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# Emotional thinking from a new eye view

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## Definitions of emotions and affect

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### Marvin Minsky

Sometimes a person gets into a state where everything seems to be cheerful and bright-although nothing outside has actually changed. Other times everything pleases you less: the entire world seems dreary and dark, and your friends complain that you seem depressed. Why do we have such states of mind-or moods, or feelings, or dispositions-and what causes all their strange effects? Here are some of the phrases we find when dictionaries define **emotion**.

1. The subjective experience of a strong feeling.
2. A state of mental agitation or disturbance.
3. A mental reaction involving the state of one's body.
4. A subjective rather than conscious affection.
5. The parts of consciousness that involve feeling.
6. A nonrational aspect of reasoning.

### Gerd Ruebenstrunk

#### Definitions of "affect"

1. The conscious subjective aspect of feeling or emotion
2. The observable emotional condition of an individual at any given time

3. Generalized feeling tone (usually considered more persistent than emotion, less so than mood). It is the external, observable manifestation of emotion (e.g., flat, blunted, constricted, expansive, labile, etc.)
4. Emotion, feeling or mood

### Definitions of "emotion"

1. Any strong feeling
2. Feelings such as happiness, sadness, anger, elation, irritation, etc. The specific definition of emotion is difficult to qualify as it is a completely subjective experience
3. A psychological feeling, usually accompanied by a physiological reaction
4. The feeling one experiences in reaction to a person or situation

### Lowe and Ziemke

Affective computation 1 concerns multifaceted emotional or emotion-relevant cognitive phenomena including attention, perception, memory, learning and decision making with the premise that it is in fact indispensable to rational cognitive behavior.

...

Affect is used either synonymously with, or in contradistinction to, emotion. For some, affect is considered an umbrella term for valenced neurophysiological phenomena (e.g. drives, motivations, emotions, feelings, moods). In this sense, emotion is a type of affective state. However, it has also been considered as distinct from emotion, founded upon enduring valenced states (e.g. moods) whereas emotions are viewed in terms of fast object-directed responses. In this sense, emotion is a related but distinct phenomenon to affect.

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We will here follow Pessoa in acknowledging that emotion (much like cognition, in fact) is difficult to define clearly, and that trying to provide yet another explicit definition might not be helpful.

### Marsella and Gratch

Further, emotions are an important cue to a person's mental state and are frequently attributed to humans in the absence of any visible signal (e.g., he is angry but suppressing it) so failure to model and express emotions in virtual humans leads users to misinterpret the virtual human behavior. Virtual humans that model and express emotions also provide more engaging experiences for the immersed human users.

### Antonio R. Damasio

The ultimate results of emotion are of two kinds. First there are behaviors - the expressing of joy, or anger, or disgust - which affect interactions with other living creatures. Second, there are experiences of emotional states, that is feelings, which affect the ongoing thinking of the subject and by so doing can alter future thinking, future planning and future behavior.

