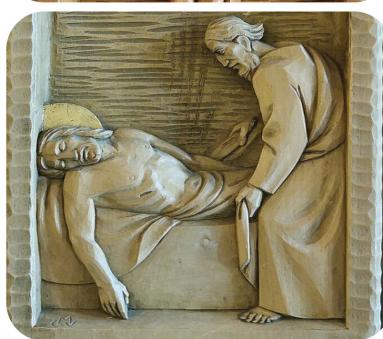
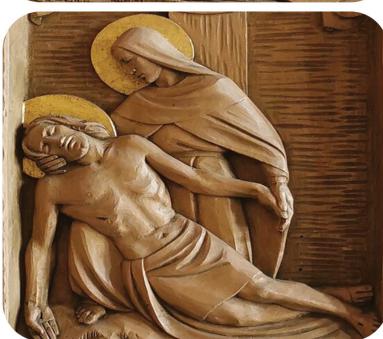
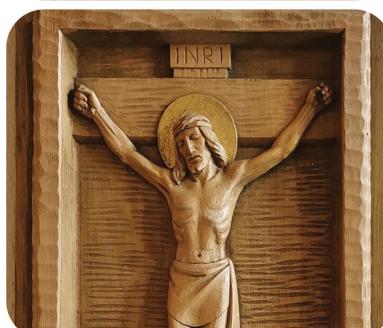
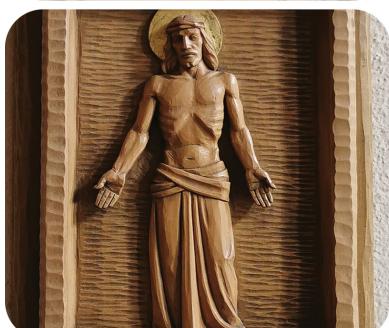
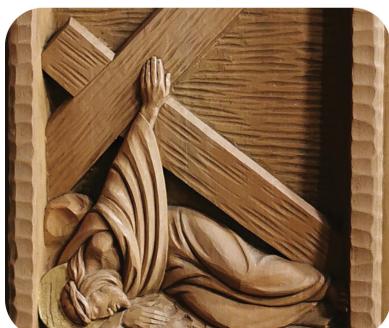
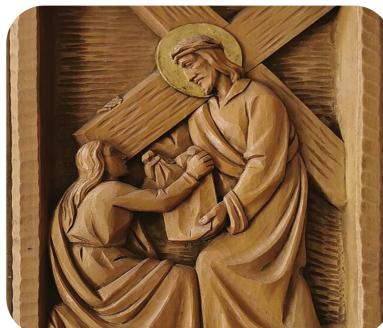
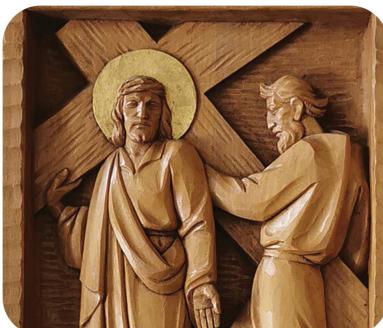
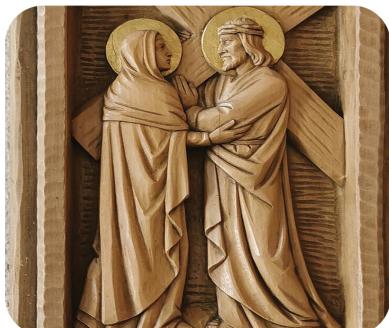
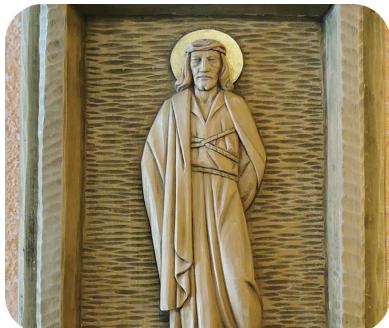




A FUTURE full of

**HOPE**



# THE STATIONS OF THE CROSS

# THE STATIONS OF THE CROSS

The Stations of the Cross, a deeply meaningful Catholic tradition, have been reimagined many times to connect with modern struggles and spiritual reflections. Here are some short reflections for 2025, drawing on traditional themes while incorporating present-day challenges and insights.

These reflections invite us to see Christ's Passion not just as a historical event, but as a living journey that mirrors our struggles today. By walking this path prayerfully, we connect our sufferings with Christ's, finding meaning and hope in his Resurrection.

