# Impulsive Decision Making

# Findings from the modeling of 3 versions of the Iowa Gambling Task



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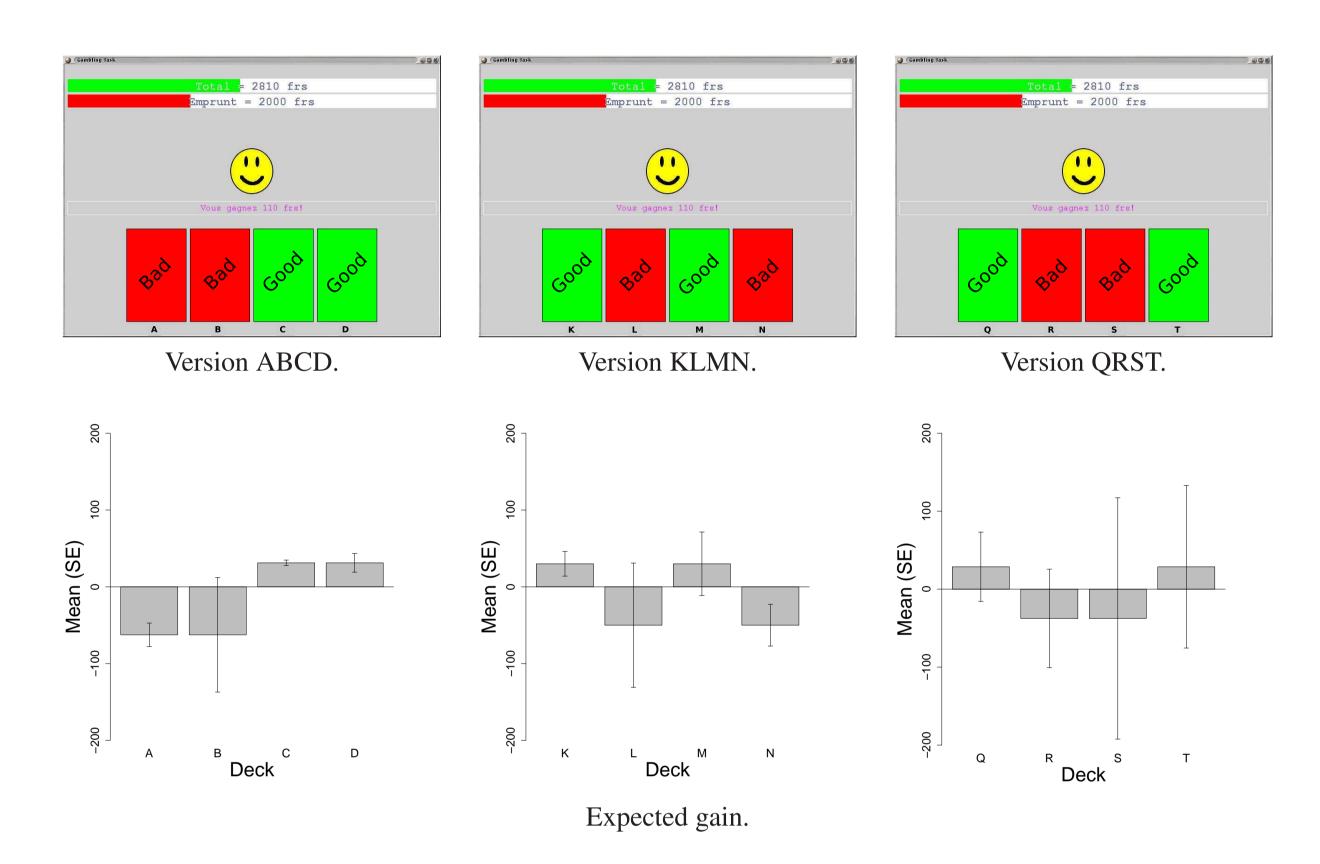
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#### The Iowa Gambling Task (IGT)

- The ABCD version of the IGT (Bechara et al., 1994) is frequently used in neuropsychology and psychopathology to assess decision-making;
- Participants have to select among 4 decks of cards, each selection is followed by a reward or a punishment (gain or loss of fictive money). Selections are repeated 100 times;
- Bad decks are disadvantageous (loss in the long run), good decks are advantageous (gain in the long run).

#### New versions of the IGT

- Version KLMN and QRST were recently created to allow repeated assessments of decision making;
- Position of the good decks changes from one version to the other;
- Difficulty increases from one version to the other.



