

5.5 The substitution rule

1. for indefinite integral (變數變換) 不定積分
2. for definite integral (變數變換) 定積分
3. symmetry 對稱性

0.1 The substitution rule for indefinite integral

Recall: Chain rule: Let $y = f(u)$ and $u = u(x)$, then

$$\frac{df(u(x))}{dx} = \frac{df(u)}{du} \frac{du(x)}{dx} [= f'(u)u'(x)] \quad \left(\frac{dy}{dx} = \frac{dy}{du} \frac{du}{dx} \right)$$

Theorem 1 If $u = g(x)$ is a differentiable function whose range is an interval I and f is continuous on I , then

$$\int f(g(x))g'(x) dx = \int f(u) du$$

Proof. Let F be an antiderivative of f , $F'(u) = f(u)$.
(代入 $u = g(x)$, 用 Chain Rule 對 x 微分。)

$$\frac{d}{dx}[F(g(x))] = \frac{d}{du}F(u) \frac{d}{dx}g(x) = F'(u)g'(x) = f(g(x))g'(x).$$

$\implies F(g(x))$ is an antiderivative of $f(g(x))g'(x)$.

$$\therefore \int f(g(x))g'(x) dx = F(g(x)) + C = F(u) + C = \int f(u) du. \quad \blacksquare$$

Skill: 把積分裡的 dx 與 du 當成微分(differential)(其實不是) 來幫忙換:

$$u = u(x), \quad du = u'(x) dx, \quad (\text{變數名與函數名一樣方便使用。})$$

$$\begin{array}{ccc} \int & f(u(x)) & u'(x) dx & x \text{ 的函數對 } x \text{ 積分} \\ \downarrow & \downarrow & \downarrow & \text{換成} \\ \int & f(u) & du & u \text{ 的函數對 } u \text{ 積分} \end{array}$$

Timing: 合成函數的積分。 **Goal:** 換成簡單的函數來積分。

Question: 怎麼選擇適當的 $u = u(x)$? \int 經驗 d 作業

Attention: 換的時候要把 x 都換成 u 的函數, 最後要把 u 換回 x 的函數。

Example 0.1 $\int 2x\sqrt{1+x^2} dx = ?$

Let $u = \overset{\text{可省略}}{u(x) = 1+x^2}$, then $du = \overset{\text{可省略}}{u'(x) dx = (1+x^2)' dx = 2x dx}$.
 $\therefore \int \overset{\text{換成}u}{2x\sqrt{1+x^2} dx} = \int \sqrt{u} du = \frac{2}{3}u^{3/2} + C \overset{\text{換回}x}{=} \frac{2}{3}(1+x^2)^{3/2} + C. \quad \blacksquare$

Example 0.2 $\int x^3 \cos(x^4 + 2) dx = ?$

Let $u = x^4 + 2$, then $du = 4x^3 dx$, $x^3 dx = \frac{1}{4} du$.
 $\therefore \int \overset{\text{換成}u}{x^3 \cos(x^4 + 2) dx} = \int \frac{1}{4} \cos u du = \frac{1}{4} \sin u + C = \frac{1}{4} \sin(x^4 + 2) + C. \quad \blacksquare$

Example 0.3 $\int \sqrt{2x+1} dx = ?$

[Sol 1] Let $u = 2x + 1$, then $du = 2 dx$, $dx = \frac{1}{2} du$.
 $\therefore \int \sqrt{2x+1} dx = \int \frac{1}{2} \sqrt{u} du = \frac{1}{3}u^{3/2} + C = \frac{1}{3}(2x+1)^{3/2} + C.$

[Sol 2] Let $v = \sqrt{2x+1}$, then $dv = \frac{1}{\sqrt{2x+1}} dx = \frac{1}{v} dx$, $dx = v dv$.
 $\therefore \int \sqrt{2x+1} dx = \int v \cdot v dv = \frac{1}{3}v^3 + C = \frac{1}{3}(2x+1)^{3/2} + C. \quad \blacksquare$