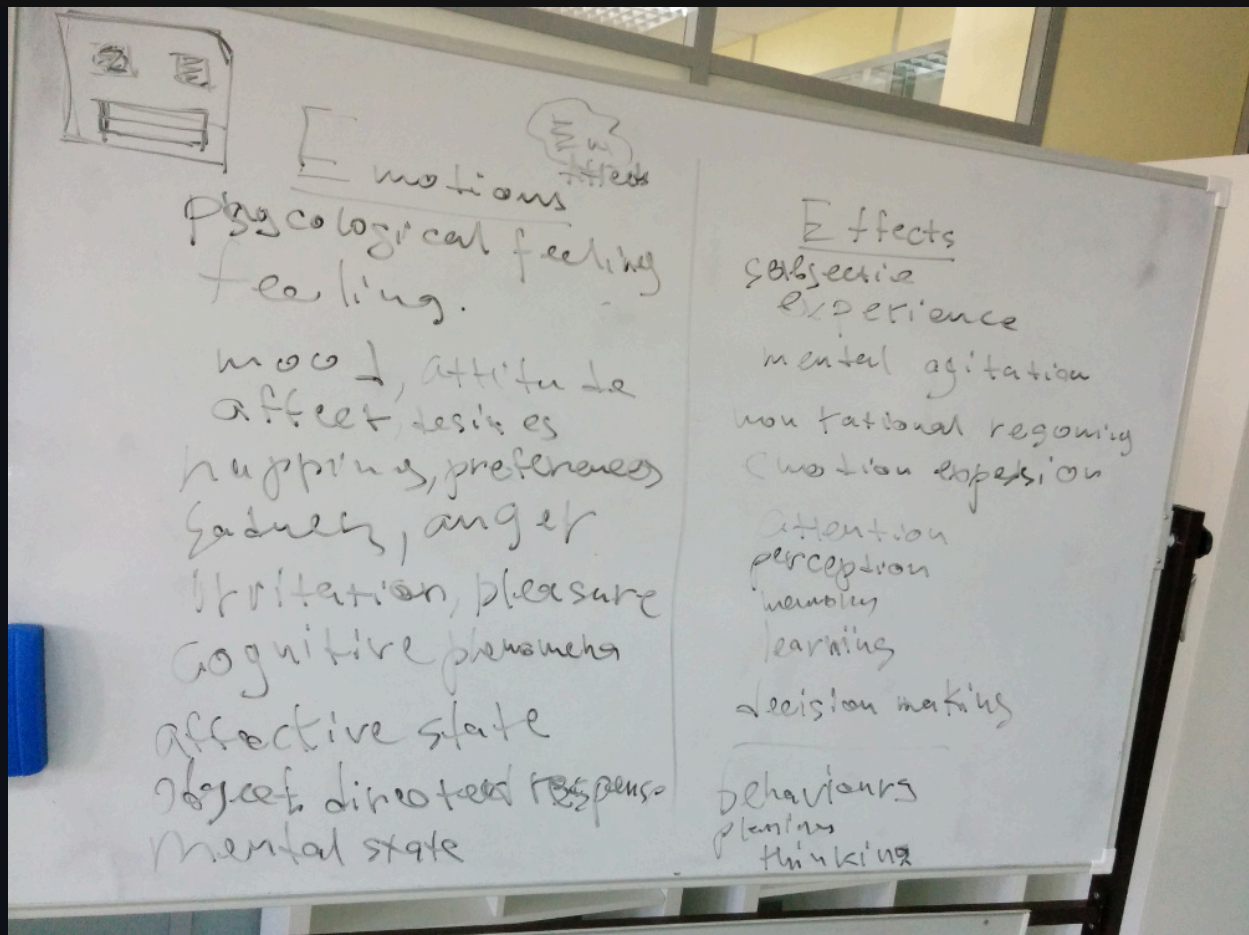
## Aaron Sloman

### The trouble with definitions

Part of the problem is that many of the words we use for describing human mental states and processes (including 'emotion', 'learning', 'intelligence', 'consciousness') are far too ill-defined to be useful in scientific theories. Not even professional scientists are close to using agreed definitions of, '**emotion**'.

1. The concept of emotion is but one of a large family of intricately related everyday concepts, including many affective concepts (e.g. moods, attitudes, desires, dislikes, preferences, values, standards, ideals, intentions, etc.), the more enduring of which can be thought of as making up the notion of a "personality".
2. Models that purport to account for "**emotion**" without accounting for others in the family are bound to be shallow.

Specifying what we are talking about generates difficult conceptual problems. Whichever of the three motivations listed above drives the modelling of emotions and other mental phenomena, the work understandably starts from concepts of ordinary language (e.g. "emotion", "mood", "feeling", "pleasure", etc.). These concepts can be deceptive to those not trained in philosophical analysis. The concepts are so familiar that they appear to have very clear, commonly understood, meanings, whereas detailed analysis shows that the opposite is true: the familiar labels often refer to concepts that are riddled with confusion and ambiguity, and when people attempt to define them they come up with widely different definitions. For instance in the psychological literature there are a multitude of definitions of "emotion", some stressing brain processes, some stressing peripheral physiological processes, some stressing patterns of behaviour, some stressing eliciting conditions, some stressing the functional roles, some stressing introspective qualities. This diversity was already evident long ago in the collection edited by Magda Arnold (1968).

