

Mason Gomes

Senior Capstone Process Slideshow 2025



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Beginning Research and Drafts

What will I be studying?

- ***What qualities or support systems enable athletes to overcome adversity and succeed?***
 - This question allows me to highlight resilience, mindset, and the roles of family, coaches, and community in one's ability to persevere through tough patches in life.
 - Some of the events that these athletes have gone through are losses of a friends, family, as well as physical limitations, and mental limitations.
- ***Why this?***
 - Sports have been the backbone of my college experience, providing a constant source of comfort through both challenging and happy times. Whether balancing work, academics, or simply unwinding, I consistently turn to sports as a reliable outlet at the end of each day. My appreciation for sports extends beyond their competitive nature; I view them as a valuable means of relief and resilience. Through this project, I aim to highlight and honor the role of sports as more than a pastime, but as a vital source of support and inspiration.

What will I be studying?

I will be highlighting athletes who have faced significant challenges in their lives and successfully rebounded, overcoming adversity.

Examples:

- **Pierre Gasly (Formula 1)** – After the tragic loss of his childhood best friend, Gasly secured his first Formula 1 victory just a year later.
- **David Pastrnak (Hockey)** – Following the heartbreakng passing of his newborn son, Pastrnak rose to become one of the NHL's leading goal scorers.
- **Isaiah Thomas (Basketball)** – Shortly before the 2017 playoffs, Thomas lost his sister in a car accident, yet he continued to excel on the court.

Why are you choosing this project?

- I chose this project because of my long-standing passion for sports and the admiration I hold for athletes who overcame adversity. Stories like that of my favorite Formula 1 driver, Pierre Gasly, are especially inspiring. After being demoted from Red Bull's A-team to their B-team, Gasly endured the devastating loss of his best friend in a racing accident. Despite these setbacks, he persevered and secured his first win the following year with the B-team. For those not familiar with Formula 1, the B-team car was nowhere near as good as the A-team's car, so this is a really rare race win. These personal journeys are way more inspiring than any stat or record.



Pierre Gasly on the podium for his first win in Formula One 13 months after his childhood best friend Anthoine Hubert's passing

Capstone Overview

- My capstone project is divided into three main components:
 - Posters
 - Booklet
 - Timeline (decided to cut)



Romain Grosjean climbing out of a fireball caused by an accident, he will have severe burns on his hands, yet continue to race in motorsports in Indycar

Current athletes I have in mind

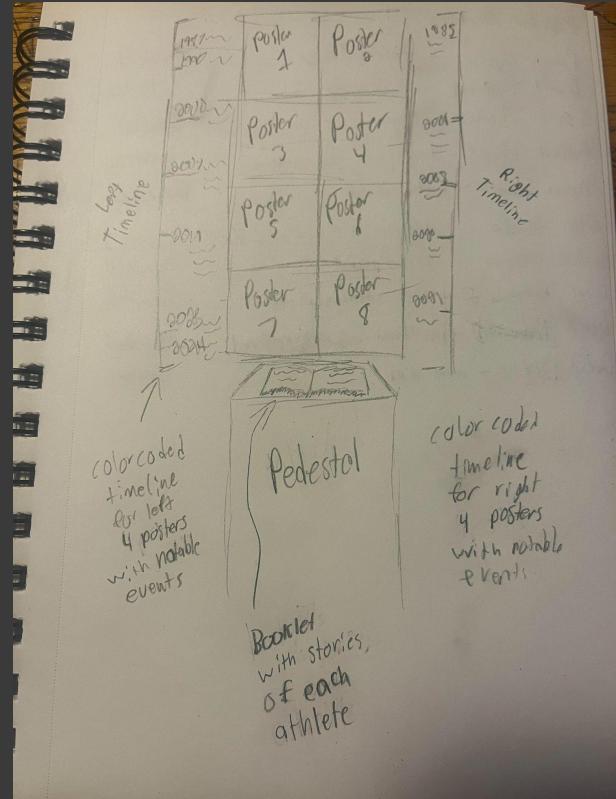
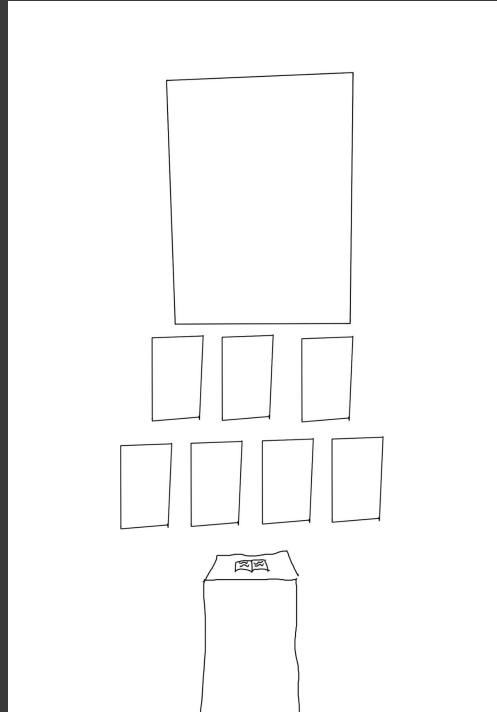
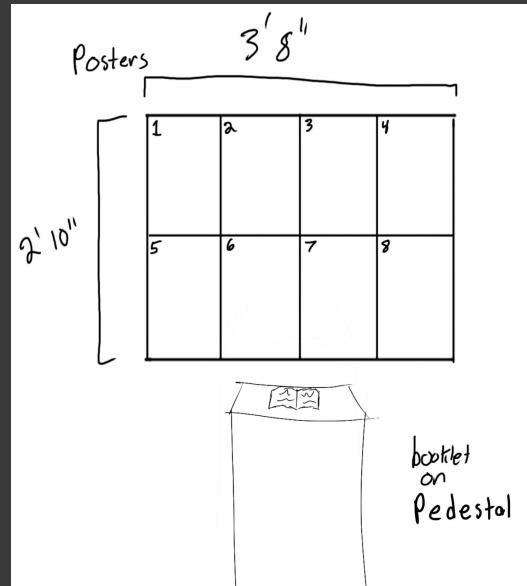
AJ Brown Joe Andruzzi Logan Thompson



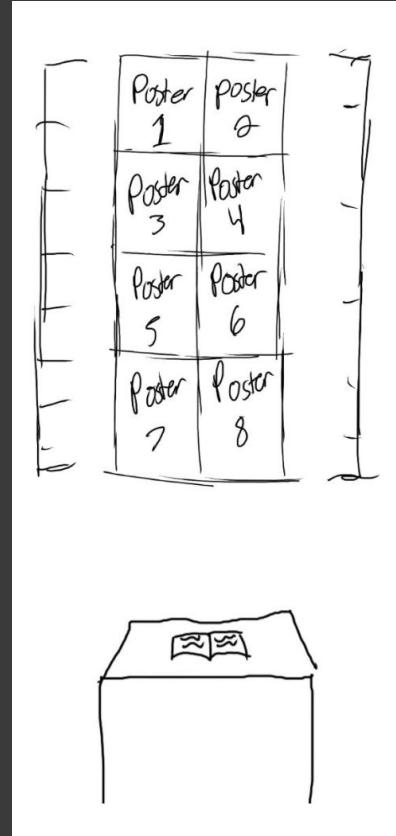
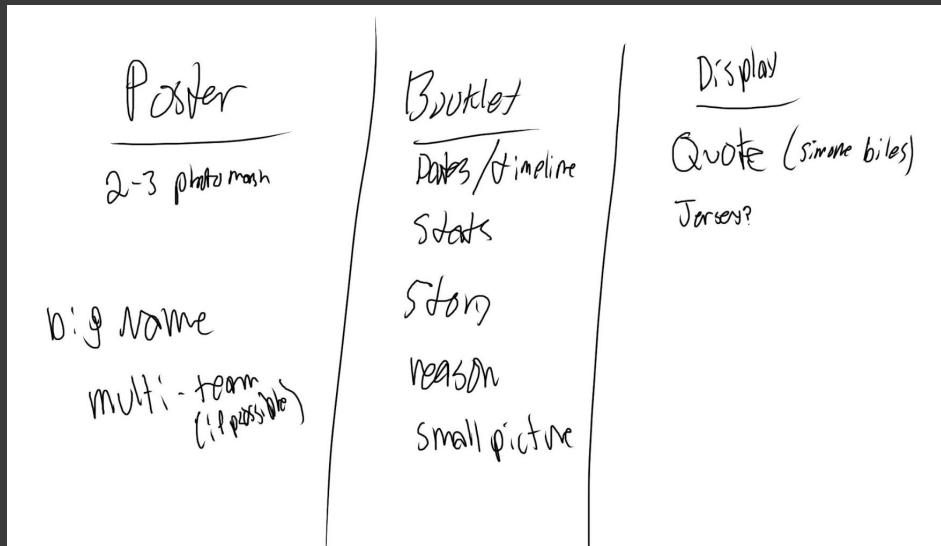
- Pierre Gasly - F1 - Lost friend ★
- David Pastrnak - Hockey - Lost son ★
- Isaiah Thomas - Basketball - Lost sister ★
- Michael Phelps - Swimming - Mental ★
- Marcus Smart - Basketball - Lost brother ★
- Paul George - Basketball - Injury
- Max Verstappen - F1 - Father Relationship
- Devin McCourty - Football - Lost Daughter ★
- Niki Lauda - F1 - Injury
- David Ortiz - Baseball - Injury/derek jeter/fernando tatis jr
- Romain Grosjean - F1 - Injury ★
- Jimmy Butler - Basketball - Family
- Jorge Martin - MotoGP - Injury
- Marc Marquez - MotoGP - Injury
- Peyton Manning - Football - Injury
- Rob Gronkowski - Football - Injury

