Exercise 1.2.3

(a)
$$\lambda \cdot \lambda = \lambda^i \lambda_i = \lambda^i \delta_i^j \lambda_j$$

(b)
$$\boldsymbol{\mu} \cdot \boldsymbol{\lambda} = \mu_i \, \lambda^i = \mu_i \, \delta_k^i \, \lambda^k = \mu_i \, g^{ij} g_{jk} \, \lambda^k$$

(c)
$$g_{ij} \lambda^i \mu^j - \lambda^k \mu_k \stackrel{(1.27)}{=} \lambda_j \mu^j - \lambda^k \mu_k = \lambda \cdot \mu - \lambda \cdot \mu = 0$$