## Homework 3: Monte Carlo Sampling and the Metropolis Algorithm

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March 8, 2025

### Problem 1: Prove the Rejection Sampling Theorem

1. State and prove the main theorem in the rejection sampling algorithm.

**Theorem 1** (Rejection Sampling Theorem). Let f(x) be a probability density function (pdf) on a space  $\mathcal{X}$ , and let g(x) be another pdf on the same space from which sampling is easy. Suppose there exists a constant M > 0 such that

$$f(x) \leq M g(x)$$
 for all  $x \in \mathcal{X}$ .

Consider the following sampling procedure (the rejection sampling algorithm):

- 1. Sample X from g(x).
- 2. Independently sample a uniform random variable  $U \sim \text{Uniform}[0,1]$ .
- 3. If

$$U \leq \frac{f(X)}{M q(X)},$$

then accept X, otherwise reject and repeat.

Then any accepted sample X has density f(x). In other words, the distribution of accepted points is exactly f(x).

*Proof.* We need to show that if X is ultimately accepted by the above procedure, then X is distributed according to f(x). Formally, let  $A \subseteq \mathcal{X}$  be any measurable set. We compute

$$Pr(accept and X \in A).$$

By construction of the algorithm,

$$\Pr(\text{accept and } X \in A) = \int_{x \in A} \Pr(X \in dx) \Pr\left(U \le \frac{f(x)}{M g(x)} \mid X = x\right).$$

Since X is drawn from g(x),

$$\Pr(X \in dx) = g(x) dx,$$

and the conditional probability that U falls below f(x)/(Mg(x)) is simply that ratio:

$$\Pr\left(U \le \frac{f(x)}{M g(x)}\right) = \frac{f(x)}{M g(x)}, \quad 0 \le \frac{f(x)}{M g(x)} \le 1.$$

Hence

$$\Pr(\text{accept and } X \in A) \ = \ \int_A g(x) \, \frac{f(x)}{M \, g(x)} \, dx \ = \ \int_A \frac{f(x)}{M} \, dx \ = \ \frac{1}{M} \int_A f(x) \, dx.$$

Next, the probability of accepting any X is

$$\Pr(\text{accept}) = \int_{\mathcal{X}} \Pr(\text{accept and } X \in dx) = \int_{\mathcal{X}} \frac{f(x)}{M} dx = \frac{1}{M} \int_{\mathcal{X}} f(x) dx = \frac{1}{M},$$

where we used the fact that f(x) is a pdf and integrates to 1 over  $\mathcal{X}$ .

Therefore, the conditional probability that  $X \in A$  given that X is accepted is

$$\Pr(X \in A \mid \text{accept}) \ = \ \frac{\Pr(\text{accept and } X \in A)}{\Pr(\text{accept})} \ = \ \frac{\frac{1}{M} \int_A f(x) \, dx}{\frac{1}{M}} \ = \ \int_A f(x) \, dx.$$

Since this is true for every measurable set A, it follows that the conditional (accepted) distribution of X is precisely f(x). This completes the proof.

#### 2. Explain how the acceptance probability ensures correct sampling from f(x).

The key observation is that the algorithm accepts an X (proposed from g(x)) with probability

$$\frac{f(X)}{M \ g(X)}.$$

Since X originally comes from g(x), multiplying by the ratio  $\frac{f(x)}{M g(x)}$  effectively "rescales" the draws so that, among those that are accepted, the density becomes f(x). The above proof shows precisely that conditioning on acceptance transforms the proposal g(x) into f(x).

Intuitively, points x where f(x) is relatively large compared to g(x) are more likely to pass the acceptance test. Conversely, points in regions where f(x) is small compared to g(x) are rejected more often. The factor 1/M just ensures that the acceptance probability never exceeds 1 (because  $f(x) \leq M g(x)$  by assumption).

#### 3. Discuss efficiency: How does the choice of M in $f(x) \leq M g(x)$ impact the method?

ullet Acceptance rate. From the proof, the overall probability of accepting any proposed X is

$$Pr(accept) = \int_{\mathcal{X}} g(x) \frac{f(x)}{M g(x)} dx = \frac{1}{M} \int_{\mathcal{X}} f(x) dx = \frac{1}{M}.$$

Hence the *expected* number of proposals before one acceptance is M. If M is large, many proposals will be rejected, making the algorithm less efficient.