★ = chosen athlete

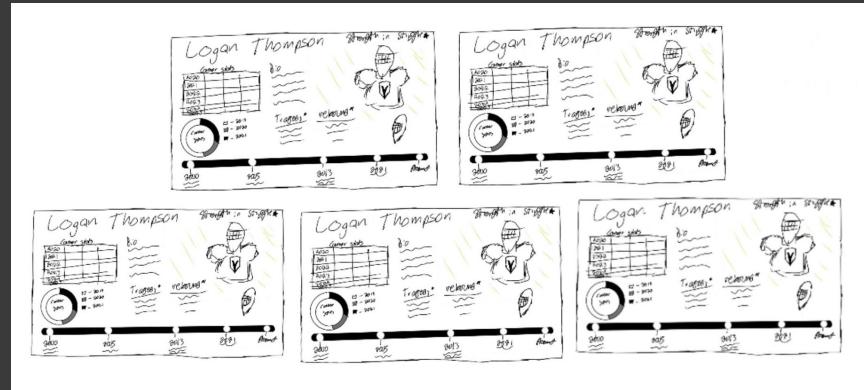
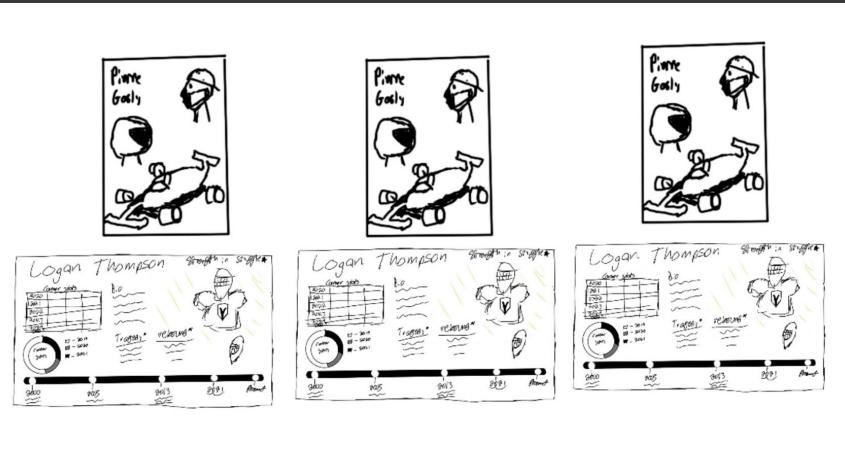
Installation ideas / Sketches



Installation ideas / Sketches



Installation ideas / Sketches

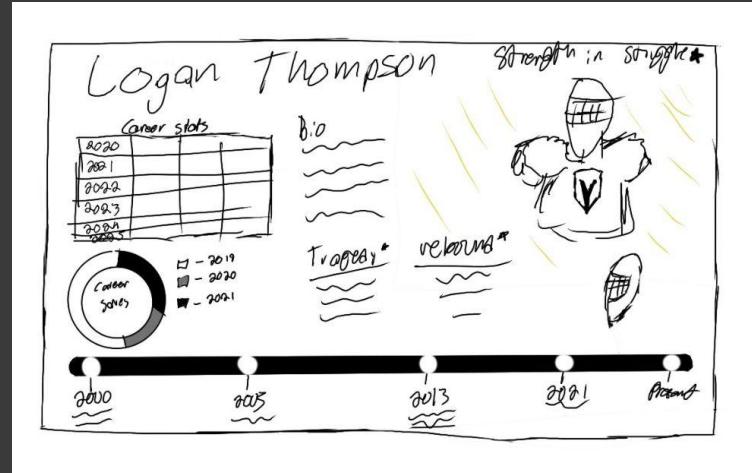
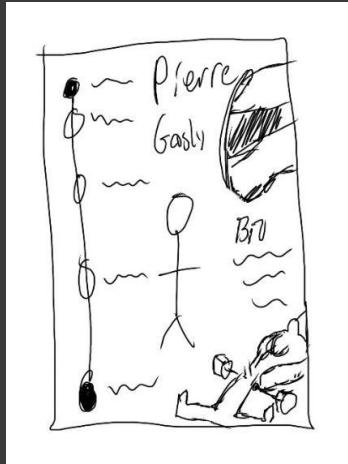
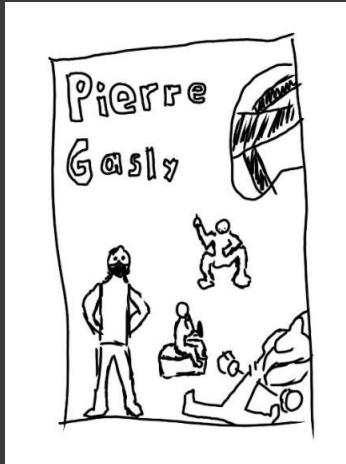


