

TRAINING

20

**SHORT COURSES, SEMINARS AND
WORKSHOPS IN 2018**

100+ SHORT COURSES, SEMINARS AND
WORKSHOPS TO DATE

320

**HEALTH AND
DEVELOPMENT
PROFESSIONALS
TRAINED IN 2018**

5300+ PROFESSIONALS
TRAINED TO DATE

50

**NATIONAL AND
INTERNATIONAL
TRAINERS IN 2018**

320 + GLOBAL
TRAINERS TO DATE

CENTRE FOR PROFESSIONAL SKILLS DEVELOPMENT IN PUBLIC HEALTH (CPSD)

The Centre offers unique and innovative pedagogic methods with interactive discussions, experiential learning exposures, community and facility visits, multi-media engagement, role-playing, and other forms of hands-on practical learning. CPSD provides critical courses on quantitative and qualitative research methodologies for improving the capacity of programme and project implementers. CPSD also offers fundamental skill-based courses on monitoring and evaluation, and workshops on scientific writing skills. Various courses are also offered by the School in partnership with our Centres of Excellence, according to their areas of focus, giving participants the opportunity to learn from experts across the fields of gender, sexual and reproductive health and rights; health systems and universal health care; urban equity; implementation science and scale-up; and nutrition and non-communicable diseases.

We feature a diverse range of expert facilitators/trainers including public health practitioners, medical professionals, anthropologists, health economists, ethnographers, statisticians, development practitioners, policy makers, program managers, and academics from well-established international institutions and national institutions. This ensures the skills provided in these short courses are practical, grounded and speak to the current needs in the health sector. Our trainings include a wide range of participants including government officials, medical doctors, senior health education officers, senior staff nurses, statisticians, NGO sector specialists, development practitioners, programme officers and managers, academics, researchers, activists, journalists and individuals from marginalized communities.

SHORT COURSES & WORKSHOPS IN 2018

BANGLADESH FLAGSHIP BASED COURSE: HEALTH SYSTEMS STRENGTHENING AND UNIVERSAL HEALTH COVERAGE (UHC)

Participants: 42 | **Duration:** 6 days

Facilitators: Dr Ricardo Bitran, Technical Course Director, Bitran and Associates; Professor Malabika Sarker (Associate Dean and Director CoE-SISU, BRAC JPGSPH); Professor Syed Masud Ahmed (Director, CoE-HS&UHC, BRAC JPGSPH); Owen Smith (Sr Economist, The World Bank); Dr Shakil Ahmed (Sr Health Economist, The World Bank); Dr Krishna Hort (Consultant, The World Bank); Lluís Vinyals (Health Planning and Financing Regional Advisor, SEARO/WHO); Dr Syed Abdul Hamid (Director, IHE, Dhaka University); Dr Valéria De Oliveira Cruz (Team Lead, Health Systems, WCO, BAN/WHO); Mohammad Touhidul Islam (National Professional Officer, Health Financing, WCO BAN/WHO); Dr Taufique Joarder, FHI 360

Description: This course aimed to enhance the competency of stakeholders to better influence health policies towards transforming the country's health systems to attain the goals of UHC by 2030. The course was designed for policy makers and mid-level government officers working in health and other relevant sectors, senior managers in the private sectors, experts from the civil society, representatives from the media, and development partners.

Organized by: The course was organized by Health Economics Unit (HEU), Ministry of Health and Family Welfare (MoHFW) Bangladesh, with the support from the World Health Organization (WHO), the World Bank and the USAID funded project Health Financing and Governance. Centre of Excellence for Health System and Universal Health Coverage (CoE-HS&UHC), BRAC James P Grant school of Public Health (JPGSPH), BRAC University, was the lead local institute responsible for co-designing and supporting the technical and administrative aspects of the course.