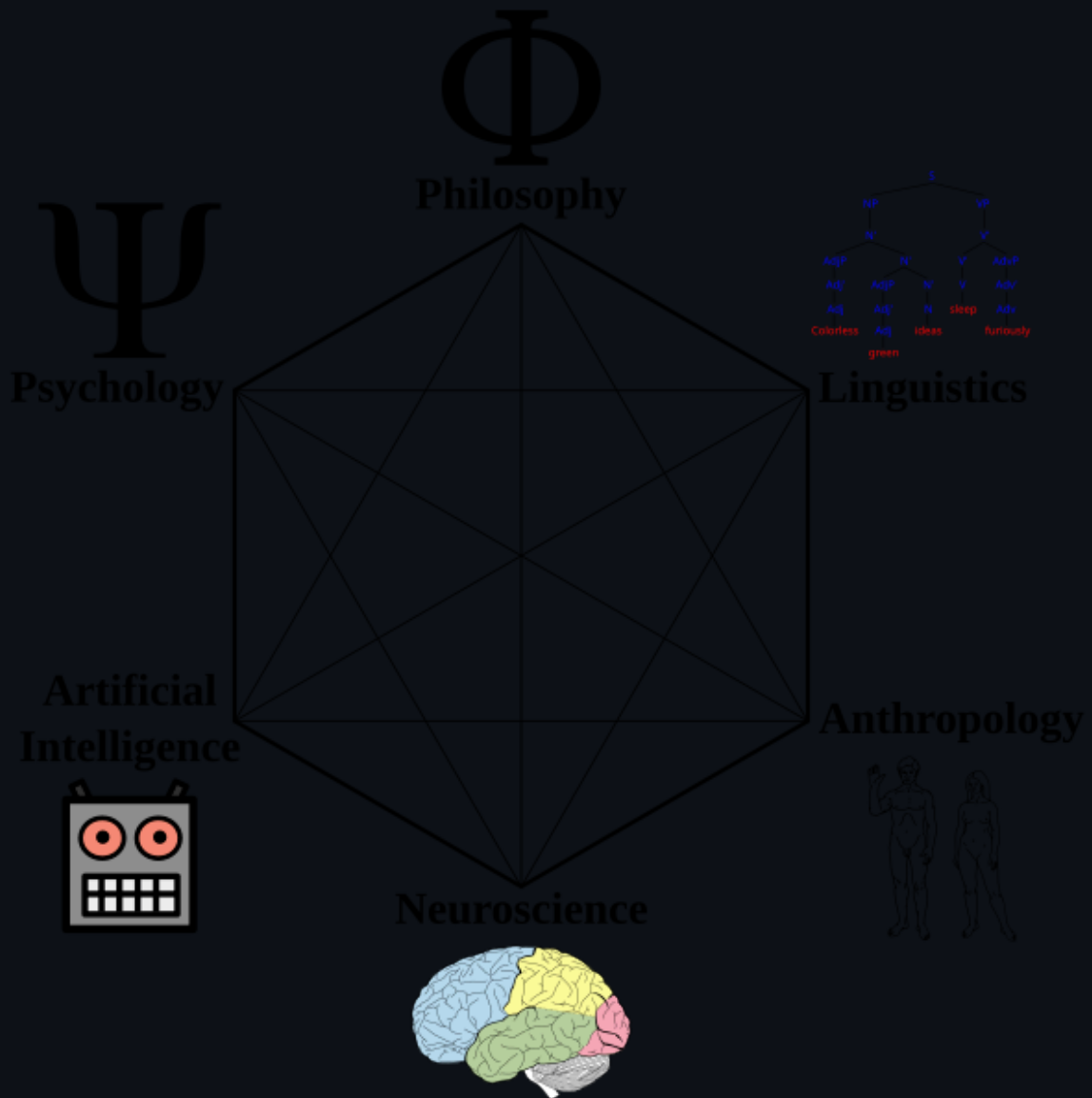


## Ice Breaker

Programming in near future 5-10 years.

## Main ideas of previous lecture

Emotions and affects are umbrella term that encapsulate a lot of concepts. We have created the list of key words, see picture above. Psychological phenomena are hard to define and sometimes we don't benefit of one more definition.



## Ice breaker

Why did emotions evolve?

## Orchestra of emotions

Imagine the number of emotions we experience every day, every minute, starting from wake up in the morning till the late evening. Every action or significant change in environment is followed by emotional response. When we were kids and we could not control emotions expressions even wake up and washing the teeth was an emotional scene.

## Example

You have got the task on the timely basis: solve some problem in 15 minutes.

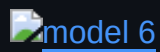
1. First of all you are calm and using some learned information to solve the problem.
2. When you realize that there is not that much time left, for example 5 minutes, you start feeling some anxiety and concentrate on the task.
3. Then you realize there is no time left, you start panic (for example :-)), and cry for help.

This is example of how do we use emotions in time control to change our actions strategy in everyday life.

