

THE Pitt News

WELCOME BACK

2020



Dr. Kim, Chiropractor

(878)-777-4777

Shadyside (Pittsburgh)
500 S. Aiken Ave.
Pittsburgh, PA 15232

Pure Athletex (Wexford)
119 Neely School Rd.
Wexford, PA 15090

drkimchiro.com

WINDOW PICK UP AND FREE RESIDENCE HALL DELIVERY

The **Pitt** SHOP
EST. 1990
THEPITTSHOP.COM

MAGGIE
& STELLA'S
CARDS & GIFTS
MAGGIEANDSTELLASGIFTS.COM

THE
UNIVERSITY
STORE
ON FIFTH
PITTUNIVERSITYSTORE.COM

The **Pitt** SHOP
at the Pete
THEPITTSHOP.COM

Table of Contents

Pitt alum takes over as diversity chief at 'pivotal moment'.....	4
Student orgs prepare for fall with video tours, book clubs and more.....	6
Status of fall sports becomes progressively shaky.....	8
Pitt Tonight prepares for sixth season with new host.....	10
ACC announces fall sports plans.....	12
Managing cooking in college.....	14
Class of 2024 breaks diversity records.....	16
Letter from the Editor.....	17
Column: Talk to your roommates about social distancing.....	18
Column: Students, we need to keep each other safe.....	19
Column: As campus life resumes, COVID-19 anxiety intensifies.....	20
Column: Broaden your horizons with online classes.....	21
Pittsburgh tattoo shops persevere through pandemic.....	22
Uncertainty hangs over season of promise for Pitt football.....	24

cover by Shruti Talekar | Senior Staff Illustrator

layout by Mary Rose O'Donnell | Managing Editor


Compass[®]
SELF STORAGE

6921 Fifth Avenue
Pittsburgh, PA 15208
(412) 552-3178

STUDENTS
First Month Rent
FREE!

WITH A VALID STUDENT ID

CompassSelfStorage.com

*Restrictions may apply. Present this offer and student ID.

ANTOON'S PIZZA 412-687-5446

LARGE 16" 12 CUT
CHEESE PIZZA
\$7.99^{+tax}
ALL DAY, EVERY DAY

247 ATWOOD ST, OAKLAND

NOW ACCEPTING CREDIT CARDS

PITT ALUM TAKES OVER AS DIVERSITY CHIEF AT 'PIVOTAL MOMENT'

Katie Sottile

Staff Writer

When Clyde Pickett learned he would be the new head of Pitt's Office of Diversity and Inclusion, he celebrated in true 2020 fashion — by staying home. That did not dampen his enthusiasm, though.

Pickett, a 2017 graduate of Pitt's School of Education, was appointed as the University's vice chancellor of diversity and inclusion in June. Pickett's office encompasses work dealing with Title IX, disability resources and civil rights compliance.

After three years of serving as the chief diversity officer for the Minnesota State Colleges and Universities system, Pickett said he was excited to come back to Pittsburgh.

"I was ecstatic about being entrusted to come to the University of Pittsburgh," Pickett said. "Given that we are in the midst of both the pandemic and a national moment of addressing and confronting racism in the United States, it was exciting news for the possibilities."

Although the upcoming semester will look a bit different than normal, Pickett said he is optimistic that ODI will be able to support students who are staying both on and off campus with online videos, a town hall lecture series and counseling services.

"The priority of the work we've put in place is to be available to support our students," Pickett said. "We know we are in a pivotal moment, in terms of this environment, and I want us to maintain our posture and be responsive to the needs of students."

ODI hosted the virtual 2020 Diversity Forum, "Advancing Social Justice: A Call to Action" in late July, which facilitated discussion on burdens disproportionately inflicted upon Black people, including disease and disenfranchisement. Pickett said he was encouraged by the nearly 12,000 participants and hopes that programming like this can continue to digitally connect students to resources related to promoting equity.

"It's important for us to be intentional about outreach and connecting with students to continue the programs that are available," Pickett said. "We're excited to sit down and talk with students about how we can continue to meet their needs."

The Diversity Forum served as part of an ongoing conversation about racial equity at the University. Student activists have been at the forefront of the discussion — 18 Black student organizations sent a list of demands to the administration in June, and School of Medicine students got their new dean to agree to wide-ranging demands. Pitt's division of Student Affairs released an anti-racism plan in July, which addressed some student concerns.

Pickett said while some diversity and inclusion conversation took place prior to him joining the University, it is important for there to be an open line of communication between students and administration.

"In my role as vice chancellor, I am commit-

ting students with support, Pickett said society needs to normalize student activism.

"I applaud our students for their leadership and the willingness to voice their concern," Pickett said. "As a former student leader and someone who has been in the work of addressing equity, diversity and inclusion for some time, I understand that any effort to advance change for the better must include our students."

James Huguley, the interim director for Pitt's Center on Race and Social Problems, said education is critical because it combats white indifference.

"Large swaths of whites simply do not have to care about race issues, and that is true even at perceivably progressive institutions like the Uni-

versity," Huguley said. "Education provides students with support, Pickett said society needs to normalize student activism.

Pickett is also responsible for coordinating with Pitt's Title IX team to provide resources and support to students who have experienced sexual harassment. The Title IX office has spent the summer implementing new regulations that Secretary of Education Betsy DeVos imposed upon universities this past May. The rules were met with pushback from the University, out of concern that they might discourage students from filing a report.

Carrie Benson, the Title IX prevention and education coordinator, said it has been a balancing act to ensure that the University is in compliance with the federal government while still providing students with a sense of safety.

"We had a little over three months to read, interpret and understand a way to implement these new regulations, during a global pandemic," Benson said. "The health, safety and the well-being of our students is our first priority. While we may not be able to physically interact as we used to, ODI is still fully staffed and committed to supporting our students."

Pennsylvania was one of several states to join a multistate lawsuit requesting an injunction against the new Title IX regulations, which narrow the definition of sexual harassment and require a cross-examination between parties. Despite the changes, Pickett said his office will continue to prioritize student support and resources.

"As the new regulations go in place, we're committed to providing response and doing what we can to support our students," Pickett said. "If our students experience sexual misconduct or harassment, we want to be a resource and we remain prepared to address those things."

Amid the ongoing fight for equity with a new academic year on the horizon, Pickett said he wants students to seize the opportunity to continue their education inside and outside of the classroom.

"I would remind students to stay positive and focused on their education, but lean into the opportunity to help make change happen," Pickett said. "Every major movement in this country has significant input and influence from students being involved in progressive change." ■



Clyde Pickett, a 2017 graduate of the School of Education, was appointed as the University's vice chancellor of diversity and inclusion in June.
Image via University of Pittsburgh

ted to being accessible to students and doing all I can to help foster an equitable and inclusive campus," Pickett said. "ODI remains committed to serving our community and doing everything we can to improve the student experience for all."

Racial equity is at the forefront of ODI's mission, particularly in the wake of the social unrest surrounding George Floyd's death at the hands of Minneapolis police, Pickett said.

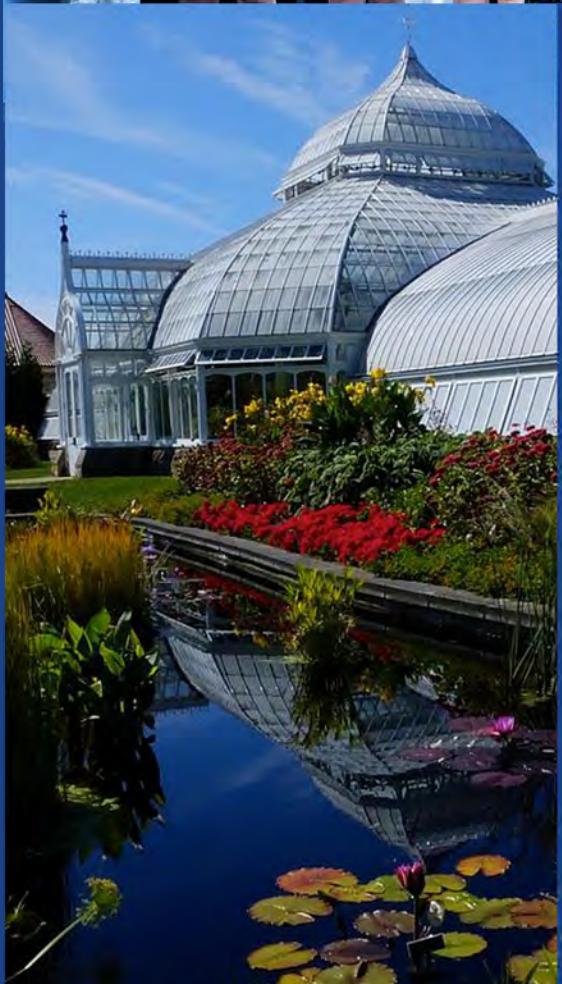
"We understand the nation's fight for equity and justice has taken more priority in the eyes of the public," Pickett said. "We want to do everything we can to make the University of Pittsburgh a more equitable, inclusive and belonging campus for all of our constituents, and certainly, that includes our students."

While the University is responsible for pro-

viding students with support, Pickett said society needs to normalize student activism.

Huguley added that Black representation within the University is vital. A Pitt alumna recently started a petition calling for the University to include a Black studies requirement for all students, which has since gained more than 7,000 signatures.

"The University is a place where we need to educate the masses to restore communities of color that have been harmed and exploited by the systems that built American institutions like universities," Huguley said. "Having people in influential positions that can advocate for students'



PITT ARTS
Engages
students
in
Pittsburgh's
vibrant arts
scene



PITT ARTS is dedicated to helping Pitt students in all majors and academic disciplines discover the arts and culture of Pittsburgh through our free and discounted programs.

Visit us in 907 William Pitt Union 412-624-4498 www.pittarts.pitt.edu

STUDENT ORGS PREPARE FOR FALL WITH VIDEO TOURS, BOOK CLUBS AND MORE

Ashton Crawley

Assistant News Editor

A big part of campus life involves joining clubs, but with the fall semester quickly approaching, many things are still being decided. Some campus organizations are getting creative with things like video tours, book clubs and more.

Guidelines for student organizations have not yet been finalized, but many student organizations, such as the African Student Organization, have come up with creative events and programs to engage the community.

Nana Gyabaah-Kessie, ASO president, said the organization has been preparing fall events throughout the summer.

"ASO has been having biweekly summer meetings to get people on the same page for what the fall semester will be looking like," Gyabaah-Kessie, a rising senior molecular biology major, said. "For fall, we will have everything virtual."

ASO plans to partner with other Black student-led organizations to do a spinoff of the TV show "MTV Cribs," where they do a video tour of their favorite places around campus.

"Hopefully that will keep incoming freshmen engaged and keep them aware of what's around them on campus," Gyabaah-Kessie said.

Gyabaah-Kessie said she thinks that meeting online may actually be beneficial to the club in some ways.

"It breaks a lot of the barriers of people not being able to attend because they might be coming from class really late and they don't want to stay out later on campus or maybe they're just feeling tired," Gyabaah-Kessie said.

All of ASO's general body meetings, as well as larger events like the African Gala and Welcome Back Concert, will most likely be held over Zoom and will utilize different features of the application, like breakout rooms.

"It is gonna be looking a little different," Gyabaah-Kessie said. "We plan on circulating some sort of survey after every GBM to our attendees to see how this

past Zoom session went, if we could do anything to improve and just kind of get an idea of how our audience is feeling."

Gyabaah-Kessie added that recruiting new members will be more difficult this year, but the group is coming up with new strategies.

"We have been trying to work with members in our own organization and other organizations to really see how we can engage this incoming class of freshmen, and especially freshmen of color," Gyabaah-Kessie said.

be rules about food at in-person events, which should be held outside. Events such as the annual fall activities fair, where many clubs recruit new members, will be held online this year.

"As a president of a student organization on campus, I can tell you that we're really going to try to utilize personal networks and build our social media presence," Fleisher said.

Fleisher said there are ways to recruit new members without actually meeting them in person, such as putting up a QR

"I would get informed about the virtual alternatives. While it's difficult to have that first meeting, it's either that or nothing, right?" Truong said. "We should pay attention to what Pitt has going on, like the virtual activities fair, while it's going to be nothing like what we traditionally have at the Pete."

Truong said ASA is setting an example for all of its members by holding themselves to the community compact issued by the University. The compact asks all students to wear a mask in public, social distance and stay home if they feel ill.

ASA is also utilizing its existing big-little program and launching a new initiative to match members as pen pals, in order to create opportunities for socialization.

Truong said the big-little program is one of ASA's biggest annual programs, and much of the programming in the early fall is based around it, while the pen pals program is brand new.

"This year we still plan on doing big-little, but obviously completely virtual," Truong said. "We created random pairings and sent out weekly prompts to help move along the convos. The purpose of pen pals is to establish a one-to-one connection before moving into the school year, so first years especially can feel more comfortable in our community."

Ma'Kayla Palmer, a rising senior studying film and media and vice president of Black Loud and Queer, said BLAQ has also decided to meet only online.

The club plans to engage the student population with events like online book clubs, Palmer said. Current members will also utilize social media to recruit people, but it's been difficult to plan for the fall with limited guidance.

"We haven't really gotten much information about how clubs are going to be running. We just started last spring before COVID hit and we didn't get time to promote our club more," Palmer said. "We're hoping that we can figure out what type of activities we can do that will interest freshmen." ■



Black Loud and Queer, a new club at Pitt, has decided to meet only online for this semester. Courtesy of Black Loud and Queer

Kathryn Fleisher, a Student Government Board member and founder of Not My Generation, said students should pay attention to the guidance that will be issued by Pitt's division of Student Affairs.

"The biggest thing is to be moving opportunities and events online so that people can engage safely, and also because not everyone is able to come back to campus this semester," Fleisher said. "For people who are still hosting things in person, a lot of the specifics are still being decided, which can be a little difficult."

Fleisher said there will most likely

Code in a public area with a link to the club's website.

Cynthia Truong, the president of the Asian Student Alliance, said her organization will host multiple events online every week in the beginning of the fall semester.

"For the most part, we have a lot of things mapped out. Everything we have so far is virtual and we have no in-person events planned," Truong, a junior chemistry major, said.

Truong said new students should not let the awkwardness of virtual meetings deter them from getting involved in clubs.

OFFICIALLY LICENSED PITT APPAREL NOW AVAILABLE ONLINE at THEPITTSBURGHSTOP.COM

Since 1989 I have stood proudly on the corner of Forbes + Bigelow year round making The Pittsburgh Stop Inc the oldest Pitt store in existence.

