

HUMAN NEEDS TEST

Every statement must be graded as: "No," "Partly," or "Yes." Honestly grade each statement: "Yes," for "yes, this is really me." "Partly" for "this is partly how I am," and "No" for "This is probably not how I am." (If you don't know whether it applies, it's usually best to check "no.")

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|--|--------------------------------------|
| 1. People are impressed by me. | Yes _____
Partly ____
No _____ |
| 2. Feeling that I "belong" is important to me. | Yes _____
Partly ____
No _____ |
| 3. I need to feel grounded. | Yes _____
Partly ____
No _____ |
| 4. I don't mind taking risks. | Yes _____
Partly ____
No _____ |
| 5. I don't fear change. | Yes _____
Partly ____
No _____ |
| 6. A failure is not a failure if you keep trying. | Yes _____
Partly ____
No _____ |
| 7. I believe in giving back. | Yes _____
Partly ____
No _____ |
| 8. I'm good at taking care of people. | Yes _____
Partly ____
No _____ |
| 9. I often worry about what people are saying about me. | Yes _____
Partly ____
No _____ |
| 10. I like to have as much stability in my life as possible. | Yes _____
Partly ____
No _____ |
| 11. It's important to contribute to your community. | Yes _____
Partly ____
No _____ |
| 12. I like to develop new ideas and projects. | Yes _____
Partly ____
No _____ |
| 13. I'm security conscious. | Yes _____ |

- Partly _____
No _____
14. I like to be an example to others. Yes _____
Partly _____
No _____
15. I'm competitive. Yes _____
Partly _____
No _____
16. I hate the feeling of boredom. Yes _____
Partly _____
No _____
17. I know how to make connections with people. Yes _____
Partly _____
No _____
18. I constantly aspire to improve. Yes _____
Partly _____
No _____
19. Danger is never exciting to me. Yes _____
Partly _____
No _____
20. In most close relationships I'm usually the giver. Yes _____
Partly _____
No _____
21. There is always something new to be learned. Yes _____
Partly _____
No _____
22. I need to feel fulfilled. Yes _____
Partly _____
No _____
23. I frequently evaluate myself. Yes _____
Partly _____
No _____
24. I like for things to be predictable. Yes _____
Partly _____
No _____
25. I am more loving than most people. Yes _____
Partly _____
No _____
26. Recognition is very important to me. Yes _____
Partly _____
No _____

27. I like the feeling of exertion. Yes _____
Partly _____
No _____
28. I'm very careful of not over spending. Yes _____
Partly _____
No _____
29. Education is important to me. Yes _____
Partly _____
No _____
30. I'm a leader. Yes _____
Partly _____
No _____
31. I'm always looking for new experiences. Yes _____
Partly _____
No _____
32. I sometimes over extend myself in trying to help people. Yes _____
Partly _____
No _____
33. My routines and habits are important to me. Yes _____
Partly _____
No _____
34. I take pride in who I am. Yes _____
Partly _____
No _____
35. I like how learning something new changes my perspective. Yes _____
Partly _____
No _____
36. Sometimes the most important work is not what you're being paid for. Yes _____
Partly _____
No _____
37. I'm not an adventurous person. Yes _____
Partly _____
No _____
38. No one would say that I'm selfish. Yes _____
Partly _____
No _____
39. I tend to spend beyond my limits. Yes _____
Partly _____
No _____
40. I like to feel important. Yes _____
Partly _____
No _____

41. Every failure is a learning experience. Yes _____
Partly _____
No _____
42. I like to learn in order to teach what I learn. Yes _____
Partly _____
No _____
43. I seek unity in my relationship. Yes _____
Partly _____
No _____
44. I like to make a difference. Yes _____
Partly _____
No _____
45. I refrain from acting when I'm not sure about all the consequences of my actions. Yes _____
Partly _____
No _____
46. I suffer when I feel blocked. Yes _____
Partly _____
No _____
47. I enjoy suspense. Yes _____
Partly _____
No _____
48. Prestige is very important to me. Yes _____
Partly _____
No _____
49. I'm a romantic. Yes _____
Partly _____
No _____
50. I'm constantly learning. Yes _____
Partly _____
No _____
51. Giving is more important to me than receiving. Yes _____
Partly _____
No _____
52. I like to be Number 1. Yes _____
Partly _____
No _____
53. I hate taking risks of any kind. Yes _____
Partly _____
No _____
54. I like to constantly develop myself. Yes _____
Partly _____

- No _____
55. I like to give my time and energy to good causes.
Yes _____
Partly _____
No _____
56. I like to be admired by others.
Yes _____
Partly _____
No _____
57. I'm proud of my ability to learn new things.
Yes _____
Partly _____
No _____
58. We are here to make this world a better place.
Yes _____
Partly _____
No _____
59. I like to grow and develop in different areas.
Yes _____
Partly _____
No _____
60. Personal relationships are the most important thing in my life.
Yes _____
Partly _____
No _____
61. Sometimes I can be intimidating.
Yes _____
Partly _____
No _____
62. I often look for new forms of entertainment.
Yes _____
Partly _____
No _____
63. I'm concerned about anything that might be risky.
Yes _____
Partly _____
No _____
64. Being fulfilled in your work is more important than being admired.
Yes _____
Partly _____
No _____
65. I strive to improve my skills.
Yes _____
Partly _____
No _____
66. I get close to people by being generous with money, time and energy.
Yes _____
Partly _____
No _____
67. I like to think carefully before I go into action.
Yes _____
Partly _____
No _____
68. Sometimes I like the thrill of experiencing fear.
Yes _____

- Partly _____
No _____
69. I need to feel respected.
Yes _____
Partly _____
No _____
70. When we stop growing, we die.
Yes _____
Partly _____
No _____
71. The feeling of togetherness is important to me.
Yes _____
Partly _____
No _____
72. For life to make sense, you have to leave a mark in the world.
Yes _____
Partly _____
No _____
73. Feeling comfortable at all times is important to me.
Yes _____
Partly _____
No _____
74. I enjoy being involved in many different activities.
Yes _____
Partly _____
No _____
75. I'm always comparing myself to others in terms of success.
Yes _____
Partly _____
No _____
76. I need to have passion in my relationship.
Yes _____
Partly _____
No _____
77. If I'm not contributing to others, my life is meaningless.
Yes _____
Partly _____
No _____
78. When making a decision, I often think about what might be more enjoyable.
Yes _____
Partly _____
No _____
79. I can't stand to feel stagnant.
Yes _____
Partly _____
No _____
80. I need to feel as safe as possible at all times.
Yes _____
Partly _____
No _____
81. If I commit to something, I worry that something better might come along.
Yes _____

Partly _____
No _____

82. I never want to be seen as a loser.

Yes _____
Partly _____
No _____

83. I don't care about having much stability in my life.

Yes _____
Partly _____
No _____

84. I have a mission.

Yes _____
Partly _____
No _____