed; or the opposite, being so fidgety or restless that you have been moving around a lot more than usual *Not at all*

Thoughts that you would be better off dead or of hurting yourself in some way *Not at all*

Total Score 0

History:

59-year-old female with history of hypothyroidism, insomnia, anxiety presenting for medication review and refills. Patient takes 25 mg of trazodone for sleep nightly, hopes to wean off this. Feels her mood overall is stable on current medication regimen.

Of note, patient had a hospitalization in April 2024 for bilateral frontoparietal craniotomies for chronic subdural hematomas. This was found on MRI of brain following a head trauma 2 months prior. Patient had been having extreme headaches and dizziness. During this time patient was also placed on Keppra for seizure prophylaxis as well as amlodipine for high blood pressure, she is off both of these now. Patient has residual hand weakness and continues to work with occupational therapy. She is back to regular exercise however still cannot hold weights or hold a tennis racquet due to her weakness.

Dr. Alexander Neurological Associates.

Current Medications

Taking

- Flonase 50 MCG/ACT Suspension 2 sprays in each nostril Nasally Once a day
- Mucinex 600 MG Tablet Extended Release 12 Hour 1 tablet as needed Orally every 12 hrs
- Hair Skin Nails - Capsule as directed Orally
- traZODone HCl 50 MG Tablet 1 tablet at bedtime as needed Orally Once a day , Notes to Pharmacist: 1/2 tab
- DULoxetine HCl 60 MG Capsule Delayed Release Particles take one capsule by mouth one time daily Orally Once a day , Notes to Pharmacist: LAST FILL KEEP UPCOMING APPT
- Synthroid 112 MCG Tablet 1 tablet Orally Once a day , Notes to Pharmacist: BRAND ONLY!
- valACYclovir HCl 500 MG Tablet TAKE ONE TABLET BY MOUTH ONE TIME DAILY Oral

Progress Note: Lauren Brunner 07/30/2024

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Hemoglobin	12.5 (Ref Range: 11.5-16.0 g/dL)	12.4 (Ref Range: 11.5-16.0 g/dL)	12.7 (Ref Range: 11.5-16.0 g/dL)	11.9 (Ref Range: 11.5-16.0 g/dL)	13.0 (Ref Range: 11.5-16.0 g/dL)
Hematocrit	38.4 (Ref Range: 35.0-47.0 %)	36.5 (Ref Range: 35.0-47.0 %)	38.5 (Ref Range: 35.0-47.0 %)	35.5 (Ref Range: 35.0-47.0 %)	38.9 (Ref Range: 35.0-47.0 %)
Platelet Count	233 (Ref Range: 130-400 K/uL)	233 (Ref Range: 130-400 K/uL)	229 (Ref Range: 130-400 K/uL)	219 (Ref Range: 130-400 K/uL)	240 (Ref Range: 130-400 K/uL)
RDW-CV%	12.8 (Ref Range: 11.5-14.5 %)	12.7 (Ref Range: 11.5-14.5 %)	12.7 (Ref Range: 11.5-14.5 %)	12.5 (Ref Range: 11.5-14.5 %)	13.8 (Ref Range: 11.5-14.5 %)
MCV	91.6 (Ref Range: 80.0-99.0 fL)	91.7 (Ref Range: 80.0-99.0 fL)	93.0 (Ref Range: 80.0-99.0 fL)	94.4 (Ref Range: 80.0-99.0 fL)	93.1 (Ref Range: 80.0-99.0 fL)
MCH	29.8 (Ref Range: 26.0-34.0 pg)	31.2 (Ref Range: 26.0-34.0 pg)	30.7 (Ref Range: 26.0-34.0 pg)	31.6 (Ref Range: 26.0-34.0 pg)	31.1 (Ref Range: 26.0-34.0 pg)
MCHC	32.6 (Ref Range: 31.0-35.0 g/dL)	34.0 (Ref Range: 31.0-35.0 g/dL)	33.0 (Ref Range: 31.0-35.0 g/dL)	33.5 (Ref Range: 31.0-35.0 g/dL)	33.4 (Ref Range: 31.0-35.0 g/dL)
Lymphocyte s%	30.2 (Ref Range: 17.4-51.7 %)	31.5 (Ref Range: 17.4-51.7 %)	37.5 (Ref Range: 17.4-51.7 %)	38.4 (Ref Range: 17.4-51.7 %)	29.0 (Ref Range: 17.4-51.7 %)
Mono%	6.8 (Ref Range: 4.5-12.5 %)	8.3 (Ref Range: 4.5-12.5 %)	6.6 (Ref Range: 4.5-12.5 %)	7.0 (Ref Range: 4.5-12.5 %)	5.3 (Ref Range: 4.5-12.5 %)
EOS%	2.6 (Ref Range: 0.5-5.8 %)	3.3 (Ref Range: 0.5-5.8 %)	3.1 (Ref Range: 0.5-5.8 %)	2.5 (Ref Range: 0.5-5.8 %)	2.0 (Ref Range: 0.5-5.8 %)

