



I'm Off to College, Now What?: A Step-By-Step Guide to Surviving the First Year (Paperback)

By ATLANTIC PUBLISHING GROUP

Atlantic Publishing Group Inc, United States, 2018. Paperback. Condition: New. Language: English. Brand new Book. According to the US Census Bureau, more than 500,000 high school seniors leave their homes for college each year. The freshman year of college is an initiation into independent living, but it can be incredibly stressful. It is estimated that almost 150,000 students will dropout before their second year. Everything from the cost of living on your own to the stress of trying to balance a job, school, and a completely new kind of social life will weigh heavily on any new college student. This book arms students with everything they need to survive that initial year of independence. This book has it all, from organized scheduling to time management to weight gain. The average student gains ten to fifteen pounds in the first year of college this book contains practical advice on how to balance a slim budget with a healthy lifestyle. Many hours of interviews have helped to compile a comprehensive list of studying and living habits that will keep you locked in and on target throughout your college career. You will learn how to juggle homework with your social life as well...



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Reviews

Good eBook and helpful one. It really is written in straightforward words and phrases and never confusing. I am just effortlessly could possibly get a enjoyment of looking at a published book.

-- Romaine Rippin

The book is great and fantastic. it absolutely was written very properly and beneficial. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Lyda Davis II