Respondent Code:



Title of Study - Study on Women in Sports in India and their Gender Issues Research Study Conducted by Bharatiya Stree Shakti in association with Krida Bharati



	Structured Interview Schedule		
A: Identification Data			
1	Name of Respondent :	MJ	
2	Permanent Address :	Nagpur	
2.1	Pin Code:		
	000 000		
2.2	Name of your Town/City/Village:	Nagpur	
	Contact Details:		
3.1	Mobile No:	8451629562	
	Email:		
3.2			
B:	Research Data		
:			
1	Name of Sports :	кно-кно	
	000 00 000 :		
2	Name of State	Maharashtra	
_	00000 00 000		

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	Name of District	Amravati
3		
4	Place of Origin	
5	Presently Playing at which level	
5.1	State	????
0.1		
5.2	National	????
	International	
5.3	00000000000	
6	If played at International Level then specify very	first year and the country you played
	000 000000000000 00	
6.1	If Yes Specify Country	INDIA
6.2	If Yes Specify Year	2021
7	Previously played at which level	
	aa aa aaa aa aaaa aa nnnn nn?	
7.1	Club Level	
	0000 0000	
7.2	Local	
7.3	University	000
	00000000000	

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7.4		
7.4	District	
	00000	
7.5	State	
	National	????
7.6	National	
	00000000	
7 7		????
7.7	International	
	00000000000	
	Any other specify	GULLY
7.8		
B2	2: Personal and family Background	
	Birth Date	2001-04-02
8		
9	Marital Status	
	000000 00000	
	Social Category	
10		
l	Religion	
11		
	Religion other specify	
11.1		
12	Educational Status	
	000000 000000	
	Educational Status other specify	
12.1		

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	Field of Education if Completed Graduation	
13		
13.1	Field of Education other specify	
13.1	0000 000 00000	
	Facing challenges in managing sport and education?	
14	000 00 000000 00 00000 000 0000 000 000	
15	Respondent's Present	
	0000000000	
15.1	Any other specify	
16	Occupation of Head of the	
16.1	Any other specify	
16.1	Any other specify	
16.1		4
	Total Number of Family Members at	4
17	Total Number of Family Members at present	
	Total Monthly Family Income from all	200000
17	Total Number of Family Members at present Total Monthly Family Income from all the sources	
17	Total Number of Family Members at present Total Monthly Family Income from all the sources Monthly Per Capita Income (Total Monthly Income from all the sources/Total Numbers of Family Members)	200000
17	Total Number of Family Members at present Total Monthly Family Income from all the sources Monthly Per Capita Income (Total Monthly Income from all the sources/Total Numbers of Family Members)	200000
17	Total Number of Family Members at present Total Monthly Family Income from all the sources Monthly Per Capita Income (Total Monthly Income from all the sources/Total Numbers of Family Members)	200000 50000.00

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21	Personal Income Before staring of Sport Carrier	20000
22	Does sport you play is your source of Income?	
В3:	Sports Background	
23	Motivating factor / Person to be in sports?	0000
24	Since how many years are you playing?	4
25	Why did you choose to play this game?	
25.1	Any other specify	
26	Overall time spent in a day for practice in hours (Considering all the snares)	2
27	Distance from Home to Practice Place/ Ground in KM?	2
	0000 00 00 00000 00000 000 00?	
28	Do you think you are getting enough practice?	
20	0000 0000 0000 00 00 0000 0000000 000000	

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29	Through which procedure you got selected in your first sport competition?	
29.1	Any other specify	
	Level of Satisfaction with your Selection Procedure?	
30	0000 000 000000000 00 NNNNNNNNNNNNNNNNN	
0.4	If Unsatisfied please specify reason	
31	000 0000000 000 00 0000 0000 000	
	Maximum In how many competitions you participate every year?	15
32	00 00 0000 00000 00	
33	Do you think it is enough?	
34	Do you get expenses for participation in tournaments?	
	0000 0000 000000000 000 000 0000 00 000 0000 nnnn nn 2	
	If you are getting does it matches with required expenses?	
35	000 00 000000 00 000 000 00 0000 00 000000	
36	If not enough then how you manage remaining expenses?	
	000 00000000 0000 00 00 00 000 000000 00	
36.1	Any Other Specify	
	0000	

