

07/30/2024

Lauren Brunner

### Reason for Appointment

1. Pt transfer
2. Med refills

### History of Present Illness

#### Depression Screening:

- PHQ-9

Little interest or pleasure in doing things **Not at all**

Feeling down, depressed, or hopeless **Not at all**

Trouble falling or staying asleep, or sleeping too much **Not at all**

Feeling tired or having little energy **Not at all**

Poor appetite or overeating **Not at all**

Feeling bad about yourself or that you are a failure, or have let yourself or your family down **Not at all**

Trouble concentrating on things, such as reading the newspaper or watching television **Not at all**

Moving or speaking so slowly that other people could have noticed; or the opposite, being so fidgety or restless that you have been moving around a lot more than usual **Not at all**

Thoughts that you would be better off dead or of hurting yourself in some way **Not at all**

Total Score **0**

#### History:

59-year-old female with history of hypothyroidism, insomnia, anxiety presenting for medication review and refills. Patient takes 25 mg of trazodone for sleep nightly, hopes to wean off this. Feels her mood overall is stable on current medication regimen.

Of note, patient had a hospitalization in April 2024 for bilateral frontoparietal craniotomies for chronic subdural hematomas. This was found on MRI of brain following a head trauma 2 months prior. Patient had been having extreme headaches and dizziness. During this time patient was also placed on Keppra for seizure prophylaxis as well as amlodipine for high blood pressure, she is off both of these now. Patient has residual hand weakness and continues to work with occupational therapy. She is back to regular exercise however still cannot hold weights or hold a tennis racquet due to her weakness.

Dr. Alexander Neurological Associates.

### Current Medications

#### Taking

- Flonase 50 MCG/ACT Suspension 2 sprays in each nostril Nasally Once a day
- Mucinex 600 MG Tablet Extended Release 12 Hour 1 tablet as needed Orally every 12 hrs
- Hair Skin Nails - Capsule as directed Orally
- traZODone HCl 50 MG Tablet 1 tablet at bedtime as needed Orally Once a day, Notes to Pharmacist: 1/2 tab
- DULoxetine HCl 60 MG Capsule Delayed Release Particles take one capsule by mouth one time daily Orally Once a day, Notes to Pharmacist: LAST FILL KEEP UPCOMING APPT
- Synthroid 112 MCG Tablet 1 tablet Orally Once a day, Notes to Pharmacist: BRAND ONLY!
- valACYclovir HCl 500 MG Tablet TAKE ONE TABLET BY MOUTH ONE TIME DAILY Oral

