

MLD

Version 1.0

user(id_user, pseudonym, password, email, size, weight, gender, body_fat, muscle_mass, #id_role)

Attribute(id_attribute, type)

Structure(id_structure, name)

Training(id_training, name, type, #id_structure)

Type(id_type, name)

Exercice(id_exercice, name, #id_type)

Serie(id_serie, date, load, repetitions, RPE, expected_repetitions, expected_load, #id_training, #id_user, #id_exercice)

Role(id_role, name)

ConfigStruct(#id_structure, #id_attribute, value)

ConfigUser(#id_user, #id_attribute, value)

composeTraining(#id_training, #id_type, order)

developRm(#id_exercice, #id_user, load)