07/30/2024

Reason for Appointment

- 1. Pt transfer
- 2. Med refills

History of Present Illness

Depression Screening:

* PMO-9

Little interest or pleasure in doing things Not at all

Feeling down, depressed, or hopeless Not at all

Trouble falling or staying asleep, or sleeping too much Not at all

Feeling tired or having little energy Not at all

Poor appetite or overeating Not at all

Feeling bad about yourself or that you are a failure, or have let yourself or your family down Not at all

Trouble concentrating on things, such as reading the newspaper or watching television Not at all

Moving or speaking so slowly that other people could have noticed; or the opposite, being so fidgety or restless that you have been moving around a lot more than usual *Not at all*

Thoughts that you would be better off dead or of hurting yourself in some way Not at all

Total Score O

History:

59-year-old female with history of hypothyroidism, insomnia, anxiety presenting for medication review and refills. Patient takes 25 mg of trazodone for sleep nightly, hopes to wean off this. Feels her mood overall is stable on current medication regimen.

Of note, patient had a hospitalization in April 2024 for bilateral frontoparietal craniotomies for chronic subdural hematomas. This was found on MRI of brain following a head trauma 2 months prior. Patient had been having extreme headaches and dizziness. During this time patient was also placed on Keppra for seizure prophylaxis as well as amlodipine for high blood pressure, she is off both of these now. Patient has residual hand weakness and continues to work with occupational therapy. She is back to regular exercise however still cannot hold weights or hold a tennis racquet due to her weakness.

Dr. Alexander Neurological Associates.

Current Medications

Tuking

- Florage 50 MCG/ACT Suspension 2 sprays in each nostril Nasally Once a day
- * Mucinex 600 MG Tablet Extended Release 12 Hour 1 tablet as needed Orally every 12 hrs
- " Hair Skin Nulls "Capsula as directed Orally
- traZODone HCl 50 MG Tablet 1 tablet at bedtime as needed Orally Once a day, Notes to Pharmacist: 1/2 tab
- DULoxetine HCl 60 MG Capsule Delayed Release Particles take one capsule by mouth one time daily Orally Once a day, Notes to Pharmacist: LAST FILL KEEP UPCOMING APPT
- · Synthroid 112 MCG Tablet 1 tablet Orally Once a day, Notes to Pharmacist: BRAND ONLY!
- valacyclovir HCl 500 MG Tablet TAKE ONE TABLET BY MOUTH ONE TIME DAILY Oral

Hematocrit		12.4 (Ref Range: 11.5-16.0 g/dL) 36.5	12.7 (Ref Range: 11.5-16.0 g/dL) 38.5	11.9 (Ref Range: 11.5-16.0 g/dL) 35.5	13.0 (Ref Range: 11.5-16.0 g/dL) 38.9
	(Ref Range: 35.0-47.0 %)	Ref Range:	(Ref Range: 35.0-47.0 %)	(Ref Range: 35.0-47.0 %)	(Ref Range: 35.0-47.0 %)
Platelet Count	233	233	229	219	240
	(Ref	(Ref	(Ref	(Ref	(Ref
	Range:	Range:	Range:	Range:	Range:
	130-400	130-400	130-400	130-400	130-400
	K/uL)	K/uL)	K/uL)	K/uL)	K/uL)
RDW-CV%	12.8	12.7	12.7	12.5	13.8
	(Ref	(Ref	(Ref	(Ref	(Ref
	Range:	Range:	Range:	Range:	Range:
	11.5-14.5	11.5-14.5	11.5-14.5	11.5-14.5	11.5-14.5
	%)	%)	%)	%)	%)
MCV	91.6	91.7	93.0	94.4	93.1
	(Ref	(Ref	(Ref	(Ref	(Ref
	Range:	Range:	Range:	Range:	Range:
	80.0-99.0	80.0-99.0	80.0-99.0	80.0-99.0	80.0-99.0
	fL)	fL)	fL)	(L)	fL)
MCH	Ref Range:	31.2 (Ref Range: 26.0-34.0 pg)	30.7 (Ref Range: 26.0-34.0 pg)	31.6 (Ref Range: 26.0-34.0 pg)	31.1 (Ref Range: 26.0-34.0 pg)
MCHC	32.6	34.0	33.0	33.5	33.4
	(Ref	(Ref	(Ref	(Ref	(Ref
	Range:	Range:	Range:	Range:	Range:
	31.0-35.0	31.0-35.0	31.0-35.0	31.0-35.0	31.0-35.0
	g/dL)	g/dL)	g/dL)	g/dL)	g/dL)
Lymphocyte s%	30.2	31.5	37.5	38.4	29.0
	(Ref	(Ref	(Ref	(Ref	(Ref
	Range:	Range:	Range:	Range:	Range:
	17.4-51.7	17.4-51.7	17.4-51.7	17.4-51.7	17.4-51.7
	%)	%)	%)	%)	%)
Mono%	6.8	8.3	6.6	7.0	5.3
	(Ref	(Ref	(Ref	(Ref	(Ref
	Range: 4.5-	-Range: 4.5	-Range: 4.5	-Range: 4.5	-Range: 4.5-
	12.5 %)	12.5 %)	12.5 %)	12.5 %)	12.5 %)
	2.6 (Ref Range: 0.5 5.8 %)	5.8 %)	5.8%)	2.5 (Ref -Range: 0.5 5.8%)	2.0 (Ref -Range: 0.5- 5.8 %)

