Table country:

CountryID	Name
1	Poland
2	Columbia
3	French
4	Italy
5	Chine
6	USA
7	Albania

Table city:

CityID	Name	Population	Country_CountryID
1	Warsaw	1000000	1
2	Columbia	45000	2
3	Paris	1000	3
4	Roma	150000	4
5	Pekin	50000000	5
6	Washington	125	6
7	Tirana	600	7

Table building:

BuildingId	Name	Floors	City_CityID
1	WarsawB	50	1
2	ColumbiaB	150	2
3	ParisB	1500	3
4	RomaB	2137	4
5	PekinB	41	5
6	WashingtonB	600	6

Ad. 1:
select Country.name, population from city inner join country on city.Country_CountryID = CountryID where population > 400;

name	population
Poland	1000000
Columbia	45000
French	1000
Italy	150000
Chine	50000000
Albania	600

Ad. 2:
select * from city as c where not exists (select * from Building as b where c.CityID = b.BuildingId);

CityID	Name	Population	Country_CountryID
7	Tirana	600	7