Example 0.4 $\int \frac{x}{\sqrt{1-4x^2}} dx = ?$

Let $u = 1 - 4x^2$, then $du = -8x dx$, $x dx = -\frac{1}{8} du$.
 $\therefore \int \frac{\overset{\text{換成}u}{x}}{\sqrt{1-4x^2}} dx = \int -\frac{1}{8} u^{-1/2} du = -\frac{1}{4}u^{1/2} + C = -\frac{1}{4}\sqrt{1-4x^2} + C. \quad \blacksquare$

Example 0.5 $\int e^{5x} dx = ?$

Let $u = 5x$, then $du = 5 dx$, $dx = \frac{1}{5} du$.
 $\therefore \int \overset{\text{換成}u}{e^{5x}} dx = \int \frac{1}{5} e^u du = \frac{1}{5}e^u + C = \frac{1}{5}e^{5x} + C. \quad \blacksquare$

Skill: 怎麼檢查對不對? 一樣, 用微分! (這時候一定會用上連鎖律。)

Example 0.6 (換乾淨) $\int \sqrt{1+x^2} x^5 dx = ?$

Let $u = 1 + x^2$, then $du = 2x dx$, $x dx = \frac{1}{2} du$.

$$\int \sqrt{1+x^2} x^4 \cdot x dx = \int \sqrt{u} u^2 \cdot \frac{1}{2} du \text{ (Wrong! 要把 } x \text{ 換光。)}$$

$$x^4 = (x^2)^2 = (u-1)^2, x^5 dx = (x^2)^2 x dx = \frac{1}{2}(u-1)^2 du.$$

$$\begin{aligned} \therefore \int \sqrt{1+x^2} x^5 dx &= \int u^{1/2} \cdot \frac{1}{2}(u-1)^2 du = \int \frac{1}{2} u^{5/2} - u^{3/2} + \frac{1}{2} u^{1/2} du \\ &= \frac{1}{7} u^{7/2} - \frac{2}{5} u^{5/2} + \frac{1}{3} u^{3/2} + C = \frac{1}{7} (1+x^2)^{7/2} - \frac{2}{5} (1+x^2)^{5/2} + \frac{1}{3} (1+x^2)^{3/2} + C \\ &(\text{or } = \sqrt{1+x^2} \left(\frac{1}{7} x^6 + \frac{1}{35} x^4 - \frac{4}{105} x^2 + \frac{8}{105} \right) + C). \quad \blacksquare \end{aligned}$$

Example 0.7 $\int \tan x dx = ?$

$\tan x = \frac{\sin x}{\cos x}$. Let $u = \cos x$, then $du = -\sin x dx$, $\sin x dx = -du$.

$$\begin{aligned} \therefore \int \tan x dx &= \int \frac{\sin x}{\cos x} dx = \int -\frac{du}{u} = -\ln |u| + C \quad \left(\int \frac{dx}{x} = \ln |x| + C \right) \\ &= -\ln |\cos x| + C \text{ (ok, but)} = \ln |\cos x|^{-1} + C = \ln |\sec x| + C. \text{ (好記)} \quad \blacksquare \end{aligned}$$

加入你的不定積分表: $\boxed{\int \tan x dx = \ln |\sec x| + C}$

Example 0.8 (Extra) $\int \sec x dx = ?$ (用變數變換比較繁瑣)

$$\begin{aligned} (\ln |\sec x + \tan x|)' &= \frac{(\sec x + \tan x)'}{\sec x + \tan x} = \frac{\sec x \tan x + \sec^2 x}{\sec x + \tan x} \\ &= \frac{\sec x (\tan x + \sec x)}{\sec x + \tan x} = \sec x. \quad (\sec x + \tan x = 0?) \end{aligned}$$

