



## INDIAN STUDENTS ASSOCIATION

### CHECKLIST for Incoming Students (Fall 2018)

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#### What should I bring from INDIA?

This list of other items has been compiled according to the personal experiences of people who have come here. So, there might be some important items that are missing or are inadequately specified. Hence, personal discretion is highly recommended. Also, if you feel something is missing, then please do send us an email at isa.asu@gmail.com, and we will try and update it as soon as possible.

	<i>Item</i>	<i>Qty</i>	<i>Comments</i>
<b>A</b>	<b>Clothes</b>		
1	Full Sleeve Shirts	4	Depends maximum of 4 is recommended
2	Half Sleeve Shirts	4	
3	Formal Trousers	2	
4	Blazer (Informal) / Suit (Formal) Suit recommended.	1	
5	Tie	2	For professional interviews
6	T-shirts	8	Most frequently in Arizona weather
7	Jeans	4	
8	Shorts / Cargos / Bermudas/	4	
9	Belts	2	Formal and Casual
10	Traditional	1	Highly Recommended

11	Sweater	2	Jerkin / Sweatshirts ( Any one is better )
12	Pyjamas / Nightsuit	5	
13	Under Garments	14	As u go to the laundry once in a week or 2
14	Towels	3	Preferably not Turkey towels as difficult to dry
15	Handkerchiefs	8	
16	Blanket (Light Weight)	1	Optional, depends on your baggage
17	Single Bed Sheet	2	Not necessary, you can buy fitted bed sheets here
18	Bed Cover	2	Not necessary
19	Pillow Cover	3	Not necessary
20	Gloves	1	Optional
21	Jacket	1	Optional
22	Thermal Underwear	-	Not required at all
23	Caps	1	Optional
<b>B</b>	<b>Footwear</b>		
1	Sandals	1	Traditional Footwear / Sandals for Jeans
2	Slippers / Chappals	1	for home use
3	Formal Black Leather Shoes	1	Better to have one
4	Casual Sport Shoes	1	Daily use
5	Flip flops	1	Optional, carry a good pair if possible
6	Shoe Polish	1	For Formal Shoes
7	Shoe Polishing Brush	1	
8	Socks	6	Depends on your usage
<b>C</b>	<b>Toiletries</b>		
1	Shaving Blades / Cartridges	12	Available here
2	Razor	1	
3	Shaving Cream	-	
4	Shaving Brush	1	

5	After Shave Lotion	1	
6	Trimming Scissors	1	
7	Tooth Brush	2	
8	Toothpaste	1	
9	Comb	2	
10	Hair Oil	2	Don't bring in cabin luggage
11	Nail Cutter	1	
12	Talcum Powder	-	Optional
13	Shampoo	-	Better bring some sachets
14	Bathing Soap Bar	1	Can always buy soap bar or body wash in the US
15	Washing Soap	-	Optional (not required)
16	Trimmer	1	Optional
<b>D</b>	<b>Cooking Hardware</b> (Be sure that all vessels are Flat-Bottomed, because you have electrical stoves here)		
1	Pressure Cooker 3 Liters	1	Bigger the better
2	Spare Deadweight Valves	1	
3	Spare Safety Valves	2 or 3	
4	Spare Gaskets	2 or 3	
5	Frying Pan (Non-Stick)	1	Very good quality recommended
6	Spoons Small Size	4	
7	Big Spoons / Spatula	2	
8	Steel Plates / Dishes	2	
9	Steel Glasses	2	
10	Pakkad / Tongs	1	
11	Kadhai	1	Big size (flat bottomed recommended)
12	Utensils / Patelis	3	Medium Size
13	Tea Filter / Galane	2 or 3	
14	Tea Making Utensil	1	
15	Knife (If u get one, don't keep it in Cabin Baggage!!!)	-	Good Quality

16	Cutting Board	1	Optional
17	Cooking Book	1	Your mother's recipes highly recommended! ;)
<b>E</b>	<b>Cooking Groceries</b> (Remember, All the items except the Masalas are recommended only if u have luggage space.)		
1	Tea Powder	2 Kg	Optional (if you drink)
2	Instant Coffee / Nescafe	-	Cheaply available. (Folgers)
3	Turmeric Powder / Haldi	250 gm	
4	Mustard Seeds / Mouri / Mohari / Rai	250 gm	
5	Red Chilly Powder	250 gm	
6	Garam Masala	250 gm	
7	Dhane Powder	250 gm	
8	Jeera Powder	250 gm	
9	Jeera	-	
10	Asafoetida / Hing	1	
11	Sambar Masala	2	
12	Cholle/ Pav Bhaji Masala	1	Recommended
13	Ready Instant Mixes ( MTR kinds)	01-May	Recommended
14	Dals (All kinds especially Toor Dal )	1- 2Kg	Each (Expensive here)
15	Elaichi / Veldoda	100 gm	Optional
16	Clove / Lavang	100 gm	Optional
17	Papad	-	Optional
18	Aachar / Pickles	-	Bring many properly packed.
19	Tamarind Powder / Kocum / Tamarind Paste	1	Required
20	Sugar / Rice / Salt	-	Please don't bring these.
21	Rava / Suji	1 Kg	This is very helpful in beginning