Posters

Inspiration of posters

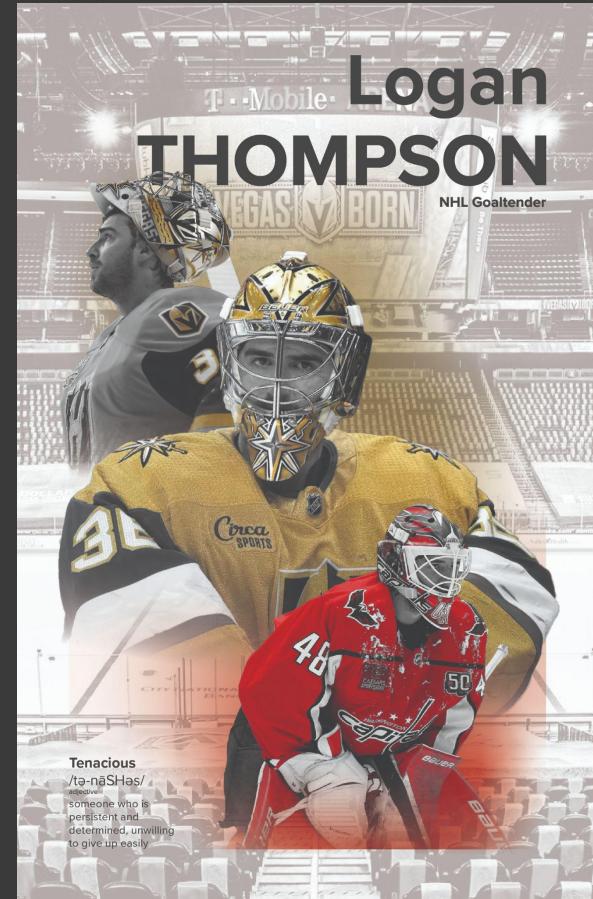
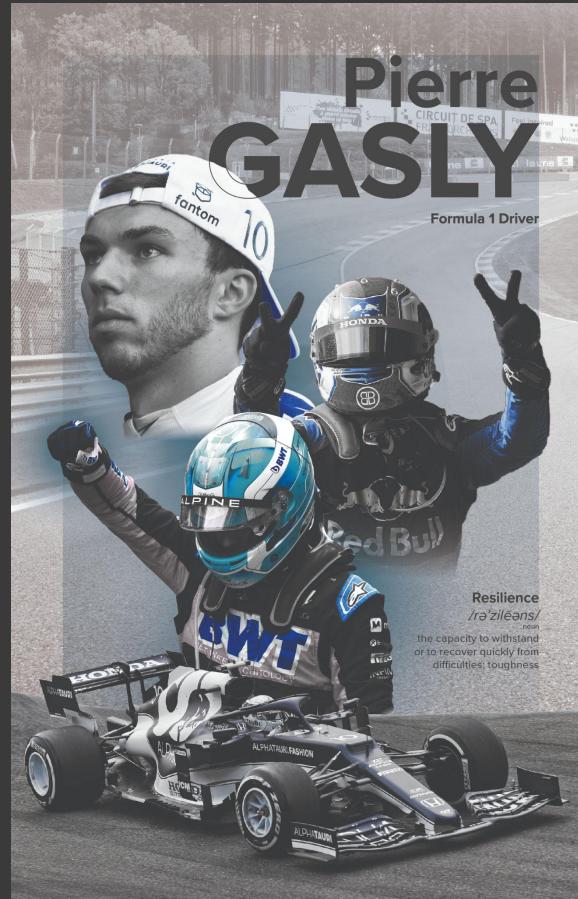


Poster Sketches



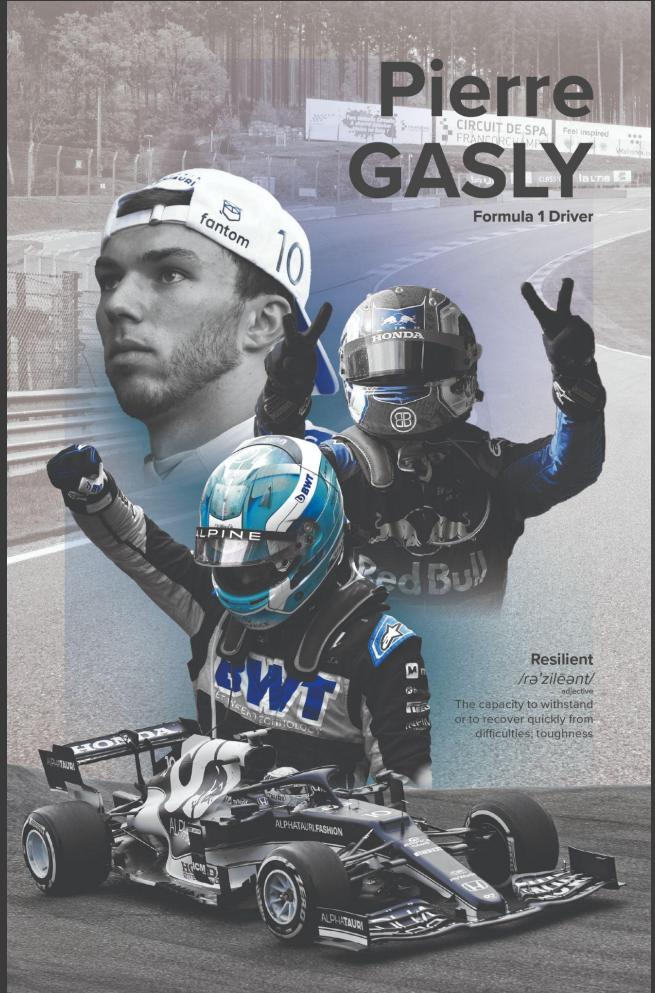
Semi-final drafts of posters

- Black and white with one color
- Somewhat action shots of athlete
- What they are
- Definition corresponding to story

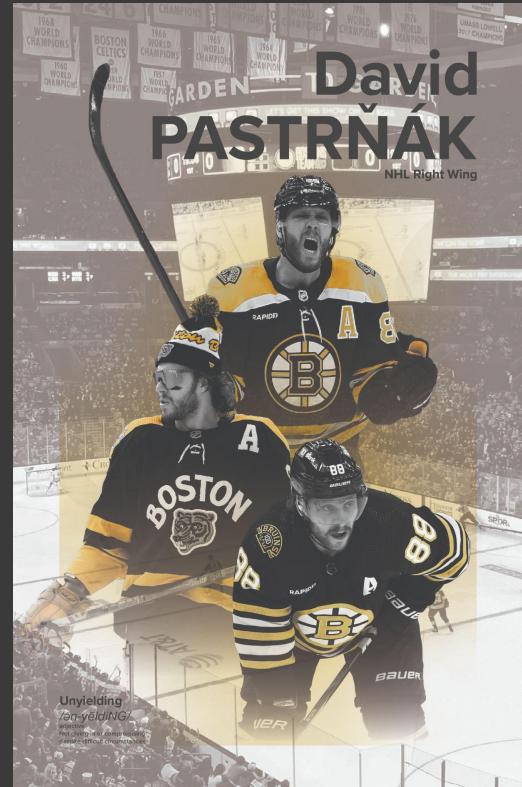
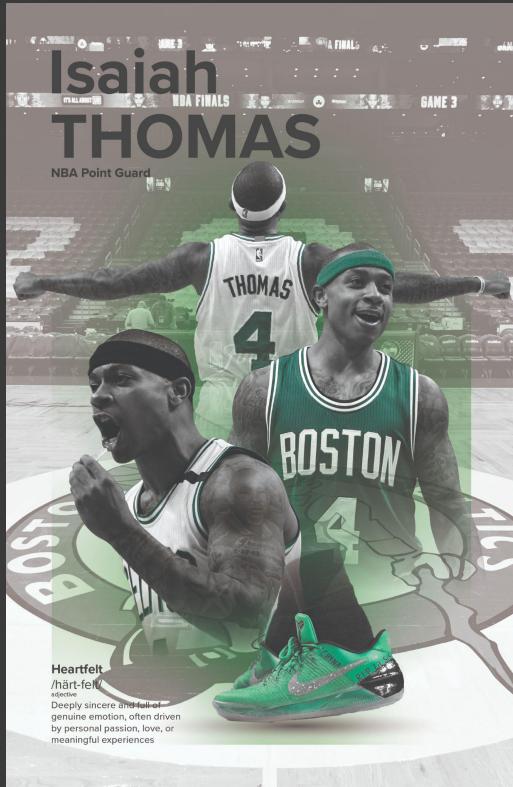
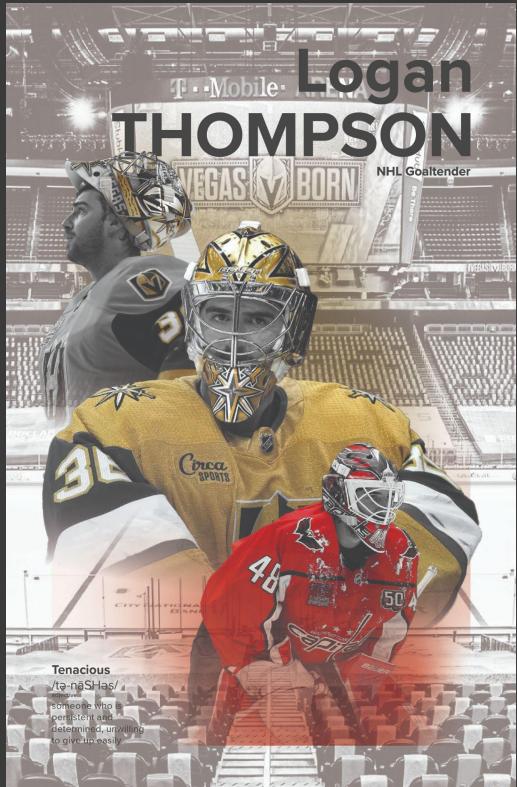


