

07/30/2024

Lauren Brunner

Reason for Appointment

1. Pt transfer
2. Med refills

History of Present Illness

Depression Screening:

- PHQ-9

Little interest or pleasure **in** doing things *Not at all*

Feeling down, depressed, or hopeless *Not at all*

Trouble falling or staying asleep, or sleeping too much *Not at all*

Feeling tired or having little energy *Not at all*

Poor appetite or overeating *Not at all*

Feeling bad about yourself or that you are **a** failure, or have let yourself or your family down *Not at all*

Trouble concentrating on things, such as reading the newspaper or watching television *Not at all*

Moving or speaking so slowly that other people could have noticed; or the opposite, being so fidgety or restless that you have been moving around **a** lot more than usual *Not at all*

Thoughts that you would be better off dead or of hurting yourself **in** some way *Not at all*

Total Score **0**

History:

59-year-old female with history of hypothyroidism, insomnia, anxiety presenting for medication review and refills. Patient takes 25 mg of trazodone for sleep nightly, hopes to wean off this. Feels her mood overall is stable on current medication regimen.

Of note, patient had **a** hospitalization **in** April 2024 for bilateral frontoparietal craniotomies for chronic subdural hematomas. This was found on MRI of brain following **a** head trauma **2** months prior. Patient had been having extreme headaches and dizziness. During this time patient was also placed on Keppra for seizure prophylaxis as well as amlodipine for high blood pressure, she is off both of these now. Patient has residual hand weakness and continues to work with occupational therapy. She is back to regular exercise however still cannot hold weights or hold **a** tennis racquet due to her weakness.

Dr. Alexander Neurological Associates.

Current Medications

Taking

- Flonase 50 MCG/ACT Suspension **2** sprays **in** each nostril Nasally Once **a** day
- Mucinex 600 MG Tablet Extended Release **12** Hour **1** tablet as needed Orally every **12** hrs
- Hair Skin Nails - Capsule as directed Orally
- traZODone HCl 50 MG Tablet **1** tablet at bedtime as needed Orally Once **a** day , Notes to Pharmacist: 1/2 tab
- DULoxetine HCl 60 MG Capsule Delayed Release Particles take one capsule by mouth one time daily Orally Once **a** day , Notes to Pharmacist: LAST FILL KEEP UPCOMING APPT
- Synthroid 112 MCG Tablet **1** tablet Orally Once **a** day , Notes to Pharmacist: BRAND ONLY!
- valACYclovir HCl 500 MG Tablet TAKE ONE TABLET BY MOUTH ONE TIME DAILY Oral

Progress Note: Lauren Brunner 07/30/2024

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Hemoglobin	12.5 (Ref)	12.4 (Ref)	12.7 (Ref)	11.9 (Ref)	13.0 (Ref)
Range:	11.5-16.0 g/dL	11.5-16.0 g/dL	11.5-16.0 g/dL	11.5-16.0 g/dL	11.5-16.0 g/dL
Hematocrit	38.4 (Ref)	36.5 (Ref)	38.5 (Ref)	35.5 (Ref)	38.9 (Ref)
Range:	35.0-47.0 %)	35.0-47.0 %)	35.0-47.0 %)	35.0-47.0 %)	35.0-47.0 %)
Platelet Count	233 (Ref)	233 (Ref)	229 (Ref)	219 (Ref)	240 (Ref)
Range:	130-400 K/uL	130-400 K/uL	130-400 K/uL	130-400 K/uL	130-400 K/uL
RDW-CV%	12.8 (Ref)	12.7 (Ref)	12.7 (Ref)	12.5 (Ref)	13.8 (Ref)
Range:	11.5-14.5 %)	11.5-14.5 %)	11.5-14.5 %)	11.5-14.5 %)	11.5-14.5 %)
MCV	91.6 (Ref)	91.7 (Ref)	93.0 (Ref)	94.4 (Ref)	93.1 (Ref)
Range:	80.0-99.0 fL	80.0-99.0 fL	80.0-99.0 fL	80.0-99.0 fL	80.0-99.0 fL
MCH	29.8 (Ref)	31.2 (Ref)	30.7 (Ref)	31.6 (Ref)	31.1 (Ref)
Range:	26.0-34.0 pg)	26.0-34.0 pg)	26.0-34.0 pg)	26.0-34.0 pg)	26.0-34.0 pg)
MCHC	32.6 (Ref)	34.0 (Ref)	33.0 (Ref)	33.5 (Ref)	33.4 (Ref)
Range:	31.0-35.0 g/dL	31.0-35.0 g/dL	31.0-35.0 g/dL	31.0-35.0 g/dL	31.0-35.0 g/dL
Lymphocyte s%	30.2 (Ref)	31.5 (Ref)	37.5 (Ref)	38.4 (Ref)	29.0 (Ref)
Range:	17.4-51.7 %)	17.4-51.7 %)	17.4-51.7 %)	17.4-51.7 %)	17.4-51.7 %)
Mon%o	6.8 (Ref)	8.3 (Ref)	6.6 (Ref)	7.0 (Ref)	5.3 (Ref)
Range:	4.5-12.5 %)	4.5-12.5 %)	4.5-12.5 %)	4.5-12.5 %)	4.5-12.5 %)
EOS%	2.6 (Ref)	3.3 (Ref)	3.1 (Ref)	2.5 (Ref)	2.0 (Ref)
Range:	0.5-5.8 %)	0.5-5.8 %)	0.5-5.8 %)	0.5-5.8 %)	0.5-5.8 %)

