



Helly Jo s Mirror - Rated Pg: Six Pack of Courage (Paperback)

By C S Alby

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book ***** Print on Demand *****.Helly Jo s Mirror is a story about courage. Not the larger-than-life heroic type of courage, but the continued kind of courage required to keep putting one foot in front of the other when life repeatedly slaps you down. It is about the take-a-deep-breath-and-do-it-again kind of courage! Keep-on-moving-when-all-you-want-to-do-is-give-up-and-forget-it kind of courage! Everyday courage! Helen, aka Helly Jo, and her five friends, together affectionately known as the Six Pack, all deal with life differently. Helen is a 64-year-old British-American with only a slight accent, who is struggling to deal with absentee children and grandchildren. She is riddled with guilt at the loss of her son, hung up on the problems of growing up in an extremely dysfunctional family, and seeing her brother commit suicide. It takes a lot of courage to cope with her own life, but her problems are also wrapped up in the problems of her friends lives. Tessa, who is close to Helly Jo s children s ages, blusters her way through life with a vivacious take charge attitude that masks deep pain...



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