

# Poincaré, modified logarithmic Sobolev and isoperimetric inequalities for Markov chains with non-negative Ricci curvature

M. Erbar and M. Fathi, 2016

Matilde Dolfato  
Mentor: Prof. Elia Brué

Università Bocconi  
Visiting Student Initiative - BIDSA

November 24, 2025

We present the paper

*Poincaré, modified logarithmic Sobolev and isoperimetric inequalities for Markov chains with non-negative Ricci curvature*  
as a follow up of

*Ricci curvature of finite markov chains via convexity of the entropy*

We present the paper

*Poincaré, modified logarithmic Sobolev and isoperimetric inequalities for Markov chains with non-negative Ricci curvature*  
as a follow up of

*Ricci curvature of finite markov chains via convexity of the entropy*

1. The main goal (of the first paper) is to introduce a new geometric structure in the study of Markov semigroups (Markov chains)

We present the paper

*Poincaré, modified logarithmic Sobolev and isoperimetric inequalities for Markov chains with non-negative Ricci curvature*  
as a follow up of

*Ricci curvature of finite markov chains via convexity of the entropy*

1. The main goal (of the first paper) is to introduce a new geometric structure in the study of Markov semigroups (Markov chains)
2. This is done via an interpretation of the semigroup as a gradient flow of the Shannon entropy w.r.t. a newly defined metric structure
3. Leading to a synthetic notion of Ricci curvature **for discrete spaces** to study contraction properties

We present the paper

*Poincaré, modified logarithmic Sobolev and isoperimetric inequalities for Markov chains with non-negative Ricci curvature*  
as a follow up of

*Ricci curvature of finite markov chains via convexity of the entropy*

1. The main goal (of the first paper) is to introduce a new geometric structure in the study of Markov semigroups (Markov chains)
2. This is done via an interpretation of the semigroup as a gradient flow of the Shannon entropy w.r.t. a newly defined metric structure
3. Leading to a synthetic notion of Ricci curvature **for discrete spaces** to study contraction properties

New ingredients (content of the new paper): functional inequalities and applications to bounds on the mixing time of the chain and to its convergence to equilibrium

## Road from old paper to present

- ▶ Geometric structure on space of Markov chains
- ▶ Synthetic notion of Ricci curvature ( $\text{Ric} \geq 0$ )
- ▶ Analogous version of functional inequalities for Markov chains
- ▶ Bounds on mixing time and rate of convergence to equilibrium  
(among others)

# Overview of the talk

Introduction

Convergence to equilibrium of the zero-range process

The zero-range process

Bound on mixing time and interpretation

Geometric structure

Setup

Distance  $\mathcal{W}$

Ricci curvature for discrete processes

Modified log-Sobolev inequality

From mLSI to convergence to equilibrium

References

# The zero-range process I

Consider  $K$  interacting particles on the complete graph with  $L$  sites

The state space is  $\mathcal{X}_{K,L} = \{\eta \in \mathbb{N}^L : \sum_i \eta_i = K\}$

The zero-range process with **constant rates** can be described as:

1. Choose a site  $i$  uniformly at random
  - 1.1 If  $\eta_i = 0$ , do nothing
  - 1.2 Else, choose another site  $j$  uniformly at random and move 1 particle from  $i$  to  $j$

$\eta^{i,j}$  denotes the new configuration after such a move

For  $\eta, \theta \in \mathcal{X}_{K,L}$ ,

$$Q_{K,L}(\eta, \theta) = \begin{cases} \frac{1}{L} & \theta = \eta^{i,j} \text{ for some } i, j \\ 0 & \text{else} \end{cases}$$

Stationary measure  $\pi_{K,L}$  is the uniform measure Good model for:

## The zero-range process II

- ▶ Traffic-jam formation [Kaupužs et al., 2005]
- ▶ Population dynamics [Grange, 2020]
- ▶ Rewiring networks (e.g. Bianconi–Barabási model) [Grange, 2020], [Angel et al., 2005]
- ▶ ... any system in which deciding to move depends on the surroundings

