





Greater Manchester Football Academy

These are our goals, this is our statement.

To help young footballers raise their technical, physical, mental and tactical skills to the highest possible standard, by providing an enjoyable, exciting and stimulating environment with quality coaching provision.

The GM Football Academy aim is to give young footballers around the world the opportunity to display and enhance their skills and techniques under the guidance of UEFA qualified coaches. All young players dream about playing in cup finals and winning championships but the qualities needed to be successful are many and varied.

Ability, fitness, determination and dedication are obvious requirements but attitude and discipline are also of paramount importance if a player is to succeed.

The Facility

The football courses are based at The Greater Manchester Football Centre, A 24 acre dedicated football training facility just 40 minutes drive from Six Premier League clubs and a host of well established professional clubs. Players will enjoy the use of :

4 Full Size Grass pitches
7 Smaller Size Pitches
Fitness Centre
Cafe Restaurant
Wi-fi Internet Access
Classrooms and IT Suite

The Football Programme

The Barclays Premier League is considered by many to be the most exiting and influential football league in the world. Our programme is designed to provide young players with the opportunity to live, train and study in the UK and play against several top clubs in the region. The programme is a real life taste of English Football, with an experience players will never forget.

Course Options

Option 1:

1 Month Football Development and Level 1 Coaching course. Plus optional English Language programme

Option 2:

Football Development and English Language Programme. Start September 2012 - May 2013

What to Expect

Players will learn how to train while enhancing their technical and tactical football skills.

Players will learn the importance of warm ups, cool downs, stretching, hydration, recovery and mental preparation.

Players will be involved in a variety of development games building towards target matches.

As the programme develops, Players will look more in depth into a winning mental attitude, looking to transfer new skills into target matches.

In the final stage of the players preparation, we will develop a profile of each player, covering his technical, tactical understanding, physical and mental abilities.

Players will develop through training and playing.

Stamina & Endurance.

With the strong emphasis on the physical game in England. Students will be coached on how to build their stamina and endurance. Developing a personal training plan, that will allow players to compete and increase their physical presence. On the field.



Football Coaching

Each day students will be coached not only in the complexities of the English game but also the simple elements of the game to ensure individual improvement and performance. Simple practices to ensure players are focused on all aspects of the game. Each player will be exposed to the highest level of football coaching in the country.





Accomodation

Students can be accommodated in our very own residential rooms on site,alternatively we have a number of local hotels competitively priced. In addition we partner with a number of House Parents who can accommodate up to 2 players in each house.

Diet & Nutrition

Diet and Nutrition play an important part in an athletes preparation and training regime. The provision of a well balanced diet is important and the provision of lunch for players in our own dedicated players restaurant is a key element of the programme. This helps ensure that players have a well monitored and principled diet regime.

Education & Languages

We are fully committed to offering a well rounded football programme. We have teamed up with an International Language tutors to provide an English Language education course that will improve players linguistic skills. For the September to May Course. We also offer the Football studies BTEC Diploma programme

Filming Matches

Another important feature of our programme,is each game is filmed to help evaluate individual performances,highlighting strengths and weaknesses.In addition we are able to distribute the DVD to Professional Clubs throughout Europe.

Player Welfare

The welfare of the student whilst on the football programme is paramount to us and we got to great lengths to ensure that the students stay is fun and comfortable as well as comfortable.

Development Games

These games are put in place throughout the programme to develop and improve the students physical and technical skills as well as the students understanding of the game. These games are not results based and should be played with a “no fear of failing” attitude. Players are encouraged to express themselves and be creative. In order to affect our players through coaching we must be able to give them detailed and accurate feedback of their performance.



Why Choose GM Football Academy

There are 7 Barclays Premier League Clubs all within a 40km radius of the centre, which makes the North West of England an excellent place to study football. Manchester United, Manchester City, Liverpool, Everton, Wigan Athletic, Blackburn Rovers and Bolton Wanderers all call the North West Home. In addition there are a number of large Professional league clubs within an hours driving distance. The National Football Museum is also in Manchester.

The Course

We believe that the course offers the best balance between football, Education and the provision of an enlightening experience.

A summary of the benefits of the course are as follows:

- *Daily Professional Coaching (Mon-Friday)
- *Quality Training Facilities.
- *UEFA licensed football coaching
- *Stamina and Fitness Coaching
- *Competitive Games
- *1v1 Feedback
- *Student Insurance
- *Meals at the facility and by host families.
- *Diet and Nutrition advice
- *Education
- *Full Gym Membership
- *Individual Fitness Coaching
- *Player of the season awards
- *Matchday Tickets to local football club matches.
- *A truly inspirational football experience.





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