The Pittsburgh Stop Inc has seen 5 US Presidents, 9 Head Football Coaches, 5 Men's Basketball Coaches, and countless changes to our campus. I have been a proud and loyal Pitt supporter through the good times and the bad.

When you buy from us you are not only supporting a small business, but you are buying from a member of the 1976 National Championship Team... A True Pitt Panther!

As The Pittsburgh Stop Inc enters its 4th decade as a campus landmark, I will continue to offer unique, top quality Pitt merchandise at the lowest possible prices!

As Always Hail To Pitt,
Chas Bonasorte - "The Kamakazi

Chas Bonasorte's

THE PITTSBURGH STOP inc.

(Outside Vendor next to Hillman Library
on the Pitt campus)

Open Year Long from 10am-5pm!
All credit cards accepted!



STATUS OF FALL SPORTS BECOMES PROGRESSIVELY SHAKY

Stephen Thompson

Assistant Sports Editor

The COVID-19 pandemic in America hit its first serious flashpoint at a March 11 basketball game between the NBA's Utah Jazz and Oklahoma City Thunder. Moments before the game was scheduled to begin, it was postponed. Players, coaches and fans were all sent home and the entire season was suspended the following day.

The NBA's decision set off a chain reaction of closures, from business to schools to college sports, too. Conference tournaments in college basketball had just gotten underway but were quickly shuttered. What many expected to be only a temporary setback has snowballed into months of quarantine and shutdowns.

Now — even as cases and deaths continue up a steady incline — sports leagues are beginning to plan their comebacks. But in college athletics, return to play procedures have led to more questions than answers.

Professional basketball and soccer have created bubbles for players, coaches and staff to isolate and play games in, with strict return protocol for those who need to leave. But college athletics offer a vastly different set of challenges from the pros. The integration of athletes into the general student population and cross-country travel, even within conferences, create enough moving parts to seriously concern those involved.

And the procedures of mid-pandemic returns are being governed largely by individual schools and conferences.

A lack of leadership from the NCAA — college athletics' highest authority, which has offered only the announcement that they will delay a decision on fall sports championships — has left a patchwork of guidelines that makes the quagmire of mid-pandemic play even less safe. There is a mismatch of half-way measures already in place that are inconsistent with one another.

Administrators continue to delay the beginning of fall sports seasons and even make the decision to limit play to intra-conference contests only, with the goal being limited travel and the creation of more exclusive "pods" for teams and schools.

The Pac 12, Big Ten and Southeastern Conference have already committed to this model, with the Atlantic Coast Conference following suit with a slightly different model that includes

ford, Ohio; Huntington, West Virginia, and South Bend, Indiana, are all closer trips — anywhere from four to six hour drives between Pittsburgh and those towns — than the four the Panthers are now scheduled to take to Florida, South Carolina and Georgia for ACC games this year.

No other Panther teams have released their 2020 schedules yet, but the ACC has ruled that no fall sports will begin before Sept. 5.



Even if a college football season survives until its scheduled start, it seems unlikely that fans will be welcome, especially in Pennsylvania.

Bader Abdulmajeed SENIOR STAFF PHOTOGRAPHER

one nonconference game as well. But besides pushing the start of the season back a few weeks, it is unclear how a conference-only schedule would make play safer.

Modern athletic conferences, while loosely based on some geographic proximity, have grown to span thousands of miles, defeating the purpose of a closely knit pod.

For example, Pitt football's nonconference schedule had included games at home against Miami (OH) and Notre Dame, as well as a trip to Marshall. Ox-

And after these athletes travel and compete, they will be expected to return and reintegrate with their respective school's general student populations in class, residences and social life.

But at Pitt, administrators are willing to accept these risks. Athletic Director Heather Lyke said in late July that spikes in cases are inevitable when students return to campus, but she hopes they are not "exorbitant." And given that Pitt is welcoming students back to campus while keeping classes online for the foreseeable future, the University is of-

ferring a cloudy impression of what exactly campus will look like.

Pitt Athletics spokesperson E.J. Borghetti did not directly respond to questions about whether there is a contingency plan for the continuation or cancellation of athletic competition should classes be moved entirely online. He said Pitt Athletics would "take guidance and direction" from University leadership, as well as City, state and national health officials in determining a course of action.

But for now, fall sports are still on — travel and all — and operating procedures continue to march toward an uneasy sense of normalcy.

Pitt athletes have been back in Pittsburgh for almost two months and are ramping up the intensity and size of their workouts. Since returning for workouts in June, football has moved to group walk-throughs with 25 players ahead of the scheduled start of official training camp on Aug. 8.

Even if a college football season survives until its scheduled start, it seems unlikely that fans will be welcome, especially in Pennsylvania.

Lyke said in late July that the Panthers and their roommates at Heinz Field, the Pittsburgh Steelers, are trying to work with Gov. Tom Wolf on a plan to allow 15,000 to 20,000 fans — socially distanced and wearing masks — inside the roughly 70,000-seat North Shore stadium.

But even Lyke believes that plan might be wishful thinking. Few, if any, around college sports are confident in the possibilities of fall sports being played, especially with fans in the stands.

Lyke told local media in late July that national trends don't give her any certainty that college sports in general are possible in 2020.

"I am an optimistic person at heart, but I wouldn't say I'm overly confident," Lyke said. ■

7 Tips for Balancing Work and School

Working while you're in college can be challenging, but it can also be an opportunity to improve your financial standing, whether by paying college costs or building your savings. If you're among the many college students who also work, these tips may help you find and maintain your balance so you can get the most from both of these experiences.

1. Create and stick to a schedule. Whether you plan your work schedule around your classes or vice versa, map that time out so that you always know where you need to be and when. Then add in study hours, meals, extracurricular activities, exercise, downtime and sleep. A schedule that incorporates everything you need and want to do can be an essential tool for establishing good time-management habits.

2. Strive to make the most of the time you have. When you have choices — e.g., whether to take a job on campus or one that requires a commute, or whether to incorporate some online classes into your academic schedule — consider the potential time savings and flexibility of one option versus the other. Imagine all the ways you could use an extra half-hour each day!

3. Keep work and school separate. Set mental boundaries between work and school so you can focus fully on the task at hand. While multitasking may be tempting, it can be stressful and inhibit your ability to excel.

4. Build a support system. Honest, open communication is vital to achieving support from everyone, from your friends and family to your manager and professors. Be clear about your priorities and responsibilities so they will understand and respect limitations on your time and be supportive when your workload is heavy. Remember that universities offer support, too: Study groups, tutors and other resources may help you learn stronger study skills or help you navigate a difficult class.

5. Take good care of yourself. When life is busy, it's easy to forget about eating healthy, staying hydrated, and getting enough exercise and sleep, but these basics are important to your health and well-being. As mentioned above, make time for exercise and sleep every day. And when it comes to eating, steer clear of gulping meals and energy drinks on the run. A strong, well-fueled body can help you think more clearly and provide the stamina you need to get through the day.

6. Keep your eyes on the prize. If you ever feel overwhelmed by the responsibilities of working and going to school, remember why you're doing this: to prepare yourself for a career without incurring loads of student debt. Hang in there, and know that your future self appreciates your hard work and commitment.

7. Celebrate your achievements. Take a moment to pat yourself on the back every time you reach one of your short- or long-term goals. This can be as small as making it through a particularly hectic week or as large as landing that degree. Give yourself credit. You deserve it!

► To learn more, visit pnc.com/myfinanceacademy

Sources

"10 Tangible Tips to Balance Working Full-Time and Going to College," Rasmussen College, October 29, 2018

"8 Simple Steps to Balancing Work and College," Concordia University, April 17, 2015

"10 Former College Students on How They Balanced Working Through College," The Financial Diet, October 26, 2015

PNC is a registered mark of The PNC Financial Services Group, Inc. ("PNC").

©2020 The PNC Financial Services Group, Inc. All rights reserved. PNC Bank, National Association. Member FDIC

UNV PDF 0720-0115-1685303



PITT TONIGHT PREPARES FOR SIXTH SEASON WITH NEW HOST

Kaitlyn Nuebel

For The Pitt News

After hosting Pitt Tonight for the past three seasons, Andrew Dow's time as a "Pitt-lebrity" has officially come to a close. Still, going into his fifth year studying communications, he can't praise the show enough.

"It's one of the most ambitious things you will ever see a student-run group do," Dow said about the late-night talk show written, produced and marketed entirely by Pitt students.

Dubbed Pitt's best — and only — late night talk show, Pitt Tonight mimics traditional late-night comedy shows on television, but focuses specifically on Pitt. Dow became the host after its original creator and host, Jesse Irwin, graduated in 2017. But the late-night show, which didn't undergo many changes during Dow's reign, will look different this fall.

Now, not only will there be another new host, staff members have also been figuring out how to adapt it in light of the ongoing COVID-19 pandemic.

According to Pitt Tonight executive producer Tess Roth, the show's staff, who await information from the theatre arts department about how the University will handle in-person performances, remain uncertain if hosting live, socially distanced shows will be feasible this coming semester. If not, they plan to rely more heavily on their YouTube and social media platforms, where they will start releasing content for their season premiere on Aug. 30.

One thing is for certain, however — the identity of the show's new host.

The audition process for the position, which occurred this year from January until March, required candidates to perform a monologue from a late-night show

of their choosing, act out a few sketches created by the show's staff and conduct a one-on-one interview with a member of the Pitt Tonight Executive Board.

After vetting the 10 students who applied for the position, the Pitt Tonight Executive Board unanimously chose Victoria Chuah, a rising junior computer science major, who has experience performing improv in Pitt's on campus comedy troupe, Ruckus. Chuah will be the third person and first woman to hold the title of Pitt Tonight host since the show's inception in 2015.

Besides performing with Ruckus, Chuah also serves on Student Government Board, dances with the Pitt Ballet Club and competes in pageants. She was the second runner up in last year's Miss Virginia competition.

While she plays characters during improv, Chuah wanted the opportunity to

be herself on stage, believing her involvement in many organizations on campus would bring a different perspective to the show.

"I really liked [Pitt Tonight] when I first saw it," Chuah said. "We never really get to be ourselves when performing [in Ruckus] but I like being myself and I thought I could bring something new to [Pitt Tonight]."

Dow, who originally met Chuah through Ruckus, described her humor as subtle.

"There's something blissfully dry about Victoria's humor," Dow said. "You have to be listening and thinking, but if you hear what she's saying it's always very cunning and smart."

Under normal conditions, Pitt Tonight, like most late-night television shows, opens with a monologue followed

See **Tonight** on page 28



IS
RAMEN
** RULING,
your
WORLD?
**THE PITT
Pantry**
wants to help.
A free service for
Pitt students.
Bellefield Presbyterian
Church (4001 Fifth Avenue)

For more information on current operating procedures, please visit pi.tt/pittpantry or email pantry@pitt.edu.



If you're
going to do
it anyway,
why not get
paid?
**EARN UP TO \$2250
PER SEMESTER!**
FOR INFO OR
TO SCHEDULE AN APPOINTMENT
CALL: 412-687-0335
WWW.BECOMINGADONOR.COM
**PITTSBURGH
CRYOBANK**



**BAUM
BLVD
AUTOMOTIVE**
We Can Make Your
Car Last Longer
PITT SPECIAL
\$39.95
Reg. \$56.95
▪ Lube, oil, and filter change
▪ Rotate tires as needed
▪ Visual inspection
▪ Check belts & hoses
▪ 47 point vehicle checkover
▪ Consultation on any
problems you might have
with your vehicle
4741 Baum Blvd.
on the Pitt busline
412-682-1866
www.bbapgh.com
We accept credit card payment by phone

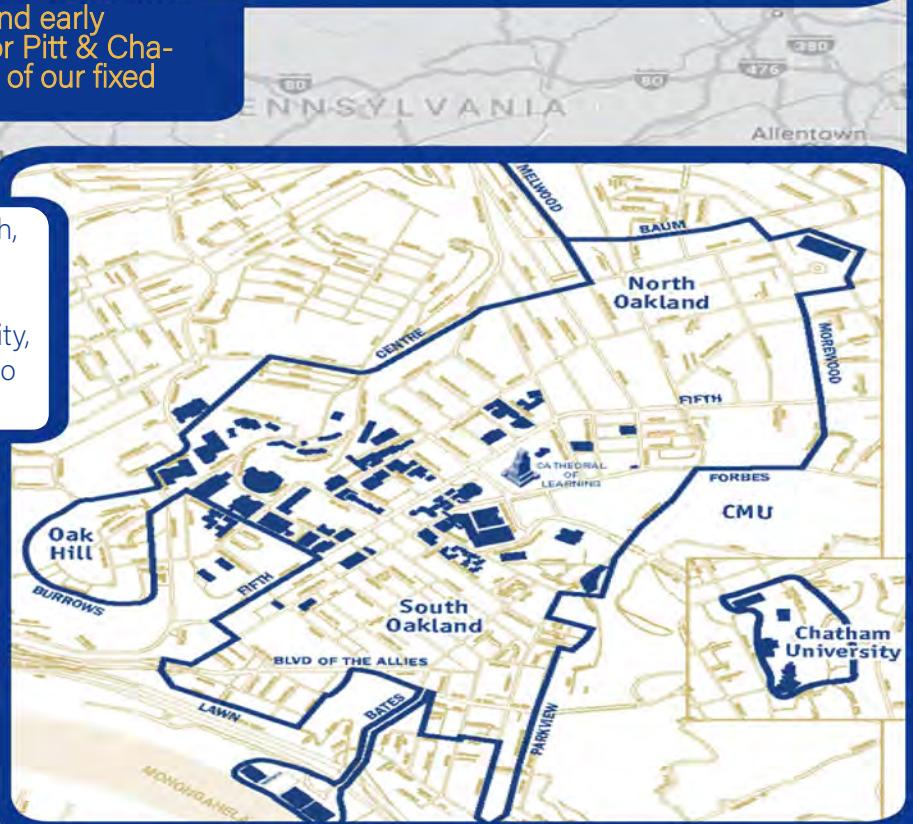
SAFERIDER

SafeRider provides safe transportation during the evening and early morning hours when special, non-emergency needs arise for Pitt & Chatham students, faculty, and staff who are not located on one of our fixed routes.

SafeRider boundaries are Baum Boulevard in the north, Carnegie Mellon University in the east, the Center for Biotechnology and Bio engineering in the south, and Trees Hall / Darragh St. in the west. Chatham University, Pittsburgh Filmmakers, and Towerview Garage are also served.

UNIVERSITY SHUTTLE SYSTEM

University Shuttle Buses can be tracked with GPS. Log onto www.pittshuttle.com from your desktop or mobile device. Select a route and the estimated time of arrival will appear for each stop. Take the 30C to South Oakland.



Need the latest info on Pitt shuttle times?