	1740
Chemistry	
Sodium (136 - 145 mmol/L)	138
Potassium (3.5 - 5.1 mmol/L)	4.5
Chloride (98 - 107 mmol/L)	102
Carbon Dioxide (21 - 32 mmol/L)	27
Anion Gap (5 - 15)	9
BUN (7 - 18 mg/dL)	11
Creatinine (0.55 - 1.02 mg/dL)	0.64
Estim Creat Clear Calc (mL/min)	95.5
Est GFR (CKD-EPI) (> 59 mL/min)	101.741
Glucose (74 - 106 mg/dL)	93
Calcium (8.5 - 10.1 mg/dL)	9.2
Hematology	
WBC (3.70 - 11.50 10 ³ /uL)	7.44
RBC (3.70 - 5.17 10 ⁶ /uL)	4.26
Hgb (11.0 - 15.1 g/dL)	12.8
Hct (30.4 - 44.6 %)	38.4
MCV (75.6 - 97.8 fL)	90.1
MCH (24.3 - 33.2 pg)	30.0
MCHC (31.9 - 35.1 g/dL)	33.3
RDW Coeff of Var (12.1 - 16.8 %)	12.5
Plt Count (156 - 380 10 ³ /uL)	315
MPV (7.0 - 10.7 fL)	10.0
Immature Gran % (Auto) (0.0 - 0.6 %)	0.3
Neut % (Auto) (%)	61.7
Lymph % (Auto) (%)	29.6
Mono % (Auto) (%)	5.4
Eos % (Auto) (%)	2.2
Baso % (Auto) (%)	0.8
Nucleat RBC Rel Count (NONE SEEN /100 WBC)	0.0
Neut # (Auto) (1.70 - 8.00 10 ³ /uL)	4.60
Lymph # (Auto) (1.10 - 3.80 10 ³ /uL)	2.20
Mono # (Auto) (0.30 - 0.90 10 ³ /uL)	0.40
Eos # (Auto) (0.00 - 0.50 10 ³ /uL)	0.16
Baso # (Auto) (0.00 - 0.10 10 ³ /uL)	0.06
Immature Gran # (Auto) (10 ³ /uL)	0.02
Absolute Nucleated RBC (10 ³ /uL)	0.00

Order Date: 04/03/24 —Service—
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By
LAB CBC W/O DIFF 20240404-0245 04/04/24 0400 R E CMP GILRI1
Other Provider : Sig Lvl Provider :