The prayers I have chosen reflect timeless wisdom from early Church Fathers while connecting with each station's theme of suffering and redemption through Christ's Passion.

+ Bosco

+ Bosco MacDonald

Lent 2025



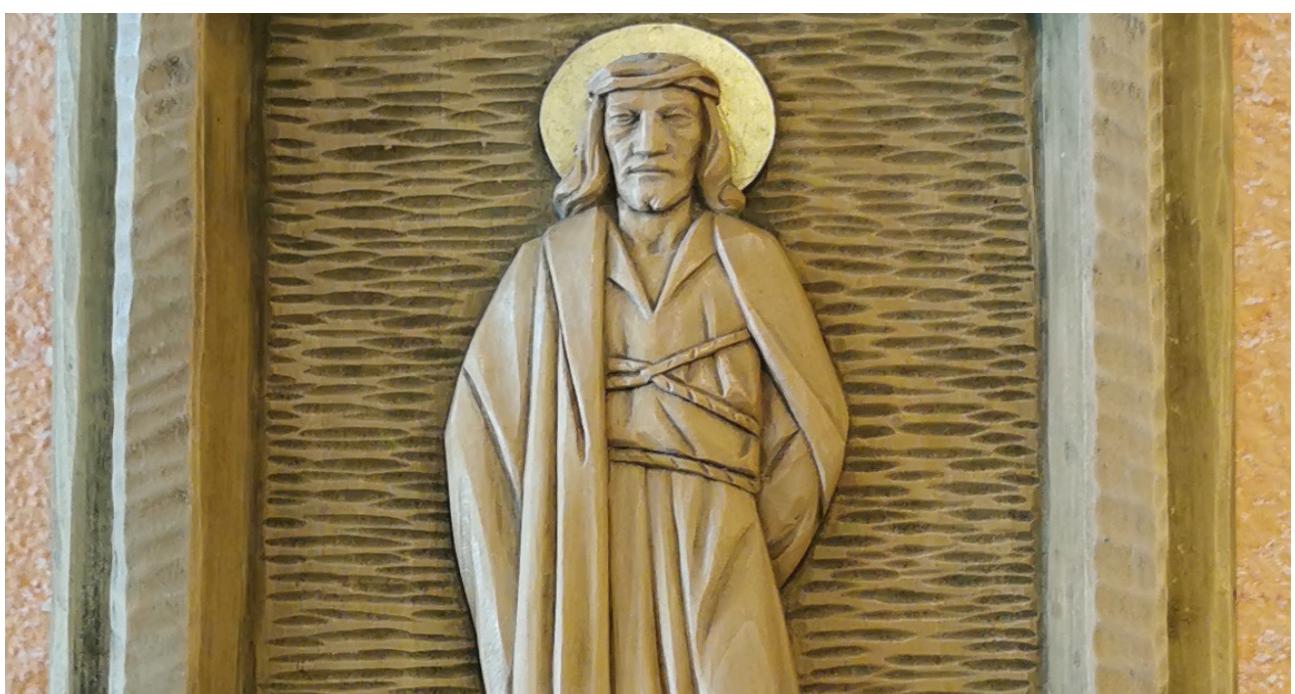
## 1. Jesus is Condemned to Death

In today's world, where people often make quick judgments and hold strong opinions, we can't help but think about Pilate's decision. How often do we judge others without knowing their whole story? Let's try to be more understanding and compassionate, and seek justice with mercy.

### Prayer by St. Augustine:

"O Lord, who are just and merciful, grant me the grace to accept the judgments of this world with humility, knowing that only Your judgment is true and eternal. Help me to stand firm in righteousness, even when falsely accused."

*I love you Jesus, my love above all things. I repent with all my heart for having offended you. Never permit me to separate myself from you again. Grant that I may love you always and then do with me what you will.*



## 2. Jesus Takes Up His Cross

Today's crosses might include mental health challenges, financial struggles, and societal pressures. Just like Jesus, we're called to carry these burdens with faith and courage, trusting in God's strength.

### Prayer by St. Cyril of Jerusalem:

"Lord Jesus, You bore the weight of the Cross for our salvation. Teach us to embrace our daily crosses with patience and love, trusting in Your divine plan for our lives."

