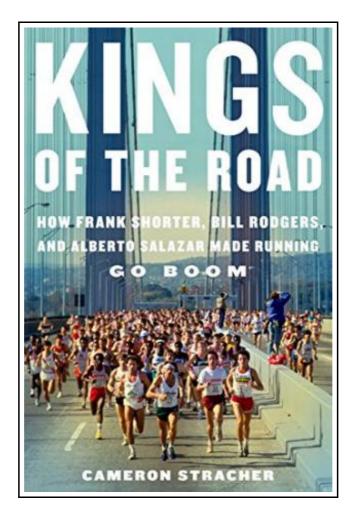
Kings of the Road: How Frank Shorter, Bill Rodgers, and Alberto Salazar Made Running Go Boom (Hardback)



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Reviews

This ebook is so gripping and exciting. it was writtern very flawlessly and valuable. I found out this publication from my i and dad suggested this ebook to understand. (Leif Bernhard MD)

KINGS OF THE ROAD: HOW FRANK SHORTER, BILL RODGERS, AND ALBERTO SALAZAR MADE RUNNING GO BOOM (HARDBACK)



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HOUGHTON MIFFLIN, United States, 2013. Hardback. Book Condition: New. 229 x 160 mm. Language: English. Brand New Book. Winner of the 2015 Armory Foundation Book Award from the Track Field Writers of America For fans of The Perfect Mile and Born to Run, a riveting, three-pronged narrative about the golden era of running in America the 1970s as seen through running greats, Frank Shorter, Bill Rodgers, and Alberto Salazar It was 1978. Jimmy Carter was President; gas prices were soaring; and Americans were hunkering down to weather the economic crisis. But in bookstores Jim Fixx s The Complete Book of Running was a bestseller. Frank Shorter s gold medal in the 1972 Olympic marathon had put distance running in the mind of a public enamored of baseball and football. Suddenly, the odd activity of jogging became running, and America was in love. That summer, a junior from the University of Oregon named Alberto Salazar went head to head with Olympic champion Frank Shorter and Boston Marathon champion Bill Rodgers at the Falmouth Road Race, losing in the last mile to Rodgers s record-setting 32:21, nearly dying in the process, and setting the stage for a great rivalry. In Shorter, Rodgers, and Salazar, running had its conflict and drama like boxing had Ali and Foreman, like basketball had Russell and Chamberlain. Each man built on what the other achieved, and each pushed the other to succeed. Their successes, in turn, fueled a nation of coach potatoes to put down the remote and lace up their sneakers. Kings of the Road tells the story of running during that golden period from 1972 to 1981 when Shorter, Rodgers, and Salazar captured the imagination of the American public as they passed their figurative baton from one to the other. These three men were...

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