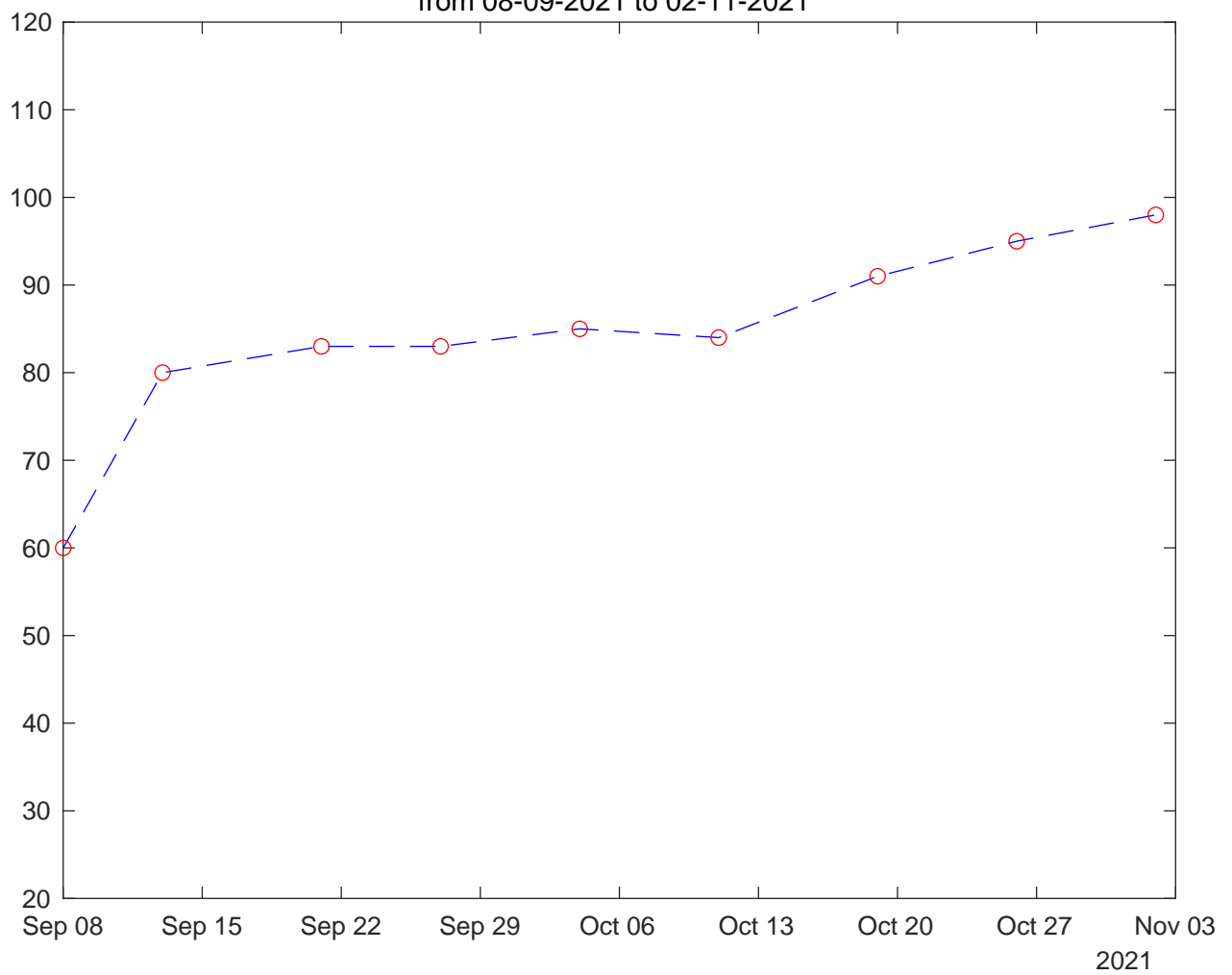
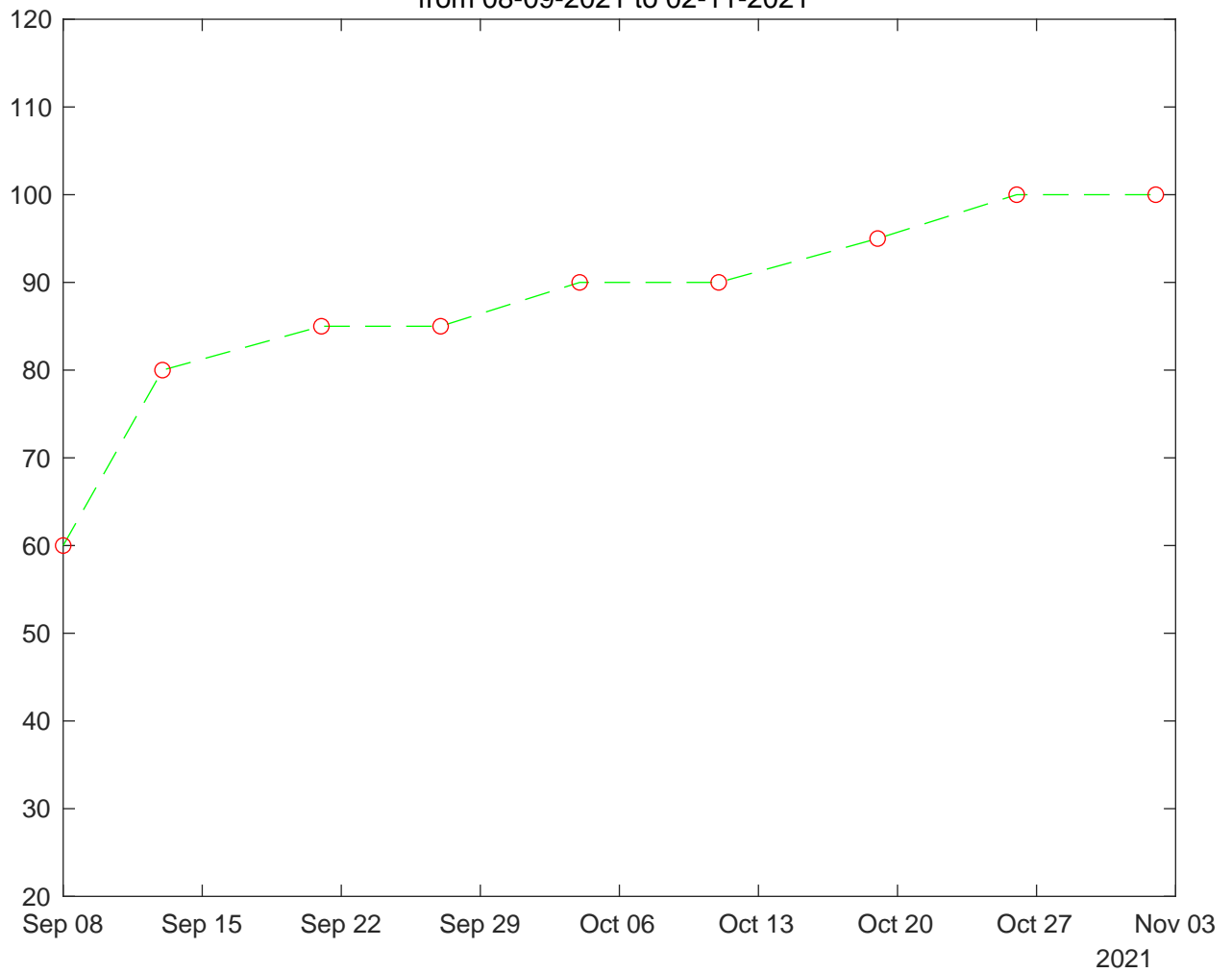