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37	What are Your personal Goals in relation to the sports?	
37.1	Any Other Specify	
	0000	
38	Status of Highest (Level) Awards Received so far among the awards received	
	00 00 000000 0000000 000000000 000 000	
39	Name of the award Specify	
	000000000000	
40	Status of Sports Scholarship/ Fellowships/Տլ	oonsorship Received so
	00 00 0000000 000	
40.1	Local	
40.2	State	????
40.2		
40.3	National	????
40.4	International	????
40.4	00000000000	
41	If yes Specify the nature	
42	In your perception what you have received out of this sport?	
42]
42.1	Financial Security	
42.2	Sports Identity	????
	000 00000	

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42.3	Self-Worth	????
42.0	0000-0000	
40.4	Personality Development	????
42.4		
43	Overall cooperation received by the Government?	
	Overall cooperation received by the association?	
44	00000/ 00000000 00 0000	
45	Have you been shifted or planning to shift to another state to get more remuneration?	????
	0000 000000 00 0000000 000 0000 0000 0	
B4: Fa	amilial Support, Sports and Societal Aspect	s
	100000 000000, 000 00 0000000 0	
46	Does your family aware that you are playing this sport	
	Does your family aware that you are	
46	Does your family aware that you are playing this sport	
	Does your family aware that you are playing this sport In your family who supports you very	
46	Does your family aware that you are playing this sport In your family who supports you very much in the context of your sports?	
46	Does your family aware that you are playing this sport In your family who supports you very much in the context of your sports?	
46	Does your family aware that you are playing this sport In your family who supports you very much in the context of your sports? Any Other Specify	
47 47.1	Does your family aware that you are playing this sport In your family who supports you very much in the context of your sports? Any Other Specify	
46 47 47.1 48	Does your family aware that you are playing this sport In your family who supports you very much in the context of your sports? Any Other Specify How do they react to your wins?	
47 47.1	Does your family aware that you are playing this sport In your family who supports you very much in the context of your sports? Any Other Specify How do they react to your wins?	

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50	Does/was anybody in your family player	?????
	0000 0000 000000 000 000	
51	If yes, at what level?	
52	If yes does your sport and his/her sport are same?	????
	000 000, 00 0000 0000 000 00 0000 000 00	
53	Do you think your playing has affected your studies in any ways?	
	0000 0000 0000 00 00 0000 00000 00 0000 00000 00 nnn nnn	
54	Do you think your playing has affected your family in any ways?	
55	Is your family culture a pro exercise?	
	0000 0000 00000000 0000000 00 000000	
56	If doing exercise Nature of it?	
56.1	Any Other Specify	56.1 000 0000 0000000000000
	000 0000	
57	Does your nearby society supports you as sport women?	
58	Do you think you achieved different place in your family due to sports?	
	l .	I

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59	Do you think you achieved different place in your society due to sports?	
39		
	nily Support	
60.1	To what extent is your family supportive of your choice of sport?	
	0000 0000 00 000 00 000	
60.2	How much family support do you have as a player?	
00.2	Whenever I lose the match family motivates me	
60.3	00 00 000 000 0000 000 00 000000 00 000 0000 nnnnnn nnnn nn	
60.4	My family supports me even though I have to leave home to play	
60.5	I get financial needs required for the participation in the tournament by the family	
	00000 000000 000000000 000 000 0000 nn nnn n	
60.6	My family bares expenditure required for the dietary pattern	

