

American Options Without Dividends

Masaru Okada

October 10, 2025

Abstract

This note is a memo from a discussion I had with a colleague on November 12, 2019. It's about how an American option on a non-dividend-paying stock is never worth more than its European counterpart at expiration.

1 Definition of a Convex Function

Consider a real-valued function h of x .

The function $h(x)$ is called a convex function if the following holds for any λ where $0 \leq \lambda \leq 1$ and for any x_1, x_2 where $0 < x_1 < x_2$:

$$h((1 - \lambda)x_1 + \lambda x_2) \leq (1 - \lambda)h(x_1) + \lambda h(x_2)$$

2 Jensen's Inequality

If a function $\phi(x)$ is convex, then

$$\mathbb{E}(\phi(X) | \mathcal{F}) \geq \phi(\mathbb{E}(X | \mathcal{F}))$$

holds true. Here, X is a random variable and \mathcal{F} is a σ -algebra generated from a subset of the sample space Ω .

Essentially, the expected value of a convex function, $\mathbb{E}(\phi(X))$, is greater than the convex function of the expected value, $\phi(\mathbb{E}(X))$.

$$\mathbb{E}(\phi(X)) \geq \phi(\mathbb{E}(X))$$

(A way to remember it: The expectation of the future is greater than the future of the expectation.)

3 Proof of Jensen's Inequality

(Will read this later.)

4 Martingales

(Checking the definitions)

A stochastic process M_t is called a **submartingale** if, for all u, t satisfying $0 \leq u \leq t \leq T$, the following holds:

$$\mathbb{E}(M_t | \mathcal{F}_u) \geq M_u$$

Conversely, it is called a **supermartingale** if

$$\mathbb{E}(M_t | \mathcal{F}_u) \leq M_u$$

In a submartingale, the expected value at a future time t , conditional on the history up to time u (\mathcal{F}_u), is greater than or equal to the value at the past time u . This means the process has an increasing trend.

(Even though it has 'sub' or 'inferior' in the name, the expected value of a submartingale is larger in the future.)

5 Underlying Assets Without Dividends

Let's consider a stock with a price process S_t given by:

$$\frac{dS_t}{S_t} = rdt + \sigma d\tilde{W}_t$$

The interest rate r and volatility σ are always positive. W_t is a process that becomes a Brownian motion under the risk-neutral probability measure $\tilde{\mathbb{P}}$.

6 Lemma 8.5.1[1]

Consider an American option that pays an amount of $h(S_t)$ upon exercise.

Let's assume the function $h(x)$ is convex for $x \geq 0$.

Also, assume $h(0) = 0$.

In this case, the discounted price $e^{-rt}h(S_t)$ is a submartingale.

7 Proof of Lemma 8.5.1[1]

Since $h(x)$ is a convex function, for any λ such that $0 \leq \lambda \leq 1$ and for any x_1, x_2 such that $0 < x_1 < x_2$, the following holds:

$$h((1 - \lambda)x_1 + \lambda x_2) \leq (1 - \lambda)h(x_1) + \lambda h(x_2)$$

Specifically, if we let $x_1 = 0$ and $x_2 = S_t$, we get:

$$\begin{aligned} h((1 - \lambda) \times 0 + \lambda S_t) &\leq (1 - \lambda)h(0) + \lambda h(S_t) \\ h(\lambda S_t) &\leq \lambda h(S_t) \end{aligned}$$

Here, we've used the assumption $h(0) = 0$.

Furthermore, for all u, t such that $0 \leq u \leq t \leq T$, r is positive ($0 < r < \infty$), so:

$$\begin{array}{ccccc} 0 & \leq & r(t-u) & (< & \infty) \\ (-\infty & <) & -r(t-u) & \leq & 0 \\ 0 & \leq & e^{-r(t-u)} & \leq & 1 \end{array}$$

Since $e^{-r(t-u)}$ has the same range as λ ($0 \leq \lambda \leq 1$), we can substitute it for λ :

$$\begin{aligned} \lambda h(S_t) &\geq h(\lambda S_t) \\ e^{-r(t-u)} h(S_t) &\geq h(e^{-r(t-u)} S_t) \end{aligned}$$

Taking the expected value of both sides under the measure $\tilde{\mathbb{P}}$ and conditional on $\mathcal{F}(u)$, denoted by $\tilde{\mathbb{E}}(\cdot | \mathcal{F}(u))$, we get:

$$\tilde{\mathbb{E}} \left[e^{-r(t-u)} h(S_t) \middle| \mathcal{F}(u) \right] \geq \tilde{\mathbb{E}} \left[h(e^{-r(t-u)} S_t) \middle| \mathcal{F}(u) \right]$$

Now, we apply Jensen's inequality to the right-hand side.