INTRODUCTION TO SYSTEMATIC REVIEW AND META-ANALYSIS IN HEALTH RESEARCH

Participants: 20 | **Duration:** 3 days

Facilitators:

BRAC JPGSPH: Professor Shahed Hossain; Professor Malabika Sarker (Associate Dean, and Director CoE-SISU); Tanvir Hasan (Assistant Professor and Director, CUEH); Mohammad Didar Hossain (Sr Research Fellow); Dr Rajat Das Gupta (Sr Research Associate)

icddr,b: Dr A.T.M Iqbal Anwar (Sr Scientist); Dr Shakila Banu (Training Physician); Md Rajib Mamun (Research Officer); Dr K.M. Saif Ur Rahman (Research Investigator); Dr Md Hasan (Statistician); A.M. Al Mamun (Librarian)

Description: The course provided participants with an introduction to basic components of systematic reviews - from research question to protocol development, data collection, analysis and interpretation.

Organized by: Centre for Professional Skills Development in Public Health (CPSD)



MASCULINITY AND MENTAL HEALTH

Participants: 12 | **Duration:** 1 Day

Facilitators: Mesbah Uddin Ahmed and Mohammad Rofiqul Islam (Training Department, Bandhu Social Welfare Society); with Shale Ahmed (Executive Director, Bandhu Social Welfare Society).

Description: The objective of the training was to inform participants about masculinity and social construct with a focus on psychosocial and psychosexual issues by analyzing their existing knowledge. Participants also learned about using coping techniques in counselling sessions

Organized by: Centre of Excellence for Science of Implementation & Scale Up (CoE-SISU)

ORIENTATION TO STATA

Participants: 16 | Duration: 1 day

Facilitators:
Ibrahim Hossain Sajal, Research Assistant, BRAC JPGSPH

Description: The course introduced public health professionals to the basics of STATA that included opening a dataset, investigating the contents of the dataset, managing the dataset, and using statistical analysis to get few descriptive statistics.

Organized by: Centre of Excellence for Science of Implementation and Scale-Up (CoE-SISU)



PSYCHODRAMATIC ACTION METHODS IN PUBLIC HEALTH: EXPERIENTIAL WORKSHOP IN SOCIOMETRY AND PSYCHODRAMA

Participants: 13 | Duration: 1 Day

Facilitator:
Sue Daniel, Trainer, Educator and Practitioner of Psychodrama (T.E.P) and Director, Psychodrama Institute of Melbourne, Australia

Description: The workshop trained public health researchers working in the areas of gender and SRHR, on Psychodramatic Action Methods.

Organized by: Centre of Excellence for Science of Implementation & Scale Up (CoE-SISU)



PUBLIC HEALTH MANAGERS' PROFESSIONAL SELF-MANAGEMENT SKILLS TRAINING

Participants: 12 | Duration: 30 Days

Facilitator:
Mikhail I. Islam, Strategy and Design Consultant to BRAC JPGSPH

Co-facilitators: Anindya Das (Deputy Project Coordinator), Sairana Ahsan (Research Fellow), Gazi Sakir Mohammad Pritom (Senior Research Associate), and Tahrima Mridha (Deputy Project Coordinator) from BRAC JPGSPH.

Description: This intensive training features 20% Classroom Session and 80% On-the-Job coaching (O-T-J) for mid-level public health professionals from NGOs, CSOs, government, and private sectors. The day-long interactive classroom session introduces 6 key self-management skills for public health managers. After the classroom training, four weeks of O-T-J coaching takes place at the individual workplace of the participants.

Organized by: Centre for Professional Skills Development in Public Health (CPSD), part of the project on - Public Health Leadership Development Training Project funded by GSK with Save the Children as technical partner.



PUBLIC HEALTH MANAGERS' PROFESSIONAL SELF-MANAGEMENT SKILLS TRAINING WITH BRAC JPGSPH FIRST BATCH

Participants: 10 | Duration: 6-8 weeks

Facilitator:
Mikhail I. Islam, Strategy and Design Consultant to BRAC JPGSPH

Co-facilitators: Nondini Lopa (Project Coordinator), Anindya Das (Deputy Project Coordinator), Md Munirul Islam (Project Officer) from BRAC JPGSPH.