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60.7	Fulfils economic needs required for the training and preparations	
60.8	My family takes care for Health Issues	
60.9	My family manages my family involvement at the time I am on sports activities (especiallywhen on out station tours)	
60.10	My family deliberately gives me less family load so that I can focus on my sport	
60	Overall Family Support	□□□ □□ □□(11 to 20)
	B5: Health, Reproductive Aspect and Pregnancy	
61	Your Weight ?	52
	?	
62	Your Height?	152
	0000 00000/ 00000	
63	BMI (BMI = kg/m2 where kg is a person's weight and m2 is height.)	(18.5 24.9)
64	Do you feel exhausted after your practice ?	65. 00000000 000000 000000 00000 00 000000

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65	Health Issues you are facing presently	
03	00000000 000000 0000000 00000 00 0000000	
	What is the periodic gap in your menstrual cycle ? (In Days)	0
67		
68	Frequency of irregularities?	
69	Reason behind it?	
	Any Other Specify	69.1. 000 000 000 00 00000000000000000000
69.1		
70	Does Menstruation interrupt your sporting career	
	0000 00000 0000 0000 000 00000 00 00000 0000 00	
71	Does Menstruation interrupt your practice	
72	Have there any incident where you missed sport match due to your menstruation?	
	Section Only For Married Players	
73	If married have you been pregnant	
74	If married how many children you have	1

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75	If married have you faced miscarriage	000
	000000 00 00000 0000 nnnn nn	
76	If yes was it multiple times	
77	Was there a break due to Pregnancy	Multiple
	0000 000000000 00 0000 000 000 00000 000 00	
78	How much it has affected to your sporting career ?	
	0000 0000 000 00000 00 000 00000 0000000	
79	How you overcome those challenges	
00	Is there any help for managing your motherhood?	000 00 00
80		
81	Who helps you most in the situation	
	00 000000 000 0000 0000 0000 000 00000 00	
81.1	Any Other Specify	
	0000 000 00 00000000 nnnn:	
82	If no one available, are you using institutionalised services for your	000-000
	child 	
	Player and Coach Relationship	
	What extent does your coach guide you through?	
	0000 000 0000 0000 0000 00	

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83.2	What level of sports-related communication do you have with the coach?	
83.3	To what extent do your coaches understand your training needs?	
83.4	To what extent does your coach inspire/motivates you?	
83.5	My coach points me out my lacunas mistakes	
83.6	My coach always directs me for my future planning	
83.7	How much is your coach's share in your success?	
83.8	How important is your coach's role in your primary counselling through times of depression?	
83.9	Your coach does not show favouritism to anyone and treats everyone equally.	
83.10	My coach has sports related expectations from me	

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	Overall Sportswomen and Coach Relationship	
83		
	Is your coach female?	
84	0000 0000 000 00000 00?	
85	Level of Satisfaction with your Coaching?	
86	If Unsatisfied please specify reason	
87	Level of comfortability with your Coaching?	
88	If uncomfortable please specify reason	
00		
В7	: Diet and Supplements	
89	Pattern of diet before entering the Sports Currier	
	Pattern of diet before entering the	
	Pattern of diet before entering the Sports Currier	
89	Pattern of diet before entering the Sports Currier	
90	Pattern of diet before entering the Sports Currier	
89	Pattern of diet before entering the Sports Currier Pattern of diet at present Do you think you get sufficient food	
90	Pattern of diet before entering the Sports Currier Double of the sports	
90	Pattern of diet before entering the Sports Currier Pattern of diet at present Do you think you get sufficient food intake regular basis? Do you think you get sufficient food	
90	Pattern of diet before entering the Sports Currier Pattern of diet at present Do you think you get sufficient food intake regular basis? Do you think you get sufficient food intake during camp?	