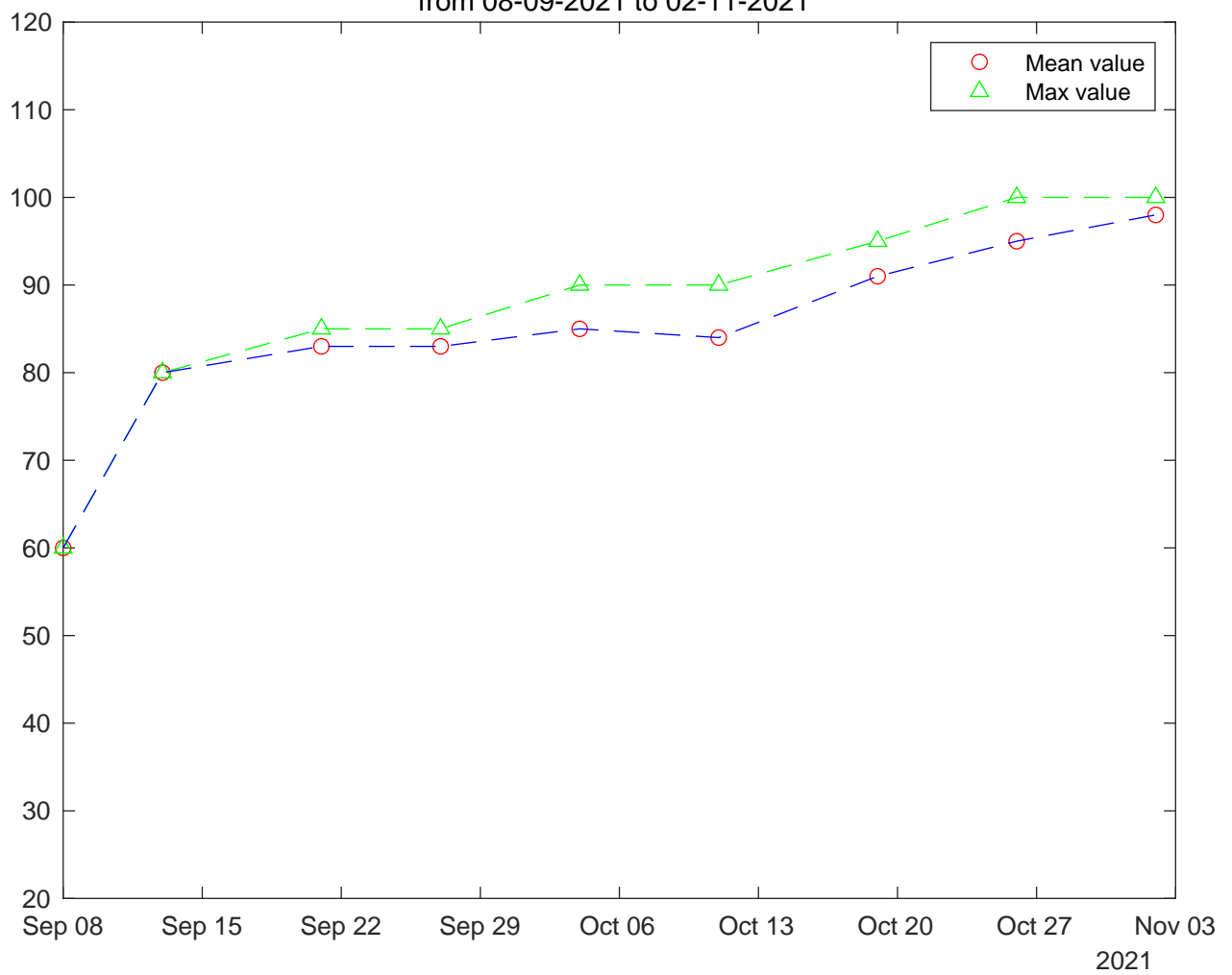
Squat weighthtd mean
from 08-09-2021 to 02-11-2021