(By the Chain Rule $\mathcal{E} (\ln |x|)' = \frac{1}{x}$, 因為都有 $\sec x$, domain 一樣, 是反導數。)

$$\therefore \int \sec x dx = \ln |\sec x + \tan x| + C. \quad \blacksquare$$

加入你的不定積分表: $\boxed{\int \sec x dx = \ln |\sec x + \tan x| + C}$

0.2 The substitution rule for definite integral

Theorem 2 If g' is continuous on $[a, b]$ and f is continuous on the range of $u = g(x)$, then

$$\int_a^b f(g(x))g'(x) dx = \int_{g(a)}^{g(b)} f(u) du$$

Proof. Let F be an antiderivative of f , $F'(u) = f(u)$,
 $\implies [F(g(x))]' = F'(g(x))g'(x) = f(g(x))g'(x)$.

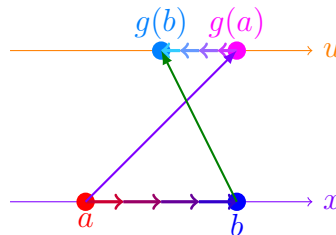
By TFTC, $\int_a^b f(g(x))g'(x) dx = F(g(x)) \Big|_a^b = F(g(b)) - F(g(a))$,
 and $\int_{g(a)}^{g(b)} f(u) du = F(u) \Big|_{g(a)}^{g(b)} = F(g(b)) - F(g(a))$. ■

Remark: 定積分的時候, 上下界要跟著換:

(想像: 變數變換就像用不同的單位計算; 台幣換美金, 數字也要變, 總價值不變。)

when $u = g(x)$,

$g(x)$, $g'(x) dx$, x 從 a 到 b .
 \downarrow \downarrow \downarrow \downarrow \downarrow
 u , du , u $g(a)$ $g(b)$.



(不一定會 $g(a) \leq g(b)$, 有可能大小反過來。)

Solve: 兩種方法

1. 用不定積分算出來反導數 $F(g(x))$, 再把 x 代 b 減代 a 。
2. 用定積分算出 $F(u)$ (不要代入 $u = g(x)$), u 代 $g(b)$ 減代 $g(a)$ 。

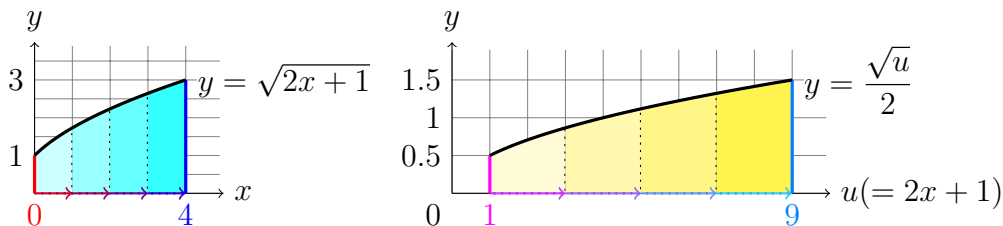
有時候 f & g 很複雜, 變回 $F(g(x))$ 代 b 減代 a 計算會變得很複雜, 不如直接 $F(u)$ 代 $g(b)$ 減代 $g(a)$ 計算會簡單些, 答案都是一樣。

Example 0.9 $\int_0^4 \sqrt{2x+1} dx = ?$

[Sol 1] (先反導再代) $\int \sqrt{2x+1} dx \stackrel{\text{過程略}}{=} \frac{1}{3}(2x+1)^{3/2} + C$,
 $\therefore \int_0^4 \sqrt{2x+1} dx = \frac{1}{3}(2x+1)^{3/2} \Big|_0^4 = \frac{1}{3}(2 \cdot 4 + 1)^{3/2} - \frac{1}{3}(2 \cdot 0 + 1)^{3/2} = \frac{26}{3}$.