Download the



RIDE SYSTEMS GPS

app today!

Search "Ride Systems" in your App Store and download

- In the app, select
- "University of Pittsburgh"
- Select "route" tab
- Select "Arrival" tab for times



No Apple or Android Phone? That's okay. You can also view bus times and enjoy the same features at pittshuttle.com

ACC ANNOUNCES FALL SPORTS PLANS: WHAT ARE THEY AND WHAT DO THEY MEAN FOR PITT?

Alex Lehmbeck

Sports Editor

College sports are back. Well, sort of. Maybe.

After a summer of ambiguity, the Atlantic Coast Conference released an updated schedule in late July for ensuing fall sports seasons, creating a separate plan for football and the rest of the fall sports.

Football

Three weeks after the Big Ten announced it would move to a conference-only season, the ACC made similar changes. Each ACC team will play 10 conference opponents and one non-conference team, with each non-conference game taking place in the ACC team's home state.

Temporarily scrapping the tradition-



Temporarily scrapping the traditional Atlantic and Coastal divisions, the ACC football teams will act as a singular division, with each school assigned five home games and five away games. Sarah Cutshall VISUAL EDITOR

tional Atlantic and Coastal divisions, the ACC has completely upended the previous conference football schedule. The teams will act as a singular division, with each school assigned five home games and five away games.

For the first time in 132 years, Notre Dame has agreed to join a conference football slate. The notoriously independent program will join the ACC for the 2020 season, and become eligible to earn a spot in the ACC Championship game. The school already competes in the ACC in every sport except football and hockey, the latter of which participates in the Big 10.

In accordance with the new plan, every team would play its first game the week of Sept. 7. The two teams with the

See ACC on page 29

THE CHALFONT
CHALFONТАPARTMENTS.COM (412) 533-0121

COMMUNITY FEATURES

- ✓ On-site Laundry Facilities
- ✓ Rooftop Sundeck
- ✓ Fitness Center
- ✓ Additional Private Storage
- ✓ Available Indoor Parking
- ✓ Controlled Building Access

APARTMENT FEATURES

- ✓ Fully Equipped Kitchens
- ✓ Incredible Closet Space
- ✓ Individual Climate Control
- ✓ Spacious Bedrooms
- ✓ Studio, 1, and 2 Bedrooms
- ✓ Rent Includes Some Utilities

4742 Centre Avenue
Pittsburgh, PA 15213

MCKINNEY
PROPERTIES

Is your spiritual education in balance?

1st Church of Christ, Scientist
412 621-5339
Zoom information
cspittsburgh@gmail.com

24/7 Christian Science Weekly Bible Lessons®
412 532-2222 prompt 2

christiansciencepgh.org

NeydtStock/Pond5



**“Best experience ever,
with a loan company!”**

- Christine, 5-star review, 7/8/20

Low-rate private student loans with rave reviews



Don't worry about repayment for 9 months after graduation
Extended 9-month grace period, 3 months longer than most lenders¹



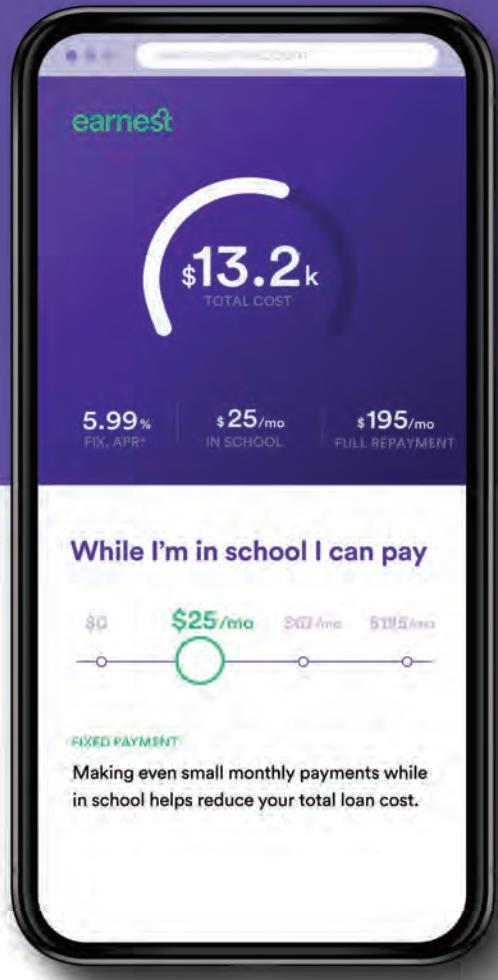
Get a headstart - you can choose to pay \$25 a month in school
Small payments can add up to big savings



Risk-free 2-minute eligibility check
Check your eligibility with zero credit impact

Get started today at

www.earnest.com/pittsburgh



Rates, payments, and screen image
are shown for example purposes only.

Are you ready to apply? Make sure you explore federal student aid, scholarships, and grants first.

¹Nine-month grace period is not available for borrowers who choose our Principal and Interest Repayment plan while in school.

For eligibility rules, visit <https://www.earnest.com/eligibility>. Earnest private student loans are subject to credit qualification, verification of application information, and certification of the loan amount.

Earnest Loans are made by Earnest Operations LLC or One American Bank, Member FDIC. Earnest Operations LLC, NMLS #1204917, CA CFL # 6054788, 303 2nd Street, Suite 401N, San Francisco, CA 94107. Visit <https://www.earnest.com/licenses> for a full list of licensed states.

Terms and conditions apply. Earnest reserves the right to modify or discontinue the terms of this product at any time without notice.

One American Bank and Earnest LLC and its subsidiaries are not sponsored by or agencies of the United States of America.

© 2020 Earnest LLC. All Rights reserved.

MANAGING COOKING IN COLLEGE

Anna Ligorio
Staff Writer

This semester, don't let the small space of a dorm or an apartment limit you from creating big things in the kitchen.

While college dorms and apartments are notoriously small, students can still manage to eat healthy and diverse meals without the luxury of a fully equipped cooking space — they just need to learn how.

According to Laura Kleiber, a Pittsburgh-based registered dietitian and 2019 Pitt alumna, some students struggle with making good meals in college because of the stark adjustment from home life to dorm life.

"College is the first time that a lot of people are out on their own and in charge of making meals for themselves for the first time," Kleiber said. "A lot of kids that age can struggle with going out and buying groceries and figuring out what they should have for dinner every day."

Although it can be an overwhelming transition at first, Kleiber said students can still manage to cook healthy meals in a small apartment or dorm kitchen.



While college dorms and apartments are notoriously small, students can still manage to eat healthy and diverse meals without the luxury of a fully equipped cooking space. **Kaycee Orwig** ASSISTANT VISUAL EDITOR

"As a college student, you're probably living in a dorm with a shared kitchen or a small kitchenette," Kleiber said. "There's definitely limited options, but that doesn't necessarily mean that you need to be unhealthy."

For any student, the first step for efficient cooking is getting the right appliances. Besides the standard minifridge and microwave, Kleiber also recommended a miniblender. Depending on where you live, she also recommended investing in a slow cooker, a toaster oven and a meat thermometer for more advanced meals.

But before cooking, you're going to need ingredients. Kleiber recommends going to the store with a grocery list to save both time and money.

"Go grocery shopping with a list and stick to it," Kleiber said. "If you are doing meal planning, you will know exactly what you need to grab, so it will be helpful for your wallet and also be helpful with your food waste."

When it comes to cooking meals, planning your meals in advance is the best way to go in college, according to Kleiber.

See **Cooking** on page 30



St. Paul Cathedral
Catholic Diocese
of Pittsburgh

108 N. Dithridge St. • 412-621-4951 • ghocatholics.org

Mass Times

Saturday	8:15 am 12:05 pm 6:00 pm (Vigil)
Sunday	6:30 am 10:00 am 12:00 pm 6:00 pm
Mon-Fri	8:15 am 12:05 pm

Confession

Friday	12:45 pm
Saturday	12:45 pm 7:00 pm (or by appt.)

Young Adult Group

- Join us Wed. Nights for our Novena
- Theology on Tap
- Lectio Divina

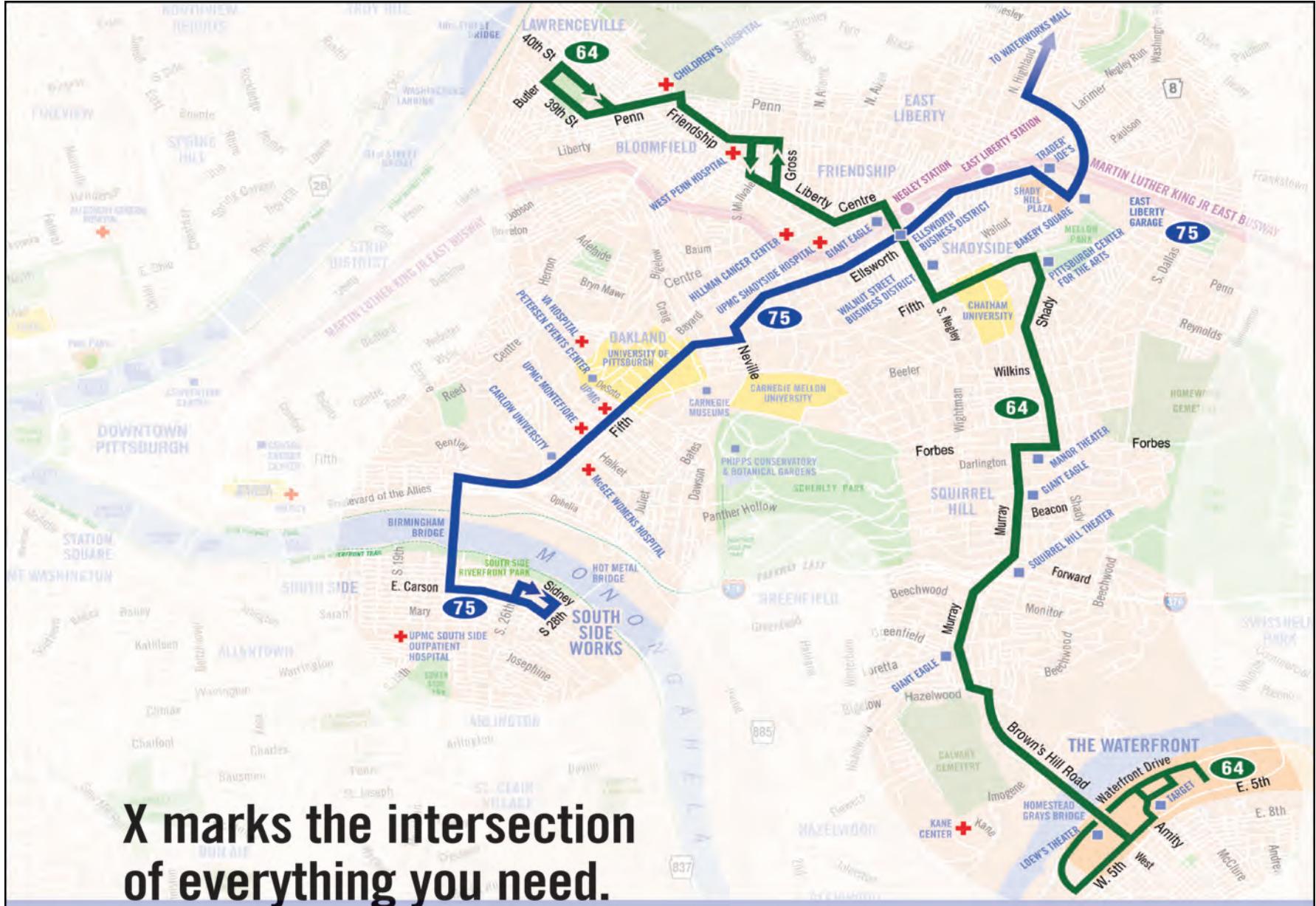


PITTSBURGH
FUEL & FUDGLE
FULL SERVICE FILLING STATION
GASTRO PUB

**OUTDOOR SEATING
ON OAKLAND AVENUE!**

**THE PIT NEWS
BEST OF
2019**

**212 OAKLAND AVENUE
(412) 682-FIRE • FUELANDFUDGLE.COM**



X marks the intersection of everything you need.

X marks the intersection of two of Port Authority's most useful bus routes, connecting riders to all the essentials. Great grocery stores. Art house theaters and multiplexes. Boutiques, bars and big names in retail.

There's the **64 Lawrenceville-Waterfront**, with Bloomfield, Shadyside and Squirrel Hill in between.

Or try the **75 Ellsworth**. Start at SouthSide Works, hit up Oakland and the Shadyside shops. Then end at Bakery Square, where there's always something new opening up.

And both routes connect to each other, the busway and other ways to get Downtown or around town.

PortAuthority.org

twitter.com/pghtransit

PAMELA'S
DINER
3703 Forbes Avenue
412-683-4066
**Great Food.
Fast Service.**
"Oakland's Finest"

We now accept credit cards!

Voted **Best Breakfast in Pittsburgh**

THE PITT NEWS
BEST OF
2019

Panther Funds accepted here

WE WANT TO
BE THE BRIDGE
CONNECTING
PEOPLE TO JESUS
IN OUR CITY

bridgecitypgh.com
@bridgecitypgh

CLASS OF 2024 BREAKS DIVERSITY RECORDS

Vaibhav Gupta

Staff Writer

Despite the COVID-19 pandemic changing the academic landscape for the fall semester, Pitt's incoming class of 2024 represents a continued shift toward increasing diversity on campus.

According to Molly Swagler, the executive director of enrollment outreach at the Office of Admissions and Financial Aid, the incoming class has one of the most diverse backgrounds in Pitt's history. This is a trend that has continued for several years, with the class of 2024 breaking the diversity record previously held by Pitt's class of 2023. Swagler estimated that 37% of incoming first-year students are from racially and ethnically diverse backgrounds.

"We are also welcoming more African American/Black and Latinx students than ever to campus this year," Swagler said. "Overall, a record 15% of the Class of 2024 are from underrepresented minority groups."

Statistics provided by OAFA also reveal that a record-breaking 32,000 students applied to Pitt as part of this class of applications. University Senate President Chris Bonneau said in May

that first-year enrollment was up 17.8% compared to last year. Swagler also said at the time that fewer than two dozen students had requested deferrals.

The University narrowed this applicant pool down to 4,400 first-year students and 600 transfer students for the class of 2024. Of those accepted, 56% are from Pennsylvania, a record 44% are from out of state and 5% are international students.

The class of 2024 will also be spread across all different schools. Approximately 330 students were accepted to the College of Business and Administration, 3,000 to the Dietrich School of Arts and Sciences, 200 to the School of Computing and Information, 150 to the School of Nursing and 575 to the Swanson School of Engineering.