<b>F</b>	<b>Stationary</b>		
1	College Bag with laptop holder	1	
2	Ball Point Pen	4 - 6	Available in plenty (not good quality)
3	Refills	4 - 6	
4	Sharpner	1	
5	Clutch / Click Pencil (0.5 mm)	1	
6	Lead Box (0.5 mm)	2	
7	Steel Scale 6"	1	Optional
8	Stapler	1	Don't Forget these
9	Stapler Pins	2 Box	
10	Punch	-	Please Don't Bring. 3 holes punch required here.
11	Scientific Calculator	1	Replace the batteries without fail!!
12	Cello Tape	1	
13	Glue Stick / Glue	1	Optional
14	Sketch Pen / Marker	-	Optional
15	Note books / Papers / Files / Folders	1	Optional
<b>G</b>	<b>Medicines (must bring)</b>		
1	Vicks (Vaporub & Inhaler)	2	
2	Balm (Amrutanjan, Iodex, Zandu Balm etc.)	2	
3	Antiseptic (Dettol)	1	
4	Some Band-Aides (wash proof)	10	
5	Iodine	1	Optional
6	Burnol	1	Important! Mr. Sanjeev Kapoors & Ms. Tarla Dalals !!!
7	Painkiller tabs like Combiflam, Brufen.	20-30	They don't go waste
8	Drugs and Antibiotics (for common fever & cold etc)		Crocic , Amoxicillin, Disprin.

9	B-Complex tablets		
10	Moisturizers	1	The climate is dry, so it will be very helpful
11	Medicines for any and all gastric problems		
12	Antiseptic Cream	1	(e.g. Soframycin)
	And all the specialized medicines that you take. And, the things we missed.		
H	Miscellaneous Items		
1	Glasses / Contact Lenses	3	Must. Optics very expensive here.
2	Contact Lenses Solution	-	Check for yourself
3	Stitching Kit	1	
4	Wallet (to hold Credit Cards also)	1	Highly Recommended
5	Hangers	-	Don't bring. Cheaply available
6	Religious Books	-	Optional.
7	Photographs		Remember!!! Memories are the best company. (online or external hard drive)
8	Handicraft Items / Gifts		Optional
I	Documents (Including but not limited to these, carry a comprehensive file containing the documents which were used for your visa interview)		
1	Passport / Photocopies		Leave a copy in each bag.
2	Admission Letter		Leave a copy in each bag.
3	I-20 & VISA photocopies		Leave a copy in each bag.
4	Credentials		Leave a copy in each bag.
5	Transcripts		Leave a copy in each bag.
6	Recommendation Letters		Leave a copy in each bag.
7	GRE / TOEFL Score Sheets		Leave a copy in each bag.
8	Receipts of traveller cheques		One copy in each baggage
9	Vaccination Certificate		MMR, TB test.

10	Medical Prescription of all medicines you carry		Leave a copy in each bag.
11	College Leaving Certificate		Leave a copy in each bag. (Optional)
12	International Driving License (I.D.P.)		Optional
13	Enough Money		Cash with some change for phone calls and other initial stuff You can also bring International Debit Card (e.g. Forex Card)

This is a list of other items. For general travel checklist please visit

<http://www.isa-asu.org/prospectivestudents/travelchecklist/>

*Type of clothes depends on the habits of an individual. As far as dressing code is concerned, there is none. Shorts and T-Shirts to the school are the ones popular here. No formal stuff, it's highly casual. Try to get cotton stuff as it suits the climate here and cotton tends to withstand the extreme torture of machine washing and drying here quite well. Things left blank are optional and depends on individual's use.*

**Note:** Update from Spring 2017 students: "At the port of entry, immigration and customs officials would check your bags for 'Channa, Chole and Jeera also seeds of any kind'. These are not allowed into the U.S. Please make sure you avoid packing these to avoid bag search at the airport".

*Also, carry liquid cash below \$5,000 to avoid questions (this excludes the Drafts (DD) for your first semester fees. DDs are not considered liquid cash)"*

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If you have any queries, concerns or suggestions please contact us at [isa.asu@gmail.com](mailto:isa.asu@gmail.com)