

Hyrum Stake Trek Packing Checklist

Show Up on Wednesday Morning Wearing:

- ☐ Full Trek Outfit (Girls: either dress or skirt/top combo with long sleeves and long shirt with COTTON bloomers underneath. Boys: long sleeve button up and long pants - NOT jeans.)
- ☐ Hat (Bonnets, cowboy hats, straw hats, etc. are all acceptable, we just want something to cover your face and neck. No baseball caps please.)
- ☐ Your haversack (coordinate with your Ma and Pa to receive it)—what you pack in this bag is what will be accessible to you on the trail, so please pack with the following:
 - ☐ Sunscreen and bug spray
 - ☐ Chapstick with at least 15 SPF
 - ☐ Basic first aid supplies like band-aids and moleskin for blisters
 - ☐ Toilet paper
 - ☐ Trek Journal(we'll give those to you at our pre-devo on Sun, June 12th)
 - ☐ WATER BOTTLE with your name on it
 - ☐ Sunglasses if desired
 - ☐ Hand Sanitizer
 - ☐ Medications if needed
 - ☐ Non-perishable sack lunch for the first day
- ☐ BROKEN-IN hiking shoes with good socks, preferably wool

What To Pack in Your Bucket:

- ☐ One Extra Full Trek Outfit (Girls: either dress or skirt/top combo with long sleeves and long shirt with bloomers underneath. Boys: long sleeve button up and long pants - NOT jeans.)
- ☐ 3 changes of underclothing
- ☐ 4 pairs of socks (one extra because wet socks are the worst)
- ☐ 2 pairs of pjs; we recommend sweatpants, long sleeved shirt, a sweatshirt, and even a beanie—it will get cooler at night
- ☐ DEODORANT PLEASE
- ☐ Toothpaste and toothbrush
- ☐ Feminine Hygiene Products if needed
- ☐ Shoes to wear around camp if desired
- ☐ PAPER SCRIPTURES - VERY IMPORTANT LOL
- ☐ Mess Kit including plate, knife, spoon, and fork in a mesh bag to dry
- ☐ MA'S AND PA'S: pack an extra first aid kit, one shovel per handcart
- ☐ Flashlight
- ☐ Poncho

Sleeping Gear that You Will Give to the Stake to Carry:

(We will provide labels on Wednesday morning if your Ma and Pa have not provided them already. Please double-bag your sleeping gear in a black trash bag.)

- ☐ Sleeping Bag

☐ Sleeping Pad

☐ Pillow