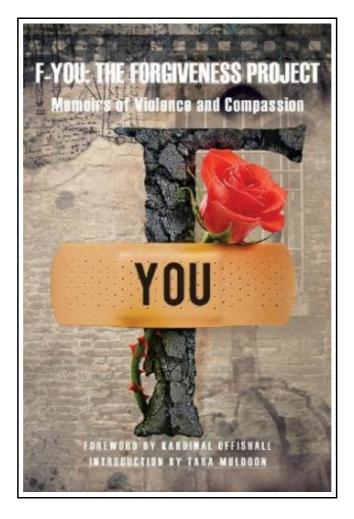
# F-You: The Forgiveness Project - Memoirs of Violence and Compassion (Paperback)



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## Reviews

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(Earnestine Blanda)

# F-YOU: THE FORGIVENESS PROJECT - MEMOIRS OF VIOLENCE AND COMPASSION (PAPERBACK)



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Epic Press, United States, 2013. Paperback. Book Condition: New. 198 x 134 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Foreword by Kardinal Offishall Introduction by Tara Muldoon This youthdriven project exudes strength, courage, and the ability to heal. -Bryan Brock, 1 Love T.O. F-You: The Forgiveness Project is a social initiative that focuses on the question What would it look like if you forgave either yourself or another today? We feature speakers and stories from those who have crossed the line from victim to survivor, finding forgiveness in the process. Violence and Compassion is the first in a series of books featuring stories and essays from youth on forgiveness. Created solely by a group of youth, this book is empowering, gritty, and honest - just like the human experience of forgiveness. All pieces in this collection are written in the hopes of making a difference. F-You: The Forgiveness Project is an inspiring youth-driven initiative that taps into the power of the arts and self-expression to empower youth to find the strength to overcome some of the most intractable circumstances. Here at the Michaelle Jean Foundation, we commend the young people involved in this campaign to promote forgiveness and salute them as societal changemakers. -Michaelle Jean Foundation Violence is something almost unavoidable in society today from urban communities to our corporate world. Some violence comes with justification, and others are just heinous acts. The problem comes into play when these acts are glorified by the public or even wrongly publicized by the media, sometimes creating an antagonist versus protagonist situation. Sadly, this can potentially ruin the lives of one or both of the parties involved. On the other hand, justified violence is easily perceived by the human mind for whatever righteous reasoning behind it in some cases...

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