Order's Audit Trail of Events

- | | | | |
|---|----------|----------------|--|
| 1 | 04/03/24 | 1553 AP.GILRI | Order ENTER in POM |
| 2 | 04/03/24 | 1553 AP.GILRI | Ordering Doctor: Gilliam,Richard R NP |
| 3 | 04/03/24 | 1553 AP.GILRI | Order Source: EPOM |
| 4 | 04/03/24 | 1553 AP.GILRI | Signed by Gilliam,Richard R NP |
| 5 | 04/03/24 | 1623 3BAZ0038 | order acknowledged |
| 6 | 04/04/24 | 0001 interface | cc'd doctors edited in LAB |
| 7 | 04/04/24 | 0001 interface | order's status changed from TRANS to LOGGED by LAB |
| 8 | 04/04/24 | 0611 interface | order's status changed from LOGGED to IN PRO by LAB |
| 9 | 04/04/24 | 0616 interface | order's status changed from IN PRO to COMP by LAB |

Electronically signed by Gilliam, Richard R NP on 04/03/24 at 1553

Order Date: 04/03/24 —Service—
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By
LAB BASIC METABOLIC PROF W/REFLEX 20240404-0246 04/04/24 0400 R E CMP GILRII
Other Provider : Sig Lvl Provider :

Order's Audit Trail of Events

- | | | | |
|---|----------|----------------|--|
| 1 | 04/03/24 | 1553 AP.GILRI | Order ENTER in POM |
| 2 | 04/03/24 | 1553 AP.GILRI | Ordering Doctor: Gilliam,Richard R NP |
| 3 | 04/03/24 | 1553 AP.GILRI | Order Source: EPOM |
| 4 | 04/03/24 | 1553 AP.GILRI | Signed by Gilliam,Richard R NP |
| 5 | 04/03/24 | 1623 3BAZ0038 | order acknowledged |
| 6 | 04/04/24 | 0001 interface | cc'd doctors edited in LAB |
| 7 | 04/04/24 | 0001 interface | order's status changed from TRANS to LOGGED by LAB |
| 8 | 04/04/24 | 0611 interface | order's status changed from LOGGED to IN PRO by LAB |
| 9 | 04/04/24 | 0634 interface | order's status changed from IN PRO to COMP by LAB |

Electronically signed by Gillian Richard R NP on 04/03/24 at 1533

Order Date: 04/03/24 —Service—
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By
MED.COCHR MULTIDOSE MEDICATIONS 20240404-0656 04/04/24 0600 R 1 Z CMP OSBER
Other Provider : Sig lyl Provider :

Order Date: 04/04/24

—Service—

Category	Procedure Name	Order Number	Date	Time	Pri	Qty	Ord	Source	Status	Ordered By
NUR.PHYS	Discharge Criteria	20240404-0494	04/04/24	0925	E			IPR		WILDA4
Other Provider	Sig Lvl Provider :									

Press (ENTER) for Order Details below

Comment:

D/C PT FROM PACU WHEN CRITERIA MET

Order's Audit Trail of Events

- 1 04/04/24 0925 DR.WILDA4 Order ENTER **in** POM
- 2 04/04/24 0925 DR.WILDA4 Order from set: PACU Adult
- 3 04/04/24 0925 DR.WILDA4 Ordering Doctor: Williams,David G.A. MD
- 4 04/04/24 0925 DR.WILDA4 Order Source: EPOM
- 5 04/04/24 0925 DR.WILDA4 Signed by Williams,David G.A. MD
- 6 04/04/24 0925 interface order's status changed from TRANS to ACTIVE by NUR
- 7 04/04/24 1313 3NNI9254 order acknowledged
- 8 04/06/24 1652 DR.KOHJAI1 Order marked to be continued upon patient transfer.
- 9 04/06/24 1652 DR.KOHJAI1 Signed by Kohout,Jaromir MD
- 10 04/06/24 2055 PWSNS10 Order RECEIVE **in** NUR
- 11 04/06/24 2055 PWSNS10 Ordering Doctor: Kohout,Jaromir MD
- 12 04/06/24 2055 PWSNS10 Order Source: EPOM
- 13 04/06/24 2055 PWSNS10 Order continued upon patient transfer.
- 14 04/06/24 2058 PWSNS10 order acknowledged

