
Student Personal Information

Name	Grade & Section	Date Of Birth	4ps Member	Email Address
Stuart Unity Oprah	Grade 2-Alan	1999-05-20	No	boquesubohe@mailinator.com
Current BMI	Current Height	Current Weight	Current Status	
21.875	160	56	Healthy Weight	

Activities & Meals (Day 8-14)

Activities	Meals
Sit-ups - Missed	Sweet Potato, Rice, Pineapple, Corn, Eggs - Missed
Jogging - Missed	Potato, Cheese, Spinach, Cereals, Beef - Missed
Stretching - Missed	Corn, Chicken, Corn, Milk, Rice - Missed
Jumping - Missed	Milk, Beef, Bananas, Pasta, Pumpkin Seeds - Missed
Jogging - Missed	Wheats, Pumpkin Seeds, Bell Peppers, Bread, Crab - Missed
Squats And Lunges - Missed	Honey, Chicken, Potato, Corn, Crab - Missed
Sit-ups - Missed	Corn, Chicken, Saluyot, Cheese, Cheese - Missed