

07/30/2024

Lauren Brunner

Reason for Appointment

1. Pt transfer
2. Med refills

History of Present Illness

Depression Screening:

- PHQ-9

Little interest or pleasure in doing things **Not at all**

Feeling down, depressed, or hopeless **Not at all**

Trouble falling or staying asleep, or sleeping too much **Not at all**

Feeling tired or having little energy **Not at all**

Poor appetite or overeating **Not at all**

Feeling bad about yourself or that you are **a failure**, or have let yourself or your family down **Not at all**

Trouble concentrating on things, such as reading the newspaper or watching television **Not at all**

Moving or speaking so slowly that other people could have noticed; or the opposite, being so fidgety or restless that you have been moving around **a lot more than usual** **Not at all**

Thoughts that you would be better off dead or of hurting yourself **in some way** **Not at all**

Total Score **0**

History:

59-year-old female with history of hypothyroidism, insomnia, anxiety presenting for medication review and refills. Patient takes 25 mg of trazodone for sleep nightly, hopes to wean off this. Feels her mood overall is stable on current medication regimen.

Of note, patient had **a** hospitalization **in April 2024** for bilateral frontoparietal craniotomies for chronic subdural hematomas. This was found on MRI of brain following **a head trauma** **2 months** prior. Patient had been having extreme headaches and dizziness. During this time patient was also placed on Keppra for seizure prophylaxis as well as amlodipine for high blood pressure, she is off both of these now. Patient has residual hand weakness and continues to work with occupational therapy. She is back to regular exercise however still cannot hold weights or hold **a tennis racquet** due to her weakness.

Dr. Alexander Neurological Associates.

Current Medications

Taking

- Flonase 50 MCG/ACT Suspension **2 sprays** **in each nostril** Nasally Once **a day**
- Mucinex 600 MG Tablet Extended Release **12 Hour** **1 tablet** as needed Orally every **12 hrs**
- Hair Skin Nails - Capsule as directed Orally
- traZODone HCl 50 MG Tablet **1 tablet** at bedtime as needed Orally Once **a day**, Notes to Pharmacist: **1/2 tab**
- DULoxetine HCl 60 MG Capsule Delayed Release Particles take one capsule by mouth one time daily Orally Once **a day**, Notes to Pharmacist: **LAST FILL KEEP UPCOMING APPT**
- Synthroid 112 MCG Tablet **1 tablet** Orally Once **a day**, Notes to Pharmacist: **BRAND ONLY!**
- valACYclovir HCl 500 MG Tablet TAKE ONE TABLET BY MOUTH ONE TIME DAILY Oral

