

Enter Phone Number

Enter Password

Login



My exercise









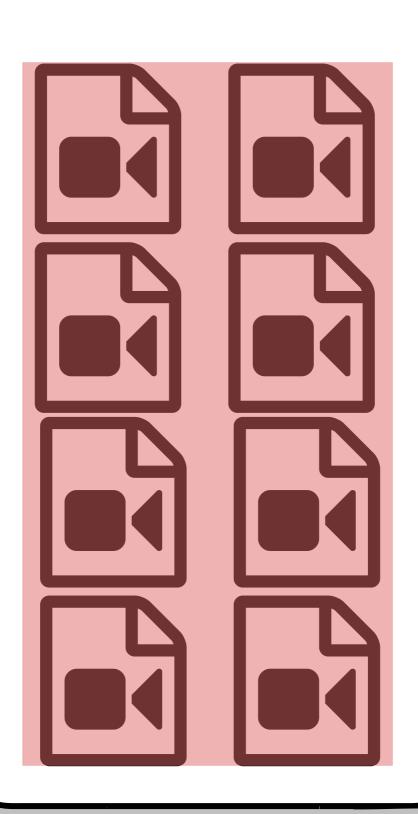






Sat

Start Workout





My exercise









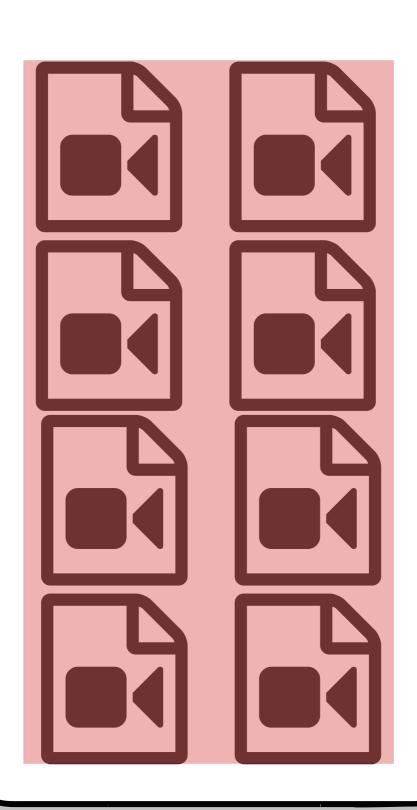






Fri Sa

Done for today!!



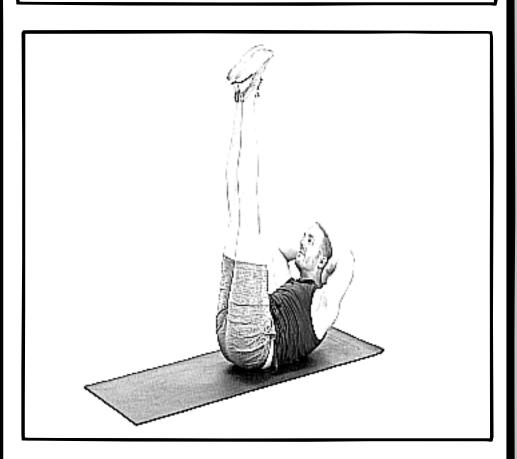
Time Remaining

00:20:25



Leg crunches 00:05:10









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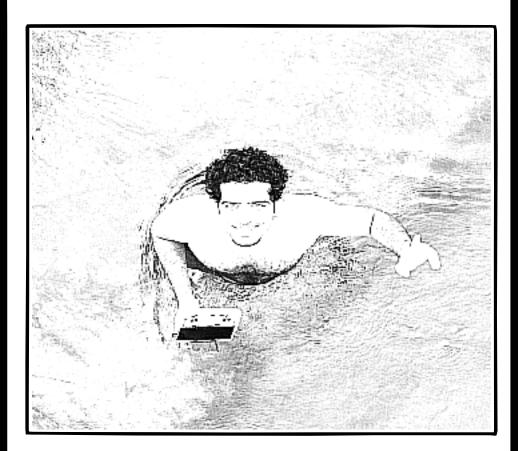
Time Remaining

00:20:25



hand raise 00:05:10













Time Remaining

00:20:25



Congrats