

Spring system #1

A $\frac{1}{8}$ -kg mass is attached to a spring with stiffness $k=16$ N/m. The mass is pulled $\frac{1}{2}$ m down of the equilibrium point and given a downward velocity of $\sqrt{2}$ m/sec. Neglecting any damping or external force that may be present, determine the equation of motion of the mass.

How long after release does the mass pass through the equilibrium position?

Spring system #2

A $\frac{1}{4}$ -kg mass is attached to a spring with stiffness 4 N/m. The damping constant for the system is 1 N-sec/m. If the mass is pushed upwards by $\frac{1}{2}$ m and given an initial upwards velocity of 1 m/sec, find the equation of motion.

What will be the maximum displacement that the mass will attain?