## The emotion machine (Model 6)

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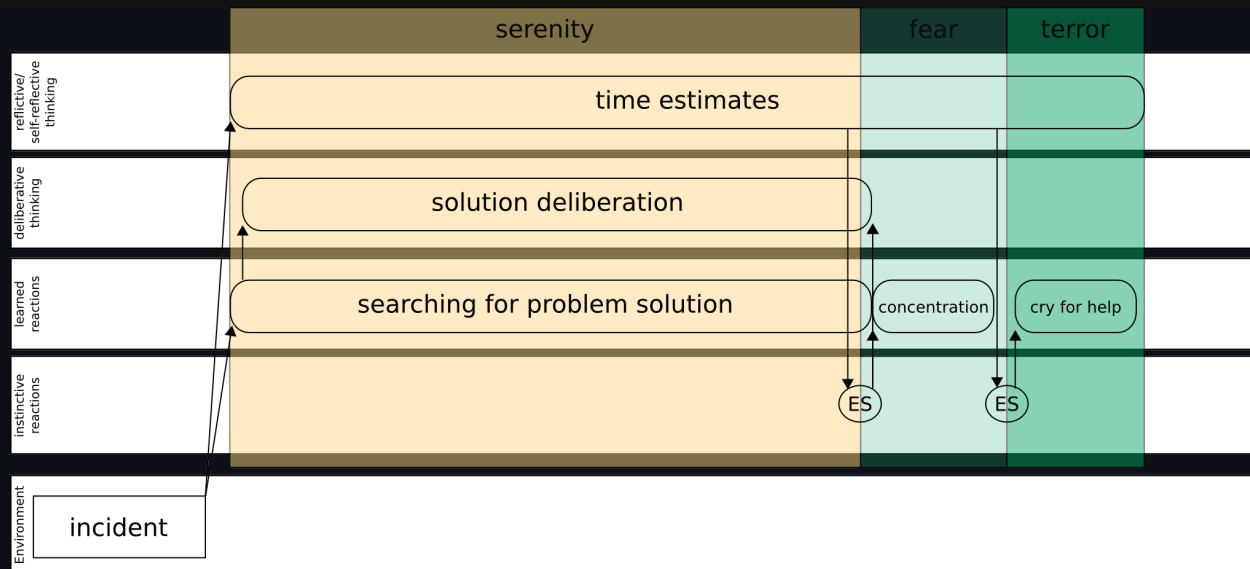
First starting point is the philosophy, we use Marvin Minsky book "[The emotion machine](#)".



### Situation with Joan


1. Inborn, Instinctive Reactions: Joan hears a sound and turns her head. All animals are born equipped with 'instincts' that help them to survive.
2. Learned Reactions: She sees a quickly oncoming car. Joan had to learn that conditions like this demand specific ways to react.
3. Deliberative Thinking: To decide what to say at the meeting, she considers several alternatives, and tries to decide which would be best.
4. Reflective Thinking: Joan reflects upon what she has done. She reacts, not just to things in the world, but also to recent events in her brain.
5. Self-Reflective Thinking: Being "uneasy about arriving late" requires her to keep track of the plans that she's made for herself.
6. Self Conscious Emotions: When asking what her friends think of her, she also asks how her actions concord with ideals she has set for herself.

Our practical examle in this model:



This is deliberately simplified mapping of emotions to the "Model of six".

## Model of six to ego and super ego mapping

 [Model of six to ego and super ego mapping](#)

## Marvin Minsky's question:

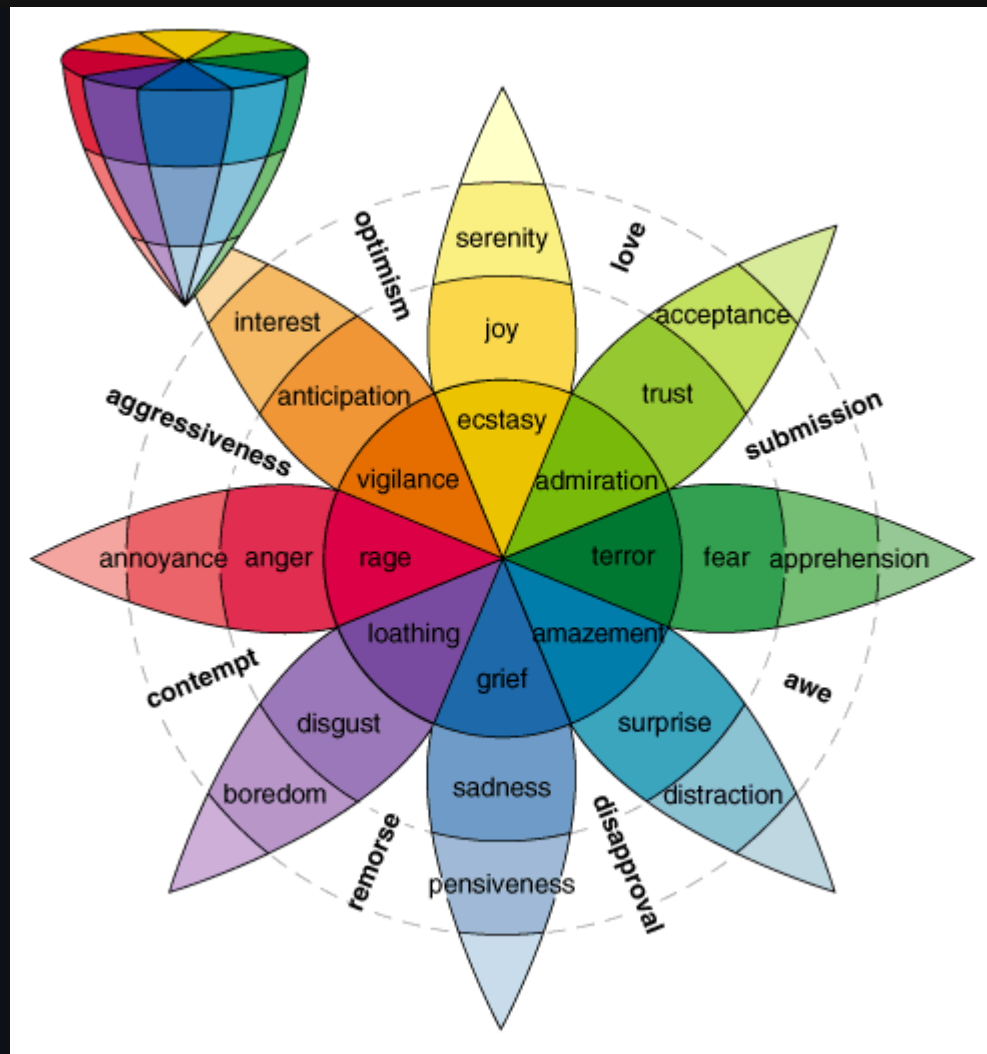
"What could make our brain grow?" In other words our ancestors monkeys that lived in some form till some moment 5 million years ago, what could trigger their brain to increase the frontal lobe?