	1740
Chemistry	
Sodium (136 - 145 mmol/L)	138
Potassium (3.5 - 5.1 mmol/L)	4.5
Chloride (98 - 107 mmol/L)	102
Carbon Dioxide (21 - 32 mmol/L)	27
Anion Gap (5 - 15)	9
BUN (7 - 18 mg/dL)	
Creatinine (0.55 - 1.02 mg/dL)	0.64
Estim Creat Clear Calc (mL/min)	95.5
Est GFR (CKD-EPI) (>59 mL/min)	101.741
Glucose (74 - 106 mg/dL)	93
Calcium (8.5 - 10.1 mg/dL)	9.2
Hematology	
WBC (3.70 - 11.50 10*3/uL)	7.44
RBC (3.70 - 5.17 10*6/uL)	4.26
Hgb (11.0 - 15.1 g/dL)	12.8
Hct (30.4 - 44.6 %)	38.4
MCV (75.6 - 97.8 fL)	90.1
MCH (24.3 - 33.2 pg)	30.0
MCHC (31.9 - 35.1 g/dL)	33.3
RDW Coeff of Var (12.1 - 16.8 %)	12.5
Plt Count (156 - 380 10*3/uL)	315
MPV (7.0 - 10.7 fL)	10.0
Immature Gran % (Auto) (0.0 - 0.6 %)	0.3
Neut % (Auto) (%)	61.7
Lymph % (Auto) (%)	29.6
Mono % (Auto) (%)	5.4
Eos % (Auto) (%)	2.2
Baso % (Auto) (%)	0.8
Nucleat RBC Rel Count (NONE SEEN /100 WBC)	0.0
Neut # (Auto) (1.70 - 8.00 10*3/uL)	4.60
Lymph # (Auto) (1.10 - 3.80 10*3/uL)	2.20
Mono # (Auto) (0.30 - 0.90 10*3/uL)	0.40
Eos # (Auto) (0.00 - 0.50 10*3/uL)	0.16
Baso # (Auto) (0.00 - 0.10 10*3/uL)	0.06
Immature Gran # (Auto) (10*3/uL)	0.02
Absolute Nucleated RBC (10*3/uL)	0.00

Order Date: 04/03/24 ---Service-Procedure Name Order Number Date Time Pri Qty Ord Source Status Category Ordered By 20240404-0245 04/04/24 0400 R LAB CBC W/O DIFF GILRII Other Provider: Sig Lvl Provider: Order's Audit Trail of Events 04/03/24 1553 AP.GILRI Order ENTER in POM Ordering Doctor: Gilliam, Richard R NP 04/03/24 1553 AP.GILRI 04/03/24 1553 AP.GILRI Order Source: EPOM 04/03/24 1623 3BAZ0038 order acknowledged 04/04/24 0001 interface cc'd doctors edited in LAB 04/04/24 0001 interface order's status changed from TRANS to LOGGED by LAB 04/04/24 0611 interface order's status changed from LOGGED to IN PRO by LAB 04/04/24 0616 interface order's status changed from IN PRO to COMP by LAB Electronically signed by Gilliam Richard R. NP. on 04/08/24 at 1558