Because the expected value of a convex function $\mathbb{E}(h(X))$ is greater than the convex function of the expected value $h(\mathbb{E}(X))$, i.e., $\mathbb{E}(h(X)) \geq h(\mathbb{E}(X))$ we have:

$$\begin{aligned} \tilde{\mathbb{E}} \left[e^{-r(t-u)} h(S_t) \middle| \mathcal{F}(u) \right] &\geq \tilde{\mathbb{E}} \left[h(e^{-r(t-u)} S_t) \middle| \mathcal{F}(u) \right] \\ &\geq h \left(\tilde{\mathbb{E}} \left[e^{-r(t-u)} S_t \middle| \mathcal{F}(u) \right] \right) \\ &= h \left(e^{ru} \tilde{\mathbb{E}} \left[e^{-rt} S_t \middle| \mathcal{F}(u) \right] \right) \end{aligned}$$

The term inside the last expectation, $e^{-rt} S_t$, is the discounted stock price process, which is a $\tilde{\mathbb{P}}$ -martingale. Therefore:

$$\begin{aligned} h \left(e^{ru} \tilde{\mathbb{E}} \left[e^{-rt} S_t \middle| \mathcal{F}(u) \right] \right) &= h(e^{ru} \times e^{-ru} S_u) \\ &= h(S_u) \end{aligned}$$

Putting the inequalities together from the beginning, we have:

$$\tilde{\mathbb{E}} \left[e^{-r(t-u)} h(S_t) \middle| \mathcal{F}(u) \right] \geq h(S_u)$$

Since a constant multiple of a convex function, $e^{-ru} h(x)$, is also convex, we can replace $h(x) \rightarrow e^{-ru} h(x)$ and follow the same logic from the start of the proof. This leads to:

$$\tilde{\mathbb{E}} \left[e^{-rt} h(S_t) \middle| \mathcal{F}(u) \right] \geq e^{-ru} h(S_u)$$

This is precisely the definition of a submartingale.

In conclusion, for an American option that pays $h(S_t)$ upon exercise, if the function $h(x)$ is convex for $x \geq 0$ and $h(0) = 0$, its discounted price process $e^{-rt} h(S_t)$ becomes a submartingale.

8 Theorem 8.5.2[1] and its Explanation

The previous discussion was general, but let's now apply it to a specific case.

When t is the expiration date T , substituting $t = T$ into the derived inequality gives us:

$$\tilde{\mathbb{E}} \left[e^{-rT} h(S_T) \middle| \mathcal{F}(u) \right] \geq e^{-ru} h(S_u)$$

The left side, $\tilde{\mathbb{E}} \left[e^{-rT} h(S_T) \middle| \mathcal{F}(u) \right]$ is the discounted price of a European option at expiration. This price is always higher than (or equal to) the discounted price of the American option on the right side, at any time u before expiration.

In other words, the price of an American option on a non-dividend-paying stock is never more than the price of a European option at expiration.

Intuitively, you might think an American option is more valuable because it gives you the freedom to exercise at any time. However, for a non-dividend-paying stock, its value is always less than or equal to the European option price at expiration.

This is all a consequence of the submartingale property. Since it's a submartingale, the expected value tends to increase.

(By the way, we haven't discussed a specific functional form for h , such as for a 'call,' 'put,' or 'forward' option yet.)

9 Corollary 8.5.3[1] and its Explanation

If we assume the convex function h is $h(S_T) = (S_T - K)^+$, we can apply this to the inequality derived in the proof of Lemma 8.5.1:

$$\tilde{\mathbb{E}} \left[e^{-rT} (S_T - K)^+ \middle| \mathcal{F}(u) \right] \geq e^{-ru} (S_u - K)^+$$

As with Theorem 8.5.2, this shows that the discounted process $e^{-rt}(S_t - K)^+$ is a submartingale, and because it has an upward trend, the expected value (conditional on a future time) is greater than or equal to the current value.

This means the price is maximized when the option is exercised at expiration $t = T$. Consequently, an American call option on a non-dividend-paying stock will not be exercised before expiration, and thus has the same value as a European call option.

The reason an American option on a non-dividend-paying stock is a submartingale is that the convexity of the function and the assumption that $h(0) = 0$ allow Jensen's inequality to hold, leading to the submartingale logic.

When we apply this line of thinking to an American put option, $h(x) = (K - x)^+$, while $h(x)$ is still a convex function, $h(0) = \text{Max}\{K\}$. This doesn't satisfy the condition $h(0) = 0$ unless $K \leq 0$, which

makes the argument more complex^{*1}.

References

- [1] Steven Shreve, "Stochastic Calculus for Finance II: Continuous-Time Models (Springer Finance)" (2004)

^{*1} Although it says 'the argument becomes more complex,' I haven't yet experimented with what happens when $K > 0$.