*I love you Jesus, my love above all things. I repent with all my heart for having offended you. Never permit me to separate myself from you again. Grant that I may love you always and then do with me what you will.*



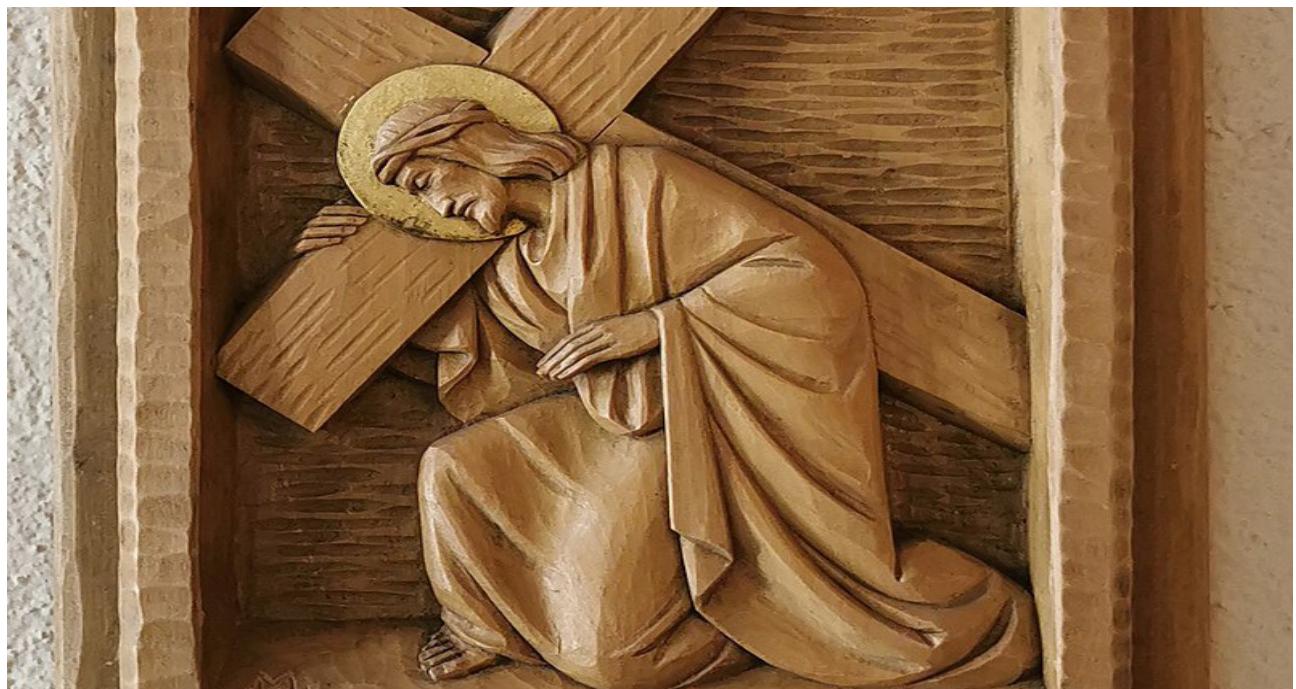
### 3. Jesus Falls for the First Time

Our first failures can feel like the end of the world. But Jesus shows us that falling isn't the end, it's just a stepping stone the next bit of the journey.

#### Prayer by St. John Chrysostom:

"Merciful Lord, when I fall under the weight of sin, lift me up by Your grace. May my failures lead me not to despair but to deeper reliance on Your strength."

*I love you Jesus, my love above all things. I repent with all my heart for having offended you. Never permit me to separate myself from you again. Grant that I may love you always and then do with me what you will.*



## 4. Jesus Meets His Mother

At difficult times in life, having loved ones around can be a lifesaver. Mary's quiet support shows us how important it is to be there for each other.

### Prayer by St. Ambrose:

"Mary, Mother of Sorrows, intercede for us that we may have your courage to stand by those who suffer and offer them the consolation of our presence and prayer."

*I love you Jesus, my love above all things. I repent with all my heart for having offended you. Never permit me to separate myself from you again. Grant that I may love you always and then do with me what you will.*



## 5. Simon of Cyrene Helps Jesus Carry the Cross

In a culture that values independence perhaps more than anything, accepting help can be a bit tricky. Simon reminds us that we're all in this together, and it's okay to ask for help when we need it. By doing so, we build a stronger community of support and care.

### Prayer by St. Gregory the Great:

“O Christ, who accepted Simon’s help on the way to Calvary, teach us to bear one another’s burdens and so fulfill Your law of love.”