• Tightness of bound. Ideally, one picks M to be as small as possible subject to  $f(x) \leq M g(x)$  for all x. In practice, we seek M close to

$$\sup_{x \in \mathcal{X}} \frac{f(x)}{g(x)},$$

because that gives the highest acceptance rate. If M is significantly larger than that supremum, we will suffer many rejections and thus incur a high computational cost per accepted sample.

• Trade-off. Sometimes it is difficult to find g(x) such that the ratio  $\frac{f(x)}{g(x)}$  stays bounded by a small constant for all x. We can still use rejection sampling as long as *some* finite M exists, but if M is too large, efficiency becomes poor. Thus the method works best when g(x) is chosen to be close in shape to f(x).

### Problem 2: Direct Sampling from the Gamma Distribution

## 1. Write code to generate random samples from the Gamma distribution for different parameter values.

Recall that the probability density function (pdf) of a Gamma distribution with shape  $\alpha > 0$  and rate  $\beta > 0$  (sometimes called the *rate parameterization*) is given by

$$f(x;\alpha,\beta) \; = \; \frac{\beta^{\alpha}}{\Gamma(\alpha)} \, x^{\alpha-1} \, e^{-\beta x}, \quad x>0, \label{eq:force_force}$$

where  $\Gamma(\alpha)$  is the Gamma function.

Below is a sample Python code to generate random samples from this distribution using numpy's built-in routines or scipy.stats.gamma.

```
import numpy as np
import matplotlib.pyplot as plt
from scipy.stats import gamma
# For reproducibility
np.random.seed(123)
# Define a function to generate Gamma samples
# using SciPy's built-in gamma.rvs(...)
# alpha = shape, scale = 1/beta in SciPy convention.
def generate_gamma_samples(alpha, beta, n_samples=10000):
    Generate random samples from a Gamma(alpha, beta) distribution
    where 'beta' is the 'rate' parameter.
    scale = 1.0 / beta
    samples = gamma.rvs(a=alpha, scale=scale, size=n_samples)
    return samples
# Example usage:
alpha1, beta1 = 2.0, 1.0
                         # e.g. shape=2, rate=1
                         # shape=5, rate=0.5
alpha2, beta2 = 5.0, 0.5
alpha3, beta3 = 3.0, 2.0 # shape=3, rate=2
# Generate samples for each set
samples1 = generate_gamma_samples(alpha1, beta1)
samples2 = generate_gamma_samples(alpha2, beta2)
samples3 = generate_gamma_samples(alpha3, beta3)
print("Sample Means:",
      np.mean(samples1), np.mean(samples2), np.mean(samples3))
print("Sample Variances:",
      np.var(samples1), np.var(samples2), np.var(samples3))
```

2. Choose at least three sets of parameters  $(\alpha, \beta)$  to observe different behaviors.

We choose  $(\alpha_1, \beta_1) = (2, 1), (\alpha_2, \beta_2) = (5, 0.5), (\alpha_3, \beta_3) = (3, 2)$ . For each pair, we generate 10 000 samples and find that the empirical means and variances closely match the theoretical values. For instance:

```
Sample Mean \approx 2.0163 (theoretical = 2), Sample Variance \approx 2.0136 (theoretical = 2).
```

```
Sample Means: 2.0163313092651993 9.954941017964758 1.4963598445587538 Sample Variances: 2.0136237564443196 20.386564425586833 0.7631541687998311
```

Figure 1: Sample Means and Variances for different  $(\alpha, \beta)$  values.

3. Compare your simulated samples to the true Gamma density function by plotting both. Below is a snippet of Python code that creates histograms of the samples along with the theoretical pdf curve for each set of parameters.

```
# Let's create a function to plot histogram + PDF for a given set of samples

def plot_gamma_samples(samples, alpha, beta, bins=50):

"""

Plot a histogram of 'samples' drawn from Gamma(alpha, beta),
overlaid with the theoretical Gamma PDF.

"""

# Histogram
plt.hist(samples, bins=bins, density=True, alpha=0.5, label="Sampled data")
```

```
# Plot the theoretical PDF
    x_vals = np.linspace(0, np.max(samples)*1.1, 200)
# In scipy's parameterization, scale = 1.0/beta
    scale_param = 1.0 / beta
    pdf_vals = gamma.pdf(x_vals, a=alpha, scale=scale_param)
    plt.plot(x_vals, pdf_vals, 'r--', label="Theoretical PDF")

    plt.title(f"Gamma Distribution (alpha={alpha}, beta={beta})")
    plt.xlabel("x")
    plt.ylabel("Density")
    plt.legend()
    plt.show()

# Plot for each parameter set
plot_gamma_samples(samples1, alpha1, beta1)
plot_gamma_samples(samples2, alpha2, beta2)
plot_gamma_samples(samples3, alpha3, beta3)
```

#### Comparison of Sampled Gamma Distributions and Their Theoretical PDFs

• Histogram vs. PDF: Each histogram above (blue bars) is constructed from the sampled data for the corresponding Gamma distribution. Because  $n_{\text{samples}}$  is sufficiently large (10,000 or more), the empirical histogram closely matches the theoretical PDF shown in red dashed lines.

