

# The Raine Study Gen2\_27 year follow up

## TiBS Study



Date.....  
 IDNumber.....  
 Name.....  
 Date of Birth.....

### Reproductive History

1. How old were you when you had your first period? .....

2. Have you ever had a pregnancy?

- ☐ No, Please go to Q4  
☐ Don't know, Please go to Q4  
☐ Yes, Please go to Q2a

2a. If Yes, How many pregnancies have you had? .....

2b. Are you currently pregnant? No ☐ yes ☐ How many months? .....

2c. Are you currently breastfeeding No ☐ yes ☐

### 3. Information on pregnancy, birth and baby

| First pregnancy  | Date of birth or end of pregnancy   | Gestation of pregnancy (weeks)                                       |
|--|---|--|
| <input type="radio"/> Livebirth- single  |   |  |
| <input type="radio"/> Livebirth - twins  |   |  |
| <input type="radio"/> Livebirth - triplets   |   |  |
| <input type="radio"/> Stillbirth   |   |  |
| <input type="radio"/> Miscarriage  |   |  |
| <input type="radio"/> Ectopic  |   |  |
| <input type="radio"/> Termination  |   |  |
| <input type="radio"/> Don't know   |   |  |
| <b>Sex of baby(ies)</b><br><br><input type="checkbox"/> Male <input type="checkbox"/> Female | <b>Did you breast feed?</b><br><br><input type="checkbox"/> No <input type="checkbox"/> Yes | <b>For how long did you breast feed? (number of weeks or months)</b> |

**Second pregnancy**

| Outcome  | Date of birth or end of pregnancy   | Gestation of pregnancy (weeks)  |
|--|---|---|
| <input type="radio"/> Livebirth - single   |   |   |
| <input type="radio"/> Livebirth - twins  |   |   |
| <input type="radio"/> Livebirth - triplets   |   |   |
| <input type="radio"/> Stillbirth   |   |   |
| <input type="radio"/> Miscarriage  |   |   |
| <input type="radio"/> Ectopic  |   |   |
| <input type="radio"/> Termination  |   |   |
| <input type="radio"/> Don't know   |   |   |
| <b>Sex of baby(ies)</b><br><br><input type="checkbox"/> Male <input type="checkbox"/> Female | <b>Did you breast feed?</b><br><br><input type="checkbox"/> No <input type="checkbox"/> Yes | <b>For how long did you breast feed<br/>(number of weeks or months)</b> |

**Third pregnancy**

| Outcome  | Date of birth or end of pregnancy  | Gestation of pregnancy (weeks)  |
|--|--|---|
| <input type="radio"/> Livebirth - single   |  |   |
| <input type="radio"/> Livebirth - twins  |  |   |
| <input type="radio"/> Livebirth - triplets   |  |   |
| <input type="radio"/> Stillbirth   |  |   |
| <input type="radio"/> Miscarriage  |  |   |
| <input type="radio"/> Ectopic  |  |   |
| <input type="radio"/> Termination  |  |   |
| <input type="radio"/> Don't know   |  |   |
| <b>Sex of baby(ies)</b><br><br><input type="checkbox"/> Male <input type="checkbox"/> Female | <b>Did you breast feed</b><br><br><input type="checkbox"/> No <input type="checkbox"/> Yes | <b>For how long did you breast feed<br/>(number of weeks or months)</b> |

#### 4. Contraceptive Use and Menstruation

Do you currently use contraception?

- ☐ No (*Please go to Q5*)
- ☐ Yes

**What kind of contraception do you use?** (tick all that apply)

- ☐ Male condoms
- ☐ Female condoms
- ☐ Diaphragm
- ☐ Oral contraceptive pill (please give the name: \_\_\_\_\_)
- ☐ Coil
- ☐ Injection (Depo Provera)
- ☐ Implant (e.g. Implanon)
- ☐ Inter uterine device (IUD, Ring)
- ☐ Sterilisation (vasectomy, tubal ligation)
- ☐ Contraceptive vaginal ring
- ☐ Other (please specify) .....