Swagler said while there will be many hurdles for the first-year class due to the ongoing pandemic, Pitt is looking forward to the new students expanding the community.

"We are so thrilled to welcome every one of these students to Pitt," Swagler said. "Our community is rich in diversity and inclusion, which is an essential component of our excellence." ■



Pitt's incoming class of 2024 represents a continued shift toward increasing diversity on campus as it breaks the class of 2023's previous diversity record.
Hannah Heisler SENIOR STAFF PHOTOGRAPHER

LETTER FROM THE EDITOR

Jon Moss
Editor-In-Chief

Welcome back to campus! Or, depending on where you're reading this, welcome back to the same desk chair you've been sitting in since March.

This academic year will definitely be one for the books, as the ongoing COVID-19 pandemic continues to wreak havoc across our country. As of the beginning of August, Pitt officials would not commit to a specific date, or even an estimate, about when classes could move from online only to in person. I guess they really are testing just how "Flex"-ible we are here at Pitt. We are truly living through history, as it's being made around us.

We've prepared this Welcome Back guide to help get you acclimated to a changing campus. Our amazing news writers have compiled numerous articles to summarize what a Pitt education will look like this fall. Our wonderful columnists have written numerous advice columns, offering their hard-won wisdom about different ways to approach your time here at Pitt and resources you may find useful. The culture desk has some suggestions on music to try out and some cooking tips. And our sports writers have all the information you need on Pitt Athletics, so you'll be ready for the upcoming season.

Beyond this 36-page special edition, we hope you will stay tuned to TPN through the semester and this tumultuous time for the latest news about Pitt and the Oakland community. We have teams of student journalists focused on covering nearly every part of campus and how it is changing during the pandemic and this time of social upheaval. The best way to keep in touch is to subscribe to our email newsletter at pittnews.com/newsletter — you'll know about the news as soon as we do, which is even sometimes how administrators hear of it. You can also follow us on Twitter or Instagram at @ThePittNews and like us on Facebook.

The COVID-19 pandemic has also led to changes at TPN. This academic year, we will reduce our print frequency to only

one physical newspaper per week, released Wednesdays. We believe that this is the correct move right now both from a financial perspective, due to industrywide advertising declines, and also from a journalist's point of view. We must take a hard look at how people are consuming news these days and how we can best inform the community. If COVID-19 had hit in 1910, our readers would have no way to stay part of the Pitt community. But we looked at the period from March to August — during which we ceased our print edition — and saw record-high amounts of web traffic, story ideas from readers and an insatiable reader appetite for information. Thus, we are opting to publish email newsletters on Mondays, Wednesdays and Fridays, with a magazine-esque newspaper edition on Wednesdays.

As readers and new members of the Pitt community, we want to hear from you. Feel free to reach out with story ideas, things you think we should be covering, Op-Eds, responses to articles, what you think of our new publishing format or any questions about our 110-year-old newspaper. Nothing is too big or too small.

If you are interested in helping to tell the story of the Pitt community, we would be honored to have you join our staff. We are always looking for our next team of editors, reporters, photographers, videographers and copy editors to work at our award-winning newspaper. No prior experience is necessary to join — I joined my first year barely knowing how to format a quote properly, and now the chancellor knows me by name. If I can do it, so can you — if you're interested in joining our team, you can apply at pittnews.com/application.

I hope you were able to safely move into Oakland and are set for the semester. Remember to keep in touch with us for updates throughout the semester.

All my best,
Jon Moss
Editor-in-Chief

editor@pittnews.com
412-648-7985

FAMILY EDUCATIONAL RIGHTS AND PRIVACY ACT

THE FAMILY EDUCATIONAL RIGHTS AND PRIVACY ACT AFFORDS STUDENTS CERTAIN RIGHTS WITH RESPECT TO THEIR EDUCATION RECORDS. THESE RIGHTS INCLUDE:

- THE RIGHT TO INSPECT AND REVIEW THE STUDENT'S EDUCATION RECORDS WITHIN 45 DAYS OF THE DAY THE UNIVERSITY RECEIVES A REQUEST FOR ACCESS. STUDENTS SHOULD SUBMIT TO THE REGISTRAR, DEAN, HEAD OF ACADEMIC DEPARTMENT, OR OTHER APPROPRIATE PROGRAM DIRECTOR. WRITTEN REQUESTS THAT IDENTIFY THE RECORD(S) THEY WISH TO INSPECT. THE UNIVERSITY OFFICIAL WILL MAKE ARRANGEMENTS FOR ACCESS AND NOTIFY THE STUDENTS OF THE TIME AND PLACE WHERE THE RECORDS MAY BE INSPECTED. IF THE RECORDS ARE NOT MAINTAINED BY THE UNIVERSITY OFFICIAL TO WHOM THE REQUEST WAS SUBMITTED, THAT OFFICIAL SHALL ADVISE THE STUDENT OF THE CORRECT OFFICIAL TO WHOM THE REQUEST SHOULD BE ADDRESSED.
- THE RIGHT TO REQUEST THE AMENDMENT OF THE STUDENT'S EDUCATION RECORDS THAT THE STUDENT BELIEVES IS INACCURATE. STUDENTS MAY ASK THE UNIVERSITY TO AMEND A RECORD THAT THEY BELIEVE IS INACCURATE. THE STUDENT SHOULD WRITE THE UNIVERSITY OFFICIAL RESPONSIBLE FOR THE RECORD, CLEARLY IDENTIFY THE PART OF THE RECORD THEY WANT CHANGED, AND SPECIFY WHY IT IS INACCURATE. IF THE UNIVERSITY DECIDES NOT TO AMEND THE RECORD AS REQUESTED BY THE STUDENT, THE UNIVERSITY WILL NOTIFY THE STUDENT OF THE DECISION AND ADVISE THE STUDENT OF HIS OR HER RIGHT TO A HEARING REGARDING THE REQUEST FOR AMENDMENT. ADDITIONAL INFORMATION REGARDING THE HEARING PROCEDURES WILL BE PROVIDED TO THE STUDENT WHEN NOTIFIED OF THE RIGHT TO A HEARING AND IS AVAILABLE AT UP POLICY AND PROCEDURE 09-08-01.
- THE RIGHT TO CONSENT TO DISCLOSURE OF PERSONALLY IDENTIFIABLE INFORMATION CONTAINED IN THE STUDENT'S EDUCATION RECORDS, EXCEPT TO THE EXTENT THAT FERPA AUTHORIZES DISCLOSURE WITHOUT CONSENT. ONE EXCEPTION, WHICH PERMITS DISCLOSURE WITHOUT CONSENT, IS DISCLOSURE TO SCHOOL OFFICIAL WITH LEGITIMATE EDUCATION INTERESTS. A SCHOOL OFFICIAL IS A PERSON EMPLOYED BY THE UNIVERSITY IN AN ADMINISTRATIVE, SUPERVISORY, ACADEMIC OR RESEARCH, OR SUPPORT STAFF POSITION (INCLUDING LAW ENFORCEMENT UNIT PERSONNEL AND HEALTH STAFF); A PERSON SERVING ON THE BOARD OF TRUSTEES; OR A STUDENT SERVING ON AN OFFICIAL COMMITTEE, SUCH AS A DISCIPLINARY OR GRIEVANCE COMMITTEE, OR ASSISTING ANOTHER SCHOOL OFFICIAL IN PERFORMING HIS OR HER TASKS. A SCHOOL OFFICIAL HAS LEGITIMATE EDUCATION INTEREST IF THE OFFICIAL NEEDS TO REVIEW AN EDUCATION RECORD IN ORDER TO FULFILL HIS OR HER PROFESSIONAL RESPONSIBILITY UPON REQUEST. THE UNIVERSITY WILL DISCLOSE EDUCATION RECORDS WITHOUT CONSENT TO OFFICIALS OF ANOTHER SCHOOL IN WHICH A STUDENT SEEKS OR INTENDS TO ENROLL. THE UNIVERSITY WILL FORWARD RECORDS ON REQUEST OF ANOTHER SCHOOL.
- THE RIGHT TO FILE A COMPLAINT WITH THE U.S. DEPARTMENT OF EDUCATION CONCERNING THE ALLEGED FAILURES BY THE UNIVERSITY OF PITTSBURGH TO COMPLY WITH THE REQUIREMENTS OF FERPA. THE NAME AND ADDRESS OF THE OFFICE THAT ADMINISTERS FERPA IS:

FAMILY POLICY COMPLIANCE OFFICE
U.S. DEPARTMENT OF EDUCATION
400 MARYLAND AVENUE, SW
WASHINGTON, DC 20202-4605

THE UNIVERSITY MAY ESTABLISH CATEGORIES OF INFORMATION KNOWN AS " DIRECTORY INFORMATION" AND RELEASE THIS INFORMATION WITHOUT STUDENT'S CONSENT, UPON REQUEST. A STUDENT MAY REQUEST, IN THE FORMAT PROVIDED BELOW, THAT THE FOLLOWING CATEGORIES BE EXCLUDED FROM DIRECTORY INFORMATION THAT WOULD BE RELEASED WITHOUT THE STUDENT'S CONSENT IF REQUESTED BY A THIRD PARTY. THE UNIVERSITY DESIGNATES THE PERSONALLY IDENTIFIABLE INFORMATION CONTAINED IN A STUDENT'S EDUCATION RECORD LISTED BELOW " DIRECTORY INFORMATION":

1. THE STUDENT'S NAME
2. THE STUDENT'S ADDRESS, PHONE NUMBER, AND ELECTRONIC MAIL ADDRESS
3. THE STUDENT'S MAJOR FIELD OF STUDY
4. PLACE OF BIRTH
5. THE STUDENT'S ACHIEVEMENTS, DEGREES, ACADEMIC AWARDS, OR HONORS
6. THE STUDENT'S WEIGHT AND HEIGHT, IF A MEMBER OF AN ATHLETIC TEAM
7. THE STUDENT'S PREVIOUS EDUCATIONAL INSTITUTIONS
8. PARTICIPATION IN OFFICIALLY RECOGNIZED ACTIVITIES AND SPORTS
9. DATES OF ATTENDANCE
10. THE STUDENT'S PHOTOGRAPH

WHEN THE OFFICE OF THE UNIVERSITY REGISTRAR RECEIVES A STUDENT'S REFUSAL TO PERMIT THE RELEASE OF " DIRECTORY INFORMATION," NO FURTHER DISCLOSURES ARE MADE WITHOUT THAT STUDENT'S WRITTEN CONSENT (EXCEPT TO PARTIES WHO HAVE LEGAL ACCESS TO STUDENTS RECORDS WITHOUT WRITTEN CONSENT). A STUDENT MAY RESCIND THIS ACTION BY SUBMITTING THE REQUEST IN WRITING TO THE OFFICE OF THE UNIVERSITY REGISTRAR. NOTE THAT THE FOLLOWING PROCEDURES APPLY:

1. STUDENTS MAY REVIEW THEIR EDUCATIONAL RECORDS BY SUBMITTING A WRITTEN REQUEST TO THE RECORD CUSTODIAN IN THE APPROPRIATE UNIVERSITY UNIT. A LISTING OF THE UNIVERSITY OFFICES, WHICH ROUTINELY POSSESS EDUCATION RECORDS OF STUDENTS, ARE SET FORTH IN UNIVERSITY PROCEDURE 09-08-01.
2. STUDENTS MAY REQUEST AMENDMENT OF EDUCATION RECORDS THAT THEY BELIEVE ARE INACCURATE OR MISLEADING, BY SUBMITTING A WRITTEN REQUEST TO THE RECORD CUSTODIAN AND FOLLOWING THE STEPS SET FORTH IN UNIVERSITY PROCEDURE 09-08-01.
3. AS SET FORTH IN UNIVERSITY POLICY 09-08-01, ACCESS TO STUDENT'S EDUCATION RECORDS MAY BE REQUIRED AND PERMITTED BY UNIVERSITY FACULTY AND STAFF FOR LEGITIMATE EDUCATIONAL PURPOSES WHERE ACCESS BY SUCH INDIVIDUALS IS NECESSARY TO COMPLETE THEIR UNIVERSITY-RELATED DUTIES.
4. UPON REQUEST, THE UNIVERSITY WILL DISCLOSE EDUCATION RECORDS WITHOUT CONSENT TO OFFICIALS OF ANOTHER SCHOOL IN WHICH A STUDENT SEEKS OR INTENDS TO ENROLL OR IS ALREADY ENROLLED, SO LONG AS THE DISCLOSURE IS FOR PURPOSES RELATED TO THE STUDENT'S ENROLLMENT OR TRANSFER. THE UNIVERSITY WILL FORWARD RECORDS ON REQUEST OF ANOTHER SCHOOL.

IF YOU CHOOSE NOT TO HAVE " DIRECTORY INFORMATION" RELEASED, COMPLETE AND RETURN THIS FORM TO THE OFFICE OF THE UNIVERSITY REGISTRAR: G3 THACKERAY HALL.

NAME: _____

STUDENT ID# OR LAST 4 DIGITS OF SSN: _____

ADDRESS: _____

I hereby request that no personal information included in "Directory Information" be released

SIGNATURE: _____



Don't break the bank
stocking up your dorm!

Students get
25% OFF
every Tuesday!

Closest locations to you include:

Centre Ave.
5993 Center Ave.
Pittsburgh, PA 15206

South Side
2700 East Carson St.
Pittsburgh, PA 15203

Lawrenceville
160 52nd Street
Pittsburgh, PA 15201
BRAND NEW LOCATION!

* Valid on donated goods only. Cannot be combined with other promotions or discounts. Must show valid student ID to receive discount.

Nurses are innovators.

Are you ready to make a change
that can change the world?

Continue your education at one of the
top-ranked nursing programs in the
United States with an accelerated
second-degree BSN, BSN to DNP, or one of
many graduate options.

Visit
nursing.pitt.edu/degree-programs
or call 1-888-747-0794
for more information.



column

TALK TO YOUR ROOMMATES ABOUT SOCIAL DISTANCING

Leah Mensch

Opinions Editor

It's 2020 — the sex talk is out, and the social distancing talk is in.

In all seriousness, living with roommates means having difficult conversations — usually about cleaning the shower, the obscenely high electric bills and overly loud sexual partners. Pitt should be offering realistic guidance on campus social distancing, but beyond a delusional shelter-in-place plan and a few mentions of podding, administration has again been sitting on its hands.

Proper social distancing and podding — when a small group of people decide to be each other's only contacts — consists of far more than just finding a group and saying, "we're a pod." To actually execute podding correctly and safely, you are going to have to do a lot of personal contact tracing, and you're going to have to have a lot of awkward conversations. One of these conversations has to be with your roommates.