Progress Note: Lauren Brunner 07/30/2024

Hemoglobin	12.5 (Ref)	12.4 (Ref)	12.7 (Ref)	11.9 (Ref)	13.0 (Ref)
Range:	Range:	Range:	Range:	Range:	Range:
11.5-16.0 g/dL	11.5-16.0 g/dL	11.5-16.0 g/dL	11.5-16.0 g/dL	11.5-16.0 g/dL	11.5-16.0 g/dL
Hematocrit	38.4 (Ref)	36.5 (Ref)	38.5 (Ref)	35.5 (Ref)	38.9 (Ref)
Range:	Range:	Range:	Range:	Range:	Range:
35.0-47.0 %)	35.0-47.0 %)	35.0-47.0 %)	35.0-47.0 %)	35.0-47.0 %)	35.0-47.0 %)
Platelet Count	233 (Ref)	233 (Ref)	229 (Ref)	219 (Ref)	240 (Ref)
Range:	Range:	Range:	Range:	Range:	Range:
130-400 K/uL	130-400 K/uL	130-400 K/uL	130-400 K/uL	130-400 K/uL	130-400 K/uL
RDW-CV%	12.8 (Ref)	12.7 (Ref)	12.7 (Ref)	12.5 (Ref)	13.8 (Ref)
Range:	Range:	Range:	Range:	Range:	Range:
11.5-14.5 %)	11.5-14.5 %)	11.5-14.5 %)	11.5-14.5 %)	11.5-14.5 %)	11.5-14.5 %)
MCV	91.6 (Ref)	91.7 (Ref)	93.0 (Ref)	94.4 (Ref)	93.1 (Ref)
Range:	Range:	Range:	Range:	Range:	Range:
80.0-99.0 fL	80.0-99.0 fL	80.0-99.0 fL	80.0-99.0 fL	80.0-99.0 fL	80.0-99.0 fL
MCH	29.8 (Ref)	31.2 (Ref)	30.7 (Ref)	31.6 (Ref)	31.1 (Ref)
Range:	Range:	Range:	Range:	Range:	Range:
26.0-34.0 pg	26.0-34.0 pg	26.0-34.0 pg	26.0-34.0 pg	26.0-34.0 pg	26.0-34.0 pg
MCHC	32.6 (Ref)	34.0 (Ref)	33.0 (Ref)	33.5 (Ref)	33.4 (Ref)
Range:	Range:	Range:	Range:	Range:	Range:
31.0-35.0 g/dL	31.0-35.0 g/dL	31.0-35.0 g/dL	31.0-35.0 g/dL	31.0-35.0 g/dL	31.0-35.0 g/dL
Lymphocyte s%	30.2 (Ref)	31.5 (Ref)	37.5 (Ref)	38.4 (Ref)	29.0 (Ref)
Range:	Range:	Range:	Range:	Range:	Range:
17.4-51.7 %)	17.4-51.7 %)	17.4-51.7 %)	17.4-51.7 %)	17.4-51.7 %)	17.4-51.7 %)
Monocyte%	6.8 (Ref)	8.3 (Ref)	6.6 (Ref)	7.0 (Ref)	5.3 (Ref)
Range:	Range:	Range:	Range:	Range:	Range:
4.5-12.5 %)	4.5-12.5 %)	4.5-12.5 %)	4.5-12.5 %)	4.5-12.5 %)	4.5-12.5 %)
EOS%	2.6 (Ref)	3.3 (Ref)	3.1 (Ref)	2.5 (Ref)	2.0 (Ref)
Range:	Range:	Range:	Range:	Range:	Range:
0.5-5.8 %)	0.5-5.8 %)	0.5-5.8 %)	0.5-5.8 %)	0.5-5.8 %)	0.5-5.8 %)

	1740
Chemistry	
Sodium (136 - 145 mmol/L)	138
Potassium (3.5 - 5.1 mmol/L)	4.5
Chloride (98 - 107 mmol/L)	102
Carbon Dioxide (21 - 32 mmol/L)	27
Anion Gap (5 - 15)	9
BUN (7 - 18 mg/dL)	11
Creatinine (0.55 - 1.02 mg/dL)	0.64
Estim Creat Clear Calc (mL/min)	95.5
Est GFR (CKD-EPI) (> 59 mL/min)	101.741
Glucose (74 - 106 mg/dL)	93
Calcium (8.5 - 10.1 mg/dL)	9.2
Hematology	
WBC (3.70 - 11.50 10 ³ /uL)	7.44
RBC (3.70 - 5.17 10 ⁶ /uL)	4.26
Hgb (11.0 - 15.1 g/dL)	12.8
Hct (30.4 - 44.6 %)	38.4
MCV (75.6 - 97.8 fL)	90.1
MCH (24.3 - 33.2 pg)	30.0
MCHC (31.9 - 35.1 g/dL)	33.3
RDW Coeff of Var (12.1 - 16.8 %)	12.5
Plt Count (156 - 380 10 ³ /uL)	315
MPV (7.0 - 10.7 fL)	10.0
Immature Gran % (Auto) (0.0 - 0.6 %)	0.3
Neut % (Auto) (%)	61.7
Lymph % (Auto) (%)	29.6
Mono % (Auto) (%)	5.4
Eos % (Auto) (%)	2.2
Baso % (Auto) (%)	0.8
Nucleat RBC Rel Count (NONE SEEN /100 WBC)	0.0
Neut # (Auto) (1.70 - 8.00 10 ³ /uL)	4.60
Lymph # (Auto) (1.10 - 3.80 10 ³ /uL)	2.20
Mono # (Auto) (0.30 - 0.90 10 ³ /uL)	0.40
Eos # (Auto) (0.00 - 0.50 10 ³ /uL)	0.16
Baso # (Auto) (0.00 - 0.10 10 ³ /uL)	0.06
Immature Gran # (Auto) (10 ³ /uL)	0.02
Absolute Nucleated RBC (10 ³ /uL)	0.00

Order Date: 04/03/24 —Service—
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By
LAB CBC W/O DIFF 20240404-0245 04/04/24 0400 R E CMP GILRI1
Other Provider : Sig Lvl Provider :

