

**1 Size-differentiated Export Flux in Different Dynamical
2 Regimes in the Ocean**

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6 Key Points:

- 7** • Submesoscale dynamics enhance the contribution of slow-sinking particles to
8 POC export, especially for steep particle size-spectrum slopes
9 • Remineralization processes intensify the role of slow-sinking particles, to the
10 point where these particle sometime dominate POC export

11 **Abstract**

12 Export of Particulate Organic Carbon (POC) is mainly driven by gravitational sinking.
 13 Thus, traditionally, it is thought that larger, faster-sinking particles make up
 14 most of the POC export flux. However, this need not be the case for particles whose
 15 sinking speeds are comparable to the vertical velocities of a dynamic flow field that can
 16 influence the descent rate of particles. Particles with different settling speeds are re-
 17 leased in two process-oriented model simulations of an upper ocean eddying flow in the
 18 Northeast Pacific to evaluate the impact of (1) ocean dynamics on the respective con-
 19 tribution of the different sinking-velocity classes to POC export, and (2) the particle
 20 number size-spectrum slope. The analysis reveals that the leading export mechanism
 21 changes from gravitationally-driven to advectively-driven as submesoscale dynamics
 22 become more active in the region. The vertical velocity associated with submesoscale
 23 dynamics enhances the contribution of slower-sinking particles to POC export flux
 24 by a factor ranging from 3 to 10, especially where the relative abundance of small
 25 particles is large, (i.e., steep particle size-spectrum slope). Remineralization generally
 26 decreases the total amount of biomass exported, but its impact is weaker in dynamical
 27 regimes where submesoscale dynamics are present and export is advectively-driven.
 28 In an advectively-driven export regime, remineralization processes counter-intuitively
 29 enhance the role of slower-sinking particles to the point where these slower-sinking ve-
 30 locity classes dominate the export, therefore challenging the traditional paradigm for
 31 POC export. This study demonstrates that slow-sinking particles can be a significant
 32 contribution, and at times, even dominate the export flux.

33 **1 Introduction**

34 Photosynthesis in the sunlit upper ocean and the production of Particulate Or-
 35 ganic Carbon (POC) takes up dissolved inorganic carbon and facilitates the uptake of
 36 CO₂ from the atmosphere. The sinking of POC exports organic carbon from the upper
 37 ocean to the interior, leading to the sequestration of carbon (Falkowski et al., 1998;
 38 Boyd et al., 2019) on timescales ranging from days to years depending on the sink-
 39 ing depth and circulation. Despite progress on sampling and viewing particles in the
 40 ocean, direct measurements of particles sinking velocities are difficult to obtain, and
 41 often inferred from key parameters such as particle type, size, and density (McDonnell
 42 & Buesseler, 2010; McDonnell & Buesseler, 2012).

43 Traditionally, POC export is thought to occur through gravitational sinking and
 44 one-dimensional models have been used to describe the sinking POC flux with depth
 45 (Jackson et al., 1997; Armstrong et al., 2001; DeVries et al., 2014; Omand et al.,
 46 2020). Particles produced through primary and secondary production in the surface
 47 layer that are relatively large and fast sinking tend to sink out of the upper surface
 48 layer on timescales shorter than the timescale on which the particles get remineralized.
 49 It is reasonable to treat POC export as sinking-dominated if the vertical advective
 50 velocities in the ocean are weaker than the velocities associated with gravitational
 51 sinking. However, Particulate Organic Matter (POM) has a wide range of particle
 52 shape, size and type, that result in particle sinking velocities ranging from practically
 53 zero, to several hundreds of meters per day (Riley et al., 2012; Baker et al., 2017).
 54 The size spectrum, or number distribution of particle sizes, is usually characterized by
 55 a power law with the power ranging between -2 and -4, for which the abundance of
 56 small particles is $\mathcal{O}(10^4 - 10^8)$ greater than large particles (McCave, 1984; Petrik et
 57 al., 2013). The biomass size spectrum, which indicates the distribution of biomass vs.
 58 particle size, tends to be flatter and variable in shape (Sheldon et al., 1972) compared
 59 to the particle number spectrum, because the volume (and mass) of a particle scales
 60 with its linear size raised to a power that exceeds 1 (and typically varies between 2
 61 and 3 depending on shape and porosity). Importantly, it means that a significant
 62 fraction of the particulate biomass is in the small size fraction (Richardson & Jackson,

63 Even though the sinking velocity w_s of particles does not perfectly relate to
 64 particle size l , it is fair to assume that $w_s \sim l^n$ (with $n = 2$ according to Stokes law,
 65 and $1 < n < 2$ for complex particle shapes). Due to this, as well as the fact that
 66 particles of organic matter are not very much greater in their densities than seawater,
 67 a significant fraction of the biomass sinks very slowly (at velocities less than tens of
 68 meters per day). When the gravitational sinking velocity of particles is comparable
 69 to (or smaller than) the vertical velocities in the flow field, the dynamics of the flow
 70 field can impact the trajectories and fate of the POC. Thus, depending on the flow
 71 dynamics, and the fraction of slow-sinking particulate biomass, the sinking of organic
 72 matter can be affected by the fluid flow in the ocean.

73 Recent studies have shown that ocean dynamics can play a role in driving the
 74 transport of carbon from the euphotic layer to the ocean interior (Stukel & Ducklow,
 75 2017; Stukel et al., 2018; Llort et al., 2018). For example, enhanced vertical velocities
 76 along the edge of a mesoscale eddy led to a funneling of particles along the eddy's
 77 periphery (van Haren et al., 2006; Waite et al., 2016) and in mesoscale features in the
 78 California current (Stukel et al., 2017). Omand et al. (2015) found that submesoscale
 79 mixed layer eddies, while contributing to the restratification of a frontal zone, were
 80 subducting a large amount of non-sinking POC from the surface productive layer
 81 during the onset of the Spring bloom in the subpolar North Atlantic. Advectively
 82 subducting plumes or filaments of high oxygen, chlorophyll and small POC (evidenced
 83 through backscatter) were detected from a suite of gliders during the North Atlantic
 84 Bloom experiment (Alkire et al., 2012). Using model simulations to capture the process
 85 of eddy-driven subduction, Omand et al. (2015) estimated the downward advective
 86 flux of non-sinking POC and parameterized it. Briggs et al. (2011) quantified the
 87 flux of fast-sinking particles consisting largely of diatoms from observations of optical
 88 backscatter. But, these estimates did not account for a range of sinking particle
 89 velocities. Typically, POM has a wide spectrum of sinking velocities and in order
 90 to understand its fate and export, we need to consider the biomass distribution as a
 91 function of the particle sinking velocity spectrum and its interaction with the dynamics
 92 of the flow field in the ocean.

93 A growing body of literature focusing on submesoscale (1-10 km) dynamics is ex-
 94 ploring its impact on biogeochemical processes (Lévy et al., 2012; Mahadevan, 2016).
 95 Submesoscale dynamics, characterized by Rossby numbers of order 1, typically develop
 96 in filaments in areas where sharp density fronts exist (Thomas, Taylor, et al., 2013;
 97 Klein & Lapeyre, 2009; McWilliams, 2016). In this dynamical regime, geostrophic bal-
 98 ance breaks down and a secondary ageostrophic circulation develops across the front,
 99 capable of generating large vertical velocities on the order of 100 m/day (Fox-Kemper
 100 et al., 2008; Mahadevan, 2016). On the denser side of the front, the vorticity is cyclonic
 101 and associated with downwelling velocities, while anticyclonic vorticity and upwelling
 102 is expected on the lighter side of the front. The distribution of relative vorticity as-
 103 sociated with submesoscale dynamics near the surface exhibits an asymmetry with
 104 higher values of positive vorticity than negative vorticity (Rudnick, 2001), leading to
 105 more localized and more intense downwelling regions, as opposed to weaker and larger
 106 scale upwelling regions (Mahadevan & Tandon, 2006). Enhanced vertical velocities
 107 can aid the supply nutrients to the sunlit layer of the ocean for primary production
 108 (Mahadevan & Archer, 2000; Lévy et al., 2001) or can significantly increase the ex-
 109 port of POC to the ocean interior through localized downwelling (Lévy et al., 2012;
 110 Gruber et al., 2011; Estapa et al., 2015; Omand et al., 2015), a process that might not
 111 be captured if submesoscales O(1 km) are not fully resolved (Resplandy et al., 2019).
 112 The downwelling velocities $\mathcal{O}(100 \text{ m/day})$ generated at submeso-scales provide a phys-
 113 ical mechanism for exporting slow sinking or neutrally buoyant particles on timescales
 114 shorter than their remineralization timescales. If the fraction of biomass associated
 115 with such slow sinking velocities is significant, submesoscale dynamics can potentially
 116 impact the export of POC.

We rely on a submesoscale-resolving, non-hydrostatic ocean model to simulate the dynamics in the upper few hundred meters of the ocean. The dynamical model is coupled with a particle-tracking module to model the advection of particles by fluid flow, while neglecting the effects of particle inertia and drag on their advection. In addition, the particles sink with a range of sinking velocities (between 0.025–5 m day⁻¹) that is based on the range of vertical currents modeled in this region. We aim to address the transitional regime of the particle sinking velocity spectrum, where both advection and sinking speeds have similar order of magnitudes. A similar study with sinking tracers showed the influence of the flow (Taylor et al., 2020), but the use of particles enables a characterization of export associated with each sinking class of particles.