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94	Do you think that non vegetarian food is not required in the context of the sports		
	0000 0000 0000 00 00 000 00 000000 000		
95	How often you take dietary Supplements?		
96	Status of dietary Supplements?		
97	Do you take supplements to gain weight?		
31	000 00000 00 000 0000 00 00000000 0000 000?		
98	Do you take supplements to lose weight?		
99	If you taking any other medicines for strength/ Stamina building or speed then Specify	99. 000 00 000 / 0000000 000000 00 000 000	
	000 00 0000 / 00000000 0000000 00 000 00 000 000 0000 000 00		
	B8: Injury Management		
100	If you have faced any injury specify the intensity?		
100	000 0000 000 000/ 0000 000 00 00 000000 00000?		
101	If face has it been Recovered?		
101	000 0000 000 00 000 00?		
102	How you overcome those injuries?		
102	00 00 00000 00 0000 0000 000 ?		
102.1	Sport Medicine Expert	?????	
102.1	000 0000000		

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102.1	Allopatny	????	
102.2	Homeopathy	????	
102.2	000000000		
102.3	Ayurveda	????	
102.3	0000000		
102.4	Unani	????	
102.4	00000 0000000		
102.5	Siddha	????	
102.3	00000		
102.6	Self Treatment	????	
102.7	Any Other Specify	????	
103	Are you suffering from post-injury complications?		
100			
B9: I	Doping		
104	Have you been victim of doping		
105	Availability of counselling in doping context		
106	Need of counselling in doping		
	000000 00 00000 000 nnnnnnnn nn nnnnn		
107	Have you attended any of the mentioned awareness programme?		
	0000 0000 0000 0000000 0000000 00000000		
B10: F	B10: Facilities Available		

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	Mention the appropriate code in the particular box	Availability	Quality		
108	Coaching				
	Infrastructure				
109					
110	Regular Equipment				
111	Advanced Equipment				
112	Advanced Supporting Equipment and machine				
	00000 00000 00000 00				
113	Counselling				
	000000				
114	Accommodation				
115	Separate Washrooms				
116	Sanitary Napkin Wending Machine				
117	Proper and Safe Travelling				
	0000 00 0000000				
118	Trainer				
	00000				
119	Doctor/Health Services				
120	Physiotherapy				
	000000000				

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121	Yoga Teacher			
	000 00000			
122	Sport Psychologist			
	000 0000000000			
123	Women coach			
124	Women Team Manager			
125	Dietician			
126	Scholarship/ Fellowship/ Freeship/ Sponsorship			
	000000/ 000000/			
127	Credential Points in Education / Incentives Marks			
128	Gym			
	000/ 000000 0000			
129	Ranking System			
	000000 000000			
130	Sports Library			
	000 00000000			
131	Female Nurse			
	00000 0000/ 00000000			
	Areas of lack of awareness faced by you?			
132		?		
132.1	Doping		????	
102.1				

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	sports person	????
132.3	Rules of game you play	????
132.4	New development in your sports	????
132.5	New equipment	????
132.6	New methods	????
132.7	Diet	????
132.8	Good Touch and bad Touch	????
102.0	000 00 00 000 00	
132.9	Sports related education	????
.02.0		
B11: Gender Discrimination(Economic, Mental and Social)		
B11	: Gender Discrimination(Economic, Mental a	nd Social)
	: Gender Discrimination(Economic, Mental a	
Eco		
Eco	nomic	
Eco	nomic Need to pay more on sporting materials as it is of girls	
Eco	nomic Need to pay more on sporting materials as it is of girls	
Eco	Need to pay more on sporting materials as it is of girls	
Eco	Need to pay more on sporting materials as it is of girls Parents dont invest on me as I am girl	

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	Dont Get Sponsors as men get		
133.4			
	00000000 00 0000000		
	Don't get equal remuneration as the		
133.5	men get in sports		
	000 000 0000000 00 0000		
	Overall Gender Discrimination based	□□□ □□ □□(6 to 10)	
133	on Economic aspect		
	000000 0000 00 000		
Ment	al or Emotional		
	Emotional black mail as I am girl		
134.1			
	00000000 00000 000 000		
	De motivates me as I am girl and		
134.2	shouldnt be here		
134.3	Faced the comments on clothing		
134.3	while playing		
	Humiliation on the grounds Loss of		
134.4	feminine look		
		+	
	Fear of leaving sport after marriage		
134.5	or pregnancy		
	0000 00 000000000 00		
	Overall Gender Discrimination based		
134	on Mental or Emotional aspect	□□□ □□ □□(6 to 10)	
	000000 00 000000000 0000 00 000000 000		
900	ial		
300	Social		