Order's Audit Trail of Events

- | | | | |
|---|----------|----------------|--|
| 1 | 04/03/24 | 1553 AP.GILRI | Order ENTER in POM |
| 2 | 04/03/24 | 1553 AP.GILRI | Ordering Doctor: Gilliam,Richard R NP |
| 3 | 04/03/24 | 1553 AP.GILRI | Order Source: EPOM |
| 4 | 04/03/24 | 1553 AP.GILRI | Signed by Gilliam,Richard R NP |
| 5 | 04/03/24 | 1623 3BAZ0038 | order acknowledged |
| 6 | 04/04/24 | 0001 interface | cc'd doctors edited in LAB |
| 7 | 04/04/24 | 0001 interface | order's status changed from TRANS to LOGGED by LAB |
| 8 | 04/04/24 | 0611 interface | order's status changed from LOGGED to IN PRO by LAB |
| 9 | 04/04/24 | 0616 interface | order's status changed from IN PRO to COMP by LAB |

Electronically signed by Gilliam, Richard R NP on 04/03/24 at 1553

Order Date: 04/03/24 —Service—
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By
LAB BASIC METABOLIC PROF W/REFLEX 20240404-0246 04/04/24 0400 R E CMP GILRII
Other Provider : Sig Lvl Provider :

Order's Audit Trail of Events

- | | | | |
|---|----------|----------------|--|
| 1 | 04/03/24 | 1553 AP.GILRI | Order ENTER in POM |
| 2 | 04/03/24 | 1553 AP.GILRI | Ordering Doctor: Gilliam,Richard R NP |
| 3 | 04/03/24 | 1553 AP.GILRI | Order Source: EPOM |
| 4 | 04/03/24 | 1553 AP.GILRI | Signed by Gilliam,Richard R NP |
| 5 | 04/03/24 | 1623 3BAZ0038 | order acknowledged |
| 6 | 04/04/24 | 0001 interface | cc'd doctors edited in LAB |
| 7 | 04/04/24 | 0001 interface | order's status changed from TRANS to LOGGED by LAB |
| 8 | 04/04/24 | 0611 interface | order's status changed from LOGGED to IN PRO by LAB |
| 9 | 04/04/24 | 0634 interface | order's status changed from IN PRO to COMP by LAB |

Electronically signed by Gilliam Richard R NP on 04/03/24 at 1553

Order Date: 04/03/24 —Service—
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By
MED.COCHR MULTIDOSE MEDICATIONS 20240404-0656 04/04/24 0600 R 1 Z CMP OSBER
Other Provider : Sig Lvl Provider :

Order Date: 04/04/24

Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By
NUR.PHYS Discharge Criteria 20240404-0494 04/04/24 0925 E IPR WILDA4

Other Provider : Sig Lvl Provider :
Press (ENTER) for Order Details below

Comment:

D/C PT FROM PACU WHEN CRITERIA MET

Order's Audit Trail of Events

- 1 04/04/24 0925 DR.WILDA4 Order ENTER in POM
- 2 04/04/24 0925 DR.WILDA4 Order from set: PACU Adult
- 3 04/04/24 0925 DR.WILDA4 Ordering Doctor: Williams,David G.A. MD
- 4 04/04/24 0925 DR.WILDA4 Order Source: EPOM
- 5 04/04/24 0925 DR.WILDA4 Signed by Williams,David G.A. MD
- 6 04/04/24 0925 interface order's status changed from TRANS to ACTIVE by NUR
- 7 04/04/24 1313 3NNI9254 order acknowledged
- 8 04/06/24 1652 DR.KOHJAI1 Order marked to be continued upon patient transfer.
- 9 04/06/24 1652 DR.KOHJAI1 Signed by Kohout,Jaromir MD
- 10 04/06/24 2055 PWSNS10 Order RECEIVE in NUR
- 11 04/06/24 2055 PWSNS10 Ordering Doctor: Kohout,Jaromir MD
- 12 04/06/24 2055 PWSNS10 Order Source: EPOM
- 13 04/06/24 2055 PWSNS10 Order continued upon patient transfer.
- 14 04/06/24 2058 PWSNS10 order acknowledged

Electronically signed by Kohout,Jaromir MD on 04/06/24 at 1652

Electronically signed by Williams,David G.A. MD on 04/04/24 at 0925

Order Date: 04/04/24

Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By
NUR.PHYS Notify MD 20240404-0495 04/04/24 0925 E IPR WILDA4

Other Provider : Sig Lvl Provider :
Press (ENTER) for Order Details below

Comment:

Notify provider of HH results if ordered

Order's Audit Trail of Events

- 1 04/04/24 0925 DR.WILDA4 Order ENTER in POM
- 2 04/04/24 0925 DR.WILDA4 Order from set: PACU Adult
- 3 04/04/24 0925 DR.WILDA4 Ordering Doctor: Williams,David G.A. MD
- 4 04/04/24 0925 DR.WILDA4 Order Source: EPOM
- 5 04/04/24 0925 DR.WILDA4 Signed by Williams,David G.A. MD
- 6 04/04/24 0925 interface order's status changed from TRANS to ACTIVE by NUR
- 7 04/04/24 1313 3NNI9254 order acknowledged
- 8 04/06/24 1652 DR.KOHJAI1 Order marked to be continued upon patient transfer.
- 9 04/06/24 1652 DR.KOHJAI1 Signed by Kohout,Jaromir MD
- 10 04/06/24 2055 PWSNS10 Order RECEIVE in NUR
- 11 04/06/24 2055 PWSNS10 Ordering Doctor: Kohout,Jaromir MD
- 12 04/06/24 2055 PWSNS10 Order Source: EPOM
- 13 04/06/24 2055 PWSNS10 Order continued upon patient transfer.

Diagnosis/Problem/Outcome/Care Item Description							Diagnosis/Problem/Outcome/Care Item Description														
Activity Type	Occurred Date	Occurred Time by	Recorded Date	Recorded Time by	Sts	Frequency	Documented Units	From Change	Activity Type	Occurred Date	Occurred Time by	Recorded Date	Recorded Time by	Sts	Frequency	Documented Units	From Change				
Activity Date: 04/03/24 Time: 2000							Activity Date: 04/03/24 Time: 2015														
220430	Teach/Educate	+			A			CP	220411	Clinical Monitor Interface	+			A			MO				
- Document	04/03/24	2000	CW	04/03/24	2327	CW			- Document	04/03/24	2015	CW	04/04/24	0311	CW						
- - PATIENT/FAMILY TEACHING - -							Pulse: 93							Respiratory rate: 39							
Primary Learner: Patient							Blood pressure: 126/61							SP02 %: 100							
Primary learners preferred spoken language: ENG ENGLISH							See next page							See next page							
Primary learners preferred written language: ENG ENGLISH							Mean arterial pressure: 86							See next page							
Physiological topics: Blood pressure							See next page							See next page							
Functional topics: Activity care							See next page							See next page							
Psychological topics: Neurological system care							Coping support							See next page							
Health behavior topics: Medication actions																					
Person(s) educated: Patient																					
Readiness to learn: Cooperative																					
Method of education: Verbal discussion																					
Responsiveness to learning: Verbalized understanding																					
Physical regulation topics: Blood pressure																					
Activity topics: Activity care																					
Cognitive/Neuro topics: Neurologic system care																					
Coping topics: Coping support																					
Medication topics: Medication actions																					
220700	Plan of Care	+			A			CP	220411	Clinical Monitor Interface	+			A			MO				
- Document	04/03/24	2000	CW	04/03/24	2327	CW			- Document	04/03/24	2030	CW	04/04/24	0311	CW						
- - NEUROLOGICAL ALTERATION - -							Pulse: 84							Respiratory rate: 21							
Neurological alteration problem expected to: Improve/Resolve							Blood pressure: 128/63							SP02 %: 100							
Target date: 04/30/24							See next page							See next page							
Neurological alteration problem is: Stabilizing/Maintaining							See next page							See next page							
- - INFECTION ALTERATION - -							Mean arterial pressure: 89							See next page							
Infection alteration problem expected to: Improve/Resolve																					
Target date: 04/30/24																					
Infection alteration problem is: Stabilizing/Maintaining							- - ACTIVITY ALTERATION - -														
Activity alteration problem expected to: Improve/Resolve							Target date: 04/06/24							See next page							
Activity alteration problem is: Stabilizing/Maintaining							- - ANXIETY ALTERATION - -							See next page							
Anxiety alteration problem expected to: Improve/Resolve							Target date: 04/30/24							Mean arterial pressure: 87							
Anxiety alteration problem is: Stabilizing/Maintaining							- - INJURY RISK PROBLEM - -							See next page							
Injury risk problem expected to: Stabilize/Maintain							Target date: 04/30/24														
Injury risk problem is: Stabilizing/Maintaining							- - MAIN SCREEN SELECTIONS - -														
Physiological problem/alteration in: Infection							Neurological														
Functional problem/alteration in: Activity																					
Psychological problem/alteration in: Anxiety																					
Health behavior problem/risk: Injury risk																					

