

# Session 12: Gradient Descent

Optimization and Computational Linear Algebra for Data Science

BYOD & VANDENBERGE-CHAP9

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# Contents

1. Gradient descent
2. Convergence analysis for convex functions
3. Improvements

# Clarification about saddle points

- ✚ A critical <sup>point</sup> is always either a local minimum or a local maximum, a saddle point.

## ✚ Definitions:

- ✚ A critical point  $x^*$  is a local extrema for a small  $\delta > 0$  for any  $x \in B(x^*, \delta)$ ,  $f(x)$  is bigger/smaller than  $f(x^*)$ .
- ✚ If a critical point <sup>is</sup> not a local extrema, then it is a saddle point.

## ✚ <sup>w</sup>Characterizations (sufficient but not necessary conditions):

Examine Hessian  $H_f(x^*)$ :

- ✚ is positive definite  $\Rightarrow$  local minimum.
- ✚ has strictly positive and strictly negative eigenvalues  $\Rightarrow$  saddle

# 1. Gradient descent

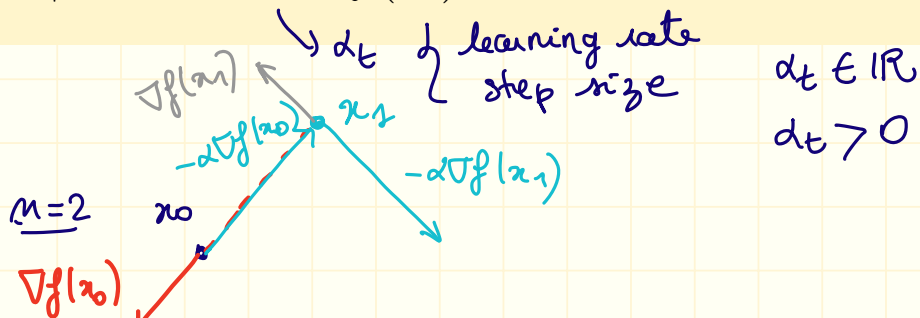
# Gradient descent algorithm

**Goal:** minimize a differentiable function  $f : \mathbb{R}^n \rightarrow \mathbb{R}$ .

Starting from a point  $x_0 \in \mathbb{R}^n$ , perform the updates:

$$x_{t+1} = x_t - \alpha_t \nabla f(x_t).$$

CAUCHY (~1850)



IDEA:  $f(x_t + h) \approx f(x_t) + h \cdot \nabla f(x_t)$

$$h = -\alpha \nabla f(x_t)$$

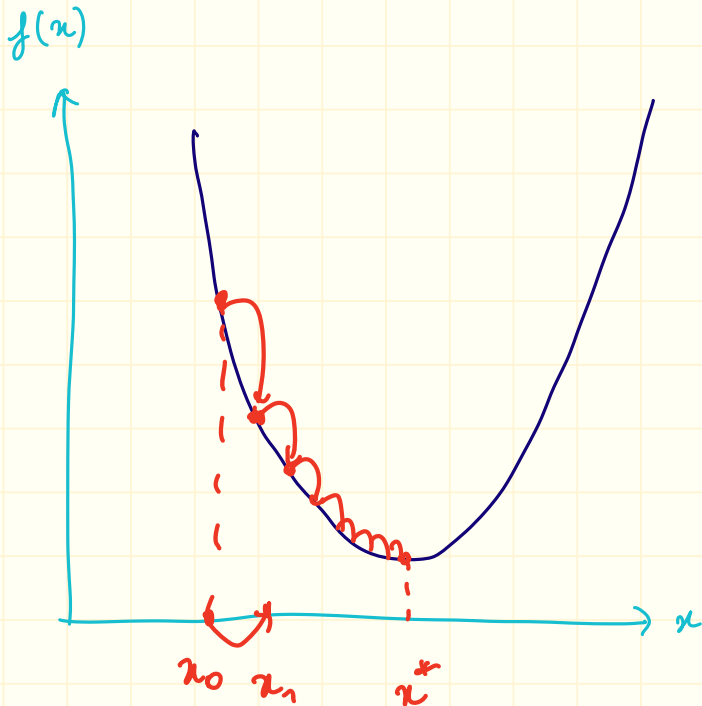
$$f(x_{t+1}) \approx f(x_t) - \alpha \frac{\nabla f(x_t) \cdot \nabla f(x_t)}{\|\nabla f(x_t)\|^2} \leq 0$$

for  $\alpha$  small.