The model is used to quantify the contribution of slow-sinking particles to carbon export, as a function of (1) the dynamics of the flow field, (2) the slope of the sinking velocity spectrum, and (3) the remineralization timescale. Particles in the model are prescribed with both a constant and time-varying sinking velocity to mimic a remineralizing behavior. Particles are released in two fundamentally different flow fields in terms of dynamics based on observed conditions in the Northeast Pacific: In the summer, where ocean dynamics are characterized by low Rossby numbers and weak vertical advective velocities, and in the winter, where ocean dynamics include submesoscale frontal structures and local Rossby numbers $\mathcal{O}(1)$. Both simulations and the particle-tracking module are described in Section 2. The impact of particles characteristics and ocean dynamics on the export of POC is quantified in Section 3, and discussed in Section 4. Section 5 summarizes the key conclusions of the study.

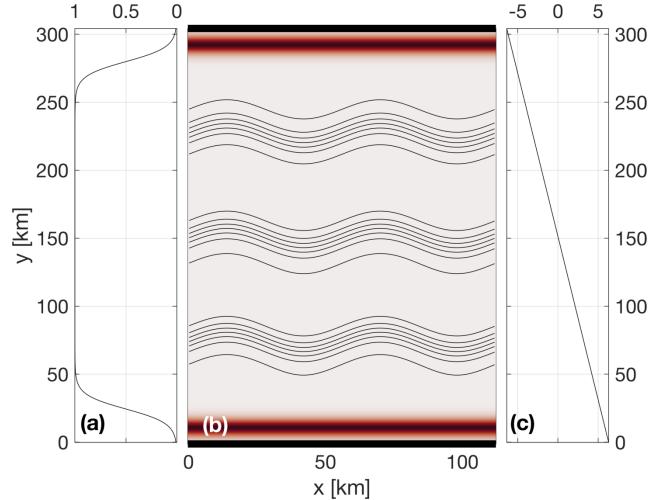
2 Methods

2.1 Model setup and domain

This study uses a non-hydrostatic, three-dimensional, Process Study Ocean Model (PSOM; Mahadevan et al., 1996b, 1996a) to simulate an eddy field that is representative of the Northeast Pacific Ocean. The model is set in a channel configuration with periodic east-west boundaries, and solid boundaries in the south and north. The domain covers 112 km in the x-direction, 304 km in the y-direction, and 1000 m in the vertical (Figure 1). The horizontal resolution is 500 m, while a stretched grid is used in the vertical with 32 levels ranging in thickness from 1.25 m near the surface to 70 m at the lowermost level. The model is integrated numerically in time and evolves the temperature, salinity, free-surface height, pressure, and three-dimensional velocity field from an initial state, subject to momentum and buoyancy fluxes applied through the surface boundary.

Time-varying wind stress and heat flux are prescribed at the surface boundary. Time series are computed from measurements collected at Station Papa and available through the Pacific Marine Environmental Laboratory (PMEL, 2018). Daily wind stress and net heat fluxes are calculated over the period 2007-2016 to produce a year-long climatology. A squared low-pass filter with a cut-off frequency of 8.5 days is applied to both time series to remove high-frequency variability. In all numerical experiments, simulations are run for the first 5 days without any forcing applied to the surface boundary. Surface wind stress and heat fluxes are then linearly ramped up between days 5 and 10 of the simulation, to reach realistic values at day 10.

While the meridional component, τ_y , is set to zero, the zonal component of the wind stress, τ_x , is prescribed at the surface throughout the model domain and is tapered at the northern and southern boundaries to avoid excessive Ekman-driven upwelling and downwelling (Figure 1a). A restoration timescale is prescribed to contain the curl-driven upwelling and downwelling regions generated by the tapering of the



153 **Figure 1.** PSOM model setup. (a) Meridional profile of scaling coefficient that multiplies the
 154 time-varying zonal wind stress τ_x shown in Fig. 3a. The taper at north and south boundaries
 155 prevents ‘coastal’ up-/down-welling being entirely concentrated in the boundary grid cell. (b)
 156 Restoration factor (color shading) used to dampen internal wave reflection at boundaries as well
 157 as up-/down-welling due to the windstress curl. Surface density contours (black) show the three
 158 fronts used to initialize the model. (c) Meridional variation of the time-dependent surface heat
 159 flux (Fig. 3a) prescribed over the domain.

174 wind stress, as well as to limit internal wave reflection at the solid boundaries back
 175 into the domain (Figure 1b). While net surface heat fluxes are homogeneous in the
 176 zonal direction, a meridional gradient is maintained throughout the simulation. The
 177 meridional gradient was determined from the North American Regional Reanalysis
 178 (NARR) product (Mesinger et al., 2006), and set to $1/24 \text{ W/m}^2/\text{km}$ (Figure 1c).

179 Initial hydrographic conditions are determined from a three-dimensional gridded
 180 field of temperature and salinity from Argo floats (Gaillard, 2015; Gaillard et al., 2016).
 181 Argo data is averaged monthly over the period 2002-2012 and two different months are
 182 used to initialize the two main numerical experiments for this study: Climatological
 183 conditions in April are used to initialize the *Papa-summer* experiment, while January
 184 climatological conditions are used to initialize the *Papa-winter* experiment (Table 1).
 185 The north-south background density gradient is then intensified into three fronts lo-
 186 cated at $y = 75$, $y = 150$, and $y = 225$ km (Figure 1). The amplitude of the density
 187 gradient associated with the three fronts is determined from the probability distri-
 188 bution function (PDF) of the density gradients measured by underwater gliders deployed
 189 around Station Papa over the period 2008-2010 (Pelland et al., 2016; Pelland, 2018).
 190 To reduce model spin-up time, density fronts are perturbed by a sinusoidal wave with
 191 a wavelength close to the 1st baroclinic deformation radius ($\lambda = 66$ km). Similar
 192 PSOM configurations were successfully used in previous studies (Mahadevan et al.,
 193 2012; Omand et al., 2015). The model does not simulate surface waves or boundary
 194 layer turbulence, but rather, examines the fate of particulate organic matter beneath
 195 the turbulent surface boundary layer.

196 Two main experiments are conducted using the same configuration of PSOM,
 197 where only initial conditions and surface forcings are varied: *Papa-summer* aims at
 198 generating ocean dynamics representing conditions in the Northeast Pacific in the sum-
 199 mertime. Summer ocean dynamics are characterized by a flow generally in geostrophic

220 **Table 1.** Summary of the key characteristics of PSOM experiments *Papa-summer* and
 221 *Papa-winter*.

	<i>Papa-summer</i>	<i>Papa-winter</i>
Time period	April – July	January – March
Spin-up	60 days	50 days
Advective timestep	216 s	108 s
Horizontal diffusivity	$1 \text{ m}^2 \text{ s}^{-1}$	$0.2 \text{ m}^2 \text{ s}^{-1}$
Restoration timescale	3 days	15 days
Zonal wind stress	$0 - +0.16 \text{ N m}^{-2}$	$-0.05 - +0.17 \text{ N m}^{-2}$
Surface heat flux	$-46.8 - +167.5 \text{ W m}^{-2}$	$-57.6 - +15.3 \text{ W m}^{-2}$
Maximum $M^2 (\times 10^{-8})$		
initial	3.2 s^{-2}	33.9 s^{-2}
spun-up	12.0 s^{-2}	50.0 s^{-2}
Maximum $N^2 (\times 10^{-4})$		
initial	1.5 s^{-2}	1.6 s^{-2}
spun-up	3.1 s^{-2}	1.1 s^{-2}
Averaged mixed layer depth		
initial	73 m	85 m
spun-up	11 m	93 m

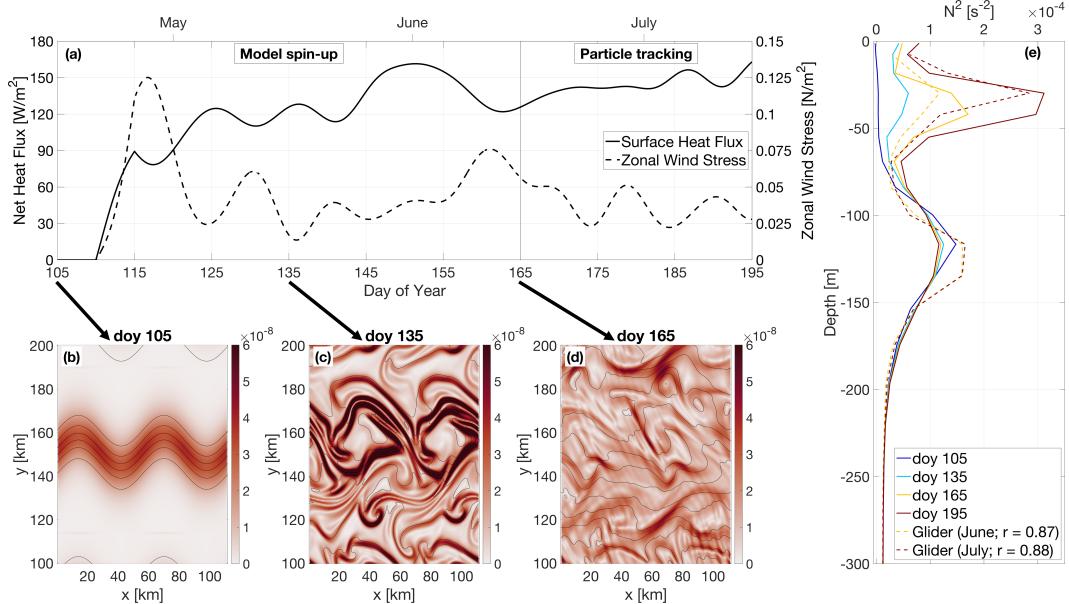
200 balance, with relatively weak density gradients and low Rossby numbers ($Ro \ll 1$).
 201 *Papa-winter* aims at capturing wintertime ocean conditions in the region. A different
 202 dynamical regime is expected to dominate during wintertime when mixed layers are
 203 deeper and lateral density gradients enhanced, with sharper density fronts, filament-
 204 like features and localized Rossby number $Ro = \mathcal{O}(1)$ over spatial scales $\mathcal{O}(1 \text{ km})$
 205 (Mensa et al., 2013; Callies et al., 2015; Thompson et al., 2016). The individual
 206 characteristics of each of *Papa-summer* and *Papa-winter* are detailed below.