## Main result and interpretation

### Convergence to equilibrium

The constant-rate zero range process with  $K$  particles and  $L$  sites has mixing time bounded by

$$\tau_{\text{mix}}(\varepsilon) \leq K^2 L \log L \left( \frac{1}{8} - c \log \varepsilon \right) \quad (1)$$

for some universal constant  $c$

\* This is exponential convergence to equilibrium! \*

## Introduction

Convergence to equilibrium of the zero-range process

The zero-range process

Bound on mixing time and interpretation

## Geometric structure

Setup

Distance  $\mathcal{W}$

Ricci curvature for discrete processes

Modified log-Sobolev inequality

From mLSI to convergence to equilibrium

## References

## Setup

Finite space of states  $\mathcal{X}$ , irreducible, reversible Markov kernel  $Q$  and stationary measure  $\pi$

$$Q(x, y)\pi(x) = Q(y, x)\pi(y)$$

Operator  $L$  acting on functions  $\psi : \mathcal{X} \rightarrow \mathbb{R}$  is

$$L\psi(x) = \sum_{y \in \mathcal{X}} (\psi(y) - \psi(x))Q(x, y)$$

is the generator of a continuous time Markov chain  
Space of probability densities

$$\mathcal{P}(\mathcal{X}) := \left\{ \rho : \mathcal{X} \rightarrow \mathbb{R}_+ : \sum_{x \in \mathcal{X}} \rho(x) \pi(x) = 1 \right\}$$

## Distance $\mathcal{W}$

We define a discrete transport distance, by analogy with the Wasserstein distance. For  $\rho_0, \rho_1 \in \mathcal{P}(\mathcal{X})$ ,

$$\mathcal{W}(\rho_0, \rho_1)^2 := \inf_{\rho, \psi} \frac{1}{2} \int_0^1 \sum_{x, y \in \mathcal{X}} (\psi_t(x) - \psi_t(y))^2 \hat{\rho}_t(x, y) Q(x, y) \pi(x) dt$$

where the infimum runs over all sufficiently regular curves satisfying a continuity equation

$$\begin{cases} \frac{d}{dt} \rho_t(x) + \sum_{y \in \mathcal{X}} (\psi_t(y) - \psi_t(x)) \hat{\rho}_t(x, y) Q(x, y) = 0, & \forall x \in \mathcal{X}, \\ \rho|_{t=0} = \rho_0, \quad \rho|_{t=1} = \rho_1 \end{cases}$$

and  $\hat{\rho}(x, y) := \theta(\rho(x), \rho(y))$  is the logarithmic mean

# Markov semigroup as gradient flow

$$\mathcal{W}(\rho_0, \rho_1)^2 := \inf_{\rho, \psi} \frac{1}{2} \int_0^1 \sum_{x, y \in X} (\psi_t(x) - \psi_t(y))^2 \hat{\rho}_t(x, y) Q(x, y) \pi(x) dt$$

$$\text{s.t. } \frac{d}{dt} \rho_t(x) + \nabla \cdot (\hat{\rho}(x, y) \nabla \psi(x, y)) = 0$$

Endowing  $\mathcal{X}$  with this distance, we can interpret the Markov semigroup  $P_t = e^{tL}$  as a gradient flow of Shannon's entropy

$$\mathcal{H}(\rho) := \sum_{x \in \mathcal{X}} \rho(x) \log \rho(x) \pi(x)$$

# Ricci for discrete processes

## Entropic Ricci curvature for discrete space

$(\mathcal{X}, Q, \pi)$  has entropic Ricci curvature bounded from below by  $\kappa \in \mathbb{R}$  if for any geodesic  $\{\rho_t\}_{t \in [0,1]}$  on  $(\mathcal{P}(\mathcal{X}), \mathcal{W})$  we have

$$\mathcal{H}(\rho_t) \leq (1-t)\mathcal{H}(\rho_0) + t\mathcal{H}(\rho_1) - \frac{\kappa}{2}t(1-t)\mathcal{W}(\rho_0, \rho_1)^2$$

In this case, we write  $\text{Ric}(\mathcal{X}, Q, \pi) \geq \kappa$

## Ricci for the zero-range process (in brief)

The zero range process with constant rates has  $\text{Ric} \geq 0$

In another contribution, M. Fathi and J. Maas provide explicit ways of computing bounds on Ricci for discrete processes