# Convex vs non-convex

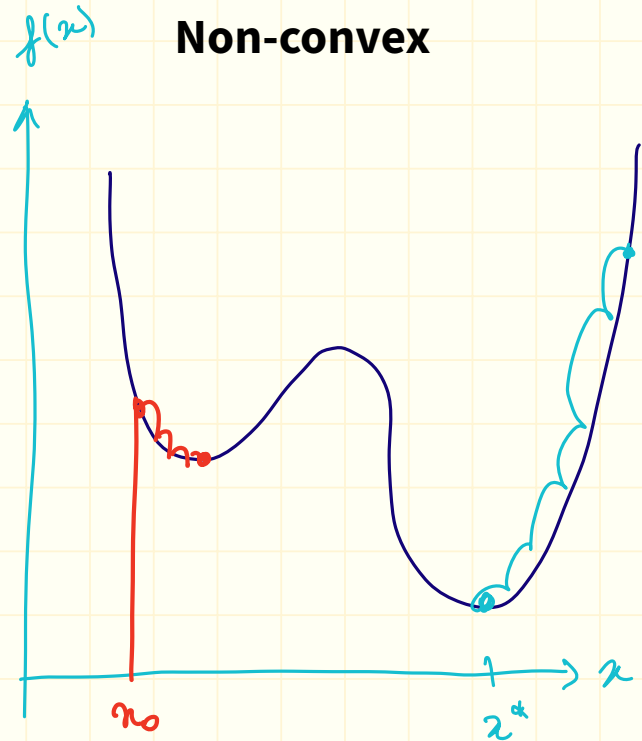
$m=1$

**Convex**

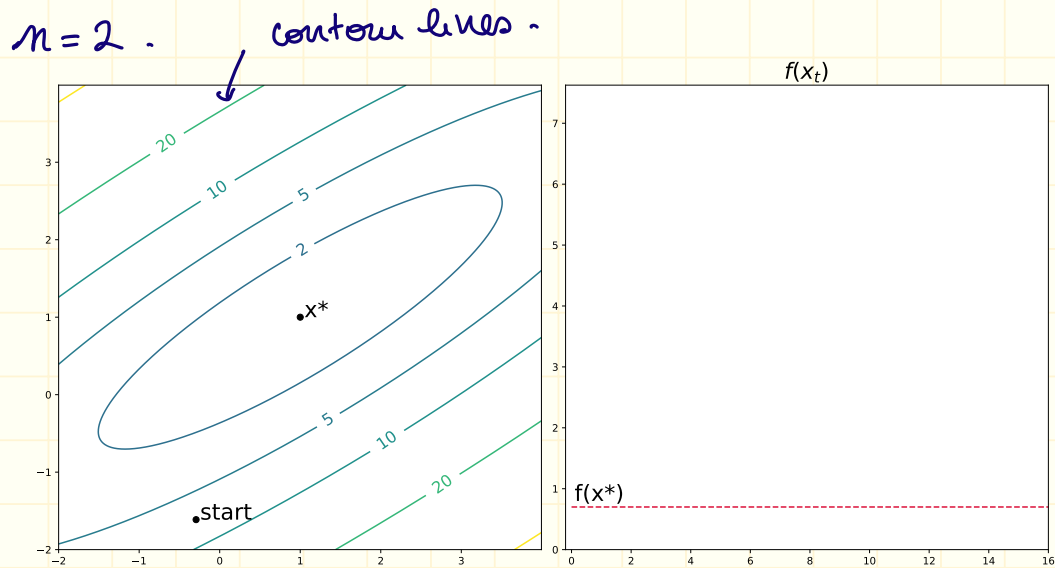


highly dependent of the  
initialization —

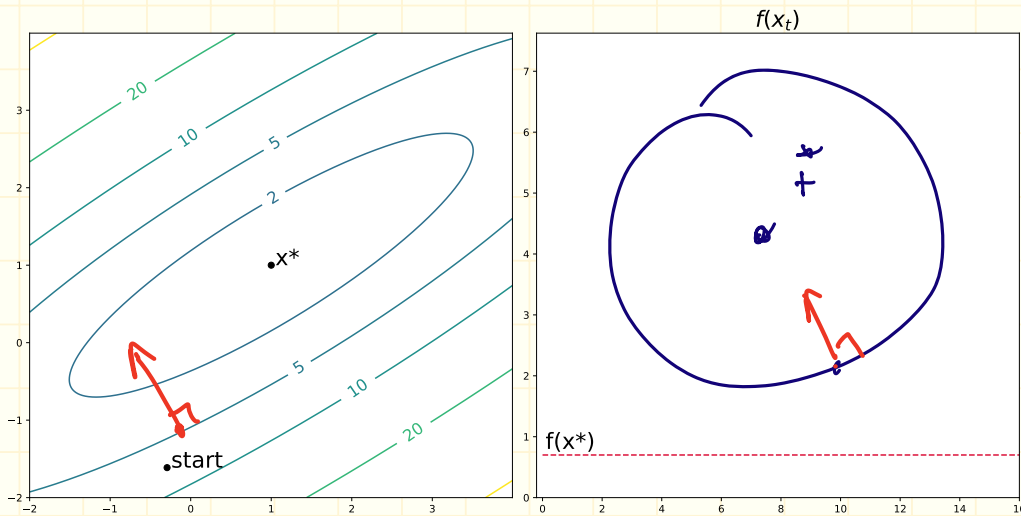
**Non-convex**



# Numerical observations



# Numerical observations



- ❑ If the step size  $\alpha$  is small enough, gradient descent converges to  $x^*$  **but** this may take a while.
- ❑ If the step size  $\alpha$  is large, gradient descent moves faster **but** it may oscillate or even diverge.
- ❑ The convergence is faster when the eigenvalues of the Hessian  $H_f$  are of close to each other.



## **2. Convergence analysis for convex functions**

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# Smoothness and strong convexity

## Definition

Given  $L, \mu > 0$ , we say that a twice-differentiable convex function  $f : \mathbb{R}^n \rightarrow \mathbb{R}$  is

■  $L$ -smooth if for all  $x \in \mathbb{R}^n$ ,  $\lambda_{\max}(H_f(x)) \leq L$ .

■  $\mu$ -strongly convex if for all  $x \in \mathbb{R}^n$ ,  $\lambda_{\min}(H_f(x)) \geq \mu$ .

→ function not to be infinitely steep.

HW 9 on 10!

Remark: if  $f$  convex if  $\begin{cases} L \text{ smooth} \\ \mu \text{ strongly convex} \end{cases}$ , then for

