

# Lecture 6

HW 1 was due an hour ago.

Scribe?

Last time

- ▷ Subdifferential Calculus
- ▷ Gradient Descent
- ▷ Descent Lemma
- ▷ Stepsizes

Today

- ▷ Nonconvex smooth guarantees
- ▷ Characterization of L-smooth convex  $f$
- ▷ Better guarantees for convex.

Nonconvex smooth opt guarantees

Consider solving  $\min_{x \in \mathbb{R}^d} f(x)$  with L-Lipschitz gradient via

$$x_{k+1} \leftarrow x_k - \alpha_k \nabla f(x_k)$$

with  $x_0 \in \mathbb{R}^d$ .

Theorem Suppose  $f$  is diff with L-Lips grad

Then for  $T \geq 0$

$$\frac{1}{T} \sum_{k=0}^{T-1} \|\nabla f(x_k)\|_2^2 \leq \frac{2L(f(x_0) - \min f)}{T}$$

when  $\alpha_k = \frac{1}{L}$  or with exact line search.

Moreover,

$$\frac{1}{T} \sum_{k=0}^{T-1} \|\nabla f(x_k)\|_2^2 \leq \max\left\{\frac{1}{\eta a}, \frac{L}{2\eta(1-\eta)}\right\} \frac{(f(x_0) - \min_f)}{T}$$

when we use Armijo backtracking. +

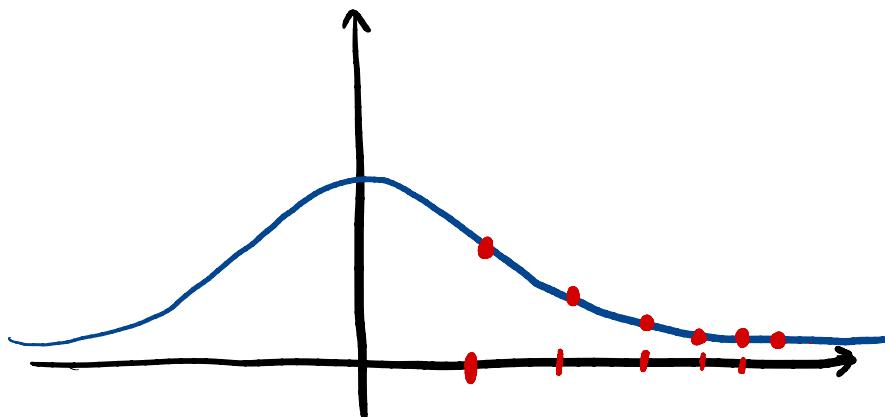
Consequence  $\quad \downarrow \quad T \geq c \frac{1}{\epsilon} \text{ for } c > 0.$

Picking  $T = \Omega\left(\frac{1}{\epsilon}\right)$  then

$\exists k \leq T$  s.t.  $\|\nabla f(x_k)\|_2^2 \leq \epsilon.$

### Warnings

- $x_k$  might not converge! Consider  
 $f(x) = \exp(-x^2)$



- Even if  $x_k \rightarrow x^*$ , the limit might not be a local min.

**Exercise:** Think of an example where this happens.

Proof: We prove it for  $\alpha_k = \frac{1}{L}$ , the rest of the proofs are similar.

By DL, we have  $\forall k \geq 0$

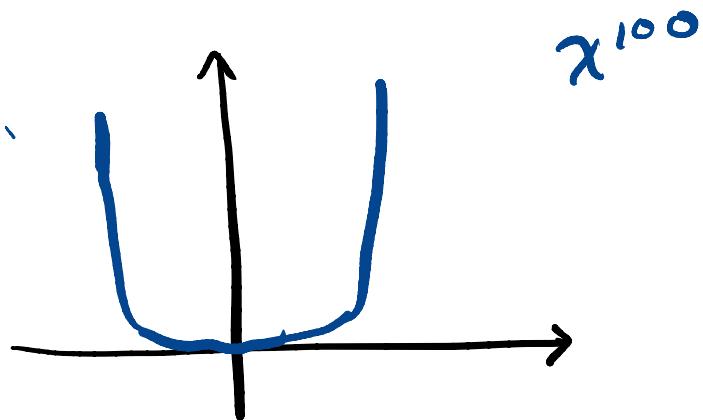
$$f(x_{k+1}) \leq f(x_k) - \frac{1}{2L} \|\nabla f(x_k)\|^2$$

