

Office use only

Q39. Have you ever had back pain?

G214_SQ_P17

☐

0 No Go to Q44

1 Yes



Q40. Did you seek health professional advice/treatment?

G214_SQ_P25

☐

0 No

1 Yes

Q41. Did you take medication to relieve the pain?

G214_SQ_P26

☐

0 No

1 Yes

Q42. Did you miss work due to the pain?

G214_SQ_P27

☐

0 No

1 Yes

Q43. Did the pain interfere with your normal activities?

G214_SQ_P28

☐

0 No

1 Yes

Section 2

The next few questions (Q44-Q46) are about the physical activity you did last week, outside of that which results from your work.

Q44. In the last week how many times have you walked continuously, for at least 10 minutes, for recreation/exercise, or to get to and from places?

G214_SQ_E1

The next question excludes household chores, gardening or yard work.

Q45. In the last week, how many times did you do any moderate/vigorous physical activity which made you breathe harder or puff and pant? (e.g. jogging, cycling, aerobics, competitive tennis)

G214_SQ_E2

The next question includes household chores, gardening or yard work.

Q46. In the last week how many times did you do any moderate/vigorous household chores, gardening or heavy work around the yard which made you breathe harder or puff and pant?

G214_SQ_E3