They show that for the ZRP with *increasing* rates, Ricci is positive

This easily extends to showing non-negative Ricci for *constant* rates

# Overview of the talk

Introduction

Convergence to equilibrium of the zero-range process

- The zero-range process

- Bound on mixing time and interpretation

Geometric structure

- Setup

- Distance  $\mathcal{W}$

- Ricci curvature for discrete processes

## Modified log-Sobolev inequality

From mLSI to convergence to equilibrium

References

# The Modified log-Sobolev inequality I

Modified logarithmic Sobolev inequality

It is a **bound on the entropy** in terms of a norm of the gradient of our observable:

$$\mathcal{H}(\rho) \leq \frac{1}{2\lambda} \|\nabla \log \rho\|_{\rho}^2 \quad (\text{mLSI}(\lambda))$$

where  $\|\nabla \log \rho\|_{\rho}^2 =: \mathcal{I}(\rho)$  is the Fisher information

# The Modified log-Sobolev inequality I

Modified logarithmic Sobolev inequality

It is a **bound on the entropy** in terms of a norm of the gradient of our observable:

$$\mathcal{H}(\rho) \leq \frac{1}{2\lambda} \|\nabla \log \rho\|_{\rho}^2 \quad (\text{mLSI}(\lambda))$$

where  $\|\nabla \log \rho\|_{\rho}^2 =: \mathcal{I}(\rho)$  is the Fisher information

mLSI for  $\text{Ric} \geq 0$

If  $\text{Ric}(\mathcal{X}, Q, \pi) \geq 0$  and the diameter of  $(\mathcal{X}, d_{\mathcal{W}})$  is bounded by  $D$ , then the modified logarithmic Sobolev inequality (mLSI( $\lambda$ )) holds with constant

$$\lambda = \frac{c}{D^2}$$

for some universal constant  $c$

# The Modified log-Sobolev inequality II

The mLSI has many implications on convergence property, spectrum of the Laplacian and hypercontractivity

- \* Our focus: mLSI implies entropy decay, which allows to bound the mixing time \*

$$\mathcal{H}(P_t \rho) \leq e^{-2\lambda t} \mathcal{H}(\rho) \quad (\text{Entropy decay})$$

# Overview of the talk

Introduction

Convergence to equilibrium of the zero-range process

- The zero-range process

- Bound on mixing time and interpretation

Geometric structure

- Setup

- Distance  $\mathcal{W}$

- Ricci curvature for discrete processes

Modified log-Sobolev inequality

From mLSI to convergence to equilibrium

References

## From mLSI to entropy decay

$$\mathcal{H}(\rho) \leq \frac{1}{2\lambda} \mathcal{I}(\rho) \quad \rightarrow \quad \mathcal{H}(P_t \rho) \leq e^{-2\lambda t} \mathcal{H}(\rho)$$

When  $P_t$  is the heat semigroup,

$$\frac{d}{dt} \mathcal{H}(P_t \rho) = -\mathcal{I}(P_t \rho) \stackrel{\text{mLSI}}{\leq} -2\lambda \mathcal{H}(P_t \rho)$$

## From mLSI to entropy decay

$$\mathcal{H}(\rho) \leq \frac{1}{2\lambda} \mathcal{I}(\rho) \quad \rightarrow \quad \mathcal{H}(P_t \rho) \leq e^{-2\lambda t} \mathcal{H}(\rho)$$

When  $P_t$  is the heat semigroup,

$$\frac{d}{dt} \mathcal{H}(P_t \rho) = -\mathcal{I}(P_t \rho) \stackrel{\text{mLSI}}{\leq} -2\lambda \mathcal{H}(P_t \rho)$$

Using Gronwall's inequality, this yields an estimate on entropy decay

$$\mathcal{H}(P_t \rho) \leq e^{-2\lambda t} \mathcal{H}(\rho)$$

that quantifies convergence to equilibrium

## From entropy decay to bound on mixing time

$$\mathcal{H}(P_t \rho) \leq e^{-2\lambda t} \mathcal{H}(\rho) \quad \rightarrow \quad \tau_{\text{mix}} \leq \frac{1}{8} D^2 - \frac{\log \varepsilon}{\lambda}$$

### Total variation mixing time of a Markov chain

Let  $P_t$  be the Markov semigroup on the space of densities  $\mathcal{P}(\mathcal{X})$  and  $P_t^*$  be its dual acting on probability measures

For  $\varepsilon > 0$ ,

$$\tau_{\text{mix}}(\varepsilon) := \inf \left\{ t > 0 : \|P_t^* \delta_x - \pi\|_{TV} < \varepsilon \quad \forall x \in \mathcal{X} \right\}$$