Poster (planned for 2ft x 3ft)

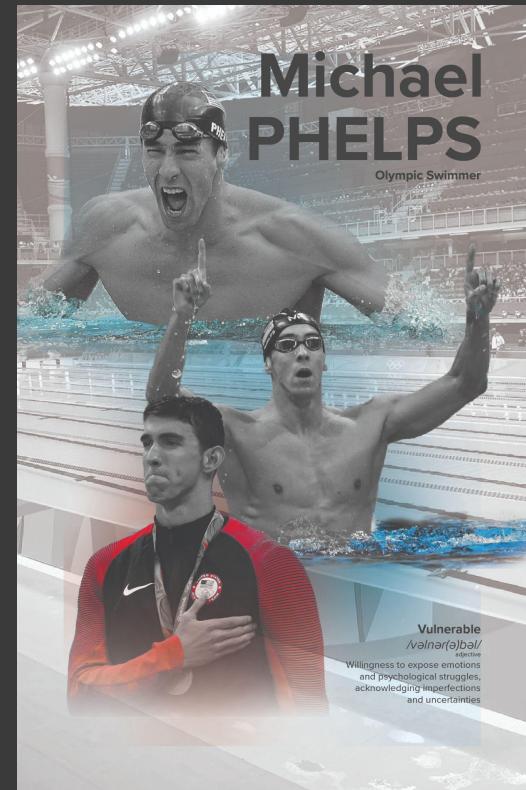
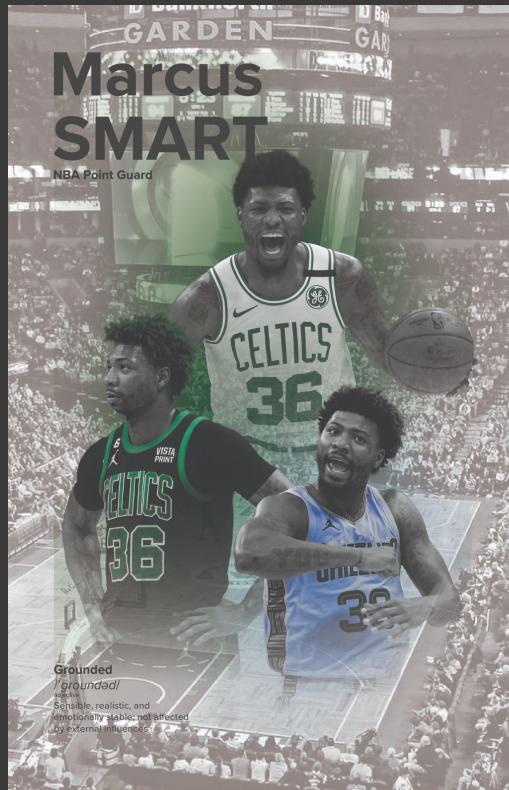
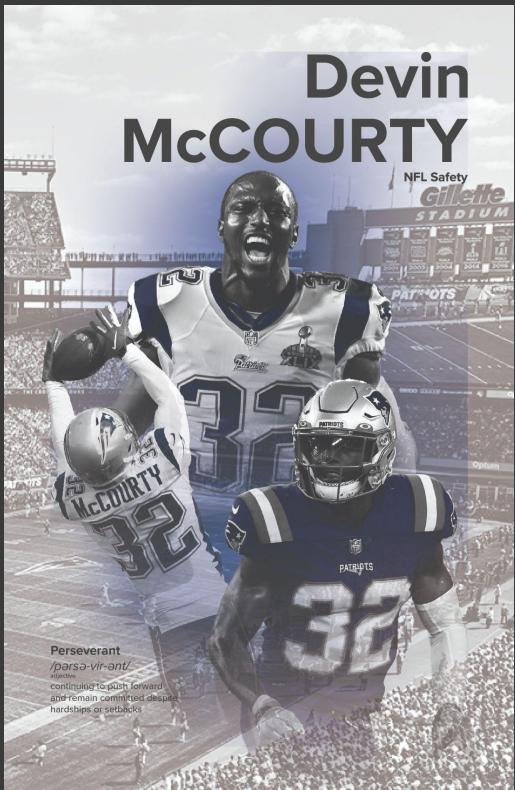
Mason Gomes - 2025



Posters (11in x 17in)

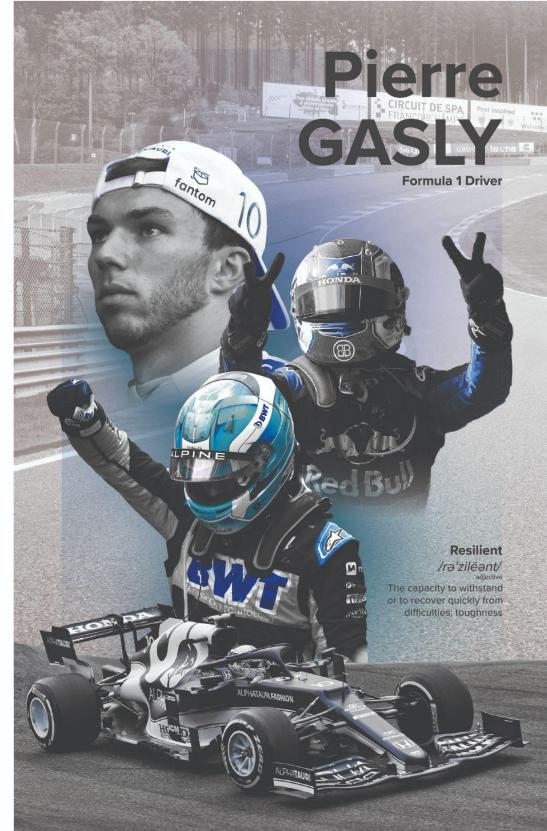


Posters (11in x 17in)

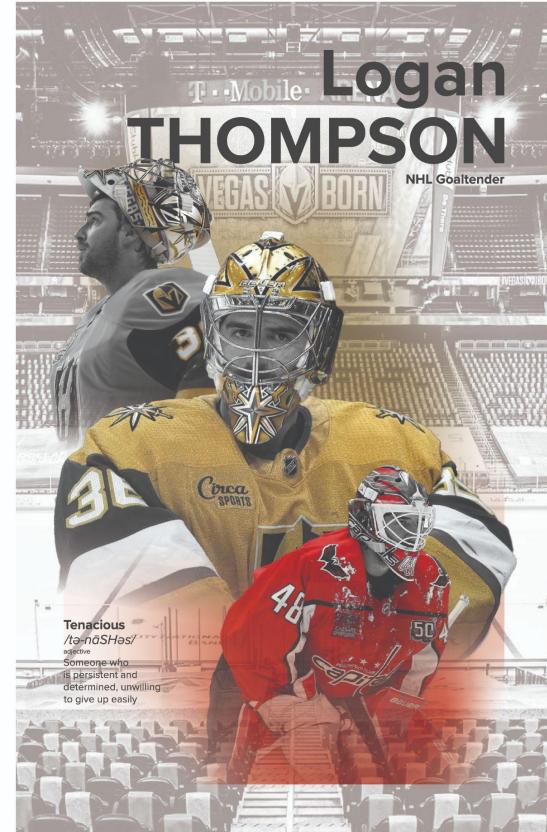


Finished Posters

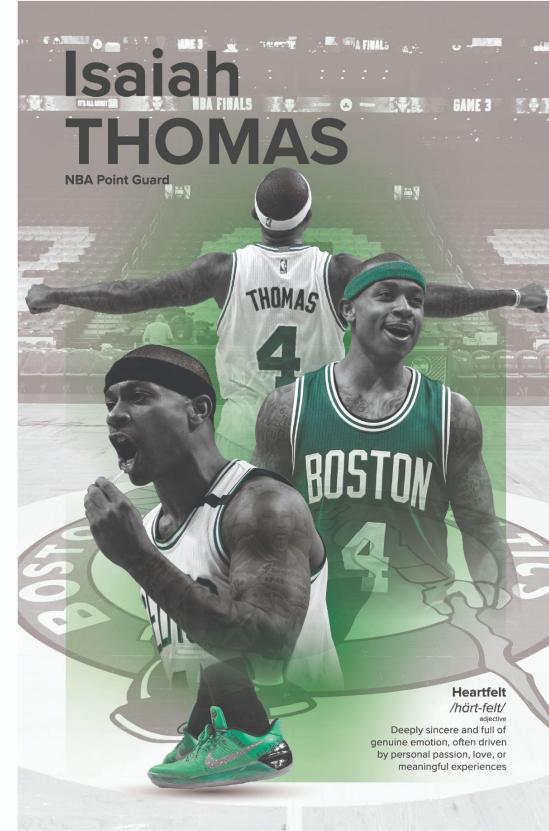
Final Posters (11in x 17in) - Pierre Gasly