## Psychological view

Starting form Darwin.

## Plutchik wheel of emotions

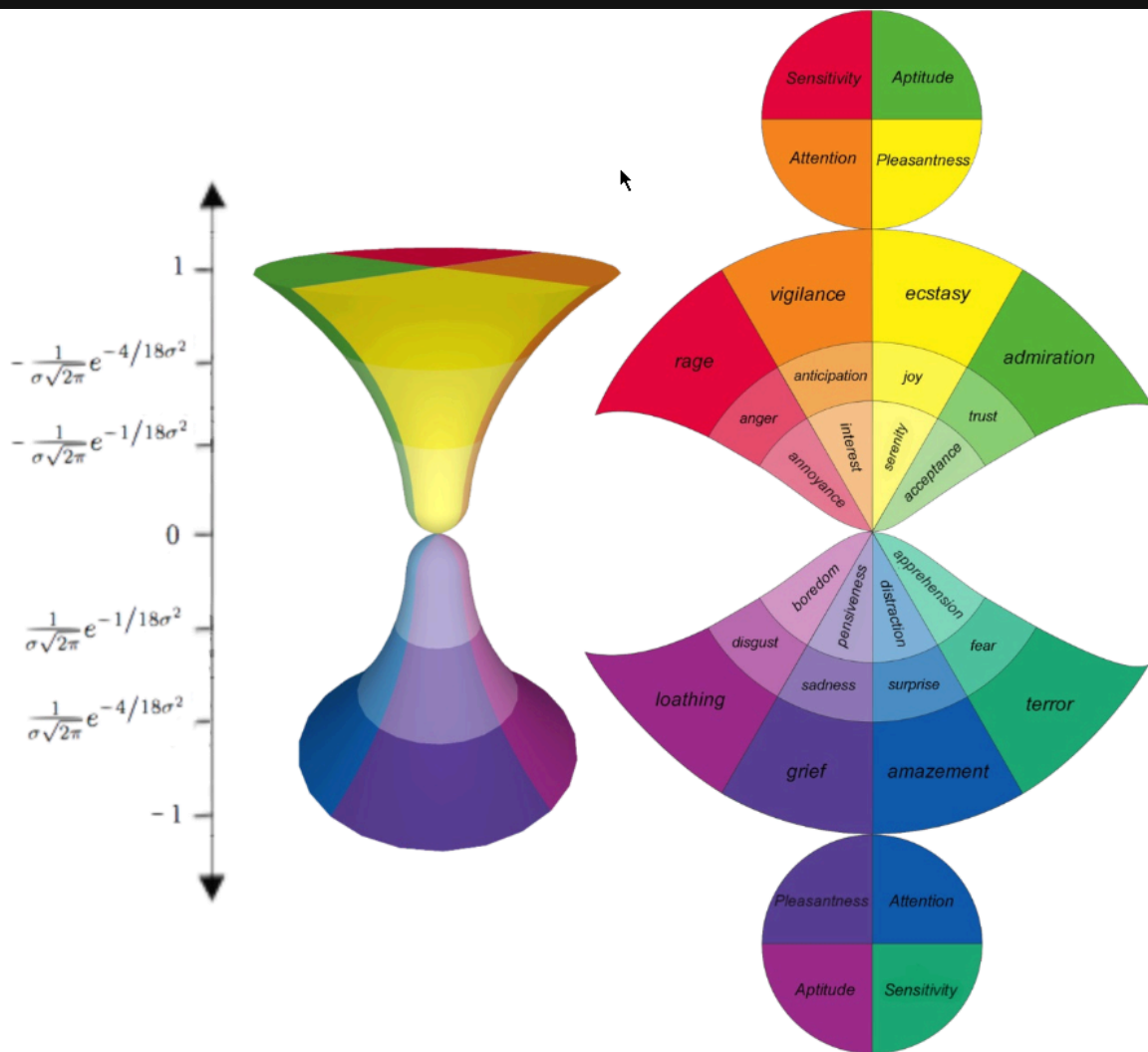
Evolutionary psychology.