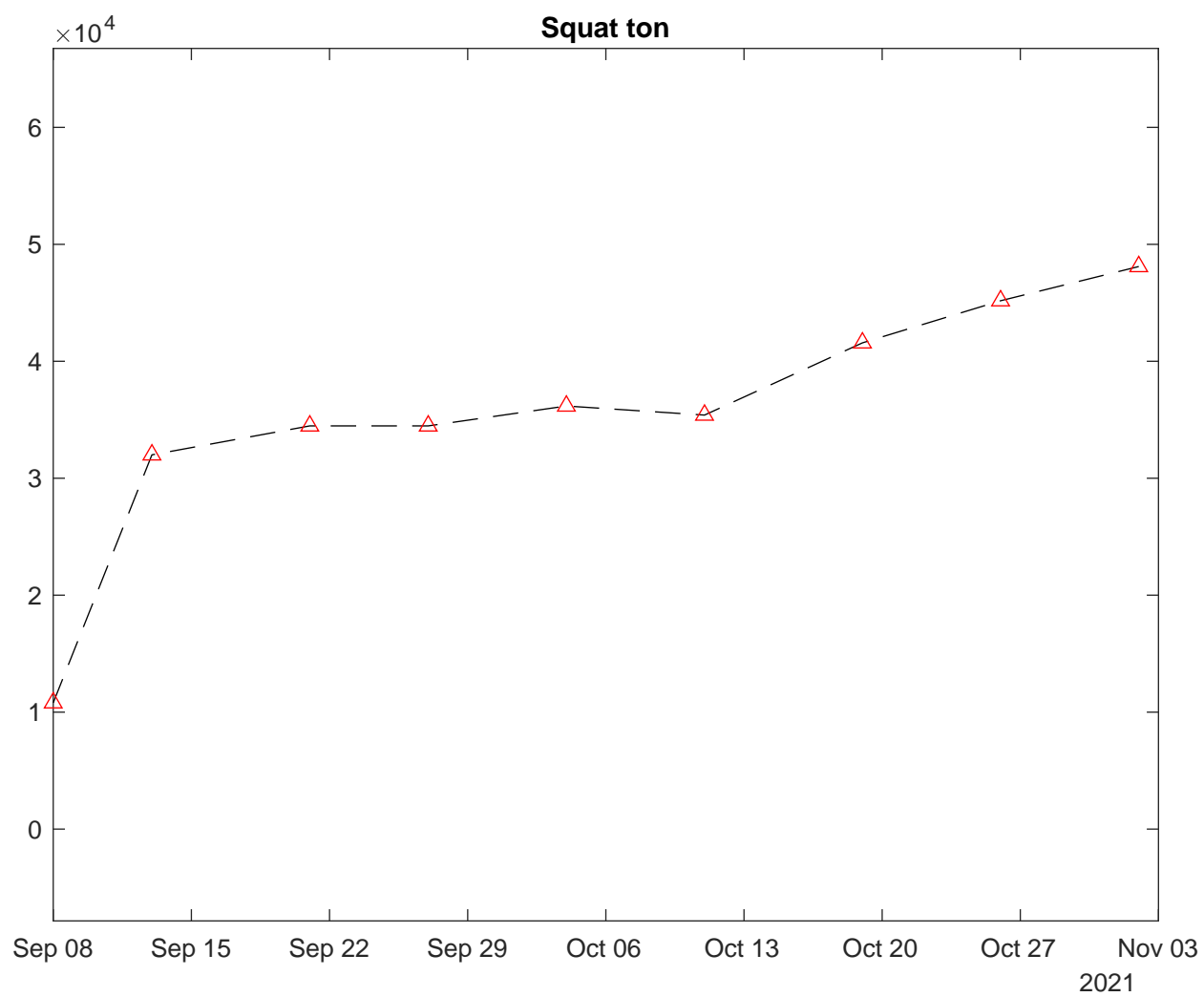


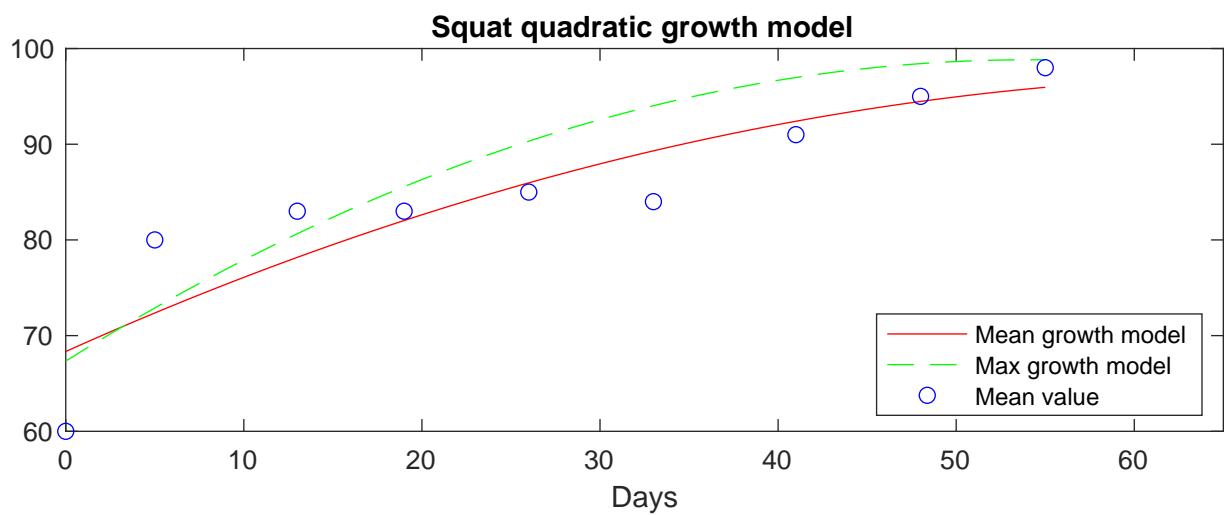