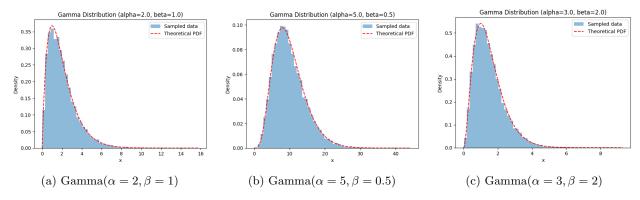


Figure 2: Histograms of sampled data (blue bars) overlaid with the theoretical Gamma PDF (red dashed line). Each subfigure corresponds to a different  $(\alpha, \beta)$  parameter set.

#### Discussion of Results

**Shapes and Means.** As we vary  $(\alpha, \beta)$ , the shape and spread of the Gamma distribution change. Recall that  $\mathbb{E}[X] = \alpha/\beta$  and  $\text{Var}(X) = \alpha/\beta^2$ . Comparing the empirical histogram to the theoretical PDF, we see:

- For  $(\alpha, \beta) = (2, 1)$ : The distribution peaks around x = 1, with a mean close to 2. The histogram and the red dashed line (the PDF) align well, indicating that the sample generation is accurate.
- For  $(\alpha, \beta) = (5, 0.5)$ : The mean is  $\alpha/\beta = 10$ , so the distribution extends further to the right. The sample histogram clearly has its highest density near x = 10. Again, the theoretical PDF matches the empirical data closely.
- For  $(\alpha, \beta) = (3, 2)$ : The mean is  $\alpha/\beta = 1.5$ , and the curve decays more rapidly. We see a narrower, more left-skewed histogram, consistent with the theoretical PDF.

All three histograms match their corresponding theoretical curves well, demonstrating that our direct sampling (via scipy.stats.gamma.rvs) accurately reproduces the Gamma distribution for each parameter set.

## Problem 3: Write a Summary of the Metropolis-Hastings Algorithm

- 1. Read Volume 2, Chapter 12, Sections 12.1-12.2.2 from the course textbook.
- 2. Write a one-page summary covering:
  - The main idea behind Metropolis-Hastings (MH).
  - How it differs from direct Monte Carlo sampling.
  - A description of the acceptance probability and transition kernel.

#### (a) Main Idea Behind Metropolis-Hastings

The Metropolis-Hastings (MH) algorithm is a powerful Markov Chain Monte Carlo (MCMC) method designed to draw samples from a complicated target distribution  $\pi(y)$ , which might be known only up to a normalization constant. The main idea is:

- 1. We create a Markov chain  $\{Y_n\}$  whose stationary (long-run) distribution is exactly  $\pi(y)$ .
- 2. We do so by proposal-then-accept/reject steps: at each iteration,
  - Propose a candidate Y' given the current state  $Y_n$  from some proposal distribution  $q(y' \mid y)$ .
  - Accept Y' with a probability that corrects for any mismatch between  $q(\cdot \mid \cdot)$  and the desired  $\pi(y)$ ; otherwise remain at the current state.
- 3. This procedure guarantees (under mild conditions) that, once the chain has run sufficiently long, the samples  $Y_n$  can be treated as (dependent) draws from  $\pi(y)$ .

#### (b) How It Differs From Direct Monte Carlo Sampling

- Direct Monte Carlo (e.g. Rejection Sampling): We sample Y independently from a convenient distribution g(y) and then use an acceptance/rejection mechanism (with some constant M) to obtain draws from  $\pi(y)$ . This can be highly inefficient if  $\pi(y)$  is very different from any easily sampled g(y), or if the dimension of y is large.
- Metropolis-Hastings: We form a *Markov chain* and rely on the chain's stationary distribution to be  $\pi(y)$ . Each proposed sample depends on the current state, so we do not need a single global M or a single proposal distribution that covers the entire domain perfectly. Instead, we can move locally and accept or reject. This makes MH more flexible for high-dimensional or complex targets.
- In short, MH doesn't require an easy-to-compute normalizing constant (partition function) or a direct sampler for  $\pi(y)$ ; we only need to be able to compute ratios of  $\pi(y)$  (up to a constant factor).