#### Modeling decision-making

- Decision-making in the IGT depends on several psychological processes;
- Authors (Busemeyer & Stout, 2002) have used a reinforcement learning model with 3 parameters to explain performance in the IGT:
- 1. An updating rate  $(0 < \beta < 1)$ ;
- 2. A sensitivity to reward  $(0 < \sigma < 1)$ ;
- 3. An exploration tendency  $(0 < \tau)$ .

#### Rational and aims

- The ABCD version has been used to model decision-making;
- This is problematic because it has been shown that model parameters are unreliable when estimated on only 100 trials (d'Acremont et al., 2006);
- Based on this limitation, our aims were twofolds:
- 1. See if the model parameters are more reliable when estimated on the 3 versions of the IGT offering 300 trials (simulation);
- 2. Estimate the model parameters on data collected with the 3 versions of the IGT and explore their relationships with impulsivity (application on real data).

#### Simulated decisions

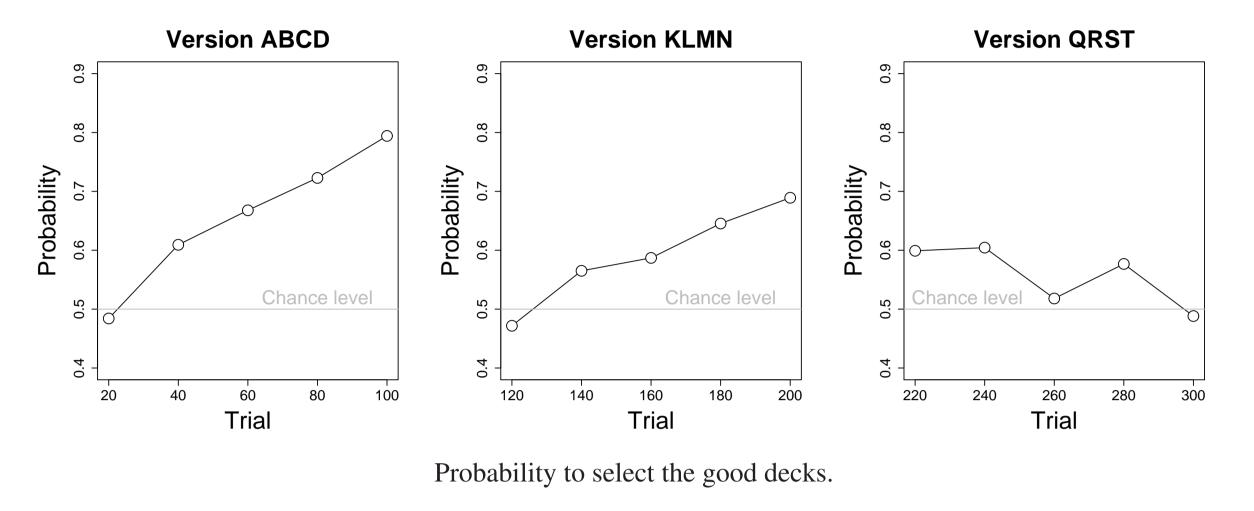
#### Reinforcement learning algorithm:

- 1: Initialize action probability  $p_i=0.25,\ i=1,\ldots,4$ 2: Initialize action value  ${\tt ActVal}_i=0,\ i=1,\ldots,4$
- 3: **for** k = 1 : n **do**
- 4: Select deck i according to p
- 5: RewVal =  $(\sigma \operatorname{Reward}_i + (1 \sigma) \operatorname{Punish}_i)$
- 6:  $PredErr = RewVal ActVal_i$ 7:  $ActVal_i = ActVal_i + \beta PredErr$
- 8:  $x_i = \exp(\operatorname{ActVal}_i / \tau), i = 1, \dots, 4$
- 9: Update action probability  $p_i = x_i / \sum_{j=1}^4 x_j$
- 10: end for

#### References

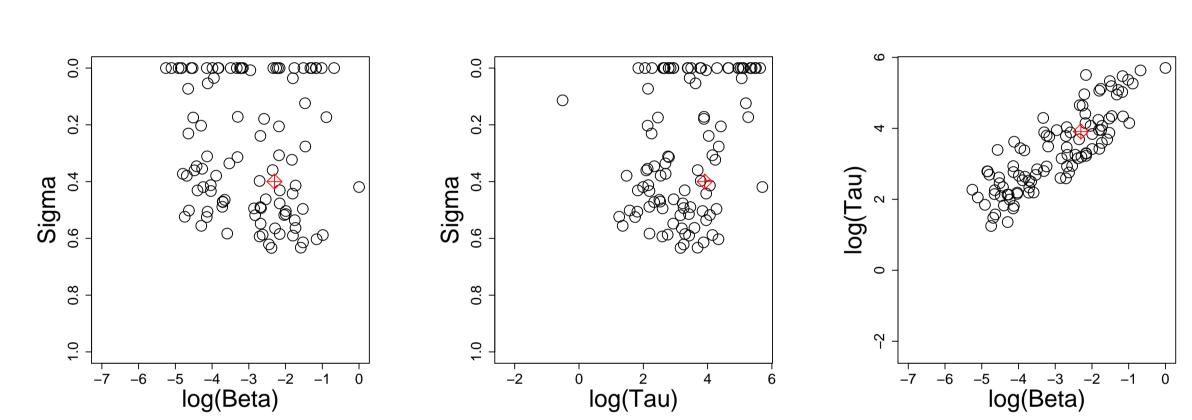
#### Simulation on version ABCD, KLMN, and QRST:

- Parameters in the learning algorithm are fixed to: a moderate updating rate ( $\beta = .10$ ), a low sensitivity to reward ( $\sigma = .40$ ), and a tendency to explore the environment ( $\tau = .50$ );
- The learning algorithm is used to simulate the decision of one "subject";
- Results indicate that the probability to select the good decks increases with trials in the ABCD and KLMN version  $\Rightarrow$  the algorithm learns to take advantageous decisions;
- ullet There is no learning in the QRST version  $\Rightarrow$  this result reflects the difficulty of version QRST.



#### **Estimation on version ABCD:**

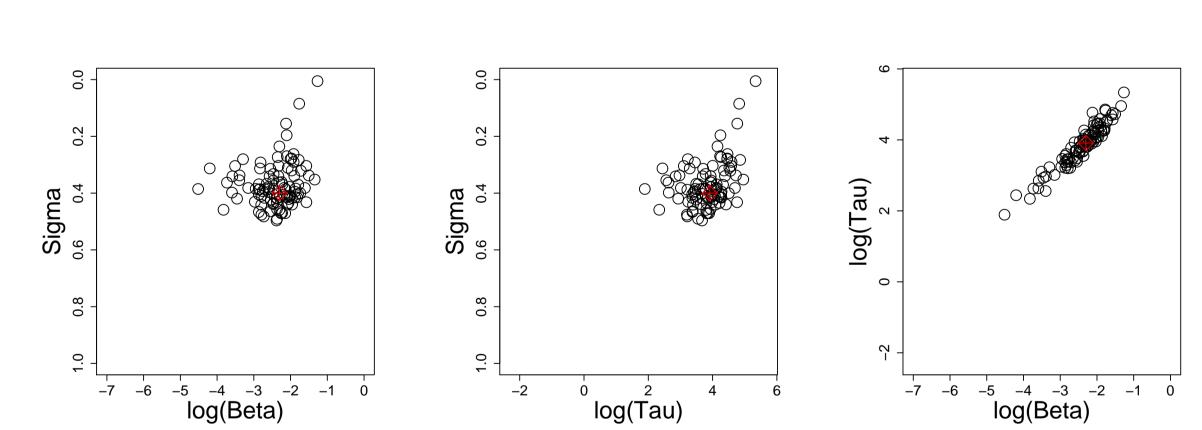
- Parameters in the learning algorithm are fixed to the same values: ( $\beta = .10$ ,  $\sigma = .40$ ,  $\tau = 50$ );
- Decisions for 100 "subjects" are simulated with the learning algorithm on version ABCD;
- For each "subject", the models parameters are estimated by mean of maximum likelihood;
- Results show a high variability of the estimated parameters around the fixed parameters.



The red point = fixed parameters. Small points = estimated parameters for 100 "subjects".

#### Estimation on version ABCD, KLMN, and QRST:

- The same strategy is used, but decisions for the 100 "subjects" are simulated on the 3 versions;
- Results show a reduced variability of the estimated parameters around the fixed parameters ⇒ the reliability of the estimated parameters increased with the use of the 3 versions;



The red point = fixed parameters. Small points = estimated parameters for 100 "subjects".

### Parameter estimation from real data

- 61 adults completed successively the 3 versions of IGT and the UPPS Impulsive Behavior Scale (Whiteside & Lynam, 2001);
- The model parameters  $(\beta, \sigma, \tau)$  were estimated for each subject on the 300 trials;
- A significant correlation was found between lack of Premeditation (one aspect of impulsivity) and sensitivity to reward, r = .34\*, 95% CI = (.09, .55);
- This results corroborate the hypothesis of a higher sensitivity to reward in impulsive subjects (Corr et al., 1995);

## Conclusions

- Simulation revealed that the use of 3 versions of the IGT gives a more accurate estimation of the parameters;
- An application on real data showed a meaningfull relationship between one aspect of impulsivity and decision-making.

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