Description: This intensive training features 20% Classroom Session for one-day training and 80% On-the-Job coaching (O-T-J) for 6-8 weeks for mid-level public health professionals from BRAC JPGSPH. A supervisor's orientation has been done just 2 days before the classroom session to orient them overall design of the training program with specific activities and roles on their managers. The day-long interactive classroom session introduces 6 key self-management skills for public health managers. Representatives from Save the Children and BRAC International were present in the session. After the classroom training, four weeks of O-T-J coaching takes place at the individual workplace of the participants.

Organized by: Centre for Professional Skills Development in Public Health (CPSD), part of the project on - Public Health Leadership Development Training Project funded by GSK with Save the Children as technical partner.



PUBLIC HEALTH MANAGERS' PROFESSIONAL SELF-MANAGEMENT SKILLS TRAINING WITH BRAC JPGSPH SECOND BATCH

Participants: 11 | Duration: 1-day classroom session with 6-8 weeks of on the job training

Facilitator:
Mikhail I. Islam, Strategy & Design Consultant to BRAC JPGSPH

Co-facilitators: Nondini Lopa (Project Coordinator), Anindya Das (Deputy Project Coordinator), Md Munirul Islam (Project Officer), Sairana Ahsan (Research Fellow), Gazi Sakir Mohammad Pritom (Sr Research Associate), and Tahrima Mridha (Deputy Project Coordinator) from BRAC JPGSPH.

Description: As part of training program design, a Supervisor's Orientation and a Training for Trainers (ToT) had been organized in April 2018 with 6 facilitators from BRAC JPGSPH. The one-day classroom training for second BRAC JPGSPH batch had been conducted with another group of 11 participants, where the lead facilitator, along with 6 trained co-facilitators conducted the sessions focusing on 6 key professional self-management skills. On-the-Job (O-TJ) coaching started the very next day for practicing the learned skills.

Organized by: Centre for Professional Skills Development in Public Health (CPSD), part of the project on - Public Health Leadership Development Training Project funded by GSK with Save the Children as technical partner.

PUBLIC HEALTH MANAGERS' PROFESSIONAL SELF-MANAGEMENT SKILLS TRAINING WITH BRAC WASH, TB, MALARIA, AND DISASTER MANAGEMENT & CLIMATE CHANGE (DMCC) TEAM

Participants: 12 | **Duration:** 1-day classroom session with 8-12 weeks of on the job training

Facilitator:

Mikhail I. Islam, Strategy & Design Consultant to BRAC JPGSPH

Co-facilitators: Nondini Lopa (Project Coordinator), Anindya Das (Deputy Project Coordinator), Md. Munirul Islam (Project Officer), Sairana Ahsan (Research Fellow), Gazi Sakir Mohammad Pritom (Senior Research Associate), and Tahrima Mridha (Deputy Project Coordinator) from BRAC JPGSPH.

Description: This intensive training features 20% Classroom Session and 80% On-the-Job coaching (O-T-J) for mid-level public health professionals like managers and their supervisors of BRAC's BRAC WASH, TB, MALARIA, and DMCC programs. Pre-orientation about the training design with the BRAC supervisors had been done on 10 May 2018 and the one-day class room training with their 12 mid-level managers was done on 24 May 2018. The day-long interactive classroom session introduced 6 key self-management skills for public health managers. On the Job (OTJ) Coaching, the Onus of 'Training' to shift from Trainer to Supervisor, started from the very next day before the team sat together for 6-skills tool design including solutions design & transcription. With the On-the-Job coaching and longer term engagement process over a 2-month period, long-term good working relationships was developed and improved working relationships between supervisors and her/his team of managers.