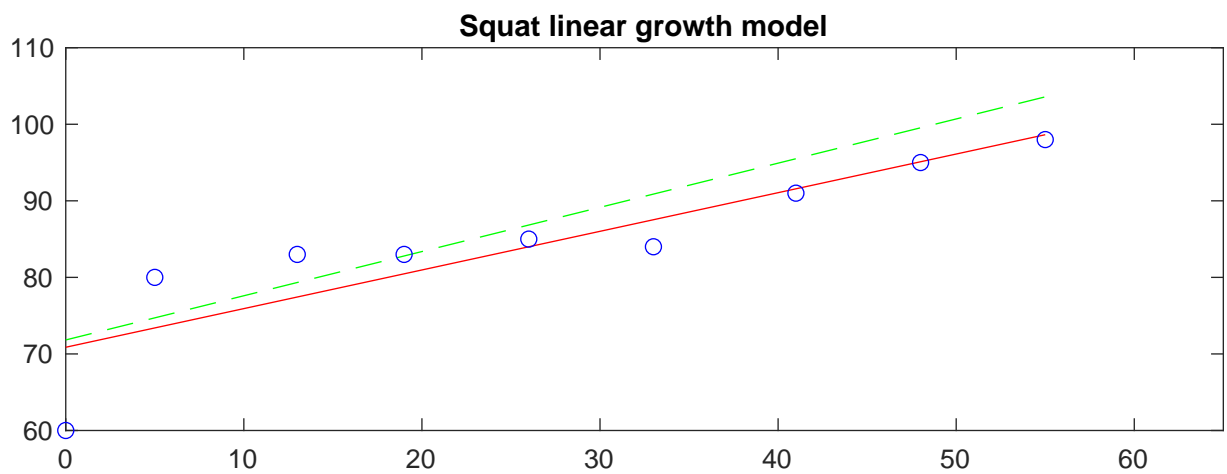
Squat best of
from 08-09-2021 to 02-11-2021



Squat mean vs max