$h$  small:

$$f(x) + \nabla f(x) \cdot h + \frac{\mu}{2} \|h\|^2 \leq f(x+h) \leq f(x) + \nabla f(x) \cdot h + \frac{L}{2} \|h\|^2$$

$\frac{1}{2} h^T H_f(x) h$   
^

# Speed for $L$ -smooth functions

## Proposition

Assume that  $f$  is convex,  $L$ -smooth and admits a global minimizer  $x^* \in \mathbb{R}^n$ . Then, gradient descent with constant step size  $\alpha_t = 1/L$  verifies:

$$f(x_t) - f(x^*) \leq \frac{2L \overbrace{\|x_0 - x^*\|^2}^{\text{initial distance to the solution}}}{t + 4} = O\left(\frac{1}{t}\right)$$

how close in terms of  
function value we are  
after  $t$  step of GD

Why step  $\alpha_t = \frac{1}{L}$ :  $f(x_t + h) \leq f(x_t) + \nabla f(x_t) \cdot h + \frac{L}{2} \|h\|^2$

min w.r.t  $h$   
 $h^* = -\frac{1}{L} \nabla f(x_t)$   
 $= \alpha$

# $L$ -smooth + $\mu$ -strongly cvx functions

## Theorem

Assume that  $f$  is convex,  $L$ -smooth and  $\mu$ -strongly convex. Then, gradient descent with constant step size  $\alpha_t = 1/L$  verifies:

$$f(x_t) - f(x^*) \leq \left(1 - \underbrace{\left(\frac{\mu}{L}\right)}_{1/\kappa}\right)^t \underbrace{(f(x_0) - f(x^*))}_{\text{distance to solution at initialization}} = O(e^{-\mu/L t})$$