*I love you Jesus, my love above all things. I repent with all my heart for having offended you. Never permit me to separate myself from you again. Grant that I may love you always and then do with me what you will.*



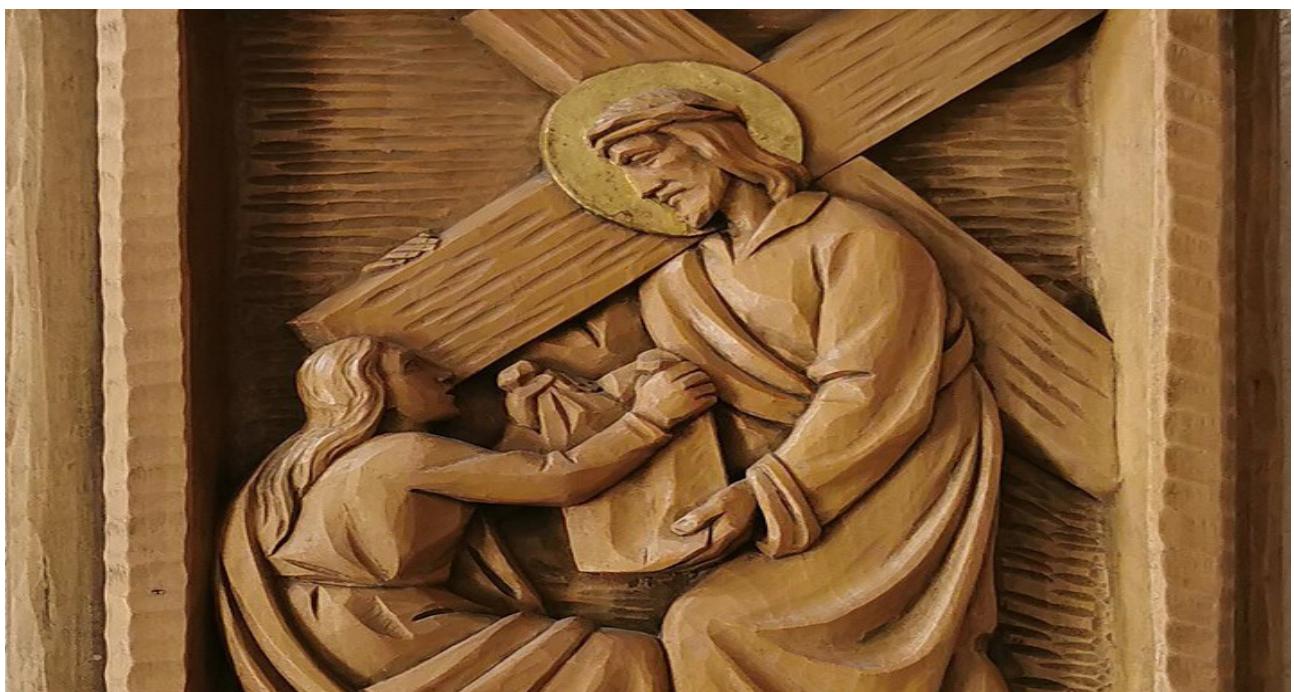
## 6. Veronica Wipes the Face of Jesus

Small and simple acts of kindness, like Veronica's gesture, can bring immense comfort to those in pain. More than we know. How can we offer such moments of grace to others in our daily lives?

### Prayer by St. Ephrem the Syrian:

"Lord Jesus, imprint Your image on my heart as Veronica did on her cloth. May I see Your face in all those who suffer and respond with compassion."

*I love you Jesus, my love above all things. I repent with all my heart for having offended you. Never permit me to separate myself from you again. Grant that I may love you always and then do with me what you will.*