207 2.1.1 *Papa-summer Model Experiment*

208 In *Papa-summer*, PSOM is initialized based on climatological Argo data in April.
 209 The magnitude of the density gradient across the front is set to $3.34 \times 10^{-6} \text{ kg/m}^3/\text{m}$,
 210 which corresponds to the 95th percentile of the PDF of density gradients measured
 211 in April from glider data collected in the region (Figure 2 and Table 1). The model
 212 is run with a timestep of 216 s and is allowed to spin-up for 60 days, allowing sum-
 213 mer stratification to develop. The model is then run for 30 additional days, saving
 214 instantaneous model fields every 3 hours for particle tracking. The month of April
 215 is chosen for initialization so the experiment would capture the onset of positive net
 216 heat fluxes, and the summer restratification that ensues in July-August (Figure 2). In
 217 this region, the summer stratification is associated with large primary productivity,
 218 particle production, and POC export (e.g., fecal pellets, dead phytoplankton; Plant
 219 et al., 2016).

231 2.1.2 *Papa-winter Model Experiment*

232 In *Papa-winter*, PSOM is initialized based on climatological Argo data in Jan-
 233 uary. The frontal gradient is set to $3.54 \times 10^{-5} \text{ kg/m}^3/\text{m}$, which corresponds to the
 234 99th percentile of the PDF of density gradients measured in January from glider data
 235 collected in the region (Figure 3 and Table 1). The model is allowed to spin-up for 50
 236 days allowing for the prescribed fronts to become unstable. To accommodate for the
 237 larger density gradients and stronger velocities, the advective timestep is shortened to

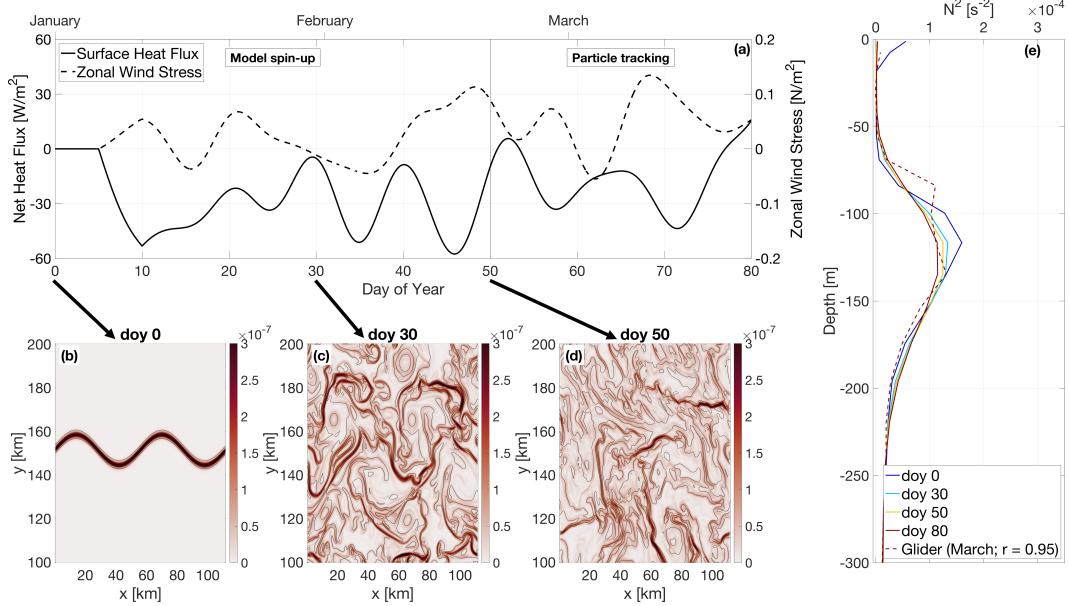


222 **Figure 2.** PSOM configuration for *Papa_summer*. (a) Time series of net heat fluxes and wind
 223 stress prescribed at the surface. Notice the positive heat fluxes, as well as downfront winds (i.e.
 224 eastward) persisting throughout the experiment. (b)-(d) surface horizontal buoyancy gradients
 225 $M^2 = |\nabla_H b|^2$ (in s^{-2}) at day of year (doy) 105, 135, and 165. Black contours show isopycnals (in
 226 kg/m³; CI = 0.01 kg/m³). (e) Vertical profile of the buoyancy frequency N^2 at day of year 105,
 227 135, 165, and 195, showing the development of summer stratification centered at $z = 30$ m (solid
 228 lines). Monthly-average vertical stratification obtained from glider profiles collected in June and
 229 July are superimposed (dashed lines), along with the correlation coefficient between observations
 230 and model outputs.

238 108 s and the horizontal diffusivity is lowered to 0.2 m²/s throughout the experiment.
 239 The model is run for 30 additional days, saving instantaneous model fields every 1.5
 240 hours for particle tracking. The month of January is chosen for initialization so the
 241 experiment would capture the time of year where the mixed layer is the deepest, and
 242 Rossby number O(1) occur more frequently. The objective is for this experiment to
 243 contrast *Papa_summer* by capturing the statistics of ocean conditions dominated by
 244 submesoscale dynamics.

253 2.1.3 Validation

254 To ensure that PSOM simulations yielded realistic conditions for both *Papa_summer*
 255 and *Papa_winter*, distributions of horizontal (M^2) and vertical (N^2) buoyancy gradi-
 256 ents are compared with glider observations collected over the period 2008-2009 (Pelland
 257 et al., 2016). During this period, underwater gliders sampled in a “bow-tie” pattern
 258 centered on Station Papa. Gliders sample the water column in a triangular wave
 259 pattern, whose shape is easily affected by currents, due to the slow moving speed of
 260 the glider (~1 km/hr). It is therefore challenging to associate a specific spatial scale
 261 with gradients computed between glider profiles, as profile separation distances can be
 262 highly variable through depth and time. To circumvent this issue, horizontal buo-
 263 nyancy gradients are computed between each pair of glider profiles available within one
 264 branch of the bow-tie. Each along-track lateral buoyancy gradient is thus associated
 265 with a specific separation scale and a timestamp. Glider-based density gradients can



245 **Figure 3.** PSOM configuration for *Papa_winter*. (a) time series of net heat fluxes and wind
 246 stress prescribed at the surface. Notice the mostly negative heat fluxes, as well as alternating
 247 zonal wind direction. (b)-(d) surface horizontal buoyancy gradients $M^2 = |\nabla_H b|^2$ (in s^{-2}) at day
 248 of year (doy) 0, 30, and 50. Black contours show isopycnals (in kg/m^3 ; CI = $0.01\ kg/m^3$). (e)
 249 Vertical profile of the buoyancy frequency N^2 at doy 0, 30, 50, and 80, showing the persistence
 250 of the halocline between $z = 80$ and $z = 180$ m throughout the experiment (solid lines). Monthly-
 251 average vertical stratification obtained from glider profiles collected in March is superimposed
 252 (dashed line), along with the correlation coefficient between observations and model outputs.

266 be affected by internal waves. To filter the impact of internal waves on the PDF of
 267 horizontal buoyancy gradients, only gradients computed at a scale of twice the Rossby
 268 radius ± 1 km are considered. Rossby radii are estimated from the glider data and
 269 are ~ 8 km in winter and ~ 20 km in summer.

270 2.2 Particle Tracking Experiments

271 2.2.1 Particle Advection Scheme

To quantify the impact of submesoscale dynamics on the export of Particulate Organic Matter (POC), Lagrangian particle trajectories are computed using the same scheme as in “TRACMASS” (Döös et al., 2013) with the flow fields from the two experiments described above. The three-dimensional, non-divergent velocity components from the faces of each “C” grid cell are linearly interpolated onto the particle’s position within the grid cell. For example, the eastward (along the x-axis) velocity of a particle is given by

$$u(x) = u_{i-1} + \frac{(x - x_{i-1})}{(x_i - x_{i-1})}(u_i - u_{i-1}), \quad (1)$$

where the subscripts $i - 1$ and i denote the western and eastern walls of the grid cell where the particle is located, respectively. This can be re-written as

$$\frac{\partial x}{\partial t} + \beta x + \delta = 0, \quad (2)$$

where $\beta = (u_i - u_{i-1})/\Delta x$ and $\delta = -u_{i-1} - \beta x_{i-1}$ (Döös et al., 2013). This differential equation can be solved analytically for $\beta \neq 0$ as

$$x_{t_1} = \left(x_0 + \frac{\delta}{\beta} \right) \exp^{-\beta(t_1-t_0)} - \frac{\delta}{\beta} \quad (3)$$

The time it will take for the particle to reach the eastern or western face of the grid cell can be computed by taking $x_{t_1} = x_i$ or $x_{t_1} = x_{i-1}$, respectively, and solving for t_1 . For each advective timestep, the times required for the particle to reach any of the 6 walls of the grid cell are computed using (3). If any of those times is shorter than the advective timestep, the particle is advected until it reaches the cell wall. Then the flow field in the adjacent grid cell is considered and the particle is advected over the remaining time.

2.2.2 Particle Seeding

For all particle-tracking experiments, a single particle seeding event is prescribed. In the horizontal, particles are seeded every 250 m over the entire domain in the x-direction, and for $100 < y < 200$ km in the y-direction. The seeding is centered over the mean position of the central front (see Figure 2) and is therefore not affected by undesired effects created by the solid north-south solid boundaries. In the vertical, particles are seeded every 1 m between 75 and 85 m. This depth range is chosen as it corresponds to the average euphotic depth at Station Papa, defined by the 1% light level. Particle seeding is located at the base of the euphotic layer where biological processes not captured by the particles (e.g., grazing, repackaging, aggregation, etc.) are not as active (Ducklow et al., 2001). The euphotic depth was computed for the months of February and June over the period 2007-2016 from profiles of Photosynthetically Active Radiation (PAR) collected at Station Papa as part of the long-term monitoring of Line P executed by the Department of Fisheries and Ocean Canada¹. The average euphotic depth computed for both of these months is around 80 m, which agrees with previously established estimates of the euphotic depth (Sherry et al., 1999; Harrison et al., 2004).