Remark:  $\kappa = \frac{L}{\mu} \geq \frac{\max_x \lambda_{\max} H_f(x)}{\min_x \lambda_{\min} H_f(x)} \geq 1$ . CONDITION NUMBER

↘ speed of convergence if  $\kappa \uparrow$

# Proof

Recall that  $f(x+h) \leq f(x) + \nabla f(x) \cdot h + \frac{L}{2} \|h\|^2$

Apply this for:  $x = x_t$  and  $h = -\frac{1}{L} \nabla f(x_t)$

$$\Rightarrow f(x_{t+1}) \leq f(x_t) - \frac{1}{2L} \|\nabla f(x_t)\|^2 \quad (1)$$

By strong convexity:  $f(x_t) - f(x^*) \leq \frac{1}{2\mu} \|\nabla f(x_t)\|^2 \quad (2)$

↑  
global minimum

(1) + (2):  $f(x_{t+1}) - f(x^*) \leq \overbrace{f(x_t) - f(x^*)}^{(1) - f(x^*)} - \frac{1}{2L} \|\nabla f(x_t)\|^2$

$\textcircled{2} \quad \|\nabla f(x_t)\|^2 \geq 2\mu (f(x_t) - f(x^*))$

$-\frac{1}{2L} \|\nabla f(x_t)\|^2 \leq -\frac{\mu}{L} (f(x_t) - f(x^*))$

$\leq (f(x_t) - f(x^*)) \left(1 - \frac{\mu}{L}\right)$

④ FORMAL WRITING OF THE INDUCTION

# Choosing the step size

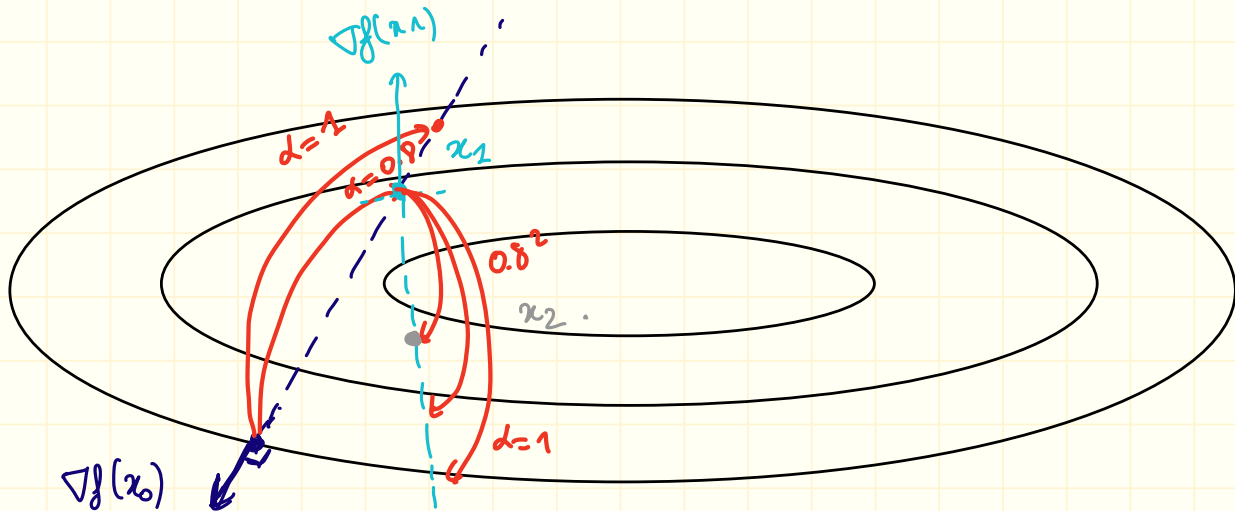
Backtracking line search

Start with  $\alpha = 1$  and while

$$f(x_t - \alpha \nabla f(x_t)) \geq f(x_t) - \frac{\alpha}{2} \|\nabla f(x_t)\|^2,$$

update let's say  $\alpha = 0.8\alpha$ .