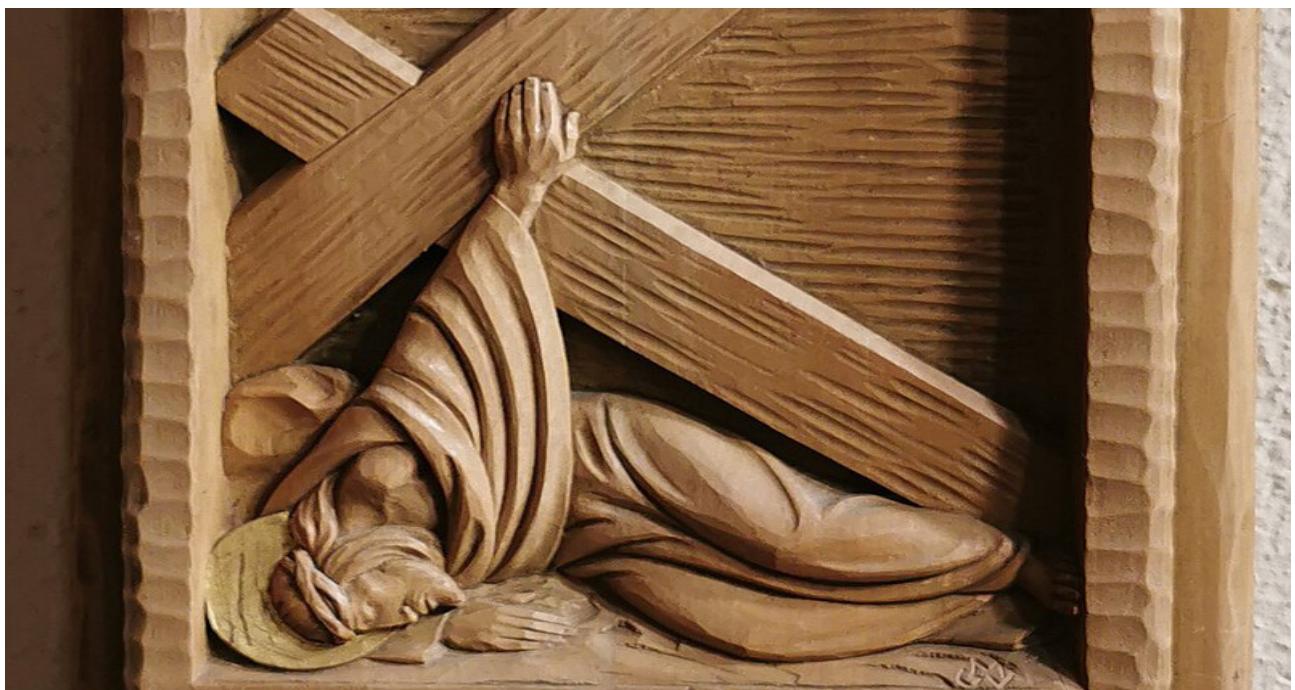
## 7. Jesus Falls for the Second Time

Challenges can be hard, but remember that God's grace is always there to help us through. Even if we keep facing the same obstacles, we can still keep moving forward with faith.

### Prayer by St. Basil the Great:

"Lord, though I fall again and again, Your mercy is infinite. Strengthen me to rise each time with renewed resolve to follow You."

*I love you Jesus, my love above all things. I repent with all my heart for having offended you. Never permit me to separate myself from you again. Grant that I may love you always and then do with me what you will.*



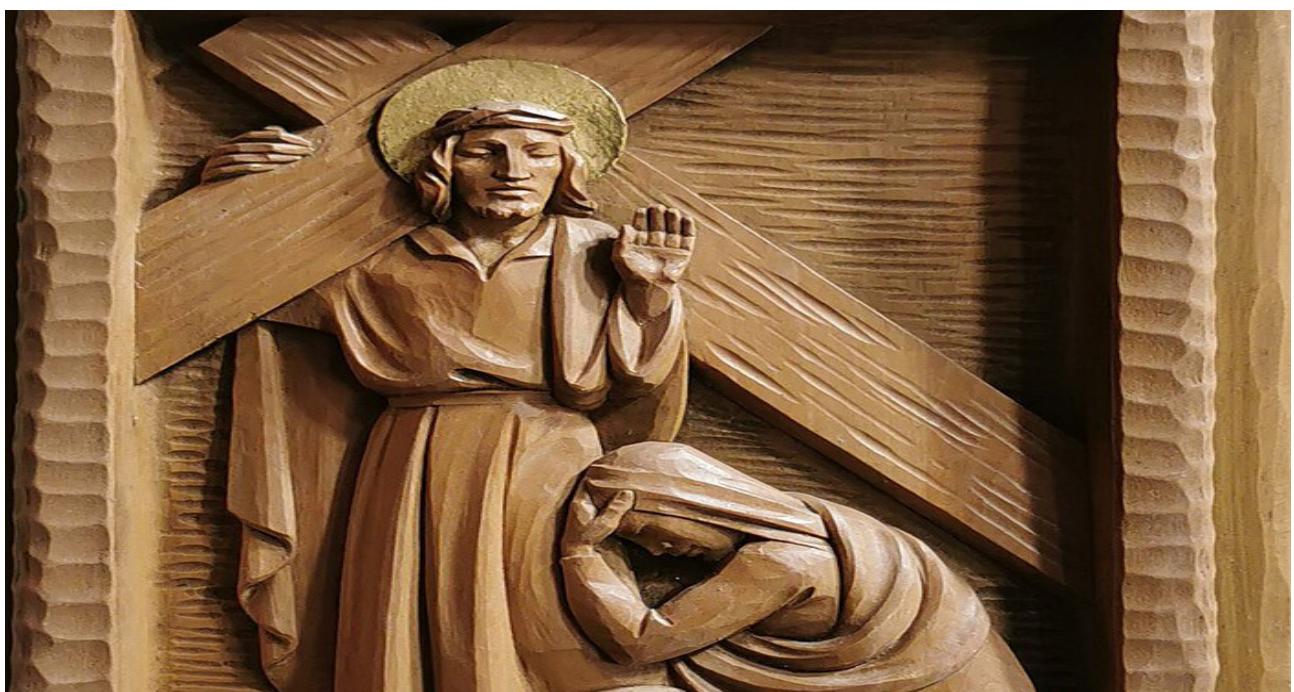
## 8. Jesus Meets the Women of Jerusalem

