



A winner's Life Hacks: From Making Money to Finding Passion | ART Podcast Ep. 192

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intro

Execution Of Plan/schedule/ time table

kya karna hai aaj? woh likha hona chahiye, mind me nhi rakhna, mind does not work like this.

that is why official things are written officially on a piece of paper.

esa samjho kisi official paper par sign kara hai, woh contract hai, kaam kiya ya nhi batana padega, nhi kiya toh kyon nhi kiya ye bhi batana padega.

~priority list (konsa kaam pahle, konsi subject pahle)

~emergency (koi jaruri kaam aan pada)

~why can't you execute? (kahe nhi kar paya?)

~why can't you manage a calendar?

~ maths deep theory lectures /book writing/ typewise pyq book/pdfs

(MANAGE Officially on paper or calendar?)

abhi nhi toh kab ye bhi clearly written ho with reason.

execution of plan par focus karo.

you have idea/plan/schedule/time-table. you are just not executing it.

with full potential, resources, time & energy.

reasons(laziness, kuch aur kaam, money, govt exams)

daily corrections in schedule or planning, record of each hour, min.

25:20 4. Process to learn new skill

i have to put hours on regular basis.

bcz if you do no this regulary you wud say i'm not made for this,(just remember put hours on regular basis, atleast 1-2 hours daily)

learning a new skill can take upto 1-2-3 years.

book writing bhi seekhni padegi (outline, chapters, storytelling, research, questions, khud ko bhi padhna pdega bahut with full attention & IMMERSION).

likhne ka mann nhi karega kabhi bhi, new skill hai ye bhi,

3-4-5 months me book structure hone lag jayegi.

10-15-20 drafts banane pad sakte hain.

learning new skill

(repetitive, boring, don't look for rewards)

29:34 5. The carrier that makes easiest money

you can pick any career it is going to be the same struggle it's going to be failures, and it is going to be just like you just optimizing yourself to a point where your skills(tumhara kaam) are golden and you have set yourself apart from others . and now people know that you're in demand and they want to pay you money.

34:00 7. Problem of Drop Year

start graduation, start your career as soon as possible,

there is always one college that will take you in and then work hard over there develop skills, develop some worth in the market, work extremely hard and keep an eye open about how the market is going (aaspas esa kya hai jo me kar sakta hu ya karna sahi hai, kis cheej ki need hai), have a good strong Linked, get internships (chhote projects, chhote chhote kaam jo tum karna jaante ho, agar nhi aate toh pahle kuch kaam seekho jo tumhe karna pasand hain), get anything but get it started (kuch toh start karo because competitive exams ki preperation koi career toh nhi) that's what your aim should be. (kuch bhi karke start karo koi kaam jo tumhe aata hai, interest aata hai karne me aur jisse survival money bhi aa sake aage ki padhai ke liye, books ke liye money, basically independent bano)

it is the sad reality that the people you are most dependent on are also the people who are going to control your life most of the time (NO EXCEPTION!) no matter the

relationship. (control kiya jayega mujhe unhi ke dwara jin par me sabse jyada dependent hu, ya bharosa karta hu, this is a sad & harsh reality)

36:00 8. Drama of Competitive Exams

36:04

even people who entered top colleges like nit they're having this like oh I could not get into IIT those who got into I oh I could not get a better Branch so and those those who are like a good branch and a good I they're like oh others are preparing for I am and I should do that too or it's abroad or what should I do so it's the whole competitive

Examination cycle leaves a bad idea or or a mindset in your mind or that doesn't make any sense it it leaves a bad taste that's it and I can say that because I was stuck in the whole competitive examination cycle for uh 5 to 6 years and and I got out on a positive side and most people most people meaning 99% of the aspirants they Come out on the negative side.

if you worked extremely hard this examination does not work out for you i would say just proceed with your

Career. some things are not tangible some things are not on paper, you did not get a good rank or a good job out of that examination but what you did get is an experience of working extremely hard toward something, to make that happen and if you really worked hard you saw progress and that is extremely important for you to understand that you can get progress in anything if you keep at it and that mindset is going to always put

You in a positive direction and upward spiral so, there's no problem in not performing that well in competitive examination whatever examination you're preparing for.

49:07 10. Broken Heart during Exam Prep

I had to focus on upcoming exams which were in less than 6 months so I came up with the Logical Breakup Code of Conduct (LBCC) involving the following steps

1. blocked her everywhere

2. deleted her contacts
3. deleted all her pictures
4. never talk to her

you cannot wall over there, the girl left you okay it's Done!

it's never going to be same again it's not going to happen. it's the same thing with cigarette right you don't quit the cigarette addiction if you're see like smoking five cigarettes a day you don't quit it by oh next day

51:15

I'm going to smoke four next day I'm going to smoke three next day I'm going to do two and the end of the week or or maybe end of the month I'm going to be done with it that's NOT how you quit. you JUST CUT it that's how you do it.

if you want to quit it, quit it! if you're going to chase it think about the kind of person he or she is worth chasing, Chase it!

but if that is interfering with your career and you're not independent if you're independent it's a different deal if you're independent do whatever the hell you want

but if you're like not

Independent you haven't even made a career yet I would say do that first and then solve all the other things later

because the primary need is not a relationship it is food and shelter,