

Mental and Emotional Health and Well-being of University Students

Kuhel Islam, Senior Coordinator, Sameen Nasar, Research Associate, Rituja Shome, Senior Research Assistant and Sabina Faiz Rashid, Professor & Dean

More than 20% of Bangladesh's population lies between the ages of 10 and 19 years, and around 30% belong to the age group between 15-24 years. Among students aged 13-17, 4% of boys and 6% of girls consider attempting suicide due to

depression². With all educational institutions shut under the current COVID-19 environment, the mental and emotional well-being of university going students risk being further negatively amplified.

To address this issue, the School in partnership with Imperial College, UK will be carrying out a needs assessment to better understand the emotional and mental affects brought on by the onslaught of the pandemic on University students, and the support required to tend to their concerns.