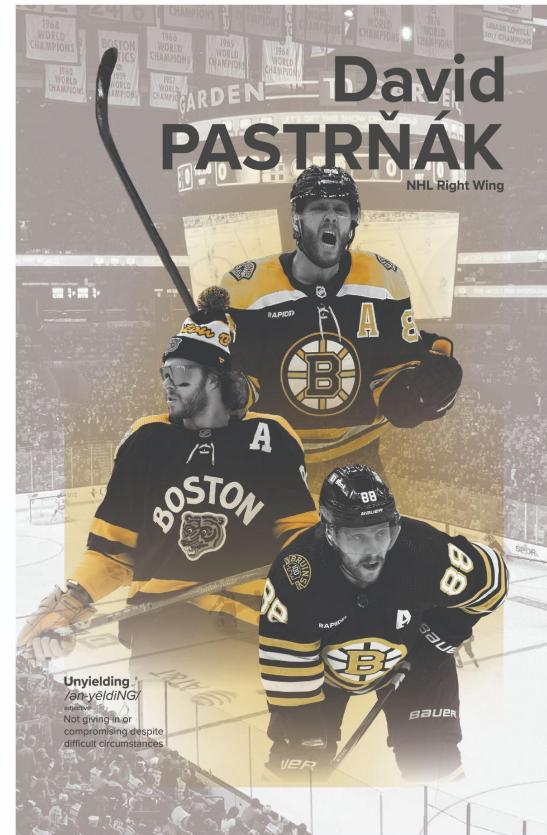
Final Posters (11in x 17in) - Logan Thompson



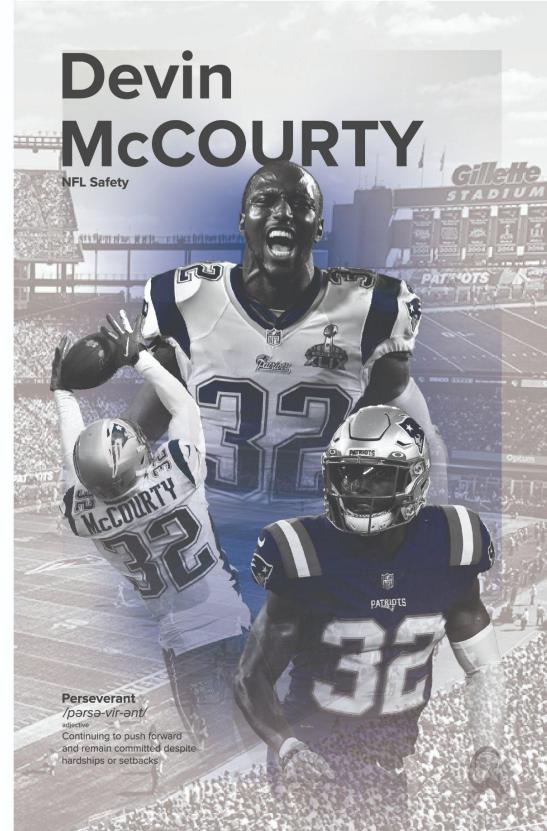
Final Posters (11in x 17in) - Isaiah Thomas



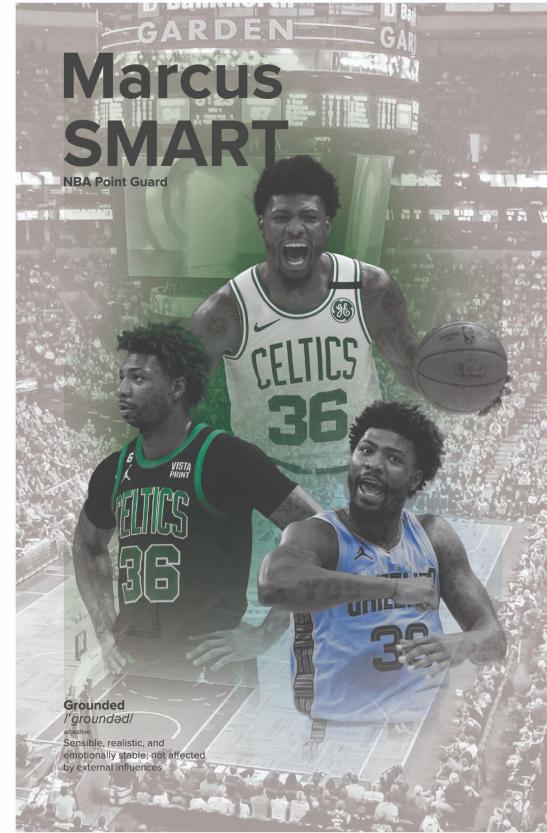
Final Posters (11in x 17in) - David Pastrnak



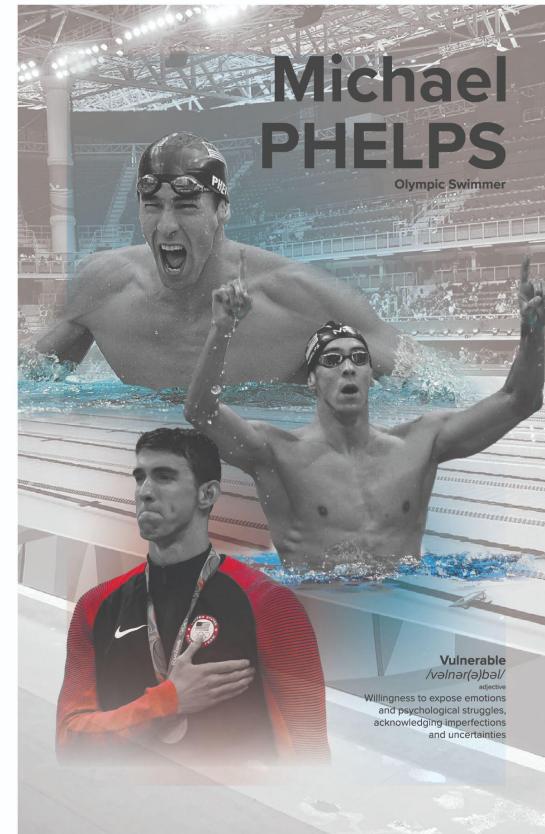
Final Posters (11in x 17in) - Devin McCourty



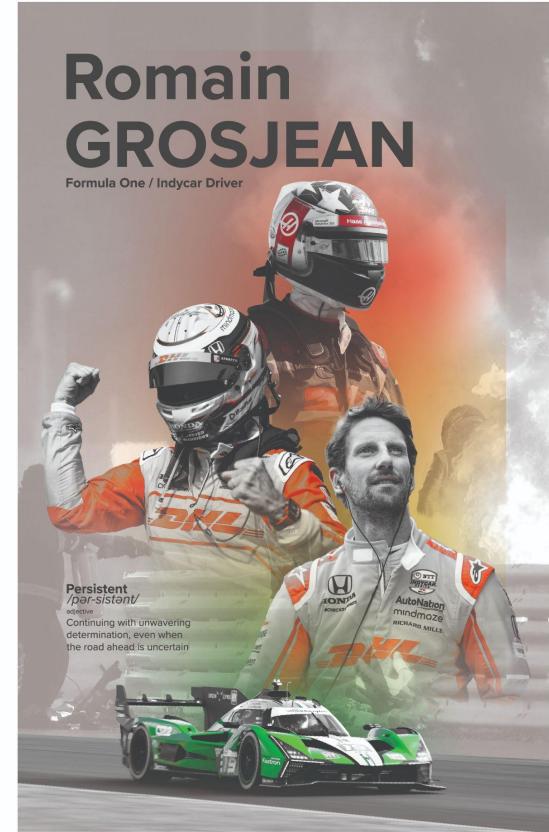
Final Posters (11in x 17in) - Marcus Smart