Order Date: 04/03/24 Service Procedure Name Order Number Date Time Pri Qty Ord Source Status Ordered By Category BASIC METABOLIC PROF W/REFLEX 20240404-0246 04/04/24 0400 R LAB GILRI1 Other Provider: Sig Lvl Provider: Order's Audit Trail of Events Order ENTER in POM 04/03/24 1553 AP.GILRI Ordering Doctor: Gilliam, Richard R NP 04/03/24 1553 AP.GILRI 04/03/24 1553 AP.GILRI Order Source: EPOM 4 04/03/24 1558 AP GILRI 5igned by Gilliam Richard R NP 04/03/24 1623 3BAZ0038 order acknowledged 04/04/24 0001 interface cc'd doctors edited in LAB 04/04/24 0001 interface order's status changed from TRANS to LOGGED by LAB 04/04/24 0611 interface order's status changed from LOGGED to IN PRO by LAB 04/04/24 0634 interface order's status changed from IN PRO to COMP by LAB

Order Date: 04/03/24 ——Service—

Category Procedure Name
Order Number Date Time Pri Qty Ord Source Status Ordered By

MED.COCHR MULTIDOSE MEDICATIONS 20240404-0656 04/04/24 0600 R 1 Z CMP OSBER

Other Provider: Sig Lvl Provider:

Order Date: 04/04/24 -Service-Time Pri Qty Ord Source Status Order Number Date Ordered By Procedure Name Category 20240404-0494 04/04/24 0925 NUR. PHYS Discharge Criteria WILDA4 Sig Lv1 Provider: Other Provider: Press (ENTER) for Order Details below D/C PT FROM PACU WHEN CRITERIA MET Comment: Order's Audit Trail of Events 04/04/24 0925 DR.WILDA4 Order ENTER in POM 04/04/24 0925 DR.WILDA4 Order from set: PACU Adult 04/04/24 0925 DR.WILDA4 Ordering Doctor: Williams, David G.A. MD 04/04/24 0925 DR.WILDA4 Order Source: EPOM 04/04/24 0925 interface order's status changed from TRANS to ACTIVE by NUR 04/04/24 1313 3NNI9254 order acknowledged 04/06/24 1652 DR.KOHJA1 Order marked to be continued upon patient transfer. 9 04/06/24 1652 DR KOHJA1 Signed by Kohout Jaromir MD 04/06/24 2055 PWSNS10 Order RECEIVE in NUR Ordering Doctor: Kohout, Jaromir MD 04/06/24 2055 PWSNS10 04/06/24 2055 PWSNS10 Order Source: EPOM Order continued upon patient transfer. 04/06/24 2055 PWSNS10 04/06/24 2058 PWSNS10 order acknowledged Electronically signed by Konout Jaromir MDson 04/06/24 at 1652 Electronically stigned by will lams. David G.A. MD on 04/04/24 at 80925 Order Date: 04/04/24 ---Service--Time Pri Qty Ord Source Status Ordered By Order Number Procedure Name Date Category 20240404-0495 04/04/24 0925 Notify MD NUR. PHYS WILDA4 Sig Lvl Provider: Other Provider: Press (ENTER) for Order Details below Notify provider of HH results if ordered Comment: Order's Audit Trail of Events 04/04/24 0925 DR.WILDA4 Order ENTER in POM 04/04/24 0925 DR.WILDA4 Order from set: PACU Adult 04/04/24 0925 DR.WILDA4 Ordering Doctor: Williams, David G.A. MD

04/04/24 0925 DR.WILDA4 Order Trom Set: PACO Adult 04/04/24 0925 DR.WILDA4 Order Source: EPOM 04/04/24 0925 DR.WILDA4 Signed by Williams David G.A. MD 04/04/24 0925 interface order's status changed from TRANS to ACTIVE by NUR 04/04/24 1313 3NNI9254 order acknowledged 04/06/24 1652 DR.KOHJA1 Order marked to be continued upon patient transfer. 04/06/24 1652 DR.KOHJA1 Signed by Kahout Jaromir MD 04/06/24 2055 PWSNS10 Order RECEIVE in NUR 11 04/06/24 2055 PWSNS10 Ordering Doctor: Kohout, Jaromir MD 12 04/06/24 2055 PWSNS10 Order Source: EPOM 13 04/06/24 2055 PWSNS10 Order continued upon patient transfer.