Progress Note: Lauren Brunner 07/30/2024

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Hemoglobin	12.5 (Ref) Range: 11.5-16.0 g/dL)	12.4 (Ref) Range: 11.5-16.0 g/dL)	12.7 (Ref) Range: 11.5-16.0 g/dL)	11.9 (Ref) Range: 11.5-16.0 g/dL)	13.0 (Ref) Range: 11.5-16.0 g/dL)
Hematocrit	38.4 (Ref) Range: 35.0-47.0 %)	36.5 (Ref) Range: 35.0-47.0 %)	38.5 (Ref) Range: 35.0-47.0 %)	35.5 (Ref) Range: 35.0-47.0 %)	38.9 (Ref) Range: 35.0-47.0 %)
Platelet Count	233 (Ref) Range: 130-400 K/uL)	233 (Ref) Range: 130-400 K/uL)	229 (Ref) Range: 130-400 K/uL)	219 (Ref) Range: 130-400 K/uL)	240 (Ref) Range: 130-400 K/uL)
RDW-CV%	12.8 (Ref) Range: 11.5-14.5 %)	12.7 (Ref) Range: 11.5-14.5 %)	12.7 (Ref) Range: 11.5-14.5 %)	12.5 (Ref) Range: 11.5-14.5 %)	13.8 (Ref) Range: 11.5-14.5 %)
MCV	91.6 (Ref) Range: 80.0-99.0 fL)	91.7 (Ref) Range: 80.0-99.0 fL)	93.0 (Ref) Range: 80.0-99.0 fL)	94.4 (Ref) Range: 80.0-99.0 fL)	93.1 (Ref) Range: 80.0-99.0 fL)
MCH	29.8 (Ref) Range: 26.0-34.0 pg)	31.2 (Ref) Range: 26.0-34.0 pg)	30.7 (Ref) Range: 26.0-34.0 pg)	31.6 (Ref) Range: 26.0-34.0 pg)	31.1 (Ref) Range: 26.0-34.0 pg)
MCHC	32.6 (Ref) Range: 31.0-35.0 g/dL)	34.0 (Ref) Range: 31.0-35.0 g/dL)	33.0 (Ref) Range: 31.0-35.0 g/dL)	33.5 (Ref) Range: 31.0-35.0 g/dL)	33.4 (Ref) Range: 31.0-35.0 g/dL)
Lymphocyte s%	30.2 (Ref) Range: 17.4-51.7 %)	31.5 (Ref) Range: 17.4-51.7 %)	37.5 (Ref) Range: 17.4-51.7 %)	38.4 (Ref) Range: 17.4-51.7 %)	29.0 (Ref) Range: 17.4-51.7 %)
Mono%	6.8 (Ref) Range: 4.5-12.5 %)	8.3 (Ref) Range: 4.5-12.5 %)	6.6 (Ref) Range: 4.5-12.5 %)	7.0 (Ref) Range: 4.5-12.5 %)	5.3 (Ref) Range: 4.5-12.5 %)
EOS%	2.6 (Ref) Range: 0.5-5.8 %)	3.3 (Ref) Range: 0.5-5.8 %)	3.1 (Ref) Range: 0.5-5.8 %)	2.5 (Ref) Range: 0.5-5.8 %)	2.0 (Ref) Range: 0.5-5.8 %)

	1740
Chemistry	
Sodium (136 - 145 mmol/L)	138
Potassium (3.5 - 5.1 mmol/L)	4.5
Chloride (98 - 107 mmol/L)	102
Carbon Dioxide (21 - 32 mmol/L)	27
Anion Gap (5 - 15)	9
BUN (7 - 18 mg/dL)	11
Creatinine (0.55 - 1.02 mg/dL)	0.64
Estim Creat Clear Calc (mL/min)	95.5
Est GFR (CKD-EPI) (> 59 mL/min)	101.741
Glucose (74 - 106 mg/dL)	93
Calcium (8.5 - 10.1 mg/dL)	9.2
Hematology	
WBC (3.70 - 11.50 10 <sup>3</sup> /uL)	7.44
RBC (3.70 - 5.17 10 <sup>6</sup> /uL)	4.26
Hgb (11.0 - 15.1 g/dL)	12.8
Hct (30.4 - 44.6 %)	38.4
MCV (75.6 - 97.8 fL)	90.1
MCH (24.3 - 33.2 pg)	30.0
MCHC (31.9 - 35.1 g/dL)	33.3
RDW Coeff of Var (12.1 - 16.8 %)	12.5
Plt Count (156 - 380 10 <sup>3</sup> /uL)	315
MPV (7.0 - 10.7 fL)	10.0
Immature Gran % (Auto) (0.0 - 0.6 %)	0.3
Neut % (Auto) (%)	61.7
Lymph % (Auto) (%)	29.6
Mono % (Auto) (%)	5.4
Eos % (Auto) (%)	2.2
Baso % (Auto) (%)	0.8
Nucleat RBC Rel Count (NONE SEEN /100 WBC)	0.0
Neut # (Auto) (1.70 - 8.00 10 <sup>3</sup> /uL)	4.60
Lymph # (Auto) (1.10 - 3.80 10 <sup>3</sup> /uL)	2.20
Mono # (Auto) (0.30 - 0.90 10 <sup>3</sup> /uL)	0.40
Eos # (Auto) (0.00 - 0.50 10 <sup>3</sup> /uL)	0.16
Baso # (Auto) (0.00 - 0.10 10 <sup>3</sup> /uL)	0.06
Immature Gran # (Auto) (10 <sup>3</sup> /uL)	0.02
Absolute Nucleated RBC (10 <sup>3</sup> /uL)	0.00