Final Posters (11in x 17in) - Michael Phelps



Final Posters (11in x 17in) - Romain Grosjean

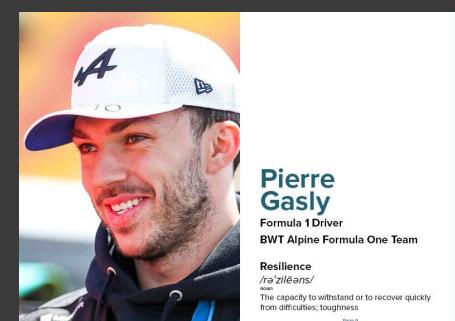
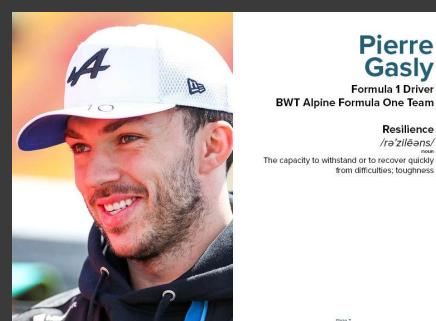
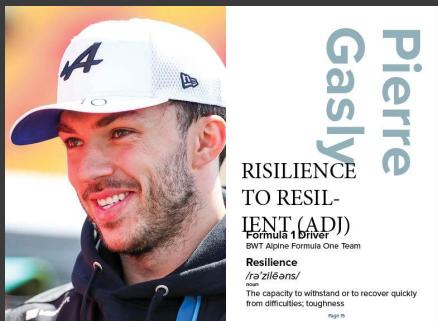
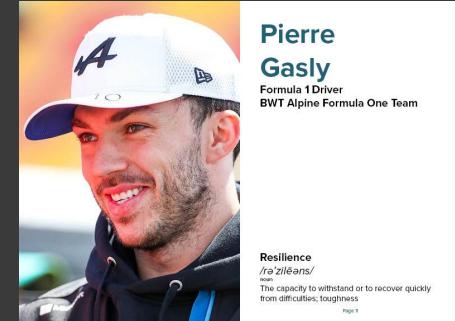
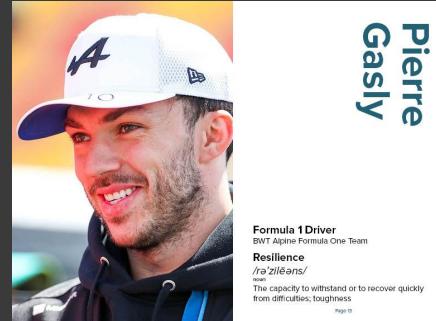
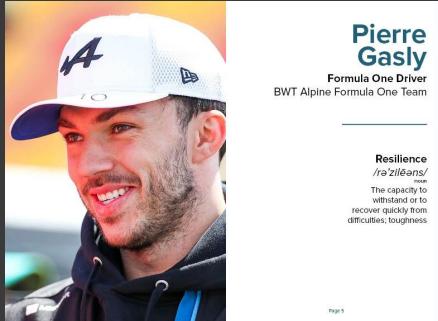


Printed Posters



Booklet

Drafts of booklet “chapters”

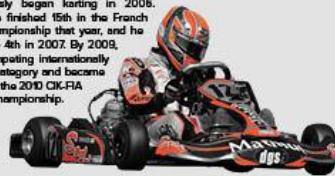


Early drafts of booklet

Biography

Early Life and Karting Beginnings (2006-2010)

Born on February 7, 1996, in Normandy, France, Gasy began karting in 2006. Although he finished 15th in the French Minime Championship that year, and he improved to 4th in 2007. By 2009, he was competing internationally in the KF3 category and became runner-up in the 2010 CIK-FIA European Championship.



Single-Seater Racing and Red Bull Team (2011-2014)

In 2011, Gasy moved to single-seater racing, finishing 3rd in the French F4 Championship. He joined Formula Renault Eurocup with R-Ace GP in 2012, finishing 10th. His breakthrough came in 2013 when he won the championship with Tech 1 Racing, Red Bull Junior Team signed him for the 2014 season, marking his entry into the Formula 1 (F1) development program. Gasy raced in Formula Renault 3.5 and made a one-off appearance in GP2, gaining valuable experience.



Reserve Driver and GP2 Success (2015-2016)

Gasy got his first taste of an F1 car, testing for both Toro Rosso and Red Bull Racing. He was named Red Bull's reserve driver in 2016 while also competing in GP2, where he became champion with Prema Powerteam. Gasy moved to Japanese Super Formula in 2017, securing two wins and narrowly missing the championship title due to the final race's cancellation. He made his F1 debut at the Malaysian Grand Prix, replacing Daniil Kvyat at Toro Rosso. Gasy continued with Toro Rosso for the remainder of the season, partnering with Brendon Hartley.



Full-Time F1 Driver with Toro Rosso (2018)

Gasy became a full-time Formula 1 driver for Toro Rosso, partnering with Brendon Hartley. He impressed early with a 4th-place finish in Bahrain, but his season had ups and downs, including a crash with teammate Brendon Hartley. Gasy recorded four more points finishes during the season, including seventh place at Monaco and sixth place at Hungary. He ended the year 15th in the drivers' championship with 29 points.

Early drafts of booklet

Promotion to Red Bull and Personal Tragedy

(2019)

In 2019, Gasy was promoted to Red Bull Racing alongside Max Verstappen. Despite high expectations, he struggled to match Verstappen's pace and was demoted back to Toro Rosso after the summer break. That same weekend as the demotion, Gasy's best friend, Anthoine Hubert, tragically passed away during an F2 race at Spa-Francorchamps. Despite this emotional blow, Gasy delivered a stunning performance a couple months later at the Brazilian Grand Prix, finishing 2nd and securing his first F1 podium. He concluded the season 7th in the championship with 95 points.



Victory at Monza and AlphaTauri Era

(2020)

Toro Rosso rebranded to AlphaTauri in 2020. Gasy had a solid season, highlighted by a remarkable win at the Italian Grand Prix battling till the last lap against his former teammate Carlos Sainz Jr. His victory was symbolic, coming just over a year after Hubert's passing. Gasy ended the season 10th with 75 points.



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Strong Performance and Podium Finish

(2021)

The 2021 season saw Gasy continue to perform strongly for AlphaTauri, showcasing his talent with impressive drives. He earned a podium in Azerbaijan after a chaotic race and consistently scored points throughout the year, proving his reliability. Finishing 9th in the championship with 110 points, one of his most consistent seasons. There was speculation about a possible return to Red Bull, as many believed he deserved the lead driver chance. However, Gasy will remain the lead driver for AlphaTauri.



Challenges and Alpine Interest

(2022)

Gasy faced challenges with AlphaTauri, as the car lacked pace. Despite this, he delivered consistent point-scoring finishes. Near the end of the season, Alpine showed interest in Gasy, as Red Bull was willing to release him. The Japanese Grand Prix was marked by controversy when Gasy avoided a collision with a recovery vehicle on track during a wet race. This incident was similar to Jules Bianchi, who tragically passed away after a crash at the same circuit in 2014. Bianchi had collided with a recovery vehicle during similar conditions and succumbed to his injuries nine months later. Gasy voiced strong criticism of race management, stating that such an event should never happen again. He finished the season 14th with 23 points.



