



# Patient Evaluation

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**Key Words** general medicine, no appetite, slight fever, chills, covid, telemedicine, thirst

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**Transcript Summary** The patient presents with no appetite, slight fever, chills, sweats, and increased thirst. These symptoms may indicate an infectious process such as COVID-19, flu, or another viral illness.

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## Patient Summary

The presented symptoms of no appetite, slight fever, chills, and increased thirst are suggestive of an infectious process, potentially a viral infection such as COVID-19. These symptoms are commonly seen in mild to moderate viral infections where systemic symptoms alongside febrile responses and dehydration from increased insensible losses may lead to increased thirst. However, the similarity of these symptoms with other conditions like the flu or upper respiratory infections necessitates careful clinical evaluation to guide diagnosis. The mention of COVID-19 in the keywords highlights its significance in differential diagnosis under current circumstances. Medical research into viral infections and related symptoms will guide the investigation and management of this patient, emphasizing telemedicine's role in initial assessments. The research suggests that systematic approaches in evaluating the symptoms and tele-monitoring are beneficial in managing conditions with increased transmission risk such as COVID-19, thus facilitating patient safety and care efficiency.

## SOAP:

**Subjective:** The patient complains of having no appetite, experiencing a slight fever, chills, sweats, and feeling quite thirsty while lying in bed.

**Objective:** Not directly available from sources; presumed mild systemic symptoms based on known presentations of viral infections like COVID-19.

**Assessment:** Possible viral infection, likely mild COVID-19 or flu. Need for COVID-19 testing and possibly influenza swabs based on clinical judgment.

**Plan:** Recommend COVID-19 testing, hydration therapy. Symptomatic treatment including antipyretics for fever, monitoring of symptoms, and consultation through telemedicine for ongoing assessment.

## Related Healthcare Fields:

- Infectious Disease: To investigate the potential viral cause and manage infectious symptoms.
- Internal Medicine: For comprehensive assessment and management of general symptoms.
- Telemedicine: To provide remote assessment and follow-up care, especially relevant in infectious diseases like COVID-19.
- Nutrition: To address issues related to no appetite and guide dietary recommendations.

## Devices needed:

- COVID-19 Test (RT-PCR/Antigen): To confirm or rule out COVID-19 infection.
- Thermometer: To monitor and record body temperature accurately.
- Pulse Oximeter: To assess oxygen saturation levels and monitor respiratory status.
- Influenza Swab Test: To determine the presence of influenza virus.

## Urgency Level:

Level: Medium

Justification: The symptoms suggest a viral infection that can typically resolve with supportive care but needs monitoring for escalation.

Recommended Action: Urgent teleconsultation and COVID-19 testing should be conducted within 1-2 days.

Move to requests to **Accept** or **Decline** patient