Summing all of these up to  $T-1$

$$\begin{aligned} f(T) &\leq f(x_0) - \frac{1}{2L} \sum_{k=0}^{T-1} \|\nabla f(x_k)\|^2 \\ \Rightarrow \sum_{k=0}^{T-1} \|\nabla f(x_k)\|^2 &\leq 2L[f(x_0) - f(x_T)] \\ &\leq 2L[f(x_0) - \min f]. \end{aligned}$$

Dividing both sides by  $T$  gives the result.  $\square$

The reason why we have such slow converges is that our function can grow very slowly



When the gradient is small, you don't move that much.

Theorem. Assume  $f$  is twice diff and  $x^*$  is a second-order critical point  
 $\nabla f(x^*) = 0$  and  $\nabla^2 f(x^*) \geq \lambda I$

$$\lambda_{\min}(\nabla^2 f(x^*)) \geq \lambda$$

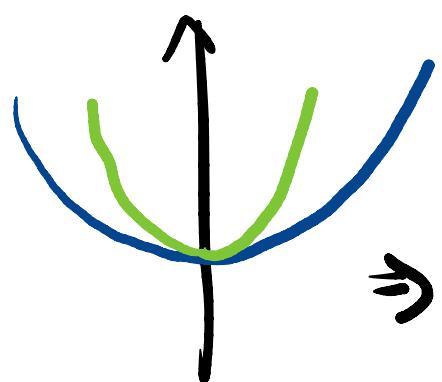
There exists  $\epsilon > 0$  s.t if  $x_k \in B_\epsilon(x^*)$  then

$$f(x_T) - f(x^*) \leq \left(1 - \frac{\lambda^2}{2L^2}\right) (f(x_k) - f(x^*)).$$

→

## Intuition

For points where 2<sup>nd</sup>-order approximation grows, we have



that if we start close

$$\Rightarrow T = \Omega\left(\left(\frac{\lambda^2}{L^2}\right)^{-1} \log\left(\frac{f(x_0) - f(x^*)}{\epsilon}\right)\right)$$

suffice for  $f(x_*) - f(x_0) \leq \varepsilon$ .

Proof: Since  $\lambda_{\min}(\nabla^2 f(x))$  is continuous  $\Rightarrow \exists \varepsilon > 0$  s.t.  $\forall x \in B_\varepsilon(x^*)$

$$\lambda_{\min}(\nabla^2 f(x)) \geq \frac{\lambda}{2}.$$

Then, for any  $\|\bar{s}\| \leq \varepsilon$  we can define

$$\Psi_s(t) = f(x^* + t\bar{s}) \quad \text{and}$$

$$\Psi'(1) = \Psi'(0) + \int_0^1 \Psi''(t) dt$$

$$\Rightarrow \nabla f(x^* + \bar{s})^\top \bar{s} = 0 + \int_0^1 \underbrace{\bar{s}^\top \nabla^2 f(x^* + t\bar{s}) \bar{s}}_{\geq \frac{\lambda}{2} \|\bar{s}\|^2} dt \\ \geq \frac{\lambda}{2} \|\bar{s}\|^2.$$

$$\Rightarrow \frac{\lambda \|\bar{s}\|}{2} \leq \|\nabla f(x + s)\|. \quad (\because)$$

By Taylor Approximation:

$$\frac{L}{2} \|s\|^2 \geq f(x^* + s) - (f(x^*) + \sigma_s)$$

$$= f(x^* + s) - f(x^*) \quad (\heartsuit)$$

Combining (c) and (D)

(★)

$$\frac{4}{\lambda^2} \|\nabla f(x + s)\|^2 \geq \frac{2}{L} (f(x^* + s) - f(x^*))$$

Then, using DL

$$f(x_{k+1}) - f(x^*) \leq f(x_k) - f(x^*)$$

$$- \frac{2}{L} \|\nabla f(x_k)\|^2$$

Follows  
from (★)  $\rightarrow$

$$\leq \left(1 - \frac{\lambda^2}{2L^2}\right) (f(x_k) - f(x^*))$$

□

Better guarantees for convex functions

Lemma (Characterization L-smoothness  
for convex functions)

Suppose that  $f: \mathbb{R}^d \rightarrow \mathbb{R}$  is diff and convex.