In each particle-tracking experiment, three different classes of particles are released. Each particle class is characterized by a different sinking velocity: 0.025, 1, and 5 m/day. In this study, these particle classes are referred to as slow-, intermediate-, and fast-sinking particles. This characterization is not based on the absolute value of the sinking rate, but rather on the ratio with vertical currents in the study region. The slowest-sinking class is essentially selected to represent non-sinking particles: based on the setup of our experiments, the slowest-sinking particles would take 400 days to sink 10 m through gravitational sinking, a timescale much greater than commonly observed remineralization timescales. While 5 m/day remains a relatively slow sinking rate, this “fastest-sinking” velocity is chosen as an end-member velocity class of particle, based on the PDF of vertical velocities in the model. At any given time, at least 85% of the model vertical velocity is weaker than 5 m/day. The results presented for the 5 m/day sinking class can therefore be theoretically extrapolated to any class with a higher sinking velocity.

The advective timestep for particles is set to 1.5 hours. The flow field is linearly interpolated in time between model outputs, justifying the higher temporal resolution used for particle tracking in *Papa_winter*. Particle positions are saved every 3 hours, along with key model variables interpolated onto the particle positions (e.g., density, vorticity). Particles are tracked for four weeks (28 days). Each particle-tracking experiment contains 1,971,717 particles per sinking-velocity class, for a total of 9,858,585 particles.

¹ <https://www.waterproperties.ca/linep/index.php>

317 2.2.3 Density and Biomass Spectra

To quantify vertical export fluxes, both the distribution of the number of particles and the associated biomass can be modeled based on two main variables: the particles' radii and the rate at which the number of particles changes with respect to the size. The particle number is modeled using a power-law function as a function of size that is driven by the parameter ξ . This slope ξ of the size spectrum of particles (also known as the Junge slope; White et al., 2015) is the slope of the log-log curve of particle number N vs. particle radius r , where

$$N(r) = N_0 \left(\frac{r}{r_0} \right)^{-\xi}. \quad (4)$$

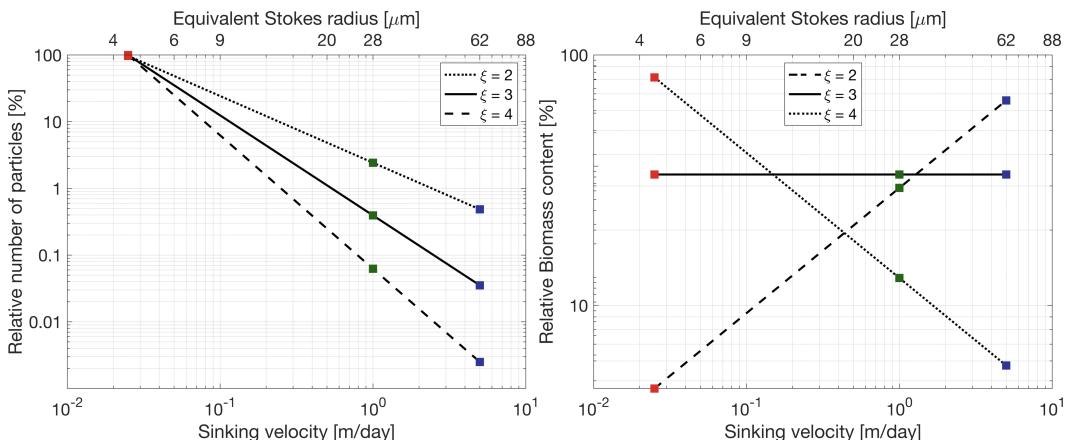
318 Here, N_0 and r_0 represent a reference particle number and radius, chosen arbitrarily.
 319 Typical values for ξ derived from both in-situ observations and satellite data have been
 320 reported to range from 3 to 6 (Kostadinov et al., 2009; White et al., 2015). For small
 321 particles ($<400 \mu\text{m}$) and relatively low temperature ($<15^\circ\text{C}$), it has been shown that
 322 the relationship between particle radius r and sinking velocity w_s exhibits a range of
 323 variation and is difficult to determine empirically. Nevertheless, Stokes' law, where
 324 $w_s \propto r^2$, is often used as a lower-bound sinking velocity estimate (Bach et al., 2012).

Assuming a Stokes-like relationship, we can construct based on (4) a particle sinking velocity spectrum $N(w_s)$, as a function of the Junge slope ξ :

$$N(w_s) = N_0 \left(\frac{w_s}{w_{s_0}} \right)^{-\xi/2}, \quad (5)$$

325 where w_{s_0} is the sinking speed of particles with radius r_0 . For a specific slope and
 326 sinking-velocity class, an equivalent number of particles per simulated particle can be
 327 computed using (5) (See Figure 4). For example, using the largest sinking velocity
 328 class as a reference (i.e., $w_{s_0} = 5 \text{ m/day}$ and $N_0 = 1,971,717$), and a spectral slope
 329 $\xi = 4$, each simulated particle with a sinking velocity of 0.025 m/day in fact represents
 330 40,000 particles (Figure 4).

The relative biomass of a particle in a specific sinking-velocity class, $B_p(w_s)$ can be estimated if the biomass is assumed to scale with the particle's volume. The relative biomass of one particle in a sinking-velocity class w_s can therefore be computed as



331 **Figure 4.** Relative number of particles (left) and biomass (right) as a function of sinking
 332 velocity w_s . Sinking velocity spectrum are shown for three different Junge slope ξ : 2 (dotted),
 333 3 (solid), and 2 (dashed). Colored squares indicate the sinking velocities of the three particle
 334 classes modeled: 0.025 m/day (red), 1 m/day (green), and 5 m/day (blue).

$$B_p(w_s) = B_p(w_{s_0}) \left(\frac{w_s}{w_{s_0}} \right)^{3/2} \quad (6)$$

where $B_p(w_{s_0})$ is the biomass of a particle in the sinking velocity class w_{s_0} . The total biomass associated with one simulated particle can be obtained by scaling (6) by the ratio $N(w_s)/N_0$:

$$B(w_s) = B_0 \left(\frac{w_s}{w_{s_0}} \right)^{3/2} \frac{N(w_s)}{N_0} \quad (7)$$

where $B_0 = B_p(w_{s_0})$. Combining (5) and (7) yields an expression relating the biomass associated with a simulated particle for a specific sinking-velocity class and the spectral slope (Figure 4):

$$B(w_s) = B_0 \left(\frac{w_s}{w_{s_0}} \right)^{\frac{3-\xi}{2}}. \quad (8)$$

Using the same example as before where $\xi = 4$, if the amount of biomass associated with one simulated particle in the 5 m/day sinking-velocity class is taken as $B_0 = 1$, then one simulated particle sinking at 0.025 m/day contains 14.14 units of biomass and a single particle contains $14.14/40,000 = 3.5 \times 10^{-4}$ units of biomass (see Figure 4). This normalized formulation of particle number and biomass (see Equations (5) and (8)) has the advantage that the impact of spectral slope on the relative export of biomass can be quantified without needing a large number of particle-tracking experiments, where the number of seeded particles would vary to account for the different spectral slopes. For the purpose of this study, only the relative amount of biomass is relevant. For simplicity, we define a normalized biomass unit for $\xi = 3$ as $B_0 = 1$. The values taken by B_0 for other Junge slopes ξ are computed under the condition that the total amount of biomass is kept constant (Figure 4b).

2.2.4 Particle Remineralization Scheme

Remineralization of particles as they sink through the water column impacts the amount of biomass exported. Slow-sinking particles generally contain less biomass and spend more time in the mixed layer, which means that they are remineralized at a shallower depth than faster sinking particles. Remineralization processes are complex, species-dependent, and generally not well-understood. In the absence of a consensus on a general functional form of particle remineralization, we rely on an idealized relationship which assumes that the biomass content of a particle decreases in time proportionally to the particle volume. Remineralization is thus modeled as an exponential decrease of biomass with time at a rate k (Iversen & Ploug, 2010, 2013)

$$B(t) = B^0 \exp(-kt), \quad (9)$$

where B^0 denotes the biomass content at $t = 0$ days, and the remineralization rate is taken to be $k = 0.13 \text{ day}^{-1}$ in this study (Iversen & Ploug, 2010). This remineralization rate is independent of particle sinking velocity, and seems to lie within the range of other estimates (Ploug et al., 2008; Iversen & Ploug, 2010, 2013). The change in biomass with time is in turn expected to affect the sinking velocity of the particle. Given that $B \propto w^{3/2}$ (see Equation (6)), particles in all sinking-velocity classes undergo a decay in sinking speed according to

$$w_s(t) = w_s^0 \exp\left(-\frac{2kt}{3}\right), \quad (10)$$

where w_s^0 is the initial sinking velocity at $t = 0$ days. In this study, the impact of remineralization is thus considered through the implementation of a time-dependent sinking velocity (Equation 10). While particles classes are classified based on their initial sinking-velocity, it is worth noting that over the length of the particle-tracking experiments that include remineralization (28 days), particle sinking speeds slow down to 10% of their initial velocity.