### Axes:

1. Pleasantness (joy - sadness)
2. Attention (interest - surprise)
3. Sensitivity (anger - fear)
4. Aptitude (trust - disgust)





**Fig. 3.8** The 3D model and the net of the Hourglass of Emotions. Since affective states go from strongly positive to null to strongly negative, the model assumes a hourglass shape.

Practical use: Trolling detection software.

## Tomkins theory of affects

### Positive:

- Enjoyment/Joy - smiling, lips wide and out
- Interest/Excitement - eyebrows down, eyes tracking, eyes looking, closer listening

### Neutral:

- Surprise/Startle - eyebrows up, eyes blinking

### Negative:

- Anger/Rage - frowning, a clenched jaw, a red face
- Disgust - the lower lip raised and protruded, head forward and down
- Dissmell (reaction to bad smell) - upper lip raised, head pulled back
- Distress/Anguish - crying, rhythmic sobbing, arched eyebrows, mouth lowered

- Fear/Terror - a frozen stare, a pale face, coldness, sweat, erect hair
- Shame/Humiliation - eyes lowered, the head down and averted, blushing

## Main ideas of previous lecture

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Marvin Minsky proposes "Model of six" with 6 main levels:

1. Instinctive reactions
2. Learned reactions
3. Deliberative thinking
4. Reflective thinking
5. Self-reflective thinking
6. Self-conscious reflections

There are six levels of mental activity where all the processes run in parallel and are loosely coupled.

Robert Plutchik - evolutionary psychologist proposed "Wheel of emotions" symmetric and based on colors model of emotions with 8 basic emotions grouped in pairs:

1. Pleasantness (joy - sadness)
2. Attention (interest - surprise)
3. Sensitivity (anger - fear)
4. Aptitude (trust - disgust)

Silvian Tomkins proposed theory of affects with 8 main affects listed above.

## Ice Breaker

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When, do you think robot will bring human to court?

## PAD space

*C. Breazeal / Int. J. Human-Computer Studies 59 (2003) 119–155*

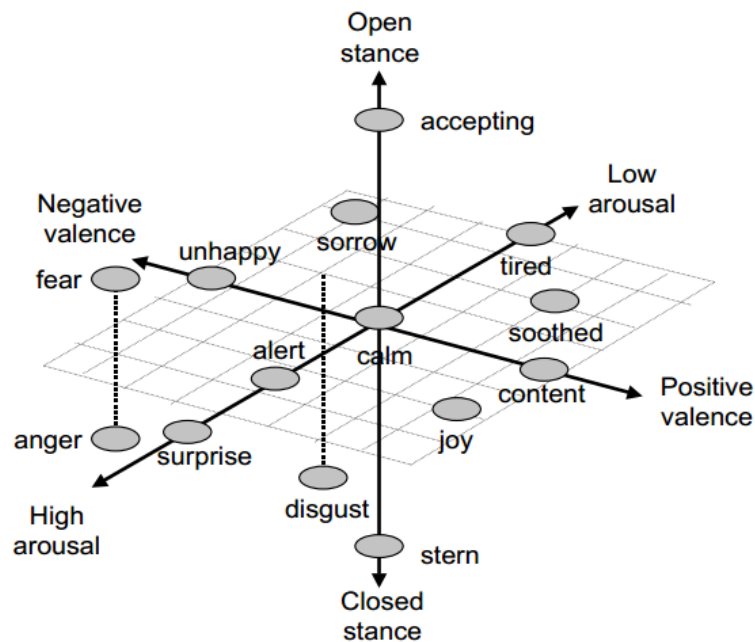


Fig. 5. Mapping of emotional categories to arousal, valence, and stance dimensions  $[A, V, S]$ .

The **Pleasure-Displeasure** Scale measures how pleasant an emotion may be. For instance both anger and fear are unpleasant emotions, and score high on the displeasure scale. However joy is a pleasant emotion. This dimension is usually limited to 16 specific values.