Organized by:

Centre for Professional Skills Development in Public Health (CPSD), part of the project on - Public Health Leadership Development Training Project funded by GSK with Save the Children as technical partner.



PUBLIC HEALTH SEMINAR – BRAC UNDERGRADUATE RESIDENTIAL CAMPUS, SAVAR

Participants: 2400 | **Duration:** 1 day

Facilitator: Kuhel Faizul Islam (Sr Coordinator) and Tasfiyah Jalil (Sr Coordinator) from BRAC JPGSPH

Description: This training is designed to familiarize students with information on emotional, mental and sexual and reproductive health. The training is divided into two sessions. The first interactive session revolves around important factors such as basics on hygiene, adverse effects of junk food consumption, smoking and drug abuse and other issues related to physical, mental health and wellbeing. The second session discusses on bodily changes, gender and relationships, sexually transmitted diseases and sexual harassment, and sexuality and rights. The students are also shown videos on: Gender and empowerment, online sexual harassment and Environmental degradation and its impact on health. The training began in 2010 and every year, two training workshops are held with the undergraduate students.

Organized by: Centre of Excellence for Gender, and Sexual and Reproductive Health and Rights (CGSRHR)



RESEARCH COMMUNICATION WORKSHOP

Participants: 28 | **Duration:** 1 day

Facilitators: Kate Hawkins, Communications Manager, REACHOUT Consortium and Director, Pamoja Communications; and Jeff Knezovich, Digital Communications Manager, Nuffield Trust

Description: The workshop included topics such as online communication and blogging, developing policy briefs, utilizing social media, and using infographics for data visualization. The workshop also highlighted the necessity of research communication and utilizing other forms of user engagement.

Organized by: Centre of Excellence for Gender, Sexual and Reproductive Health and Rights (CGSRHR)



SEXUAL AND REPRODUCTIVE HEALTH AND RIGHT SENSITIZATION WORKSHOP FOR YOUTH

Participants: 50 | **Duration:** 3 half-day sessions

Facilitators: Bachera Aktar (Assistant Director, Center of Excellence for Gender, Sexual and Reproductive Health and Rights - CGSRHR) and Tasfiyah Jalil (Sr Coordinator) from BRAC JPGSPH

Description: The workshop was arranged to sensitize young people from youth based organizations and universities on Sexual and Reproductive Health and Rights, and develop them as peer educators. Participants also watched videos on Cyber Harassment and Men's Health, and gave their feedback.

Organized by: Centre of Excellence for Gender, Sexual and Reproductive Health and Rights (CGSRHR)

SHORT COURSE ON SKILL DEVELOPMENT ON ECONOMIC EVALUATION AND PRIORITIZING FOR UNIVERSAL HEALTH COVERAGE

Participants: 21 | **Duration:** 3 days

Course Coordinator: Professor Zahidul Quayyum, Director, CUEH, BRAC JPGSPH

Facilitators: Professor Syed Abdul Hamid (Director) and Dr Nahid Akhter Jahan (Associate Professor) from the Institute of Health Economics, University of Dhaka

Description: The course trained participants on the essential tools for economic evaluation. Participants learned about the fundamentals and principles of Economic Evaluation, Cost-effectiveness, Cost-utility and Cost-benefit Analysis, Cost Calculation, Fundamental Methods for Measuring Health Related Quality of Life (QALYs), Disability Adjusted Life Years (DALYs), Critical Assessment of Economic Evaluation, and Health Technology Assessment Process.

Organized by: Centre of Excellence for Health Systems and Universal Health Coverage (CoE-HS&UHC)



SHORT COURSE: THINKING QUALITATIVELY

Participants: 27 | **Duration:** 3 days

Facilitator: Dr Shahaduz Zaman, Senior Lecturer, Brighton and Sussex Medical School, University of Sussex

Description: This course aimed to provide insights on developing hypothesis for qualitative, basic methods of Qualitative research; In-depth Interviews (IDIs) and Focus Group Discussions; Ethnographic Observations; and Data Collection, Analysis and Interpretation.

