

# Minutes of the Coaching Development Group Meeting

19<sup>th</sup> May 2022



## **Present:**

- Matt Clegg, Wally Shave, Steve Chinn, Alan Nevard, Holly Sherwood, Larry O’Connell, Kathy Sypliwczak, John Simmonds, Anj Hill, Jon Lock, Jacob Baisley, Melissa Sullivan, Mark Corti, Martin Hall, Bryn Price, Ian Dann

## **Apologies**

Catherine Dacey, Annie Davis, Rob Davis, Geoff Licence, Mark Harris, Mike Lambourne, Catherine Ayling, James Copeland

## **Minutes of the Meeting**

### **1. Beginner course update**

All going well so far. Bookings seem slow – certainly not as busy as last year, with people tending to book last minute. Open Day coming up this weekend which we hope will generate more interest. Currently we have an adequate number of spaces, but this may change if the Open Day is a success – any offers of dates to [cdg@maidstonecanoeclub.net](mailto:cdg@maidstonecanoeclub.net) please!

### **2. PAA paddles update**

All going well; anticipate more demand for this as the first beginner courses finish.

### **3. Kids Club update**

**John Simmonds** reported that it’s going excellently. Some discussion that if it grows much larger then it may be best to split into two sub-groups based on age / ability, but this will rely on a second person committing to every week. Currently doing well for helpers – **John Simmonds** to add interested parties to the WhatsApp helpers group (**Kathy Sypliwczak, Wally Shave, Matt Clegg, Holly Sherwood** from last meeting).

### **4. Explore Award update**

Some discussion as to why members from last year didn’t seem interested in doing the course, given benefits to independence when paddling. **All** to mention it when paddling with people who don’t have it. **Mark Corti** reports current course going well, just waiting to arrange an assessment paddle date.

The consensus was that early July might be a good time to run another Explore course – **Mark Corti** to mail relevant coaches. **Alan Nevard** also offered to run one, dates TBC.

5. **From previous meeting:**

1. **Bowl Water paddle (Kathy Syplywczak)**

This is organised and in the calendar. In addition she has arranged to host Bowl Canoe Club for a paddle on the Medway.

2. **Blankets for rewarming (John Simmonds)**

John has these and will bring them to the club.

3. **Paddlesport Instructor course**

This is now full.

**Mark Corti** to mail participants and offer DBS, beginner course practise, FSRT, safeguarding, and first aid.

4. **Coastal nav (Kathy Syplywczak)**

Kathy suggested running another in October / November if there's interest. **Alan Nevard** reported that a few people had noted it wasn't certificated; this was clearly indicated on the event itself. Alan also offered to run a session covering similar skills.

5. **First aid course (Kathy Syplywczak)**

Only 3 signed up for this. Hopefully some take-up from the PI course, plus do more advertising. Otherwise offer it more widely.

6. **FSRT**

Full. Definitely worth running another one – **Mark Corti** to approach Sammy Deans and ask if he'd be willing.

7. **Demo Day (Kathy Syplywczak)**

All booked for July 3<sup>rd</sup>. There is a beginner course running at the same time, but we'll make it work.

6. **Shoulder injury awareness**

**Holly Sherwood** shared her experience and video of dislocating her shoulder during a T-rescue drill. (Reece Nelms also dislocated his shoulder during a high brace at the club recently). A lot of informed and thoughtful discussion, but the conclusion was that there is no obvious connection between these two events, and no general lessons to draw from them. Also a huge shout out to **James Copeland** for taking care of Holly!

7. **Open Day**

**John Simmonds** is organising the Open Day which is this weekend. Lots of offers of help, plus some discussion about food left over from last weekend's Hasler etc. John Simmonds followed up after the meeting with helpers. **Bryn Price** to act as First Aid; **John Simmonds** as Safety Officer; **Mark Corti** to prepare disclaimer and participant lists; **John Simmonds** to prepare some kind of certificate of attendance.

8. **AOB**

1. **Safety Officers**

John Simmonds is acting as the Safety Officer for the Open Day this weekend, but it would be helpful to have a larger pool of trained people to call on. **Anyone** willing to do the training please contact **John Simmonds**.

## **2. Fun Sessions**

There is no-one currently coordination Fun Sessions. **Kathy Syplywczak** offered to do this and will liaise with **John Simmonds** to take over contact with existing planned sessions. **Mark Corti** to redirect funsessions@ email address to Kathy.

**Next Meeting Date: Thursday 23<sup>rd</sup> June.**

**Paddle at 6pm (rescue practice!), meeting 7:30pm**