	1740
Chemistry	
Sodium (136 - 145 mmol/L)	138
Potassium (3.5 - 5.1 mmol/L)	4.5
Chloride (98 - 107 mmol/L)	102
Carbon Dioxide (21 - 32 mmol/L)	27
Anion Gap (5 - 15)	9
BUN (7 - 18 mg/dL)	11
Creatinine (0.55 - 1.02 mg/dL)	0.64
Estim Creat Clear Calc (mL/min)	95.5
Est GFR (CKD-EPI) (> 59 mL/min)	101.741
Glucose (74 - 106 mg/dL)	93
Calcium (8.5 - 10.1 mg/dL)	9.2
Hematology	
WBC (3.70 - 11.50 10 ³ /uL)	7.44
RBC (3.70 - 5.17 10 ⁶ /uL)	4.26
Hgb (11.0 - 15.1 g/dL)	12.8
Hct (30.4 - 44.6 %)	38.4
MCV (75.6 - 97.8 fL)	90.1
MCH (24.3 - 33.2 pg)	30.0
MCHC (31.9 - 35.1 g/dL)	33.3
RDW Coeff of Var (12.1 - 16.8 %)	12.5
Plt Count (156 - 380 10 ³ /uL)	315
MPV (7.0 - 10.7 fL)	10.0
Immature Gran % (Auto) (0.0 - 0.6 %)	0.3
Neut % (Auto) (%)	61.7
Lymph % (Auto) (%)	29.6
Mono % (Auto) (%)	5.4
Eos % (Auto) (%)	2.2
Baso % (Auto) (%)	0.8
Nucleat RBC Rel Count (NONE SEEN /100 WBC)	0.0
Neut # (Auto) (1.70 - 8.00 10 ³ /uL)	4.60
Lymph # (Auto) (1.10 - 3.80 10 ³ /uL)	2.20
Mono # (Auto) (0.30 - 0.90 10 ³ /uL)	0.40
Eos # (Auto) (0.00 - 0.50 10 ³ /uL)	0.16
Baso # (Auto) (0.00 - 0.10 10 ³ /uL)	0.06
Immature Gran # (Auto) (10 ³ /uL)	0.02
Absolute Nucleated RBC (10 ³ /uL)	0.00

Order Date: 04/03/24 —Service—
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By
LAB CBC W/O DIFF 20240404-0245 04/04/24 0400 R E CMP GILRI1
Other Provider : Sig Lvl Provider :

Order's Audit Trail of Events

- 1 04/03/24 1553 AP.GILRI Order ENTER in POM
- 2 04/03/24 1553 AP.GILRI Ordering Doctor: Gilliam,Richard R NP
- 3 04/03/24 1553 AP.GILRI Order Source: EPOM
- 4 04/03/24 1553 AP.GILRI Signed by Gilliam,Richard R NP
- 5 04/03/24 1623 3BAZ0038 order acknowledged
- 6 04/04/24 0001 interface cc'd doctors edited in LAB
- 7 04/04/24 0001 interface order's status changed from TRANS to LOGGED by LAB
- 8 04/04/24 0611 interface order's status changed from LOGGED to IN PRO by LAB
- 9 04/04/24 0616 interface order's status changed from IN PRO to COMP by LAB

Electronically signed by Gilliam,Richard R NP on 04/03/24 at 1553

Order Date: 04/03/24 —Service—
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By
LAB BASIC METABOLIC PROF W/REFLEX 20240404-0246 04/04/24 0400 R E CMP GILRI1
Other Provider : Sig Lvl Provider :

Order's Audit Trail of Events

- 1 04/03/24 1553 AP.GILRI Order ENTER in POM
- 2 04/03/24 1553 AP.GILRI Ordering Doctor: Gilliam,Richard R NP
- 3 04/03/24 1553 AP.GILRI Order Source: EPOM
- 4 04/03/24 1553 AP.GILRI Signed by Gilliam,Richard R NP
- 5 04/03/24 1623 3BAZ0038 order acknowledged
- 6 04/04/24 0001 interface cc'd doctors edited in LAB
- 7 04/04/24 0001 interface order's status changed from TRANS to LOGGED by LAB
- 8 04/04/24 0611 interface order's status changed from LOGGED to IN PRO by LAB
- 9 04/04/24 0634 interface order's status changed from IN PRO to COMP by LAB

Electronically signed by Gilliam,Richard R NP on 04/03/24 at 1553

Order Date: 04/03/24 —Service—
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By
MED.COCHR MULTIDOSE MEDICATIONS 20240404-0656 04/04/24 0600 R 1 Z CMP OSBER
Other Provider : Sig Lvl Provider :