Organized by: Centre for Professional Skills Development in Public Health (CPSD)



TODAY'S LEADERS: WORKSHOP IN SOCIOMETRY AND ROLE TRAINING

Participants: 18 | **Duration:** 1 Day

Facilitator: Sue Daniel, Trainer, Educator and Practitioner of Psychodrama (T.E.P) and Director, Psychodrama Institute of Melbourne, Australia

Description: The participants (young men from local slums) received experiential training on sociometry. Three groups were also formed during the workshop to establish local clubs for performing Psychodrama in their community.

Organized by: Centre of Excellence for Science of Implementation & Scale Up (CoE-SISU)

WORKSHOP ON PSYCHODRAMATIC SOCIAL & CULTURAL ATOM

Participants: 36 | **Duration:** 1 day

Facilitators: Ashfique Rizwan, Deputy Project Coordinator, BRAC JPGSPH under the supervision of Sue Daniel, (T.E.P) and Director of Psychodrama Institute of Melbourne, Australia.

Description: The workshop introduced participants to Sociometry, a quantitative way to measure relationships. It was followed by drawing a social and cultural atom by each participant. The session ends through demonstrations of Psychodramatic techniques which include role reversal and mirroring.

Organized by: Centre of Excellence for Science of Implementation & Scale Up (CoE-SISU)



SEMINAR SERIES: 2018

SEMINAR ON DETECTING AND RESPONDING TO CORRUPTION

Presenter: Dr Fawzia Rasheed, Program and Governance Analyst and Board Member, BRAC International

Description: During this seminar, Dr Rasheed shared her experience working within 30 countries to evaluate and develop initiatives, national plans and broker intergovernmental collaborations and public private partnerships.



SEMINAR ON NATIONAL HEALTH SERVICE FOUNDING PRINCIPLES AND ATTEMPTS AT MARKET REFORMS

Presenter: Dr Haroon Rashid, General Practitioner, National Health Service, UK

Description: The seminar provided an overview of Health Policy, Planning & Finance related to Public Health and Health Inequalities in Bangladesh.



SEMINAR ON ECONOMICS IN HEALTH AND HEALTHCARE RESEARCH: ECONOMIC EVALUATION AND BEYOND

Presenter: Professor Zahidul Quayyum, Director, Research and Center for Urban Equity and Health, BRAC JPGSPH

Description: The seminar introduced the growing importance of economics over the years and the contributions of health economics in decision making for allocating limited resource. This seminar also provided the basic building blocks of some of the economic theories and discuss their applications in health care research.



SEMINAR ON OVERVIEW OF TOBACCO CONTROL CHALLENGES FROM GLOBAL PERSPECTIVE

Presenter: Dr Muhammad Aziz Rahman, Public Health Physician and BRAC JPGSPH MPH Second Batch Alumni

Description: The seminar provided an overview of tobacco control challenges, highlighting the opportunities to work further in this area of research and sharing findings from other research in this field.



SEMINAR ON MINDFULNESS

Presenter: Syed Shabab Wahid, Doctoral Candidate at the Department of Global Health, George Washington University

Description: The seminar provided an overview on the concept of 'Mindfulness'; and also provided detailed overview of its mechanisms, or how it works with brief review of the available scientific evidence on its connection to mental health and well-being.



SEMINAR ON TELENOR HEALTH, BANGLADESH

Presenter: Sajid Rahman, CEO, Telenor Health, Bangladesh

Description: The seminar provided an overview of the work Telenor Health doing in Bangladesh using quality, data driven health care. Mr Rahman also discussed the company's first mobile app "Tonic" which serves millions of people in Bangladesh.