Electronically signed by Kohout,Jaromir MD on 04/06/24 at 1652

Electronically signed by Williams,David G.A. MD on 04/04/24 at 0925

Order Date: 04/04/24

—Service—

Category	Procedure Name	Order Number	Date	Time	Pri	Qty	Ord	Source	Status	Ordered By
NUR.PHYS	Notify MD	20240404-0495	04/04/24	0925	E			IPR		WILDA4
Other Provider	Sig Lvl Provider :									

Press (ENTER) for Order Details below

Comment:

Notify provider of HH results if ordered

Order's Audit Trail of Events

- 1 04/04/24 0925 DR.WILDA4 Order ENTER **in** POM
- 2 04/04/24 0925 DR.WILDA4 Order from set: PACU Adult
- 3 04/04/24 0925 DR.WILDA4 Ordering Doctor: Williams,David G.A. MD
- 4 04/04/24 0925 DR.WILDA4 Order Source: EPOM
- 5 04/04/24 0925 DR.WILDA4 Signed by Williams,David G.A. MD
- 6 04/04/24 0925 interface order's status changed from TRANS to ACTIVE by NUR
- 7 04/04/24 1313 3NNI9254 order acknowledged
- 8 04/06/24 1652 DR.KOHJAI1 Order marked to be continued upon patient transfer.
- 9 04/06/24 1652 DR.KOHJAI1 Signed by Kohout,Jaromir MD
- 10 04/06/24 2055 PWSNS10 Order RECEIVE **in** NUR
- 11 04/06/24 2055 PWSNS10 Ordering Doctor: Kohout,Jaromir MD
- 12 04/06/24 2055 PWSNS10 Order Source: EPOM
- 13 04/06/24 2055 PWSNS10 Order continued upon patient transfer.

Diagnosis/Problem/Outcome/Care Item Description							Diagnosis/Problem/Outcome/Care Item Description								
Activity Type	Occurred Date	Recorded Time by	Comment	Sts	Frequency	Documented Units	From Change	Activity Type	Occurred Date	Recorded Time by	Comment	Sts	Frequency	Documented Units	From Change
Activity Date: 04/03/24 Time: 2000							Activity Date: 04/03/24 Time: 2015								
220430	Teach/Educate + Document	04/03/24 2000	CW 04/03/24 2327 CW	A			CP	220411	Clinical Monitor Interface + Document	04/03/24 2015	CW 04/04/24 0311 CW	Pulse: 93	A		MO
PATIENT/FAMILY TEACHING							Respiratory rate: 39							Blood pressure: 126/61	
Primary learner: Patient							SPO2 %: 100							See next page	
Primary learners preferred spoken language: ENG ENGLISH							See next page							Mean arterial pressure: 86	
Primary learners preferred written language: ENG ENGLISH							See next page							COPING SUPPORT	
Physiological topics: Blood pressure							Health behavior topics: Medication actions							See next page	
Functional topics: Activity care							Person(s) educated: Patient							See next page	
Psychological topics: Neurological system care							Readiness to learn: Cooperative							See next page	
Coping topics: Coping support							Method of education: Verbal discussion							See next page	
Health behavior topics: Medication actions							Responsiveness to learning: Verbalized understanding							See next page	
Person(s) educated: Patient							Physical regulation topics: Blood pressure							See next page	
Readiness to learn: Cooperative							Activity topics: Activity care							See next page	
Method of education: Verbal discussion							Cognitive/Neuro topics: Neurologic system care							See next page	
Responsiveness to learning: Verbalized understanding							Coping topics: Coping support							See next page	
Physical regulation topics: Blood pressure							Medication topics: Medication actions							See next page	
Activity topics: Activity care							Neurological alteration problem expected to: Improve/Resolve							See next page	
Cognitive/Neuro topics: Neurologic system care							Target date: 04/30/24							See next page	
Coping topics: Coping support							Neurological alteration problem is: Stabilizing/Maintaining							See next page	
Medication topics: Medication actions							INFECTION ALTERATION							See next page	
Neurological alteration problem expected to: Improve/Resolve							Infection alteration problem expected to: Improve/Resolve							See next page	
Target date: 04/30/24							Infection alteration problem is: Stabilizing/Maintaining							See next page	
INFECTION ALTERATION							ACTIVITY ALTERATION							See next page	
Infection alteration problem expected to: Improve/Resolve							Activity alteration problem expected to: Improve/Resolve							See next page	
Target date: 04/30/24							Activity alteration problem is: Stabilizing/Maintaining							See next page	
ACTIVITY ALTERATION							ANXIETY ALTERATION							See next page	
Anxiety alteration problem expected to: Improve/Resolve							Anxiety alteration problem is: Stabilizing/Maintaining							See next page	
Target date: 04/30/24							INJURY RISK PROBLEM							See next page	
Injury risk problem expected to: Stabilize/Maintain							Injury risk problem is: Stabilizing/Maintaining							See next page	
Target date: 04/30/24							MAIN SCREEN SELECTIONS							See next page	
Injury risk problem is: Stabilizing/Maintaining							Physiological problem/alteration in: Infection							See next page	
Neurological							Functional problem/alteration in: Activity							See next page	
Psychological problem/alteration in: Anxiety							Psychological problem/alteration in: Injury risk							See next page	
Health behavior problem/risk: Injury risk							Frequent Neuro Checks +							See next page	
FREQUENT NEURO CHECKS							Document Glasgow coma scale: Yes							See next page	
Level of consciousness: Awake/Alert							Eye opening: 4							Verbal response: 5	
Glasgow coma scale: Yes							Motor response: 6							See next page	