Order Date: 04/03/24 —Service—  
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By  
LAB CBC W/O DIFF 20240404-0245 04/04/24 0400 R E CMP GILRI1  
Other Provider : Sig Lvl Provider :

## Order's Audit Trail of Events

- 1 04/03/24 1553 AP.GILRI Order ENTER in POM  
2 04/03/24 1553 AP.GILRI Ordering Doctor: Gilliam,Richard R NP  
3 04/03/24 1553 AP.GILRI Order Source: EPOM  
4 04/03/24 1553 AP.GILRI Signed by Gilliam,Richard R NP  
5 04/03/24 1623 3BAZ0038 order acknowledged  
6 04/04/24 0001 interface cc'd doctors edited in LAB  
7 04/04/24 0001 interface order's status changed from TRANS to LOGGED by LAB  
8 04/04/24 0611 interface order's status changed from LOGGED to IN PRO by LAB  
9 04/04/24 0616 interface order's status changed from IN PRO to COMP by LAB

Electronically signed by Gilliam Richard R NP on 04/03/24 at 1553

Order Date: 04/03/24 —Service—  
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By  
LAB BASIC METABOLIC PROF W/REFLEX 20240404-0246 04/04/24 0400 R E CMP GILRII  
Other Provider : Sig Lvl Provider :

#### Order's Audit Trail of Events

- 1 04/03/24 1553 AP.GILRI Order ENTER in POM  
2 04/03/24 1553 AP.GILRI Ordering Doctor: Gilliam,Richard R NP  
3 04/03/24 1553 AP.GILRI Order Source: EPOM  
4 04/03/24 1553 AP.GILRI Signed by Gilliam,Richard R NP  
5 04/03/24 1623 3BAZ0038 order acknowledged  
6 04/04/24 0001 interface cc'd doctors edited in LAB  
7 04/04/24 0001 interface order's status changed from TRANS to LOGGED by LAB  
8 04/04/24 0611 interface order's status changed from LOGGED to IN PRO by LAB  
9 04/04/24 0634 interface order's status changed from IN PRO to COMP by LAB

Electronically signed by Gillian Richard R NP on 04/03/24 at 1553

Order Date: 04/03/24 —Service—  
Category Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By  
MED. COCHR MULTIDOSE MEDICATIONS 20240404-0656 04/04/24 0600 R 1 Z CMP OSBER  
Other Provider : Sig Lvl Provider :

Order Date: 04/04/24

—Service—

Category	Procedure Name	Order Number	Date	Time	Pri	Qty	Ord	Source	Status	Ordered By
NUR.PHYS	Discharge Criteria	20240404-0494	04/04/24	0925	E			IPR		WILDA4
Other Provider	Sig Lvl Provider :									

Press (ENTER) for Order Details below

Comment:

D/C PT FROM PACU WHEN CRITERIA MET

Order's Audit Trail of Events

1	04/04/24 0925 DR.WILDA4	Order ENTER in POM
2	04/04/24 0925 DR.WILDA4	Order from set: PACU Adult
3	04/04/24 0925 DR.WILDA4	Ordering Doctor: Williams.David G.A. MD
4	04/04/24 0925 DR.WILDA4	Order Source: EPOM
5	04/04/24 0925 DR.WILDA4	Signed by Williams.David G.A. MD
6	04/04/24 0925 interface	order's status changed from TRANS to ACTIVE by NUR
7	04/04/24 1313 3NNI9254	order acknowledged
8	04/06/24 1652 DR.KOHJAI1	Order marked to be continued upon patient transfer.
9	04/06/24 1652 DR.KOHJAI1	Signed by Kohout.Jaromir MD
10	04/06/24 2055 PWSNS10	Order RECEIVE in NUR
11	04/06/24 2055 PWSNS10	Ordering Doctor: Kohout.Jaromir MD
12	04/06/24 2055 PWSNS10	Order Source: EPOM
13	04/06/24 2055 PWSNS10	Order continued upon patient transfer.
14	04/06/24 2058 PWSNS10	order acknowledged