Jesus understands the pain of others, even when he's hurting himself. In times when life is hard for us, let's still remember to comfort and uplift those around us.

### Prayer by St. Jerome:

"Lord, as You comforted the women who mourned for You, teach us to weep not only for our own trials but for the sins and suffering of the world."

*I love you Jesus, my love above all things. I repent with all my heart for having offended you. Never permit me to separate myself from you again. Grant that I may love you always and then do with me what you will.*



## 9. Jesus Falls for the Third Time

The weight of repeated trials can feel crushing, but Jesus teaches us that holding on to faith can lead us to redemption.

### Prayer by St. Gregory Nazianzen:

“O Christ, who fell under the weight of our sins yet rose again in love, give us perseverance in times of trial and trust in Your saving power.”

*I love you Jesus, my love above all things. I repent with all my heart for having offended you. Never permit me to separate myself from you again. Grant that I may love you always and then do with me what you will.*



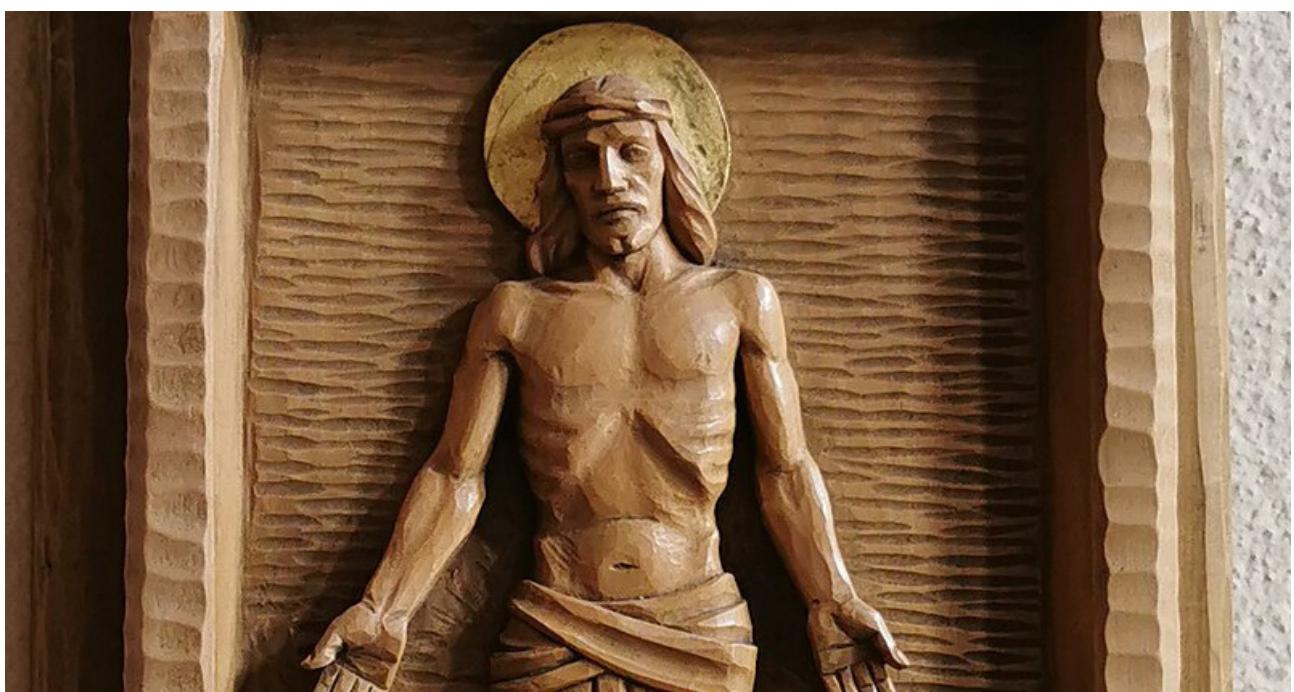
## 10. Jesus is Stripped of His Garments

In a world where we're all about looking good and having things, this station reminds us to be humble and let go of what's holding us back spiritually.