decrease by at least  $\frac{\alpha}{2} \|\nabla f(x_t)\|^2$

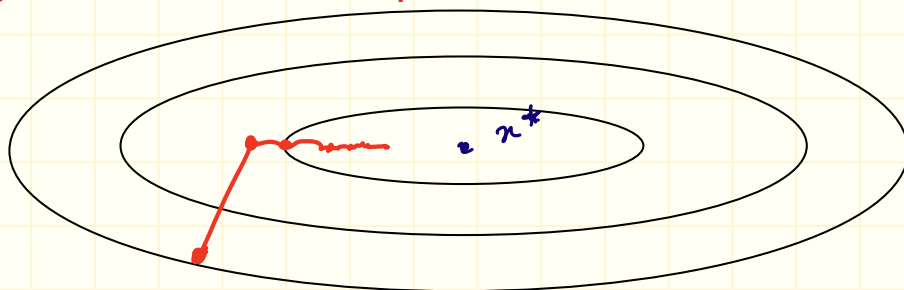


# 3. Improvements

# Issues with gradient descent

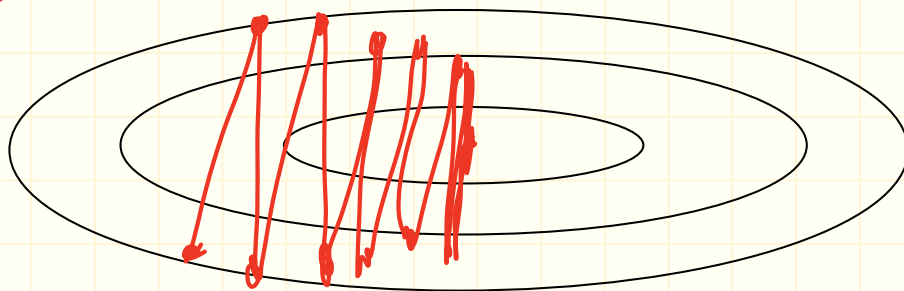
When the condition number  $\kappa = L/\mu$  is large:

1. the norm  $\|\nabla f(x)\|$  is sometimes too small.  
*→ or learning rate*  
*→ gradient descent steps are too small.*



2. The vector  $-\nabla f(x)$  does « not really » points towards the minimizer  $x^*$ .

*→ gradient descent oscillates.*





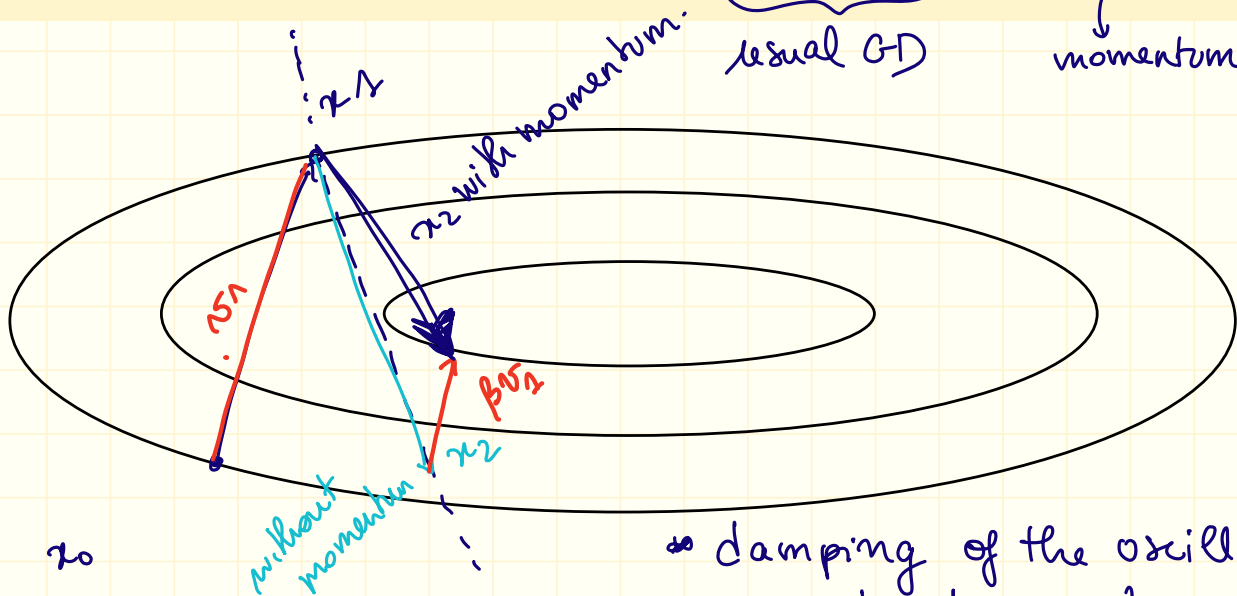
# Gradient descent + momentum

**Idea:** mimic the trajectory of an « heavy ball » that goes down the slope:

$$x_{t+1} = x_t + v_t \quad \text{where} \quad v_t = -\alpha_t \nabla f(x_t) + \beta_t v_{t-1}.$$