Electronically signed by Kohout.Jaromir MD on 04/06/24 at 1652

Electronically signed by Williams.David G.A. MD on 04/04/24 at 0925

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Order Date: 04/04/24

—Service—

Category	Procedure Name	Order Number	Date	Time	Pri	Qty	Ord	Source	Status	Ordered By
NUR.PHYS	Notify MD	20240404-0495	04/04/24	0925	E			IPR		WILDA4
Other Provider	Sig Lvl Provider									

Press (ENTER) for Order Details below

Comment:

Notify provider of HH results if ordered

Order's Audit Trail of Events

1	04/04/24 0925 DR.WILDA4	Order ENTER in POM
2	04/04/24 0925 DR.WILDA4	Order from set: PACU Adult
3	04/04/24 0925 DR.WILDA4	Ordering Doctor: Williams.David G.A. MD
4	04/04/24 0925 DR.WILDA4	Order Source: EPOM
5	04/04/24 0925 DR.WILDA4	Signed by Williams.David G.A. MD
6	04/04/24 0925 interface	order's status changed from TRANS to ACTIVE by NUR
7	04/04/24 1313 3NNI9254	order acknowledged
8	04/06/24 1652 DR.KOHJAI1	Order marked to be continued upon patient transfer.
9	04/06/24 1652 DR.KOHJAI1	Signed by Kohout.Jaromir MD
10	04/06/24 2055 PWSNS10	Order RECEIVE in NUR
11	04/06/24 2055 PWSNS10	Ordering Doctor: Kohout.Jaromir MD
12	04/06/24 2055 PWSNS10	Order Source: EPOM
13	04/06/24 2055 PWSNS10	Order continued upon patient transfer.

Diagnosis/Problem/Outcome/Care Item Description						Diagnosis/Problem/Outcome/Care Item Description									
Activity Type	Occurred Date	Recorded Time by	Sts	Frequency	Documented Units	From Change	Activity Type	Occurred Date	Recorded Time by	Sts	Frequency	Documented Units	From Change		
Activity Date: 04/03/24 Time: 2000						Activity Date: 04/03/24 Time: 2015									
220430	Teach/Educate + Document	04/03/24 2000	CW	04/03/24 2327	CW	A	220411	Clinical Monitor Interface + Document	04/03/24 2015	CW	04/04/24 0311	CW	CP	A	MO
PATIENT/FAMILY TEACHING						Pulse: 93 Respiratory rate: 39 Blood pressure: 126/61 SPO2 %: 100 See next page Mean arterial pressure: 86 See next page									
Primary Learner: Patient Primary learners preferred spoken language: ENG ENGLISH Primary learners preferred written language: ENG ENGLISH Physiological topics: Blood pressure Functional topics: Activity care Psychological topics: Neurological system care Coping support						Activity Date: 04/03/24 Time: 2030									
Health behavior topics: Medication actions Person(s) educated: Patient Readiness to learn: Cooperative Method of education: Verbal discussion Responsiveness to learning: Verbalized understanding Physical regulation topics: Blood pressure Activity topics: Activity care Cognitive/Neuro topics: Neurologic system care Coping topics: Coping support Medication topics: Medication actions						220411	Clinical Monitor Interface + Document	04/03/24 2030	CW	04/04/24 0311	CW	A			
220700	Plan of Care + Document	04/03/24 2000	CW	04/03/24 2327	CW	A	Pulse: 84 Respiratory rate: 21 Blood pressure: 128/63 SPO2 %: 100 See next page Mean arterial pressure: 89 See next page	Activity Date: 04/03/24 Time: 2045							
NEUROLOGICAL ALTERATION						220411	Clinical Monitor Interface + Document	04/03/24 2045	CW	04/04/24 0311	CW	A			
Neurological alteration problem expected to: Improve/Resolve Target date: 04/30/24 Neurological alteration problem is: Stabilizing/Maintaining INFECTION ALTERATION						Pulse: 83 Respiratory rate: 34 Blood pressure: 125/63 SPO2 %: 100 See next page Mean arterial pressure: 87 See next page	Activity Date: 04/03/24 Time: 2100								
Infection alteration problem expected to: Improve/Resolve Target date: 04/30/24 Infection alteration problem is: Stabilizing/Maintaining ACTIVITY ALTERATION						Injury risk problem expected to: Stabilize/Maintain Target date: 04/30/24 Injury risk problem is: Stabilizing/Maintaining MAIN SCREEN SELECTIONS	220281	Frequent Neuro Checks + Document	04/03/24 2100	CW	04/03/24 2156	CW	A		
Physiological problem/alteration in: Infection Neurological Functional problem/alteration in: Activity Psychological problem/alteration in: Anxiety Health behavior problem/risk: Injury risk						Level of consciousness: Awake/Alert GLASGOW COMA SCALE	FREQUENT NEURO CHECKS Document Glasgow coma scale: Yes Eye opening: 4 Verbal response: 5 Motor response: 6								