354 **3 Results**

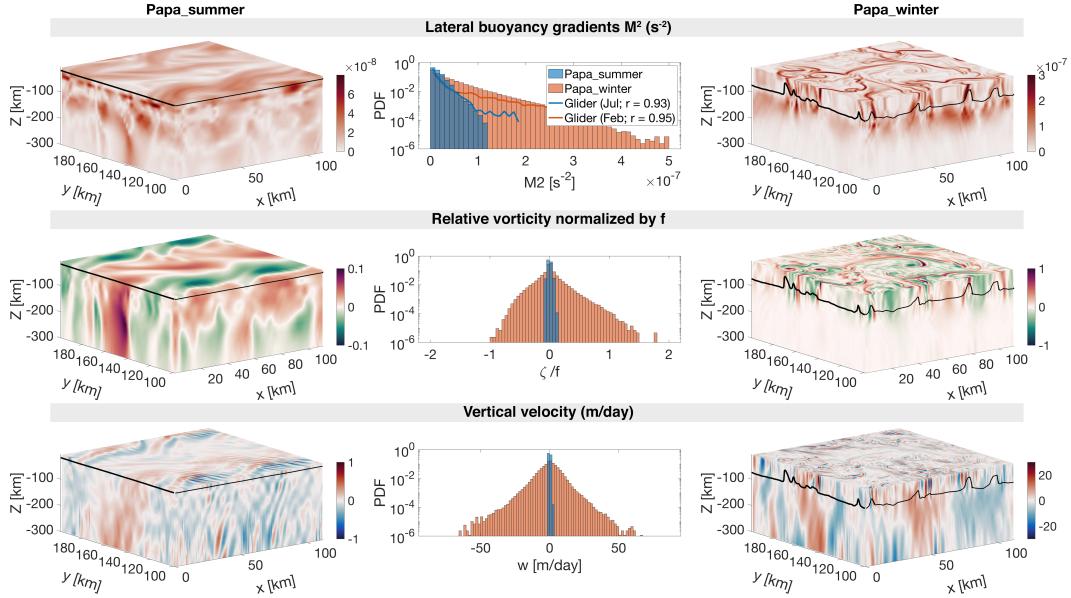
355 **3.1 Seasonally varying dynamical regimes**

356 Two model experiments are designed to capture different dynamical conditions
 357 observed in the Northeast Pacific Ocean in summer and winter. *Papa_summer* is ini-
 358 tialized in early spring (doy 105) when the water column is characterized by a relatively
 359 deep mixed layer (~ 100 m) and a halocline located between 100 and 150 m (Figure
 360 2). The forcing by a realistic, positive, net heat flux generates the restratification of
 361 the water column, with the development of a strong thermocline between 25 and 50 m
 362 leading to the shoaling of the mixed layer and a subsurface peak in N^2 at about 30 m
 363 (see Figure 2). A comparison between model outputs and monthly-averaged density
 364 profiles from underwater gliders collected in June and July over the period 2008–2009
 365 yields correlation coefficients of $r = 0.87$ and $r = 0.88$, respectively. These high cor-
 366 relation suggest that *Papa_summer* numerical experiment captures the vertical spring
 367 and summer conditions in the Northeast Pacific Ocean.

368 In the horizontal, the prescribed density fronts progressively become unstable
 369 within the first 60 days of the experiment (Figure 2). During this time, the Total
 370 Kinetic Energy (KE_{tot}) contained in the model domain slowly increases before reach-
 371 ing a maximum at doy 162, where it remains relatively constant for the rest of the
 372 simulation. The flattening of the KE_{tot} curve is used to determine the time necessary
 373 for the simulation to spin-up, hence determining the start day of the particle-tracking
 374 experiments. The ocean dynamics associated with *Papa_summer* are characterized
 375 using PDFs of horizontal buoyancy gradients ($M^2 = |\nabla_H b|^2$), vertical velocities (w),
 376 and Rossby numbers computed from the normalized vertical component of the relative
 377 vorticity ($Ro = (v_x - u_y)/f$ where $f = 1.12 \times 10^{-4}$; Figure 5).

385 Lateral buoyancy gradients in the summer are relatively weak $\mathcal{O}(10^{-8} \text{ s}^{-2})$ and
 386 result in low Rossby numbers $\mathcal{O}(0.1)$, with positive relative vorticity on the denser
 387 (north) side of the front and negative relative vorticity on the lighter (south) side
 388 of the front. Corresponding vertical velocities are consistently weaker than 1 m/day
 389 ($< 10^{-5} \text{ m/s}$) and are characterized by regions of weak upwelling and downwelling on
 390 10 km scales, associated with the meandering of the front (Bower & Rossby, 1989).
 391 Alternating bands of upwelling and downwelling at $\mathcal{O}(1 \text{ km})$ spatial scale are super-
 392 imposed, and likely caused by propagating internal waves. Coherent vertical velocities
 393 structures extend to depths much greater than the mixed layer depth (~ 25 m; Figure
 394 5). The amplitude of the vertical velocity field coincides with the expected order of
 395 magnitude given by the scaling $w \propto Ro f U / N$ (Mahadevan, 2016): using $Ro \sim 0.1$
 396 (Figure 5), $N \sim 10^{-2} \text{ s}^{-1}$ (Figure 2), $f \sim 10^{-5} \text{ s}^{-1}$, and $U \sim 0.01 \text{ m/s}$, we obtain
 397 $w \sim 10^{-6} \text{ m/s}$, or $\sim 10^{-1} \text{ m/day}$.

398 *Papa_winter* is, on the other hand, initialized in the winter (doy 0) to capture a
 399 time period where the mixed layer depth is deeper (~ 100 m) and density gradients
 400 more pronounced (Pelland et al., 2016). At this time of year, the water column in
 401 this region is characterized by the presence of a deep halocline between 100 and 150
 402 m (Figure 3 Pelland et al., 2016). After spin-up, the vertical stratification remains
 403 consistent throughout the model run, and compares well with the vertical profile ob-
 404 tained from glider observations for the month of March ($r = 0.95$; see Figure 3). In
 405 the horizontal, prescribed density fronts are much sharper than in summer (i.e., over
 406 smaller spatial scales $\mathcal{O}(1 \text{ km})$ vs. $\mathcal{O}(10 \text{ km})$). Because of these stronger density
 407 gradients, combined with the alternating zonal winds and constantly negative surface
 408 heat flux, the fronts become unstable more rapidly than in summer (Figure 3). As a
 409 result, KE_{tot} starts to plateau at doy 48. The experiment is considered spun-up by
 410 doy 50 and the particle-tracking experiment is initialized.



378 **Figure 5.** Snapshots of M^2 (top), ζ/f (middle), and w (bottom) half-way through the
 379 particle tracking experiment for *Papa_summer* (left) and *Papa_winter* (right), with the Mixed Layer
 380 Depth indicated by the solid black line. The corresponding Probability Distribution Functions
 381 (PDFs) are shown in the center for both *Papa_summer* (blue) and *Papa_winter* (red). Note the
 382 different colorbars used for *Papa_summer* and *Papa_winter*. Histograms of M^2 computed from
 383 glider data at Station Papa in February (blue line) and July (red line) are superimposed in the
 384 top middle panel.

411 The frontal structures visible in the horizontal buoyancy gradient field are as-
 412 sociated with filaments of relatively high Rossby number of $\mathcal{O}(1)$ (Figure 5). The
 413 PDF of relative vorticity reveals a positively-skewed distribution ($s = 0.68$). This is in
 414 agreement with the fact that the relative vorticity is more likely to be cyclonic than
 415 anticyclonic, based on conservation of potential vorticity (Hoskins & Bretherton, 1972).
 416 Regions with high Rossby number are localized and located in the mixed layer exclu-
 417 sively. In places where the local Rossby number reaches $\mathcal{O}(1)$, geostrophic balance is
 418 lost and a vertical secondary ageostrophic circulation begins to slump the isopycnals
 419 and restore the flow to a more geostrophically-balanced flow. This ageostrophic sec-
 420 ondary circulation therefore generates “hot spots” of higher vertical velocities. The
 421 fine-scale structures in the vertical velocity field corresponding to $\mathcal{O}(1)$ Rossby num-
 422 bers can be seen in Figure 5, with local vertical velocities up to 60 m/day ($\sim 7 \times 10^{-4}$
 423 m/s). Contrary to the PDF of relative vorticity ($s = -0.25$). This is in agreement with the theory:
 424 In fact, positive relative vorticity is associated with the dense side of a density front,
 425 where vertical velocities are negative (Mahadevan, 2016). Once again, the amplitude
 426 of these vertical velocity hot spots is coherent with the scaling $w \propto RofU/N$: using
 427 $Ro \sim 1$, $N \sim 10^{-2}$ 1/s, $f \sim 10^{-5}$ 1/s, and $U \sim 0.1$ m/s, we obtain $w \sim 10^{-4}$ m/s, or
 428 $\sim 10^1$ m/day.

430 Comparing *Papa_summer* and *Papa_winter* highlights the different dynamical
 431 regimes in the two experiments. In *Papa_winter*, density fronts tend to be sharper,
 432 meaning larger density gradients over shorter spatial scales. When computed at the
 433 kilometer-scale, the PDF of horizontal buoyancy gradients in *Papa_winter* exhibits a
 434 longer tail than in *Papa_summer* (Figure 5). When compared to observations, the

435 PDFs of M^2 in *Papa-summer* and *Papa-winter* demonstrate a correlation with obser-
436 vations of $r = 0.93$ and $r = 0.95$, respectively.

437 The wider PDF of vertical velocities in *Papa-winter* shows advective velocities
438 that match and exceed typical gravitational sinking velocities, particularly for smaller,
439 and therefore slower-sinking, particulate organic material. The secondary ageostrophic
440 circulation that develops at submeso-scales (i.e., $\text{Ro} \sim O(1)$) therefore generates an ex-
441 port mechanism that directly competes with the traditional paradigm that relies on
442 gravitational sinking leading the export of particulate matter in the ocean.