PERMANENT MEDICAL RECORD COPY

Diagnosis/Problem/Outcome/Care Item Description Sts Frequency From Activity Occurred Recorded Documented Type Date Time by Date Time by Comment Units Change	Diagnosis/Problem/Outcome/Care Item Description Sts Frequency From Activity Occurred Recorded Documented Type Date Time by Date Time by Comment Units Change
Activity Date: 04/03/24 Time: 2000	Activity Date: 04/03/24 Time: 2015
Coping support	220411 Clinical Monitor Interface + A MO - Document
Readiness to learn: Cooperative Method of education: Verbal discussion Responsiveness to learning: Verbalized understanding Physical regulation topics: Blood pressure Activity topics: Activity care Cognitive/Neuro topics: Neurologic system care Coping topics: Coping support Medication topics: Medication actions	Activity Date: 04/03/24 Time: 2030 220411 Clinical Monitor Interface + A MO - Document 04/03/24 2030 CW 04/04/24 0311 CW Pulse: 84 Respiratory rate: 21 Blood pressure: 128/63 SP02 %: 100 See next page
NEUROLOGICAL ALTERATION Neurological alteration problem expected to: Improve/Resolve Target date: 04/30/24	See next page Mean arterial pressure: 89 See next page Activity Date: 04/03/24 Time: 2045
Activity alteration problem expected to: Improve/Resolve Target date: 04/06/24 Activity alteration problem is: Stabilizing/Maintaining ANXIETY ALTERATION	220411 Clinical Monitor Interface + A MO - Document 04/03/24 2045 CW 04/04/24 0311 CW Pulse: 83 Respiratory rate: 34 Blood pressure: 125/63 SP02 %: 100 See next page See next page Mean arterial pressure: 87
Anxiety alteration problem expected to: Improve/Resolve Target date: 04/30/24 Anxiety alteration problem is: Stabilizing/Maintaining	See next page Activity Date: 04/03/24

Diagnosis/Problem/Outcome/Care Item Description Sts Frequency From Activity Occurred Recorded Documented Type Date Time by Date Time by Comment Units Change	Diagnosis/Problem/Outcome/Care Item Description Sts Frequency From Activity Occurred Recorded Documented Type Date Time by Date Time by Comment Units Change
Activity Date: 04/03/24 Time: 2100 (continued)	Activity Date: 04/03/24 Time: 2122 (continued)
Copyright Adults: Sir Graham Teasdale Pediatrics: Copyright owned by Matthew Kirschen, MD PhD Received permissions on 4/22/20 LUE motor strength: Strong RUE motor strength: Strong LLE motor strength: Strong	220411 Clinical Monitor Interface + (continued) Blood pressure: 132/66 SPO2 %: 99 See next page See next page Mean arterial pressure: 94 See next page Activity Date: 04/03/24 Time: 2130
Left pupil reaction to light: Brisk Right pupil reaction to light: Brisk Left pupil size: 3mm Right pupil size: 3mm Eye movement: Full range	220411 Clinical Monitor Interface + A MO - Document 04/03/24 2130 CW 04/04/24 0311 CW Pulse: 77 Respiratory rate: 19 Blood pressure: 127/65 SP02 %: 97 See next page See next page Mean arterial pressure: 90
Facial symmetry: Intact Vocalization: Appropriate 220411	See next page Activity Date: 04/03/24 Time: 2145 220411 Clinical Monitor Interface + A MO - Document 04/03/24 2145 CW 04/04/24 0311 CW Pulse: 72 Respiratory rate: 23 Blood pressure: 126/66 SP02 %: 97 See next page See next page Mean arterial pressure: 91 See next page
See next page Activity Date: 04/03/24 Time: 2122	See next page Mean arterial pressure: 93

Respiratory rate: 21