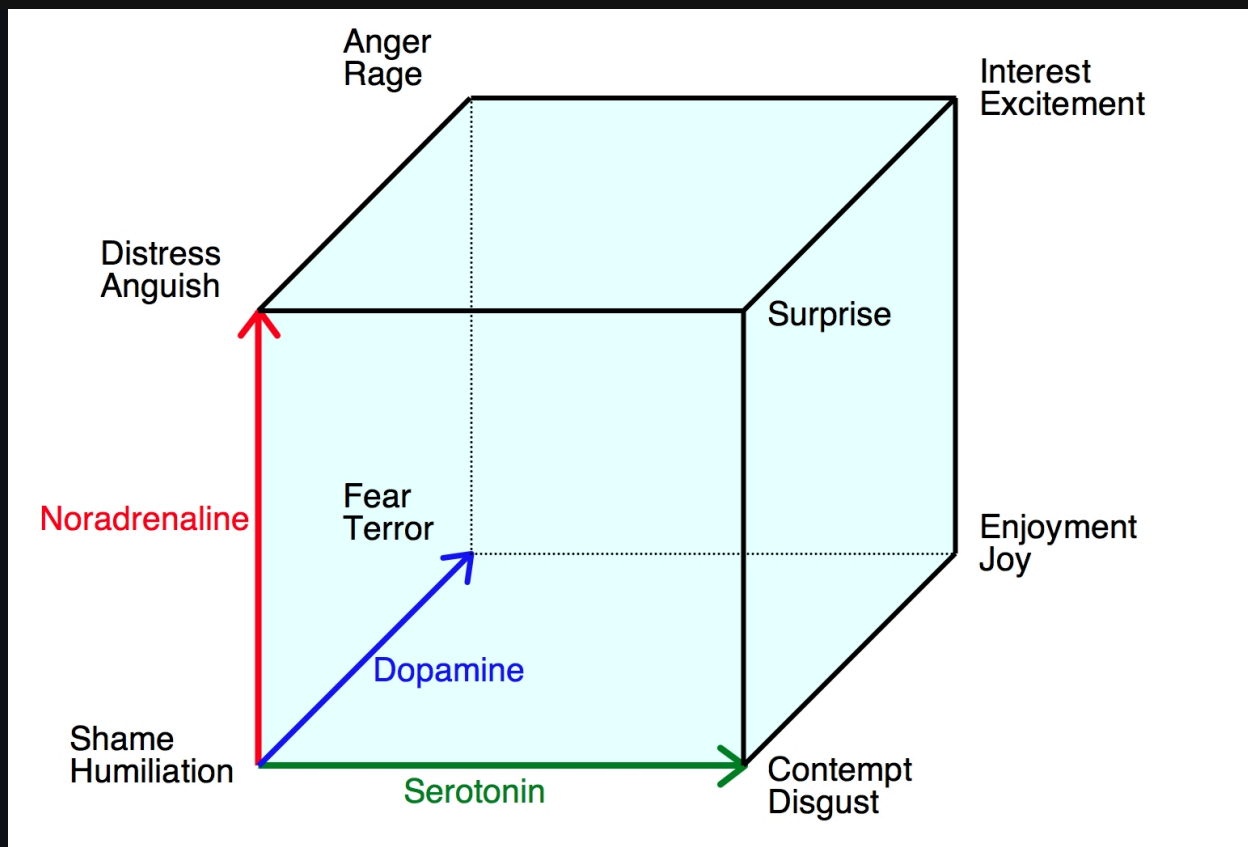
The **Arousal-Nonarousal** Scale measures the intensity of the emotion. For instance while both anger and rage are unpleasant emotions, rage has a higher intensity or a higher arousal state. However boredom, which is also an unpleasant state, has a low arousal value. This scale is usually restricted to 9 specific values.

The **Dominance-Submissiveness** Scale represents the controlling and dominant nature of the emotion. For instance while both fear and anger are unpleasant emotions, anger is a dominant emotion, while fear is a submissive emotion. This scale is also usually restricted to 9 specific values.