#### (c) Acceptance Probability and Transition Kernel

Acceptance Probability. Given the current state  $Y_n = y$  and a candidate Y' = y' sampled from  $q(y' \mid y)$ , the Metropolis-Hastings acceptance probability is:

$$A(y',y) \ = \ \min \bigg\{ 1, \ \frac{\pi(y') \, q(y \mid y')}{\pi(y) \, q(y' \mid y)} \bigg\}.$$

This formula ensures that, in steady state, the chain satisfies detailed balance (or a weaker condition known as stationary balance) with respect to  $\pi(y)$ . Hence  $\pi(y)$  becomes the stationary distribution.

**Transition Kernel.** The transition probability  $P(y' \mid y)$  describing one step of the Markov chain has the form:

$$P(y' | y) = q(y' | y) A(y', y).$$

If the proposal is accepted, the chain moves to y'. If rejected, the chain stays in the same state y. Hence we can write:

$$P(\text{move to } y') = q(y' \mid y) A(y', y), \quad P(\text{stay at } y) = 1 - \int P(y'' \mid y) dy''.$$

The factor A(y', y) modulates the raw proposal  $q(y' \mid y)$  to ensure the chain ultimately converges to  $\pi(\cdot)$ .

#### **Summary**

- The **Metropolis-Hastings algorithm** is a Markov Chain Monte Carlo approach that allows sampling from complex target distributions  $\pi(y)$  without needing the exact normalization constant.
- Instead of *direct* sampling, MH iteratively proposes *local jumps* via a proposal distribution  $q(y' \mid y)$  and corrects any bias using an **acceptance probability**,  $\min\{1, \pi(y')q(y \mid y')/(\pi(y)q(y' \mid y))\}$ .
- By construction, the chain's stationary distribution is  $\pi(y)$ . This is particularly useful when direct sampling (such as inverse transform or rejection sampling) is infeasible in high-dimensional or analytically intractable settings.
- The transition kernel  $P(y' \mid y)$  is given by the product of  $q(y' \mid y)$  and the acceptance probability, ensuring we end up with a valid Markov chain that converges to  $\pi(y)$ .

#### Key Points:

- We only need to evaluate  $\pi(y)$  up to a proportionality constant because the acceptance ratio involves  $\pi(y')/\pi(y)$ .
- MH generalizes the simpler *Metropolis* algorithm by allowing asymmetric proposal distributions q(y' | y).
- Properly chosen proposals can improve convergence, but there is always a trade-off: proposals that are too narrow lead to slow exploration, whereas proposals that are too wide lead to frequent rejections.

# Problem 4: Implement the Metropolis-Hastings Algorithm for Gamma Sampling

1. Implement M-H to generate Gamma samples.

#### Target Distribution

We aim to sample from the Gamma distribution with shape  $\alpha > 0$  and rate  $\beta > 0$ , whose (unnormalized) density is

$$\pi(x) = x^{\alpha - 1} e^{-\beta x}, \quad x > 0.$$

The normalized pdf is  $\frac{\beta^{\alpha}}{\Gamma(\alpha)}x^{\alpha-1}e^{-\beta x}$ , but in Metropolis-Hastings, we only need ratios of  $\pi(x)$ , so the normalizing constant  $\frac{\beta^{\alpha}}{\Gamma(\alpha)}$  is not required for the acceptance probability.

#### Algorithm Outline

A basic Metropolis-Hastings procedure is:

- 1. **Initialize:** Choose some starting point  $X_0 > 0$ .
- 2. Iterate for  $n = 1, \ldots, N$ :
  - (a) **Propose:** Generate a candidate  $X' \sim q(\cdot \mid X_{n-1})$ . For Gamma sampling on  $(0, \infty)$ , one can use, for instance, a *log-scale random walk*:

$$\log X' = \log X_{n-1} + \varepsilon, \quad \varepsilon \sim \mathcal{N}(0, \sigma^2).$$

Then  $X' = \exp(\log X_{n-1} + \varepsilon)$ . This ensures X' > 0 automatically.