The world of social distancing isn't black and white. Avoiding restaurants, bars and large gatherings is crucial to slowing the spread of COVID-19, but avoiding public gathering spaces alone isn't enough. Social distancing means keeping a 6 foot minimum space between yourself and anyone who isn't part of your family unit — for example, your roommate — or a member of your pod. Social distancing also means

that your social life will not look the same come fall. Or at least, it shouldn't. I wish so much that this wasn't the case, but it is. And if we want to keep each other safe, we have to honor that.

This isn't the semester to meet the acquaintance from your literature class for a cup of coffee to catch up, and this isn't the semester to have a Tinder date over for dinner. If you do decide to do either of these things, it's something you should report to your pod. You should assume that every person anyone in your pod is exposed to, you are also exposed to. So if you are in prolonged, close contact without a mask with someone outside your pod, you should behave as if you're then in contact with everyone they've been in contact with. This is all to say that choices that, in the past, have never affected the people you live with, are now going to really affect the people you live with.

For the most part, you can choose your pod members based on your and their level of comfort. Talk to your friends about who they're seeing, and who the people they are seeing are seeing. Find out if they go to work, and if they're planning to attend in-person classes. Ask if they go to restaurants, and if they are in close contact with high risk individuals. Then, everyone makes a mutual decision on whether or not to see each other. But the one person you have no choice but to pod with is your roommate. And you are likely exposed to everyone that your roommate is exposed to.

If this sounds complicated, it's because podding is complicated.

What you're comfortable with might not be what your roommate is comfortable with. You might have a roommate who is a frontline worker, or you might have a roommate with an autoimmune disorder. You might have a roommate who wants to party, or you might have a roommate who wants to isolate completely. You can't ignore this topic with your roommates, and you're going to have to find a way to pod that makes

See Mensch on page 31



Dalia Maeroff STAFF ILLUSTRATOR

column

STUDENTS, WE NEED TO KEEP EACH OTHER SAFE

Genna Edwards

Senior Staff Columnist

It's Star Wars Episode 9 —The Perilous Return to Campus.

I won't be going to any in-person classes this fall. Phew, I said it. I would love to, of course, but here's the deal plan and simple — Pitt's return plan is, well, delusional. And I don't trust y'all.

Students aren't going to self-quarantine for two unsupervised weeks (key word — unsupervised). Students aren't going to act properly in general, in large part due to the lack of clear and smart planning on the University's part. The point is, no matter how well most students handle the arrival back, there will always be the few that ruin it for the rest of us.

COVID-19 is an all-or-nothing game. Either we all work hard to mitigate risk to our fellow peers, faculty and staff, or one wrong cough and we're done for. Our campus' social network is wide and confusing. Like six degrees of Kevin Bacon, somehow the virus will get to you.

I'd love to urge the University to, well, not reopen, but I am but one small lad whose words won't reach Chancellor Patrick Gallagher's rich, rich ears. Unfortunately, universities in this country are largely focused on bringing in money, like tuition dollars and on-campus

housing payments, and that's why we're seeing so much outright ignorance and blind hope when it comes to the reopening plan for the fall. Money over people, greed over common human decency — but that's a rant about late-stage capitalism for another day.

I'd also love to tell everyone to just stay home, but first-year students are already receiving arrival details and those ridiculous hotels-turned-student-housing have already been lined up. It's too late. I'm writing my will as we speak. (I want my corpse lowered from the ceiling while Smash Mouth's "All Star" blasts through speakers, please.)

With the impending doom of thousands of students from all over the country returning to our already rising-in-cases county in mere weeks, here are my ideas on how we can all protect each other as best we can. I'd put money on it that we'll have an outbreak within two weeks and we'll go all virtual, but until then the goal is to stay as safe as we can under the circumstances.

First off, for the love of a God I don't believe in, wear the dang mask. There's no use arguing with anti-maskers at this point, so I'll lay it out as so many have already done — if the mask works, you can save lives, and if it doesn't work, it's at worst a minor inconvenience. Easy. Done.



Dalia Maeroff STAFF ILLUSTRATOR

FRIDAY NIGHT WITH



Hillel
University of Pittsburgh

Reserve your Shabbat-To-Go kit
and join us for virtual gatherings
online by visiting:
Hilleljuc.org/shabbat



Although our building is closed due to COVID-19, our commitment to providing a safe space and meaningful experiences for every Jewish student does not change. To learn more about our programs or to chat with our staff, visit hilleljuc.org

Hillel
The Edward and Rose Berman
Hillel Jewish University Center
of Pittsburgh

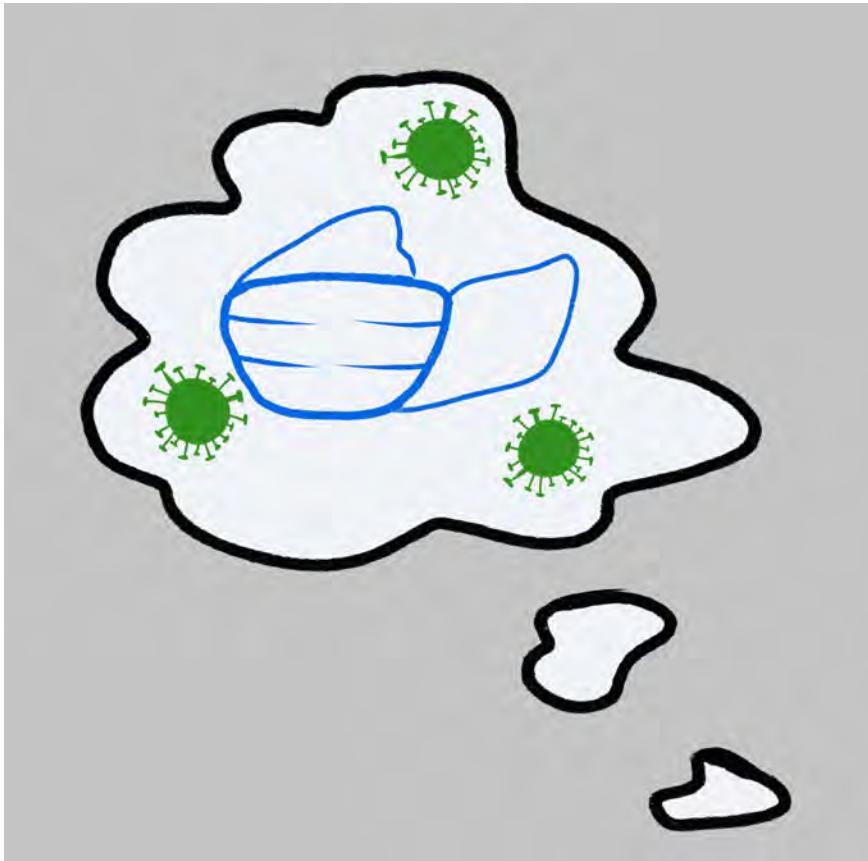
column

AS CAMPUS LIFE RESUMES, COVID-19 ANXIETY INTENSIFIES

Alison Sivitz
Staff Columnist

The past four months have been bleak. I haven't entered a single establishment, all of my grocery orders have been conducted via curbside pickup and my only consistent companion is Iain Stirling — the narrator of "Love Island" U.K. — because he's the only person who can't get voted off and break my heart.

But despite this isolation — and despite COVID-19 cases continually rising across the county — my level of concern and preparedness has not been shared by everybody. The time I've spent making fun of British couples from the comfort of my couch has been spent by many peers breathing heavily at crowded social gatherings and many Pitt administrators breathing heavily while pitching tents. Given this major discrepancy in attitudes toward COVID-19, I — and people like me — am left worrying that, come time to re-enter our poorly



Promiti Debi SENIOR STAFF ILLUSTRATOR



**PREPARE FOR MINISTRY
IN THE WAY OF JESUS**

Explore our Master's and Certificate
programs.
www pts.edu/admit



regulated campus setting, the last few months of isolation and sacrifice will have been for nothing.

These worries can be debilitating, and while I haven't been able to control the behavior of irresponsible peers and administrators, I have figured out a few

ways to curb the bouts of health-related anxiety that result from watching their recklessness. Here are a few ways that you can, too.

Put the phone down

This one's for all the people whose browsers have recently added The New York Times' coronavirus vaccine tracker to their list of most visited sites.

While it's imperative to stay alert and informed about the pandemic, there's a fine line between healthy engagement and "doomscrolling," which leaves our minds "trapped in a vicious cycle of negativity." Limiting phone usage can majorly mitigate this negativity, as constant screen exposure and information influx exacerbate the issue of an already racing brain, leading to sleep disruptions and worsened anxiety.

If possible, start each morning without immediately checking your phone. Just 15 screenless minutes at the top of the day allows our brains to boot up without immediate overstimulation. Not only does this leave us feeling more centered for the rest of the day, but it can promote the processing of information in a more calm and healthy manner. Similarly, stepping away from screens

See **Sivitz** on page 33

Sunday Morning
10:30am
Holy Eucharist
All are welcome!

Trinity Episcopal Cathedral
Easily accessible by bus!
328 6th Ave,
Pittsburgh, PA 15222
facebook.com/trinitycathedralpgh for streaming services
trinitycathedralpgh.org

THEPITTNEWS

FOOTBALL GAMES, MAJOR ELECTIONS, MOVIE RELEASES, CITYWIDE PROTESTS.

COME HELP US REPORT ON HISTORY AS IT HAPPENS.

NO EXPERIENCE? NO PROBLEM.

WE TAKE PHOTOGRAPHERS, STAFF WRITERS, GRAPHIC ARTISTS AND MORE AT ALL LEVELS.

APPLY AT PITTNEWS.COM

PITT SERVES

THE UNIVERSITY OF THRIFTSBURGH: PITT'S STUDENT CREATED AND STUDENT MANAGED THRIFT STORE

FIND US FOR STORE HOURS AND NEWS
universityofthriftsburgh.com

[universityofthriftsburgh](#) [thriftsburgh](#)

SUSTAINABILITY, SOCIAL JUSTICE, AND VINTAGE OUTFITS FOR ALL.



A BICYCLE CO-OP!

..... POSVAR HALL PASS-THRU

The Pitt Bike Cave is a student created and managed bicycle maintenance and teaching shop open to ALL students, staff, and faculty.

NEED MORE BIKE CAVE INFO?

studentaffairs.pitt.edu/pittserves/sustain/bike-cave



@pittbikecave

pittbikecave



column

BROADEN YOUR HORIZONS WITH ONLINE CLASSES

Josh Beylinson
Staff Columnist

When Pitt transitioned to online classes this past spring, many students didn't like the change and were turned off of the idea of online learning. But online classes aren't as bad as they might seem — many seminars and "master classes" are available for free, and even the ones that cost money are much cheaper than any class through Pitt.

During my time at Pitt, I didn't start to explore the world of online classes until last spring semester was over, and I found myself with nothing to do during quarantine. Sure, it was fun to have no responsibilities for a few weeks, but after that, it got old very quickly.

That's when I started taking online classes outside Pitt.

Although these classes aren't for credit, many offer certificates at the end which you can put on your resume. They also allow students to explore and learn about subjects that they would not have been able to if they just focused on their major.

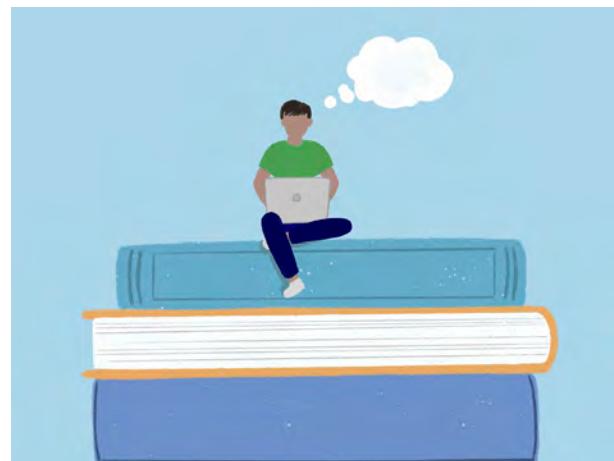
I started taking online classes because I had an internship over the summer that was in a different field than what I was originally planning on going into. When I went into college, I was originally planning on going to law school after

graduation. This internship was in digital marketing, and I accepted it because I was unable to find other internships within government or law.

Since I didn't have much to do over quarantine, I decided to take online classes outside Pitt in digital marketing to better prepare myself for my internship. After taking a couple free courses online that introduced me to the field, I found it to be much more interesting than I originally thought. Once my internship started, I liked it even more, and it made me decide to change my career path to digital marketing.

Even if someone doesn't have an internship lined up like I did, online classes can still be highly beneficial to any student with free time. Not only are online classes much cheaper than classes through Pitt, but they also allow students to go at their own pace throughout the course. While some online classes are offered through other universities, many of them are low-cost and offered by companies to train or teach people within a certain industry. For example, the classes I found were through a private company.

Along with this, it's important for students to explore their interests outside of their majors. Not only will this allow them to broaden the scope of their knowledge, but it will also allow them to apply that knowledge to their own field.



Dalia Maeroff STAFF ILLUSTRATOR

See **Beylinson** on page 34

'MORE MOTIVATED THAN EVER': PITTSBURGH TATTOO SHOPS PERSERVE THROUGH PANDEMIC

Lucas DiBlasi

Staff Writer

Despite the COVID-19 pandemic still raging in the United States, many tattoo shops in Allegheny County are open for business. The shops that survived months of closure reopened to a world where staying 6 feet apart is a necessity for life, while closing that distance to a client is a necessity for their livelihood.

Pittsburgh tattoo artists are navigating the world of socially distanced tattooing and attempting to ensure safety for their clients while coping with the pandemic themselves. Despite a faltering economy, many artists said they've seen a surprising spike in business, a welcome problem that has nevertheless created difficulties in safely keeping up with demand.



Pittsburgh tattoo artists are navigating the world of socially distanced tattooing and attempting to ensure safety for their clients while coping with the pandemic themselves. Kaycee Orwig **ASSISTANT VISUAL EDITOR**

Paul DeMarco, manager and artist at Empire Tattoo on Meyran Avenue, remembers seeing COVID-19 in the news only a few days before having to close.

"It was really sudden," DeMarco said. "We didn't know what to do. We just shut the door, put up a sign, made a few Facebook posts and stayed home for two and a half months."

Other individual artists forged their own paths, even through the sudden change. Susie Humphrey tattooed at Pittsburgh Tattoo Company Downtown for five years before leaving in late February. Humphrey followed through on plans to create Sanctuary, her own private tattoo studio in Lawrenceville, just before the statewide shutdown in mid-March.