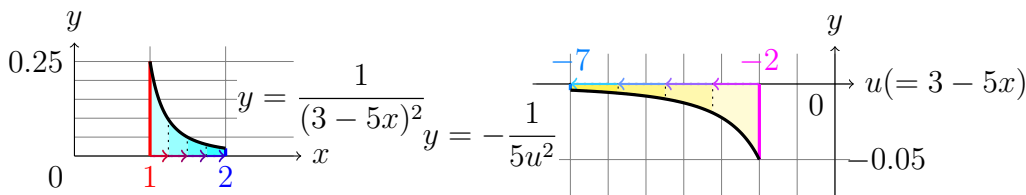
Skill: 反導數有加一加二加山加海家豪佳俊, 找誰? 找嘉玲 (加零)。

[Sol 2] (上下一起換) Let $u = 2x + 1$, then $du = 2 dx$, $dx = \frac{1}{2} du$,
 when $x = 0$, $u = 2 \cdot 0 + 1 = 1$, when $x = 4$, $u = 2 \cdot 4 + 1 = 9$. (上下界的變換)
 $\therefore \int_0^4 \sqrt{2x+1} dx = \int_1^9 \frac{1}{2} \sqrt{u} du = \frac{1}{3} u^{3/2} \Big|_1^9 = \frac{1}{3} (9)^{3/2} - \frac{1}{3} (1)^{3/2} = \frac{26}{3}$. ■



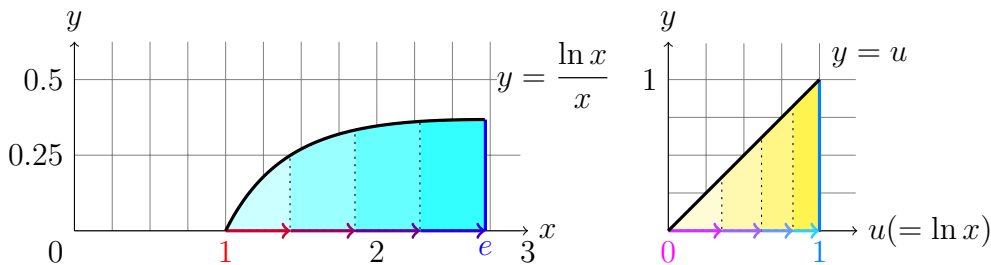
Example 0.10 $\int_1^2 \frac{dx}{(3-5x)^2} = ?$

Let $u = 3 - 5x$, then $du = -5 dx$, $dx = -\frac{1}{5} du$,
 when $x = 1$, $u = -2$, when $x = 2$, $u = -7$.
 $\therefore \int_1^2 \frac{dx}{(3-5x)^2} = \int_{-2}^{-7} -\frac{1}{5u^2} du = \frac{1}{5u} \Big|_{-2}^{-7} = \frac{-1}{35} - \frac{-1}{10} = \frac{1}{14}$. ■



Example 0.11 $\int_1^e \frac{\ln x}{x} dx = ?$

Let $u = \ln x$, then $du = \frac{1}{x} dx$, when $x = 1$, $u = 0$, when $x = e$, $u = 1$.
 $\therefore \int_1^e \frac{\ln x}{x} dx = \int_0^1 u du = \frac{u^2}{2} \Big|_0^1 = \frac{1}{2}$. ■



0.3 Symmetry

Theorem 3 Suppose f is continuous on $[-a, a]$.

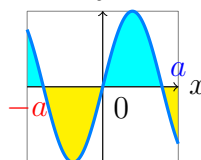
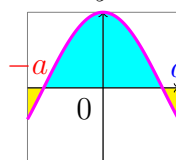
(a) If f is **even** [$f(-x) = f(x)$], then $\int_{-a}^a f(x) dx = 2 \int_0^a f(x) dx$.

(b) If f is **odd** [$f(-x) = -f(x)$], then $\int_{-a}^a f(x) dx = 0$.