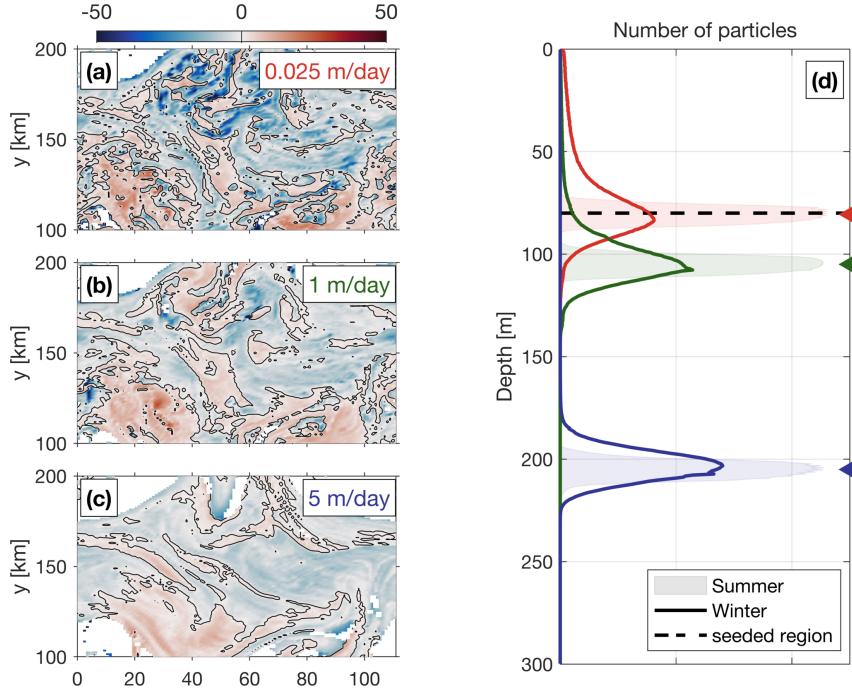
443 3.2 Gravitational and Advective Export of POC

444 Both model experiments described above were then used to investigate the re-
445 lationship between ocean dynamics and particle downward flux, using Lagrangian
446 particle-tracking. Domain-averaged, downward particle flux is expected to be a com-
447 bination of the flux driving by gravitational sinking ($\langle w_s B \rangle$), and by the vertical ad-
448 vective currents affecting the particle along its pathway ($\langle wB \rangle$). The deviation in
449 particle depths from the traditional one-dimensional gravitationally driven model is
450 shown in Figure 6 for both summer and winter cases. In the summer, the PDF of par-
451 ticle density versus depth remains relatively narrow through time, and is centered on
452 a depth level that can be predicted using a simple 1D gravitational model (see shaded
453 curves in Figure 6). The spread in the particle density also vary little among particle
454 classes with different sinking velocities, suggesting that downward fluxes of particles
455 is greatly dominated by gravitational settling and is not subject to significant vertical
456 ocean currents.

468 In the winter, however, PDFs of particle density versus depth is wider, in agree-
469 ment with the stronger vertical ocean currents occurring in the winter (see Figure 5).
470 A top-view of the deviation in the downward particle flux from the traditionally con-
471 sidered 1D gravitational model can be seen in Figure 6 (panels (a)-(c)). Slower-sinking
472 particles deviate more than faster-sinking particles, exhibiting median depth anom-
473 alies up to 50 m. This is due to the fact that slower-sinking particles spend more time
474 in the mixed layer, where most of the stronger vertical currents tend to occur (Figure
475 5). An interesting result emerges from the spatial distribution of the depth-anomaly:
476 both positive (i.e., particles are shallower than expected) and negative (i.e., particles
477 are deeper than expected) anomalies are organized into features with a length-scale
478 $O(1\text{-}10 \text{ km})$. This further highlights the importance of winter submesoscale circulation
479 for vertical fluxes of particles.

480 A relative amount of biomass is associated to the particles using Equation (8).
481 PDFs of relative biomass as a function of the vertical velocity is shown in Figure 7.
482 Following the traditional paradigm derived from the simple 1D gravitational model, the
483 downward flux of biomass in the summer is dominated by faster-sinking particle classes
484 capable of carrying particulate material downwards more efficiently. The contribution
485 of slower-sinking particles, however, depends critically on the slope of the size spectrum
486 (see Figure 4). As the Junge slope increases, the spectrum of biomass steepens, and
487 the relative contribution of slower-sinking particles to the downward biomass flux
488 significantly increases (Figure 7c). In fact, the contribution of slower-sinking particles
489 to the summer downward flux increases by a factor 100 (from 0.2% to 20%) when the
490 Junge slope varies from $\xi = 2$ to $\xi = 4$. While significant, the impact of a change in
491 the Junge slope in summer conditions does not challenge the dominant role played by
492 faster-sinking particles. This result can be explained by the fact that, in the summer,
493 vertical velocities are weak and vertical biomass fluxes are therefore gravitationally-
494 driven ($\langle w_s B \rangle > \langle wB \rangle$).

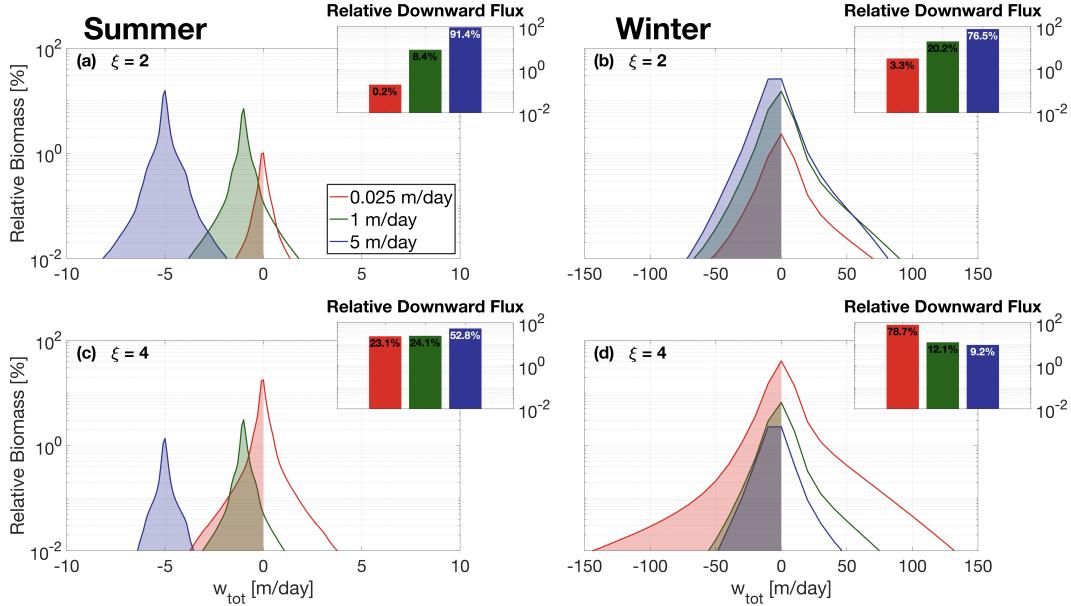
502 In the winter, PDFs of relative biomass as a function of vertical velocities present
503 a much larger spread, with velocity magnitudes exceeding 50 m/day. For $\xi = 2$,



457 **Figure 6.** [left] The median depth anomaly of particles with a sinking speed (a) 0.025 m/d,
 458 (b) 1 m/d, (c) 5 m/d within each grid cell for the winter case 25 days after particles are released.
 459 The ‘depth anomaly’ is with respect to the ‘expected’ sinking depth (= sinking speed \times time
 460 since release). Blue (red) grid cells indicate that the median depth of particles in this cell is
 461 deeper (shallower) than expected, based on a 1D gravitational model where $z = w_s \times t$. [right] (d)
 462 Probability Distribution Function (PDF) of particles as a function of depth for each velocity class
 463 (red = 0.025 m/day; green = 1 m/day; blue = 5 m/day). The winter distribution is shown as
 464 thick lines, while the summer distribution is represented by the shaded regions. Triangle markers
 465 indicate the expected depth of particles after 25 days based on the 1D gravitational model, which
 466 is used as a reference to compute the depth anomalies. Release depth is indicated by the thick
 467 dashed line.

504 the relative contribution of slower-sinking particles to the downward flux significantly
 505 increases from 0.2% in the summer to about 3% in the winter, demonstrating the
 506 impact advective velocities alone can have on vertical fluxes (Figure 7b). Nevertheless,
 507 slower-sinking particles remain a relatively small contributor to the total downward
 508 flux of biomass. When winter ocean dynamics are coupled with a steeper Junge slope,
 509 however, slower-sinking particles largely dominate the downward biomass flux. In
 510 our winter simulations with $\xi = 4$, we find that the slowest-sinking particle class is
 511 responsible for about 79% of the biomass flux (Figure 7d).