"I signed my lease for Sanctuary on

See **Tattoo** on page 23

PANTHER CENTRAL
WE'RE HERE TO HELP!



Submit your photo online and we'll send you your panther ID card in the mail!

Reach out via email or chat day or night!

HAVE A QUESTION?



PANTHER CENTRAL
panthercentral@pitt.edu panthercentral.pitt.edu

Litchfield Towers Lobby 3990 Fifth Ave Pittsburgh 15260
Sutherland Lobby 3725 Sutherland Dr Pittsburgh 15260
412.648.1100 www.pc.pitt.edu

LEARN UKRAINIAN @ PITT
UKRAIN0010, 0020, 0030, 0040, 0410 OR 1901

STUDYING UKRAINIAN CAN BE USEFUL FOR CAREERS IN FOREIGN POLICY, BUSINESS, IT, HISTORY & MORE...

CONTACT SLAVIC@PITT.EDU OR SEARCH SLAVIC.PITT.EDU

Tattoo, pg. 22

March 1, which was terrible timing," Humphrey said. "I'm not only tattooing through a quarantine, I decided to open a business in the middle of a quarantine."

Humphrey brought her clientele with her to her new studio and leaned on their support when she went through her entire savings in January and February.

"I had clientele pre-book appointments and pay deposits," Humphrey said. "I designed T-shirts and did a pre-sale and sold enough T-shirts to cover my rent for May."

Humphrey was not the only tattoo artist who made entrepreneurial advances during the shutdown. Drew Armstrong, a 2019 Pitt alumnus, said he had to reschedule a long-awaited appointment with his artist for a similar reason.

"My artist made a new post that said that the shop she was working at decided to close, so she's opening up her own private studio," Armstrong said.

Other artists survived the two-and-a-half-month shop closures through various other means. Michael Cipollone, who has tattooed as an independent contractor for In The Blood Tattoo studio in South Side for eight years, said he was able to get by on his savings.

"I used my off time to paint and create a lot of new tattoo designs and artwork. I also focused on more cooking, reading and bike riding," Cipollone said. "It was nice to be able to do a hard reset and come back to work energized and more motivated than ever to tattoo."

Aaron Harding, who tattoos for Pittsburgh Tattoo Company, said he also used the time off to work on artistic pursuits.

"I wasn't able to tattoo for over two months, so I tried to keep myself busy by painting signs and skateboards for friends," Harding said. "It was a much-needed break to be honest."

When Allegheny County moved to the green phase of reopening on June 5, tattoo shops opened to what several artists saw as a surprising spike in business. Humphrey has a monthslong waitlist, and Harding said that business has been "crazy."

"It has been absolutely insanely busy since the reopening," Harding said.

The exact reason for the spike in business isn't clear, and several artists speculated as to why there has been an influx of clients. Cipollone pointed out that many people have more free time, and may have also received money from the government that they want to put toward getting a tattoo. DeMarco speculated that there was pent-up demand.

"We have had a wild response to reopening," DeMarco said. "A lot of people want to support small businesses. A lot of our regular clients are like, 'Hey, we're gonna come in and get something.' It's been a little overwhelming."

The influx of business while the pandemic is ongoing poses challenges to the safety of artists and their customers. But Armstrong said he didn't feel that he was taking too much of a risk by getting a tattoo.

"They had these guidelines that only one person would be able to get tattooed at a time and you wouldn't be able to bring any friends," Armstrong said.

Harding said he was worried about the safety of returning to work, but that

worry has waned since coming back.

"We've always maintained a sterile work environment, so not much has changed outside of wearing a mask," Harding said.

Beyond the safety precautions that shops are taking, artists have recommendations for best practices for safely scheduling an appointment. DeMarco recommended wearing a mask and staying home if you'd traveled recently, as did Humphrey, along with a few other recommendations.

"I would definitely say that making an appointment ahead of time is the safest, best way to get any tattoo at any studio, just because you're not walking in on, potentially, multiple people in the lobby and [artists are] prepared for you," Humphrey said.

But even though there has been an influx of business since reopening, many artists expressed concern for their future.

"If there's anything that 2020 has shown us, it's that you can never really plan for anything," Humphrey said. "You have to adapt and change as your environment changes." ■



CATHOLIC CAMPUS MINISTRY

Welcome to the University of Pittsburgh!

We are your home for:

- Mass
- Confession
- Eucharistic Adoration
- Social Events
- Bible Studies
- Retreats
- Service Projects and more!

CONNECT WITH US BEFORE YOU ARRIVE ON CAMPUS!

www.thepittsburghoratory.org/catholiccampusministry

pittnewmanclub@gmail.com



Scan to join the
Newman Club
Fall 2020 GroupMe

@PittPantherCatholic

@pittpanthercatholic



The Pittsburgh Oratory - Catholic Newman Center
4450 Bayard Street | Pittsburgh, PA 15213

UNCERTAINTY HANGS OVER SEASON OF PROMISE FOR PITT FOOTBALL

Ben Bobeck
Senior Staff Writer

For Pitt football head coach Pat Narduzzi, the 2020 season seemed to be the year it all came together. After eight seasons overseeing defenses under now-former Michigan State coach Mark Dantonio, Narduzzi arrived in Pittsburgh in 2015 facing a transitional period with no athletic director while being handed a team struggling to break .500.

A coveted head coaching candidate for his defensive prowess, the 2013 Broyles Award winner — given to the nation's top assistant coach — touted Pitt not as a resumé-builder, but as a long-term project he was committed to. After an offseason where questions were raised over the possibility of Narduzzi returning to East Lansing to fill Mark Dantonio's shoes as the Spartans' head coach, that commitment to the program and his players is clear.

Now, after reaching the ACC Championship for the first time in 2018 to earn his first bowl



The Panthers hope to take another step toward the ultimate goal set by head coach Pat Narduzzi to add a 10th national title to a trophy case barren of recent additions. **TPN FILE PHOTO**

win as the Panthers' head coach, the time has come for that project to take another step forward toward what Narduzzi has boldly set as the ultimate goal — a 10th national title to add to a trophy case barren of recent additions.

Hopes for this season must include a disclaimer — a recognition that this season of promise may not happen, and for good reason. The current state of the world is fragile, ever-changing as rapidly as seems possible. A full college football season starting five months into a global pandemic is far from a sure thing, according to officials around the sport.

A world where the NCAA, an organization facing challenges to its authority — as questions about its regulation of likeness and image profiting are examined by governments of all levels — is able to ensure the safety of its student-athletes and the countless others so vital to the operation of a standard season is in question.

The example set by the "bubble"-averse
See **Football** on page 25

Pitt Telefund

30 open positions for
Fundraising Representatives - Student Callers
Starting salary of \$8.50/hr
Contact alumni, faculty, staff, parents, friends to spread the good news about the university and secure donations to Pitt!

Flexible Hours, Opportunities for Promotions

Apply on PittWorx.com

University Center for Teaching and Learning

Teaching Survey

Student feedback is important.

The Office of Measurement and Evaluation of Teaching (Omet) midterm and end of term surveys.

Go to <https://teaching.pitt.edu/omet/> for more information.

teaching.pitt.edu/omet • teachingsurvey@pitt.edu

Football, pg. 24

MLB does not inspire any confidence in college football's — a sport with vastly larger teams and operating staffs — ability to keep those involved healthy.

There will be complications. There may very well be teamwide spikes. How individual institutions, their conferences and the NCAA as a whole regulate activities for the next month will be crucial in seeing how much of this season is actually played out on the fields, rather than the imaginations of fans in perpetuity.

OPPONENTS

As a result of the pandemic, the ACC conference revised its football schedule to feature 10 conference matchups, plus an additional non-conference matchup to be played with restrictions on possible opponents. The ACC will also integrate the normally independent Notre Dame into official conference play this year in exchange for revenue sharing of ND's home television deal with NBC and the Irish becoming eligible for the ACC Championship Game.

Pitt had dropped two of three non-conference games, with Miami (OH) retaining the lone remaining spot before the MAC conference suddenly announced the postponement of all fall sports Aug. 8, leaving Pitt temporarily without a

nonconference opponent. In conference play, the Panthers will no longer play Duke, Virginia or North Carolina in the regular season while adding matchups against 2018 ACC title game foe and perennial powerhouse Clemson, as well as Louisville, NC State and Boston College.

Games versus UVA and Duke made the Panthers' schedule slightly more favorable before the adjustment. While adding perennial power Clemson, as well as a surging Louisville program, will toughen the schedule, both games are challenges this Pitt team will relish.

DEFENSE

As the Spartans' defensive coordinator, it took Narduzzi five seasons to construct a defense that ranked in top half of the Big Ten conference. In that same time frame at Pitt, it seems he has rebuilt Pitt's defensive unit to a similar level — the Panthers defense finished the 2019 season 38th in the nation in scoring defense, 14th in total yardage allowed and tied for best in the nation with 51 sacks.

Led by Preseason All-Americans DT Jaylen Twyman and S Paris Ford, as well as six other returning defensive starters including DE Patrick Jones II and fifth-year S Damar Hamlin, Narduzzi has established a deep defensive squad ready to elevate itself even further. Besides the defensive leaders in Twyman, Hamlin, Ford and Jones, Pitt's recruiting and player development

has yielded depth across most position groups, especially on the defensive line.

Given their injury-shortened 2019 seasons, veterans DE Rashad Weaver and DT Keyshon Camp haven't received the same attention as Twyman and Jones, but will look to bounce back with an even more overstated impact. In rotation, Rome native Haba Baldonado will provide meaningful contributions when either Jones or Weaver leave the field.

There is no doubt that this group of defensive backs, with Jason Pinnock and Damarri Mathis at cornerback, plus the elite duo of Ford and Hamlin, has incredible talent. Whether the discipline rises to a level where it's apparent game in and game out is yet to be seen. The aggressive man-style of play preached by Narduzzi and the rest of the defensive staff has contributed to Pitt ranking as No. 119 in the nation in penalty yardage in 2019.

OFFENSE

The more significant question marks emanating from Narduzzi's tenure at Pitt come on the offensive side. After cycling through three offensive coordinators in the past four years, the Panthers' offensive outlook was bleak at times. Since Matt Canada's 2016 offense averaged 40.9 points and nearly 450 yards of offense per game, Narduzzi has been searching for offensive output that matches the defensive capabilities of this Pitt

team.

In Mark Whipple's first season as Pitt's play-caller and offensive coordinator last year, the Panthers actually declined in points per game from 25.6 to 21.2, as well as turnover margin down from +2 to -8, despite a dramatic change in scheme. After putting up 228 yards of rushing offense per game in 2018, the Panthers dropped to just 119 yards rushing per game, while increasing their average passing from 142 yards to 262 yards per game.

Much of Pitt's success will be determined by whether the intense defensive play will be matched by offensive production, led by senior QB and three-year starter Kenny Pickett. Pickett's growth as a facilitator has been nominal since bursting onto the scene as a true first-year in an upset of then No. 2-ranked Miami. But the New Jersey native is primed for a breakout senior season after a second offseason learning from the experienced Whipple and adjusting more to the pass-heavy scheme.

Despite the graduation of top receiving target Maurice Ffrench, Pickett will not be short of options with new weapons all around, as well as a more experienced offensive line in front of him.

*Find the full story online at
pittnews.com*



The best thing about memories is making them



Help make a difference in a child's life, earn money towards your work study, and connect with the community!



Apply today at my.jstart.org/apply/

THE PITT NEWS

Editor-in-Chief

JON MOSS

editor@pittnews.com

News Editor

REBECCA JOHNSON

news@pittnews.com

Sports Editor

ALEX LEHMBECK

sports@pittnews.com

Visual Editor

SARAH CUTSHALL

visuals@pittnews.com

Online Editor

CHRISTOPHER FLORES

cwf24@pitt.edu

Ashton Crawley | Assistant News Editor

Martha Layne | Assistant News Editor

Paige Lawler | Assistant Opinions Editor

Stephen Thompson | Assistant Sports Editor

Kaycee Orwig | Assistant Visual Editor

Nathaniel Kohler | Multimedia Editor

Managing Editor

MARY ROSE O'DONNELL

managingeditor.tpn@gmail.com

Opinions Editor

LEAH MENSCH

opinions@pittnews.com

Culture Editor

CHARLIE TAYLOR

culture@pittnews.com

Layout Editor

MARIA DOKU

editor@pittnews.com

Copy Chief

MAGGIE YOUNG

tpncopydesk@gmail.com

Sarah Stager | Assistant Copy Chief

Copy Staff

Parker Ackerman Lydia Chlpka

Riley Kleemeier Kellan Kolar

Jane Patz Nick Rivera

Digital Staff

Megan Williams | Digital Manager

Ryan Yang | Online Visual Editor

Lydia Chlpka | Audience Engagement Editor

SpecTennis FREE

Spec Tennis is a fast-paced, easy to learn game played on a pickleball court. It combines the best components of popular racquet sports and is a blast for all ages and skill levels.

Esports FREE

Compete against your fellow Panthers in FIFA 20, Madden 20, NBA 2K20, NHL 20, and Rocket League using your personal Xbox One, PS4, or PC Systems

Registration will take place on IMLeagues.com/pitt



Campus Recreation
Student Affairs

STAY CONNECTED!



rec.pitt.edu



@pittcampusrec



@PittCampusRec



@PittCampusRec



Pitt Campus Recreation

Fitness and Wellness

- Group Exercise Classes
- Personal Training

Virtual Fitness & Resources FREE

- Online Fitness Classes
- Trainer Talk Q&A
- Exercise Technique Instruction

Editorial Policies

Single copies of The Pitt News are free and pittnews.com. The Pitt News reserves the right to edit any and all letters. In the event of multiple replies to an issue, The Pitt News Board, c/o student media adviser, 435 William Pitt Union, University of Pittsburgh, may print one letter that represents the majority of responses. Unsigned editorials are Pittsburgh, Pa. 15260.

Opinions expressed herein are not necessarily those of the students, faculty or University administration. Opinions expressed in columns, cartoons and letters are not written and student-managed newspaper. The Pitt News is an independent, student-letter intended for publication must be addressed to the editor, be no more than 250 words and include the writer's name, phone number and University affiliation, if any. Complaints concerning coverage by The Pitt News, after first being brought to the editor, may be sent via e-mail to editor@pittnews.com, at 434 William Pitt Union, University of Letters.

The Pitt News reserves the right to edit any and all letters. In the event of multiple replies to an issue, The Pitt News Board, c/o student media adviser, 435 William Pitt Union, University of Pittsburgh, may print one letter that represents the majority of responses. Unsigned editorials are Pittsburgh, Pa. 15260.