5. What was the date of your last menstrual period (first day) \_\_\_\_ / \_\_\_\_ / \_\_\_\_

6. If your periods have stopped for more than 2 months, why did they stop? (*select one answer only*)

- ☐ Periods have not stopped
- ☐ Irregular periods (no contraception use)
- ☐ Contraception use
- ☐ Natural menopause (that is, periods stopped by themselves)
- ☐ Hysterectomy (uterus or womb removed)
- ☐ Both ovaries removed
- ☐ Radiation or chemotherapy
- ☐ Pregnant/breast feeding
- ☐ Serious illness (eg. Anorexia)
- ☐ Strenuous exercise
- ☐ Don't Know
- ☐ Other, specify reason \_\_\_\_\_

## 7. Medical and Surgical History

|   | No   | Yes  | Age |
|---|--|--|-----|
| 1. Have you ever had breast reduction surgery?  | <input type="checkbox"/>                             | <input type="checkbox"/>                             |     |
| 2. Have you ever had breast enlargement surgery?  | <input type="checkbox"/>                             | <input type="checkbox"/>                             |     |
| 3. Has a doctor ever told you that you had benign breast disease, such as a non-cancerous cyst or a breast lump that was NOT removed?   | <input type="checkbox"/>                             | <input type="checkbox"/>                             |     |
| 4. Have you ever had a benign breast lump (s) REMOVED such as a non-cancerous cyst?<br><br>If yes, which breast(s) <input type="checkbox"/> Left <input type="checkbox"/> Right <input type="checkbox"/> Don't know                                     | <input type="checkbox"/><br><input type="checkbox"/> | <input type="checkbox"/><br><input type="checkbox"/> |     |
| 5. Have you ever had a breast lump(s) that was diagnosed as an in-situ cancer such as DCIS or ductal carcinoma in situ?<br><br>If yes, which breast(s) <input type="checkbox"/> Left <input type="checkbox"/> Right <input type="checkbox"/> Don't know | <input type="checkbox"/><br><input type="checkbox"/> | <input type="checkbox"/><br><input type="checkbox"/> |     |
| 6. Have you ever been diagnosed with malignant breast cancer?<br><br>If yes, which breast(s) <input type="checkbox"/> Left <input type="checkbox"/> Right <input type="checkbox"/> Don't know   | <input type="checkbox"/><br><input type="checkbox"/> | <input type="checkbox"/><br><input type="checkbox"/> |     |

## 8. Family History

Have any of your relatives ever had breast or ovarian cancer?

- ☐ No
- ☐ Yes, please indicate below

| Relationship         | Breast cancer<br>(tick all that apply) | Ovarian cancer<br>(tick all that apply) | Approximate age at diagnosis |
|----------------------|--|---|------------------------------|
| Mother               |  |   |                              |
| Sister 1             |  |   |                              |
| Sister 2             |  |   |                              |
| Sister 3             |  |   |                              |
| Maternal Aunt 1      |  |   |                              |
| Maternal Aunt 2      |  |   |                              |
| Paternal Aunt 1      |  |   |                              |
| Paternal Aunt 2      |  |   |                              |
| Maternal Grandmother |  |   |                              |
| Paternal Grandmother |  |   |                              |
|                      |  |   |                              |
|                      |  |   |                              |
|                      |  |   |                              |

## TiBS ASSESSMENT

### 1. Areola Size (Diameter)

Right: \_\_\_\_\_ cm

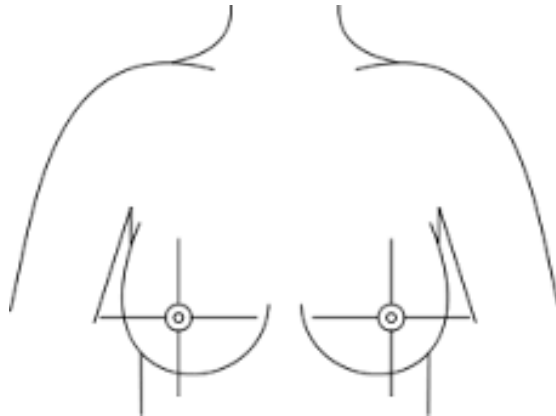
Left: \_\_\_\_\_ cm

2. Scars ☐ No ☐ Yes

Tattoos ☐ No ☐ Yes

Aproximate size: Width \_\_\_\_\_ mm Length \_\_\_\_\_ mm

Mark on diagram below with and "X" the side and location (quadrant):



3. Piercings Right ☐ No ☐ Yes Left ☐ No ☐ Yes

### 4. Breast Skin Colour

*Please circle closest skin colour:*

**Skin Colors**



light

**1**



light/medium

**2**



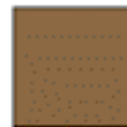
medium

**3**



medium/dark

**4**



dark

**5**