

MYO Workout Monitor

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The problem to solve

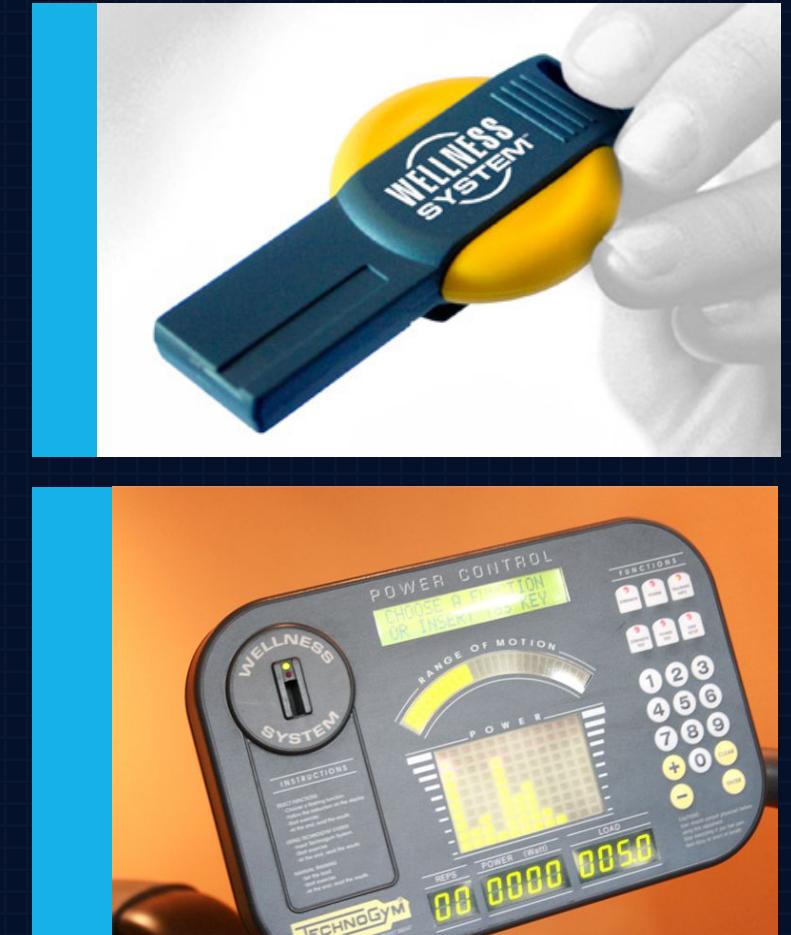
The Problem to Solve

- Patients cannot perform exercises alone
 - Improper movement
 - Improper speed
 - Improper range of motion
- Keeping a routine