512 Our results show that both a steepening of the particle size spectrum and the
 513 presence of submesoscale dynamics can enhance the contribution of slower-sinking parti-
 514 cles to the downward biomass flux. While the former is simply due to an increase in
 515 particle density in slower-sinking particle classes, the latter is attributed to the larger
 516 vertical velocity generated by submesoscale instabilities. When both are combined,
 517 as expected in the wintertime, slower-sinking particles then become the leading con-
 518 tributor to the downward biomass transport. However, slower-sinking particles are
 519 generally expected to remineralize on timescales shorter than their export timescale,
 520 fueling the argument that the focus should be upon faster-sinking particle classes. The



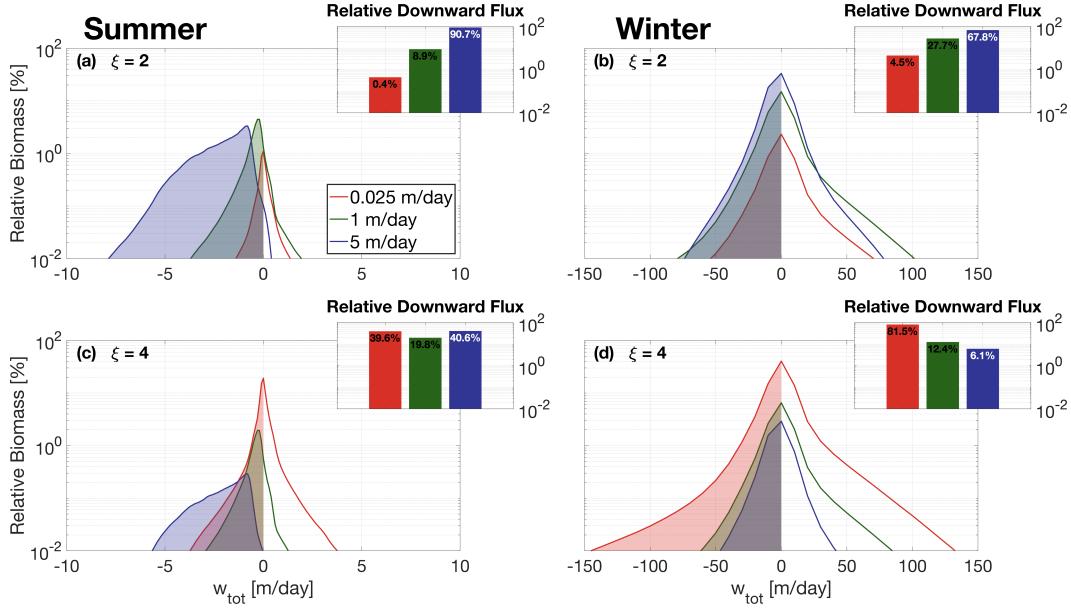
495 **Figure 7.** Probability Distribution Function (PDF) of relative biomass versus total vertical
 496 velocity (sinking + advective) along particle trajectories in the summer case [left] and winter case
 497 [right], with a Junge slope of 2 [top] and 4 [bottom]. PDFs are computed from the whole 24-day
 498 particle tracking experiments. Inserts show the integrated relative downward biomass flux asso-
 499 ciated with each sinking-velocity class, categorized according to their initial sinking velocity (red
 500 = 0.025 m/day; green = 1 m/day; blue = 5 m/day). Both winter dynamics and steeper Junge
 501 slopes tend to increase the relative contribution of slower-sinking particles.

521 impacts of remineralization on export are thus considered in the following section to
 522 test the robustness of the findings.

523 3.3 Particle Remineralization

524 Both submesoscale dynamics and the Junge slope were identified as key factors
 525 impacting the respective role played by different particle classes in driving downward
 526 biomass fluxes. Simple Lagrangian particles were used to isolate the effects of these
 527 two factors. In reality, however, sinking velocities of particulate matter varies in time
 528 as the particles slowly remineralize. A remineralizing behavior was therefore imple-
 529 mented for the Lagrangian particles, using Equation (10), to investigate the impact
 530 that remineralization processes have on our findings. The traditional paradigm relies
 531 on the fact that slow-sinking particles tend to fully remineralize over short timescales,
 532 further enhancing the importance of faster-sinking particles classes in driving down-
 533 ward biomass fluxes. While this paradigm holds for flatter Junge slope, where the
 534 biomass content is dominated by faster-sinking particles, it becomes unfit at steeper
 535 slopes.

536 Figure 8 compares the relative biomass and downward biomass fluxes associated
 537 with each of the modeled particle classes for $\xi = 2$ and $\xi = 4$ including the remineral-
 538 ization scheme. As previously detailed, downward fluxes of biomass are dominated by
 539 faster-sinking particles during summertime and in the absence of remineralization (see
 540 Figure 7). This is due to the fact that the flux of biomass $\langle w_{tot}B \rangle = \langle w_s B \rangle + \langle w B \rangle$
 541 is driven by $\langle w_s B \rangle$, despite a smaller relative biomass content per particle. This is
 542 characteristic of a gravitationally-driven system, where settling velocity dictates the



548 **Figure 8.** Same as Figure 7, but including particle remineralization (see Equation 10).

543 contribution to downward fluxes. Implementing remineralization processes, however,
 544 directly affects the particle settling velocity which slows down as particles remineralize.
 545 This effect can particularly be seen in Figure 8a and c, where PDFs of relative biomass
 546 per particle class are shifted towards weaker vertical velocities than in the absence of
 547 remineralization, as predicted by Equation (10).

549 In an advectively-driven system where $\langle w_s B \rangle \sim \langle w B \rangle$, the relative amount of
 550 biomass content in a particle class becomes important and dictates the respective con-
 551 tribution of each particle class to the total downward biomass fluxes. This shift from a
 552 gravitationally-driven to an advectively-driven system is observed when implementing
 553 particle remineralization in the summer (Figure 8): in the absence of remineralization,
 554 faster-sinking particles dominate the downward biomass fluxes (53%; see Figure 7c).
 555 When remineralization processes are considered, slower-sinking particles contribute
 556 more to biomass fluxes (see inset in Figure 8c). As shown in Figure 7, downward
 557 biomass fluxes in the wintertime are generally advectively-driven, due to the larger
 558 vertical velocities associated with wintertime ocean dynamics. Biomass fluxes are
 559 dominated by the slower-sinking particles when $\xi = 4$, representing 79% of the down-
 560 ward biomass flux (Figure 7d). Even after implementing the remineralization scheme,
 561 slower-sinking particles remain the largest contributor to downward biomass fluxes
 562 (82%; see Figure 8d).

563 These results highlight the importance in considering slower-sinking particle
 564 classes when considering downward biomass fluxes. It also demonstrates that, con-
 565 trarily to the traditional paradigm, remineralization processes enhance the role played
 566 by slower-sinking particles in biomass fluxes, in cases where the biomass spectrum
 567 slope is negative.

568 **4 Discussion**569 **4.1 Dynamical Regimes**

570 *Papa-summer* and *Papa-winter* experiments were designed to statistically capture
 571 the ocean dynamics at Station Papa (145°W, 50°N) in the Northeast Pacific
 572 Ocean. After spin-up, the model demonstrated similar distributions of both horizontal
 573 (M^2) and vertical (N^2) density gradients to observational estimates from underwater
 574 gliders (see Figures 2, 3, and 5). The two experiments, however, show significantly
 575 different distributions of M^2 , with the winter distribution exhibiting a longer tail, due
 576 to sharper density gradients. The tail of the wintertime distribution is only partially
 577 captured by the glider data, due to the fact that underwater gliders sampled gradients
 578 at spatial scales of 10 km and greater, while the model has a horizontal resolution of
 579 500 m, allowing sharper submesoscale fronts and filaments to be formed.

580 Studies investigating submesoscale dynamics traditionally focused on regions
 581 where the presence of submesoscale fronts and filaments are established, such as west-
 582 ern boundary currents with strong gradients (D'Asaro et al., 2011; Thomas, Tandon, &
 583 Mahadevan, 2013), or the edge of mesoscale features (van Haren et al., 2006; Waite et
 584 al., 2016). The seasonality in submesoscale dynamics captured in the glider dataset at
 585 Station Papa and reflected in the model experiments, echoes the behavior seen from
 586 recent observational studies conducted at a similar latitude in the Atlantic Ocean,
 587 which demonstrate the intensification of submesoscale dynamics in the wintertime
 588 (Thompson et al., 2016; Buckingham et al., 2016; Erickson & Thompson, 2018). De-
 589 spite being sometimes qualified as an “eddy desert” with low kinetic energy (Chelton
 590 et al., 2011), ocean characteristics in the eastern part of the Pacific subpolar gyre
 591 suggest the presence of submesoscale features in the wintertime: strong density gradi-
 592 ents, localized Rossby numbers of order 1, a balanced Richardson number $Ri_b = \frac{f^2 N^2}{M^4}$
 593 smaller than 1, a positively skewed distribution in vorticity, and a negatively skewed
 594 distribution of vertical velocities (see Figure 5; Thomas, Taylor, et al., 2013; Rudnick,
 595 2001; Buckingham et al., 2016).

596 Strong downward velocities are hypothesized to enhance POC export by advect-
 597 ing slower-sinking particles out of the mixed layer. *Papa-winter* indeed exhibits vertical
 598 velocities more than 20 times larger than in *Papa-summer*. The vertical currents in
 599 *Papa-winter*, however, tend to be much patchier than the weaker vertical currents
 600 observed in *Papa-summer*. Because both particle production and downward vertical
 601 velocities present a high degree of patchiness, it requires a certain level of covariance
 602 between the two fields for the export to effectively be enhanced (Mahadevan et al.,
 603 2012). A more realistic seeding strategy for Lagrangian particles, such as one guided
 604 by biological tracers, would likely provide important information towards a better
 605 understanding of the effects of patchiness on POC export at submeso-scales

606 The hypothesis tested in this study is that submesoscale activity enhances export
 607 of particulate matter at Station Papa by shortening the export timescale of particulate
 608 matter. The wintertime intensification in submesoscale activity has the potential to
 609 indeed enhance export (see discussion in Section 4.2). However, the seasonal cycle
 610 in submesoscale activity is out of phase with the one in net community productivity,
 611 which peaks in the spring and summertime when the mixed layer is shallower (Plant
 612 et al., 2016). Two mechanisms are therefore present to potentially sustain a year-long
 613 POC export flux: In the winter, less particulate material is present in the mixed layer,
 614 but active submesoscale dynamics tend to enhance the POC export flux by advecting
 615 the more numerous slower-sinking particles into the ocean interior. In the summer,
 616 the production of POC is at its yearly maximum, but export tends to be dominated
 617 by gravitational sinking, which favors faster-sinking particles and thus exclude part of
 618 the particle spectrum from contributing to the export flux.