Diagnosis/Problem/Outcome/Care Item Description							Diagnosis/Problem/Outcome/Care Item Description										
Activity Type	Occurred Date	Occurred Time by	Recorded Date	Recorded Time by	Sts Comment	Frequency	Documented Units	From Change	Activity Type	Occurred Date	Occurred Time by	Recorded Date	Recorded Time by	Sts Comment	Frequency	Documented Units	From Change
Activity Date: 04/03/24 Time: 2100 (continued)							Activity Date: 04/03/24 Time: 2122 (continued)										
220281 Frequent Neuro Checks + (continued) Glasgow coma score: 15 Mild Copyright Adults: Sir Graham Teasdale Pediatrics: Copyright owned by Matthew Kirschen, MD PhD Received permissions on 4/22/20							220411 Clinical Monitor Interface + (continued) Blood pressure: 132/66 SpO2 %: 99 See next page See next page Mean arterial pressure: 94 See next page										
LUE motor strength: Strong RUE motor strength: Strong LLE motor strength: Strong RLE motor strength: Strong LUE movement: Obey RUE movement: Obey LLE movement: Obey RLE movement: Obey Left pupil reaction to light: Brisk Right pupil reaction to light: Brisk Left pupil size: 3mm Right pupil size: 3mm Eye movement: Full range DOUBLE VISION Facial symmetry: Intact Vocalization: Appropriate 220411 Clinical Monitor Interface + A MO							Activity Date: 04/03/24 Time: 2130										
220411 Clinical Monitor Interface + A MO - Document 04/03/24 2130 CW 04/04/24 0311 CW Pulse: 77 Respiratory rate: 19 Blood pressure: 127/65 SpO2 %: 97 See next page See next page Mean arterial pressure: 90 See next page							Activity Date: 04/03/24 Time: 2145										
220411 Clinical Monitor Interface + A MO - Document 04/03/24 2145 CW 04/04/24 0311 CW Pulse: 72 Respiratory rate: 23 Blood pressure: 126/66 SpO2 %: 97 See next page See next page Mean arterial pressure: 91 See next page							Activity Date: 04/03/24 Time: 2200										
220411 Clinical Monitor Interface + A MO - Document 04/03/24 2200 CW 04/04/24 0311 CW Pulse: 74 Respiratory rate: 19 Blood pressure: 126/69 SpO2 %: 98 See next page See next page Mean arterial pressure: 93 See next page							Activity Date: 04/03/24 Time: 2107										
220411 Clinical Monitor Interface + A MO - Document 04/03/24 2107 CW 04/04/24 0311 CW Pulse: 82 Respiratory rate: 32 See next page See next page See next page							Activity Date: 04/03/24 Time: 2122										
220411 Clinical Monitor Interface + A MO - Document 04/03/24 2122 CW 04/04/24 0311 CW Pulse: 75 Respiratory rate: 21																	