Professional Development

Reviewing everything thus far..

Guest Speakers

- Paul Farley
 - o Trusted Sec
- Don Howard
 - o Aaron's
- Cox Visit
 - o Hadji Hicks
 - o Gabe Egwu
- Craig Balts
 - o Aflac
- Kimberly Parris
 - Mastercard
 - Vulnerability Manager

Topics discussed

- Value Cards
- Enneagrams
- 3+2 (positives and negatives)
- Beginning with end in mind

<u>Personal Disciplines</u>

- Talking
 - I prefer to sit back, observe and listen rather than speak. It's important to improve my communication skills. It should come naturally instead of rehearsed.
- Studying
 - I never developed a proper method for studying through school. I think figuring out a proper method would help improve.