### Prayer by St. Ignatius of Antioch:

"Lord Jesus, stripped of dignity on Calvary, help me to let go of all earthly attachments that prevent me from fully embracing Your will."

*I love you Jesus, my love above all things. I repent with all my heart for having offended you. Never permit me to separate myself from you again. Grant that I may love you always and then do with me what you will.*



## 11. Jesus is Nailed to the Cross

The crucifixion shows us how cruel human beings can be, but it also reminds us of Christ's endless love. Reflecting on the hurts in our own life, how can we turn our own pain into acts of love and forgiveness?

### Prayer by St. Polycarp:

"O Lord, nailed to the Cross for my sins, teach me to unite my sufferings with Yours and find hope in Your redeeming love."

*I love you Jesus, my love above all things. I repent with all my heart for having offended you. Never permit me to separate myself from you again. Grant that I may love you always and then do with me what you will.*



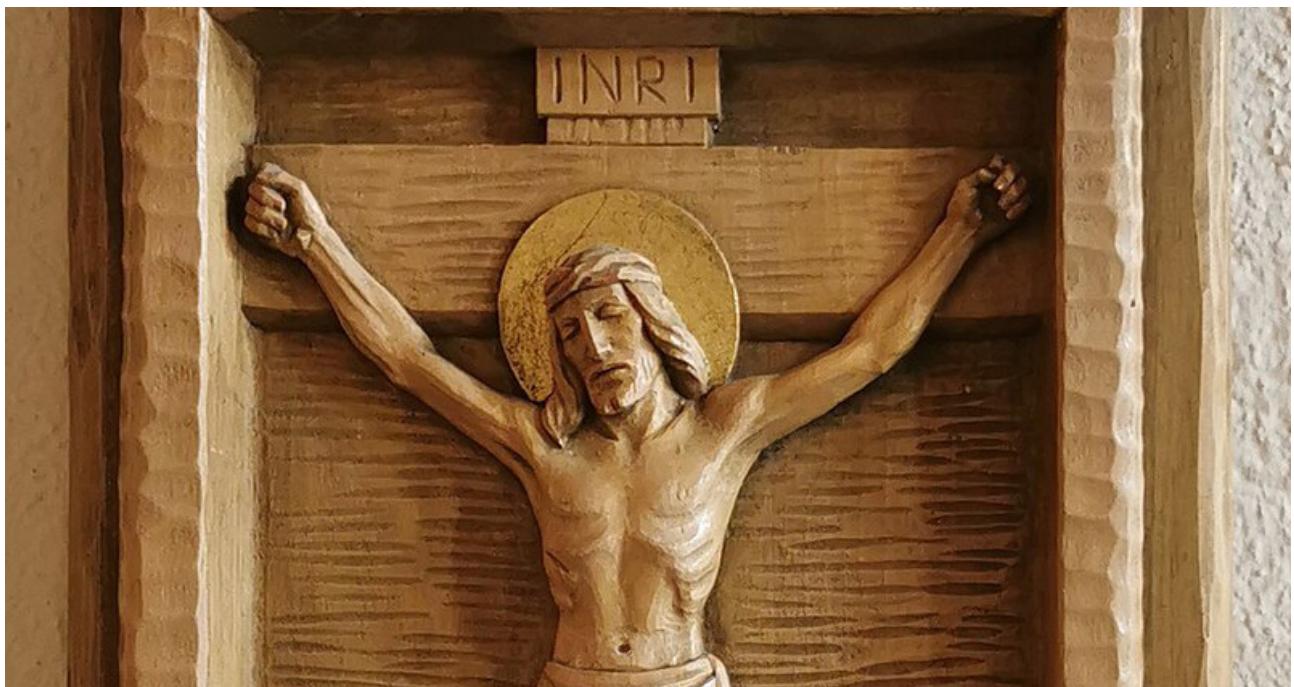
## 12. Jesus Dies on the Cross

In times of sadness and loss, we find comfort in knowing that death is not the end but a transition to a new life in Christ.