Business Manager

ALEXANDRIA REA

advertising@pittnews.com

Account Executives

AMANDA SWARTZ

EMILY GALLAGHER

MAGGIE CARLSON

Sales Manager

PAIGE ERITZ

Marketing Manager

Production Manager

JENNA CLARIN

JOSLYN FERGUSON

UNIVERSITY COMMONS
WALNUT CAPITAL

NOW LEASING FOR THE 2020-2021 SCHOOL YEAR

WELCOME BACK!

NOW LEASING 1, 2, 3, & 4 BEDROOM APARTMENTS
close to campus | off-street parking available

LIVEATUCOMMONS.COM | 412.419.2526

Find more Welcome Back stories online at pittnews.com

News

[Meet the Editors](#)
[Engineering fall plans](#)
[Humanities fall plans](#)
[Summer news roundup](#)

Culture

[Meet the Editors](#)
[Staff Picks: Albums for the commute](#)
[What will it take to grow Pittsburgh's film industry?](#)

Opinions

[Meet the Editors](#)
[The importance of uplifting student artists during a pandemic.](#)

Sports

[Meet the Editors](#)
[Summer sports roundup](#)
[Men's soccer preview](#)
[Women's soccer preview](#)

Meet the Digital and Visuals editors, Copy Chiefs, managing editor and EIC



Pittsburgh's Coolest Vinyl & Hi-Fi Store!

- Turntables • Speakers
- Amplifiers • Vinyl
- Streaming Players

3003 Babcock Blvd.,
Pittsburgh, PA 15237
(412) 223-9747

20% OFF ALL ELECTRONICS for PITT students with this coupon.

Must present coupon in store along with valid Pitt student ID.
Not valid with any other offers or use of gift cards.
Not valid with Sonos. Tax not included. One coupon per party, per visit.
Not valid with on-line ordering. Reproductions of coupons not valid.
No cash value. Offer valid through 12/31/20.

Tonight, pg. 10

by sketches and a few tunes played by its very own house band, "The Allies of the Boulevard." The show also features live musical performances by local artists and interviews with Pitt students and faculty, as well as notable individuals from the Pittsburgh region.

From University higher-ups like Chancellor Patrick Gallagher to local celebrities like Curt Wootton, known for his YouTube series "Pittsburgh Dad," a myriad of people have sat on Pitt To-

night's guest couch, something Dow said can bring out a new side of them.

"You can see a Pitt administrator give the same speech 1,000 different ways, but you'll never get to see them the way you see them on Pitt Tonight," Dow said.

In a completely virtual format, Roth said Pitt Tonight would interview people in the Pitt and Pittsburgh communities — and perhaps beyond — and create sketches to upload to their YouTube channel, where viewers would be able to watch content in short bursts or a binge. As far as music, Roth said they want to showcase artists via livestreamed perfor-

mances, starting with "The Allies of the Boulevard," and possibly reaching out to other Pittsburgh artists later in the season.

Roth, a rising senior marketing and supply chain management double major who joined the show's marketing staff as a first-year, also said the Pitt Tonight staff wants to continue the show regardless of circumstances so they can continue to carry out the original vision started by Irwin in 2015.

"At the end of the day we just want to be a powerful welcoming force in the Pitt community and in the greater Pittsburgh



Victoria Chuah, will take over as host for season six of Pitt Tonight. Courtesy of Victoria Chuah

community," Roth said.

While the audience's laughter may seem effortlessly provoked, it takes the month-long labor of around 60 students working behind the scenes to bring each episode of Pitt Tonight to life, who do everything from writing jokes weeks in advance to handing out event flyers days before the event.

Roth said to her, Pitt Tonight's importance extends beyond bringing laughter to campus — it's also a means of self-expression for the people who work on it.

"The environment provides you with the space to be yourself and not be afraid that you're going to be judged for it," Roth said. "It made me more comfortable expressing how I feel, even if it's not in the majority opinion."

In regards to content, Chuah said she wants to incorporate more games into the upcoming season, like those emulating Vanity Fair's lie detector series. Chuah also said she wants to highlight more of Pitt's professors and maybe even the owners of local businesses, such as Fuku Tea.

"I love Fuku Tea," Chuah said. "[The owners] don't know who I am, but I'm there way more than most people."

Regardless of what season six of Pitt Tonight looks like, Dow said he believes it will be one Pitt students won't want to miss.

"I have all the confidence in the world that her season of Pitt Tonight will be the best one we've had so far," Dow said. ■



FIRST EVER

The Dietrich School's TRIO Student Support Services (SSS) team has one purpose: helping first-generation and low-income students make the most of their time at Pitt.

SSS is your one-stop shop for resources: Peer mentors to show you the ropes, an academic advisor to help you succeed, faculty mentors, career counseling, and a group of like-minded friends.

asundergrad.pitt.edu/trio-sss



highest conference winning percentage will play in the ACC Championship on either Dec. 12 or Dec. 19 in Charlotte, North Carolina.

After the season, all of the teams would follow the conference's bowl selection protocol, including Notre Dame. All of the teams' TV revenue, including all of NBC's coverage of the Fighting Irish, will be split equally among the conference's 15 teams.

Pat Narduzzi's Panthers came away with a tough draw from the new ACC schedule. Pitt will host Louisville, NC State, Notre Dame, Syracuse and Virginia Tech at home. They'll hit the road and travel to Boston College, Clemson, Florida State, Georgia Tech and Miami. From their original schedule, Pitt lost mediocre opponents in Virginia and Duke, while adding conference heavyweight Clemson.

Pitt will still play the Fighting Irish, but in the new format it will count towards their ACC record. Pitt had salvaged a non-conference game from their original schedule, opening the season with Miami (OH) at home, but the MAC's sudden decision to postpone all fall sports seasons has left Pitt's schedule temporarily incomplete while they search for a replacement.

These announcements have made Pitt's road to a potential ACC championship in a promising year more difficult. Not only will they face a tougher schedule, but they will have to compete with teams like Clemson and Notre Dame for a top-two finish. In previous years, the weak Coastal Division gave struggling teams like Pitt a chance in the fight, while the conference's best teams faced each other in the Atlantic.

Fall olympic sports

As part of the ACC's plan, fall olympic sports will begin play on Sept. 10.

Each team would play within the conference the minimum number of games required by the NCAA for their sport. Schools could then schedule more games with conference or non-confer-

ence opponents, but any conference opponents played out of the mandated schedule would not count toward the ACC standings. The additional games are at the school's discretion and must meet ACC medical standards.

Winter and spring olympics sports that participate in fall competition, such as softball and baseball, will not be able to play in the fall this year.

It remains to be seen exactly how the new schedule plan affects Pitt's olympic sports teams, in particular volleyball.

Despite going 29-1 in the regular

season, Pitt volleyball did not receive a top-five seed going into the NCAA tournament last year, due to the lack of quality ACC competition. If Pitt plays the required amount of matches within the ACC (10), but cannot schedule many out-of-conference teams, it could once again hurt Pitt's chances in the postseason.

The team is still poised to win their fourth straight conference championship in the fall, but coasting through a conference-only season wouldn't prepare them for the elite opponents they'd

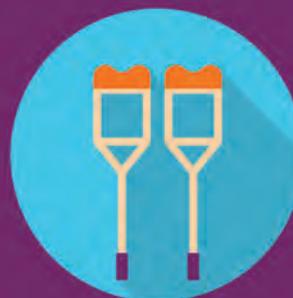
have to face in the NCAA tournament.

Bottom line

We still don't know the true fate of fall sports. These updates are only a preferred schedule, operating under the hope that college sports will resume in the fall. It clarifies nothing about how games will be conducted safely, nor if there will be fans in stadiums.

But it does mean that the ACC is taking a step forward in acknowledging some of the many changes that will have to occur for college sports to exist in the coming months. ■

If it feels urgent, it's probably urgent.



Walk-ins
welcome.



We treat
illness & injury.



Open daily
9 a.m. - 9 p.m.

Shadyside: 5231 Centre Ave., Pittsburgh, PA 15232 | 412-623-4114

Free parking is available from Baum Boulevard.



UPMC accepts most major insurers. To protect patients and staff, we provide thorough screening and follow rigorous cleaning protocols.

For more information, visit UPMC.com/UrgentCare.

**UPMC | URGENT
CARE**

Cooking, pg. 14

"That doesn't necessarily mean that you need to eat the same thing every single night," Kleiber said. "Think about something that you can make for dinner in advance when you know you're going to be tired and hungry after class or practice."

Kleiber recommended cooking staple foods such as veggies, starches and proteins in batches and then eating them in different ways throughout the week. She suggested repurposing chicken in wraps, tacos or as a main meal with a side of veggies.

"There are so many possibilities when you have things cooked and portioned out already," Kleiber said. "My rule is 'cook once and eat twice' — when you batch-cook food and divide it up, it's super easy and you don't have to eat the same thing everyday."

Kleiber noted that when cooking most proteins, such as poultry and beef, you should check the temperature with a meat thermometer to ensure that the meat is cooked thoroughly. She also recommended eating meat within seven days of cooking it and takeout leftovers within 48 hours to ensure freshness and food safety.

Although batch-cooking can require some sort of oven or stove, students with only a mi-

crowave can find ways to cook meals as well. Emma Porter, a rising sophomore biology and psychology double major, swore by the Fasta Pasta, a Tupperware-like container that allows her to cook pasta quickly in her microwave for an easy dinner.

"I bought the Fasta Pasta and it was the best investment I've ever made," Porter said.

"I used my meal plan to buy uncooked pasta and spaghetti sauce from the [Forbes Street Market], and then I could cook any type of noodle I wanted in my dorm."

Once she cooked her pasta, Porter used Pyrex containers for leftovers. She said this way, if she made too much food, she could always re-

heat it another day or bring some with her on the go.

Archisha Ghosh, a rising sophomore molecular biology major, also had tips for students in small dorms. She recommended always keeping snacks around, such as dried fruit and nuts, so you don't have to leave your room everytime you want something to eat.

She also advised eating a quick microwave meal, such as instant oatmeal, for something hot and simple in the morning. According to Ghosh, a mug cake is also a great way to celebrate a birthday without the hassle of baking something yourself.

"On my roommate's birthday, I just bought her a mug cake and popped it in the microwave for her," Ghosh said. "It honestly turned out pretty good and it was really easy."

Ghosh also suggested that students pack appliances and utensils lightly, especially if they are living somewhere very small like Litchfield Towers.

"There's not much you can do or much you can cook, so you just need to bring the basic stuff to avoid overloading yourself and you'll probably save some space that way too," Ghosh said.

"I honestly think that you can do a lot with just a plain bowl or plate." ■

Discrimination shouldn't stop you from living where you want.

Whether you're renting or buying, Pittsburgh City Code makes it illegal for a housing provider to treat you differently because of your race, color, religion, sex, sexual orientation, national origin, place of birth, ancestry, citizenship or immigration status*, preferred language, familial status, gender identity or expression, status as a survivor of domestic violence, or disability.



If you believe you've experienced housing discrimination, contact the City of Pittsburgh Commission on Human Relations.



- @PghCHR
- 412-255-2600
- pittsburghpa.gov/chr
- human.relations@pittsburghpa.gov



*There are limited citizenship and immigration exceptions for federal housing and mortgage programs.



UNIVERSITY OF
PITTSBURGH

in partnership with



www.cityreformed.org

Mensch, pg. 18

both of you comfortable. If your roommate is immunocompromised, then you need to consider this before making decisions about podding. If your roommate wants total isolation and you don't, then you need to find a compromise.

It's important, too, to make space for your roommates to be honest. If you do mess up and go to a party, if you hook up with a random person or find yourself in close contact with someone outside your pod, you want to be able to tell those inside your pod — especially your roommates — without fear of retaliation.

Though certainly not ideal, some people have been able to isolate from others in their household unit. The main problem with this strategy is that scientists believe people with COVID-19 are most contagious one to three days before they begin showing symptoms — so you probably wouldn't know that your housemate was infected at all.

Living with a roommate might mean that you can't see absolutely everyone you want to see face-to-face. This is just a sacrifice that we're going to have to make right now, to keep each other safe. There are ways to see people outside your pod and mitigate risks. Always wear a mask, and meet outside. While the weather is nice in late summer and fall, consider having a picnic or going for a walk in the park. Try to choose a time where the area isn't going to be crowded with bikers and joggers — and be diligent about maintaining the 6 foot distance from your friend.

Understand that there's no way to guarantee 100% safety, but that's no reason to drop your guard about podding, about communicating with your roommate about their comfort levels and whereabouts. It's going to feel awkward — but by doing your part, you're helping make the entire community a slightly safer place.

Understand that by choosing to return to campus, you're likely going to be at a higher risk of contracting COVID-19 than you were living at home. You get to decide if you're willing to take the risk. But you still need to do your part to keep those around you safe. Talking to your roommate is one of the most important steps. ■

Leah Mensch writes primarily about literature, houseplants and the spices of the world. Write to Leah at LEM140@pitt.edu.

VISIT US ONLINE AT WWW.PITTNEWS.COM



Rentals to fit your life.

Sizes range from efficiency to 4 bedroom
(412) 441-1400 • lobosmanagement.com



BOUQUET - 326-332 S BOUQUET ST.

- Desirable South Oakland Apartments
- Features: Spacious layout, central air, laundry in the building and off-street parking



SAXONY - 229 N. CRAIG ST.

- Convenient location close to campus
- Features: central air, dishwasher, 2 bathrooms and balcony in some units, elevator, laundry, garage parking available



ROYAL WINDSOR - 222 MELWOOD AVE.

- Features: A/C, near bus stops, laundry, off-street and garage parking available
- In the heart of North Oakland



MELWOOD CENTER - 316-334 MELWOOD AVE.

- Pitt shuttle stop in front of the building
- A/C, laundry, updated kitchens, outdoor space available, off-street parking available



BIGELOW - 3877 BIGELOW BLVD.

- Completely updated, luxury apartments
- Features: Central Air, bamboo hardwood floor, granite countertop, laundry in unit and 1.5 bathrooms

Don't prance around hooking up with whoever you want under the guise that we're in our late teens or early twenties and the virus may not have as adverse effects on us. People our age have indeed been hospitalized and died. You don't know who's immunocompromised or whose roommate or friend is immunocompromised. Just don't download Tinder. There are so many other reasons not to download Tinder but, hey, here's a public health reason!

Don't go to the bars. I don't care if they open back up. I don't care if you are so thirsty you're about to shrivel up and die in the middle of the South Side. Bars and restaurants are a major reason Allegheny County's cases went up again. Don't be those people.