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135.1	Limitation of societal expatiations from women			
135.2	Ritual restrictions exceptional from women			
135.3	Forceful marriage expectations from parents			
135.4	Fear of parents who will marry my daughter as she is sport women			
135.5	Parental expatiations to quit sport so that I can get married earlier			
135.5				
135	Overall Gender Discrimination based on Social aspect			
136	Overall Gender Discrimination and difficulties	□□□ □□ □□(16 to 30)		
	000 00000 00000000			
B12: I	B12: Harassment(Monetary, Mental & Sexual)			
0000	0000000 (000000, 000000 00 000)			
Mon	Monetary			
000	000			
137.1	Money asked for selection			
	000 00 000 0000 00000 0000 00			
L	Į			

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137.2	Money asked to get remuneration	
	woney asked to get remuneration	
	000000000/000000 00000000	
	00 000 0000 00000 00	
	Money asked for Contract	
137.3	Up-gradation	
137.3		
	0000000000 000000000 00 000 0000 0000 	
	Money asked to find Sponsors	
137.4		
	000000000 00 00000 00 000 0000 00000 0000 00	
137.5	Money asked to get Job	
	00000 000000 00 000 0000	
	00000 0000 00	
137	Overall Monetary Harassment	□□□ □□ □□(6 to 10)
	000 000000 00000000	
Ment	d.	<u>I</u>
	Harassment on grounds of practicing	
138.1	and being with boys	
1		
	000000000000000000000000000000000000000	
138.2	000000000000000000000000000000000000000	
138.2	Mental harassment based on Gender Stereotypes or biases	
138.2	Mental harassment based on Gender	
138.2	Mental harassment based on Gender Stereotypes or biases	
138.2	Mental harassment based on Gender Stereotypes or biases	
	Mental harassment based on Gender Stereotypes or biases Description of the control of the contr	
	Mental harassment based on Gender Stereotypes or biases Pointed out on my socioeconomic background	
	Mental harassment based on Gender Stereotypes or biases Description of the control of the contr	
138.3	Mental harassment based on Gender Stereotypes or biases Pointed out on my socioeconomic background	
	Mental harassment based on Gender Stereotypes or biases Pointed out on my socioeconomic background	
138.3	Mental harassment based on Gender Stereotypes or biases Pointed out on my socioeconomic background Pointed out on my ethnic background	
138.3	Mental harassment based on Gender Stereotypes or biases Pointed out on my socioeconomic background Pointed out on my ethnic background	
138.3	Mental harassment based on Gender Stereotypes or biases Pointed out on my socioeconomic background Pointed out on my ethnic background	

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138	Overall Mental Harassment	□□□□ □□□□ □□(11 to 15)
Sexu	al	
	<i>'</i>	
139.1	Sexual Comments or Taunt	
	000 000000000 00 0000	
139.2	Deliberately initiating sexual talk or cracking sexual jokes	
	0000000 000 000000 0000/000000 000000	
139.3	Constant Staring while on sport costume	
	000 00000 000 0000 00 00 000000 00000	
139.4	Sexual demand to get the job or to get selected	
	00000 0000 00 000 00 000 00 000 000 000	
139.5	Sexual demand to get promoted to higher level	
	0000 0000 00 000000 00 00 000 000 000000	
139.6	Coach demand sexual favour to teach particular skill required	
	000 000000 00000 0000 000000 00 000 000	
139.7	Sexual demand to meet higher officials	
139.8	Blackmailing with sexual demand because of having a relationship with someone	