Order Date: 04/04/24

—Service—
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By
NUR.PHYS Discharge Criteria 20240404-0494 04/04/24 0925 E IPR WILDA4
Other Provider : Sig Lvl Provider :
Press (ENTER) for Order Details below

Comment: D/C PT FROM PACU WHEN CRITERIA MET

Order's Audit Trail of Events

- 1 04/04/24 0925 DR.WILDA4 Order ENTER in POM
- 2 04/04/24 0925 DR.WILDA4 Order from set: PACU Adult
- 3 04/04/24 0925 DR.WILDA4 Ordering Doctor: Williams,David G.A. MD
- 4 04/04/24 0925 DR.WILDA4 Order Source: EPOM
- 5 04/04/24 0925 DR.WILDA4 Signed by Williams,David G.A. MD
- 6 04/04/24 0925 interface order's status changed from TRANS to ACTIVE by NUR
- 7 04/04/24 1313 3NNI9254 order acknowledged
- 8 04/06/24 1652 DR.KOHJA1 Order marked to be continued upon patient transfer.
- 9 04/06/24 1652 DR.KOHJA1 Signed by Kohout,Jaromir MD
- 10 04/06/24 2055 PWSNS10 Order RECEIVE in NUR
- 11 04/06/24 2055 PWSNS10 Ordering Doctor: Kohout,Jaromir MD
- 12 04/06/24 2055 PWSNS10 Order Source: EPOM
- 13 04/06/24 2055 PWSNS10 Order continued upon patient transfer.
- 14 04/06/24 2058 PWSNS10 order acknowledged

Electronically signed by Kohout,Jaromir MD on 04/06/24 at 1652

Electronically signed by Williams,David G.A. MD on 04/04/24 at 0925

Order Date: 04/04/24

—Service—
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By
NUR.PHYS Notify MD 20240404-0495 04/04/24 0925 E IPR WILDA4
Other Provider : Sig Lvl Provider :
Press (ENTER) for Order Details below

Comment: Notify provider of HH results if ordered

Order's Audit Trail of Events

- 1 04/04/24 0925 DR.WILDA4 Order ENTER in POM
- 2 04/04/24 0925 DR.WILDA4 Order from set: PACU Adult
- 3 04/04/24 0925 DR.WILDA4 Ordering Doctor: Williams,David G.A. MD
- 4 04/04/24 0925 DR.WILDA4 Order Source: EPOM
- 5 04/04/24 0925 DR.WILDA4 Signed by Williams,David G.A. MD
- 6 04/04/24 0925 interface order's status changed from TRANS to ACTIVE by NUR
- 7 04/04/24 1313 3NNI9254 order acknowledged
- 8 04/06/24 1652 DR.KOHJA1 Order marked to be continued upon patient transfer.
- 9 04/06/24 1652 DR.KOHJA1 Signed by Kohout,Jaromir MD
- 10 04/06/24 2055 PWSNS10 Order RECEIVE in NUR
- 11 04/06/24 2055 PWSNS10 Ordering Doctor: Kohout,Jaromir MD
- 12 04/06/24 2055 PWSNS10 Order Source: EPOM
- 13 04/06/24 2055 PWSNS10 Order continued upon patient transfer.