Current Solutions

- Does not work with free weights
- Patients need to go to gym
- Costly



Our goal

Goal

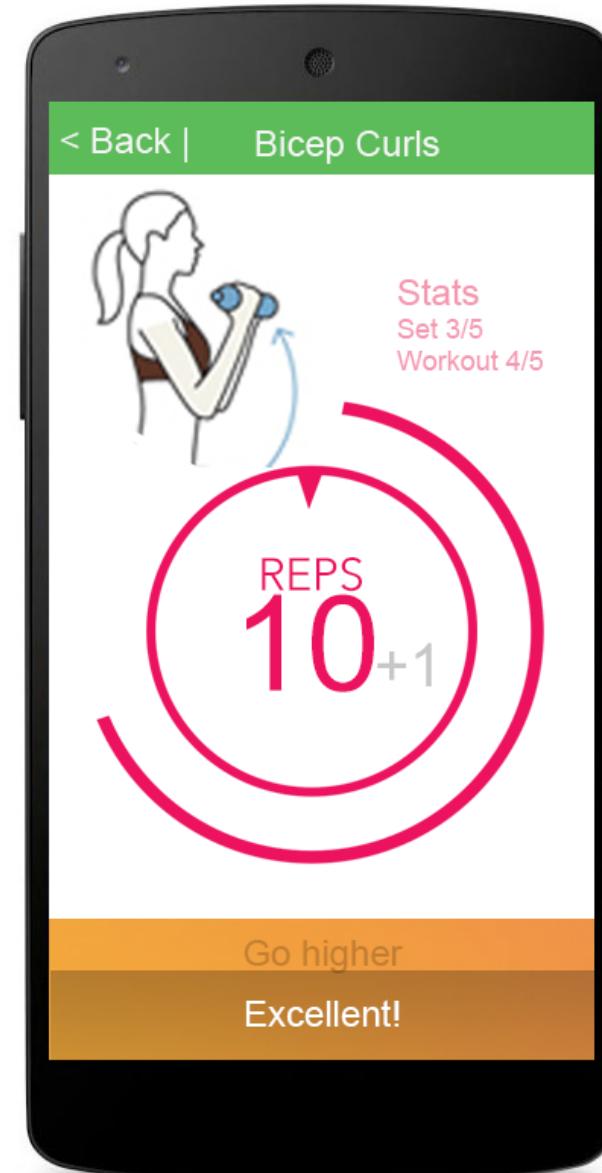
Track motion with Thalmic Myo

Feedback on user's exercise

Speed

Range of motion

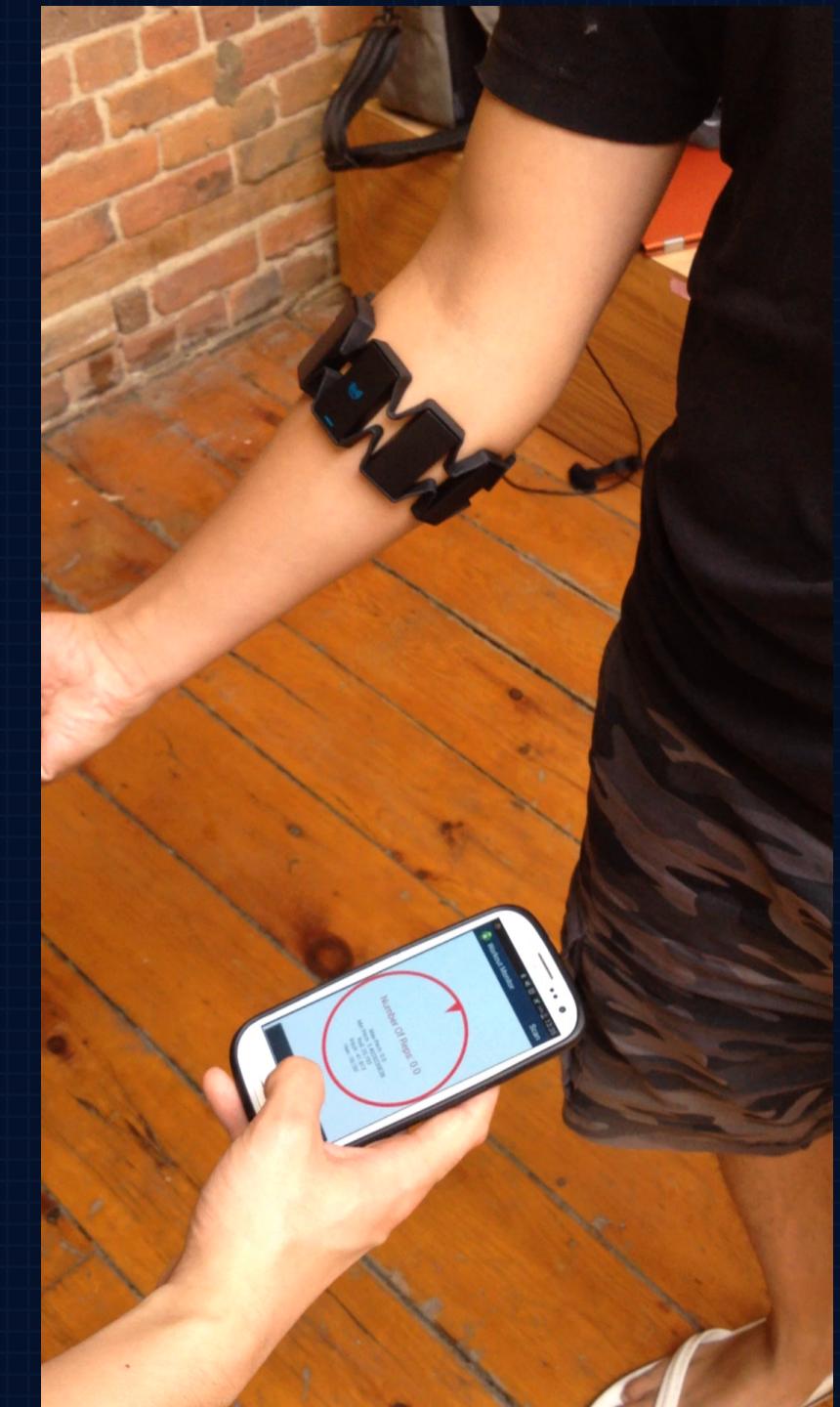
Repetition counter



WearHacks Prototype

WearHacks Prototype

- Record Exercise
- Range of Motion
- Repetition counter
- Haptic feedback



Thank you