Then the following are equivalent

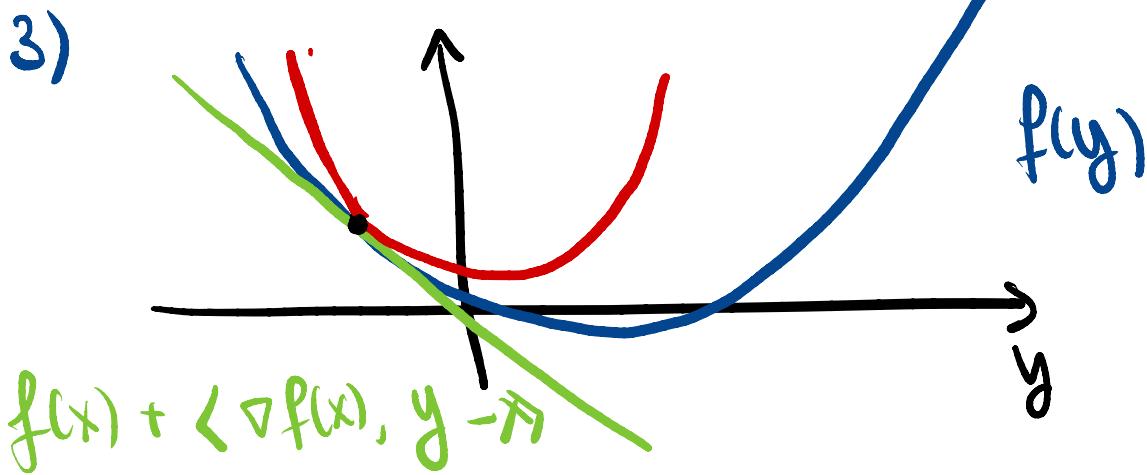
- 1)  $f$  has  $L$ -Lipschitz gradient
- 2)  $\frac{L}{2} \|\cdot\|_2^2 - f(\cdot)$  is convex.
- 3)  $f(y) \leq f(x) + \langle \nabla f(x), y-x \rangle + \frac{L}{2} \|x-y\|^2 \quad \forall x, y$
- 4)  $\langle \nabla f(y) - \nabla f(x), y-x \rangle \geq \frac{1}{L} \|\nabla f(y) - \nabla f(x)\|^2 \quad \forall x, y.$

If further  $f$  is twice diff the following are also equivalent to the above

5)  $\nabla^2 f(x) \preceq L I \quad \forall x \quad (L I - \nabla^2 f(x) \succeq 0)$

Intuition

$$f(x) + \langle \nabla f(x), y-x \rangle + \frac{L}{2} \|x-y\|^2$$



Proof: (2)  $\Leftrightarrow$  (5)  $h(x) = \frac{L}{2} \|x\|^2 - f(x)$   
is convex

$$\Leftrightarrow \nabla^2 h(x) \succeq 0$$

$$\Leftrightarrow L I \succeq \nabla^2 f(x)$$

### Second order characterization

(2)  $\Leftrightarrow$  (3)  $h(x) = \frac{L}{2} \|x\|^2 - f(x)$  is convex

$$\Leftrightarrow h(x) + \langle \nabla h(x), y-x \rangle \leq h(y) \quad \forall y, x$$

$$\begin{aligned} \Leftrightarrow \frac{L}{2} \|x\|^2 - f(x) + L \langle x, y-x \rangle - \langle \nabla f(x), y-x \rangle \\ \leq \frac{L}{2} \|y\|^2 - f(y) \end{aligned}$$

$$\Leftrightarrow f(y) \leq f(x) + \langle \nabla f(x), y-x \rangle + \frac{L}{2} \|x-y\|^2$$

(4)  $\Rightarrow$  (1) By Cauchy-Schwarz

$$\frac{1}{L} \|\nabla f(x) - \nabla f(y)\|^2 \leq \|\nabla f(x) - \nabla f(y)\| \|x-y\|$$

$\Updownarrow$

$$\|\nabla f(x) - f(y)\| \leq L \|x-y\|$$

(1)  $\Rightarrow$  (3) Taylor Approximation Theorem.