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Early drafts of booklet

Joining Alpine and Continued Resilience

(2023)

Gasy joined Alpine for the 2023 season, partnering with former karting rival Esteban Ocon in an all-French driver lineup. His debut race was a statement to his resilience, as he recovered from starting last to finish 9th, immediately showcasing his racecraft. Although Alpine struggled with performance and consistency throughout the season, Gasy still delivered strong drives, including a standout podium finish in the Netherlands, where he capitalized on changing conditions and strategy. Despite the team's challenges, he secured multiple points finishes and ended the season 11th in the championship with 62 points, proving his ability to maximize results.



Building Momentum and Strong Finish

(2024)

Gasy continued with Alpine and showed resilience despite early-season struggles. A standout moment came in Brazil, where he finished 3rd alongside teammate Ocon's 2nd-place finish—the best result for the team. Gasy concluded the season 7th in Abu Dhabi, helping Alpine secure 6th in the constructors' standings. He finished the season 9th in the drivers' championship with 72 points. Gasy is signed with Alpine until 2026 and looks forward to the new season with rookie teammate Jack Doohan.



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Career Stats

Career Wins

1

Career Podiums

5

Average Qualifying Position

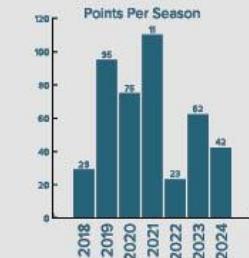
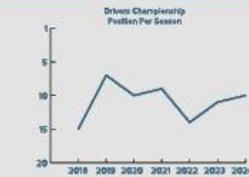
11.2

Average Finishing Position

10.2

Fastest Laps

3



Early drafts of booklet



Logan
Thompson

NHL Goaltender

Tenacious

/tə-nāSHəs/
adjective

Someone who
is persistent and
determined, unwilling
to give up easily

Early drafts of booklet

Biography

Early Beginnings

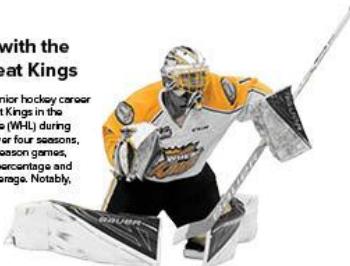
(1997–2015)

Logan Thompson was born on February 25, 1997, in Calgary, Alberta. As a child, he showed a natural affinity for hockey, often choosing to play goalie while other kids preferred scoring goals. He played youth hockey in Calgary and quickly stood out for his competitiveness and lightning-fast reflexes.

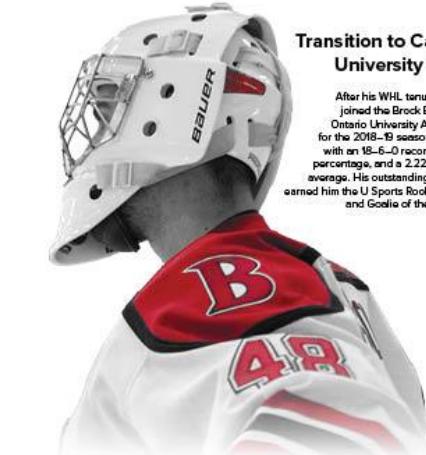
WHL Tenure with the Brandon Wheat Kings

(2014–2019)

Thompson began his junior hockey career with the Brandon Wheat Kings in the Western Hockey League (WHL) during the 2014–15 season. Over four seasons, he played 126 regular-season games, achieving a .905 save percentage and a 3.26 goals-against average. Notably, he contributed to the Wheat Kings' WHL Championship victory in 2016.



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Transition to Canadian University Hockey

(2018–2019)

After his WHL tenure, Thompson joined the Brock Badgers in the Ontario University Athletics (OUA) for the 2018–19 season. He excelled with an 18–6–0 record, a .934 save percentage, and a 2.22 goals-against average. His outstanding performance earned him the U Sports Rookie of the Year and Goaltender of the Year awards.



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Professional Beginnings in the ECHL

(2019–2020)

Post-university, Thompson signed with the Adirondack Thunder of the ECHL in March 2019, appearing in eight games. He then secured a professional tryout with the Binghamton Devils of the AHL, playing one game. In May 2019, he signed a one-year contract with the Hershey Bears of the AHL but spent the 2019–20 season with their ECHL affiliate, the South Carolina Stingrays. There, he recorded a 23–8–1 record, a .929 save percentage, and a 2.25 goals-against average.

Early drafts of booklet

Professional Breakthrough

(2019-2020)

Thompson signed with the Vegas Golden Knights organization in 2020 after playing with the ECHL's South Carolina Stingrays. Despite starting in the lower leagues, his performance caught the attention of Vegas management. He was promoted to the American Hockey League (AHL), where he became a standout goaltender.

A black and white photograph of a goalie in a white jersey with red and blue stripes on the sleeves, crouched in a ready position with arms raised. He is wearing a helmet and chest protector.

Dominance in the AHL

(2020-2021)

During the 2020-2021 season, Thompson was named the AHL's Goaltender of the Year after posting a remarkable save percentage and leading his team to several key victories. His performance earned him a call-up to the NHL, where he made his debut for the Vegas Golden Knights.

A black and white profile photograph of a goalie in a Vegas Golden Knights jersey, showing the number 36. He is wearing a helmet with a large mask and is looking towards the right.

NHL Debut Season

(2021-2022)

Thompson became a regular part of Vegas' goaltending rotation during the 2021-2022 season. He quickly earned a reputation for his fearless play and calm demeanor in high-pressure situations. Despite Vegas missing the playoffs, Thompson emerged as a bright spot and a fan favorite.

A color photograph of a goalie in a yellow Vegas Golden Knights jersey, standing with hands on hips. He has a beard and long hair.

Rising Star and Heartbreaking Injury

(2022-2023)

By the 2022-2023 season, Thompson was Vegas' starting goaltender. He was having a career-best season, including an all-star appearance, when, in March 2023, he suffered a severe lower-body injury that sidelined him for the remainder of the season. While Vegas went on to win the Stanley Cup, Thompson watched from the sidelines, grappling with a mix of professional disappointment.

A color photograph of a goalie in a teal and white jersey, crouching in a ready position with arms raised. He is wearing a helmet and chest protector.

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Early drafts of booklet

A Rollercoaster Year (2023-2024)

The 2023 season was filled with highs and lows for Logan Thompson. Returning from his devastating injury the previous year, he started strong, quickly regaining his form as a reliable netminder for the Vegas Golden Knights. Thompson played a pivotal role in keeping Vegas competitive throughout the season. Despite his efforts, the team faced inconsistency and narrowly missed the playoffs. Thompson's resilience and ability to bounce back from adversity cemented his status as one of the league's rising stars, setting the stage for future success.

The Trade to Washington (2024 Offseason)

In a shocking turn of events during a fan signing session in Las Vegas, Thompson learned he had been traded to the Washington Capitals. The news was unexpected, but Thompson handled it with professionalism. "I've faced challenges before. This is just a new chapter," he said.

Fresh Start with the Washington Capitals (2024)

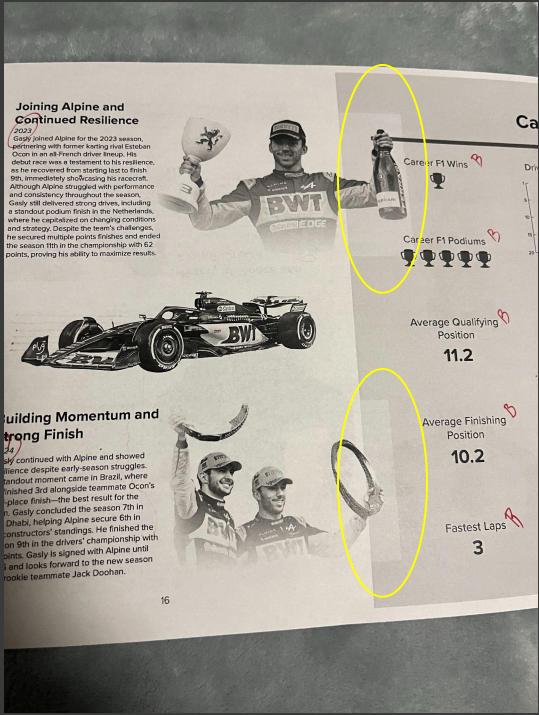
Thompson made an immediate impact with the Capitals, solidifying their goaltending situation and helping the team return to playoff contention. His impressive performance earned him accolades and a contract extension from Washington, as well as a six-year contract extension. As the 2024-2025 season concluded, Thompson emerged as the second-best goaltender in the NHL. His save percentage, clutch performances, and ability to read plays made him a cornerstone of the Capitals' success. Analysts and fans marveled at how Thompson had not only rebounded from his setbacks but exceeded all expectations.

