






## Login

App Name

☐ ? crea

## Home



Session Push 14/12/23  

Recycler  
View  
de Session

→

## Home - Session details




Session Push 14/12/23  

Bench press

Serie 1: 4x17  
Serie 2: 8x15



Incline Bp


Serie 1:  
Serie 2:


  

Spinner


## Modify Session

 Session Push 14/12/23 

Bench press 


Set 1:  x  




Set 2:  x

Incline Bp 

Set 1:  x

Set 2:  x

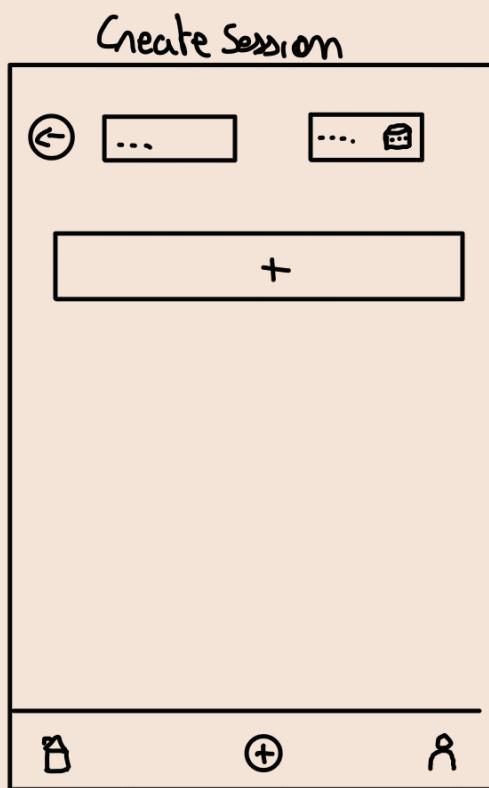


Recycler  
View

Recycler  
View

Create Session

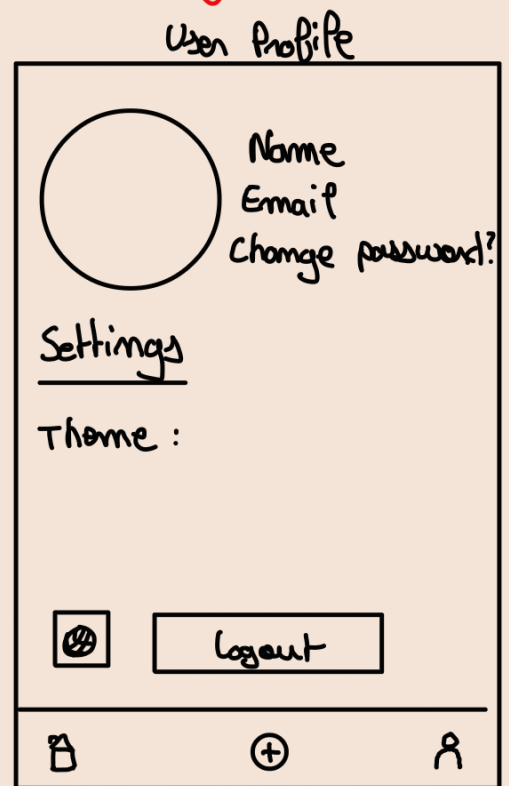


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User Profile



○ Name  
Email  
Change password?

Settings

Theme :

🌐 Logout

🛡 ⊕ 👤

GymSession

Exercise

Set

User

User (id, email, password, name, surname)

GymSession(id, date, difficulty, duration)

UserGymSession(id-user, id-gymSession)

GymSessionExercise(id-gymSession, id-exercise)

Exercise(id, name, description)

ExerciseSet(id-exercise, id-set)

Set(id, nb-rep, weight)