## Kismet

## Neuroscientific view

### Cube of emotions by Hugo Lovheim



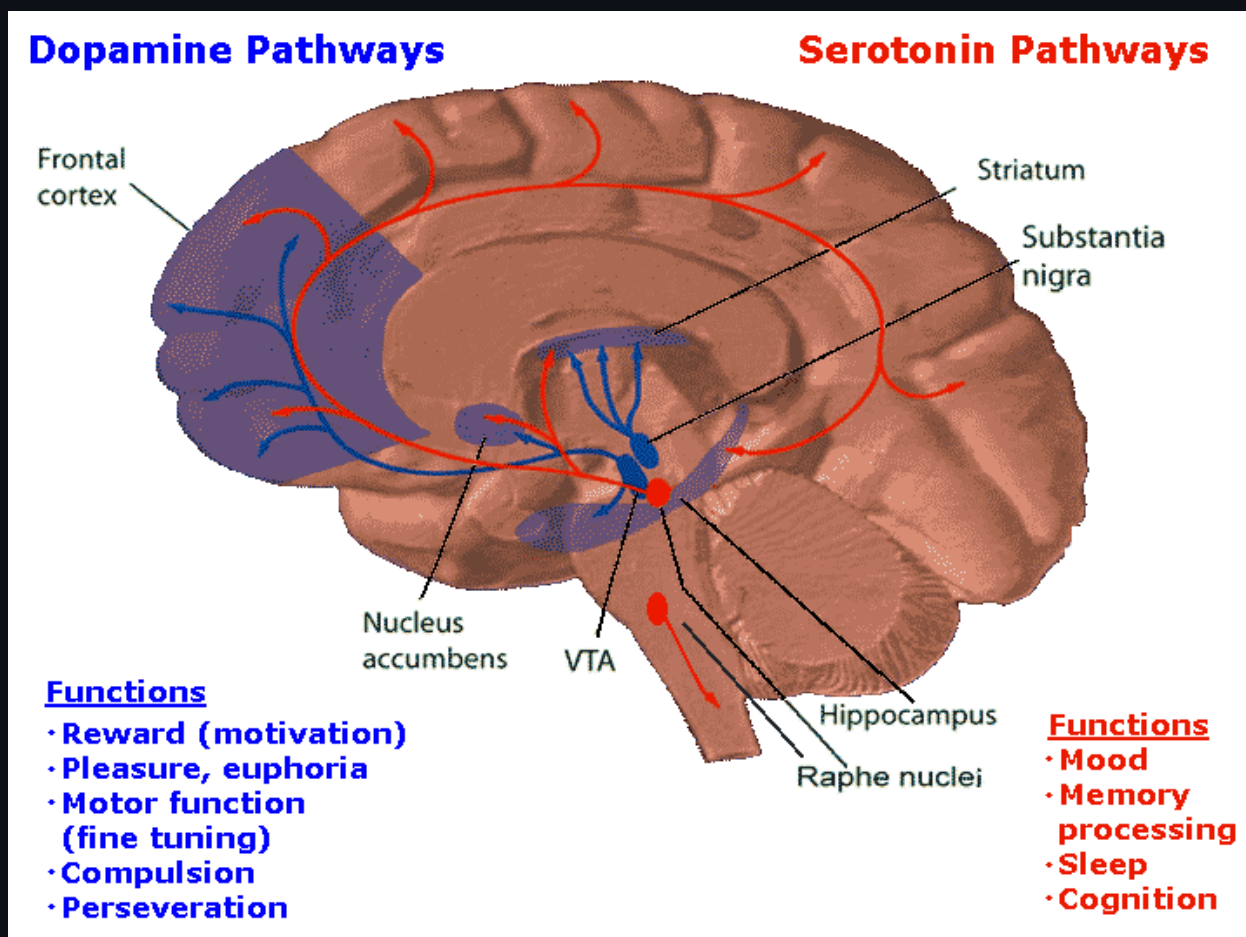
Monoamine	Area projecting to the cerebral cortex	Assumed axis representation
Serotonin (5-HT)	Raphe nuclei	Self confidence, inner strength, satisfaction
Dopamine (DA)	Ventral tegmental area	Reward, reinforcement, motivation
Noradrenaline (NE)	Tyrosine Locus ceruleus	Attention, vigilance, activity

### The basic emotions, facial expression and assumed monoamine levels.

Basic emotion	Facial expression	5-HT	DA	NE
Interest/excitement	Eyebrows down, eyes track, look, listen	High	High	High
Enjoyment/joy	Smile, lips widened up and out, smiling eyes (circular wrinkles)	High	High	Low
Surprise	Eyebrows up, eyes blink	High	Low	High
Distress/anguish	Crying, arched eyebrows, mouth down, tears, rhythmic sobbing	Low	Low	High

Basic emotion	Facial expression	5-HT	DA	NE
Fear/terror	Eyes frozen open, pale, cold, sweaty, facial trembling, with hair erect	Low	High	Low
Shame/humiliation	Eyes down, head down	Low	Low	Low
Contempt/disgust	Sneer, upper lip up	High	Low	Low
Anger/rage	Frown, clenched jaw, eyes narrowed, red face	Low	High	High

## Dopamine and serotonin pathways



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