619 **4.2 Downward Fluxes**

620 Analyses of particle tracking experiments reveal that the contribution of slower-
 621 sinking particles to the downward particulate flux depends on two main factors: (1)
 622 the dynamics of the oceanic flow field, and (2) the slope of the size spectrum (i.e., the
 623 Junge slope ξ).

624 Mixed layer ocean dynamics at station Papa change significantly between the
 625 winter and the summer. In the winter, submesoscale dynamics are intensified, and
 626 sharp fronts and filaments develop in the mixed layer. This seasonal change in dy-
 627 namics is consistent with recent observations (Thompson et al., 2016; Buckingham et
 628 al., 2016), and models (Brannigan et al., 2015; Callies et al., 2015; Rocha et al., 2016)
 629 characterizing the seasonal cycle of submesoscale dynamics. The winter intensification
 630 in submesoscale dynamics was proven to have an important impact on the downward
 631 flux of all sinking-velocity classes modeled in this experiment.

632 In the summer, gravitational sinking governs a downward particulate flux, which
 633 is dominated by faster-sinking particles, with little to no contribution from slower-
 634 sinking particles. In the winter, however, vertical fluxes tend to be advectively-driven,
 635 which leads to a slightly weaker downward flux of faster-sinking particles than in the
 636 summer due to resuspension, but a much larger flux of slower-sinking particles, which
 637 are present in far greater numbers (Figure 7). The gravitationally-driven flux in the
 638 summer is mechanistically different from the advectively-driven winter flux, which
 639 raises the question as to which process is most efficient in driving a downward flux of
 640 particulate material.

641 In the absence of remineralization, both a steeper size spectrum slope ($\xi > 3$ in
 642 this case) and enhanced submesoscale dynamics, increase the contribution of slower-
 643 sinking particle classes to the downward biomass flux. This is only when both of
 644 these conditions are combined, however, that slower-sinking particles dominate the
 645 downward flux of biomass (Figure 7). This is a significant result, as Junge slopes
 646 greater than 3 have been observed in the ocean: In-situ observations yield average
 647 spectral slopes varying between 3.5 and 4.5 (see Table 2 in Kostadinov et al., 2009),
 648 while spectral analysis of satellite data suggest global spectral slopes varying between
 649 3 and 6. More recent observational work located in the Northeast Pacific, including
 650 Station Papa, found a spectral slope also greater than 3 (White et al., 2015; Cram et
 651 al., 2018). Junge slopes are expected to vary in space, depending on the community
 652 composition, both lateraly and vertically (Kostadinov et al., 2009; White et al., 2015),
 653 as well as in time; spectrum slopes tend to be flatter during a spring bloom event, where
 654 larger particles (e.g., diatoms) are produced in large quantities, and steeper during the
 655 wintertime, when communities are mostly composed of small particles (Parsons &
 656 Lalli, 1988; Dale et al., 1999; Behrenfeld, 2010). The threshold value of $\xi = 3$ for a
 657 change in the biomass spectral slope (see Figure 4b) is of course a consequence of first-
 658 order approximations used in this study describing the relationships between particle
 659 size, sinking velocity, and biomass content. Nevertheless, our results demonstrate the
 660 importance of including the smaller particle size range of the particle spectrum, in the
 661 estimation or measurement of vertical fluxes, especially when submesoscale dynamics
 662 are active. It also highlights the importance of better constraining the relationships
 663 linking particle size, sinking velocity, and biomass content.

664 Introducing remineralization processes significantly decreases the biomass flux.
 665 Counter-intuitively, however, the implementation of a remineralization scheme further
 666 strengthens the contribution of slower-sinking particles to the biomass flux, once par-
 667 ticles have left the euphotic layer (Figure 8). This can be explained by the fact that
 668 remineralization processes have a greater impact on sinking-velocity classes that rely
 669 on gravitational sinking to be exported, as these particles decelerate as they reminer-
 670 alize. In the summer, all particle classes are similarly affected by remineralization,

as downward fluxes are gravitationally-driven. In the winter, however, slower-sinking particles are exported through advective processes. Their export timescale is barely affected by remineralization processes as it only depends on local ocean dynamics. Changing the remineralization timescale would therefore only affect the results in a gravitationally-driven flux: increasing the timescales (i.e. slower remineralization) would give more weight to the smaller classes, while decreasing the timescales (i.e. faster remineralization) would favor faster sinking particles to drive the downward flux. In an advectively-driven flux, however, all particles classes are equally affected by remineralization (i.e. lose 12% of their biomass per day). While this affects the total amount of biomass flux, it does not impact the respective contributions of the different particle classes to the downward biomass flux.

These results are robust to the range of sinking rates explored. If one considers a particle class with a sinking rate far exceeding the vertical advective velocity (e.g., 100 m/day; Turner, 2015), then the associated biomass flux can be estimated by relying on the traditional 1-D paradigm, assuming $w_{tot} \approx w_s$. Combining this approximation with Equation 8 shows that the slope of the biomass flux spectrum is positive for $\xi < 5$, in which case very fast-sinking particles would dominate vertical biomass fluxes. However, for $\xi > 5$, the slope of the biomass flux spectrum becomes negative as well, meaning that the biomass flux is always dominated by the slow-sinking particle classes, regardless of the ocean dynamical regime. While values of $\xi > 5$ have been estimated by Kostadinov et al. (2009) using satellite data, in-situ estimated values of ξ tend to range between 2 and 4.5 (White et al., 2015; Cram et al., 2018).

Our findings add to a rapidly growing body of literature supporting the key role of an export pathway from the upper ocean to the interior driven by vertical ocean dynamic, and directly affecting particulate carbon. This pathway is often referred to as the "particle-injection pump" (Boyd et al., 2019), or "subduction hot spots" (Levy et al., 2013; Omand et al., 2015; Resplandy et al., 2019), and is consistently identified as an important mechanism to POC export (Siegel et al., 2016; Stukel et al., 2017, 2018; Llort et al., 2018). Vertical mixing at submesoscales, in fact, was found to be equally important for the subduction of tracers from the mixed layer to the interior, and the obduction of tracers having a subsurface maximum (e.g., nutrients) (Taylor et al., 2020; Mahadevan, 2016). The importance of the seasonality in submesoscales dynamics highlighted in our process-oriented study supports recent findings obtained from high-resolution observations: both Erickson and Thompson (2018) and Bol et al. (2018) studied glider data to conclude that the winter intensification of submesoscale dynamics can generate a large downward export of POC. The third key component to our results, additionally to the roles of submesoscale dynamics and seasonality, is the contribution of smaller, slower-sinking POC to the export flux. The results presented in this work directly align with studies providing evidence that smaller particles contribute significantly to the POC flux (Baker et al., 2017; Riley et al., 2012; Bol et al., 2018; Taylor et al., 2020). The magnitude of the downward flux driven by slow-sinking particles, however, is still uncertain and was sometimes estimated to be largely compensated by an upward flux (Resplandy et al., 2019), indicating a possible dependence on data resolution. In our study, we piece together three key components to POC vertical fluxes to characterize limit cases where ocean conditions favor either a gravitationally- or advectively-driven POC flux. We reached the conclusion that slow- and non-sinking particles, compared to the magnitude of vertical currents, should be considered when studying the downward flux of particulate matter in the upper ocean. Furthermore, the patchiness associated with both particle production and submesoscale features poses a real observational challenge to properly resolve vertical fluxes. Based on our findings, subsequent studies could focus on testing the impact of patchiness on vertical fluxes. In the wintertime, when size spectral slope is steep and submesoscale dynamics most active, vertical fluxes could be grossly underestimated depending on the level of co-occurrence between particle production and stronger vertical currents.

725 **5 Conclusion**

726 The main conclusions of this study are:

- 727 1. Ocean dynamics in the subpolar Northeast Pacific exhibit a seasonal cycle with
728 low submesoscale activity in the summertime, and more submesoscale features
729 present in the wintertime. Submesoscale dynamics generate larger, and asym-
730 metric, vertical currents leading to a vertical biomass flux driven by advective
731 processes, as opposed to gravitational sinking in the summertime.
- 732 2. Submesoscale dynamics generally enhance the downward particulate flux by
733 increasing the contribution of slower-sinking particles to the total flux through
734 advective transport. The slower-sinking particles are found to be significant
735 for export, and can be even make the dominant contribution under certain
736 conditions.
- 737 3. The contribution of slower-sinking particles to the downward biomass flux de-
738 pends on the slope of the particle size spectra (i.e., the Junge Slope), that
739 controls the relative number of particles per size class. Two cases emerge from
740 this study:
 - 741 (a) If the Junge slope is smaller than 3, larger particles contribute most to vertical
742 biomass fluxes independently of flow dynamics, as there are no mechanisms
743 capable of selectively advecting slower-sinking particles. The system is de-
744 scribed as gravitationally-driven.
 - 745 (b) If the Junge slope is greater than 3, as most commonly observed, ocean
746 dynamics become key for determining which particle classes dominate the
747 downward flux. As submesoscale dynamics become more active, ageostrophic
748 circulations leading to larger vertical velocities develop. In these conditions,
749 downward biomass fluxes are largely driven by the slower-sinking particle
750 classes.
- 751 4. Remineralization processes below the euphotic depth logically reduce the amount
752 of biomass flux. However, it unexpectedly enhances the role of slower-sinking
753 particles, which are are advectively transported. The impact of remineraliza-
754 tion below the euphotic depth is greater on faster-sinking particles since it affects
755 both the biomass content and their sinking velocity.

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763 Station Papa data is available on PMEL's website (<https://www.pmel.noaa.gov/ocs/Papa>; PMEL, 2018) and gridded Argo products can be downloaded at <http://www.seanoe.org/data/00348/45945> (Gaillard, 2015). Glider data is archived at the
764 University of Washington's Library (<http://hdl.handle.net/1773/41656>; Pelland,
765 2018). Both the code and dataset necessary to reproduce analysis and figures are
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