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Career Stats

Issues when test printing



Finished Booklet

<https://mixam.com/share/67f4498be016813f9790e120>

Finished Booklet

The Breakout Year

2006-2007

The 2006-2007 season was a breakthrough year for Thomas, achieving his second All-Star nomination and the NBA's Sixth Man of the Year award. He led the Eastern Conference with the most triple-doubles (10) and averaged 23.3 points per game, the third highest in the league. Averaging 3.8 assists and a 3.8 block average, he was a nightmare for defenders, eliciting Boston's championship slogan and cementing his legacy in Celtics history.

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The 53-Point Masterpiece

May 2007

During his career's magic moment, Lebron Thomas delivered one of the most dominant performances in NBA history, showcasing resilience and heart. On May 12, 2007, in Game 2 of the Eastern Conference Finals against the Cleveland Cavaliers, Thomas exploded for a record-breaking 53 points against the Washington Wizards, breaking the previous record of 52 set by Michael Jordan in 1988. Playing with a broken hip flexor, he displayed an otherworldly performance, leaving a trail of awe in his wake. The game, and unwavering dedication to his craft.

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Injury and Setbacks

2012-2013

After a stellar 2011-2012 season, Thomas' career took a devastating turn due to a knee injury. In the summer of 2012, he underwent surgery to repair a torn meniscus. His apprehension and mobility issues led to a lackluster start to the season. However, he returned to the court in December, leading the Cleveland Cavaliers in 2013 as part of the NBA's All-Star team. Despite the challenges, Rio was outstanding; he won five gold medals in total, including three at the Rio 2016 Olympics. The year 2013 marked the beginning of his retirement from professional basketball, but it also marked the beginning of his personal journey to strength and resilience.

"I wanted to play for now," Thomas said after the game, holding back tears. "She would've wanted me."

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Retirement and Advocacy

2016-2017

After the 2016 Olympics, Phelps retired from competitive swimming. He turned his focus to advocacy, working with the International Olympic Committee to encourage more women to participate in sports worldwide. In 2018, Phelps spoke openly about his mental health struggles, encouraging others to seek help. During the same year, he founded the Michael Phelps Foundation to promote water safety, health, and fitness.

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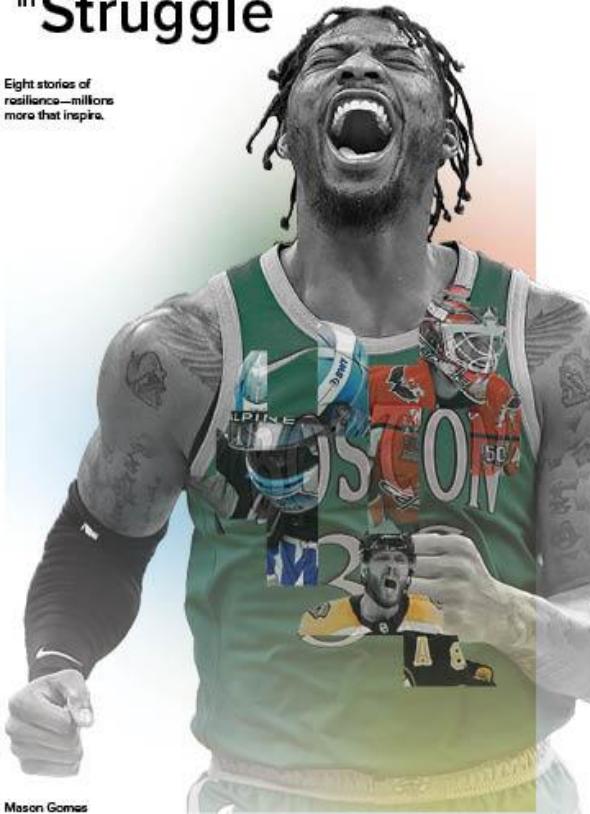
Pierre Gasly
Formula One Driver
Currently racing for
BWT Alpine Formula One Team

Resilient
(re)shaped by demand

The capacity to withstand or to recover quickly from difficult, tough times.

Strength in Struggle

Eight stories of resilience—millions more that inspire.



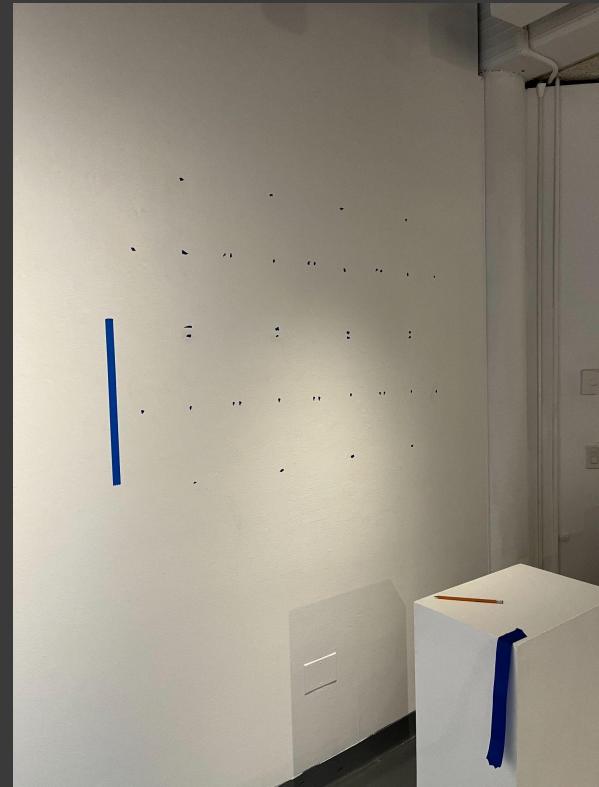
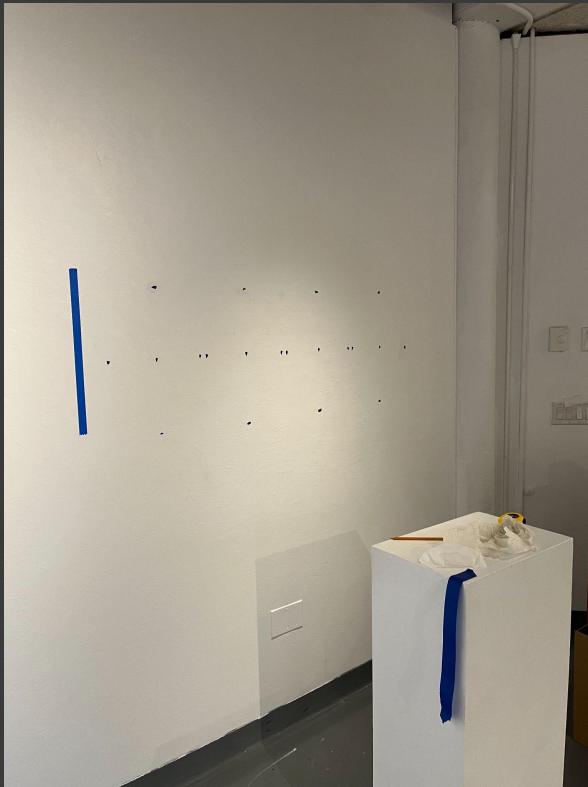
Finished Booklet Mockup



Mason Gomes - 2025

Installation

Installation Set-up



Mason Gomes - 2025

Installation Set-up



Installation Set-up



Mason Gomes - 2025



Temporary Lighting

Final

Final Installation



Thank you!

Senior Capstone Process Slideshow 2025