## From entropy decay to bound on mixing time

$$\mathcal{H}(P_t \rho) \leq e^{-2\lambda t} \mathcal{H}(\rho) \quad \rightarrow \quad \tau_{\text{mix}} \leq \frac{1}{8} D^2 - \frac{\log \varepsilon}{\lambda}$$

### Total variation mixing time of a Markov chain

Let  $P_t$  be the Markov semigroup on the space of densities  $\mathcal{P}(\mathcal{X})$  and  $P_t^*$  be its dual acting on probability measures

For  $\varepsilon > 0$ ,

$$\tau_{\text{mix}}(\varepsilon) := \inf \left\{ t > 0 : \|P_t^* \delta_x - \pi\|_{TV} < \varepsilon \quad \forall x \in \mathcal{X} \right\}$$

→ Relation to entropy: Pinsker's inequality

Let  $\mu, \pi$  be two probability distributions over  $\mathcal{X}$ . Then

$$\|\mu - \pi\|_{TV}^2 \leq \frac{1}{2} \mathcal{H}(\mu | \pi) \quad (\text{Pinsker})$$

# From entropy decay to bound on mixing time I

Ingredients:

1. Bound on  $\mathcal{H}$  in terms of the diameter:  $\mathcal{H}(P_t \rho) \leq \frac{\mathcal{W}^2(\rho, 1)}{4t}$
2. Pinsker's:  $\|P_t \rho - 1\|_{TV}^2 \leq \frac{1}{2} \mathcal{H}(P_t \rho)$
3. Entropy decay:  $\mathcal{H}(P_t \rho) \leq e^{-2\lambda t} \mathcal{H}(\rho)$

From (1) we obtain  $\mathcal{H}(P_t \rho) \leq 2$  for

$$t \geq \frac{D^2}{8} := t_0 \quad (\text{bound } \#1)$$

Plug this into (2) and combine with (3) to obtain

$$\|P_t \rho - 1\|_{TV} \leq \sqrt{\frac{1}{2} \mathcal{H}(P_t \rho)} \leq \sqrt{\frac{1}{2} e^{-2\lambda t} \mathcal{H}(P_{t_0} \rho)} \leq e^{-\lambda t}$$

We get  $\varepsilon$ -closeness for

$$t \geq -\frac{\log \varepsilon}{\lambda} \quad (\text{bound } \#2)$$

## From entropy decay to bound on mixing time II

Ingredients:

1. Bound on  $\mathcal{H}$  in terms of the diameter:  $\mathcal{H}(P_t \rho) \leq \frac{\mathcal{W}^2(\rho, 1)}{4t}$
2. Pinsker's:  $\|P_t \rho - 1\|_{TV}^2 \leq \frac{1}{2} \mathcal{H}(P_t \rho)$
3. Entropy decay:  $\mathcal{H}(P_t \rho) \leq e^{-2\lambda t} \mathcal{H}(\rho)$

Sum the two bounds  $t \geq D^2/8$  and  $t \geq -\log \varepsilon/\lambda$  to obtain an upper bound on the mixing time

$$\tau_{\text{mix}} \leq \frac{1}{8} D^2 - \frac{\log \varepsilon}{\lambda}$$

## Bound on the mixing time of the zero-range process

$$\tau_{\text{mix}} \leq \frac{1}{8} D^2 - \frac{\log \varepsilon}{\lambda}$$

**Recall:** The ZRP has  $\text{Ric}(\mathcal{X}_{KL}, Q_{KL}, \pi_{KL}) \geq 0$ , hence a mLSI with constant  $\lambda = \frac{c}{D^2}$  holds

**Moreover:** There exists a constant  $c > 0$  such that for any  $L, K$

$$D_{KL} \leq cK\sqrt{L \log L}$$

### Convergence of the ZRP

The total variation mixing time of the zero range process on  $\mathcal{X}_{K,L}$  with constant uniform rates is

$$\tau_{\text{mix}}(\varepsilon) \leq K^2 L \log L \left( \frac{1}{8} - c \log \varepsilon \right)$$

for some universal constant  $c$

## References I

-  Andjel, E., Ferrari, P., Guiol, H., and Landim \*, C. (2000). Convergence to the maximal invariant measure for a zero-range process with random rates.  
*Stochastic Processes and their Applications*, 90(1):67–81.
-  Angel, A., Evans, M., Levine, E., and Mukamel, D. (2005). Critical phase in nonconserving zero-range processes and rewiring networks.  
*Physical review. E, Statistical, nonlinear, and soft matter physics*, 72:046132.
-  Brannan, M., Gao, L., and Junge, M. (2020). Complete logarithmic sobolev inequalities via ricci curvature bounded below.
-  Caputo, P., Pra, P. D., and Posta, G. (2007). Convex entropy decay via the bochner-bakry-emery approach.