### Prayer by St. Athanasius:

"Jesus, You gave up Your spirit into the hands of the Father for our salvation. Help us to surrender ourselves completely to Your will and trust in Your promise of eternal life."

*I love you Jesus, my love above all things. I repent with all my heart for having offended you. Never permit me to separate myself from you again. Grant that I may love you always and then do with me what you will.*



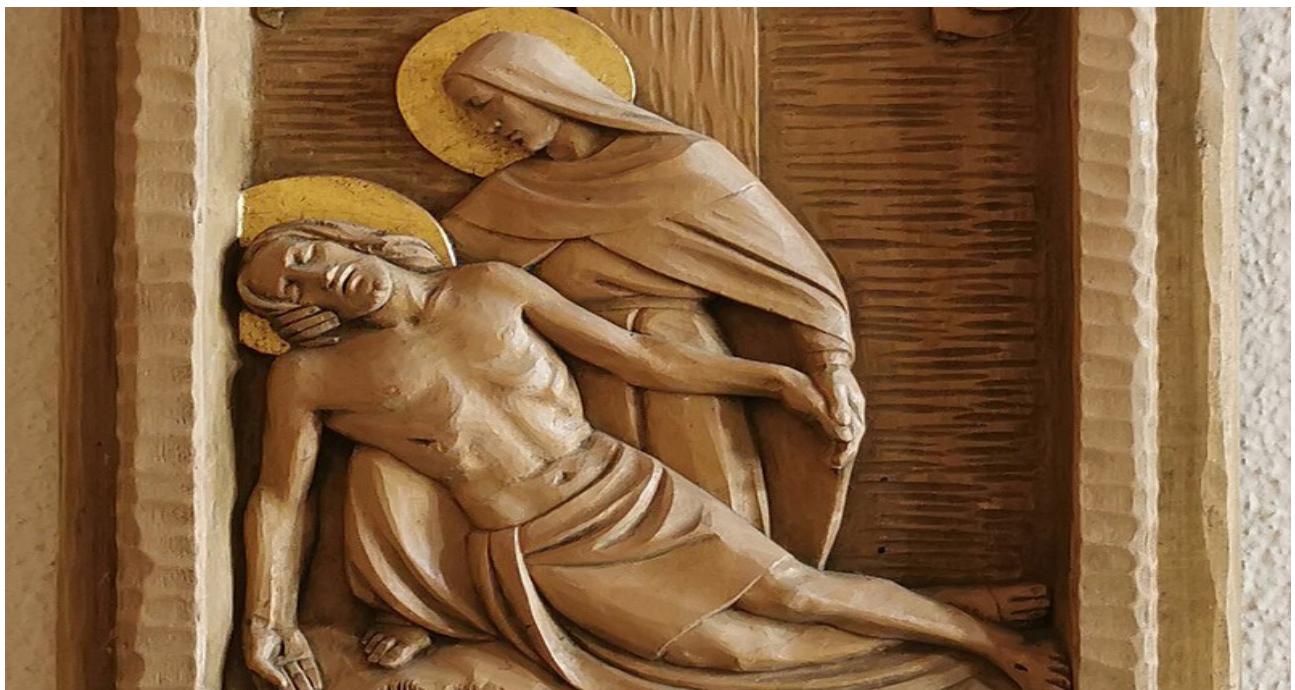
## 13. Jesus' Body is Taken Down from the Cross

Grief is a common feeling, maybe more than we realise. Let this station remind us to offer comfort to those who are grieving and to find hope in God's promise.

### Prayer by St. Anselm:

“O Christ crucified and laid in Mary’s arms, grant us a share in her sorrow that we may also share in her hope for resurrection.”

*I love you Jesus, my love above all things. I repent with all my heart for having offended you. Never permit me to separate myself from you again. Grant that I may love you always and then do with me what you will.*



## 14. Jesus is Laid in the Tomb

The tomb represents waiting in the dark for the light to come. In our own times of uncertainty, let's trust in God's plan for resurrection and renewal.

### Prayer by St. Leo the Great:

"Lord Jesus, as You rested in the tomb before rising gloriously, teach us to wait patiently in faith during times of darkness, trusting in Your victory over death."

*I love you Jesus, my love above all things. I repent with all my heart for having offended you. Never permit me to separate myself from you again. Grant that I may love you always and then do with me what you will.*