from 08-09-2021 to 02-11-2021

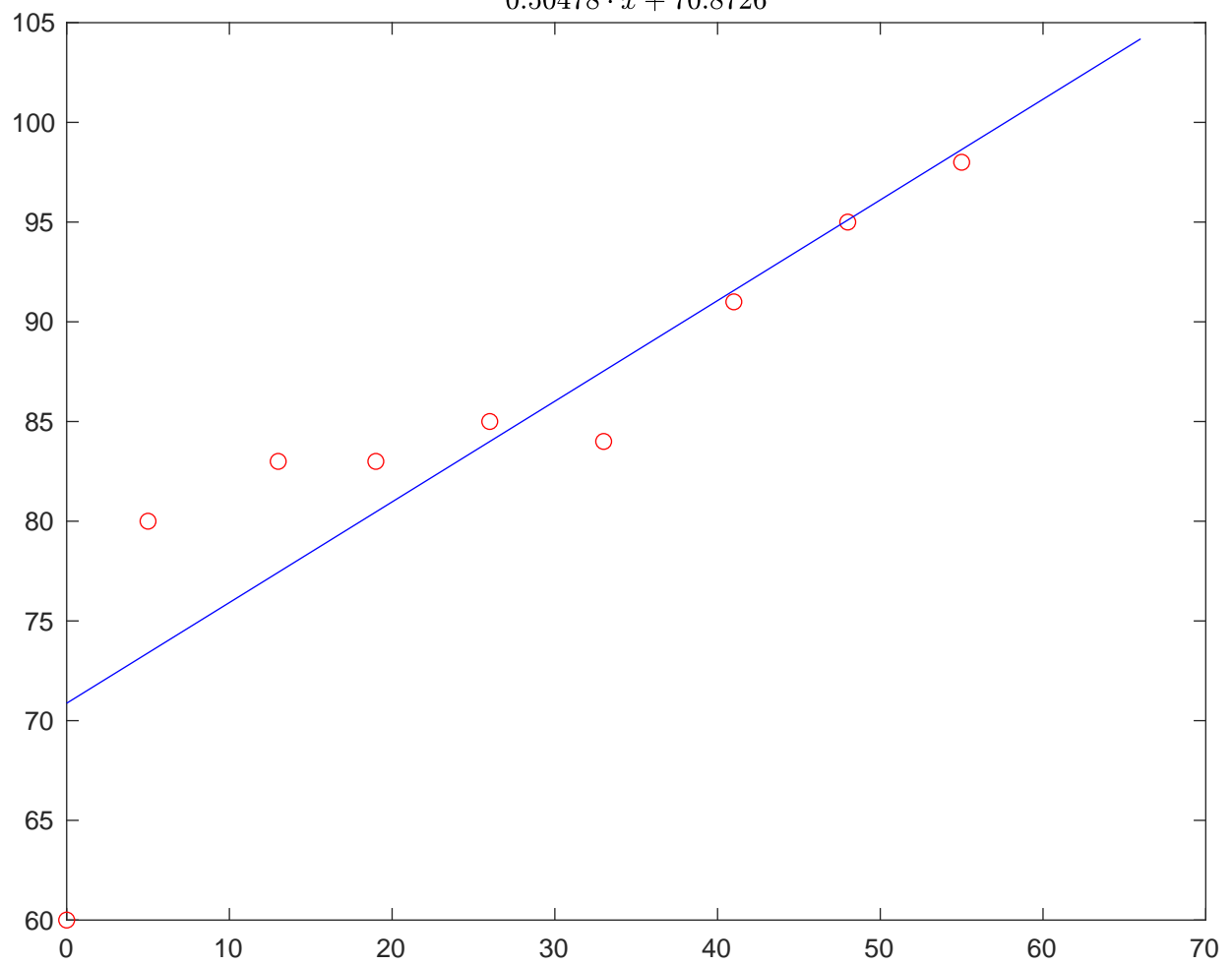






Squat, 1 degree poly growth model :=

$$0.50478 \cdot x + 70.8726$$



Squat days vs repetition