SNAPSHOTS OF EXPERT TRAINERS IN 2018

SHAKIL AHMED

Dr Shakil Ahmed is the Senior Health Economist at the World Bank in Bangladesh. He directs knowledge initiatives to enhance the Bank's support towards country reforms and to inform the global policy debate on financing for health. Dr Ahmed is currently working in Bangladesh and the South Asia Region with policy makers, development partners and other regional partners. He has more than 20 years of technical experience in the areas of health financing and health systems reforms. He facilitated the Bangladesh Flagship Based Course: Health Systems Strengthening and Universal Health Coverage (UHC) at BRAC JPG School of Public Health in 2018.



NAHID AKHTER JAHAN

Nahid Akhter Jahan is a Health Economist with 18 years of experience in teaching, research and consultancy. She is an Associate Professor at the Institute of Health Economics, University of Dhaka. Her fields of interest include household healthcare expenditure, budgeting, user fees, health insurance, health systems, pro-poor strategies and quality of health care. In 2018, she facilitated a Short Course on 'Skill Development on Economic Evaluation and Prioritizing for Universal Health Coverage' at BRAC JPG School of Public Health in 2018.



JOHN CHAMBERS

Professor John Chambers is a Professor of Cardiovascular Epidemiology at Lee Kong Chian School of Medicine and at Imperial College London. He is also the Director of the NIHR Global Health Research Unit on Diabetes and Cardiovascular Disease in South Asians. In 2018, he facilitated the 'Training Session for Global Health Research Unit' at BRAC JPG School of Public Health.



KARI POSTMA

Kari Postma is the International PR and Communications Manager at Dance4Life. She is a strategic communications expert in the field of international cooperation, sexual & reproductive rights and sustainable development. In 2018, she facilitated the training on 'Media Engagement on Sexual and Reproductive Health and Rights' at BRAC JPG School of Public Health.



SUE DANIEL

Sue Daniel is an international trainer, educator and practitioner of Psychodrama (TEP), who teaches in universities, hospitals and institutes worldwide. She is a psychologist and psychotherapist in private practice and the director of the Psychodrama Institute of Melbourne. Sue founded the Moreno Psychodrama Society and the Australian and Aotearoa (New Zealand) Board of Psychodrama. In 2018, she facilitated trainings on 'Psychodramatic Action Methods in Public Health: Experiential Workshop in Sociometry and Psychodrama', 'Today's Leaders: Workshop in Sociometry and Role Training', and a workshop on 'Psychodramatic Social & Cultural Atom' at BRAC JPG School of Public Health.



SAJID RAHMAN

Sajid Rahman is the Chief Executive Officer of Telenor Health at Telenor Group. Telenor Health launched its first operation in Bangladesh and on its way to bring the largest number of population under a simple health insurance coverage through a revolutionary digital health proposition. He is also working closely as advisory board members and investors to technology and energy companies in the United States, Asia and UK. Mr Sajid facilitated a seminar on the overview of the work of 'Telenor Health' in Bangladesh at BRAC JPG School of Public Health in 2018, expanding on how the private sector is approaching the country's health sector challenge.



KATE HAWKINS

Kate Hawkins is the Communications Manager of the REACHOUT Consortium and supports the communications and research uptake elements of REACHOUT's work. She is also the Director of Pamoja Communications and has a long standing interest in the processes by which evidence is translated into policy and practice. In 2018, she facilitated 'Research Communication Workshop' which highlighted the necessity of research communication at BRAC JPG School of Public Health.



FAWZIA RASHEED

Dr Fawzia Rasheed has worked in 30 countries to evaluate and develop initiatives, national plans and broker intergovernmental collaborations and public private partnerships. She has been a Senior Policy Adviser to WHO, UNAIDS, and the Global Fund to undertake organizational reforms and develop strategic plans for global programs and policies. She was also an advisor to 16 Ministries of Health through a South-South programme on reproductive health. She currently advises the Aga Khan Development Network with planning health operations and public private partnerships. She facilitated a seminar on 'Detecting and Responding to Corruption' at BRAC JPG School of Public Health in 2018.