Diagnosis/Problem/Outcome/Care Item Description						From	Diagnosis/Problem/Outcome/Care Item Description						From		
Activity Type	Occurred Date	Time by	Recorded Date	Time by	Sts Comment	Frequency Documented Units	Change	Activity Type	Occurred Date	Time by	Recorded Date	Time by	Sts Comment	Frequency Documented Units	Change
Activity Date: 04/03/24 Time: 2100 (continued)												Activity Date: 04/03/24 Time: 2122 (continued)			
220281 Frequent Neuro Checks + (continued) Glasgow coma score: 15 Mild Copyright Adults: Sir Graham Teasdale Pediatrics: Copyright owned by Matthew Kirschen, MD PhD Received permissions on 4/22/20												220411 Clinical Monitor Interface + (continued) Blood pressure: 132/66 SpO2 %: 99 See next page See next page Mean arterial pressure: 94 See next page			
LUE motor strength: Strong RUE motor strength: Strong LLE motor strength: Strong RLE motor strength: Strong LUE movement: Obeys RUE movement: Obeys LLE movement: Obeys RLE movement: Obeys Left pupil reaction to light: Brisk Right pupil reaction to light: Brisk Left pupil size: 3mm Right pupil size: 3mm Eye movement: Full range DOUBLE VISION Facial symmetry: Intact Vocalization: Appropriate	220411 Clinical Monitor Interface +	A	Document	04/03/24 2100 CW	04/04/24 0311 CW	Pulse: 80 Respiratory rate: 26 Blood pressure: 130/66 SpO2 %: 100 See next page See next page Mean arterial pressure: 91 See next page	MO	220411 Clinical Monitor Interface +	Document	04/03/24 2130 CW	04/04/24 0311 CW	Pulse: 77 Respiratory rate: 19 Blood pressure: 127/65 SpO2 %: 97 See next page See next page Mean arterial pressure: 90 See next page	A	MO	
Activity Date: 04/03/24 Time: 2130												Activity Date: 04/03/24 Time: 2145			
220411 Clinical Monitor Interface + Document 04/03/24 2130 CW 04/04/24 0311 CW Pulse: 77 Respiratory rate: 19 Blood pressure: 127/65 SpO2 %: 97 See next page See next page Mean arterial pressure: 90 See next page												220411 Clinical Monitor Interface + Document 04/03/24 2145 CW 04/04/24 0311 CW Pulse: 72 Respiratory rate: 23 Blood pressure: 126/66 SpO2 %: 97 See next page See next page Mean arterial pressure: 91 See next page			
Activity Date: 04/03/24 Time: 2107												Activity Date: 04/03/24 Time: 2200			
220411 Clinical Monitor Interface + Document 04/03/24 2107 CW 04/04/24 0311 CW Pulse: 82 Respiratory rate: 32 See next page See next page See next page												220411 Clinical Monitor Interface + Document 04/03/24 2200 CW 04/04/24 0311 CW Pulse: 74 Respiratory rate: 19 Blood pressure: 126/69 SpO2 %: 98 See next page See next page Mean arterial pressure: 93 See next page			
Activity Date: 04/03/24 Time: 2122															
220411 Clinical Monitor Interface + Document 04/03/24 2122 CW 04/04/24 0311 CW Pulse: 75 Respiratory rate: 21															