usual G-D

↓  
momentum



- \* damping of the oscillations
- \* promotes direction towards minimum-

# Newton's method

Assume that  $f$  is  $\mu$ -strongly convex and  $L$ -smooth.

Newton's method perform the updates:

$$x_{t+1} = x_t - H_f(x_t)^{-1} \nabla f(x_t).$$

IDEA: Optimizing the learning rate by considering the second order Taylor expansion.

$$f(x_{t+1}) = f(x_t + h) = f(x_t) + h \cdot \nabla f(x_t) + \frac{1}{2} h^T H_f(x_t) h.$$

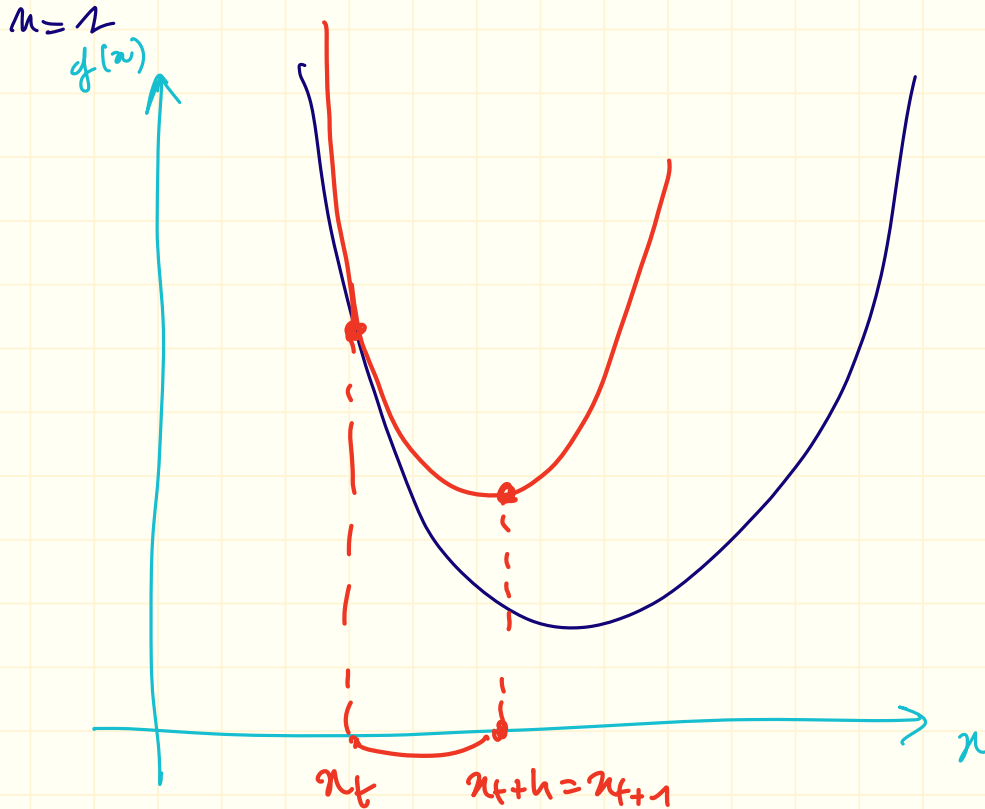
$= Q(h)$

•  $Q$  is convex      $H_Q(h) = H_f(x_t)$       $H_Q(h)$  is PSD.