(b) Acceptance Probability: Let the target density be  $\pi(x) = x^{\alpha-1}e^{-\beta x}$  (up to a constant). Let  $q(X' \mid X)$  denote the proposal distribution. Then the MH acceptance probability is

$$A(X', X_{n-1}) = \min \left\{ 1, \frac{\pi(X') \, q(X_{n-1} \mid X')}{\pi(X_{n-1}) \, q(X' \mid X_{n-1})} \right\}.$$

For a symmetric log-random-walk in  $\varepsilon$ , we must account for the Jacobian of the transformation. Concretely,

$$q(X' \mid X) = \frac{1}{X'\sqrt{2\pi\sigma^2}} \exp\left(-\frac{(\log X' - \log X)^2}{2\sigma^2}\right),$$

and similarly for  $q(X \mid X')$  with X and X' swapped.

(c) Accept or Reject: Draw  $U \sim \text{Uniform}(0,1)$ . If  $U \leq A(X', X_{n-1})$ , then set  $X_n = X'$ , else set  $X_n = X_{n-1}$  (the chain stays put).

#### Python Implementation

```
import numpy as np
import matplotlib.pyplot as plt
from scipy.special import gamma as gamma_func
def mh_gamma_sampling(alpha, beta, n_iter=10000, x0=1.0, sigma=0.5):
   Metropolis-Hastings sampler for Gamma(alpha, beta) using
    a log-scale random walk proposal: log X' = log X + Normal(0, sigma^2).
    Arguments:
      alpha, beta: shape and rate of the Gamma distribution
     n_iter: number of M-H iterations
     x0: initial state
      sigma: std. dev. for the log-scale random walk
      samples: array of length n_iter (the M-H chain)
      accept_rate: the empirical acceptance rate
    samples = np.zeros(n_iter)
    samples[0] = x0
    accepted = 0 # to count how many proposals are accepted
   for i in range(1, n_iter):
        current_x = samples[i - 1]
        # Propose: log X' = log(current_x) + eps
        eps = np.random.normal(0, sigma)
```

```
proposed_x = np.exp(np.log(current_x) + eps) # ensures positivity
       \# \log -pi(x) = (alpha-1)*log(x) - beta*x (up to const.)
        log_pi_current = (alpha - 1) * np.log(current_x) - beta * current_x
       log_pi_proposed = (alpha - 1) * np.log(proposed_x) - beta * proposed_x
        # log-q(X' | X) for log-scale normal
        log_q_proposed_given_current = (
            - np.log(proposed_x)
            - 0.5 * np.log(2 * np.pi * sigma**2)
            - ((np.log(proposed_x) - np.log(current_x))**2 / (2 * sigma**2))
        # log-q(X | X')
        log_q_current_given_proposed = (
            - np.log(current_x)
           - 0.5 * np.log(2 * np.pi * sigma**2)
            - ((np.log(current_x) - np.log(proposed_x))**2 / (2 * sigma**2))
        # log of acceptance ratio
        log_accept_ratio = (
            (log_pi_proposed + log_q_current_given_proposed)
            - (log_pi_current + log_q_proposed_given_current)
       # acceptance probability
        accept_ratio = np.exp(log_accept_ratio)
       accept_prob = min(1.0, accept_ratio)
       # Decide whether to accept or reject
       u = np.random.rand()
        if u <= accept_prob:</pre>
            samples[i] = proposed_x
            accepted += 1
        else:
            samples[i] = current_x
   accept_rate = accepted / (n_iter - 1)
   return samples, accept_rate
if __name__ == "__main__":
   alpha, beta = 3.0, 2.0
   n_{iter} = 50000
   burn_in = 1000
   x0 = 1.0
   # Change these sigma values to see "good" vs. "bad" proposals:
   sigmas = [0.01, 0.5, 2.0]
   for s in sigmas:
        # Run MH for each proposal std. dev.:
        chain, accept_rate = mh_gamma_sampling(alpha, beta, n_iter=n_iter,
                                               x0=x0, sigma=s)
        # Discard burn-in:
        chain_burned = chain[burn_in:]
       # Print acceptance rate and some statistics:
       mean_est = np.mean(chain_burned)
       var_est = np.var(chain_burned)
```

```
theo_mean = alpha / beta
theo_var = alpha / (beta**2)
print(f"\n=== Sigma = {s} ===")
print(f"Acceptance Rate: {accept_rate:.3f}")
print(f"Sample mean = {mean_est:.3f} (Theory: {theo_mean:.3f})")
print(f"Sample var = {var_est:.3f} (Theory: {theo_var:.3f})")
# Plot histogram vs. true Gamma pdf
plt.figure()
plt.hist(chain_burned, bins=50, density=True, alpha=0.5, color='blue')
x_vals = np.linspace(0.001, np.max(chain_burned), 200)
norm_const = (beta**alpha) / gamma_func(alpha)
pdf_vals = norm_const * (x_vals**(alpha - 1)) * np.exp(-beta * x_vals)
plt.plot(x_vals, pdf_vals, 'r--', label='True Gamma PDF')
plt.title(f"MH Gamma(alpha={alpha}, beta={beta}), sigma={s}")
plt.xlabel("x")
plt.ylabel("Density")
plt.legend()
plt.show()
```