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139.9	Deliberately touching while teaching	
159.9		
	00000 000 0000000 0000	
139.10	Deliberate dominance in front of others on neglecting sexual favour	
	000 0000000 00 0000/00000000 000000 00 000000 00 000000 00 0	
139	Overall Sexual Harassment	000000 00 0000(10)
	000 000 00000000	
140	Overall Harassment(Econonic, Mental & Sexual) Faced By the respondents	□□□ □□ □□(21 to 40)
	000000000 000000 00000 0000 0000 0000	
141	You faced Sexual Harassement from whom?	
	0000 00000 000 0000000 00 00000 0000?	
141.1	Any Other Specify	
	0000 00000000 0000	
142	Do you know anybody who has faced Sexual Harassment?	????
2	0000 00 0000 000 000000 00 00000 00 00000 000 000000	
B13:	Extent of Stress Management	
143	At what extent you are facing stress?	0000 0000 0000 00
	00 000 00 00 0000 00 00000 00	
144	Specify Reasons behind stress	144. 0000 00 0000 00 0000 00000
	0000 00 0000 00 0000 000000	

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	s of stress management adopted by you	
145	Councelling Services	????
	000000 000000	
146	Yoga	????
147	Meditation (Dhyan Sadhana)	????
	(
148	Psychiatric Therapies	????
1 1 0		
149	Allopathic Medicines	????
	0000000 00000	
150	Any Other	
150.1	Any Other Specify	150.1 000 000 00
151	Frequency of doing Meditation?	000-000
152	Frequency of doing yoga?	
	Needs and Required Facilities	
	eeds	
153	CSR Sponsorship	
	000000 00000000	

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154	During any type of educational level credential marks system must be essential	????
	0000 00 000000 00 000000	
	0000 00 00000 0000000000	
155	Need of Sports Women quota	
	00000 000000000 00 000 0000 0	
156	Special Provisions for sportsperson in Job or professional while on competitions	????
	000000000000 00 00000 00000 00 000000 000 000000	
157	Maternity leave	????
	000000 00000	
158	During education special provision for sportswomen in the situation of occurring exam and competition on	
	000000 00 00000 00000 000000000 00 000 00	
159	Specially designed and developed costume for sportswomen	????
	00000 000000000 00 000 00000 000 00 000000	
160	Specially designed and developed sports equipments for sportswomen	
	00000 0000000000 00 000 00000 000 00 000000	
	Required Facilities	
161	Washroom in ground itself, especially for women	????
	00000 000000 000 00, 00000	
162	Changing Room	
	000000 000	

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163	Dressing Room	????
	0000000 000	
164	Female Doctor	
	00000 0000000	
165	Medical Counselling	000
	00000000000000	
166	Mental/ Psychological counselling	????
167	Sports ground in schools or collages	
168	Specially designed and developed sports equipments for sportswomen	????
	Perceptions and Suggestions	
169	In your vision haw you will be repaying to the society against whatever you have received so far?	
	0000 000000 000 00 00 0000 00 000 00 0000 00, 0000 0000 00 0000 00 0000 000	
170	How do you feel about you being a girl player?	
	00 00 0000 00000 0000 00 0000 000 0000 0000	
171	What should be done to promote Sports for Women in India?	

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172	What job opportunities Women in Sports have?	
	00000 00 0000 0000 000?	
173	What is your future plan?	
	0000 000000 00 00000 0000	
174	How long are you going to continue in sport?	
	aa aa aa aaa aaa aaa aaaa?	
175	Are you planning to have a career related to sport?	
175.1	Any Other Specify	
176	Would you like to add anything to what you have said so far?	
177	According to you which Bharatiya sports need to be added in the Olympics?	
178	According to you which (Any other than Bhartiya) sports need to be added in the Olympics?	
	e of the interviewer: ature of the Interviewer:	

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Date and Place:	
Phone No.:	
	Verified by District Coordinator
	Name and Signature

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