If you're going to an in-person class, be more mindful than you've ever been before. Our professors and staff are the ones most at risk here, and I hate that they are having to weigh whether to step foot on campus. This is not about you — this is about them. Be compassionate, wear the mask, wash your hands, don't

go to class if you feel even the tiniest tickle in your throat. I'd say don't go to in-person classes at all, ideally. I sure as heck am not. Their lives depend on it.

As much as you're going to want to party, don't. You will hear the commotion in South Oakland, as I already have, and you need to ignore it. To the people hosting these parties, I don't even know what to say to you. I doubt you're reading this as that would require working brain cells, but if you are, please cut it out. Some eager first-year students are going to show up, drink your subpar jungle juice, and then infect their elderly

stats teacher. If you don't want blood on your hands, shut it down.

Practice social distancing. I know we're all excited to be back in the same timezone as our friends, but there's no need to hug your homies when you spot them in front of Cathy. Blow them a kiss from afar. Tell them they look smashing in their new kicks. I get that we're all horny, but no touching. No. Touching.

In general, just be kind. Think about all the other people with whom we share Pittsburgh. As students, this isn't our city. We need to be even more careful — the lives of locals are at stake, the people who work at the grocery stores and gas stations. The people who clean our classrooms. That family down the block with the adorable four-year-old. This whole situation is wildly unfair to all of them and shouldn't ever have happened in the first place, but as I said, it's too late.

Let's do as much as we can to keep each other safe. We do indeed owe it to each other. ■

Genna Edwards writes about culture, media and gender for The Pitt News. You can reach her at gee9@pitt.edu.

Study Lab Remote

asundergrad.pitt.edu/study-lab

Study Lab provides the tools and resources you need to discover the most efficient and effective ways for you to study, both on campus and online.

- One-on-one virtual tutoring sessions
- Online academic coaching
- Tools and resources on demand
- Video tutorials from peer tutors

University of Pittsburgh
Dietrich School of Arts and Sciences

Ali Baba's
AUTHENTIC MIDDLE EASTERN FOOD
SINCE 1972

LUNCH M - F
DINNER M - SU

FRESH PRODUCE
ELYSIAN FIELD LAMB
GRILLED CHICKEN
GREAT SANDWICHES
VEGAN, VEGETARIAN,
GLUTEN FREE OPTIONS

404 S CRAIG ST
412 682 2829

for an hour or two before bed can help relax the mind and minimize sleep disruptions. We're all living the same waking nightmare, and nobody needs to be dreaming of COVID-19.

Talk to the people around you

Or, as the "Love Island" contestants would say, "have a chat." Seriously — a great way to keep unwanted anxieties from consuming your mind is to vocalize them, so don't hesitate to communicate with your loved ones. Speaking about your internal doom makes it feel far less chaotic and daunting than when it's violently swirling around in the ol' brain. Plus, according to Pepperdine University psychologist Steven Sultanoff, maintaining communicative relationships is one of the best ways to cope with stressful situations.

For those moving back to Oakland, communal living may turn into a major source of anxiety and stress. Take a bit of time to sit down with all your roommates and discuss sanitation, social distancing and any aspect of campus life that may be weighing on your mind. Although talking through the anxieties, expectations and logistics of returning to campus can't fix the current reality, it can put everybody on the same page and make your concerns feel heard.

Email everybody

Although the logistics of fall classes remain up in the air, we still have the power of Microsoft Outlook on our side. During this period of uncertainty, reaching out to professors and advisers is a great way to communicate anxieties while better understanding how each class is set to operate. Instructors share similar concerns, and talking through a game plan may help them make sense of reality, as well.

It's also worth noting that health-related anxiety does not exist in a vacuum — it's directly related to and worsened by more general anxiety. Because of this, maintaining a dialogue with professors will make this new-age instruction feel more manageable than daunting.

Stay safe

Here's the truth — many students and faculty are immunocompromised or, at least, are in frequent contact with someone who is. Due to my personal situation, this is a huge contributor to my COVID-related anxiety.

If returning to campus will severely increase the risk for you or an immunocompromised person in your life, it may be worth considering the actual feasibility of a physical return. Obviously, this isn't always an option for those with

strained home lives or financial complications. But since Pitt has provided the option to proceed with remote instruction, it may be a smart move for some students to stay home. Anxiety is a protective response, and the best way to curb it is by trusting your gut. If you or a loved one is particularly vulnerable — or if you simply feel too apprehensive to return to Oakland or in-person instruction — it may be worthwhile to ditch campus life in favor of genuine peace of mind.

Ultimately, we're all doing our best, and health-related anxiety is a product of this moment's uncertainty. So, regardless of what the future holds, just focus on the things you can control, like communicating, social distancing, sanitizing and wearing a mask. And please, remember to breathe. But not too heavily. And not on me. ■

Alison Sivitz writes about pop culture and politics. Follow her on Twitter @ali_sivi. Write to her at aes161@pitt.edu.

University of Pittsburgh

Office of Diversity and Inclusion

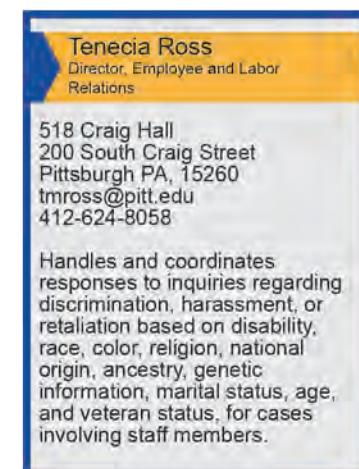
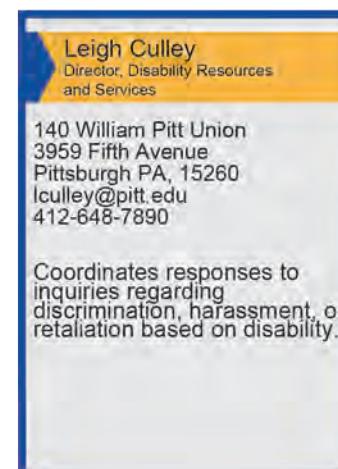
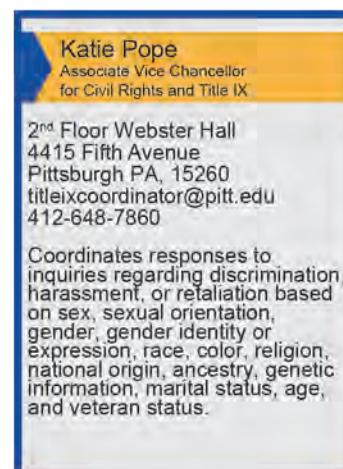


The University of Pittsburgh, as an educational institution and as an employer, does not discriminate on the basis of disability, race, color, religion, national origin, ancestry, genetic information, marital status, familial status, sex, age, sexual orientation, veteran status or gender identity and expression in its programs and activities.

The University does not tolerate discrimination, harassment, or retaliation on these bases and takes steps to ensure that students, employees, and third parties are not subject to a hostile environment in University programs or activities.

The University responds promptly and equitably to allegations of discrimination, harassment, and retaliation. It promptly conducts investigations and takes appropriate action, including disciplinary action, against individuals found to have violated its policies, as well as provides appropriate remedies to complainants and the campus community. The University is committed to taking prompt action to end a hostile environment if one has been created, prevent its recurrence, and remedy the effects of any hostile environment on affected members of the campus community.

For complete details on the University's Nondiscrimination, Equal Opportunity, and Affirmative Action Policy (07-01-03) and Sexual Misconduct Policy (06-05-01), please visit the Policies, Procedures, and Practices page.



Beylinson, pg. 21

Many other disciplines have valuable knowledge that can be used in creative ways.

For example, learning about keyword research while taking digital marketing classes has helped me a lot when I'm researching for an article I want to write. Keyword research is important because it allows me to learn about what people are searching on search engines, so I know what topics are popular at the moment. I've also learned how to write concisely, how to tell a story and how to get straight to the point. There are so many ways to apply knowl-

edge from other fields to your work. Along with that, any certificates you gain from these classes can be used to distinguish yourself from other people in your major.

By learning about other fields, you learn more about what you're interested in and are able to look at internship or job opportunities that you hadn't considered before. Many students don't get a chance to explore all their interests in high school, and it's impossible to know what you want to do with your life until you truly try it. There are online classes for anything you can think of — there are dozens of free classes out there that can help you just with

your writing alone.

Taking online classes doesn't only have to be for academic subjects or professional skills, either. Online classes also cover a variety of hobbies and life skills such as cooking and drawing. Many channels on YouTube teach these skills as well, but for a more in-depth experience and classes taught by known professionals, there are even better options such as Masterclass. These classes are inexpensive and are taught by some of the best people in their respective fields.

This year we are also dealing with the unprecedented consequences of COVID-19. Many students won't be able to engage in as

many extracurricular activities and will have more time on their hands than they usually do. Online classes are a great way to fill your time as you can complete them from the comfort of your home.

To make the most out of your time in college, take online classes outside Pitt. Since we aren't able to do nearly as much around campus because of COVID-19, take this time to learn as much as you can. ■

Josh is a junior, and a fellow at CAMERA on Campus. He writes primarily about domestic and international politics. Contact him at jab515@pitt.edu.

LOOKING FOR A WAY TO GAIN REAL WORLD SALES EXPERIENCE? APPLY TODAY!

MULTIMEDIA SALES ACCOUNT EXECUTIVE • BUSINESS MANAGER • SALES MANAGER

MARKETING MANAGER • INSIDE SALES STAFF

WE MEAN BUSINESS ...

Because The Pitt News receives no money from the University, it's up to our business division to sell multimedia advertisements in the newspaper. So we blanket the area with salespeople whose work pays the newspaper's bills - and also puts commission money in their own pockets. Account Executives can make an average of \$200-\$1,000 per month.

The experience is invaluable: Working for the business and sales division provides you with hands-on experience in business, sales, communication, customer service and more. You'll make sales presentations, conduct cold calls and build rapport with business owners and advertising agency personnel.

THEPITTNEWS

EMAIL BUSINESS MANAGER, ALEX REA (AJR178@PITT.EDU) FOR MORE INFORMATION



Classifieds

INDEX	RENTALS & SUBLET	EMPLOYMENT	FOR SALE	SERVICES	NOTICES	RATES	Insertions	1X	2X	3X	4X	5X	6X	Add.
	NORTH OAKLAND SOUTH OAKLAND SHADYSIDE SQUIRREL HILL NORTHSIDE BLOOMFIELD ROOMMATES OTHER	• CHILD CARE • FOOD SERVICES • UNIVERSITY • INTERNSHIPS • RESEARCH • VOLUNTEERING • OTHER	• AUTO • BIKES • BOOKS • MERCANDISE • FURNITURE • REAL ESTATE • PETS	• EDUCATIONAL • TRAVEL • HEALTH • PARKING • INSURANCE	• ADOPTION • EVENTS • LOST AND FOUND • STUDENT GROUPS • WANTED • OTHER	1-15 Words <small>(Each Additional Word: \$0.10)</small>	\$6.30	\$11.90	\$17.30	\$22.00	\$27.00	\$30.20	+\$5.00	
						16-30 Words	\$7.50	\$14.20	\$20.00	\$25.00	\$29.10	\$32.30	+\$5.40	

Deadline: Two business days prior by 3pm | Email: advertising@pittnews.com | Phone: 412.648.7978

FOR RENT

NORTH OAKLAND

3 Bedroom, 2 Baths, 2nd Floor apartment. Laundry in basement. Walking distance to Pitt/CMU. \$1,800/mo. +utilities North Oakland location. "Country in the City". Call 412-999-3112.

4/5 BR, 2-1/2 BA houses. Newly renovated, fully

furnished, near Pitt Dental School, Carlow University. Laundry services available. \$600/mo per unit, UTILITIES INCLUDED! Available immediately or August 1. Chris 412-656-5693.

SOUTH OAKLAND

1 or 2 BR first floor apartment. Furnished or unfurnished. Free parking, washer/dryer. Hardwood floors, kitchen, dining room, liv-

ing room. Shuttle stops at door. \$1,000/mo plus gas/electric. Call 412-818-9735 or email apartments@vincerentals.com

Dawson Village Apts. near CMU and Pitt. One bedroom apts. \$935 + electric. Available for immediate move in. On bus line, close to restaurants & shops. Contact Garrett at 724-759-5164

SHADYSIDE

Brett/Thames Man-

or Apts. (Ellsworth & S. Negley Ave.) near CMU and Pitt. Studio, One, Two bedroom apts. Thames Efficiency: \$790 Thames 1BD: \$990 Brett 2BD: \$1600 Available for immediate move in. On bus line, close to restaurants & shops. Contact Garrett at 724-759-5164

RENTAL OTHER

1BR/1BA first floor apartment in private residence.

Dishwasher, free washer/dryer, hardwood floors, fireplace, bedroom AC. Porch, Patio w/grill. Parking, storage, near busline. \$695+utilities. WiFi available. AVAILABLE IMMEDIATELY! 412-608-5729.

SERVICES

SERVICES OTHER

Expand your thought. Join us in

prayer.
Support healing.
Gather by Zoom or Live. Christian Science Church. cspittsburgh@gmail.com or christiansciencepgh.org

New insight needed? Christian Science Church. Sundays @ 11:00 am and Wednesdays 7:30 pm. Live or Zoom. cspittsburgh@gmail.com or 412-621-5339



VISIT
NEARPITTHOUSING.PITTNEWS.COM
 FOR LOCAL HOUSING!





面
條

EVERYDAY NOODLES

天天見麵
DINE IN
TAKE OUT
DELIVERY

Grand Opening



OPEN EVERYDAY
2PM-12AM

Night Market Gourmet

Accepting
Online Orders!



(412) 421-6668

5875 FORBES AVE

EVERYDAYNOODLES.NET

412-436-0068

114 Atwood St

nightmarketgourmet.com

"Cafe 33 joins our list of places we are eager to revisit for another taste of dishes we love at first bite."
- City Paper approved

Dine In | Take Out
Hours | Mon - Thurs 11- 9:30 | Fri - Sat 11-10:30 | Sun 11- 9:30
412 421 2717 www.twcafe33.com Accepting Online Orders!
1711 Shady Ave. Pittsburgh, PA 15217

鷄蛋灌餅 傳統的西北菜 百家香 肉夾饃

Sakura
Teppanyaki & Sushi
Japanese and Chinese Fine Cuisine Sat & Sun Brunch
412-422-7188
5882 Forbes Avenue (Squirrel Hill)
Pittsburgh, PA 15217
www.sakura-pgh.com

Accepting Online Orders!

Accepting
Online Orders!



1900 Murray Ave
Pittsburg PA 15217

412-521-1313

328 Atwood St.
Pittsburgh PA 15213

412-621-6889

www.sichuan-gourmet.com