$$\bullet \nabla Q(h) = 0 \quad \Rightarrow \quad \nabla f(x_t) + H_f(x_t)h = 0$$

$$\Rightarrow \quad h = -H_f^{-1}(x_t) \nabla f(x_t).$$

# Graphical interpretation



# Advantages and drawbacks

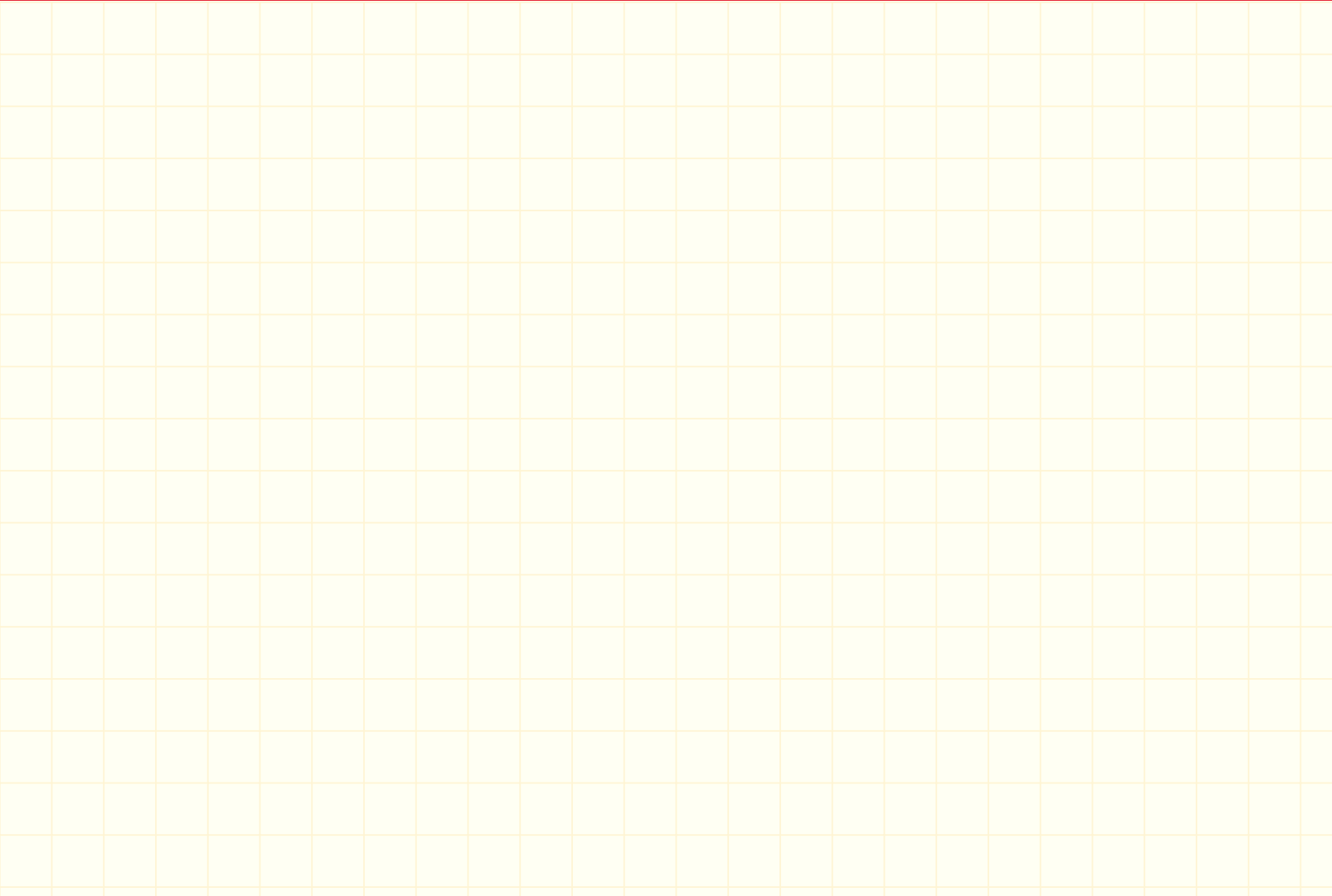
- Extremely fast there exists  $C, \rho > 0$  such that

$$\|x_t - x^*\|^2 \leq C e^{-\rho 2^t}.$$

- Computationally expensive: requires  $\sim n^3$  operations to compute the inverse of the  $n \times n$  matrix  $H_f(x_t)$ .
- In non-convex setting, Newton's method gets attracted by any critical points (which could be saddle points/maximas...).

**Quasi-Newton methods:** try to approximate  $H_f(x_t)$  by matrices  $B_t$  that are easier to compute.

# Questions?



# Questions?