Diagnosis/Problem/Outcome/Care Item Description						Diagnosis/Problem/Outcome/Care Item Description						
Activity Type	Occurred Date	Occurred Time by	Recorded Date	Recorded Time by	From	Sts	Frequency	Documented Units	From	Sts	Frequency	
					Change				Change			
Activity Date: 04/03/24 Time: 2000						Activity Date: 04/03/24 Time: 2015						
220430 Teach/Educate + - Document - - - PATIENT/FAMILY TEACHING - -	04/03/24 2000	CW	04/03/24 2327	CW	A	CP	220411 Clinical Monitor Interface + - Document - - - PATIENT/FAMILY TEACHING - -	04/03/24 2015	CW	04/04/24 0311	CW	MO
Primary Learner: Patient Primary learners preferred spoken language: ENG ENGLISH Primary learners preferred written language: ENG ENGLISH Physiological topics: Blood pressure Functional topics: Activity care Psychological topics: Neurological system care Coping support Health behavior topics: Medication actions Person(s) educated: Patient Readiness to learn: Cooperative Method of education: Verbal discussion Responsiveness to learning: Verbalized understanding Physical regulation topics: Blood pressure Activity topics: Activity care Cognitive/Neuro topics: Neurologic system care Coping topics: Coping support Medication topics: Medication actions							Pulse: 93 Respiratory rate: 39 Blood pressure: 126/61 SpO2 %: 100 See next page See next page Mean arterial pressure: 86 See next page					
220700 Plan of Care + - Document - - - NEUROLOGICAL ALTERATION - -	04/03/24 2000	CW	04/03/24 2327	CW	A	CP	Activity Date: 04/03/24 Time: 2030					
Neurological alteration problem expected to: Improve/Resolve Target date: 04/30/24 Neurological alteration problem is: Stabilizing/Maintaining - - INFECTION ALTERATION - - Infection alteration problem expected to: Improve/Resolve Target date: 04/30/24 Infection alteration problem is: Stabilizing/Maintaining - - ACTIVITY ALTERATION - - Activity alteration problem expected to: Improve/Resolve Target date: 04/06/24 Activity alteration problem is: Stabilizing/Maintaining - - ANXIETY ALTERATION - - Anxiety alteration problem expected to: Improve/Resolve Target date: 04/30/24 Anxiety alteration problem is: Stabilizing/Maintaining - - INJURY RISK PROBLEM - - Injury risk problem expected to: Stabilize/Maintain Target date: 04/30/24 Injury risk problem is: Stabilizing/Maintaining - - MAIN SCREEN SELECTIONS - - Physiological problem/alteration in: Infection Neurological Functional problem/alteration in: Activity Psychological problem/alteration in: Anxiety Health behavior problem/risk: Injury risk							220411 Clinical Monitor Interface + - Document - - - PATIENT/FAMILY TEACHING - -	04/03/24 2030	CW	04/04/24 0311	CW	MO
							Pulse: 84 Respiratory rate: 21 Blood pressure: 128/63 SpO2 %: 100 See next page See next page Mean arterial pressure: 89 See next page					
Activity Date: 04/03/24 Time: 2045						Activity Date: 04/03/24 Time: 2100						
							220411 Clinical Monitor Interface + - Document - - - PATIENT/FAMILY TEACHING - -	04/03/24 2045	CW	04/04/24 0311	CW	MO
							Pulse: 83 Respiratory rate: 34 Blood pressure: 125/63 SpO2 %: 100 See next page See next page Mean arterial pressure: 87 See next page					
							220281 Frequent Neuro Checks + - Document - - - FREQUENT NEURO CHECKS - - Level of consciousness: Awake/Alert - - GLASGOW COMA SCALE - - Document Glasgow coma scale: Yes Eye opening: 4 Verbal response: 5 Motor response: 6					
							PS					

Diagnosis/Problem/Outcome/Care Item Description						Diagnosis/Problem/Outcome/Care Item Description					
Activity Type	Occurred Date	Recorded Time by	Sts	Frequency	From Change	Activity Type	Occurred Date	Recorded Time by	Sts	Frequency	From Change
			Comment	Documented Units					Comment	Documented Units	
Activity Date: 04/03/24	Time: 2100	(continued)				Activity Date: 04/03/24	Time: 2122	(continued)			
220281	Frequent Neuro Checks + (continued)					220411	Clinical Monitor Interface + (continued)				
Glasgow coma score: 15 Mild						Blood pressure: 132/66					
- - Copyright - - Adults: Sir Graham Teasdale						SpO2 %: 99					
Pediatrics: Copyright owned by Matthew Kirschen, MD PhD						See next page					
Received permissions on 4/22/20						See next page					
LUE motor strength: Strong						Mean arterial pressure: 94					
RUE motor strength: Strong						See next page					
LLE motor strength: Strong											
RLE motor strength: Strong											
LUE movement: Obey											
RUE movement: Obey											
LLE movement: Obey											
RLE movement: Obey											
Left pupil reaction to light: Brisk											
Right pupil reaction to light: Brisk											
Left pupil size: 3mm											
Right pupil size: 3mm											
Eye movement: Full range											
DOUBLE VISION											
Facial symmetry: Intact											
Vocalization: Appropriate											
220411 Clinical Monitor Interface + A					MO						
- Document 04/03/24 2100 CW 04/04/24 0311 CW											
Pulse: 80											
Respiratory rate: 26											
Blood pressure: 130/66											
SpO2 %: 100											
See next page											
See next page											
Mean arterial pressure: 91											
See next page											
Activity Date: 04/03/24	Time: 2107					Activity Date: 04/03/24	Time: 2145				
220411 Clinical Monitor Interface + A					MO	220411 Clinical Monitor Interface + A					
- Document 04/03/24 2107 CW 04/04/24 0311 CW						- Document 04/03/24 2145 CW 04/04/24 0311 CW					
Pulse: 82						Pulse: 72					
Respiratory rate: 32						Respiratory rate: 23					
See next page						Blood pressure: 126/66					
See next page						SpO2 %: 97					
See next page						See next page					
Activity Date: 04/03/24	Time: 2122					See next page					
220411 Clinical Monitor Interface + A					MO	Mean arterial pressure: 91					
- Document 04/03/24 2122 CW 04/04/24 0311 CW						See next page					
Pulse: 75						See next page					
Respiratory rate: 21						See next page					