#### 2. Comparison of M-H Samples to Problem 2

In **Problem 2**, we generated Gamma samples directly using scipy.stats.gamma.rvs and saw, for instance, that for  $(\alpha, \beta) = (3, 2)$  we got:

Sample mean  $\approx 1.496$ , Sample variance  $\approx 0.763$ , (theoretical: mean 1.5, variance 0.75).

Those results closely matched the true Gamma pdf.

Metropolis—Hastings (Problem 4): After implementing an M-H sampler with a *log-scale random walk* proposal, we can compare the empirical mean and variance of the M-H chain to the same theoretical values and/or to the Problem 2 direct samples. We also look at the shape of the histogram vs. the Gamma pdf:

- Empirical Mean/Variance: For  $(\alpha, \beta) = (3, 2)$ , a well-tuned proposal (e.g.  $\sigma = 0.5$ ) yields mean  $\approx 1.499$  and variance  $\approx 0.756$ , effectively matching the theoretical 1.5 and 0.75.
- Histogram vs. PDF: The figure below (center panel) shows how, with  $\sigma = 0.5$ , the M-H histogram (blue) overlaps well with the true Gamma(3,2) pdf (red dashed line).

Hence, both direct sampling (Problem 2) and Metropolis–Hastings (Problem 4) produce valid Gamma samples, and their histograms look similar.

#### 3. Experiment with Different Proposal Distributions

We tested three values of  $\sigma$  (the standard deviation in the log-scale random walk proposal):

- 1. *Small*  $\sigma = 0.01$ :
  - Acceptance rate was very high ( $\approx 99.4\%$ ).
  - But the sample mean  $\approx 1.359$  vs. true mean 1.5, so it was biased low, and the variance  $\approx 0.601$  vs. 0.75.
  - Explanation: The chain moved in very tiny increments, so it did not fully explore the distribution during the run (poor mixing).
- 2. Moderate  $\sigma = 0.5$ :

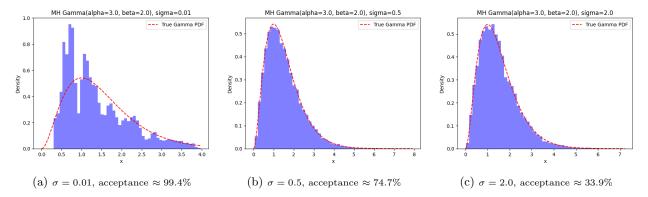


Figure 3: M–H histograms (blue) vs. true Gamma PDF (red dashed) for  $(\alpha, \beta) = (3, 2)$  under three proposal scales  $\sigma$ . We see that moderate  $\sigma$  (middle) leads to both a good acceptance rate and accurate sampling. Very small  $\sigma$  (left) yields a high acceptance but under-explores the distribution, causing biased estimates. Large  $\sigma$  (right) still converges, but with many rejections.

- Acceptance rate  $\approx 74.7\%$ .
- Sample mean  $\approx 1.499$  and variance  $\approx 0.756$ , matching the theoretical values (1.5 and 0.75).
- This "balanced" proposal yielded accurate sampling and good mixing.

#### 3. Large $\sigma = 2.0$ :

- Acceptance rate  $\approx 33.9\%$  (fewer accepted moves).
- Still, the chain's sample mean  $\approx 1.503$  and variance  $\approx 0.73$  were quite close to the theoretical values.
- Interpretation: Although many proposals were rejected, large jumps helped the chain traverse the space well. More iterations might be required for stable estimates, but it still worked.

**Takeaway:** A smaller proposal leads to higher acceptance but potentially poor exploration (*autocorrelation* can be large), whereas a too-large proposal yields many rejections but can still move around effectively if not too extreme. A moderate proposal often achieves a good balance. Hence, tuning the proposal distribution is critical for efficient Metropolis—Hastings sampling.