## References II

-  Erbar, M., Henderson, C., Menz, G., and Tetali, P. (2017). Ricci curvature bounds for weakly interacting Markov chains. *Electronic Journal of Probability*, 22(none):1 – 23.
-  Grange, P. (2020). Non-conserving zero-range processes with extensive rates under resetting.
-  Kaupužs, J., Mahnke, R., and Harris, R. J. (2005). Zero-range model of traffic flow. *Phys. Rev. E*, 72:056125.
-  Münch, F. (2023). Ollivier curvature, isoperimetry, concentration, and log-sobolev inequality.

## Discussion

- ▶ The main contribution of this paper for the ZRP is a *quantification* of its convergence ( [Andjel et al., 2000])
- ▶ The dependence on the diameter is optimal, since it is sharp (up to the values of the constant) for the random walk on the one-dimensional discrete torus
- ▶ However, the mLSI constant for ZRP is not believed to be optimal: dependence of curvature on  $D$  in high dimensions is not optimal (Gaussian concentration instead)
- ▶ Developments in this sense: [Münch, 2023], [Brannan et al., 2020]

## Some examples of other applications

mLSI constant (and Poincaré) and implied convergence rate for:

- ▶ Bernoulli-Laplace model (diffusion of two incompressible gases)
- ▶ Random transposition model (random permutations) [Caputo et al., 2007]
- ▶ Hard-core models (nearest-neighbour exclusion)
- ▶ Glauber dynamics (Ising model) [Erbar et al., 2017]

# Additional formulas I

## Distance $d_{\mathcal{W}}$ on $\mathcal{X}$

The distance  $\mathcal{W}$  on  $\mathcal{P}(\mathcal{X})$  induces a distance on  $\mathcal{X}$  by restricting to Dirac masses, i.e. for  $x, y \in \mathcal{X}$

$$d_{\mathcal{W}}(x, y) := \mathcal{W}(\delta_x, \delta_y)$$

## Induced Riemannian structure on $\mathcal{X}$

$$(\Psi, \Phi)_\rho := \frac{1}{2} \sum_{x,y} \Psi(x, y) \Phi(x, y) \hat{\rho}(x, y) Q(x, y) \pi(x)$$

## Additional formulas II

### Discrete gradient and divergence

$$\nabla\psi(x, y) = \psi(y) - \psi(x)$$

$$\begin{aligned}\nabla \cdot (\nabla\psi)(x) &= \frac{1}{2} \sum_y (\nabla\psi(x, y) - \nabla\psi(y, x)) Q(x, y) \\ &= \frac{1}{2} \sum_y (\psi(y) - \psi(x) - \psi(x) + \psi(y)) Q(x, y) \\ &= \sum_y (\psi(y) - \psi(x)) Q(x, y)\end{aligned}$$

## Additional formulas III

Heat flow as gradient flow of entropy

Heat equation  $\rho'_t = \Delta \rho_t = \nabla \cdot \nabla \rho_t$

Continuity equation  $\rho'_t + \nabla \cdot (\hat{\rho} \nabla \psi) = 0$

The heat equation can be re-written as a continuity equation if

$$\nabla \psi_t = -\frac{\nabla \rho_t}{\hat{\rho}_t}$$

The gradient of the entropy is  $\text{grad}_{\mathcal{W}} \mathcal{H}(\rho_t) = \nabla \log \rho_t$

Hence, we get that the heat flow is the gradient flow of the entropy if

$$\nabla \psi_t = -\frac{\nabla \rho_t}{\hat{\rho}_t} = -\nabla \log \rho_t;$$

which gives

$$\frac{\nabla \rho_t}{\hat{\rho}_t} = \nabla \log \rho_t \tag{2}$$

i.e. precisely that  $\hat{\rho}_t$  is the logarithmic mean