Proof. $\int_{-a}^0 f(x) dx = - \int_0^{-a} f(x) dx$ (上下界互換差負號)

變數變換 $\int_0^a f(-u) du \stackrel{u \rightarrow x}{=} \int_0^a f(-x) dx$ (let $u = -x, du = -dx$)

$$= \begin{cases} \int_0^a f(x) dx & \text{if } f \text{ is even;} \\ -\int_0^a f(x) dx & \text{if } f \text{ is odd.} \end{cases}$$



$$\begin{aligned} \therefore \int_{-a}^a f(x) dx &= \int_{-a}^0 f(x) dx + \int_0^a f(x) dx \\ &= \begin{cases} \int_0^a f(x) dx + \int_0^a f(x) dx = 2 \int_0^a f(x) dx & \text{if } f \text{ is even;} \\ -\int_0^a f(x) dx + \int_0^a f(x) dx = 0 & \text{if } f \text{ is odd.} \end{cases} \end{aligned}$$

Example 0.12 $\int_{-2}^2 (x^6 + 1) dx = ?$

$\because x^6 + 1$ is even, (如果用 $\left[\frac{x^7}{7} + x\right]_{-2}^2$ 也可以, 只是容易算錯。)

$$\therefore \int_{-2}^2 (x^6 + 1) dx = 2 \int_0^2 (x^6 + 1) dx = 2 \left[\frac{x^7}{7} + x \right]_0^2 = \frac{284}{7}.$$

Example 0.13 $\int_{-1}^1 \frac{\tan x}{1 + x^2 + x^4} dx = ?$

$\because \frac{\tan(-x)}{1 + (-x)^2 + (-x)^4} = -\frac{\tan x}{1 + x^2 + x^4}$ is odd, (看出來就不用算。)

$$\therefore \int_{-1}^1 \frac{\tan x}{1 + x^2 + x^4} dx = 0.$$

Timing: 使用對稱性時機: 1. 是否為奇/偶函數; 2. 範圍 $([-a, a])$ 對稱 y -軸。

◆ Additional: Logarithm defined as an integral

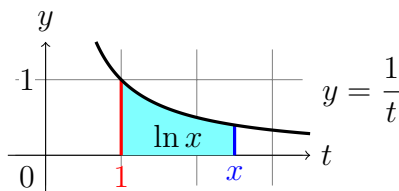
課本上是用極限定義 $e \left(\lim_{x \rightarrow 0} \frac{e^x - 1}{x} = 1 \right)$, 再定義 $\ln x$ 為 e^x 的反函數。

歷史上是用積分定義 $\ln x$, 再定義 e ($\ln e = 1$) 以及定義 e^x 為 $\ln x$ 的反函數。

Define: The *natural logarithmic function* is defined by

$$\ln x = \int_1^x \frac{1}{t} dt$$

[由定義可證明 導數公式 與 對數律:]



- By TFTC, $\implies (\ln x)' = \frac{1}{x}$.
- Let $u = t/x$, $x du = dt$, $\int_x^{xy} \frac{1}{t} dt = \int_1^y \frac{x}{xu} du = \int_1^y \frac{1}{u} du = \ln y$,
 $\implies \ln(xy) = \int_1^{xy} \frac{1}{t} dt = \int_1^x \frac{1}{t} dt + \int_x^{xy} \frac{1}{t} dt = \ln x + \ln y$.
- $0 = \int_1^1 \frac{1}{t} dt = \ln 1 = \ln\left(\frac{1}{y}\right) = \ln \frac{1}{y} + \ln y$, $\ln \frac{1}{y} = -\ln y$,
 $\implies \ln \frac{x}{y} = \ln\left(x \frac{1}{y}\right) = \ln x + \ln \frac{1}{y} = \ln x - \ln y$.
- Let $u = t^{1/r}$, $du = \frac{1}{r} t^{1/r-1} dt = \frac{1}{r} \frac{u}{t} dt$, $\frac{1}{t} dt = \frac{r}{u} du$,
 $\implies \ln x^r = \int_1^{x^r} \frac{1}{t} dt = \int_1^x \frac{r}{u} du = r \int_1^x \frac{1}{u} du = r \ln x$.

Define: e is the solution to $\ln x = 1$. e^x is the inverse function of $\ln x$.

